



# St George Little Athletics Centre

(Affiliated to the L.A.A. of N.S.W.)

**1988 – 1989**



OFFICE BEARERS FOR 1988-89 SEASON

EXECUTIVE COUNCIL MEMBERS

CHAIRMAN	JOHN CLARK
VICE CHAIRMAN	LOU BULIAN
SECRETARY	MARGARET ZERZVADSE
TREASURER	BYRON GRIFFITHS
REGISTRAR	CAROL BERRELL
PUBLICITY & PUBLIC RELATIONS	JULIA ROBARDS
COACHING & EDUCATION	ERICA NELSON
OFFICER FOR OFFICIALS	GLEN BREEN
TECHNICAL & EQUIPMENT	GEORGE FOSTER
GROUND MAINTENANCE	LEIGH ALLEN
CHAMPIONSHIPS & SPECIAL MEETINGS	LINDSAY WATSON
INTERCLUB TRACK & FIELD	TERRY WHITE
FUND RAISING	DECIMA MARTIN
RECORDS & RANKINGS	BARBARA LEA
CANTEEN	VACANT
EXTRA MEMBER; SPONSORSHIP	CRAIG BERRELL

LIFE MEMBERS.

FRED SCOTT	BYRON GRIFFITHS	PETER WILLIAMS
BEV SCOTT	RAY HORTON	MABS ERRINGTON
GWEN TAYLOR	PAUL REEVES	JOE WATCHORN
BOB MOLLOY	BILL L'ESTRANGE	BILL CRUIKSHANK
BONNIE WEST	IAN SHEERIN	MARGARET ZERZVADSE

PATRONS

FRED SCOTT	BILL HART	MR L POOLE
MAYOR H.M.C	MAYOR R.M.C.	MAYOR K.M.C.

### CHAIRMAN'S REPORT

If the 1988/89 Season is not remembered for anything else then it certainly will be for all the wet weather we had to contend with. Every major carnival this season was conducted in the rain, even to the very end at the Australian Interstate Team Championships held in Brisbane in April where Lee Maszkowski represented the St. George Centre.

Putting the weather aside the Season saw the usual enthusiasm of parents and children at all the meetings which were held.

There are various ways in which the success of the Centre could be measured for this past season e.g. numbers of children selected to progress through to the various levels of championships, numbers of medals won, number of new records set and amount of revenue raised. I prefer to measure our success by the response of all the children to competition held on Friday evenings i.e. number of children presenting themselves on Friday evenings and the extent to which they enjoy competing on those occasions. All children in the St. George Centre are to be congratulated on the manner in which they competed and displayed their sportmanship towards one another.

Of course there would be no centre without the support of parents. I extend my thanks to every member on the Executive Council for their efforts through the Season and for the way in which they assisted me in my responsibilities. And we must not forget those parents who on a weekly basis officiated at the various areas of competition on Friday Evenings. I would especially like to extend my thanks and appreciation to Mrs. Anne Griffiths who, although not a member of the Executive Council, managed the Canteen for the entire season. Mrs. Griffiths was one of the first to arrive each Friday afternoon and almost the last to leave at the end of the night.

To conduct a Friday evening championship it is indeed a challenge to the organisers, as much as what it is to run the various carnivals held on weekends. The Executive Council of the St. George Centre is ever conscious of needing to give every child an equal opportunity to compete in the events of their choice. This becomes increasingly harder with the introduction of more events for each age group. Nonetheless, up until now the challenge has been met. However on the higher level of competition e.g. Regional Championships it has become a real problem as to how to conduct that carnival within the limited time of two days. It is not a decision made by the St. George Centre Executive Council as to what age groups will do what events. This responsibility falls within the domain of the Board of Directors of the Little Athletics Association of New South Wales. However it is the responsibility of the St. George Centre Executive Council to provide the events introduced by that Board.

The ensuing season holds a number of challenges for the incoming Executive. These include a revised Friday evening programme to cater for 700 children, the implementation of a new computer system and fundraising. This obviously is not an exhaustive listing but three of the most immediate and challenging issues.

There is the need for the Centre to continue liaison with other bodies including the senior athletics group, Council and the State Government.

I look forward to seeing the return of our athletes and their parents in the 1989/90 Season.

John Clark  
Chairman.

## REGISTRARS REPORT

Another season has ended with registrations well up on last year with 702 children registering, 6 children pulling out before the competition commenced, which gives a total of 696.

Once again I would like to thank all the people who gave their much needed help on the first few hectic registration days and thereby keeping me sane!

Below are the figures for the 88/89 season. The previous seasons figures are in brackets.

### CLUBS

BLAKEHURST	150	(147)
LUGARNO	173	(155)
RANGERS	259	(205)
ROCKDALE YOUTH	114	(110)

### CENTRE

#### AGE GROUPS AS FOLLOWS:-

	<u>GIRLS</u>		<u>BOYS</u>		<u>TOTAL</u>	
<u>U/6</u>	32	(23)	58	(35)	90	(58)
<u>U/7</u>	33	(20)	38	(43)	71	(63)
<u>U/8</u>	22	(27)	45	(51)	67	(78)
<u>U/9</u>	32	(34)	48	(33)	80	(67)
<u>U/10</u>	44	(42)	41	(43)	85	(85)
<u>U/11</u>	44	(40)	40	(46)	84	(86)
<u>U/12</u>	46	(30)	40	(35)	86	(65)
<u>U/13</u>	31	(21)	34	(24)	65	(45)
<u>U/14</u>	21	(24)	21	(14)	42	(38)
<u>U/15</u>	13	(17)	13	(15)	26	(32)
<b>TOTALS</b>	<b>318</b>	<b>(278)</b>	<b>378</b>	<b>(339)</b>	<b>696</b>	<b>(617)</b>

**CAROLYN BERRELL**  
**REGISTRAR**

ST. GEORGE LITTLE ATHLETICS CENTRE

INCOME AND EXPENDITURE STATEMENT  
FOR THE YEAR ENDED 31ST MARCH, 1989

RECEIPTS

REGISTRATION FEES	14689.00	
LESS: L.A.A.N.S.W. PAYMENTS	<u>6972.00</u>	7717.00
CENTRE FUND RAISING	5086.13	
LESS: EXPENSES	<u>1757.75</u>	3328.38
DONATIONS, PUBLICITY & SPONSORSHIP		350.00
INTEREST RECEIVED		317.43
SURPLUS - GALA DAY		328.60
CANTEEN SALES	17453.56	
LESS: PURCHASES	<u>11748.09</u>	5705.47
COACHING CLINIC		<u>143.53</u>
TOTAL RECEIPTS		17890.41

DEDUCT: PAYMENTS

EQUIPMENT PURCHASES & REPAIRS	1744.88	
GROUND MARKING & MAINTENANCE	1371.90	
SHORTS & SINGLETs - NET OUTLAY	<u>105.25</u>	3222.03
STATE REPRESENTATIVE TOPS		1042.65
PRESTON EXPENSES	911.92	
LESS: FUND RAISING RECEIPTS	<u>337.00</u>	574.92
INSURANCES		581.00
STATIONERY & ACTION SHEET SUPPLIES		652.37
ELECTRICITY		896.98
TELEPHONE		189.13
COUNCIL GROUND FEES		135.00
ADVERTISING & PUBLICITY		263.20
TROPHIES		829.83
STATE RELAY ENTRY & BUSES	472.00	
LESS: COLLECTIONS	<u>101.00</u>	371.00
ENTRY FEES	1163.00	
LESS: COLLECTIONS	<u>1054.20</u>	108.80
NET COST - CENTRE CHAMPIONSHIPS		672.39
FLORAL TRIBUTES & DONATIONS		108.98
BANK FEES & DUTY		99.96
REFRESHMENTS & MEETINGS		242.85
L.A.A. - INTERSTATE LEVY & BOOKS		<u>232.00</u>
		10223.09
EXCESS INCOME FOR THE YEAR		\$ <u>7667.32</u>

ST. GEORGE LITTLE ATHLETICS CENTRE

INCOME AND EXPENDITURE STATEMENT  
FOR THE YEAR ENDED 31ST MARCH, 1989

FUNDS ON HAND AT 31ST MARCH, 1988	4169.16
PLUS: EXCESS INCOME FOR YEAR	<u>7667.32</u>
FUNDS ON HAND AT 31ST MARCH, 1989	\$ <u>11836.48</u>
ST. GEORGE BUILDING SOCIETY	
GENERAL ACCOUNT	425.13
CANTEEN ACCOUNT	382.80
INVESTMENT ACCOUNT	9904.55
PRESTON ACCOUNT	337.00
STOCKS ON HAND - SINGLET'S (FOR RESALE)	<u>1396.00</u>
	12445.48
LESS: UNPAID ACCOUNT	
TROPHIES	<u>609.00</u>
	\$ <u>11836.48</u>

AUDITOR'S REPORT

I REPORT THAT I HAVE EXAMINED THE BOOKS AND RECORDS OF THE ST. GEORGE LITTLE ATHLETICS CENTRE FOR THE YEAR ENDED 31ST MARCH, 1989 AND HAVE RECEIVED ALL INFORMATION AND EXPLANATIONS REQUIRED. IN MY OPINION THE ABOVE INCOME AND EXPENDITURE STATEMENT FOR THE YEAR THEN ENDED IS IN ACCORDANCE THEREWITH AND FAIRLY PRESENTS THE ACTIVITIES FOR THE YEAR AND THE STATE OF AFFAIRS OF THE CENTRE AT 31ST MARCH, 1989.



GARY N. HEATHER, FASA CPA ACIS  
REGISTERED UNDER THE PUBLIC ACCOUNTANTS  
REGISTRATION ACT, 1945, AS AMENDED

11TH MAY, 1989

## CENTRE COACH'S REPORT

During the 1988/89 Athletic Season our children were given the opportunity to be coached on Tuesdays and Wednesdays.

High jump and long jump were conducted on Tuesdays, and sprints, hurdles, shot and discus were conducted over two sessions on Wednesdays.

Coaching was well attended, and much thanks goes to John Lamont for his discuss and shot coaching, Sue-Ellen Quiggin for her coaching at the start of the season, Wendy Donohue for her encouragement of our littley's with jelly beans, Lindsay Watson for his sprint and successful relay coaching, plus the many other parents who gave a helping hand when it was needed.

At the start of the season a successful Athletics Clinic was conducted over 3 days during the October holidays. Over 100 children attended each day. The clinic allowed opportunities for children to participate in a variety of warm up activities, including aerobics, earth ball and parachute games, and learn more about the skill and technique in athletic events.

Upon taking on this position as centre coach, 2 years ago, it was naive of me at that time to think that our centre could provide all the coaching our children needed. This is obviously a very difficult task to do (although not entirely impossible), and thanks must go to all the coaches who act independently outside of our centre, for without them many of our athletes achievements would not be possible.

It would also be amiss of me not to mention the fine achievements by the children who attended centre coaching. Some of these achievements included places gained as well as records broken at zone, regional and state levels, as well as those personal achievements, such as, performing to the best of one's ability and being able to perform on athletic skill with correct technique.

In order to continue to provide opportunities for our children to learn more about the skill and technique required in athletic competition, it is essential to have the support of the parents. It is a difficult task to spend 5 hours a week coaching your children when some of us work, have a household to run and have to meet the needs of our own children. I feel that it is probably appropriate for me now to take this opportunity to thank my husband for his support and for those many wonderfully cooked meals, and my own children who were very tolerant of the neglect enforced upon them.

I urge you all to give your support and assistance to the centre coach elect for the 1989/90 Athletic Season.

ERICA NELSON  
CENTRE COACH

### EQUIPMENT REPORT

During the 1988/89 season the purchase of new equipment was well down on that of the previous year, one reason for this, was the need to accumulate some funds for major expenses that will occur prior to commencement of the next season. The main items purchased during the season were for replacement of lost or broken equipment.

During the off season hopefully we will have the run ups on long jump one and two finished. We also intend replacing the centre computer and modifying some of the programmes.

There is also a need to look at major items that could cost a lot, like increasing the amount of covered area available (for those summer storms), enlarging the canteen/storage area, improved lighting. This is without talking about actual equipment like \$15,000 - \$50,000 for semi or fully automatic timing equipment or only a few thousand for a laser starting gun and speakers, to replace the noisy cap guns currently used, remembering that we run three (3) tracks at one time, so these costs could be tripled.

As one of the largest centres within the state we must look at major things to keep in line with what is being made available by other centres to the youth of their area in equipment and amenities.

Remember it is not only the children in the centre but also those of the various schools and sporting bodies within the area that use the equipment that would benefit. So we really have a need to ask council and business organisations for assistance to reach this goal.

GEORGE FOSTER  
EQUIPMENT OFFICER

### Secretary's Report

Another Season has come to a close and I would like to thank our Executive Members for all the work that has been put in over the Season. During the OFF Season the work still has to be done. Congratulations to all of our Athletes, Champions and Competitors alike, for the fine way they conduct themselves at all levels of Competition.

To all of our U15's of this year, Goodbye and Goodluck. We hope to see you again and I hope you go on to Senior Athletics.

See You All Next Season,  
Margaret Zerzvadse.

### Fund Raising

After three years as Fund Raiser for St. George I would like to thank all of the people who have bought tickets from me. I only wish there could have been more Winners but keep buying it could be your turn next Season.

The amount raised over the three years was around \$7000.00. This just goes to show how generous the St. George people are.

Thank you all very much for having me as your Fund Raiser, and once again Thanks Jenny for your Ken Done goodies.

Decima Martin.

## RECORDS & RANKINGS

Well here we are at the end of another successful season with St. George LAC.

Firstly I must apologise for the errors that appeared in our records printed in last years Annual Report. But with all the problems we have had with our computer I did not realise that the disc had been damaged. However as we are purchasing new equipment we should be able to get it all right for next year.

Congratulations to all our children on their fine performances during the season. We had some very good performances creating new Ground and Centre Records.

A special thank you to the "sticker" writing ladies who each week took result sheets home to write so that all children would receive their stickers each week. This is an enormous job as we write about 4,000 stickers each week.

Once again "THANKS" for all your help during the year.

I hope to see you all again next season and I wish the new committee every success for the coming season.

Barbara Lea

Records & Rankings Officer.

PUBLICITY & PUBLIC RELATIONS.

WELL THIS SEASON HAS FINISHED ON A BRIGHTER NOTE, THANKS TO RIVERWOOD  
LEGION CLUB FOR THEIR KIND DONATION OF A PHOTO COPIER TO OUR CENTRE.  
I WOULD ALSO LIKE TO THANK JACKIE MAGNAY FROM THE LEADER FOR HER HELP  
IN THE FIRST HALF OF THE SEASON, IN ENSURING THE INFORMATION I GAVE  
HER WAS PRINTED.

UNFORTUNATELY FOR US, BUT NOT HER, SHE LEFT AFTER XMAS TO HAVE A BABY.  
THANKS AND CONGRATULATIONS JACKIE!!!!

DUE TO WORK AND FAMILY COMMITMENTS I AM UNABLE TO STAND ON THE EXECUTIVE  
THIS YEAR, BUT I WOULD LIKE TO SAY A BIG THANK YOU TO THE OUTGOING COMMITTEE  
FOR THEIR CONFIDENCE AND SUPPORT OVER THE LAST TWO SEASONS.  
ALSO BEST WISHES TO THE INCOMING EXECUTIVE FOR NEXT SEASON.

JULIA ROBARDS

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### GROUND MAINTENANCE REPORT

The 1988-89 season was another successful year for the St George Centre.

It was good to see so many of our children do so well throughout the season.

The condition of OLDS PARK was better this year than ever before thanks to the effort contributed by members of the Executive, parents and Hurstville Council.

Many hours of work are required by parents of the Centre to mow and mark the ground throughout the season, so the more parents we get to help the easier it is for everyone.

As the ground has to be prepared for the next season at end of August any person willing to assist could contact any member of the new executive - your help being gratefully accepted.

Before signing off I would like to thank all those people who helped me to get the oval prepared for all our competition nights and days.

Hoping to see you all again next season.

LEIGH ALLEN

GROUND MAINTENANCE OFFICER.

### CANTEEN.

In the absence of a Canteen Supervisor I would like to say a few words about the Canteen this Season. It is pleasing to report a record year in the canteen. A total profit of \$5705.00 was achieved. \$1750.00 of this was made on the barbecue and I think a big THANK YOU to George & Marie Foster is in order because without their effort there would have been no barbecue.

I would also like to thank all of the people who helped on Friday nights, especially Margaret Kirkby and Chris Hall, and a special thanks to Amanda Kirkby who helped regularly.

A request to the new Executive to approach Hurstville Council about extending the Canteen Area as it is much too small for a Centre our size.

I extend my best wishes to the incoming Executive.

Anne Griffiths.

### INTERCLUB.

A very busy Season but we have been able to finish reasonably early considering our large number of children.

Parent participation is a very important part of Athletics, and I hope that in the coming Season Parents appreciate the necessity for their assistance as we require many people to efficiently conduct a Friday evening programme.

My appreciation to all helpers and particularly Erica and Gary Nelson who stood in for me when I had Night Shift.

I would encourage parents to become actively involved in our Centre be it Friday evening, Club or St. George Committee level. I guarantee you will receive considerable enjoyment in helping the children and at the same time make a lot of new friends.

Terry White  
Interclub

CENTRE AWARDS.

Outstanding Girl Athlete	Lisa Zammarrelli	RAN
Outstanding Boy Athlete	Adam Degnan	RAN
Kurt Landers Award	Toby Watson	RAN
Dianne Holden Award (New)	Donna Collins	LUG
Nicole Dawes Middle Distance Award	Tony Auciello	RAN
A.A.Gainsford Award Multi Event	Andrew MacGonigal	RAN
Encouragement Award Girl	Jennifer Baker	R.Y.C
Encouragement Award Boy	Kris Maszkowski	R.Y.C

FIVE YEAR SERVICE AWARDS

<u>BLAKEHURST</u>	<u>LUGARNO</u>	<u>RANGERS</u>	<u>ROCKDALE YTH.</u>
Nicole Blake	Naomi Condon	Carey Davies	Amanda Lobina
Danielle Collins	Mark Ettridge	Melissa Gilbert	Stacey Polidano
David Cotton	Dallas Flack	Heidi Lotze	Antionette Fontela
Leah Cotton	Damien Flack	Dallas Lotze	Mark Fontela
Sarah Cotton	Alison Kitching	Andy MacGonigal	Lee Maszkowski
Brett Foster	Renae Moffitt	Kelly Ryan	Kris Maszkowski
Jason Foster	Janelle Sexton	Tauri Watson	Kathy Trist
Andrew Horrocks	Vicky Young	Andrew Vass	Jodie Trist
Linda Horrocks			Damien Martin
Alexander Spencer			
Cheyne Stebbing			
Lee Stebbing			

Nine year Service Awards are now TEN as the age has increased.

TEN YEAR SERVICE AWARDS

BLAKEHURST  
Julie Heather  
Megan Wilson

ST. GEORGE STATE TEAM REPRESENTATIVES

1973	Melbourne	Andrew Scott	
1974	Sydney	Sandra Perry	
1975	Perth	Jenny Ironside	
1976	Adelaide	Jacquelin Magnay	Team Captain
1978	Canberra	Tim Sparkes	Team Captain
		Melissa Babbage	
1979	Perth	Brett Newton	
1980	Darwin	Nicole Dawes	Team Captain
1981	Brisbane	Chris Knight	Team Captain
1983	Canberra	Alex Gray	
1985	Melbourne	Daniel Walker	
1986	Adelaide	John Romyn	
		Samantha Martin	
1988	Sydney	Tony Auciello	
		Toby Watson	
1989	Brisbane	Lee Maszkowski	

## CHAMPIONSHIPS & SPECIAL MEETINGS REPORT.

St. George LAC once again have had a great year overall. I would like to thank all those people who assisted me in various tasks this year. A special thank you to Erica Nelson; Barbara Lea; Lou Bulian and John Clark for their extra help this year. The Bicentennial Year put extra events into a very busy season.

ST. GEORGE LAC FUN RUN - a low key morning but very enjoyable - entry fees covered the prizes and the sausage sizzle for all after their events. Hopefully this family day will go on to bigger and better things.

TRANS TASMAN TRIALS - St. George gained six representatives to represent against Auckland they were - Mark Ettridge; Clinton Pelham; Daniel Cale Tauri Watson; Lauren Baker and Jannie Grubb.

BICENTENNIAL MULTI-EVENT - (Parkes) We had eight kids from our Centre and the lowest place gained was 10th with Andrew MacGonnigal bringing home a Silver medal in U/13 boys.

ST. GEORGE GALA DAY - The introduction of 400m and competitors being able to compete up an age group brought a wider range of events this year for competitors. The introduction of extra events for U/6 and U/7 gave them a wider scope also. A torrential rain storm put an early end to the day and events transferred to Friday night. Lack of planning made the back-up night a poor effort.

STATE RELAYS - St. George this season came 5th overall but only 6 points off a clear 3rd place. Bad luck in three of our younger age groups with baton changes was disappointing but then there is always next year. There is an obvious lack of depth in the field event relays with only one medal in this area. A special mention to our U/15 boys 4 x 100m who broke the State Record in their Gold Medal win.

TRANS TASMAN CHALLENGE - The six St. George children all performed well to help N.S.W. team in their win over Auckland.

PRESTON V'S ST. GEORGE - Thirty eight children from the U/11 and U/12 boys and girls were in the team to compete against Preston (Vic). St. George successfully won back the shield and will hopefully retain it when we meet next season. Criteria for selection is based on length of service for Centre event participation and then matching numbers as near as possible with Preston.

CENTRE CHAMPIONSHIPS - Due to outside circumstances the Centre Championships were held at Sylvania Waters this year. Happily we had good weather and once again we introduced some more events in the U/6 and U/7 age groups. All U/6 and U/7 age groups should have received a medal at least for relays this year.

Centre Championship Shields

### Girls

Rangers	1146
Blakehurst	639
Lugarno	637
Rockdale Youth	507

### Boys

Rangers	1079
Lugarno	756
Blakehurst	504
Rockdale Youth	491

Combined pointscore - Rangers; Lugarno; Blakehurst; Rockdale Youth

# CENTRE CHAMPIONSHIPS CON'T

Relay Shield -	Rangers	70
	Rockdale Youth	50
	Lugarno	50
	Blakehurst	30

STATE CHAMPIONSHIPS - St. George finished 4th in the State with all our 59 competitors performing their best.

Michelle Lillington showed what an outstanding prospect she is by her three individual Gold Medals with two State Records and 1/100th second off another and a Bronze in the Senior Girls Relay.

Lee Maszkowski gained selection in the U/12 Boys State Team for the Australian Teams Championships with only eleven boys and eleven girls in the team. This is also a fantastic achievement.

St. George started the Titles winning the first event - March Past and ended by winning the last the Senior Boys 4 x 100m State Record.

To all our 59 competitors congratulations on your fine performances.

Lindsay Watson

OFFICER FOR CHAMPIONSHIPS & SPECIAL MEETINGS

## OFFICIALS REPORT

It was pleasing to see the number of parents that came forward and helped as officials to make the 1988/89 season a success except for the rain.

Every parent has an obligation to come forward to help as officials on Friday nights and Gala Day. Because of the number of events that are run for our children each week we require about 120 parents each week.

It should be noted that if we don't get enough helpers when the events are called then that event will be cancelled for the rest of that nights program and the ones that are missing out is our children.

For the 1989/90 season it will most likely be that parents will be required to help out on the roster every second week so parents don't be shy come down and help your children out.

When children are selected for L.A.A. conducted Championships ie State Relays; Zone; Region and State Championships the parents of those children selected are required to assist in the running of those events.

NOTE :- "WE ARE NOT A CHILD MINDING SERVICE" !!!

The St. George LAA Centre cannot be held responsible for the safety of children that are left at the ground without their parents or guardian being in attendance. If for some reason the people who bring the child along can't stay at the ground then they must inform their club table.

"PARENTS" should also inform their children that the "CAR PARK" and "SKATE BOARD" areas are out of BOUNDS.

Don't forget parents come along and lend a hand if you are not sure what to do (we all have to start somewhere) don't worry there is plenty of officials willing to give you a guiding hand it is not really all that hard.

Glen Breen

OFFICER FOR OFFICIALS

## LUGARNO CLUB REPORT 1988-89

Lugarno had a very successful season with 173 registrations - 74 girls and 99 boys.

Our annual picnic and presentation day was held on the 9th April. A good turn out considering the inclement weather, we had been experiencing.

Top boy for 1988-89 was Beau Eason and top girl for 1988-89 was Belinda Martin.

We had 14 children reach the State Championships they were Donna Collins, Monique Akins, Belinda Martin, Sonia Caicchiolo, Kelly Johnston, Janie Grubb, Belinda Otto, David Cody, Channel Thompson, Mark Ettridge, Adam MacArthur, David Collins and Damian Munro.

Lugarno was well represented at the Centre Championships with the following results.

### U/7 Girls

A. Thom 1 Bronze  
R. Colley 1 bronze

### U/8 Girls

R. Quiggin 4 Gold  
B. Fuda 1 Silver/ 1 Bronze

### U/9 Girls

M. Ettridge 1 Gold/1 Bronze  
C. Thompson 3 Silver  
J. Hawkes 2 Silver  
C. Guidice 1 Bronze  
J. Sexton 1 Silver

### U/10 Girls

D. Flack 1 Gold/1 Bronze  
F. Quiggin 1 Gold/1 Silver

### U/11 Girls

K. Favorito 1 Bronze

### U/12 Girls

K. Johnston 2 Gold/2 Silver  
L. Quiggin 1 Gold/1 Silver/1 Bronze  
J. Grubb 3 Gold/1 Silver  
K. Beattie 1 Silver  
A. Fox 2 Bronze

### U/13 Girls

S. Caiccholo 3 Gold/1 Silver  
B. Otto 3 Gold/1 Bronze

### U/14 Girls

B. Griffiths 2 Gold/1 Silver  
1 Bronze

### U/15 Girls

D Collins 4 Gold  
B. Martin 3 Gold/1 Silver  
M. Akins 2 Gold/1 Bronze

### U/6 Boys

B. Cork 2 Silver/2 Bronze  
S., Guidice 2 Gold/2 Silver  
D. Ettridge 2 Gold  
A. Smithwick 1 Bronze

### U/7 Boys

A. Pin 1 Silver  
B. Eason 2 Gold/1 Silver 1 Bronze

U/8 Boys  
G. Emans 2 Gold/1 Bronze  
B. Scott 1 Silver

U/9 Boys  
D. Cody 3 Gold/1 Silver  
M. Rhodes 2 Gold/1 Silver  
B. Scott 1 Silver  
M. Emans 2 Silver/1 Bronze  
A. Pin 1 Bronze  
J. Stirzaker 1 Silver  
P. Rhodes 1 Bronze

U/10 Boys  
D. Fuda 1 Gold/1 Bronze  
R. Otto 1 Silver  
S. Hawkes 1 Silver

U/11 Boys  
A. MacArthur 1 Silver/2 Bronze  
M. Ettridge 3 Gold/1 Silver  
B. Smithwick 2 Bronze  
G. Scott 1 Silver

U/12 Boys  
B. Stirzaker 2 Gold  
D. Muratore 3 Silver  
B. Rhodes 1 Bronze  
R. Fuda 1 Bronze  
D. St. Baker 1 Silver/1 Bronze

U/13 Boys  
D. Munro 2 Gold/1 Bronze  
M. Smithwick 2 Silver/1 Bronze

U/14 Boys  
M. Rayner 2 Gold/2 Bronze

I would like to thank our sponsor Nobby Kitchens for their sponsorship of Lugarno L.A.C., and I hope they will continue in the seasons to come, also Mr. Sam & M s Rose Fuda for the generous contributions to our raffles.

Lastly I would like to thank the children of Lugarno L.A.C. for the way they conducted themselves during the season, their sportsmanship towards their fellow competitors and their eagerness to learn, they are a credit to their parents.

I also wish the new committee every success.

Darlene M. Flack  
Secretary Lugarno LAC 1988/89.

## BLAKEHURST CLUB

Overall the season has had its ups and downs, with the weather not helping at all. Blakehurst is one of 4 clubs that makeup the St. George Centre and the more these clubs work together, the better the Centre will run.

Congratulations to all the budding little athletics, for without their participation we would not exist; also a big thank you to the parents who transport their children each Friday night to Little A's and officiate with the running of events. Lastly the dedicated group who still help out even though their children have grown out of Little A,s.

This year there was 152 children registered with Blakehurst - 77 boys and 75 girls. A slight increase on last years number.

At the St. George Centre championships approximately half our children competed (83 to be exact), achieving some very credible results for Blakehurst.

With regard to individual competition, 49 children were selected for zone championships, 25 going on to region and a final 15 qualifying for state titles winning a total of 10 medals (5 gold, 1 silver, and 4 bronze), congratulations.

This year 14 children recived Service Awards.

12 - 5 yr Service

"

2 - 10 yr "

*Julie Heather & Megan Wilson*

Finally thanks to this years Blakehurst committee who made the season run so smoothly. A special thanks to all coaches, parents and officials outside of Blakehurst for their help during this year. Also, Blakehurst's major sponsor **St. George Building Hardware**.

Little Athletics is about running for fun and we hope that's what it has been this year - we look forward to seeing you all next year.

## Season's Results and Awards

### Club Champions

Kylie Allen and Clinton Pelham

### Achievement Awards

Felicity Arthur  
Sally Kirby  
Brett Sheerin

### Encouragement Awards

Walter Thistleton  
Monique Collins  
Nicholas McKeon

### State Results

Girls	U/10	Karlee Grubb	100m F.6th	14.7 sec.	
			200m Heats		
	U/13	Vanessa Arthur	L.J. F.6th	4.07m.	
			Linda Hopkins	1500m. F.7th	5.08 sec.
	U/14	Linda Horricks	1500m. F.3rd	4.53 sec.	
			Mellisa Carroll	200m Heat	
	U/15	Karen Hall	H.J.	DNQ.	
			Heptathlon 8th	4630	
			Kylie Allen	Heptathlon 7th	5223
			Michele Lillington	100m 1st	12.4 State Record
			200m 1st	25.4	
			400m 1st	State Record	
Relay F. 3rd					
Nicole Blake			200m DNQ.		

Star Performance - Michelle Lillington  
3 Gold and 1 Bronze, 2 State Records  
Linda Horricks  
1 Bronze

### State Results

Boys	U/11	Clinton Pelham	100m 3rd	13.4 sec.
			200m 3rd	27.7 sec.
	U/14	Stacey Lewis	800m Heats	
			Relay 1st	
	U/15	Carlo Trimboli	100m 5th F.	12.1 sec.
			Heptathlon 10th	5903
			Relay 1st	
			100m 2nd F.	11.9
			200m 4th F.	24.1
			90m Hurdle Heats	
		John O'Connor	L.J. Heats	
			T.J. Heats	

Stare Performance - Mark Hignett  
Clinton Pelham  
Carlo Trimboli  
Gold and Silver  
2 Bronze  
Gold

## ROCKDALE YOUTH CLUB REPORT.

Rockdale youth club registered 111 children during the 1988/89 season. This number comprised forty nine girls and sixty two boys.

Thirty seven children were selected from our club to represent St. George at Zone Championships. Competition for the U/7's terminates at Zone and it was at these Championships that Belinda Cunningham won a gold medal in the shot put.

From Zone twenty one of our athletes qualified for the Regional Championships. Ten children - six girls - Michelle Moore; Kerrie Moore; Danielle Ferraro; Lauren Baker; Sharon White; and Kathi Trist and four boys - Matthew Lobina; Lee Maszkowski; Rod Puebla; and Anthony Del Grande progressed to compete at State Championships.

Lee Maszkowski won the 60mHurdles and was a members of the successful composite relay team; Matthew Lobina was second in 1500mWalk; Rod Puebla was placed sixth in the discus and Anthony Del Grande fourth in the long jump and 200m and sixth in the 100m and triple jump. In the girls competition Sharon White was seventh in the high jump; Lauren Baker eighth in the shot put; Michelle Moore third in 800m and Danielle Ferraro second in 400m and seventh in 200m.

Lee Maszkowski was chosen as a member of the U/12 New South Wales team to compete at the National Championships in Brisbane where he was placed third in the 60m Hurdles.

At the St. George Centre Presentation Picnic Jennifer Baker and Kris Maszkowski were presented with the Centre Encouragement Awards as well as being the recipients of Rockdales Encouragement Trophies.

Our Club's top boy and girl athletes for the season were Lee Maszkowski and Danielle Ferraro.

The Executive would like to thank our athletes and their parents for the co-operation and help given during the 1988/89 season:

## RANGERS CLUB REPORT

Rangers once again enjoyed an extremely successful season with total registrations reaching 253. A large proportion of this number were new children in the younger age groups and we welcome them to our Club.

Rangers children have performed magnificently this season with Liza Zammarrelli and Adam Degnan winning the Centre Champion Girl and Boy respectively. Toby Watson once again won the Kurt Landers Achievement Award while Andrew MacGonigal won the A.A. Gainsford Trophy. To top this off Rangers also won the overall Centre Championship. Well done kids!

Seventy three Rangers children competed at the Zone Championships. Kylie Di Rosa, Elizabeth Low, Lauren Synth and Tim Clark represented the U/7 age group with Kylie winning gold in the 100m, 200m, 500m and long jump.

Forty six Rangers children advanced to the Regional Championships with seven representing the U/8 age group. Congratulations to Debbie Nelson who won a gold medal in shotput.

Of the Rangers children who qualified to compete at the State Championship medal winners were: Jodi Berrell - Silver U/13G Multi; Toby Watson - Gold - Member of the Snr. Composite REaly, Bronze U/13B 800m; Andrew MacGonigal - Gold U/13B Multi; Tony Auciello - Gold U/13B 1500m; Liza Zammarrelli - Silver U/14G 800m and 1500m; David Romyn - Bronze U/14B 1500M and Adam Degnan- Gold U/15B 800m and 1500m.

Despite the rain, the State Relays was, as always, an exciting day and I would like to congratulate the folowing children as members of medal winning teams. U/8G 4x100m Gold - Debbie Nelson, Lauren Malcolm, Kristy Bowling; U/13G 4x100m Silver - Jodi Berrell, Yvette Lynch; U/13B 4x100m Silver - Toby Watson, Andrew MacGonigal; U/13 4x400m Gold - Jodi Berrell, Yvette Lynch, Andrew Mac Gonigal, Tobi Watson; U/14 4x400m Bronze - Leanne Joy, Liza Zammarrelli, Dave Romyn, Matthew Angel; U/14B LJ/HJ Silver - Chris Milan; 4x400m Gold - Lindsay Clark, Adam Degnan.

Also I would like to make mention of the Rangers children who competed in the St. George vs Preston competition. They were Tauri Watson, Laura Nelson, Kim Condren, Kim Donohue, Glen Davies, Aaron Lea, Dallas Lotze, Kristy Hawkes, Jason Robbards and Michelle Di Rosa.

Tauri Watson, as our only Trans Tasman representative, ably competed at this season's Trans Tasman competition at Narabeen.

Our Champion Girl and Boy athletes for the season were Liza Zammarrelli and Adam Degnan with Encouragement Awards going to Laura Nelson and Keiran Gallagher. The Club Person of the Year was Cheryl Davies - a quiet achiever, a person always there to lend a helping hand.

Our congratulations to all those who won medals and trophies this season and to all those who competed just for the enjoyment. Our special thanks go to all the parents who helped out every Friday night enabling the Centre to run smoothly. Special mention is made to the large contingent of Rangers parents presently on the Centre Executive who spend many hours in organizing the running of the Centre.

Good luck to the incoming Committee for the 1989/90 Seas and I hope to see you all again next September.

Jean Lynch

Secretary

Rangers L.A.C.

