

2019/2020 Season Calendar

| Date | Event | Location |
|----------------------|--|------------------------------------|
| 2019 | | |
| Sep 14 | First Competition Day | Bannockburn Oval |
| Sep 18 | First Wednesday coaching | Bannockburn Oval |
| Oct 5 | Applications close Antill Scholarship | President, Bannockburn Oval |
| Oct 23 | Entries Close Trans Tasman | Online LANSW 5.00pm |
| Oct 30 | Entries close State Relays | LANSW 5.00pm |
| Oct 26 | President's Trophy – Round 1 | Bannockburn Oval 8.45am |
| Oct 26 | Last day to qualify for State Relays | Bannockburn Oval |
| Nov 9 | Ku-ring-gai Septathlon | Bannockburn Oval |
| Nov 9 | Last day to qualify for Zone Champs | Bannockburn Oval |
| Nov 16 | No competition at Bannockburn | |
| Nov 16 | State Relays U8 – U11 | SOPAC Homebush |
| Nov 17 | State Relays U12 – U17 | SOPAC Homebush |
| Nov 30 | No competition at Bannockburn | |
| Nov 30/Dec 1 | Zone Championships | Narrabeen |
| Dec 7 | Pre Christmas Funday | Bannockburn Oval |
| Dec 14 | No competition at Bannockburn | |
| 2020 | | |
| Jan 11 | Competition resumes | Bannockburn Oval |
| Jan 19 | Trans Tasman Challenge | Auckland, NZ |
| Feb 5 | Entries close State Combined-Event | Online LANSW 5.00pm |
| Feb 8 | No competition at Bannockburn | |
| Feb 8 & 9 | Regional Championships | Narrabeen |
| Feb 22 | President's Trophy – Round 3 | Bannockburn Oval 8.45am |
| Feb 29/Mar 1 | State Combined Event Championships | Tamworth |
| Mar 7 | Last Day of the season | Bannockburn |
| Mar 14 / 15 | State Championships | SOPAC Homebush |
| Apr 18/19 | Australian Teams Championships | Canberra, ACT |
| May 3 | AGM & Presentations | |
| May 10 | Winter Cross Country begins | Bannockburn Oval 2.30pm |