

St. George Little Athletics Centre Incorporated

(Affiliated to the L.A.A. of N.S.W.)



19th Annual Report And Financial Statement



OFFICE BEARERS FOR 1989-90 SEASON

COMMITTEE MEMBERS

CHAIRMAN	TERRY WHITE
VICE CHAIRMAN	TERRY ARTHUR
SECRETARY	DIANE ST. BAKER
TREASURER	ALEX OH
REGISTRAR	CAROL BERRELL
PUBLICITY	CRAIG BERRELL
COACHING	ERICA NELSON
OFFICIALS	LOU BULIAN
EQUIPMENT	MICK O'NEILL
RECORDS & RANKING	BARBARA LEA
CHAMPIONSHIPS	GARY NELSON
GROUND MAINTENANCE	LEA ALLEN
INTERCLUB	JOHN CLARK
CANTEEN	BYRON GRIFFITHS
FUNDRAISING	VACANT
EXTRA MEMBER	LINDSAY WATSON

LIFE MEMBERS

Fred Scott	Margaret Zerzvadse	Ray Horton
Bev Scott	Byron Griffiths	Ian Sheerin
Gwen Taylor	Bill Cruikshank	Paul Reeves
Bob Molloy	Mabs Errington	Joe Watchorn
Bonnie West	Bill L'Strange	Peter Williams
Barbara Lea		

PATRONS

Bryan McDonald	Vic Jackson	Fred Scott
Mayor H.C.C.	President	
	Riverwood Legion Club	

EQUIPMENT INVENTORY

Long Jump

4 x wooden rakes
2 x metal rakes
2 x shovels
4 x 60 mtr. fabric tapes
1 x 100 mtr. hose
1 x water can
4 x small straw brooms
2 x large straw brooms
4 x spikes

Discus

4 x 50 G. Rubber
4 x 750 G. Rubber
4 x 1 kg. rubber
4 x 1 kg. wood/metal
2 x 100 mtr. fabric tapes
1 x 100 mtr. metal tapes
4 x spikes
1 x carry box
1 x metal box

Shot

4 x 1 kg.
4 x 2 kg.
4 x 3 kg.
4 x 4 kg.
2 x 60 mtr. fabric tapes
1 x 100 mtr. metal tapes
4 x spikes
2 x carry boxes
2 x kick boards
2 x portable rings
1 x set of marking tags and box

High Jump

12 x foam mats
4 x canvas covers
8 x vinyl covers
3 x top vinyl covers
4 x stands with straps
2 x stands
3 x measuring bars
6 x cross bars
4 x flexi cross bars

Canteen

2 x large drink dispensers
4 x small drink dispensers
2 x hot water urns
1 x pie oven

Equipment held off ground

1 x computer
1 x printer
1 x electric typewriter
1 x manual typewriter
2 x photo copiers
computer programmes
11 x walkie talkies
stop watches
starting guns
starting caps
3 x ear muff sets

General

aluminium post
10 x age signs
1 x generator
2 x twin horn sets - 3 stands
2 x 50 mtrs. rolls of PA lead
1 x PA system
1 x Roving mike
200 mtrs of various length leads
100 mtr roll plastic rope
Relay batons
metal cabinet
15 x stackable chairs
shade tarps
pegs
ropes
poles
1 x spot light
2 x meg-o-phones
T shirts
shorts
Folders & misc. stationery

Track

58 x Hurdles
1 x place judge stand
6 x steel finishing posts
Box of place cards
5 x metal signs 100, 200, 400,
800, 1500
red/white flags.

CHAIRMANS REPORT

Well, here we are, at the end of another season which has been a very successful one for the Centre. We were able to get through most Friday nights without too many weather problems, managing to complete most events programmed.

Once again, we had registrations well above the 600 children who I hope had a very enjoyable time competing each Friday night.

The last two long jump run ups are now covered with Artificial Turf, thanks to a grant from the State Government and our Local Hurstville Council. This work could not have been carried out without their support.

I would like to thank all those people on the Executive this year who helped me run the St. George Centre through out the 1989-90 season. The centre could not run without the tireless and sometimes thankless efforts of these people.

As we contemplate next season, we realise that the Centre can not run on a Friday night without the help of the Executive members and parents, so, please, when help is required go down and lend a hand.

All 1989/90 Executive positions will be vacated and nominations are called for these positions. If you feel you would like to have a hand in running the St. George LAC, come to the AGM on 25th May, 1990.

Lastly I would like to congratulate all those Little "A's" who represented St. George LAC at Zone, Region & State who either won a medal or tried their best. A special mention to our 2 U/12's Clinton Pelham and Danielle Ferraro who were chosen in the NSW State Team.

Farewell to our U/15's who leave us this year. All the best in your future athletics careers.

TERRY WHITE
CHAIRMAN ST. GEORGE LAC

VICE CHAIRMANS REPORT

Rain, rain and more rainNot only did it play havoc with our Friday night competition but it stayed with us to put our Zone and Region Carnivals into disarray. This did not, however, deter our 41 St. George athletes who qualified for State titles and achieved some excellent individual results.

My first year on the Executive as Vice Chairman gave me an insight to the running of the Executive and the work involved with the Centre - incorporation, building extensions, Friday night competition, Gala Day, State Relays The list goes on. A lot of work is required but the old adage of "many hands make light work" still applies.

The Centre does not run itself, it is your club for your children and the more involved you become the better and more smoothly the Centre will run. If the lines of communication run from Executive, Club and member and there is feedback, St. George will be a great activity for your children to be in.

Congratulations to all little athletes this year and thank you to all Friday night helpers, Executive members and Club Committees who assisted me in my duties during the year.

Terry Arthur.
Vice President.

INTER-CLUB OFFICER'S REPORT

Over the past few years there has been an increasing number of events available to all age groups. It has got to the point now where careful consideration must be given to Friday night programme of events. Until now all age groups have been offered all of their events over a period of two weeks. Whether this can continue is highly questionable.

A common problem within our Centre is lack of parents offering assistance on Friday nights. This applies equally to the Inter-Club Officer's job as any other area. The Inter-Club Officer must have an assistant throughout the season in order for the competition programme to run smoothly on a Friday night.

My thanks go to those parents who did assist me through the season, including George Foster, Erica Nelson, Gary Nelson, Terry White and Lou Bulian.

JOHN CLARK
INTER-CLUB OFFICER

CANTEEN REPORT

The 1989-90 Season was another successful year in respect to the canteen operation. Profit margin was up by nearly \$800.00 on last year, despite what seemed to be diminishing attendances on Friday nights.

The barbeque proved to be very popular again and I'll take this opportunity to thank Craig and Carol Berrell and Greg & Wendy Condren who did an excellent job with the barbecue.

A big thank you also to Margaret Kirkby and Chris Hall for their unending help. They assisted Ann on Friday nights in the canteen.

This report would not be complete without thanking George and Marie Foster. Thanks a lot to you both for running the "show" while Ann and I were away.

As we have now come to an end of a long association with St. George Little Athletics Ann and I would like to extend to the Centre our very best wishes for the future.

BYRON AND ANN GRIFFITHS
CANTEEN.



Thank you Ann & Byron from President of Lugarno

SECRETARY'S REPORT

It has been my pleasure to be Secretary for the Centre this Season, and although we had our "ups" and "downs" everyone on the Committee did his or her best with the time that was available for the various positions.

I would like to thank Carol Berrell for taking on the responsibility of Fundraiser, as the position was left vacant and the sponsors who helped us were:-

COLOUR CASTLE TELEVISION	- PENSURST
TOYS 'N' SPORTS 4 YOU	- KOGARAH
LIQUOR PLUS	- PENSURST
PENSURST FRUIT MARKET	- PENSURST
SHERWOOD GARDEN CENTRE	- PENSURST

I would also like to thank George Foster for always being available when needed, even though he did not hold a position on the Committee this year; Suellen Quiggin for her help with the Gala Day programme; my son Stuart for helping with the photos for this report and South West Copiers at Bass Hill for allowing me to photocopy this report on their machines.

A happy occasion was being involved with the Preston-Reservoirs Competition, as Girls' Manager which gave me an opportunity to become closer to the children and their parents. It also made one even more aware as to how much benefit these children gain from this experience.

I liken St. George Little Athletics to running a business or a school with our 613 children and there is far more involved with its administration than the "folk on the hill" would realise.

Decisions re Friday night programmes and procedures have to be made, when Centre Championships are to be held, etc. and it is not easy to keep everyone happy and these days with our busy lifestyles we don't have the people coming forward as they may have in the past.

To overcome this administration problem, as you are aware, we endeavoured to abandon the Clubs and have those people available for the Centre Committee but seeing as this was outvoted, I think that we will have to make the Clubs responsible for duties which should engender an awareness in Club Members and Executives.

It is noted that all but one of our longstanding Committee Members are "moving on" this Season and I would sincerely like to thank them for their tireless efforts over the past 8 years or so. It will be a challenge to the new Committee, but knowing the people who are finishing, I feel sure that they will be still lending a hand and guidance when requested.

After much soul searching, I do not think I will stand for the position again this Season, owing to family and business commitments, but I will certainly be available for assistance.

DIANE ST. BAKER
SECRETARY

RECORDS & RANKINGS REPORT 1989/90

This season we have had some outstanding performances from our athletes with numerous records being broken. This is never an easy task at St. George where we have been operating for many years and have had many outstanding athletes progress through our ranks during this time so any competitor that breaks a record can feel justifiably proud of themselves.

Unfortunately during the past season there have been numerous records broken but have been unable to be recognised due to the lack of qualified officials. The main problem area this year has been field events.

So come on parents it is not very difficult to judge events and help our children to achieve their best.

All of us that help run Friday nights are all ONLY PARENTS and we are there for all the children of the CENTRE so don't be afraid to offer your help.

We will have an evening on explaining how to officiate and I'm sure you will turn your Friday nights into a lot more fun and satisfaction.

PARENTS OUR CHILDREN NEED YOUR HELP.

Our new system of writing out stickers has proved to be working very well.

I must say a special thank you to the ladies who still take stickers home each week to be written out so our children all get their stickers the following week. Thanks again ladies for a job well done.

Our new computer is now all set up and running and I am finding the advantages are quite time saving.

I would like to wish the incoming committee good luck for the new season.

Barbara Lea

Officer for Records & Rankings.

ATHLETIC COACHING OFFICER REPORT

In terms of parent involvement and athletic achievement, the 1989/90 Season was a success.

First up on the calender was a coaching clinic which was run over two days in October. As many as 50 children attended and with coaching assistance from some children in the U13, U14 and U15 age groups, the clinic was enjoyed by all. It was great to see our older athletes helping the younger ones. Thanks kids.

Our regular coaching sessions on Mondays and Wednesdays, as always, was very hectic from the start. My sincere thanks and appreciation must go to Sue-ellen Quiggin for her long and triple jump coaching. As a result of her effots we have had many fine results in these events this season.

A sad loss to our Centre was the departure of John Lamont who moved to Queensland. John's expertise in shot and discus has been missed greatly by the children. Two names synonymous with high jump coaching were Ellen Baker and Trish Reynolds. Thanks ladies for your help.

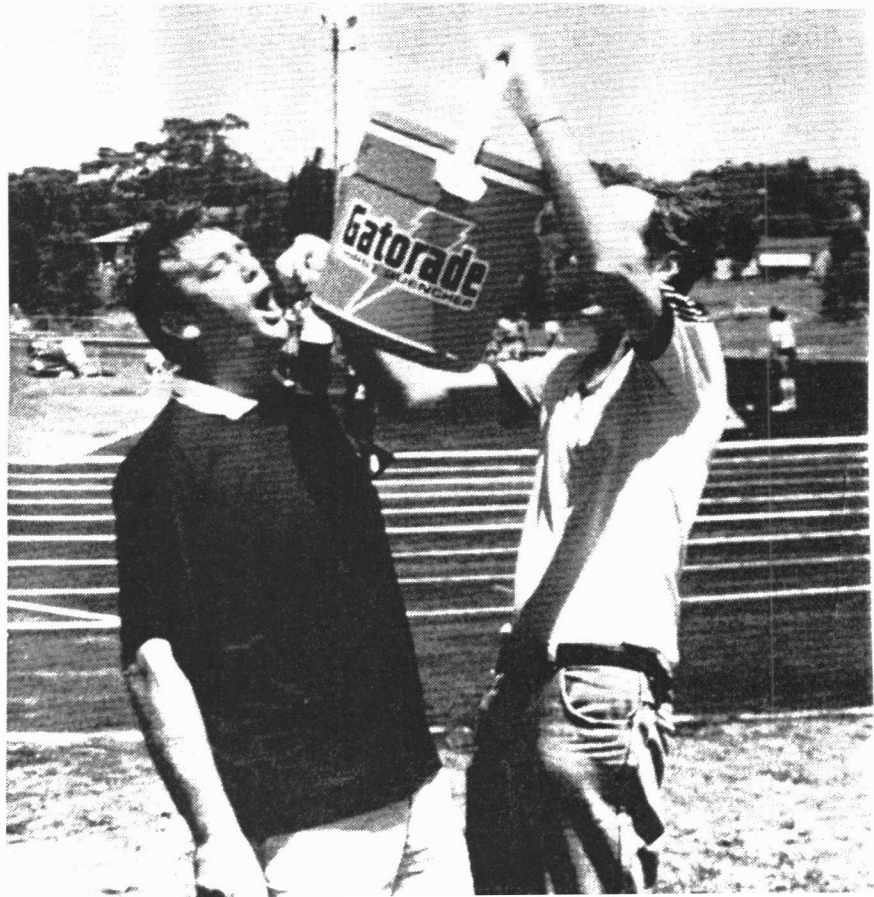
It is always great to be able to count on people with the task of setting up and putting away of equipment. Throughout the season Bill Fahey and Alan Cox have always been there to do this.

St. George Centre performed well at the State Relays in December. Track relays involve much training and to all those parents who coached teams, you did a great job.

Finally, to all the young athletes, I wish to say, you have given me great pleasure by watching you grow and develop into fine sports people.

To my successor, I wish you well in the position of Centre Coach for the forthcoming season.

Erica Nelson.
Coaching Officer.



"that thirsty Brian"

ST. GEORGE LITTLE ATHLETICS CENTRE INCORPORATED

STATEMENT OF RECEIPTS AND PAYMENTS
FOR THE YEAR ENDED 31ST MARCH, 1990

	\$
FUNDS ON HAND AT 31ST MARCH, 1989	10,712.48
STOCK ON HAND - T/SHIRTS & SINGLETs	1,396.00

	12,108.48
LESS: 1989/90 SEASON DEFICIT	4,252.43

FUNDS/STOCK ON HAND AT 31ST MARCH, 1990	7,856.05
	=====

FUNDS WERE REPRESENTED BY:

ST. GEORGE BUILDING SOCIETY	
GENERAL ACCOUNT	3,095.78
CANTEEN ACCOUNT	1,685.26
INVESTMENT ACCOUNT	2,000.01
STOCK ON HAND - T/SHIRTS & SINGLETs	1,075.00

TOTAL	7,856.05
	=====

PRESTON TEAM

FUNDS ON HAND AT 31ST MARCH, 1989	337.00
LESS: 1989/90 DEFICIT	56.84

FUNDS ON HAND AT 31ST MARCH, 1990	280.16
	=====

FUNDS WERE REPRESENTED BY:

ST. GEORGE BUILDING SOCIETY - SAVING ACCOUNT	280.16
	=====

ST. GEORGE LITTLE ATHLETICS CENTRE INCORPORATED

STATEMENT OF RECEIPTS AND PAYMENTS
FOR THE YEAR ENDED 31ST MARCH, 1990

	\$	\$	\$
RECEIPTS			
REGISTRATION FEES		12,516.00	
LESS: L.A.A.N.S.W. PAYMENTS		6,130.00	

			6,386.00
CENTRE FUND RAISING			1,224.22
DONATIONS			260.00
GALA DAY - SURPLUS			838.88
CANTEEN/BBQ		17,049.29	
LESS: PURCHASES		10,549.46	

			6,499.83
INTEREST RECEIVED			832.11

TOTAL RECEIPTS			16,041.04
PAYMENTS			
EQUIPMENT PURCHASES	1,917.02		
COMPUTER PURCHASE	2,317.00		
SUPERGRASS (LONG JUMP RUN-UP)	3,954.00		

			8,188.02
INSURANCE		734.76	
ELECTRICITY		742.11	
TELEPHONE		200.84	
STATE CONFERENCE EXPENSES		790.26	
1989 AGM EXPENSES		251.00	
POSTAGE/STATIONERY		647.83	
INCORPORATION EXPENSES		378.00	
GROUND MARKING		783.18	
BBQ BURNER & GAS TANK		228.00	
DISCO NIGHT EXPENSES - NET COST		224.78	
FUN RUN - NET COST		40.50	
STATE RELAY - NET COST		473.00	
CENTRE CHAMPIONSHIP - NET COST		584.00	
SOUTHERN METROP ZONE	1,592.75		
LESS: COLLECTIONS	955.75		

			637.00
CENTRE PICNIC EXPENSES - NET COST		864.55	
PRESTON TEAM SUBSIDY		1,019.05	
T-SHIRTS/SINGLETs - NET OUTLAY		326.60	
STATE REPRESENTATIVES LEVIES		400.00	
COUNCIL GROUND FEE		145.00	

STATE TEAM UNIFORMS	1,455.89	
ST.G.L.A. SEMINAR EXPENSES	120.75	
REPAIR AND MAINTENANCE	396.30	
CENTRE REGISTRATION DAY EXPENSES	197.63	
PRESTON TEAM PHOTO (1989)	209.00	
BANK CHARGES	98.58	
SUNDRY EXPENSES	156.84	

		20,293.47

EXCESS OF PAYMENTS OVER RECEIPTS		4,252.43
		=====

ST. GEORGE LITTLE ATHLETICS CENTRE INCORPORATED
(PRESTON TEAM 1989/90)

STATEMENT OF RECEIPTS AND PAYMENTS
FOR THE YEAR ENDED 31ST MARCH, 1990

	\$	\$
RECEIPTS		
FUNDS RAISED DURING THE SEASON	5,832.38	
CENTRE SUBSIDY	1,019.05	
INTEREST RECEIVED	12.70	

		6,864.13
PAYMENTS		
AIR FARES	5,712.00	
UNIFORMS	874.27	
ACCOMMODATION (TEAM MANAGERS)	334.60	
F.I.D.	0.10	

		6,920.97

EXCESS OF PAYMENTS OVER RECEIPTS		56.84
		=====

PRESTON - RESERVOIR/ST. GEORGE - 1990.

Our thanks must go to the young ladies and gentlemen of the team who represented our Centre at Preston. Not only did they perform well in competition, but they displayed what parents hope their children will achieve in good manners and sportsmanship.

The team captains, Sally Kirkby and Jason Robards, were very mature in the speeches they gave.

To the parents who gave freely of their time in the fundraising activities clubs who, as usual, were generous in their support, the Centre who guaranteed extra funding, if required, to ensure that the team would go, and the many sponsors who contributed to our fund raising, we are most grateful.

To the Preston-Reservoir Centre Committee, parents and children who made the weekend what it was in competition, entertainment, friendliness and concern for our team, we cannot speak highly enough. We only hope that we will be able to show them the same next year.

To the parents who made the trip down there, thank you, for without the assistance you gave our task as managers would have been extremely difficult.

Finally, and we are not sure this is the most important thing, we did retain the cup for another year. The following is a list of our team's performance.

GEORGE FOSTER
DIANE ST. BAKER.

	<u>St. George</u>	<u>Preston</u>
12 Girls	88	69
12 Boys	54	96
11 Girls	101	56
11 Boys	86	71
	<hr/>	<hr/>
	329	292
	<hr/>	<hr/>



Preston-Reservoir & St. George teams - Melbourne 1990

CHAMPIONSHIPS & SPECIAL MEETINGS.

St George Little Athletics Centre enjoyed a successful and rewarding year in the 1989-90 Season. Many thanks to all officials and parents who assisted in ensuring all of the various activities and events that make up our athletic calendar runs as smoothly as wa possible.

On a personal note, I would like to show my appreciation and offer my thanks to Lou Bulian. Lou was always available to offer his help. His knowledge and experience in Little Athletics is second to none.

Hopefully, St. George Little Athletics Centre will be fortunate enough to have Lou with us for a number of seasons yet.

FUN RUN: A lot of work in advertising this event unfortunately did not gain the results we expected.

The morning was satisfying for those athletes who participated.

The Fun Run has now been run over the last two seasons and has not proved a successful event on our calendar. The value of retaining this event must be looked at closely by our incoming Executive for the 1990-91 Season.

GALA DAY: A reasonably successful day and approximately 400 athletes attended.

St. George had the pleasure to be host to many other Centres who attended on the day. St. George Centre thanks all of the other Centres for their attendance and support of our Gala Day.

STATE RELAYS: St George came 5th overall which is a commendable effort.

Many thanks to all of the athletes who participated and represented the Centre.

Also, many thanks to all of the parents and officials who ran special training squads to ensure St. George could gain the best possible result.

Special thanks to Erica Nelson and Lindsay Watson for their effort in this area. I think this Centre owes a very special thanks to Linda White and Albert Ferraro for their management of our teams for the past couple of seasons. This is a very important and necessary job and they have done to perfection.

CENTRE CHAMPIONSHIPS: Well, we certainly made the right decision in having our Centre Championships before Christmas. Had we not, with all of the inclement weather, it would have ben doubtful if we could have had them this year. A very successful day at Sylvania Waters.

Although there was some discussion on our choice of venues I believe generally, all our Little A's had a thoroughly enjoyable and successful day. That is what Little A's is all about.

Centre Championships Shield - Rangers
Relay Shield - Rangers

STATE CHAMPIONSHIPS: St. George finished 2nd in the State. All of our representatives performed in a manner which only enhanced St. George's reputation as a producer of fine athletes.

CENTRE AWARDS

CHAMPION BOY - Clinton Pelham U/12

Fine athlete - achieved outstanding success in the past year, both at school and Little A's level.

Represented NSW PSSA at Nationals in December last year. Awarded prestigious Leader Toyota Encouragement Award for Junior Sportsman of the Year.

Selected as member of the NSW LA team to tour Launceston. Broken many St. George Centre records this year, such as hurdles, 200m. 100m. Long Jump.

Dedicated athlete who everyone, I'm sure, would unanimously agree, deserves to be recipient of this award.

CHAMPION GIRL - Danielle Ferraro U/12

This person has worked hard throughout the season to achieve outstanding results. She is a young lady, both on and off the track and is a fine ambassador for our St. George Centre.

She has broken records throughout the season and has recently been selected in the NSW LA team to tour Launceston. Her determination at the recently held State LA Championships was highlighted by her performance in the 200M. A race which will not be forgotten by those who were there.

RUNNER UP BOY - Tony Auciello - U/14

Receiver of this award is a quiet, unassuming character. Although he may not know everyone, everyone knows him. How can you not notice or know someone who always wins by so far?

His broken records, achieved outstanding success at recent State Championships.

RUNNER UP GIRL - Melissa Carroll - U/15

Fine sportswoman who has worked hard to achieve success this season.

Great performances in both track and field. Broken Centre records recently in 200M. and High Jump and achieved gold at State LA Championships in 100M. & 200M.

MIDDLE DISTANCE - Liza Zammarelli

Well known athlete whose dedication to running is outstanding. Has broken many records this season and has proved that middle distance runners can sprint just as well. Her performance at the recent State LA Championships earned her medals in the 800M. and 3 K. commendable performance.

ENCOURAGEMENT BOY - Karl Dreizner - U/12

This award goes to a Rangers boy. The Centre believes that with continued effort he will achieve success in the next season.

ENCOURAGEMENT GIRL - Fiona Quiggin U/12

This award goes to a real all rounder and someone who is liked by parents and peers. She always wears a smile whether she comes first or last.

She is a keen athlete who competed in four events at Region. Although she did not progress to State we believe with continued interest and effort she is capable of achieving success in the future.

MULTI AWARD - Jodie Berrell

Multi event requires determination, persistence and the ability to perform personal bests when needed.

The recipient of this award gained silver in the recent State Multi titles held at Speers Point, Newcastle.

She is a fine athlete whose all round skills in athletics saw her beaten by one point for gold.

ST. GEORGE STATE TEAM REPRESENTATIVES

1973	Melbourne	Andrew Scott	
1974	Sydney	Sandra Perry	
1975	Perth	Jenny Ironside	
1976	Adelaide	Jacquelin Magnay	Team Captain
1978	Canberra	Tim Sparkes	Team Captain
		Melissa Babbage	
1979	Perth	Brett Newton	
1980	Darwin	Nicole Dawes	Team Captain
1981	Brisbane	Chris Knight	Team Captain
1983	Canberra	Alex Gray	
1985	Melbourne	Daniel Walker	
1986	Adelaide	John Romyn	
		Samantha Martin	
1988	Sydney	Tony Auciello	
		Toby Watson	
1989	Brisbane	Lee Maszkowski	
1990	Launceston	Clinton Pelham	
		Danielle Ferraro	

GIRLS STATE RESULTS.

U/9 GIRLS

R. Quiggin 2nd 100m 14.3; 1st 60mH 10.1 Centre Record
2nd 200m 30.8; 5th Long Jump 3.83

U/10 GIRLS

A. DiRosa 4th 60mH 9.9; 1st Relay 55.3 State Record

U/11 GIRLS

K. Grubb 5th 100m 14.0; 1st Relay 55.3 State Record
V. Arthur 2nd 60mH 9.8 Centre Record; 5th Long Jump 4.47
2nd Triple Jump 9.78 Centre Record

U/12 GIRLS

D. Ferraro 4th 100m 13.0; 2nd 400m 1.00.6 Centre Record
5th Long Jump 4.81; 1st 200m 26.9
1st Relay 55.3 State Record
J. Tough 3rd Relay 51.4

U/13 GIRLS

K. Johnston 6th 200mH 29.4; 3rd Relay 51.4
K. Hawkes 7th 1500m 5.11.4

U/14 GIRLS

Y. Lynch 1st 200mH 28.2; 7th 200m 26.6; 3rd Relay 51.4
L. Hopkins 6th 1500m 5.01.2; 7th 800m 2.25.7
B. Malcolm 2nd 90mH 14.0 (equal Centre Record)
H. Lotze 8th 200mH 30.7
B. Otto 5th Long Jump 5.04; 7th Triple Jump 10.54
Centre Record
S. White 7th Discus 26.48

U/15 GIRLS

M. Carroll 1st 100m 12.6; eq 5th H.J. 1.55; 1st 200m 25.8
3rd Relay 51.4
K. Hall 3rd Triple Jump 10.97
K. Robards 3rd 200mH 28.9; 3rd 90mH 14.0
L. Zammarrelli 4th 1500m 5.01.1; 1st 800m 2.14.5 Centre Record
2nd 3000m 10.23.2
K. Holgate 6th 1500m 5.06.5; 6th 800m 2.22.6
L. Horrocks 1st 1500m 4.47.9 Centre Record 4th 800m 2.21.0
3rd 3000m 10.32.5

BOYS STATE RESULTS.

U/12 Boys

C. Pelham	1st 100m 12.5; 1st 200m 25.9; 1st 400m 58.6
M. Ettridge	3rd 400m 1.00.1
B. Ferreira	5th 200m 26.9

U/13 Boys

L. Murphy	3rd 90mH 13.6; 6th 200mH 28.6
A. Dawson	4th 400m 58.8
M. Lobina	1st 1500mW 6.59.5

U/14 Boys

T. Auciello	2nd 800m 2.06.1; 1st 1500m 4.21.4 8th 3000m 9.54.3
D. Munro	7th 200mH 27.2

U/15 Boys

D. Jones	4th 800m 2.05.5; 1st 3000m 9.25.3
D. Romyn	4th 3000m 9.40.9

Centre Records

U/13Boys	M. Lobina	1500m Walk	6.59.5
U/14Boys	T. Auciello	1500m	4.21.4

GROUND MAINTENANCE

As the 1989-90 season has ended I feel rather sad to think that this was my final season with the Centre.

My nine years with the Centre was not only one of challenge but one of excitement.

Watching each Friday night, not only my own children, but all those children of the Centre, competing against each other for their own betterment and satisfaction.

The pleasure they got, whether it be the smallest child tailing the field , or the biggest and best in the Centre breaking another record, is the reason behind little athletics and reason why myself and others commit themselves to putting a little of their time into the running of a Centre such as ours.

For all those parents out there whose children will be a member of St. George "Little" A's next season, try to put a little of your time into the running of the Centre. I can assure you that you will get more out of it than you put in.

So, whether it be ground maintenance, of which I can be contacted for any advice needed or President, realize that you are doing all the children of the Centre a great service,

All the best for the future,

LEIGH ALLEN.
GROUND MAINTENANCE.

Centre Prizewinners



Back Row - T. Auciello, L. Zammarrelli, M. Carroll, D. Ferraro, J. Berrell
Front - C. Pelham, K. Dreizner, F. Quiggin

REGISTRARS REPORT

The 1989/90 season closed with registrations down in comparison with the figures from last year.

There were 613 registrations this season, comprising 305 new registrations and 308 re-registrations. The figures for the 88/89 season are bracketed below for comparison.

To all those people who gave their assistance to me during the first hectic weeks I say thank you. It is always appreciated. To all new members, as well as "old", any assistance is appreciated and helps to run a happy, successful centre.

Below are the figures for the 89/90 season (with last years figures in brackets).

CLUBS:

BLAKEHURST	141	(150)
LUGARNO	132	(173)
RANGERS	220	(259)
ROCKDALE YOUTH	120	(114)

CENTRE:-

AS PER AGE GROUP AS FOLLOWS:

	<u>BOYS</u>		<u>GIRLS</u>		<u>TOTAL</u>	
U/6	46	(58)	32	(32)	78	(90)
U/7	37	(38)	31	(33)	68	(71)
U/8	40	(45)	28	(22)	68	(67)
U/9	35	(48)	28	(32)	63	(80)
U/10	38	(41)	28	(44)	66	(85)
U/11	41	(40)	44	(44)	85	(84)
U/12	30	(40)	22	(46)	52	(86)
U/13	32	(34)	37	(31)	69	(65)
U/14	14	(21)	23	(21)	37	(42)
U/15	15	(13)	12	(13)	27	(26)
<u>TOTALS</u>	<u>328</u>	<u>(378)</u>	<u>285</u>	<u>(318)</u>	<u>613</u>	<u>(696)</u>

CAROLYN BERRELL
REGISTRAR

BLAKEHURST CLUB REPORT

STATE RESULTS 1990

U/15G	MELISSA CARROL	100M	1ST	<u>CHAMPION GIRL</u>
		200M	1ST	
		H.J.	5TH	
		RELAY	3RD	
U/15	LINDA HORROCKS	1500M	1ST	
		3000M	3RD	
		800M	4TH	
U/15	KAREN HALL	L.J.	11TH	
		T.J.	3RD	
U/14	LISA HOPKINS	1500M	6TH	
		800M	7TH	
U/11	VANESSA ARTHUR	60M HURDLES	2ND	
		T.J.	2ND	
		L.J.	5TH	
U/12B	BRYANT FERREIRA	200M	5TH	<u>CHAMPION BOY</u>
U/13	ALEX MOWATT	H.J.	10TH	

ACHIEVEMENT AWARDS

David Pearce, Lynette Graham, Alison Hall

ENCOURAGEMENT

James Derrig, Hayden Bennett, Melissa McKeon, Louisa Burak

5 YEAR SERVICE AWARDS

Lee Steebing, Vanessa Arthur, Kyle Steebing, Felicity Arthur, Monique Collins, Danielle Collins, Lynette Graham

The season ends on a high note for Blakehurst with some excellent individual results. Although our Under 15's are moving on, there are some fine up and coming athletes within our ranks to compensate this loss.

I would like to thank this year's Committee who have been just great to get along with and a tremendous assistance to me.

Peter McKeon, Peter Burgess, Sue Allen, Veronica Hopkins, Jean Arthur, Ray Horton, John and Unis Lamont.

TERRY ARTHUR
PRESIDENT

ROCKDALE YOUTH CENTRE REPORT

The 1989/90 season saw 118 registrations. This consisted of 56 girls and 62 boys.

We had an enjoyable and very successful season with 39 of our athletes being selected to represent St. George Centre at the Zone Championships. Twenty two children went on to the Regional Championships and from this competition 15 qualified for State Championships and then 2 went to Launceston for the Australian Teams Championships.

At the State Championships the following medals were won:-

Matthew Lobina	Gold	1500M. Walk
Lee Murphy	Bronze	90M. Hurdles
Clinton Pellham	Gold	100M.
	Gold	200M.
	Gold	400M.
Kelly Johnston	Bronze	Senior Composite Relay
Jennifer Tough	Bronze	Senior Composite Relay
Karlee Gubb	Gold	Junior Composite Relay)
Danielle Ferraro	Gold	Junior Composite Relay)
	Gold	200M
	Silver	400M.

The Junior Composite Relay - State Record time - 55.3

Danielle Ferraro and Clinton Pelham were chosen in the N.S.W. team to compete at the Australian Championships in Launceston with pleasing results, listed below:-

Danielle	Silver	400M. - 60.9
		200M. - 26.8
		4 x 100M. Relay Team.
Clinton	Gold	100M. - 12.6
	Silver	4 x 100M. Relay
	Bronze	400M. - 59.8

These children received our top girl and boy trophies and were the recipients of the Centre's outstanding athlete awards.

Rockdale's encouragement awards were presented to Janet O'Neill and Mark Lane.

We wish to congratulate all the children who competed during the season and to thank them and their parents for co-operation given.

LINDA WHITE
SECRETARY.



Danielle



Clinton

RANGERS CLUB REPORT

Congratulations to all Rangers children who competed at Little Athletics this season. Rangers Club had a very successful season. Registrations totalled 220, comprising 118 girls and 102 boys.

Our new T-Shirts with the Ranger's Logo looked great. Special thanks to Margaret Zervadze and those who helped organise the screen printing.

Rangers children performed very successfully at Centre Championships. We won the overall point score, winning the St George Inter-Shield. We gained first place in the Junior Girls and Junior Boys relay teams and third place in the Senior Girls and Senior Boys relay teams.

Thirty three Rangers children competed at Zone. Michaela Clark, Lara Watson, Adam Nield, Steven Komaitis and Matt Hawkes represented our U/7's age group which progresses no further than Zone Championships.

Twenty eight children advanced on to the Regional Championships with Rebecca Orr, Kylie Di Rosa, Elizabeth Low, Tanya Breen, Lauren Smyth, Tim Clark, Andrew McClelland and Mark Arapovic representing the U/8 age group which progresses no further. Elizabeth Low won Silver in the Long Jump and Kylie Di Rosa won Gold in 200m, Gold in 400m setting a Region and Ground record and Silver in the 100m. Congratulations to all the U/7's and U/8's who competed at these championships.

Rangers had 13 children who qualified to compete at State, 8 girls and 5 boys. The following results were gained:-

Girls:

U/10	Alison Di Rosa	1st 4x100 Junior Girls relay
		4th 60mh Final
U/13	Kristie Hawkes	7th 1500m Final
U/14	Brooke Malcolm	2nd 90mh Final
	Heidi Lotze	8th 200mh Final
	Yvette Lynch	1st 200mh Final, 7th 200m Final
		- 400m Heat, 3rd 4x100 Sen Relay
U/15	Lisa Zammarrelli	1st 800m Final, 2nd 3000m Final,
		4th 1500m Final
	Kristy Robards	3rd 200mh Final, DNQ High Jump,
		3rd 90mh Final.
	Karen Holgate	6th 1500m Final, 6th 800m Final.

Boys:

U/9	Daniel Williams	100m Heats
U/14	Keiren Gallagher	800m Final, 400m Heat, 1500m Final.
	Tony Auciello	1st 1500m Final, 2nd 800m Final
		8th 3000m Final.
U/15	David Jones	1st 3000m Final, 4th 800m Final.
	David Romyn	4th 3000m Final.

Well Done!

Congratulations also to Debbie Nelson U/9 girl and Jodi Berrell U/14 girl who both gained Silver medals at the State Multi Championships.

Also a mention to those who performed well in Cross Country and State Age competitions.

State Relays was also well represented by Rangers children who were members of medal winning teams:-

TRACK: 4 x 100m

U/9 G Gold :Lauren Malcolm, Debbie Nelson, Natalie Nunn
U/11 G Silver :Michelle Smyth
U/12 G Bronze :Kym Condren
U/14 G Bronze :Jodi Berrell, Yvette Lynch, Brooke Malcolm
U/15 G Bronze :Lisa Zammarrelli, Kristy Robards
U/15 B Silver :Chris Millan

TRACK:4 x 400m Mixed

U/14 Gold :Toby Watson, Tony Auciello, Jodi Berrell, Yvette Lynch
(Toby and Jodi have competed in this event for
6 years and have won Gold each year.)
U/15 Bronze :Chris Millan, David Romyn, Lisa Zammarrelli

FIELD: Long /High Jump

U/14 G Bronze : Heidi Lotze, Michelle Lorkovich.

I would also like to mention the Rangers children who competed in St George V's Preston: Joanna Nelson, Jennifer Carswell, Stella Komaitis, Jennifer O'Sullivan, Andrew Vass, Aaron Lea, Jason Robards, Adam Griffiths and Joel Griffiths.

Despite the weather we were fortunate to have a fine picnic/presentation day. Ranger's Club awards for this year were:-

Champion Boy : Tony Auciello
Champion Girl : Lisa Zammarrelli
Encouragement Boy : Aaron Lea
Encouragement Girl : Melissa Gilbert
Club Person of the Year : Narelle Lotze

St George Centre Awards were presented to the following Rangers children.

Encouragement Award : Karl Dreizner
Nicole Dawes Middle Distance: Lisa Zammarrelli
AA Gainsford Multi Award : Jodi Berrell
Runner up boy : Tony Auciello

Eleven Rangers children received five year service awards.

Congratulations to all Rangers children who won medals, trophies and awards this season and to all those who competed for the enjoyment. Best wishes to our U/15's who leave Little A's this season, we hope they continue their success through to Senior Athletics.

Thankyou to the Executive and Parents of Rangers children for their assistance on Friday nights and help during the season, also for your support with our raffles. Looking forward to seeing you all return for another successful season 1990/1991.

Sue Di Rosa
Secretary
Rangers Little Athletics Club.

LUGARNO CLUB REPORT

Lugarno has had a very successful season. We combined with the other clubs and held our presentation at the Centre picnic at Peter Depena Reserve on 1st April, 1990. A pleasant day was had by all.

Throughout the season many children have achieved personal bests and 26 children were successful at Zone Championship.

The following children earned medals at Region.

U/8 Girls	M. Wilson	Bronze	Long Jump
		Gold	70M.
	B. Cunningham	Bronze	Discus
U/9 Girls	R. Quiggin	Gold	100M.
		Silver	60M. Hurdles
		Gold	200M.
		Silver	Long Jump
U/14 Girls	B. Otto	Gold	As a member of the Relay
		Gold	Long Jump
		Silver	Triple Jump
U/12 Boys	M. Ettridge	Silver	100M.
		Silver	400M.
		Bronze	As a member of the Relay
U/14 Boys	D. Munro	Bronze	200M. Hurdle
		Silver	As a member of the Relay
U/14 Boys	P. Khoury	Bronze	Long Jump

Five athletes; P. Khoury, D. Munro, M. Ettridge, B. Otto and R. Quiggin were successful in gaining selection for the State Carnival.

The children should be commended for their determination and sportsmanship displayed throughout the year.

Financially we completed the year ahead of where we started and special thanks to our sponsors, Nobbys Kitchen, for their financial support.

Seven children from our club attended the Preston visit and were very pleased with the wonderful social and sporting experience which they had.

Many thanks to all the parents and children who have supported the club throughout the year. Thanks to the Executive for their great job - Good Luck in 1990/91.

BRYAN CORK
PRESIDENT

OFFICER FOR OFFICIALS

As over 100 parents are required on most Friday nights to act as officials, we invariably run into problems.

This year though, not as bad as I had anticipated, reason being, many of our new parents were very keen to help.

My main concern was having all officials in position by 6.00 p.m. and not 6.20 p.m., as by then, I had to thank the parents for offering to help, but most areas were already under way and managing with enough officials.

Fine tuning with the rosters would help, possibly by "beefing up" the middle one (G-M) to even the roster numbers.

A special thanks to all the regulars who are only too willing to work every Friday night.

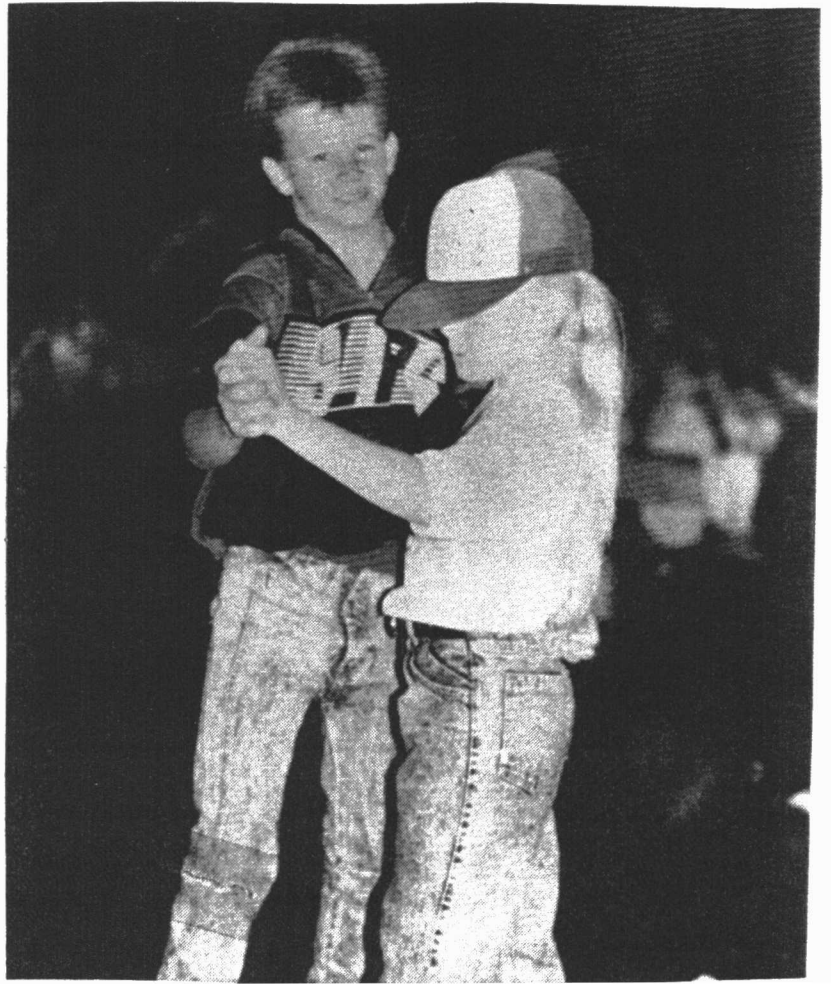
A mention, also, to the parents who attend, but make no effort to work on any nights.

Official Exams are held at least twice each season, to allow our keener parents to become qualified chiefs, officiate at Zone and at higher level carnivals, and generally help in the smooth running of our programme on Friday nights.

Although quite well advertised this year the Official Exams were poorly attended.

A special thanks to Executives who helped when I was not available; especially Barbara Lea.

LOU BULIAN
OFFICER FOR OFFICIALS.



Damien Martin enjoying
himself in Melbourne

