

## Week Two Program : Saturday 13<sup>th</sup> November 2021

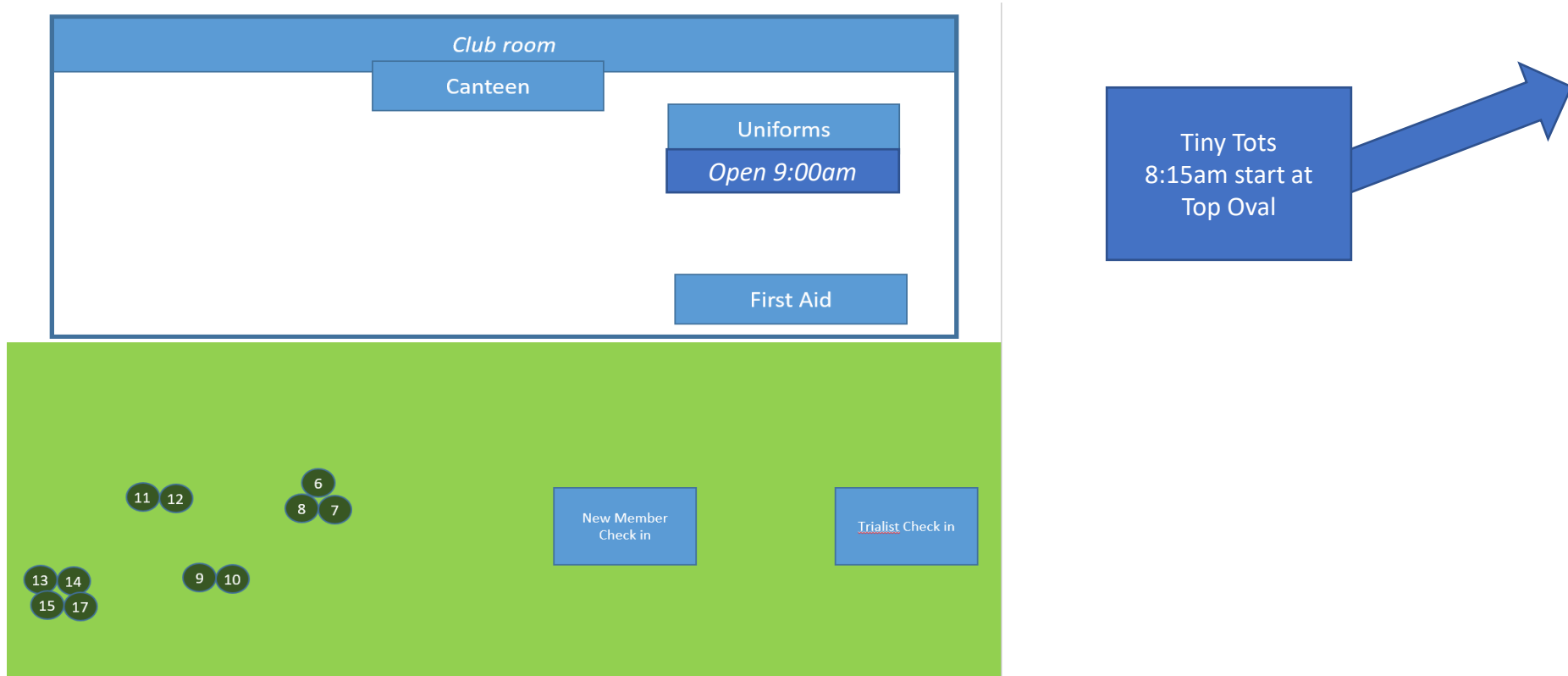
### 8:00 – 9:30am

| Age Group | Activity 1  | Activity 2 |
|-----------|-------------|------------|
| Tiny Tots | Various     | Various    |
| U6-U7     | Throws      | Endurance  |
| U8-9B     | Endurance   | Throws     |
| U9G - U10 | Throws      | Endurance  |
| U11-U12   | Triple Jump | Sprints    |
| U13+      | Throws      | Endurance  |

### 9:45 – 11:15am

| Age Group | Activity 1  | Activity 2 |
|-----------|-------------|------------|
| U6-U7     | Throws      | Endurance  |
| U8-U9     | Endurance   | Throws     |
| U10       | Sprints     | Endurance  |
| U11-U12   | Triple Jump | Sprints    |
| U13+      | Throws      | Endurance  |

# Map of the grounds



*Canteen Open 8:30-11:00*

*Uniforms available 8:30-10:30*

*Registration packs will be available for collection from Saturday 20<sup>th</sup> November*