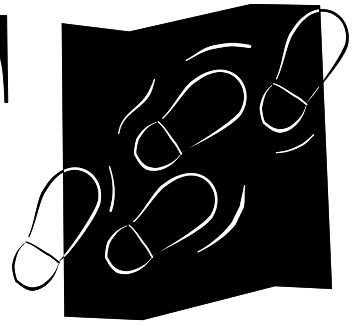




FOOTPRINT



Senior Edition

May 2021

RYDE ATHLETICS CENTRE INCORPORATED
PO Box 3658 Marsfield 2122

Congratulations to all our Trophy Winners from the Ryde Athletics Centre Senior Presentation Day

Despite the impact of Covid on a number of our major athletics events this season, it has been another wonderful season for Ryde Seniors and there have been some outstanding performance from our athletes. On Sunday 16th May we celebrated and recognised those performances at the Ryde Eastwood Leagues Club.

From a small group of active Ryde Senior athletes, we won 10 national medals and 47 State medals this year, which is our best season in quite some time.

It would be great to see you all out there again next year in Ryde colours and encourage your club mates into actively joining Seniors as well. It is a great way to extend beyond little athletics.

The award for Outstanding Performance at the Australian Track & Field Championships goes to Nathan Barbara.

Nathan competed at nationals in the U15 PARA shot put, discus, long jump and the 100m and was our most successful individual medallist winning gold medals in both throws' events and a bronze in the 100m.

Leading up to nationals Nathan, competing in the U13-15 Para events at the 2020 NSW All Schools Championships took home silver in both the discus and shot put. At the 2021 NSW Open Championships throwing open weight implements, Nathan again took home two silver medals competing in the Ambulant men's shot put and discus.





Above; Nathan collects his trophy for Outstanding Performance at Nationals from Jim Hull. Nathan also won Lowe Family Trophy for Exceptional Effort at the Junior Presentation

The winner of the E. Godfrey Trophy for Most Outstanding Under 14 Athlete & National Competitor Medal for sprints is Yahya Ali

Yahya (top right) has had a fantastic season in which he made his national debut at the Australian Track & Field Championships where he won a Gold medal as a member of the NSW U14 boys 4 x 100m team. Yahya also finished with a 4th place in Australia in the U14 100m. Yahya's time of 12.36s was just 1/100th of a second off bronze.

Yahya was a member of our U18 men's Club Championships team competing in both the 100m and the 4 x 100m relay.

Yahya won a silver medal in the 12yrs 100m at the 2020 NSW All Schools and went one spot better when he picked up the gold at the NSW Junior Championships in 2021. Yahya's best time for the season of 12.14s is also a new Ryde Best Performance on record for a 12yr old.

Yahya's run in the 4 x 100m at nationals is worth a re-watch given he took the baton with NSW in 4th place and after a strong charge across the back

straight was first to hand on the baton to his teammate.



The winner of the

- **Michael Atterton Memorial Trophy for Most Outstanding Female Athlete**
- **the Mrs F. Downing Trophy for Most Outstanding Track Athlete**
- **Hellyer-Read Sprint Achievement Award,**
- **the Cramp-Mitchell Trophy for Most Outstanding Under 16 Track Athlete is Ruby Worrell**

Ruby wins these trophies for three reasons;

First, Ruby broke the NSW All Schools record in the 14yrs 400m when she ran a personal best time of 55.35s at the 2020 NSW All Schools Championships.

Second Ruby finished the 2020 year as Ryde's only No.1 ranked athlete in Australia. This was for the U16 Women's 400m. Ruby was just 14yrs 6mths at that end of 2020.

Finally, Ruby wins these awards for her outstanding performances at the Australian Track & Field Championships where Ruby

finished with a silver medal in the U16 400m (56.66s) and a Gold medal as part of the NSW U16 4 x 200m team (1m 40.31s).

Ruby's other achievements this season include setting a new Ryde's best performance on record for 14yr 400m, a gold medal in the 400m and bronze in the 200m at 2020 All Schools and silver in the 200m at the 2021 NSW Junior Championships. Ruby was also a member of our U18 Women's Club Championships team competing in both the 400m (where she placed 4th overall) and the 4 x 100m relay.



Above Ruby with more than an armful of trophies and Life Members Coral Read and Ros Mitchell

Ruby also picked up the Merryn Aldridge Sprints Trophy in the Ryde Little A Presentation for her performance at State Little Athletics.

The winner of

- **the Kendall Simpson Memorial Trophy for Most Outstanding Male Athlete,**
- **the E. G. Buckingham Trophy for Most Outstanding Under 18 Track &**
- **the G. C. Spittler Memorial Trophy for Middle Distance is Adam Bruntsch**

Adam is one of our most hard-working athletes, down at Dunbar with Ross many afternoons each week. This season Adam's prodigious hard work has seen him slash his personal best times. Adam has cut 22 seconds off his 2000m steeplechase time, 12 seconds off his 1500m Pb and ran under 2 minutes for the 800m.

During the season Adam was a member of our U18 men's Club Championships team winning

the 1500m event for the team. At the 2020 NSW All Schools Adam won gold in the 16yrs Steeplechase and bronze in the 1500m. Adam was again the State title winner at the 2021 NSW Juniors in the U18 2000m steeplechase and placing 4th in the 1500m.

Adam had achieved national qualifying times this season in the 800m, 1500m and 2000m steeplechase but an unhelpful timetable at nationals meant Adam had to make the tough decision to either run potentially 4 races in two days or just focus on the steeplechase. Adam chose the latter and it proved to be a great decision.

Adam wins these trophies for his silver medal winning performance at the Australian Track and Field Championships in the U18 2000m Steeplechase. Taking a catch me if you can approach Adam led the field of 21 for the first three and a half laps before crossing the line for silver in a 6 second personal best time.

We believe that Adam's time at nationals of 5m 59.75s could be a new U18 Athletics NSW record as the height of the steeple for U18 men changed last year and we cannot find a faster time by an U18 NSW runner.



Above Adam watched on by his long time coach Ross Forster

At the earlier Ryde Little A Presentation, Adam collected two more trophies, the David Lewis Middle Distance Trophy & the Shannon Arnott Single Most Outstanding Performance Trophy.

The winner of the W. S. Shield Trophy for Most Outstanding Under 18 Field & National Competitor Medal for Jumps is Sophie Kavanagh

Sophie (at right) is one of our talented all-rounders who competes in both jumps and throws at State Championships. Over the past few seasons, Sophie has steadily improved from making top 8 to now finishing well amongst the medals at state competition and was the defending long jump champion at the 2021 NSW Junior Championships.

In the lead up to nationals this year Sophie was the dual gold medalist in the U18 high jump and long jump at the 2021 NSW Junior Championships and had this season secured national qualifying results for both high and long jump.

Sophie wins this trophy for her silver medal performance in the U18 Long Jump at the Australian Track & Field Championships. Sophie got her competition off to a great start with her opening jump of 5.63m securing her the silver medal spot from there on in. In the U18 high jump Sophie finished just out of the medals in 4th place with a final clearance at 1.68m. Sophie finishes the season with personal bests of 5.68m in long jump and 1.70m in high jump.

The Davies Family Trophy for Most Outstanding Under 20 Field Athlete & National Competitor Medal for Long Jump is awarded to Alyssa Lowe.

Alyssa (at right) continues to be one of Ryde's most outstanding athletes. At the NSW All Schools Championships Aly won gold in the 17yrs long jump and silver in the 100m hurdles. At the 2021 NSW Juniors competing as an U20, Aly was again the State Champion in long jump. At the NSW Open Championships Alyssa had placed a prestigious 4th in the Open Women's event.



At the Australian Track & Field Championships Aly finished 6th in the U20 Women's long jump with a best leap of 5.91m. Aly also contested the Australian Open Women's long jump where she broke through the 6m mark for the first time this year in competition to finish in 7th place with a best jump of 6.02m. This is a remarkable result for an athlete still only 17 years of age.



The Jean Hill Memorial Trophy for Most Outstanding Walker & National Competitor Medal for Walks is awarded to Max Mayhew

Max started his season with a fifth at the NSW All Schools in the 13yrs 3000m in a time well under the national qualifying time. Max then picked up a state bronze medal setting his second Ryde Best Performance on record when he improved on his then PB by 30 seconds to finish in a time of 16m 10.55s at the NSW Junior Championships in the U15 3000m Walk.

At the Australian Track & Field Championships Max placed 10th in Australia in a time of 6m 22.22s.



Above Max gets his Trophy from Life member Ros Mitchell

Most Outstanding Veteran Field Athlete – Andrew Atkinson- Howatt

Each season there is an annual tussle between two of our state title winning throws athletes to see who will come out on top for this trophy. This season the trophy falls the way of Andrew Atkinson-Howatt.

Andrew wins the trophy this year for his results at the NSW Masters Championships

where he was the clear winner by almost three metres in the 60-64yrs javelin when he threw 36.09m. Andrew also took home a silver medal in the discus with his first round best throw of 31.18m. Andrew also occasionally competes down at Rotary Park and earlier this year got out a season best throw of 39.06m with the javelin.



Above Andrew wins this year in the annual battle of the Vet Field Trophy .

The Most Outstanding Veteran Track Athlete goes to Ron Wills.

Ron is a regular competitor for Ryde at the Northern Zone competition held most Saturdays at Rotary Park. Ron competes there in almost all distances from 100m to 3000m.

This season Ron added another four Ryde best performances on record and Ryde records for our 80yr plus athletes to his name. Ron now holds 22 best performances on record and Ryde records for an athlete in the 70yrs plus and 80yrs plus age group.

Ron wins the Trophy today for most outstanding Veteran Track athlete for his Gold medal at the NSW Masters Championships won the 80-84yrs 400m event in a time of 1m 48.25s.



Above Ron now holds a remarkable 22 Ryde Best Performance on Record and Ryde records. Trophy for Most outstanding Vet Track Athlete presented by Coral Read.

The winner of the Mrs F. Downing Trophy for Most Outstanding Field Athlete & the E. Godfrey Trophy for Most Outstanding Under 16 Field Athlete this year is Jessica Johnston

Jess was our only athlete to compete at two national competitions this year. At the Athletics Australia Junior Combined Event Championships in Melbourne Jess placed 7th in the U15 heptathlon with a final score of 3522 points.

At the 2020 NSW All Schools Jess won silver in discus and bronze in the javelin and shot put in the 13yrs events. At the 2021 NSW Juniors Jess won silver in the U15 javelin and bronze in the shot put and hammer throw.

At the Australian Track & Field Championships Jess competed across all four throws disciplines and had an outstanding carnival with huge personal best throws in both the discus and the hammer throw. Jess finished second in the U15 discus (39.34m), bronze in the shot put (11.87m), a 4th place in the hammer (39.76m) and 12th in the javelin (27.80m). This season Jess set new Ryde best performance on record for 13yrs shot put, javelin and hammer.



Above Jess Johnston winner of the Most Outstanding Field Athlete & U16 Field Athlete Trophy.

The Winner of the Betty Moore Trophy for Best Club Athlete is Louise Bergfield

Louise was awarded this trophy for her contribution to the success of our young athletes.

Louise does this by;

- Encouraging young athletes to try senior athletics.
- Providing athletes and parents with information about senior athletic events.
- Working with Ross to assemble teams for relays.
- Attending events to support our athletes and take photos of competing athletes and medal winners.
- Compiling Footprint to provide news and updates to both current and past members including life members.
- Compiling information for determination of trophy recipients

Introducing a new award - Our National Competitor Medal

This season the Committee decided to more directly recognise the performance of our athletes who make a NSW team and compete at a national level.



Above Louise with Betty Moore & the Betty Moore Trophy for Best Club Athlete

Rather than award small trophies for outstanding performance, we will now award a medal acknowledging that the Ryde Athlete was a national competitor and name the discipline in which they competed. The medal will be awarded to all our athletes who compete at national level with the exception of those athletes who are receiving a glass trophy, in which case, for completeness of their achievements, it will be engraved on the trophy.



National Competitor – Steeplechase

This season saw **Ashton Hanna** register some huge improvements in his personal best times both in the steeplechase and across his middle distance as well. Ashton was the silver medallist in the 2000m Steeplechase at both the 2020 NSW All Schools and the 2021 NSW Juniors. At the ACT Championships Ashton picked up another silver in the U18 steeplechase along with a bronze medal in the 1500m. Unfortunately, injury in the weeks prior to nationals resulted in Ashton only being cleared days before the event to return to the track in what was a very gutsy effort to complete and place 21st in the U18 Steeplechase in a time of 7m 07.51s

Claudia Wilson was the bronze medallist in the 14yrs 2000m Steeplechase finishing in a time well under the national qualifying time at the NSW All Schools. Claudia then placed 5th at the 2021 NSW Juniors. At nationals, Claudia was able to claim 12th spot in Australia with a good paced run, easily clearing all the steeples and finishing in a time 8m 26.17s in the U16 2000m steeplechase.

Arabella Price was to only have a short season this year due to injury and had to miss the 2020 NSW All Schools. Arabella was able to successfully defend her State title at the 2021 NSW Juniors Championships. At nationals competing in the U18 2000m Steeplechase Arabella placed 9th in a time of 8m 21.14s.

Elli Barron got her season off to a great start when she finished 4th in the 15yrs 2000m steeplechase at the 2020 NSW All Schools in a national qualifying time of 7m 44.16s. Injury forced Elli out of the NSW Juniors event and at nationals Elli ran a time of 8m 10.87s to finish 12th in Australia.

At left the new National Competitor Medal. For Athletes who win two or more perpetual Trophies, the National Competitor details will be engraved on their glass award as shown at left on Adam's trophy.



Above Georgia, Ashton & Claudia with presenters Nicole Knock (nee Read) and Andrew Atkinson-Howatt

National Competitor - Steeplechase & Middle distance

Georgia Phillips represented NSW at nationals in both the Steeplechase and 3000m.

Georgia was 14th in the 14yrs 3000m and 9th in the 1500m at the 2020 NSW All Schools. In only her second attempt at Steeplechase Georgia claimed the NSW title as well as a Ryde Best Performance on record at the 2021 NSW Juniors competing in the U16's.

At the 2021 Nationals Georgia placed 15th in the 3000m (11m 07.01s) event and 6th in the steeplechase (7m 39.38s)

National Competitor - Middle-distance

Benjamin Woodhouse had a great first season as a senior athlete setting and resetting new Ryde best performances on record for the 12yrs 800m (2m 12.97s) and 1500m (4m 33.67s). At the ACT Junior Championships Ben won gold in both the U14 800m and 1500m and in both events ran well under the national qualifying time. At the 2021 NSW Juniors Ben came home bronze in both the U14 800m and 1500m.

At nationals Benjamin placed 9th in the U14 1500m (4m 33.87s) and was 4th in his heat and 10th overall in the 800m (2m 14.35s).

Axel Bruntsch ran under the national qualifying time for the U14 800m a number of times this season and also got the bragging rights of breaking his brother Adam's 12yrs 800m best performance on record when he ran 2m 15.36s at the Sydney Milers. At the NSW Juniors Axel finished 5th in the 13yrs 800m and 8th in the 1500m.

Contesting the U14 800m at nationals Axel ran 7th in his heat and placed 15th in Australia in a time of 2m 15.63s.

Amelie Sun finished 7th at the NSW All Schools in the 16yrs 800m and 6th at the NSW Juniors this season. At the ACT Championships Amelie placed just out of the medals with an excellent new personal best time of 2m 14.12s in the U18 800m and followed that up next day with a bronze in the 1500m. Amelie's time in the 800m is 1.88sec under the current U20 qualifier for next season.

Timetabling at nationals forced Amelie to make a decision to just concentrate on one event and running in the U18 800m Amelie came home 6th in

her heat with 12th place overall in Australia (2m 19.16s).

Zara Warland had a huge 2020/21 season and qualified for more middle-distance events at nationals than any of our other athletes running national qualifying times for the 800m, 1500m and 3000m during the season. Zara's season was marked by continual improvement and seconds were slashed off her times over the season including a huge 26 sec improvement in her 1500m time. Zara's places in the season included 4th in the 16yrs 800m & 8th in the 1500m at All Schools and 6th in the 1500m at NSW Juniors.

At nationals in the U18 1500m Zara came home in a time of 4m 53.31s for 7th place in her heat and 14th in Australia and in the 800m, Zara finishing in 2m 24.72s for 8th in her heat and 16th place overall.

National Competitor - Sprints & Middle Distance

Joe Harvey represented NSW in both sprints and middle distance at nationals after qualifying for both the 400m and the 800m. At the 2020 NSW All Schools Joe came home with the silver medal for the 14yrs 800m and 5th in the 400m where he secured a national qualifying time. At the 2021 NSW Junior Championships Joe was the silver medallist in the U16 800m.

At nationals Joe placed 11th in the 800m(2:03.17s) and 15th in the 400m (54.33s).

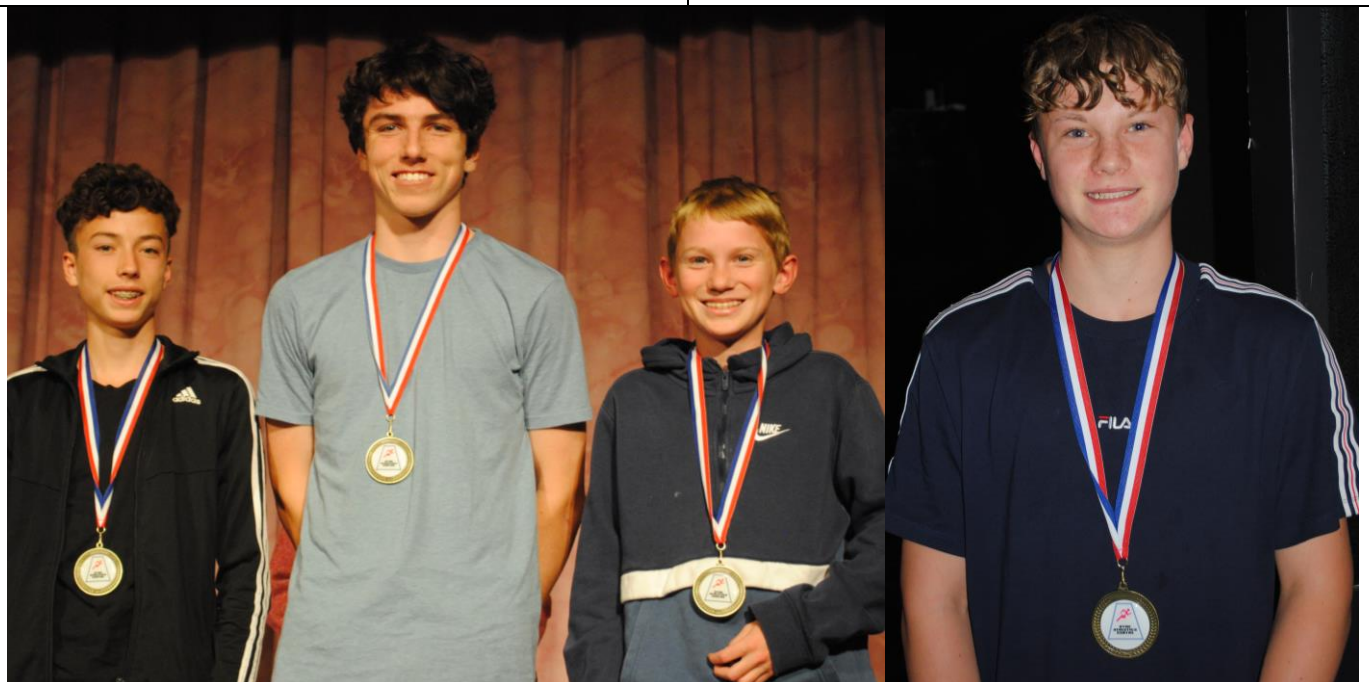
National Competitor - Sprints

Aiden Wright had a brilliant first season as a Ryde Senior with performances during the season qualifying him for the sprint double at nationals. Aiden also broke the Ryde best performance on record for a 12 yr old with his time of 26.17s.

At the NSW All Schools Aiden placed 4th in the 200m and 5th in the 100m & long jump. At NSW Juniors Aiden improved on those results when he was 3rd in the 200m, 4th in the long jump and 6th in the 100m.

At nationals Aiden was 4th in his heat and 10th overall in the U14 100m (12.70s). In the 200m Aiden qualified for the final where he placed 6th in Australia (25.20s).

Below left Axel, Joe and Nicholas (collecting on behalf of his brother Benjamin). Below right Aiden Wright.



National Competitor - Triple Jump

Jeremy Plummer started his season with a bronze medal secured on his very first jump, at the NSW All Schools in the 15yrs triple jump. At NSW Juniors Jeremy was the fourth placed NSW athlete in the final. Competing at the 2021 Nationals, carrying an arm injury, Jeremy leapt 11.80m to finish in 13th place.

Owen Chandler finished in 5th place in the 13yrs triple jump at the NSW All Schools championships. Owen improved on that position when for the second year running, he placed 3rd for his age group at the NSW Juniors Championships. Owen jumped 98cm further than the previous year at NSW Juniors.

At his first national carnival Owen just missed the final when he placed 9th at the end of the first three rounds with a best jump of 11.47m.

National Competitor - Pole Vault & Triple Jump

Aidan Mannasz represented NSW in both the triple jump and the pole vault at the national championships.

Aidan's season included a bronze medal in the U16 triple jump at the NSW Junior Championships and gold at both the NSW All Schools and NSW Juniors in the Pole Vault.

At nationals Aidan vaulted 50cm higher than he had at NSW Juniors to finish with 3.10m for 9th place in Australia. In the Triple jump, which actually ran almost at the same time as his Pole Vault event, Aidan came home with 11th place in Australia (12.42m). Aidan also claimed Ryde best performance on record for 15yrs triple jump and pole vault.

National Competitor - Pole Vault

Mia Marshall's season started with a gold medal at the 2020 NSW All Schools championships (2.50m) and was followed by a silver medal at the 2021 NSW Juniors (2.60m). At the Australian Championships Mia finished 7th in Australia in the U16 event (2.55m).

Brendan's season's results included a fifth in the high jump at NSW All Schools as well as silver medals in the pole vault at both the NSW All Schools (2.40m) and NSW Juniors event (2.20m). Brendan also claimed the Ryde record and Ryde best performance on record for 15yrs high jump when he cleared 1.85m at one of our Club Championship mornings.

At nationals, Brendan set a new competition PB when he vaulted 2.90m to place 11th in Australia. In the Ryde Little A Presentation Brendan was awarded the Louise Trimble Jumps Trophy.

Below Jeremy, Aidan, Mia, Brendan & Owen had some great results at Nationals.



National Competitor - Hurdles

Timothy Forster had another good season and extended out to the 110m distance without any problems. At the NSW All Schools Timothy ran up an age group so as to compete over the 110m distance and placed 6th in the final in 15.22s, which was two seconds faster than the national qualifier. At NSW Juniors Tim again placed 6th.

At the Australian Track & Field Championships Tim was 5th in his heat and 13th in Australia (15.70s).

National Competitor - Javelin

Lachlan Waldron started his season with a silver medal in the 12yrs javelin at the 2020 NSW All Schools along with a 5th in hammer, 8th in shot put and 7th in discus. In the ACT U14-U18 Championships Lachlan won the U14 hammer throw and javelin, placed second in the shot put and won bronze in the discus. At the 2021 NSW Junior Championships Lachlan was back on the podium for another silver medal in the U14 javelin. Lachlan set new Ryde records in U13 shot put He also set Ryde best performances on record for javelin.

Lachlan placed 7th in Australia in the U14 boys javelin (33.47m).

Thank you to Betty Moore and all our Presenters

We would once again like to thank **Betty Moore** our Club Patron and Life Member for the outstanding job she does in comparing the Seniors' Presentation and running the Annual General Meeting. Betty's knowledge of the history of the Club and background to the trophies add so much to the afternoon and hands along that history to the next generation of athletes. As well as that, her ongoing involvement with Athletics NSW & her role on the executive of the NSW Olympic council ensures she is on top of what the current crop of athletes are up to.

To our special guest life members, **Betty** as well as **Coral Read and Ros Mitchell**, we are so grateful that you come back to the Club Presentation each year. Your enthusiasm and interest in the club is so greatly appreciated. Whenever I catch up with this group, I always learn a little bit more about the rich history of Ryde.

To our presenters, **Jim Hull, Coral, Ros, Nicole Knock, Ross Forster, Simon Bergfield & Andrew Atkinson-Howatt** thank you for your help on the day.

Congratulations to Ryde Athletics Newest Life Members.

Glyn Henman and **Matt Ralph** were both recognised with Life Membership of the Club. We congratulate Glyn & Matt on their Life Membership.

Glyn was the first male member of Ryde Athletics when he joined in 1982. The Club to that point had been a Women's Athletic Club.

Matt has held the role of Junior Division President for the past three seasons and guided the Juniors through a field move and the Covid crisis.

Your Senior Division Committee for 2021-2022 – still time to sign up!

President	Simon Bergfield
Vice-President	Andrew Atkinson-Howatt
Secretary	Suze Barron
Treasurer	Peter Davis
Registrar	Ross Forster
Race Secretary	Ross Forster
Publicity	Louise Bergfield
Fundraising	Chloe Davis
ANSW Delegate	Andrew Atkinson-Howatt
ANSW Delegate	Simon Bergfield
ANSW Co-Delegates	Betty Moore
Northern Zone Delegate	Andrew Atkinson-Howatt
Coaching Convener	Ross Forster
Committee Member	John Barron
Club Captains	Ashton Hanna Mia Marshall

We are always interested in getting new Committee members so please think about giving something back to the Club. We only meet 8 times a year. So please think about how you can give back to the Club.

At the moment we only have one family on the Committee who have athletes competing for the Club and we should aim to have more than that. If you are interested in helping your club please contact me (lbergfield@hotmail.com) for more details. Many hands make light work and it would be good if we could share some of our tasks a bit wider than they currently are shared.



Above Ryde Life Members Back Row Coral Read, Anne Masing, Julie Reynolds, Ros Mitchell. Andrew Atkinson-Howatt, Matt Ralph, Simon Bergfield, Ivana Hilder Front Row Ross Forster, Betty Moore, Glyn Henman, Louise Bergfield

Congratulations to our National Competitor Medal winners who couldn't be here today. **Benjamin Woodhouse** (middle distance) **Lachlan Waldron** (Javelin), **Arabella Price** (Steeplechase), **Timothy Forster** (hurdles), **Zara Warland & Amelie Sun** (middle distance) and **Elli Barron** (steeplechase)



PRESIDENT'S AGM ADDRESS 2021

As with past seasons I'd like to first acknowledge the wonderful results our athletes have achieved over the season.

This season we had around 45 athletes actively competing as Ryde Seniors. From those athletes,

- We won across the NSW All Schools and the NSW Juniors, 13 gold medals, 17 silver medals and 13 bronze medals.
- We won three state titles and a silver medal at the NSW Masters Championships that brought our total of

of State medals to 47 medals.

- Had 26 athletes qualify for the NSW team for the Australian Track and Field Championships and,
- Our athletes won four gold, four silver and 2 bronze medal at the Australian Track & Field Championships.

This has been our most successful season of recent history and our athletes thoroughly deserve the recognition they will be getting today. I am not going to single out any one performance as there have been so many outstanding results and these will be covered in the next part of our presentation.

I am grateful to have again worked with a great committee. So thank you Ross, Peter, Chloe, Andrew, Louise, Sue & John. It was great to see Chloe Davis join our committee this season and she has successfully run two Bunnings BBQ's to raise over \$2800 for the Club. So well done Chloe.

I would ask that when Chloe sends her requests for help as many of you step up as you can. With the announcement that the 2022 Australian Track & field Championships will be held in Perth we will running a number of fundraising events over the off season and next season to fundraise for our eligible athletes.

Finally, it is with some sadness and many fond memories that we note the passing in February 2021 of one of our life members, Mr Bruce Brown.

Bruce's (and his wife Jean's) involvement in the Club started in 1979 when their daughter Tina joined and extended for almost four decades. Bruce carried out many roles including timekeeper, zone manager, sprints coach and ANSW Official at SOPAC working in administration and the Call Room and a volunteer at many of our fundraisers. Bruce who was made a Life Member of Ryde in 1990, was, along with other Ryde Life Members, Ross Forster and Betty Moore, an official at the Sydney Olympics in 2000.

Bruce will be remembered for his great enthusiasm and sense of humour. When he was a member of the Ryde Senior's Committee no Committee meeting could close without Bruce telling a joke.

On behalf of the Ryde athletics community, we extend our sympathy to Bruce's wife Jean, daughter Tina and son-in-law, James.

Simon Bergfield
President, Senior Division

Fundraising for the 2021/22 season

With the announcement that the next Australian Track & Field Championships will be held in Perth in 2022, we want to help as many of our Ryde Senior athletes get there as we can. As we had

26 athletes compete at nationals this year, we need to start planning our Fundraising endeavours for next season to ensure we can continue to assist with grants to help with our Ryde Senior athletes' costs when they represent NSW interstate or overseas. Covid cut back on our Fundraising ability in 2020/21 so we'll be keen to get out there again now we can.

We encourage all our members to help support our representative athletes by giving up a couple of hours to help our club.

There are a few simple rules for Ryde Senior athletes to being eligible for a grant

- The athlete (where age appropriate) and at least one member of the family help out at least two of our fundraisers over the season.
- The athlete should participate for Ryde in Senior events such as Club Championships, Senior Relays or Cross-Country relays over the season.
- Grants are only made for interstate or overseas competition.

Our fundraising events have included Bunnings BBQ's, running a drinks stand at the Blackmores Marathon or helping at a Cake stall or Seniors BBQ at Dunbar. We want the athletes to be involved so as to help teach them the importance of volunteering and so their efforts can directly contribute to any funds they may ultimately receive. It can also qualify at some schools for community volunteer work or towards Duke of Ed. We usually find the kids quite enjoy themselves.

Chloe Davis is our Fundraising coordinator and will email when we are looking for helpers. If you would like to put your name down for future fundraisers and bookmark a spot for your family then email Chloe at chloeemadavis@gmail.com

Can you help on the Blackmores Marathon drinks station? We are taking expressions of interest now.

The event is on Sunday 19th September 2021 and we usually man a drinks table out in front of the SCG. If you would like to put your name down to help email Chloe as we have been asked to start organising volunteers.

This is a great event for athletes who are looking to do volunteer hours for Duke of Ed or school requirements to get involved in.

Thank you to all our helpers on the Bunnings BBQ held on the 8th May. We raised over \$1400 from our day's work.



The 10-12 shift Daniel & Adam Bruntsch, Ashton & Stephen Hanna & Mark Worrell from the Bunnings BBQ.

Sophie acknowledged at the Ryde Sports Foundation Annual Awards.

Sophie Gocher (right) was a Ryde Sports Foundation Sports Star of the Month in 2019 for

her outstanding results in steeplechase and middle-distance events. The 2020 dinner to award the Sports Star of the year had been delayed for 12 months due to Covid and so finally on Friday 7th May 2021 along with the other eleven outstanding athletes for the year Sophie (below being interviewed by Steve Robbilliard) was honoured for her achievements.



Congratulations to all our trophy winners for the 2020-21 season & best of luck to our athletes for the Cross Country & Winter Walks season.