

Age Group 15 Boys

Achieve and record any 6 standards for each colour award level

For the 100m Hurdles & 100m you can only use 1 standard per colour level. The times in brackets are if the result was Hand timed, not gates.

Event	Yellow			Green			Red			Blue		
	Standard	Achieved	Date	Standard	Achieved	Date	Standard	Achieved	Date	Standard	Achieved	Date
100m	19.00 <i>HT (18.70)</i>			16.50 <i>HT (16.20)</i>			14.00 <i>HT (13.70)</i>			12.80 <i>HT (12.50)</i>		
200m	39.70			34.40			29.10			26.50		
400m	1:32.60			1:20.30			1:07.90			1:01.70		
800m	3:31.00			3:03.00			2:35.00			2:21.00		
1500m	7:44.00			6:42.00			5:40.00			5:09.00		
3000m	16:53.00			14:38.00			12:23.00			11:15.00		
1500m Walk	14:29.00			12:33.00			10:37.00			9:39.00		
100m Hurdles 76cm	24.40 <i>HT (24.10)</i>			21.20 <i>HT (20.90)</i>			18.00 <i>HT (17.70)</i>			16.40 <i>HT (16.10)</i>		
300m Hurdles 76cm	1:11.10			1:02.10			53.10			47.40		
High Jump	1.20			1.33			1.47			1.60		
Long Jump	2.61			3.66			4.70			5.23		
Triple Jump	6.50			8.12			9.75			10.83		
Discus 1kg	13.33			20.00			26.66			33.33		
Shot Put 4kg	4.17			6.25			8.33			10.41		
Javelin 700g	13.09			19.64			26.19			32.73		
Pentathlon	1590			2386			3181			3976		
Multi Event	2301			3452			4602			5753		