

St George

Little Athletics Centre Inc.



**24th Annual Report
1994 - 1995**

24TH ANNUAL GENERAL MEETING
MORTDALE RSL CLUB, MORTDALE
11TH MAY, 1995

AGENDA

6.15 pm **DINNER**

8.00 pm

1. DISTRIBUTION OF -
(a) Minutes of AGM held 5th May, 1994
(b) 24th Annual Report
2. President's Opening Address
3. Apologies
4. Acceptance of Minutes of 1994 Annual Report & Bal.Sheet
5. Presentation of 24th Annual Report & Balance Sheet
6. Adoption of 24th Annual Report & Balance Sheet
7. Address by - **Ms Marie Ficarra MP,
Member for Georges River**
8. Address by - **Councillor Brian McDonald, Mayor
Hurstville City Council**
9. Address by - **MISS MELANIE CARR,
Education & Development Officer, LAANSW**
10. Address by - **MR JOHN BURNE, Southern
Metropolitan Zone Co-Ordinator**
11. Address by - **MR RON GRIBBLE, President St George
District Athletic Club**
12. Address by - **MR FRED SCOTT, Founder/Life Member**
13. Addresses by - **OTHER GUESTS**
14. Presentation of - **Life Membership**
15. Presentation of - **Ministerial Sports Awards**
16. Election of **Executive Council for 1995/96**
17. Vote of thanks to Returning Officer
18. Meeting Close

9.30 pm

19. SUPPER

ST GEORGE LITTLE ATHLETICS CENTRE INC.

EXECUTIVE COUNCIL 1994/95 SEASON

PRESIDENT:	BARBARA LEA
VICE-PRESIDENT:	TERRY O'NEILL
SECRETARY:	KAY CULKIN
TREASURER	ALEX OH
REGISTRAR:	RHONDA TINKER
RECORDER:	RHONDA ORR
OFFICER FOR CHAMPIONSHIPS & SPECIAL EVENTS:	BEN TINKER
OFFICER FOR OFFICIALS & CENTRE COMPETITION:	GRAHAM HAWKES
PUBLICITY, FUNDRAISING & SPONSORSHIP OFFICER:	SUE DI ROSA
EQUIPMENT, TECHNICAL & GROUND MAINTENANCE OFFICER:	JOHN DODSON
COACHING & EDUCATION OFFICER:	SUELLEN QUIGGIN
CANTEEN & BARBEQUE OFFICER:	VACANT

LIFE MEMBERS

Fred & Bev Scott
Mabs Errington
Joe Watchorn
Bill L'Strange
Margaret Zerzvadse
Ian Sheerin
Barbara Lea
Alex Oh
Albert & Coral Ferraro
Gwen Taylor

Paul Reeves
Peter Williams
Bob Molloy
Bonnie West
Byron Griffiths
Bill Cruikshank
Carol Berrell
Lindsay Watson
Ray Horton

PRESIDENT'S REPORT

Welcome to all our invited guests, life members and members.

St George has had another very hectic but successful season. This year the success of Sydney obtaining the year 2000 Olympic Games created a lot of interest in athletics which saw our numbers increase to 549 registered athletes.

Our season started in September in very cold, windy conditions and during the season we had a few very wet nights when competition had to be cancelled. However, we did manage to complete the season on a fine note. The saying is "unless its cold and wet, its not Friday night!"

At the beginning of the season we were involved with Hurstville City Council and the Council Youth Games. These proved very successful for their first time and I'm sure they will grow in size as we move towards the year 2000.

Thanks must go the Hurstville City Council for all their support and help during the season.

This season the St George District Athletic Club was invited to participate in our Friday night competition to try and encourage more athletes to join the senior ranks once they have completed Little A's. Although numbers were small it proved a very popular decision for not only the Seniors, but also our u/14s and u/15s and I would like to thank Arthur Peek for the huge amount of effort he put in to get this up and running and hope in the years to come the numbers will increase.

State Relays were once again held at Campbelltown Sports Ground and some very good results were achieved by all of our teams thanks to the efforts put in by their coaches.

After the Christmas break we moved into our very busy season of Zone, Region, State, State Multi-Event and Preston carnivals. A lot of our athletes achieved personal bests in these carnivals and 24 went on to represent our Centre at the State Championships. Five silver and eight bronze medals were won at State which was a fantastic result on everyone's part.

Congratulations to Shannon Warren (u/13 girl) for being selected in the NSW State team which competed in Darwin on 22-23 April this year. This is one of the hardest teams to be selected in as they only select 11 girls and 11 boys from the u/13 age group in the whole of NSW. Shannon continues the tradition and joins an elite group of St George athletes who have gone before her.

During March we hosted our friends from Preston/Reservoir LAC for a weekend of athletics and fun. Although St George won the competition, the highlight of the weekend was the tour of the Homebush Olympic site and swim at the Aquatic Centre. We had trouble getting everyone to go back to Olds Park to compete. We look forward to our visit to Victoria next season. Thanks to everyone who helped to make the visit a success.

Our discus safety cages were finally installed this season making our throwing area lot safer for competitors and officials. We still have problems getting help to mark our track. We have to do this job ourselves and the more helpers we can get makes this job a lot easier. Depending on how the grass grows we usually do this three times per season. So if you can spare a few hours please see our Equipment & Ground Maintenance Officer.

Our Canteen and Barbeque position was not filled this season, but thanks to the band of regular helpers both ran smoothly each week. The canteen and barbeque are one of our main sources of fundraising and we hope the position can be filled next season.

After many years with the Centre, our Officer for Officials & Friday Night Competition, Graham Hawkes, leaves us and we are sad to see him go, but we wish him well and hope he will visit from time to time. Thanks for all your help over the years.

Our Annual Presentation and Picnic Day was a great success and this year we called for nominations for our Executive, Chiefs for Friday nights and Age Managers. We had a lot of replies and hope with a little organisation we can start the new season with most of our key officials.

Finally I would like to thank the Executive Council and Committee for a tremendous job well done this season and a BIG THANK YOU to all the parents who acted as officials and age managers every week. Without your assistance the Centre would not be the success it is.

To all our u/15 athletes, good luck in the future. I hope you will continue with your athletics and keep enjoying it.

To all our athletes, we hope you enjoyed your experiences and made new friends and we hope to see you all again in September when our new season begins.

Good luck to the new Executive for the coming season.

BARBARA LEA

VICE-PRESIDENT AND ZONE DELEGATE'S REPORT

Well another season has come and gone and the children bade me a fond farewell with their shaving cream. I think they enjoy getting even with me.

Seriously though the 1994/95 season was a good one with an increase in children going to Zone, Region and State. It is a most encouraging sign and augers well for the future.

I would like to thank all the parents for helping out over the season. To the Executive also go my thanks for the work they have done over the season. A special thanks to our outgoing Officer for Officials, Graham Hawkes, who did a fantastic job over the years.

As a Zone Delegate I somehow managed to attend all the meetings and impart all the relevant information to the Zone and vice versa. Kay, Ben and I attended the State Conference at Sawtell. The canvassing for votes to either rescind or pass a motion is unbelievable. It was my third such Conference and even though tiring, it was still enjoyable.

In conclusion I wish the incoming Committee all the best for the next season.

TERRY O'NEILL



STATE CHAMPIONSHIPS TEAM 1995

St George Little Athletics Centre Inc

Statement of Income and Expenditure For the Year Ended March 31, 1995

	<u>1995 Actual</u>	<u>1994 Actual</u>
Income		
Registration	17,551	11,100
Canteen & BBQ	4,737	4,000
Fund Raising	334	0
Preston Committee Fund Raising	3,789	4,760
Centre Championship	1,140	768
Gala Day	0	1521
Sponsor/Donation	315	0
Equipment Hire	0	50
T-Shirts/Singlets/Bodysuits	7,675	2,969
Interest	421	241
Other Income	0	0
	<hr/> 35,961	<hr/> 25,408
Expenditure		
Equipment	8,175	2,553
Repair & Maintenance	0	95
Ground Marking	454	130
Park Fee	230	90
Electricity	3,023	797
Telephone	849	254
Stationery, Postage & Publication	982	854
Uniform	486	793
Insurance	1,006	758
Annual General Meeting	360	107
State Conference	704	389
Picnic/Presentation Night	264	800
Preston Expenses	4,316	6,805
Gala Day	0	2,642
Centre Championship	2,390	
Trophy	3,453	4,080
T-Shirts/Singlets/Bodysuits	8,215	3,734
Centre Functions	0	280
Sundry Expenses	929	1,345
Financial Institution Charges	166	127
	<hr/> 36,001	<hr/> 26,632
Surplus/(Deficit) for the Year	<u>(40)</u>	<u>(1,223)</u>

St George Little Athletics Centre Inc

Balance Sheet As at March 31, 1995

	<u>1995</u>	<u>1994</u>
Current Assets		
St. George Bank:		
General Account	12,005	6,441
Preston Account	258	11
Deposit Account	10,000	8,000
	<u>22,263</u>	<u>14,452</u>
Accounts Receivable	0	423
	<u>22,263</u>	<u>14,875</u>
Total Current Assets		
	<u>22,263</u>	<u>14,875</u>
Total Assets	<u>22,263</u>	<u>14,875</u>
Current Liabilities		
Accounts Payable	3,728	0
Accruals	8,150	4,450
	<u>11,878</u>	<u>4,450</u>
Total Current Liabilities		
	<u>11,878</u>	<u>4,450</u>
Equity		
Opening Balance	10,425	11,648
Current Surplus/(Deficit)	(40)	(1,223)
	<u>10,385</u>	<u>10,425</u>
Closing Balance		
	<u>10,385</u>	<u>10,425</u>
Total Liabilities & Equity	<u>22,263</u>	<u>14,875</u>

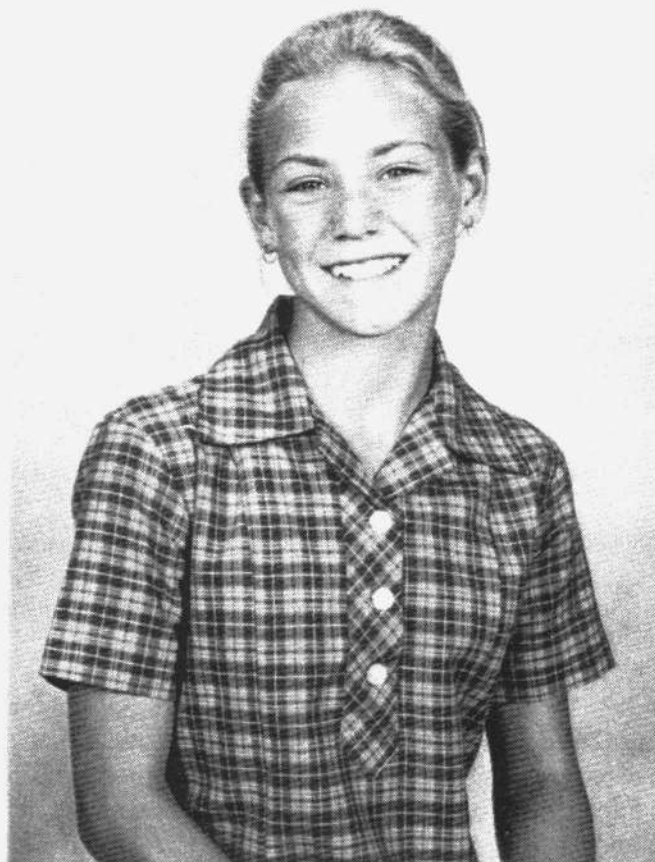
Auditor's Report

I report that I have examined the Books and Records of St. George Little Athletics Centre Inc. for the Year Ended 31st March, 1995 and have received all information and explanations required. In my opinion the above Statement of Income and Expenditure for the then year ended is in accordance therewith and fairly presents the Activities for the year and the State of Affairs of the Centre at 31st March, 1995.



Geoff S. Hogan
Chartered Accountant

CHAMPION GIRL
SHANNON WARREN (U/13)



Shannon had a great season in Little Athletics for the Centre. At State Championships she came 2nd in the 100m and 2nd in the 200m. At Zone and Region Shannon came 1st in both the 100m and 200m. The highlight of the season for Shannon was her selection in the NSW State Team - only one of 11 girls chosen from NSW. She represented NSW in the Australian All Teams Championships that took place in Darwin on the 22nd and 23rd April and finished 4th in the 100m and 1st in the Consolation Final of the 200m. Congratulations on a great season Shannon - the Centre is proud of you.

CHAMPION BOY
KYNAN SCARR (U/14)



As an U/12 boy Kynan won the Friday Night Encouragement Award. As an U/13 boy he won the Runner-up Award. This year with the dedication he has shown to his running and training Kynan is a worthy winner of the Champion Boy trophy. At the State Championships Kynan came 3rd in the 800m and 7th in the 400m against very stiff competition. At Region he won gold in the 400m and silver in the 800m and at Zone gold in the 800m and silver in the 400m. He also represented at State Relays and has always shown good sportsmanship. A credit to the Centre.

SECRETARY'S REPORT

The 1994/95 season was rather disjointed and exasperating due in part to the fickle weather conditions (which necessitated cancelling several Friday night competitions) and in part to not enough "chiefs" and too many "indians". This in turn lead to a breakdown in communications with parents and consequently resulted in confusion over several issues. However, overall it was a successful season with many athletes achieving outstanding results.

With an Executive Council of only 11 members and a Centre membership of 549 it was impossible to keep the Centre running smoothly despite the best efforts of the Executive. Whilst the season got off to a great start with a huge increase in registrations, it was disappointing to note the snowballing drop-off. It seems pointless to attract large registrations only to lose a large proportion due to a variety of reasons, many of which could be solved with better liaison between parents and Executive/committee members.

To successfully run a Centre with just on 550 members the Executive Council must have *more help*.

A general "committee" comprising Age Managers and Area Chiefs is to be inaugurated next season and this should see a big improvement in feedback and input into Centre management.

A big pat on the back to all the Executive Council members for a terrific job this season. Everyone worked very hard under trying and often negative conditions. A special tribute to our new office bearers - **Rhonda Orr (Recorder)** - **Sue Di Rosa (Publicity)** - **Suellen Quiggin (Coaching)** - and **Rhonda Tinker (Registrar)**. Each experienced a somewhat rough initiation into the hallowed ranks of the Executive Council, but rose to their respective tasks with enthusiasm and skill. Their contributions to the meetings and unselfish efforts are to be applauded.

Several older athletes from the Centre represented local Councils in the inaugural Council Youth Games held in August last year. St George applied for, and was given, permission to operate the canteen & barbeque facilities which resulted in a small profit to the Centre. Thanks to Hurstville Council for hosting these games and it is hoped the Centre will once again participate in the second Council Youth Games to be held in June this year.

I attended the State Conference in Sawtell in July last year and found it to be a very good learning experience. However, after sharing a room with two **crazy** Illawong ladies (who shall remain anonymous) I am doubtful future Conferences will ever live up to expectations!

Once again I had the job of organising the school visits last August. Whilst this is an extremely time-consuming task, it is gratifying to see the end result. Six local schools were visited by Education & Development Officers from LAANSW and they did a wonderful job in promoting the Centre and Little A's in general.

The Sutherland Gala Day and St Georges Basin (Nowra) 'Dragon Derby' were both very enjoyable outings and full credit to Ben Tinker for organising these days. All the Association carnivals were happy occasions including the Mitsubishi 'Big Day Out' held at Double Bay in February and the State Multi-Event Championships at Cessnock in March (in spite of the worst possible weather conditions).

Zone, Region and State Championships were exciting affairs with some excellent performances recorded by our athletes. A special mention to Suellen Quiggin and Ben Tinker who once again proved to be diligent and conscientious Team Managers.

The monthly Executive Meetings were consistently well attended, but as in the past the Centre Meetings (open to all interested parties) were something of a non-event. A quorum was not reached at any of these meetings so very little was achieved. Constitutional rules governing the holding of Centre meetings and some other contentious issues will need to be reviewed and addressed by the incoming Executive Council.

I, like many others, am still awaiting the results of Level 2 officials exams attempted on the 19th November, 1994. It is very frustrating to have to wait 6 months for results & I understand the marking of these papers by the Association is under review.

Many thanks to Arthur Peek not only for his patient coaching of the St George LAC athletes during the season, but also for acting as Age Manager to the u/14 and u/15 boys and Senior athletes during Friday night competition. St George really appreciates all the time and effort expended by Arthur and its great to see his children joining our ranks. Also thanks to Ron Gribble, President of St George District Athletic Club, for his continued support and the good communication he maintains between the Centre and St George Seniors.

A big thank you to John Burne, Zone Co-ordinator, for his sterling efforts throughout the season. As Zone Secretary I work closely with John and admire his unfailing spirit and energy. We wish him a restful and successful convalescence after his recent surgery.

As this was Sean's last season with Little A's, it was with a touch of nostalgia that I watched him and Alison Di Rosa carry the St George banner during the march past at the State Championships in March. He has thoroughly enjoyed his nine years with St George and intends continuing his athletics with St George Seniors next season.

Finally, sincere thanks to my fellow Executive members for all the assistance, support, fun and friendship this season.

KAY CULKIN

RUNNER - UP GIRL
RACHELLE QUIGGIN (U/14)
(Dianne Holden Award)



After representing NSW at last years Australian All Team Championships, Rachelle still kept up her outstanding form. At the State Championships she came 2nd in the 100m, 3rd in the 200m and 6th in the 200m hurdles. At Region Rachelle won gold medals in both the 100m and 200mH events, silver in the 200m and placed 8th in the Shot Put. At Zone she won gold in both the 100m and 200m, silver in the 200mH and placed 5th in Shot Put. Along the way Rachelle was also part of the U/15 Girls Gold Medal team at State Relays and equalled the U/14 Girls Centre Record for the 100m. As you can see, Rachelle had a terrific season and thoroughly deserves this award.

R U N N E R - U P B O Y
SEAN CULKIN (U/15)
(Kurt Landers Award)



This being Sean's last season with Little A's he certainly pulled out all stops. Representing the Centre at State Championships in 200m hurdles where he set a new Centre Record of 26.9, and High Jump where he jumped a personal best of 1.85m and set a new Centre Record, Sean showed dedication and determination to go out on a high note! At State he bettered his Regional High Jump performance by 9cm! At Region Sean represented in HJ, LJ, 90mH and 200mH and picked up two silver medals in HJ and 200mH. At Zone he won gold in HJ (setting a new Zone Record of 1.78m), gold in 200mH, silver in LJ and silver in 90mH. During the season Sean represented St George at State Relays and State Multis as well as every carnival and special event with which St George was involved. A very worthy recipient of this award.

REGISTRAR'S REPORT

The 1994-1995 season was a very busy one indeed with many new registrations in a lot of the younger age groups. Registrations filtered through the entire season with numerous athletes coming to St George from other Southern Metropolitan Zone Centres. Registrations were way up on the previous season, more than likely due to the televised Commonwealth Games and World Championships. The LAANSW also launched its own television advertising campaign and this contributed to our successful season.

I have thoroughly enjoyed my first year as Registrar, even though it proved a little hectic at times. My job was made easier with a lot of help from committee members and parents alike. I would personally like to thank Alana Otto for her valued assistance throughout the season. Also to Ben Tinker, Alex Oh, Suellen Quiggin, Rhonda Orr, Sue Di Rosa, Jan Martin, Cathy Low, Jane Beckinsale, Michelle and Ian Lindfield, Greta Merritt and Toufia Johnson - thank you for your constant support throughout the season.

A summary of Centre registrations for 1994 -1995 follows. (Last season's registrations are shown in brackets):

u/6	25	(14)	33	(20)	58	(34)
u/7	27	(24)	43	(28)	70	(52)
u/8	32	(23)	41	(20)	73	(43)
u/9	31	(23)	33	(30)	64	(53)
u/10	40	(24)	32	(34)	72	(58)
u/11	31	(30)	37	(29)	68	(59)
u/12	28	(21)	37	(29)	65	(50)
u/13	22	(12)	26	(16)	48	(28)
u/14	6	(8)	6	(7)	12	(15)
u/15	12	(5)	7	(5)	19	(10)

254	(184)	295	(218)	549	(402)
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RHONDA TINKER

RECORDER'S REPORT

The position of Recorder was extremely challenging this year; firstly as this was my first season as Recorder and, secondly, due to the huge increase in registrations for the season. The task of recording the children's performances each week, their attendance, and the writing and issuing of stickers was enormous. Many thanks must go to - Trish Bartlett, Glenda McLoughlin, Suellen Quiggin, Jan Rhodes, Rhonda Tinker, Julie Upton and Lynne Whatman who wrote the stickers each week, Greta Merritt and Toufia Johnson who distributed the stickers on Friday nights and especially to Suellen Quiggin who co-ordinated the collection and filing of stickers each week.

This season Ground Records were broken by:-

Alison Di Rosa (U/15G) in Triple Jump - 10.87m
Muriel Wilson (U/13G) in Long Jump - 4.71m
Claire Moran (U/7G) in Discus - 10.4m and
Laura Holland (U/7G) in Discus - 12.16m

The U/7 Girls Discus event proved to be of great interest. The record was broken several times in the one night and then again a fortnight later - a tussle between two keen competitors.

Congratulations to the five athletes who achieved **CENTRE RECORDS** at the State Championships:-

SEAN CULKIN (U/15B)	200m Hurdles (26.9)
SEAN CULKIN (U/15B)	High Jump (1.85m)
ALISON DI ROSA (U/15G)	90m Hurdles (13.1)
RACHELLE QUIGGIN (U/14G)	100m (12.5 equal)
KIMBERLEE GREEN (U/9G)	60m Hurdles (10.3)
LAUREN BARTLETT (U/8G)	60m Hurdles (11.3)

As the Centre changed the running direction of the 60m hurdles event this season for the u/8s to u/12s, the children with the best times for each age group have been recorded as establishing the season's **GROUND BEST PERFORMANCES**. In addition, the take-off boards for Long Jump for the u/6s to u/12s and Triple Jump (u/11s and u/12s) were altered this season. The best recorded jumps became the established **GROUND BEST PERFORMANCES** for the season. If these performances were improved at Zone, Region or State Championships they have been recorded as **CENTRE BEST PERFORMANCES**.

In previous years the 3000m record was for u/13 - u/15 boys and girls. This season in this event **GROUND BEST PERFORMANCES** were established in the U/13 Girl and U/13 Boy age groups and the records hold for the U/15 Girls and U/15 Boys.

Although this season was hectic, it was rewarding. I hope that all the children enjoyed the season and eagerly await the beginning of the 1995/96 season. I wish the incoming Executive Council every success for the coming season.

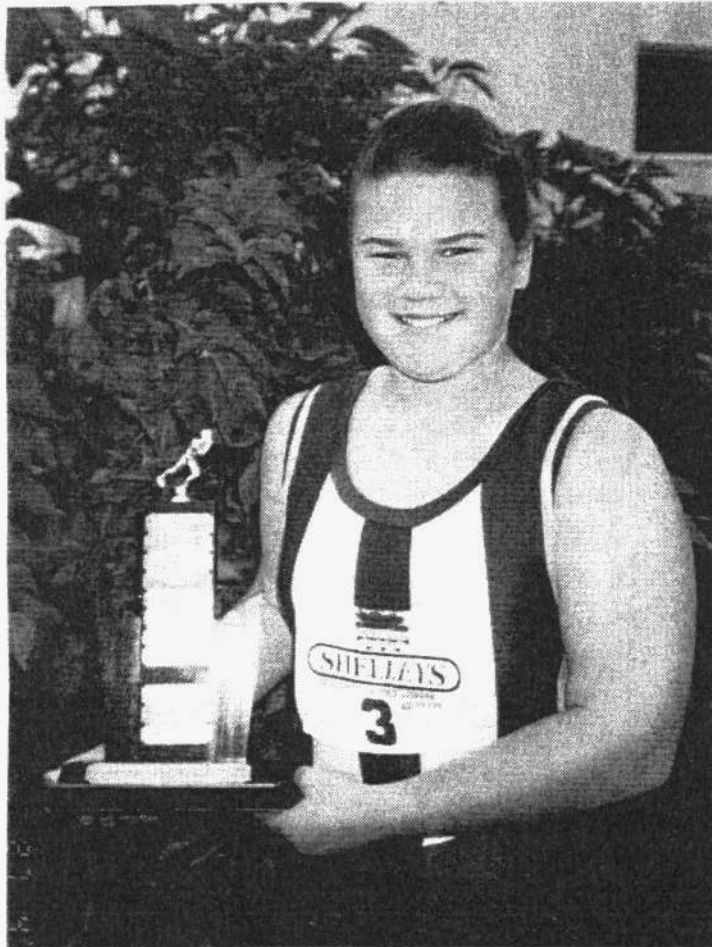
RHONDA ORR

MIDDLE DISTANCE AWARD
MATTHEW AYRES (U/13B)
(Nicole Dawes Award)

Matthew had an outstanding season taking on the four distance events. At Zone he came 1st in the 400m 800m 1500m and 3k. At Region he came 2nd in all events and at State he came 3rd in the 1500m, 5th in the 800m, 7th in the 400m and 9th in the 3k. His 3k time at State was also a new Best Performance for the Centre. To be able to tackle these four events and do so well Matthew thoroughly deserves this award.



FIELD AWARD
NAOMI WHATMAN (U/11G)
(Chris Knight Award)



Naomi finished with a 1st in Discus and a 1st in Shot Put at Zone. At Region she collected a silver medal for Shot Put and a Bronze for Discus. At State Naomi made the top eight in Shot Put. She was also selected for the Trans Tasman team which won the annual challenge against our NZ competitors. Naomi represented at State Relays, State Multis and Preston and is a competitor who will only improve as she becomes more experienced with many a good season ahead.

OFFICER FOR CHAMPIONSHIPS & SPECIAL EVENTS AND TEAM MANAGERS' REPORT

This year we had St George athletes representing the Centre at a few new carnivals we had been asked to attend, plus Scamper, Zone, Region, State, State Relays and State Multis. Our athletes at all times showed good sportsmanship and competed to the best of their ability.

With the large increase in numbers this year I needed all the help I could get and would like to thank Suellen Quiggin for all her help and the many Executive members who jumped in when needed.

Following is an outline of the Championships, carnivals and special events in which St George participated this season:-

ST GEORGE'S BASIN 'DRAGON DERBY'

While attending the State Conference last year, the President of St George's Basin Centre asked if we could send a team to its major carnival "The Dragon Derby". As we were looking for a country Gala Day to attend each year we took on the challenge and I must say with great success. We will be back next year! 33 athletes attended at Nowra Showground with 11 new records being set by St George competitors and 13 gold medals being won overall.

<u>RECORDS:</u>	B HARTLEY	U/7B Pack Start
	P UPTON	U/8B 70m, 100m, 200m
	C BARAKAT	U/9B 100m
	L TINKER	U/13GSP
	F CARE	U/13B 100m, 200m, LJ
	R HACHEM	U/14B 800m
	S CULKIN	U/15B HJ

SCAMPER - 13TH NOVEMBER, 1994

The Scamper this year was held at the Sydney International Athletic Centre, Homebush. Last year we had only one family attend - this year 16 families participated with great success. This is a non-championship day for our U/6s, U/7s and U/8s to experience running on a top class track. All our children did well and were a credit to the Centre.

STATE RELAYS - 12TH NOVEMBER, 1994

Held at Campbelltown Sports Ground this was a successful carnival for St George, this season doing well in field as well as track. Results follow:-

STATE RELAYS - TOP 8 TEAMS

u/8g	4 X 100m	4th	
u/9b	4 x 100m	1st	GOLD
u/9 Mixed	4 x 200m	2nd	SILVER
u/11b	4 x 100m	2nd	SILVER
u/11b	HJ/LJ	8th	
u/12g	4 x 100m	7th	
u/12b	4 x 100m	7th	
u/13b	4 x 100m	8th	
u/13g	SP/DIS	5th	
u/15g	4 x 100m	1st	GOLD
u/15 Mixed	4 x 400m	8th	
u/15g	HJ/LJ	8th	

Next year State Relays are being held at Homebush and more thought will be put into our field teams after their success this season.

TRANS TASMAN

Trials were held in November for the Trans Tasman Challenge which was held at Sydney Athletics Field on the 22nd January, 1995. Athletes were selected from the u/11 and u/12 age groups and competed against the Auckland team. **Naomi Whatman** and **Andrew Low** were selected to represent the Centre in the NSW team.

ZONE CHAMPIONSHIPS

Held on the 4th April, 1995 at Sylvania Waters Track . 253 athletes entered Zone - 129 girls and 124 boys. At this Carnival 69 girls and 63 boys qualified for Region. The u/7s finished their competition at this level. Two athletes achieved **four firsts**. They were:-

THALIA AMANAKIS	U/8G 100, 200, 400, PK ST.
MATTHEW AYRES	U/13B 400, 800, 1500, 3000m

ZONE BEST PERFORMANCES:

LAUREN BARTLETT	U/8G 60mH 11.7
KIMBERLEE GREEN	U/9G 60mH 11.2 (Equal)
SEAN CULKIN	U/15B HJ 1.78m

MITSUBISHI 'BIG DAY OUT' - 12TH FEBRUARY, 1995

St George Centre was asked by the Association at the last moment to provide a team from the u/12s to the u/15s to help out the Mitsubishi Electric promotion. Being one of the major sponsors for Little Athletics, we thought we should see what we could do. Kay Culkin did a tremendous job getting a team together. Every athlete did very well with Alison Di Rosa coming 3rd in the final of the Gift and Rachelle Quiggin 4th. Six of our athletes were lucky enough to be drawn out of the hat for a ride on 18' skiffs at the end of the days events.

Footnote: Five foolish (or brave) parents represented the Centre in the Parents Race. 100m is a long, long way!!!

REGION CHAMPIONSHIPS

Held on 18th - 19th February, 1995, at Campbelltown Sports Ground. 132 athletes represented St George this year with only the first three in each event going to State (last year it was the first four). St George had 16 girls and 8 boys qualify. Our under/8s finished their competition at this level and some look promising for our State team next year. Again a very pleasing result.

Region Best Performances:

u/8g	LAUREN BARTLETT	60mH 11.5
u/9g	KIMBERLEE GREEN	60mH 10.9

STATE MULTI-EVENT CHAMPIONSHIPS

Held at Cessnock on 4th and 5th March, 1995.

This carnival was renamed **"THE MULTIS - WET, WET, WET"**. 13 athletes and their parents braved the shocking weather to attend the State Multis at Cessnock. Considering the atrocious conditions all our athletes did extremely well. Nearly all finished in the top half of their age groups. Some age groups had over 70 competitors. **CHRISTOPHER BARAKAT** came 5th in the u/9 boys Steven Eccles deserves mention for in the worst possible conditions he could still manage **3 personal bests!**

MITSUBISHI BIG DAY OUT



Sue Di Rosa showed scintillating form in the Parents Race, coming 2nd in a tight finish!



Catherine O'Sullivan and Kylie Di Rosa with John Cross and Brett Rodwell - Illawarra 'Steelers'

Championships & Special Events Report Continued ...

ST GEORGE V PRESTON/RESERVOIR CHALLENGE

The annual Preston Challenge for the H H BRENNAN & R HONEY Rosebowl was held at Olds Park on 11th March, 1995. 28 athletes from Victoria travelled to Sydney to take on our St George team. St George were represented by 30 athletes. A great night of competition resulted with St George running out convincing winners.

Total scores were -	ST GEORGE	359¹/₂
	PRESTON	264¹/₂

A further Preston Report appears further on.

STATE CHAMPIONSHIPS

Held at Homebush Olympic Sports Centre 18th - 19th March, 1995.

16 girls and 8 boys represented St George at State this season. 5 Silver and 8 bronze medals were won by our athletes. Competition was very tough, but most of our competitors finished in the top 8. A special mention for our u/13 girl **Shannon Warren** who was selected to represent NSW at the Australian Team Championships in Darwin on 22-23 April. Thank you to all parents who acted as officials during the two days of State competition.

A special mention to the Care family. Even with Francis injured most of the season Mr & Mrs Care and Francis attended every carnival to give their support and help. This was much appreciated.

CONGRATULATIONS to all those who represented St George at the various carnivals throughout the season and thank you to all parents who helped during the season.

BEN TINKER

SUELLEN QUIGGIN

OFFICER FOR OFFICIAL'S REPORT

The 1994/95 season saw an influx of new children joining our Centre which in turn lead to much greater overall numbers than in recent seasons. This was great for an Officer for Officials as I had for most of the season more than an adequate number of parents volunteering their services as officials on a Friday night. This was a pleasing improvement on recent seasons.

The large number of children competing was however not good news for that hardy bunch of parents - the **Age Managers**. With quite a few age groups consisting of 30 to 40 children it was no wonder that at the end of each Friday night I would have numerous requests from Age Managers for scotch or valium - or both! To those Age Managers who stuck out the whole season **THANK YOU** on behalf of the Executive and all parents.

My thanks also to our Chiefs and regulars who week in, week out ensured that our Friday nights ran smoothly and efficiently (making my job so much easier). It's you who provide the weekly opportunity for the children and youth of our area to compete in athletics, make new friends and have a good time.

To those parents who attempted Officials Exams in November last year, thank you. Unfortunately I can't say "congratulations" to you all because at this moment Level 2 results have still not been received. (Level 1 are marked by the Zone Co-ordinator). It is disappointing to note that the Association takes six months (or more) to mark examination papers. Surely not a good incentive to future prospective parents wishing to attain accreditation at this level.

Thank you to those parents who acted as officials at the various championship meetings during the season. Without a lot of parental support for Little A's our children would not even be able to compete, let alone win gold, silver or bronze medals.

This is my last report as Officer for Officials as I am retiring gracefully from Little Athletics. My children have grown up and are pursuing other interests. I have thoroughly enjoyed my ten years involvement with St George and leave confident that our great tradition of producing outstanding athletes and adults of tomorrow will continue. I will sorely miss seeing the smiles on the children's faces after they have run, jumped or thrown a personal best. However, I have lots of friendships created over the years which almost compensate.

All my best to next year's Executive Council.

GRAHAM HAWKES

PUBLICITY, FUNDRAISING & SPONSORSHIP **OFFICER'S REPORT**

PUBLICITY:

With the 1994-95 season drawn to a close I would like to thank all those who conveyed information to me and also comments regarding the Newsletter "Little Saints in Action". Inclement weather and the cancellation of a number of Friday nights competition played havoc in relaying information to parents. However, various items were repeated in the Newsletter and also information was displayed on the notice board.

The purchase of the photocopier was invaluable in the printing of the Newsletter and other material.

The position of Publicity Officer involves a great deal of follow-up liaising and I would like to thank those members of the Executive Council who offered their assistance.

Thank you to the businesses in the area who contributed to the sponsorship regarding the St George LAC handbook as follows:-

**BEVERLY HILLS CINEMAS
DAVID SHORT CYCLES
PEAKHURST SPORTS MEDICINE CLINIC
AUSTRAL UPHOLSTERY
J & L MUNRO AUTO REPAIRS
ST GEORGE BUILDERS HARDWARE
MENAI BLINDS
DANZ DESIGN
JIMELKA PAINTERS
CONLON BUTCHERY
KINGSGROVE CARDS & STATIONERY
ALL SEASONS FRUIT MARKET**

FUNDRAISING:

Last season it was decided not to run weekly raffles, but to hold a major fundraising event. The major fundraiser for the 1994-95 season was a Trivia Night. Thank you to all those who attended. From the response and comments received everyone had a fulfilled night. Once again I would like to thank those who assisted me in the organising of this night especially Kay Culkin, Jan Martin and Trish Bartlett.

Continued ...

On behalf of St George LAC I would like to thank the following businesses for their support in helping the Trivia Night to be a success:-

RIVERWOOD LEGIONS CLUB
SHOES & SOX
ST GEORGE LEAGUES CLUB
ST GEORGE MASONIC CLUB
ARNCLIFFE SCOTS SPORTS CLUB
BEVERLY HILLS CINEMAS
BEXLEY RSL CLUB
COMMONWEALTH BANK
DOMINO'S PIZZA
ECHOES RECYCLE BOUTIQUE
ILLAWARRA CATHOLIC CLUB
JUST CUTS
MORTDALE RSL CLUB
PETER WHYTE SPORTS CO
PROUDS
TOTALLY BEAUTIFUL

The donations and prizes received for the Trivia Night from these sources were much appreciated.

SPONSORSHIP:

Efforts made to obtain a major sponsor for the Centre were not successful. However, Beverly Hills Cinemas were extremely generous in donating goods and promotional items which the Centre utilised for prizes for the children throughout the season. Also I must make mention of All Seasons Fruit Market who donated the bread for our barbeque every week. This was a truly generous gesture.

I hope next season brings with it a major sponsor willing to assist the Centre.

To the incoming Executive Council I would like to wish them all success for the 1995-96 season.

SUE DI ROSA

MULTI-EVENT AWARD
STEVEN ECCLES (U/13B)
(Alleyn Gainsford Award)

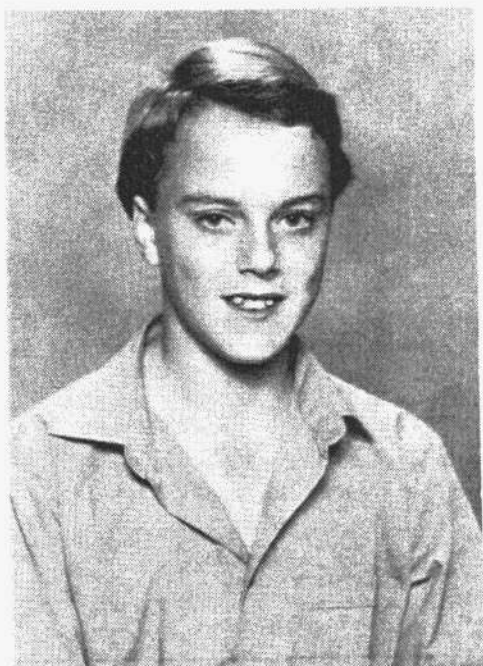
Steven finished 9th out of 48 competitors at the State Multi-Event Championships at Cessnock in March. This was a very good result as the weather was atrocious and in the conditions Steven still managed to achieve three personal bests. At Zone he was placed 1st in Shot Put (10.67m) and 3rd in High Jump (1.39m). At Region he placed 5th in SP and 4th in HJ. Steven has shown he is a good all-rounder with a sound grasp of all events and should go a long way as a multi-competitor.

ENCOURAGEMENT AWARD - GIRL
LYNSAY TINKER (U/13)

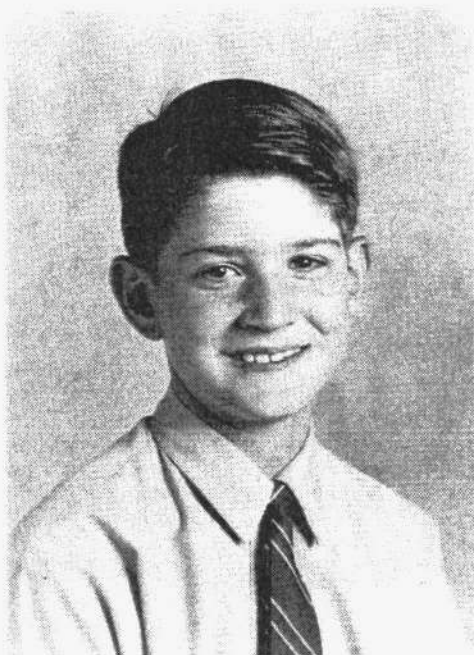
Lynsay represented St George at State Relays, Zone, Region and State Multis. At State Relays she was a member of the U/13 Girls Field Team which placed 5th. At State Multi's Lynsay improved her position by 20 places from the previous year. She also represented the Centre at all other special events and gala days. At the St George Basin Dragon Derby Lynsay set a new meet record for the Shot Put. Lynsay certainly has the ability to attain further success in the future.

ENCOURAGEMENT AWARD - BOY
KON NAKOUSIS (U/12)

Kon represented St George at Zone, Region and State Relays. At all times Kon strove to attain better performances, never giving up even when faced with very tough competition. Kon has a very easy manner and displays good sportsmanship. In the future we can see Kon achieving his personal goals in athletics.



STEVEN ECCLES



KON NAKOUSIS



LYNSAY TINKER

BOYS ZONE CHAMPIONSHIPS RESULTS

(Competition for the u/7s finished at these Championships)

TOP EIGHT

U/7 BOYS

S Pupo	SP 3.96 (5th)
M Holden	D 9.58 (7th)
D Armstrong	SP 3.84 (7th)
R Kiely	70m 13.2 (8th)
B Hartley	100m 18.4 (7th); 200m 38.8 (6th) Pk St. 1.50.7 (2nd); LJ 2.66 (4th)
T Faulkner	D 13.62 (1st)
C MacDougal	70m 12.9 (6th); Pk St. 1.56.3 (5th)
J McCarthy	Pk St. 1.57.6 (6th)

CONGRATULATIONS TO ALL THESE YOUNG ATHLETES

ESPECIALLY TIMOTHY FAULKNER - GOLD IN DISCUS

BRAD HARTLEY - SILVER IN PACK START

U/8 BOYS

P Upton	100m 16.0 (4th); 200m 32.9 (2nd); 400m 1.19.2 (1st); 60m H 11.2 (1st)
M Whittle	Pk St. 2.35.9 (2nd); D 14.40m (2nd)
H Hissey	70m 11.9 (5th); 60m H 12.1 (6th); LJ 3.04m (5th); SP 5.32m (4th)
D Harapa	70m 12.0 (6th)
G Conwell	D 13.20 (6th)
R Berrier	60m H 12.2 (7th); LJ 2.86m (8th)
E Adu	70m 10.9 (2nd); 100m 15.9 (3rd); 200m 33.9 (5th); LJ 3.35m (4th)
K Hansen	100m 16.4 (5th); 200m 35.5 (7th)
R Millard	D 12.62 (7th)
R Kiely	70m (8th)

U/9 BOYS

C Merritt	SP 5.26 (6th)
C Barakat	100m 15.3 (4th); 200m 31.6 (2nd); 60m H 10.8 (1st); LJ 3.76m (3rd)
M McLoughlin	800m W 5.46.1 (5th)
M Faulkner	400m 1.24.1 (8th)
A Metham	200m 33.0 (6th); 60m H 11.2 (5th); 800m 2.57.9 (3rd)
J Horne	100m 15.9 (7th); 60m H 11.1 (4th)
J Mystakis	800m W 5.43.8 (4th)
A Nicol	SP 7.43 (2nd); D 25.52 (2nd)
A Nakousis	100m 14.7 (1st); 200m 30.9 (1st); LJ 3.97 (2nd); HJ 1.05 (5th)
R Lindfield	SP 5.06 (7th)
J Hachem	D 18.62 (8th)

U/10 BOYS

T Gayton	400m 1.17.4 (8th); 1500m 5.40.7 (6th)
P Komaitis	800mW 6.33.1 (5th)
H Harris	100m 14.5 (3rd); 200m 31.1 (4th); 60mH 11.6 (5th); LJ 3.73 (4th)
M Iannotti	HJ 1.14 (4th)
C Madden	60mH 13.1 (8th)
R Nikolovski	800mW 5.55.8 (3rd)
D Millard	800m 3.04.2 (8th); 1500m 5.54.0 (7th); D 19.18 (7th)
B Hudson	HJ 1.05m (7th)
B Yelavich	100m 15.9 (5th)

U/11 BOYS

T Williams	TJ 7.58 (4th); D 20.52 (6th)
B Lord	LJ 3.85m (7th); TJ 8.14m (3rd)
A Low	LJ 4.06 (3rd); TJ 9.0m (1st); SP 7.80m (4th); HJ 1.26m (3rd)
B Morrow	HJ 1.05m (=8th)
J Natoli	SP 6.22 (5th); HJ 1.05 (8th)
J Hissey	60mH 12.0 (7th)
C Sutton	400m 1.14.8 (4th); 800m 2.41.4 (2nd); 1500m 5.28.0 (3rd); 1500mW 9.36.3 (1st)
T Gillard	100m 15.1 (5th)
M Phillips	60mH 11.3 (3rd); TJ 8.33m (2nd)
D Sharp	400m 1.15.7 (6th); 800m 2.47.4 (4th); 1500m 5.40.2 (4th)

BOYS ZONE CHAMPIONSHIPS RESULTS CONT...

U/11 BOYS CONT ...

C Burton	100m 14.3 (3rd); 200m 29.8 (4th); LJ 4.14 (2nd)
R Howarth	200m 29.0 (2nd); 400m 1.07.4 (1st); 60mH 11.1 (1st)
B Hansen	100m 13.9 (2nd); 200m 29.3 (3rd)
S Fanning	1500m 5.45.7 (5th)

U/12 BOYS

M Orr	SP 5.89 (6th); D 20.54 (6th)
M Dodson	400m 1.11.8 (2nd)
S Komaitis	D 16.80m (8th)
D McLoughlin	1500mW (2nd)
S Yu	LJ 4.40m (6th); TJ 9.19m (4th); HJ 1.41m (3rd)
H Scarr	TJ 8.49m (8th); SP 8.44m (3rd)
T Bryan	100m 14.3 (6th); 200m 29.2 (5th); 60mH 10.9 (6th) D 23.36 (3rd)
J Beaton	400m 1.15.9 (5th); 800m 2.47.8 (5th); 1500m 5.42.1 (5th)
K Nakousis	100m 14.3 (7th); 200m 28.8 (2nd); SP 7.61 (5th)
M Wrigley	SP 10.30m (1st)
J Hachem	D 20.72 (5th)
B Jannsen	100m 13.6 (2nd); LJ 4.42 (4th); TJ 8.63 (6th)
N Conwell	100 14.1 (5th); 200m 29.8 (6th); LJ 4.42 (3rd); HJ 1.37m (5th)
J Samrani	200m 29.0 (4th); LJ 4.05m (8th)
W Gunning	800m 2.44.4 (3rd)

U/13 BOYS

N Culkin	D 17.36 (8th); 80mH 18.4 (6th)
D Sampson	TJ 8.14 (5th); SP 7.05m (7th)
C Clark	800m 2.39.4 (3rd); 1500m 5.30.9 (4th); 3000m 12.16.1 (4th)
J Pearce	800m 2.59.9 (6th); 1500m 6.05.1 (7th); 3000m 13.12.6 (6th); TJ 8.02m (6th)
M Ayres	400m 1.02.3 (1st); 800m 2.27.6 (1st); 1500m 4.50.8 (1st); 3000m 11.13.0 (1st)
S Eccles	100m 13.9 (4th); SP 10.67 (1st); HJ 1.39m (3rd)
C Moore	100m 14.3 (6th); LJ 4.18m (3rd); TJ 9.50m (2nd); HJ 1.41m (2nd)
D Burton	SP 6.38 (8th)
C Yelavich	100m 14.4 (8th)
C Massey	400m 1.07.8 (6th)

U/14 BOYS

J Dorrian	800m 2.50.0 (4th); SP 7.97m (3rd); D 26.10m (4th)
K Jordanoski	100m 13.4 (5th); 200m 27.6 (5th); 90mH 17.8 (2nd); TJ 8.55m (4th)
R Dellaca	100m 12.9 (4th); 200m 27.1 (3rd); LJ 4.36m (2nd); TJ 9.64m (3rd)
K Scarr	400m 59.7 (2nd); 800m 2.15.3 (1st)

U/15 BOYS

D Low	3000m 11.52.4 (2nd); LJ 4.87m (3rd); TJ 10.25 (1st); D 27.54m (3rd)
S Culkin	90mH 13.8 (2nd); 200mH 28.3 (1st); LJ 5.71 (2nd); HJ 1.78 (1st - Zone Record)
C Nicolopoulos	100m 12.8 (2nd); 200m 26.0 (1st); LJ 4.52m (5th)

BOYS REGION CHAMPIONSHIPS RESULTS

(Competition for the U/8s finished at these Championships)

U/8 BOYS

P Upton 400m 1.17.4 (2nd); 60mH 11.4 (5th); 200m 36.9 (8th)
M Whittle Pk St. 2.36.3 (8th)
E Adu 100 16.6 (6th); LJ 3.56m (4th); 70m 11.6 (4th); 200m 36.3 (7th)

CONGRATULATIONS TO THESE YOUNG ATHLETES

ESPECIALLY PETER UPTON - SILVER IN THE 400m

(TOP EIGHT)

U/9 BOYS

C Barakat 100m 15.4 (3rd); 60mH 11.0 (8th); 200m 32.4 (4th)
A Nicol D 26.14m (3rd); SP 7.15m (4th)
A Nakousis 100m 14.9 (1st); 200m 31.5 (2nd) HJ 1.15m (6th); LJ 4.10 (4th)

U/10 BOYS

T Gayton 1500m 5.52.4 (8th)
H Harris 100m 14.7 (5th); LJ 4.10m (4th)
B Yelavich 100m 15.1 (7th)

U/11 BOYS

A Low TJ 8.66m (5th); SP 7.36m (7th)
C Sutton 1500mW 8.37.5 (1st); 1500m 5.33.5 (6th)
M Phillips TJ 8.47m (7th)
C Burton 100m 14.4 (6th)
R Howarth 50mH 10.9 (7th)
B Hansen 100m 13.9 (3rd)

U/12 BOYS

D McLoughlin 1500mW 9.40.4 (7th)
M Wrigley SP 9.82m (4th)
B Janssen 100m 13.6 (4th)
N Conwell 100m 13.8 (7th); LJ 4.73m (7th); HJ 1.40m (6th); 200m 29.6 (6th)
S Yu TJ 9.96m (6th)

U/13 BOYS

M Ayres 400m 1.01.7 (2nd); 1500m 4.48.7 (2nd); 800m 2.18.3 (2nd); 3000m 11.06.0 (2nd)
S Eccles SP 10.38m (5th); HJ 1.45m (4th)
C Moore TJ 9.63m (7th)
C Massy 400m 1.06.2 (7th)
C Clark 3000m 12.13.8 (7th)

U/14

J Dorrian SP 7.50m (8th); 800m 2.43.2 (7th); D 27.06m (7th)
K Jordanoski 90mH 16.8 (8th)
R Dellaca 100m 12.8 (5th); 200m 27.5 (5th)
K Scarr 400m 58.7 (1st); 800m 2.16.5 (2nd)

U/15 BOYS

D Low TJ 11.15m (6th); D 27.02m (8th)
S Culkin 200mH 28.1 (2nd); HJ 1.76m (2nd); LJ 5.61m (4th); 90mH 13.7 (5th)



CHRISTOPHER BARAKAT (U/9B) 100m STATE CHAMPIONSHIPS

FRIDAY NIGHT ENCOURAGEMENT AWARD - GIRL
LARA WATSON (U/12)

Lara represented the Centre at Zone and Preston and always tried to the best of her ability. This trait has been displayed by her in the Preston v St George Challenge in which she has been a team member for the last two years. Lara has an eager to please attitude and is always willing to help in any way she can. Lara is known as the 'social butterfly' of the Centre and is a popular girl.

FRIDAY NIGHT ENCOURAGEMENT AWARD - BOY
MATTHEW ORR (U/12)

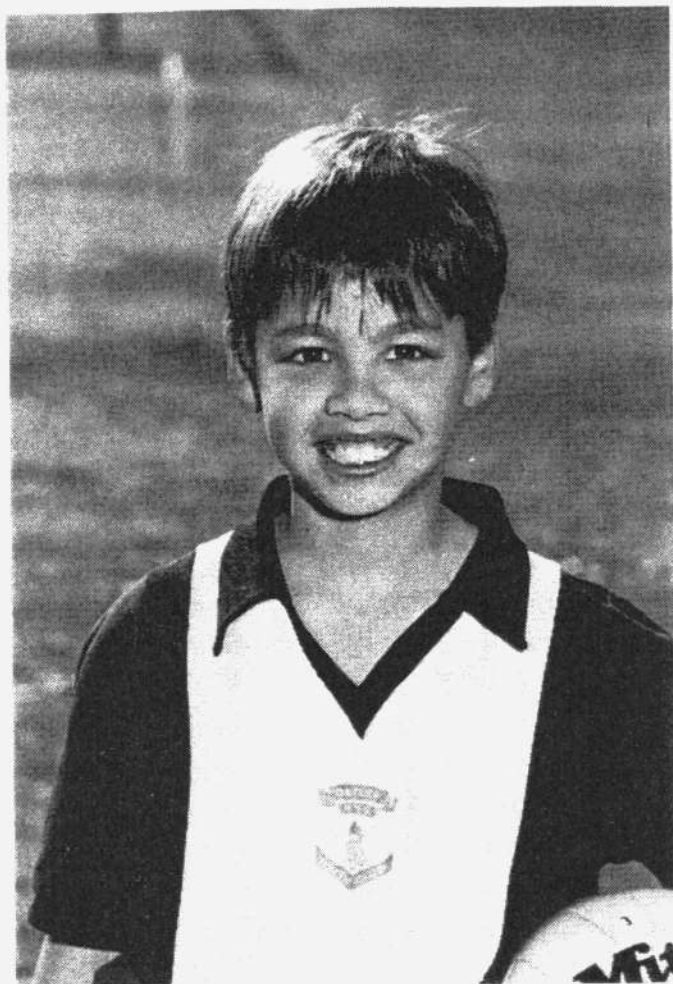
Matthew was consistent in his performances all season and represented the Centre at State Relays, Zone and the Preston Challenge. He is always trying to improve his performances which is evident in the way he attends Discus and Shot Put coaching. Matthew participates in his events on Friday night, has had consistent attendance and is a well-mannered boy. A very worthy winner of this award.

SPORTSMANSHIP AWARD
FRANCIS CARE (U/13B)
(Margaret Zerzvadse Award)

This award has been won by an athlete who has been on the injured list most of the season. Having represented St George at State Relays Francis then sustained a foot injury which prevented him from defending his 100m and 200m titles at Zone, Region and State and also dashed his chances of being selected for the NSW State Team. The reason Francis has been singled out for this award is that he showed outstanding sportsmanship throughout the season by attending every carnival - Zone, Region and State, plus Friday night competition to support St George Centre and athletes, in spite of the fact he was unable to compete himself. His parents also attended and offered their assistance in officiating whenever needed. This is a wonderful display of unselfishness and Francis has indeed proven himself to be without a doubt a "good sport".



LARA WATSON



MATTHEW ORR



FRANCIS CARE

StGeorge Little Athletics Centre - Equipment Inventory					
Item	Location	Number owned	Number present	Value	Comments
Aluminium Posts	Club House	16	16	\$ 64.00	
Banner, St. George	Club House	1	1	\$ 60.00	
BBQ	Club House	1	1	\$ 600.00	
BBQ Gas Bottles	Club House	2	2	\$ 160.00	
Brooms	Club House	2	2	\$ 20.00	
Cash	Barbara Lea			\$ 500.00	
CB Radios (Walkie Talkies with Case)	LH Locker	13	13	\$ 1525.00	(1495 + 30)
Chairs, white Plastic	Club House	10	10	\$ 190.00	
Chairs, Plastic Student Desk	Club House	2	2	\$ 100.00	
Circular Track Case, Comprising...	Ray Horton	1	1		
Carry Case (Blue Plastic)		1	1	\$ 20.00	
CB Radio (Walkie Talkie)		1	1	\$ 115.00	
Ear Muffs		4	4	\$ 60.00	
Lap Bell		1	1	\$ 25.00	
Starting Guns		4	4	\$ 100.00	
Stopwatches Seiko(Paper)		1	1	\$ 400.00	
Computer IBM 486 compatible & Printer	Rhonda Orr	1	1	\$ 2500.00	
Computer IBM XT compatible	Barbara Lea	1	1	\$ 1200.00	
Dias (1st/2nd/3rd)	Club House	1	1	\$ 25.00	
Discus Box 1 Comprising...	Club House	1	1		
Discus Storage (Ammo) Box		1	1	\$ 30.00	
350g Discus		2	2	\$ 20.00	
500g Discus		2	2	\$ 20.00	
750g Discus		3	3	\$ 30.00	
1kg Discus		3	3	\$ 36.00	
1kg Wooden Discus		2	2	\$ 50.00	
Measuring Tape, 50m Fibreglass		1	1	\$ 30.00	
Discus Box 2 Comprising...	Club House	1	1		
Discus Storage (Ammo) Box		1	1	\$ 30.00	
Discus Storage (Ammo) Box		1	1	\$ 30.00	
350g Discus		2	2	\$ 20.00	
500g Discus		2	2	\$ 20.00	
750g Discus		3	3	\$ 30.00	
1kg Discus		3	3	\$ 36.00	
1kg Wooden Discus		2	2	\$ 50.00	
Measuring Tape, 50m Fibreglass		1	1	\$ 30.00	
Extension Leads, long	LH Locker	2	2	\$ 60.00	
Extension Lead, short for generator	LH Locker	1	1	\$ 10.00	
Extension (Twin) plug/socket	LH Locker	1	1	\$ 5.00	
Finishing Posts (White Metal)	Club House	6	6	\$ 120.00	
Fire Extinguisher	Club House	1	1	\$ 50.00	
First Aid Boxes	Club House	2	2	\$ 60.00	
Fridge/Freezer (Upright)	Club House	1	1	\$ 1500.00	
Garbage Bins Large	Club House	5	5	\$ 59.00	
Garbage Bins Small	Club House	5	5	\$ 20.00	
Generator Yamaha	LH Locker	1	1	\$ 650.00	

StGeorge Little Athletics Centre - Equipment Inventory					
Item	Location	Number owned	Number present	Value	Comments
Hammer/Mallet	LH Locker	2	2	\$ 12.00	
High Jump Bags	Club House	12	12	\$ 1450.00	
High Jump Trolleys	Club House	2	2	\$ 400.00	
High Jump Covers	Club House	3	3	\$ 360.00	
High Jump Stand Sets	Club House	3	3	\$ 160.00	
High Jump Flexi Bars	Club House	4	4	\$ 80.00	
High Jump measuring rods	Club House	4	4	\$ 50.00	
High Jump safety strap sets	Club House	3	3	\$ 15.00	
High Jump Bars Fibreglass	Club House	6	6	\$ 600.00	
Hurdles Trolley	Club House	1	1	\$ 900.00	
Hurdles	On Trolley	65	47	\$ 3800.00	18 MISSING !!!
Ladder	Club House	1	1/2	\$ 45.00	1/2 MISSING !!!
Lap Bell	LH Locker	1	1	\$ 25.00	
Large Drink Container	Canteen	1	1	\$ 10.00	
Lockers, Steel Storage Cabinets	Club House	3	3	\$ 100.00	
Long Jump Wheely bin, Comprising...	Club House	1	1		
Wheely bin		1	1	\$ 120.00	
Garden Hose & Fittings		1	1	\$ 27.00	
Timber Smoothing Rakes		3	4	\$ 70.00	
Watering Can (Plastic)		1	1	\$ 5.00	
Shovels		2	2	\$ 70.00	
Spade		1	1	\$ 25.00	
Long Jump Box, Comprising...	Club House	1	1		
Measuring Tape, 10m Fibreglass		2	2	\$ 30.00	
Measuring Tape, 20m Metal		2	2	\$ 40.00	
Measuring Tape, 50m Metal		1	1	\$ 50.00	
Trowels		4	4	\$ 30.00	
Sash Brooms		4	4	\$ 20.00	
Loud Hailers	LH Locker	2	2	\$ 290.00	
Lost Property	Club House	?	?	\$ 100.00	
Lights, Portable Set	Club House	1	1	\$ 50.00	
Marker Flags Box for Track	Club House	1	1	\$ 10.00	
Marker Sets, Discus/Shot	Club House	1	1	\$ 20.00	
Marking machines(Lane/Ground)	Rear Shed(RHS)	3	3	\$ 1200.00	
Marking machines Pumps	LH Locker	3	3	\$ 60.00	
Marking Paint(Lane/Ground)	Rear Shed(RHS)	?	?	\$ 250.00	
Measuring Wheel	LH Locker	1	1	\$ 200.00	
Nozel Kit for Marking machines	Rear Shed(RHS)	1	1	\$120	
Photo Copier KONICA	Sue Di-Rosa	1	1	\$ 1500.00	
Place Judging Stand	Club House	1	1	\$ 250.00	
Public Address System FM	LH Locker	1	1	\$ 1200.00	
Relay Baton Sets(3 Aluminium)	RH Locker	4	4	\$ 70.00	
Rakes (Metal)	Club House	1	1	\$ 30.00	
Second hand Shoes/Spikes/Clothes	RH Locker	?	?	\$ 200.00	(For Sale)

StGeorge Little Athletics Centre - Equipment Inventory					
Item	Location	Number owned	Number present	Value	Comments
Shot Box 1 Comprising...	Club House	1	1		
Shot Storage (Ammo) Box		1	1	\$ 30.00	
1 Kg Shot Put, Blue		3	3	\$ 33.00	
1.5 Kg Shot Put, Yellow		2	2	\$ 25.00	
2 Kg Shot Put, Black		2	2	\$ 20.00	
3 Kg Shot Put, White		2	2	\$ 26.00	
4 Kg Shot Put, Red		3	3	\$ 51.00	
Measuring Tape, 20m Fibreglass		2	2	\$ 40.00	
Shot Box 2 Comprising...	Club House	1	1		
Shot Storage (Ammo) Box		1	1	\$ 30.00	
1 Kg Shot Put, Blue		3	3	\$ 33.00	
1.5 Kg Shot Put, Yellow		2	2	\$ 25.00	
2 Kg Shot Put, Black		2	2	\$ 20.00	
3 Kg Shot Put, White		2	2	\$ 26.00	
4 Kg Shot Put, Red		3	3	\$ 51.00	
Measuring Tape, 20m Fibreglass		2	2	\$ 40.00	
Shot/Discus Box Training Comprising...	Club House	1	1		
Shot/Discus Storage (Ammo) Box		1	1	\$ 30.00	
1 kg Shot Put (Large-Silver)		2	2	\$ 30.00	
1 Kg Shot Put, Blue		2	2	\$ 30.00	
1.5 Kg Shot Put, Yellow		4	4	\$ 80.00	
2 Kg Shot Put, Black		2	2	\$ 40.00	
3 Kg Shot Put, White		2	2	\$ 40.00	
4 Kg Shot Put, Red		3	3	\$ 60.00	
350g Discus		1	1	\$ 10.00	
500g Discus		1	1	\$ 10.00	
750g Discus		3	3	\$ 30.00	
1kg Discus		5	5	\$ 60.00	
Measuring Tape, 30m Fibreglass		1	1	\$ 25.00	
Shot Put Stop Boards	Club House	4	4	\$ 200.00	
Spares Case Comprising...	RH Locker	1	1		
Carry Case		1	1	\$ 20.00	
350g Discus		2	2	\$ 10.00	
500g Discus		2	2	\$ 10.00	
1kg Wooden Discus		2	2	\$ 50.00	
Measuring Tape, 10m Fibreglass		1	1	\$ 15.00	
Measuring Tape, 30m Fibreglass		1	1	\$ 20.00	
Measuring Tape, 60m Fibreglass		1	1	\$ 40.00	
Measuring Tape, 30m Steel		1	1	\$ 50.00	
Starting Gun Electronic	LH Locker	1	1	\$ 500.00	
Stock in Canteen	Canteen			\$ 500.00	
Stopwatch Case Comprising...	LH Locker				
Stopwatch Case (Blue Plastic)		1	1	\$ 20.00	
Stopwatches Cronus(Blue)		15	15	\$ 890.00	Some with JohnD
Stopwatches LCD(Black)		11	11	\$ 330.00	
Stopwatches Seiko(Paper)	LH Locker	1	1	\$ 400.00	
Stopwatch Paper, Box of	LH Locker	1	1	\$ 100.00	

StGeorge Little Athletics Centre - Equipment Inventory					
Item	Location	Number owned	Number present	Value	Comments
Surveyors 100m Band	LH Locker	1	1	\$ 100.00	
Tables, Blue Top	Club House	5	5	\$ 150.00	
Tarpaulin Large with Poles & Ropes	Club House	1	1	\$ 400.00	
Tarpaulin Small with Poles & Ropes	Club House	1	1	\$ 100.00	
Uniforms St. George	Middle Locker	?	?	\$ 1000.00	
Urns	Canteen	2	2	\$ 100.00	
Watering Can	Club House	1	1	\$ 30.00	
Witches Hats	Club House	12	2	\$ 25.00	
Total				\$30659	

EQUIPMENT, TECHNICAL & GROUND MAINTENANCE OFFICER'S REPORT

Thanks to those guys covered in paint - Terry O'Neill, Graeme Hissey, Gil Baes, Ben Tinker, Graham Hawkes and the Peek family - for marking the track and field.

Also thanks to Lindsay Watson and the students for the high jump bag storage deck.

Approval has been given to purchase replacement hurdles (insurance claim) and additional field equipment for next season.

Thanks to Barbara Lea for organising the discus nets and Hurstville Council for erection of the nets and the Department of Sport, Recreation & Racing for assistance in payment.

JOHN DODSON

* Above and preceding pages shows list of equipment and value presently owned by St George LAC.

COACHING & EDUCATION OFFICER'S REPORT

I would like to thank Trish Bartlett (High Jump), Lynne Whatman (Shot Put/Discus), Janet O'Neill (Walks) and Ben Tinker (Shot Put/Discus) for their assistance with coaching throughout the season.

Orientation sessions were held on Tuesdays and Thursdays for the first ten weeks of the season for new registrations. These were well attended and successful in introducing both children and their parents to athletics.

Jackie Byrnes Coaching Clinic was held on 28th September, 1994, at Olds Park. 79 athletes enjoyed a fun day and benefited greatly from the experience of the coaches who contributed to making this an extremely successful day.

Thank you to Lindsay Watson for his relay coaching prior to the State Relay Championships and the training of our Centre Senior Relay Teams for Zone and Region.

Arthur Peek's training sessions once again provided opportunities for both Little Athletes and Seniors to improve their performances. We combined Zone and Region training for our Little Athletes with Arthur's regular sessions and our thanks go to the Seniors who helped in coaching these athletes.

Thanks go to the parents of the athletes whose help at all the training sessions was greatly appreciated.

SUELLEN QUIGGIN

CANTEEN REPORT

Many thanks to all of the ladies and gentlemen who worked in the canteen and on the barbeque throughout the season, particularly the regulars.

Along with the barbeque, the canteen is the major fundraiser for the Centre, having made a profit of \$4,600 this season.

We look forward to seeing you all again next year.

HELEN WATSON & HELEN SCARR
(Canteen Assistants)

ST GEORGE V PRESTON/RESERVOIR CHALLENGE - 1995

This year Preston/Reservoir LAC, Victoria, were our guests on the weekend 10th - 12th March. Their visit this year was shorter than usual, arriving late on Friday Night (the plane didn't land until 9.20pm). The St George team greeted their Preston visitors with supper at Olds Park before going home with their billets.

Saturday saw us head off to Homebush Olympic site where (thanks to Lindsay Watson) we first inspected the Homebush Athletics Stadium and Warm-up Track facilities before spending lunchtime at the Olympic Pool with a very enjoyable swim.

The Competition between the teams commenced at 5.30 pm on Saturday night. As Preston/Reservoir LAC were visiting it was their decision as to the events contested in each age group. However, St George triumphed, winning each age group with a combined score of $359\frac{1}{2}$ to $264\frac{1}{2}$.

On Sunday, after a hectic morning with our billets, we all met at the airport where after some moments of concern for some parents trapped in traffic at Circular Quay, the Preston/Reservoir team flew out at approximately 2.30 pm.

Thank you to all those parents who assistance in fundraising and to our two bus drivers.

Congratulations St George - looking forward to seeing the U/11s back in 1996 and to welcoming the U/10s for our return trip to Melbourne.

LYNNE WHATMAN & JOHN DODSON (Team Managers)

<u>POINTS</u>	<u>ST. GEORGE</u>	<u>PRESTON/RESERVOIR</u>
U/11 G	102	54
U/11 B	$85\frac{1}{2}$	$70\frac{1}{2}$
U/12 G	78	78
U/12 B	<u>94</u>	<u>62</u>
	$359\frac{1}{2}$	$264\frac{1}{2}$
	=====	=====

ST GEORGE V PRESTON/RESERVOIR TEAM - 1995

U/11 GIRLS

CARLY BARTLETT
JANE BROTHERTON
TRACEY EDMONDSTON
MAREE JORDANOSKA
JENNIFER MACDOUGAL
LAUREN MORAN
KRISTAL SOLIANI
NAOMI WHATMAN

U/11 BOYS

GRANT COWEY
BRAD HANSEN
JED HISSEY
BRETT LEA
BRADLEY LORD
ANDREW LOW
LEIGH MAGRI
TIMOTHY WILLIAMS

U/12 GIRLS

MICHAELA CLARK
AIMEE LINDFIELD
CATHERINE O'SULLIVAN
HAYLEY PARNELL
ALYSSA SADUMIANO
KATIE UPTON
LARA WATSON

U/12 BOYS

MATTHEW DODSON
STEVEN KOMAITIS
DANIEL McLOUGHLIN
KON NAKOUSIS
MATTHEW ORR
HAYDN SCARR

ST GEORGE V PRESTON/RESERVOIR CHALLENGE



ST GEORGE TEAM - LYNNE WHATMAN & JOHN DODSON - TEAM MANAGERS



PRESTON/RESERVOIR TEAM

GIRLS ZONE RESULTS 1994-95.

Competition for the U/7's finished at these Championships. Listed are those children who were placed in the top 8.

L. Holland	100m(3rd) 18.3
B. Humphreys	Pack(3rd) 2.02.3
J. Garvic	70m(6th) 13.1, 200m(4th) 39.3
	Pack(4th) 2.03.6
J. Kalagurgevic	70m(8th) 14.3, LJ(7th) 2.37m, SP(4th) 3.52m
B. McLoughlin	Dis(7th) 6.86m, SP(7th) 3.25m
S. Wagstaff	Pack(5th) 2.04.4, SP(8th) 2.96m
A. Judge	100m(8th) 20.1
C. Moran	Dis(5th) 8.34m
S. Keegan	70m(5th) 12.8, 100m(6th) 19.3, 200m(7th) 42.1
	Dis(8th) 6.40m

Following is a list of the athletes who were placed in the top 8 for each event. The first SIX places progressed to the Regional Championships held at Orana Park, Leumeah on 18th & 19th February 1995.

U/8 Girls

E. Dodson	60mh(5th) 13.0, 100m(4th) 17.1, 400m(2nd) 1.27.9, LJ(7th) 2.71m
A. Low	Pack(3rd) 2.36.4, LJ(6th) 2.72m, SP(8th) 3.77m
T. Amanakis	100m(1st) 16.5, 200m(1st) 34.8, 400m(1st) 1.24.3, Pack(1st) 2.38.3
L. Davison	Dis(7th) 9.64m, SP(7th) 3.90m
C. Power	60mh(7th) 22.0, 70m(5th) 12.0
S. O'Sullivan	Dis(6th) 9.64m
Y. Phillips	LJ(5th) 2.77m, Dis(1st) 12.92m
L. Bartlett	60mh(1st) 11.7, 70m(3rd) 11.9
	100m(5th) 17.3, 200m(6th) 36.8
N. Peterson	400m(6th) 1.33.0, Dis(4th) 11.30m
	SP(4th) 4.05m

U/9 Girls

R. Morrow	60mh(4th) 11.8, LJ(6th) 3.10m
R. O'Sullivan	400m(2nd) 1.22.3, 800m(1st) 3.05.8
S. Shannessy	800m walk(4th) 6.32.7
L. Kalagurgevic	100m(10th) 17.2
C. Hartley	60mh(6th) 12.2, SP(8th) 4.24m
J. Wagstaff	200m(6th) 34.8, 800m walk(2nd) 5.38.0
R. Macdougall	LJ(5th) 3.16m
E. Jessup	HJ(4th) .93m, Dis(3rd) 12.80m
K. Green	60mh(1st) 11.2, 100m(1st) 15.5
	SP(3rd) 6.32m, LJ(1st) 3.63m
	Jnr Relay(4th) 1.02.5
F. Roth	60mh(8th) 12.4, 400m(7th) 1.31.9
G. Carpenter	400m(5th) 1.29.4

Zone Results Cont.,

U/10 Girls

A. Dodson	60mh(3rd) 12.3, Dis(7th) 13.92m
R. Whyte	SP(3rd) 5.80m
C. Bartlett	800m walk(4th) 6.02.0, HJ(3rd) 1.20m
	Dis(8th) 13.56m
M. Kikitis	400m(4th) 1.21.7, HJ(8th) 1.05m
	LJ(6th) 3.38m
H. Mezzina	HJ(1st) 1.26m
L. Moore	SP(5th) 5.31m
L. Harapa	60mh(6th) 12.5, 100m(7th) 16.1
C. Berrier	800m(8th) 3.16.4
A. Keegan	60mh(5th) 12.5, Jnr Relay(4th) 1.02.5
B. Lenne	400m(3rd) 1.18.7, 800m(3rd) 2.54.7
	1500m(1st) 5.45.5

U/11 Girls

N. Whatman	Dis(1st) 21.42m, SP(1st) 9.57m
	1500m walk(8th) 10.57.6
J. Brotherton	100m(8th) 15.5, 200m(6th) 32.0
	LJ(3rd) 3.69m, TJ(1st) 8.49m
T. Edmondston	800m(5th) 2.58.8, 1500m(8th) 6.11.8
B. Davison	400m(6th) 1.17.4, 800m(1st) 2.46.9
	1500m(2nd) 5.41.5
S. Kalagurgevic	400m(8th) 1.19.2, Dis(5th) 14.58m
S. Chew	800m(6th) 2.59.3, 1500m(3rd) 5.55.4
M. Jordanoska	TJ(3rd) 6.48m, HJ(8th) 1.10m
K. Soliani	200m(7th) 32.4, Dis(4th) 15.52m
J. Macdougall	TJ(2nd) 6.97m, SP(3rd) 7.66m
C. Bartlett	200m(5th) 31.3, 400m(2nd) 1.12.6,
	HJ(1st) 1.30m, Jnr Relay(4th) 1.02.5
S. Peterson	SP(6th) 6.18m
J. Filipovic	60mh(6th) 12.0, LJ(5th) 3.54m
L. Moran	1500m walk(6th) 10.36.4
B. Morris	TJ(4th) 6.46m, SP(5th) 6.35m

U/12 Girls

C. O'Sullivan	100m (7th) 15.0, 200m(8th) 32.7
V. Schulte	60mh(8th) 12.8, HJ(6th) 1.25m
M. Murphy	TJ(3rd) 8.22m
V. Fuentealba	1500m walk(5th) 12.46.1
K. Wallace	SP(4th) 7.81m
J. Griffiths	TJ(6th) 8.02m
K. Da Silva	400m(5th) 1.16.0, Dis(3rd) 18.52m
	HJ(7th) 1.20m
H. Parnell	100m(6th) 15.0, 200m(4th) 30.4
	400m(3rd) 1.12.2, LJ(8th) 3.60m
	Snr Relay(1st) 53.4
A. Lindfield	800m(6th) 2.54.0, 1500m(6th) 5.58.1
	HJ(5th) 1.27m
A. Keegan	200m(6th) 31.2, Jnr Relay(4th) 1.02.5
S. Boetang	100m(4th) 14.7, LJ(5th) 3.84m
	Dis(6th) 15.48m
A. Wayne	800m(8th) 3.09.2

Zone Results Cont.,

U/13 Girls

L. Tinker	200mh(7th) 36.9, TJ(5th) 8.55m SP(7th) 6.88m, Dis(6th) 19.34m
K. Di Rosa	200mh(2nd) 30.7, 200m(2nd) 27.7 400m(2nd) 1.03.6, TJ(2nd) 9.68m
R. Orr	Dis(5th) 20.22m, LJ(8th) 3.22m
D. Martin	80mh(8th) 17.5, TJ(8th) 8.25m
E. Low	200mh(5th) 35.2, TJ(4th) 8.65m SP(1st) 8.70m, Dis(3rd) 22.50m
A. Amanakis	80mh(1st) 15.2, 100m(7th) 14.6 200mh(4th) 34.5, TJ(6th) 8.50m
M. Edmondston	1500m(8th) 6.37.9
L. Wayne	1500m(6th) 5.51.4, 3000m(4th) 12.33.6
C. Lee	1500m walk(3rd) 11.46.0, SP(5th) 7.11m Dis(4th) 22.08
M. Wilson	80mh(2nd) 15.5, 100m(2nd) 13.6 Snr Relay(1st) 53.4
S. Warren	100m(1st) 13.1, 200m(1st) 27.4
P. Gunning	200m(5th) 30.5, 800m(2nd) 2.37.5

U/14 Girls

L. Malcolm	80mh(6th) 15.6, 100m(6th) 14.3 200m(6th) 29.3, LJ(5th) 4.51m
R. Quiggin	100m(1st) 13.1, 200m(1st) 27.1 200mh(2nd) 32.5 SP(5th) 9.11m Snr Relay(1st) 53.4
L. Trembath	100m(5th) 14.1, 400m(4th) 1.06.3
R. Hachem	800m(4th) 2.39.7, 400m(2nd) 1.05.5 1500m(4th) 5.31.4, SP(7th) 6.50m

U/15 Girls

A. Di Rosa	90mh(1st) 14.2, 200mh(1st) 28.9 200m(2nd) 25.8, TJ(1st) 9.95m Snr Relay(1st) 53.4
N. Whyte	LJ(4th) 4.18m, HJ(1st) 1.30m
M. Brotherton	TJ(4th) 8.29m
Y. Amanakis	90mh(2nd) 14.7, 200mh(2nd) 30.9 LJ(4th) 4.18m, TJ(2nd) 9.49m
A. Nicol	100(3rd) 13.4, 200m(4th) 27.0 400m(3rd) 1.03.5, LJ(3rd) 4.43m

A TRIBUTE TO ST GEORGE'S TWO OUTSTANDING YOUNG HURDLERS

LAUREN BARTLETT (U/8G) AND KIMBERLEE GREEN (U/9G)

WHO BOTH BROKE ZONE & REGION RECORDS THIS SEASON



KIMBERLEE GREEN
BRONZE MEDAL 60m HURDLES STATE CHAMPIONSHIPS



LAUREN BARTLETT



KIMBERLEE GREEN

GIRLS REGION RESULTS 1994-95.

Competition for the U/8's finished at these Championships.
Listed are those children who were placed in the top 8.

U/8 Girls

E. Dodson	100m(8th) 17.1, 400m(2nd) 1.24.2 60mh(2nd) 11.7
T. Amanakis	100m(2nd) 16.4, 400m(1st) 1.18.0, 200m(2nd) 35.6 Pack(1st) 2.35.6
C. Power	60mh(7th) 12.5, 70m(3rd) 12.0
Y. Phillips	Dis(6th) 12.94
L. Bartlett	60mh(1st) 11.5, 70m(8th) 12.5
N. Peterson	Dis(8th) 11.8m, SP(6th) 4.63m

U/9 Girls

R. Morrow	60mh(5th) 11.4
R. O'Sullivan	400m(7th) 1.21.6, 800m(6th) 3.09.2
C. Hartley	60mh(8th) 11.7
J. Wagstaff	800m walk(7th) 5.11.1
E. Jessup	HJ(2nd) 1.02m
K. Green	100m(2nd) 15.5, 60mh(1st) 10.9 LJ(1st) 3.78m

U/10 Girls

C. Bartlett	HJ(3rd) 1.22m
M. Kikitis	LJ(5th) 3.74m
H. Mezzina	HJ(6th) 1.05m
B. Lenne	1500m(2nd) 5.38.2, 800m(3rd) 2.51.3 400m(6th) 1.18.4

U/11 Girls

N. Whatman	Dis(3rd) 21.62m, SP(2nd) 8.95m
J. Brotherton	TJ(1st) 8.67m, LJ(2nd) 4.38m 200m(8th) 31.7
T. Edmondston	800m(7th) 3.00.7
B. Davison	1500m(2nd) 5.44.4, 800m(3rd) 2.48.4
S. Chew	1500m(6th) 5.59.6
C. Bartlett	HJ(1st) 1.28m, 400m(5th) 1.12.4

U/12 Girls

K. Wallace	SP(7th) 8.44m
H. Parnell	Snr Relay(3rd) 52.7
A. Lindfield	1500m(8th) 5.51.9
S. Boetang	100m(6th) 14.2

U/13 Girls

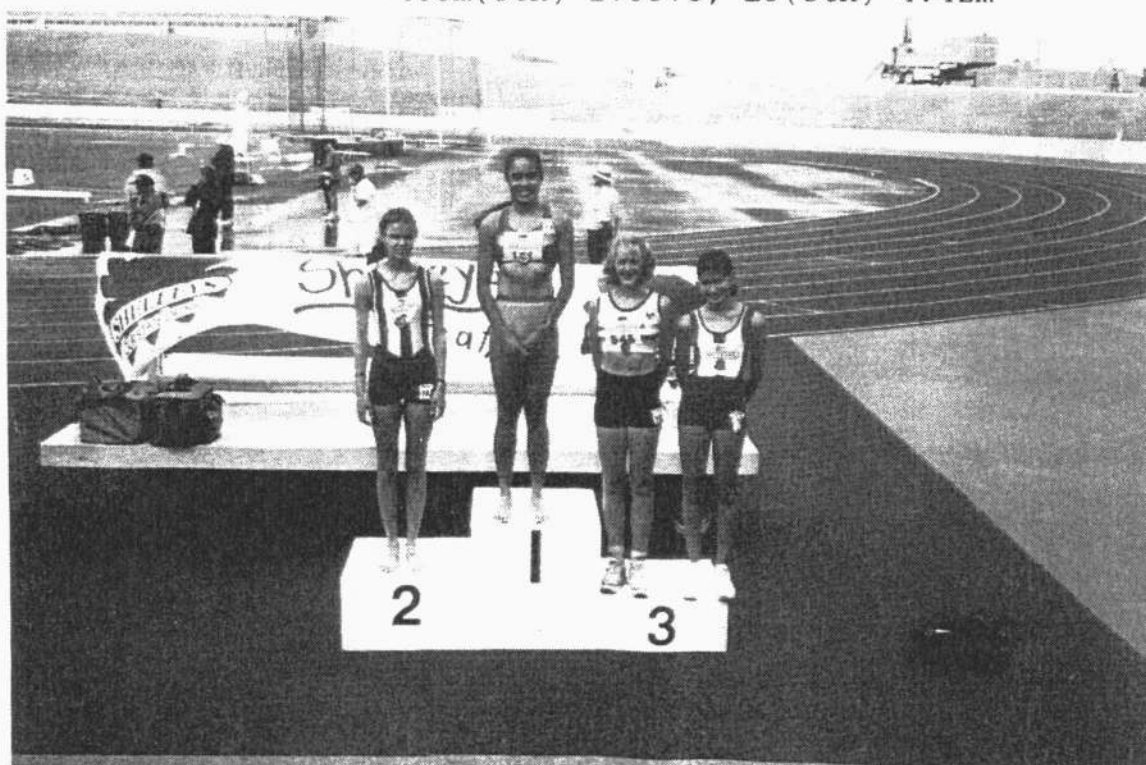
L. Tinker	Dis(8th) 20.16m
K. Di Rosa	200m(2nd) 27.9, 400m(1st) 1.03.7
	TJ(2nd) 9.61m, 200mh(4th) 31.1
E. Low	SP(2nd) 10.19m, Dis(4th) 23.00m
A. Amanakis	80mh(7th) 14.9, 200mh(8th) 33.5
	TJ(8th) 8.76m
L. Wayne	1500m(8th) 5.58.2, 3000m(6th) 12.54.5
C. Lee	Dis(6th) 22.44m
M. Wilson	80mh(4th) 14.6, 100m(5th) 13.9
S. Warren	100m(1st) 13.3, 200m(1st) 27.2
	Snr Relay(3rd) 52.7
P. Gunning	800m(2nd) 2.34.4, 200m(8th) 30.1

U/14 Girls

R. Quiggin	100m(1st) 12.7, 100m(2nd) 27.3
	200mh(1st) 31.8, SP(8th) 8.80m
	Snr Relay(3rd) 52.7
L. Trembath	400m(5th) 1.05.9
R. Hachem	400m(6th) 1.06.7, 800m(6th) 2.38.0
	1500m(5th) 5.30.3

U/15 Girls

A. Di Rosa	90mh(2nd) 13.8, 200mh(2nd) 28.7
	200m(3rd) 26.3
	TJ(4th) 10.16m, Snr Relay(3rd) 52.7
N. Whyte	HJ(2nd) 1.40m, LJ(7th) 4.45m
M. Brotherton	TJ(7th) 9.08m
Y. Amanakis	90mh(3rd) 14.3, TJ(1st) 10.36m
	LJ(2nd) 4.82m, 200mh(4th) 30.7
A. Nicol	100m(5th) 13.4, 200m(6th) 28.4
	400m(6th) 1.06.5, LJ(8th) 4.42m



ALISON DI ROSA & YASMIN AMANAKIS - SILVER & BRONZE MEDALLISTS
U/15G 90mH ** STATE CHAMPIONSHIPS 1995 **

STATE CHAMPIONSHIPS 1995

ST GEORGE LAC REPRESENTATIVES

U/9 G	EIRIAN JESSUP KIMBERLEE GREEN	HJ (14th) 1.0m 60mH (3rd) 10.3 LJ (14th) 3.38m 100m
U/9B	CHRISTOPHER BARAKAT ASTERIOS NAKOUSIS ANTHONY NICOL	100m 100m 200m D (6th) 23.94m
U/10G	BRYDAN LENNE CHRISTY BARTLETT	1500m (3rd) 5.28.7 800m (13th) 2.55.6 HJ (5th) 1.30m
U/11G	NAOMI WHATMAN JANE BROTHERTON BROOKE DAVISON CARLY BARTLETT	SP (8th) 9.61m D (13th) 20.88m TJ (9th) 8.74m LJ (15th) 3.82m 1500m (11th) 5.36.7 800m (15th) 2.53.9 HJ (10th) 1.25m
U/11B	CHRISTOPHER SUTTON BRAD HANSEN	1500mW (3rd) 7.47.1 100m (4th) 13.4
U/13G	KYLIE DI ROSA ELIZABETH LOW SHANNON WARREN PHOEBE GUNNING	400m (6th) 1.02.7 TJ (6th) 10.39m 200m SP (13th) 8.97m 100m (2nd) 13.0 200m (2nd) 27.6 800m (7th) 2.29.6
U/13B	MATTHEW AYRES	1500m (3rd) 4.37.6 800m (5th) 2.19.7 400m (7th) 1.00.1 3000m (9th) 10.42.2
U/14G	RACHELLE QUIGGIN	100m (2nd) 12.5 200m (3rd) 27.0 200mH (6th) 29.7
U/14B	KYNAN SCARR	800m (3rd) 2.13.1 400m (7th) 56.2

Continued ...

State Championships Representatives Continued ...

U/15G	YASMIN AMANAKIS	LJ (2nd) 5.07m 90mH (3rd) 14.0 TJ (9th) 9.67m
	ALISON DI ROSA	90mH (2nd) 13.6 200mH (3rd) 27.9 200m
	NATASHA WHYTE	HJ (13th) 1.45m
U/15B	SEAN CULKIN	HJ (6th) 1.85m 200mH (8th) 27.9

**CONGRATULATIONS TO ALL THESE FINE ATHLETES ON THEIR
OUTSTANDING PERFORMANCES**

REGIONAL BEST PERFORMANCE:

U/8G	LAUREN BARTLETT	60mH 11.5
U/9G	KIMBERLEE GREEN	60mH 10.9

ZONE BEST PERFORMANCE:

U/8G	LAUREN BARTLETT	60mH 11.7
U/9G	KIMBERLEE GREEN	60mH 11.2 (equal)
U/15B	SEAN CULKIN	HJ 1.78m

CENTRE RECORDS:

U/8G	LAUREN BARTLETT	60mH 11.5
U/9G	KIMBERLEE GREEN	60mH 10.3
U/13B	MATTHEW AYRES	3000m 10.42.2
U/14G	RACHELLE QUIGGIN	100m 12.5 (equal)
U/15B	SEAN CULKIN	200mH 26.9 HJ 1.85m

ST GEORGE LITTLE ATHLETICS CENTRE INC.

EXECUTIVE COUNCIL 1995/96 SEASON

PRESIDENT:

VICE-PRESIDENT:

SECRETARY:

TREASURER:

REGISTRAR:

RECORDER:

OFFICER FOR CHAMPIONSHIPS &
SPECIAL EVENTS:

OFFICER FOR OFFICIALS & CENTRE
COMPETITION:

PUBLICITY, FUNDRAISING & SPONSORSHIP OFFICER:

EQUIPMENT, TECHNICAL & GROUND MAINTENANCE
OFFICER:

COACHING & EDUCATION OFFICER:

CANTEEN & BARBEQUE OFFICER: