



HORNSBY DISTRICT LITTLE ATHLETICS
CENTRE

**SUSPECTED OR CONFIRMED COVID-19
CASE GUIDELINES**

1. PURPOSE

The purpose of this document is to provide guidelines on what to do if there is a suspected or confirmed case of COVID-19 for persons who visit, train, play at, or represent Hornsby District Little Athletics Centre (HDLAC).

2. DEFINITIONS

close contact	A person is a close contact, if the person <ul style="list-style-type: none">has had more than 15 minutes of face-to-face contact over the course of a week (in any setting) with a person with <u>confirmed or probable</u> COVID-19 (including in the 48 hours before their symptoms appeared)has shared a closed space with a person with confirmed or probable COVID-19 for more than 2 hours (including in the 48 hours before their symptoms appeared)
confirmed case	A confirmed case is a person who tests positive for the virus that causes COVID-19. This requires special testing in public health laboratories.
probable case	A probable case of coronavirus (COVID-19) is someone who: <ul style="list-style-type: none">has coronavirus (COVID-19) symptoms ANDhas not been tested yet ANDlives in the same household — or household-like setting, such as in a boarding school or hostel — as a person with confirmed COVID-19 infection
suspected case	People who are close contacts of a confirmed case of COVID-19 or anyone with respiratory symptoms or unexplained fever

*health.nsw.gov.au
healthdirect.gov.au*

3. GUIDELINES

Suspected case

In line with NSW Health Guidelines, a person with a probable or suspected case of COVID-19 should get tested and self-isolate while awaiting results. The person should not attend any events run by HDLAC or held at Pennant Hills Oval.

Notification of a confirmed case who has been at, or trains with, HDLAC

A person who has tested positive for COVID-19 must notify NSW Health and follow NSW Health instructions. As soon as possible, the person must notify HDLAC (info@hdlac.org.au). HDLAC will notify any other people who were potentially in close contact with the confirmed case. In line with NSW Health Guidelines, close contacts of confirmed cases should be tested for COVID-19 and self-isolate whilst awaiting test results. If applicable, HDLAC will immediately isolate the area and arrange for any necessary cleaning.

Person feels unwell at training or during competition

The person should be isolated eg in the first aid room, change room or other suitable area and arrangements should be made for immediate pick up to seek medical attention or be taken home.

4. COVIDSafe app

HDLAC supports the download of the COVIDSafe app to help state health officials alert those who may need to be quarantined or tested for COVID-19.