

**AWARDS FOR 10 YEARS SERVICE WITH
ST GEORGE LITTLE ATHLETICS
and
9 YEAR AWARDS FROM LAA NSW
(9 Years Service to LAA culminating in U/15)**



*Back Row - Left to right – Hayley Brown, Jessica Gavric, Shannon Delaney
Front Row – Left to right – Daniella Barakat, Briannon McLoughlin, Laura Holland*

Recipients of 10 Year Service Award

Daniella Barakat Hayley Brown Laura Holland Briannon McLoughlin

Recipients of 9 Year Award presented by LAA NSW

Daniella Barakat	Hayley Brown	Shannon Delaney
Jessica Gavric	Laura Holland	Briannon McLoughlin

AWARDS FOR 5 YEARS SERVICE WITH ST GEORGE LITTLE ATHLETICS



Names in alphabetical order

Briellen Beattie
Christine Betsos
Patrick Dibley
Laura Fitzpatrick
Ashlee Hannon
Alexander Hinson
Natasha Iosefo
Leiden Kronemberger
Kelli Lynch
Carly McIntosh
Melinda Potente
Michelle Scott
Lauren Sharp
Mitchell Stanley

Brodie Beattie
Morgan Davies
Jason Dooley
Luke Hamer
Nicole Harris
Keshia Hinson
Cameron James
Marcus Leard
Ben McIntosh
Robert Mitchell
Olivia Roth
David Sharp
Breanna Stanley

ST GEORGE - V – PRESTON RESERVOIR CHALLENGE

On the weekend of 22/23 February 2003, St. George Little Athletics was host to the Preston Reservoir Little Athletics Club for the annual interclub challenge. A team of twenty-six competitors represented St. George

U12 Girls	U12 Boys	U11 Girls	U11 Boys
Linda Adu	Brodie Beattie	Julia Faysal	Jack Caffyn
Stephanie Beck	Thomas Delaney	Ashlee Hannon	Matthew Gorman
Robyn Harris	Adam Fitzpatrick	Nicole Harris	Luke Hamer
Grace Lister	Tim Martel-Rose	Rebecca Hartley	Alexander Hinson
Melinda Potente	James Pintaric	Natasha Iosefo	Eugen Luburic
Olivia Roth	Brendan Scott	Alyssa Parkinson	Ben McIntosh
		Sarah Pringle	Matthew O'Gorman

We welcomed our guests over two flights on Saturday morning where the Preston Reservoir Team members, and some of their parents, were introduced to those members of our team who were to be their billets for the weekend. For many of these children, it was either their first time in Sydney or it was the first time our members had played host to an interstate guest.

The Preston Reservoir team members then spent the day with our children, in their family units. Many of our families took the opportunity of showing our guests the sites of Sydney, even if they were under some graying skies. From all reports, our guests fitted in well with the St. George families and were a credit to their own club in the way they carried themselves on whatever adventure they undertook that day.

After a busy day, the two teams gathered at Olds Park on the Saturday evening, for the 31st Annual St. George – Preston Reservoir Challenge. After some minor adjustments to the planned program due to the inclement weather, the two teams were sent forth to battle for a trophy that has been held on to tightly for a few years by St George.

Whilst some may have predicted another victory for St George, mainly based on the Preston Reservoir team being a few members short in some age groups, the final results, and the results of the relays, have many predicting a much closer result when we next venture south in 2004.

As it was, our team captains, Grace Lister and Thomas Delaney, gratefully accepted the H.H. Brennan and R. Honey Rosebowl Trophy on behalf of the St. George team. Congratulations were extended the captains of both teams for the ease that they came to their individual speeches.

The Preston Reservoir team was farewelled from Sydney Airport late on Sunday after again spending the day with their adopted Sydney family.

A special thankyou is extended to Glenda McLoughlin who has again spent an inordinate amount of time for the club in liaising with the Preston Reservoir delegates and preparing and matching our guests to our host families. Thanks also to all those parents who continue to give our members and athletes such support.

Our last thankyou is reserved for those athletes who participated in the challenge. The endeavour, manner and sportsmanship illustrated was a credit to themselves, their parents and the club. We hope those U11's this year, and those who will be given the opportunity next year, continue to support and maintain the continuing tradition.

JOANNE HINSON AND RAY PARKINSON

TEAM MANAGERS

ST. GEORGE MULTI NIGHT

Boys' Results

Friday, 10th January, 2003

AGE	PLACE	NAME	POINTS	AGE	PLACE	NAME	POINTS
U6B	1 ST	Luke MRAKOVIC	2772	U11B	1 ST	Alexander HINSON	3418
	2 ND	Joel McALEER	2014		2 ND	Tyson HENEGHAN	3406
	3 RD	Peter KEARSEY	1949		3 RD	Jack CAFFYN	3152
U7B	1 ST	Rhys DAVIES	3040	U12B	1 ST	Adam FITZPATRICK	4119
	2 ND	Matthew KUDLA	2776		2 ND	James COLEMAN	3831
	3 RD	Marcus CHAN	2624		3 RD	James PINTARIC	2980
U8B	1 ST	Riley DELANEY	3038	U13B	1 ST	James CAFFYN	3717
	2 ND	Jack WORTHINGTON	2885		2 ND	Scott WOODS	3451
	3 RD	Daniel DIMOVSKI	2546		3 RD	Nam CURRIE-NGUYEN	3347
U9B	1 ST	Bradley FORD	4012	U14B	1 ST	Marcus LEARD	3017
	2 ND	Christian LOZADA	3922		2 ND	Steven JUDGE	3013
	3 RD	Ryan ALMOND	3440		3 RD	Dylan SINCLAIR	2363
U10B	1 ST	Tom GOLLINS	3864	U15B	1 ST	Adrian PLAYER	4900
	2 ND	Justin WALKER	3639		2 ND	Shannon DELANEY	4623
	3 RD	Robert LISTER	3623		3 RD	Joseph IOSEFO	4497



U8 Boys Multi Winners

ST. GEORGE MULTI NIGHT

Girls' Results

Friday, 10th January, 2003

AGE	PLACE	NAME	POINTS	AGE	PLACE	NAME	POINTS
U6G	1 ST	Chloe LOPEZ	2207	U11G	1 ST	Alice COLEMAN	3278
	2 ND	Maritsa GREY	1490		2 ND	Clare TOOMBS	3089
	3 RD	Sarah MEDINA	1198		3 RD	Olivia DEMAS	2870
U7G	1 ST	Carolena KOSTAS	2651	U12G	1 ST	Grace LISTER	3400
	2 ND	Ainslie TOOMBS	2163		2 ND	Robyn HARRIS	3189
	3 RD	Mikaeli KINMOND	2121		3 RD	Linda ADU	2975
U8G	1 ST	Naomi LOPEZ	3128	U13G	1 ST	Kayla JARVIS	3154
	2 ND	Ashleigh STEED	2980		2 ND	Amanda FAYSAL	2516
	3 RD	Alison ABDULLAH	2556		3 RD	Dennise CASTANDEDA	2510
U9G	1 ST	Kate CACCAMO	3290	U14G	1 ST	Leiden KRONEMBERGER	2950
	2 ND	Amy MCDEED	3125		2 ND	Ashleigh HILLYER	2787
	3 RD	Cara PETROVSKI	2826		3 RD	Emma MILLETT	2753
U10G	1 ST	Evelyn ADU	3051	U15G	1 ST	Jessica GAVRIC	3741
	2 ND	Zina SUBASIC	2985		2 ND	Ariel BRAY	3229
	3 RD	Morgan DAVIES	2966		3 RD	Zennique GIAMPIETRO	3184



U10 Boys Multi Winners

ST GEORGES BASIN DRAGON DERBY

(Sanctuary Point Oval, St. Georges Basin - Sunday 10 November 2002)

Congratulations to all our athletes who represented our Centre and competed in the St. Georges Basin Dragon Derby on Sunday 10 November. Both parents and children, especially those that managed to stay overnight on the Saturday and partake in some socialising, had a great time. All our athletes performed extremely well, with several new records set. Well done to our St. George parents who participated in the parent activities – you did us proud.

The competitors and their results are as follows:

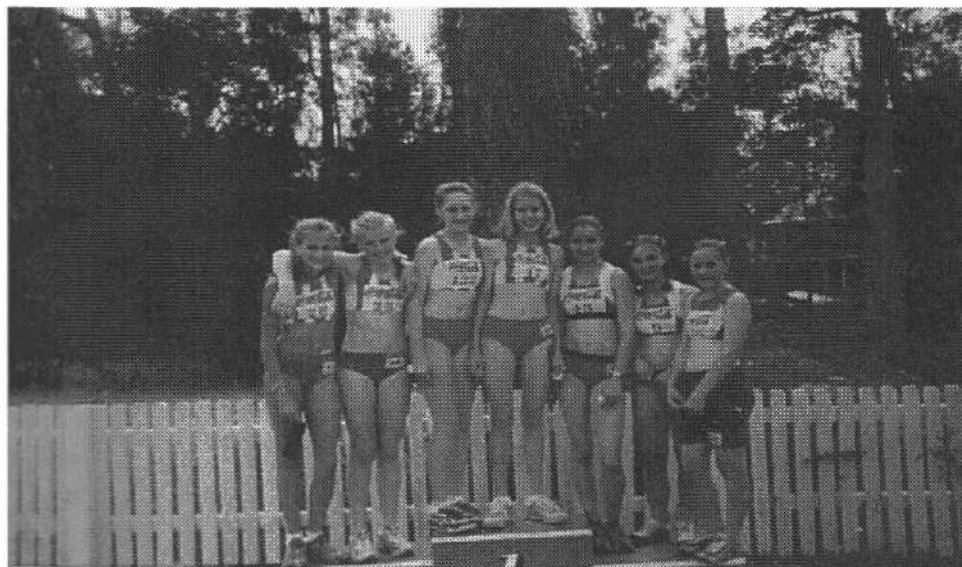
U6						
Maritsa Grey	100m – 8 th	200m – 6 th	300m – 8 th			
U7						
Joshua Pintaric	70m – 1 st	100m – 1 st	SP – 3 rd	LJ – 1 st		
U8						
Candice Dooley	70m – 3 rd	100m – 3 rd	200m – 3 rd	700m – 2 nd	LJ – 5 th	
Riley Delaney	70m – 6 th	100m – 6 th	200m – 6 th	700m – 1 st	DS – 4 th	LJ – 4 th
Lucas Grey	70m – 5 th	100m – 4 th	200m – 4 th	700m – 7 th		
U9						
Alice Iosefo	60H – 8 th	100m – 8 th	SP – 1 st			
Zoe Schubert	60H – 1 st	70m – 1 st	100m – 1 st	200m – 1 st	Walk – 1 st	SP – 2 nd
Cara Hannon	60H – 3 rd	70m – 2 nd	100m – 2 nd	200m – 2 nd	800m – 1 st	
Michael Horafios	70m – 6 th	100m – 8 th	800m – 4 th			
Alex Ortakovski	800m – 7 th					
Adrian Markovski	SP – 7 th					
Bradley Ford	70m – 3 rd	200m – 3 rd	800m – 2 nd	HJ – 2 nd		
U10						
Tom Gollins	60H – 6 th	100m – 8 th	200m – 5 th	800m – 3 rd	Walk – 4 th	LJ – 5 th
Cameron James	60H – 4 th	70m – 3 rd	100m – 2 nd	200m – 3 rd	800m – 8 th	
Andrew Grey	70m – 4 th	100m – 5 th	200m – 4 th			
Jason Dooley	800m – 5 th	Walk – 2 nd				
U11						
Natasha Iosefo	100m – 6 th	SP – 1 st	Jav – 2 nd			
Amanda Horafios	NO	RESULTS	GIVEN	BY	ATHLETE	
Ashlee Hannon	60H – 5 th	100m – 8 th	800m – 4 th	Jav – 8 th		
U12						
Samantha Miles	800m – 4 th	Walk – 1 st				
Oscar Schubert	60H – 7 th	DS – 4 th				
Thomas Delaney	800m – 5 th					
James Coleman	60H – 2 nd	100m – 5 th	200m – 3 rd	800m – 3 rd	Ds – 3 rd	LJ – 8 th
James Pintaric	60H – 5 th	100m – 4 th	200m – 5 th	LJ – 8 th		
U13						
Kayla Jarvis	100m – 6 th	400m – 4 th	800m – 5 th	1500m – 1 st	HJ – 5 th	TJ – 5 th
Katrina Biteznik	Walk – 1 st					
Laura Bray	SP – 4 th	HJ – 8 th				
U14						
Kirsty Brown	100m – 8 th	800m – 6 th	Walk – 2 nd	DS – 7 th		
Melissa Gorman	100m – 7 th	200m – 6 th	400m – 5 th	800m – 4 th	1500m – 3 rd	LJ – 6 th

ST GEORGES BASIN DRAGON DERBY

U14 (continued)						
Bridey Delaney	400m - 4 th	800m - 1 st	1500m - 1 st			
Ashleigh Hillyer	100m - 3 rd	200m - 2 nd	DS - 5 th	LJ - 8 th		
Emma Millett	400m - 2 nd	800m - 2 nd	1500m - 2 nd	DS - 8 th		
Leiden Kronemberger	100m - 4 th	200m - 3 rd	400m - 3 rd	Walk - 1 st	DS - 3 rd	LJ - 1 st
Anthony Howes	100m - 1 st	200m - 1 st	400m - 1 st	800m - 2 nd	DS - 1 st	LJ - 2 nd
Marcus Leard	100m - 2 nd	200m - 2 nd	1500m - 2 nd	Walk - 2 nd	LJ - 3 rd	
U15						
Vanessa Miles	400m - 2 nd	Walk - 1 st				
Ariel Bray	2 nd - U18	HEPTATHLON				
Joseph Iosefo	100m - 3 rd	200m - 3 rd	SP - 1 st	HJ - 4 th	TJ - 2 nd	
Shannon Delaney	400m - 1 st	800m - 1 st	1500m - 1 st	SP - 3 rd	HJ - 3 rd	



St George athletes at St Georges Basin 10th Dragon Derby



800m Winners

From left: Kayla Jarvis, Melissa Gorman, Emma Millett, Bridey Delaney

STATE RELAYS

SAC, Homebush - Sunday, 24 November 2002

Congratulations to all the athletes who represented the Centre at the State Relays. St George put in some good performances and gained a total of 3 medals.

TRACK

GOLD

U8 Girls 4 x 100m – 1st – Ashleigh Steed, Alison Abdullah, Naomi Lopez & Barbara Kudla

BRONZE

U8 Boys 4 x 100m – 3rd – Alex Johnston, Robert Paratore, Riley Delaney & Lucas Grey

PLACINGS – TOP 8

U10 Mixed 4 x 400m – 8th – Tom Gollins, Justin Hitchen, Jasmine Hitchen & Elizabeth Paratore

U13 Boys 4 x 100m – 5th – James Caffyn, Scott Woods, Mark Pedlow & Stephen Piperides

U14 Girls 4 x 100m – 6th – Melissa Gorman, Ashleigh Hillyer, Keshia Hinson & Leiden Kronemberger Res. Elizabeth Beaven

U15 Girls 4 x 100m – 8th – Ariel Bray, Jessica Gavric, Bree James & Laura Holland

U15 Boys 4 x 100m – 6th – Adrian Player, Shannon Delaney, Joseph Iosefo & Robert Mitchell

U15 Mixed 4 x 400m – 4th – Adrian Player, Shannon Delaney, Jessica Gavric & Ariel Bray

FIELD

BRONZE

U15 Girls Shot Put – Discus – 3rd – Emma Elgawly (U14), Hayley Brown, Briannon McLoughlin, & Zennique Giampietro

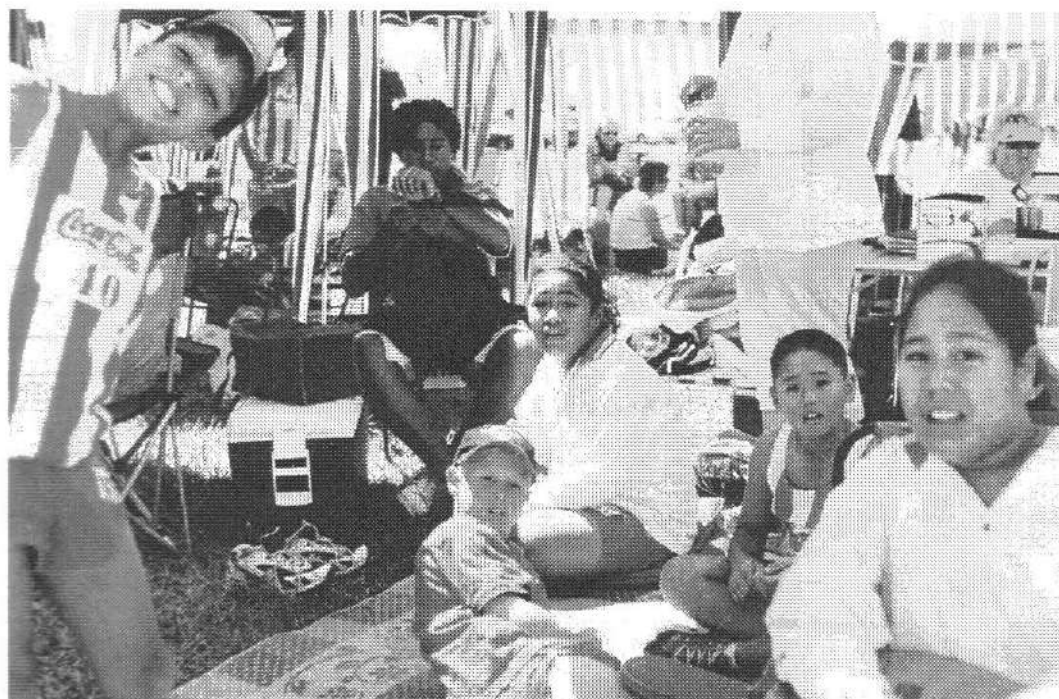


TRANS TASMAN CHALLENGE

(SAC Homebush, 19 January 2003)

Congratulations to our three U11 athletes, Matthew Gorman, Alex Hinson and Tyson Heneghan who participated in the Trans Tasman Challenge on Sunday, 19 January at Homebush. The boys gave it their best and managed to all come away with a medal or two.

Matthew Gorman:	Bronze Medal - Field Relay
Alex Hinson:	Silver Medal - Long Jump & 4 x 100m Relay
	Bronze Medal - 100m
Tyson Heneghan:	Gold Medal - 4 x 100m Relay



SOUTHERN METROPOLITAN ZONE CHAMPIONSHIPS
(Sylvania Waters Athletic Field - Sat & Sun 1-2 February 2003)

We have 87 athletes through to Region – 44 boys in 180 events and 43 girls in 78 events – what a fantastic effort!! Special mention to the U10 Boys, who had 11 athletes through in 22 events and U14 girls who had 9 athletes through in 16 events. Also our Senior Girls relay team who ran a fantastic race to finish 2nd behind Port Hacking.

Some of our top results were as follows:

U7 BOYS	PL	EVENT	U7 GIRLS	PL	EVENT
Marcus Chan	4 th	70m	Madeleine Huntley	4 th	Shot Put
Matthew Springett	4 th	Pack	Carolena Kostas	3 rd	200m
Brodie Stanley	3 rd	Discus		2 nd	Pack
	2 nd	Shot Put	Ashley Power	3 rd	Shot Put
	3 rd	LJ			

U8 BOYS	PL	EVENT	U8 GIRLS	PL	EVENT
Riley Delaney	3 rd	LJ	Alison Abdullah	4 th	400m
	3 rd	Pack	Candice Dooley	3 rd	Pack
Alexander Johnston	1 st	100m	Barbara Kudla	4 th	Pack
	1 st	60Mh	Naomi Lopez	3 rd	400m
	2 nd	70m		1 st	200m
	2 nd	200m		2 nd	100m
				3 rd	LJ
Robert Paratore	4 th	60Mh	Jaclyn Robson	4 th	60Nh
	1 st	200m		3 rd	70m
	1 st	400m		4 th	100m
	1 st	800m		3 rd	200m
Jack Worthington	1 st	Shot Put			

U9 BOYS	PL	EVENT	U9 GIRLS	PL	EVENT
Ryan Almond	3 rd	HJ	Alexandra Diakos	3 rd	Walk
	4 th	60Mh	Cara Hannon	4 th	800m
	3 rd	Walk	Alice Iosefo	1 st	Shot Put
Bradley Ford	1 st	HJ		1 st	Discus
	4 th	200m	Rachel Mannion	4 th	400m
	4 th	400m	Liana Rose	2 nd	Walk
	4 th	800m	Zoe Schubert	4 th	60Mh
Christian Lozada	2 nd	70m			
	3 rd	100m			
	3 rd	200m			
Mitchell Parsons	3 rd	70m			

U10 BOYS	PL	EVENT	U10 GIRLS	PL	EVENT
Stefan Diakanastasis	3 rd	LJ	Laura Fitzpatrick	2 nd	70m
	2 nd	HJ		3 rd	100m
	2 nd	60Mh	Jasmine Hitchen	3 rd	400m
Jason Dooley	2 nd	Walk		1 st	800m
Alex Giampietro	1 st	Shot Put		1 st	1500m
	1 st	Discus	Elizabeth Paratore	2 nd	Walk
Tom Gollins	4 th	400m	Sarah Riggs	4 th	HJ
	3 rd	800m			
	2 nd	1500m			

ZONE CHAMPIONSHIPS (Continued)

Andrew Grey	2 nd	70m			
	3 rd	100m			
Justin Hitchen	4 th	100m			
	3 rd	200m			
Stephen Holbeach	4 th	70m			
	4 th	LJ			
Cameron James	2 nd	200m			
Robert Lister	1 st	1500m			
	1 st	800m			
	1 st	400m			
Tye Stanley	3 rd	Walk			
Justin Walker	1 st	100m			
	1 st	70m			

U11 BOYS	PL	EVENT	U11 GIRLS	PL	EVENT
Matthew Gorman	3 rd	Shot Put	Alice Coleman	4 th	60mH
Luke Hamer	1 st	1500m	Ashlee Hannon	4 th	400m
	1 st	800m	Natasha Iosefo	1 st	Shot Put
	4 th	TJ		2 nd	Discus
	1 st	400m			
Tyson Heneghan	4 th	100m			
	4 th	200m			
Alex Hinson	3 rd	100m			
	2 nd	200m			
	1 st	60mH			
	1 st	LJ			

U12 BOYS	PL	EVENT	U12 GIRLS	PL	EVENT
Ben Amosa	3 rd	Shot Put	Stephanie Beck	4 th	1500m
	4 th	Discus	Alana Bodnar	3 rd	HJ
James Coleman	3 rd	800m	Grace Lister	4 th	60mH
Thomas Delaney	4 th	1500m		4 th	TJ
Adam Fitzpatrick	4 th	60mH	Melinda Potente	3 rd	Walk
	1 st	HJ			
	3 rd	Discus			

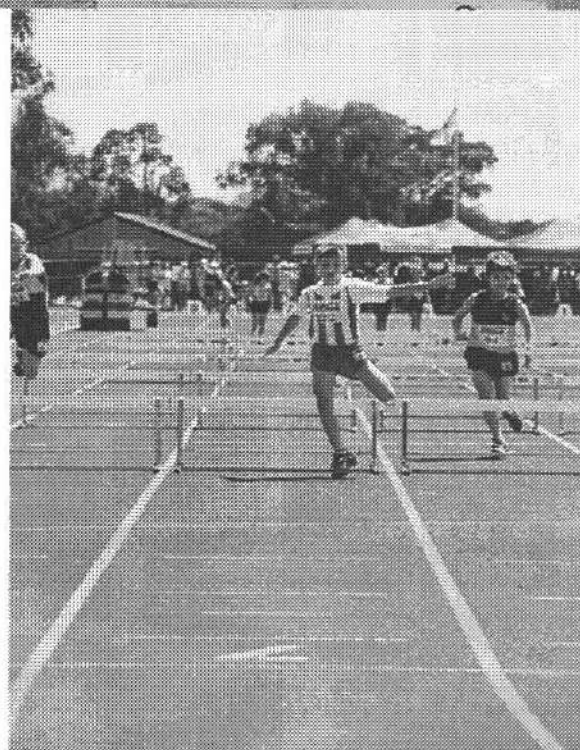
U13 BOYS	PL	EVENT	U13 GIRLS	PL	EVENT
Michael Bastion	3 rd	100m	Katrina Biteznik	1 st	Walk
James Caffyn	2 nd	100m	Laura Bray	3 rd	Shot Put
	2 nd	200m		4 th	Discus
	1 st	LJ	Amanda Faysal	4 th	TJ
Nam Currie-Nguyen	2 nd	1500m	Louise Hamer	2 nd	800m
	2 nd	3000m		2 nd	400m
	2 nd	400m		1 st	TJ
	2 nd	800m	Kayla Jarvis	3 rd	80mH
Mitchell Parkinson	4 th	Discus		3 rd	3000m
Mark Pedlow	4 th	Shot Put		4 th	1500m
Stephen Piperides	4 th	100m			
	4 th	200m			
	3 rd	80mH			
Scott Woods	2 nd	Javelin			
	1 st	Walk			
	3 rd	200mH			

ZONE CHAMPIONSHIPS (Continued)

U14 BOYS	PL	EVENT	U14 GIRLS	PL	EVENT
Michael Hartley	4 th	3000m	Elizabeth Beaven	4 th	TJ
	4 th	Javelin	Melinda Bodnar	4 th	Javelin
Anthony Howes	1 st	90mH	Kirsty Brown	2 nd	Walk
	3 rd	Discus	Bridey Delaney	2 nd	3000m
	3 rd	800m		3 rd	800m
	2 nd	400m		3 rd	1500m
Steven Judge	3 rd	200mH	Melissa Gorman	4 th	400m
	1 st	HJ	Ashleigh Hillyer	3 rd	100m
	4 th	90mH		3 rd	200m
	2 nd	TJ	Keisha Hinson	2 nd	TJ
Marcus Leard	4 th	100m		4 th	LJ
	4 th	LJ	Leiden Kronemberger	2 nd	LJ
Brandon Martel-Rose	3 rd	100m		2 nd	200mH
	2 nd	Javelin	Emma Millett	3 rd	3000m
	4 th	TJ		4 th	1500m
Tim Radley	3 rd	Shot Put		4 th	800m
	4 th	Discus			

U15 BOYS	PL	EVENT	U15 GIRLS	PL	EVENT
Shannon Delaney	1 st	800m	Ariel Bray	5 th	200mH
	1 st	1500m		5 th	90mH
	1 st	3000m		3 rd	LJ
	2 nd	Javelin		5 th	200m
Joseph Iosefo	1 st	Discus	Hayley Brown	2 nd	Discus
	1 st	Shot Put		2 nd	Shot Put
	2 nd	LJ		3 rd	Javelin
Robert Mitchell	1 st	TJ	Ashleigh Fehrenbach	3 rd	Walk
	1 st	Javelin	Zennique Giampietro	1 st	Discus
Adrian Player	3 rd	3000m		1 st	Shot Put
	2 nd	1500m		1 st	Javelin
	2 nd	800m		4 th	Discus
	2 nd	Shot Put	Laura Holland	2 nd	TJ
				2 nd	LJ
				4 th	90mH
			Briannon McLoughlin	4 th	Javelin
				4 th	Shot Put
			Samantha Milton	1 st	1500m
				1 st	3000m
				4 th	800m

JNR BOYS RELAY			JNR GIRLS RELAY		
Christian Lozada	U9		Zoe Schubert	U9	
Justin Walker	U10	3 RD	Jasmine Hitchen	U10	3 RD
Alex Hinson	U11	PLACE	Alice Coleman	U11	PLACE
Adam Fitzpatrick	U12		Robyn Harris	U12	
SNR BOYS RELAY			SNR GIRLS RELAY		
James Coleman	U12		Grace Lister	U12	
James Caffyn	U13	3 RD	Louise Hamer	U13	2 ND
Anthony Howes	U14	PLACE	Ashleigh Hillyer	U14	PLACE
Jospeh Iosefo	U15		Laura Holland	U15	



REGION CHAMPIONSHIPS
(Sylvania Waters Athletic Track, Sat. & Sun 15-16 February 2003)

We had 23 athletes through to State – 13 boys in 25 events and 10 girls in 18 events – what a great effort!!

Many of our athletes who did not make the State team, still did personal bests or made finals (top 8). The St George Centre was proud of the sportsmanship and behaviour of the athletes.

Some of our top results were as follows:

U8 BOYS	PL	EVENT	U8 GIRLS	PL	EVENT
Riley Delaney	3 rd	Pack	Alison Abdullah	8 th	400m
Alexander Johnston	3 rd	70m	Candice Dooley	7 th	Pack
	1 st	200m	Naomi Lopez	4 th	100m
	3 rd	100m		7 th	400m
	2 nd	60H		2 nd	200m
Robert Paratore	1 st	Pack	Jaclyn Robson	7 th	70m
	3 rd	200m		8 th	100m
	5 th	60mH		8 th	200m
	1 st	400m		2 nd	60mH

U9 BOYS	PL	EVENT	U9 GIRLS	PL	EVENT
Ryan Almond	4 th	HJ	Alexandra Diakos	8 th	Walk
Bradley Ford	5 th	HJ	Alice Iosefo	2 nd	Shot Put
	4 th	400m		2 nd	Discus
	7 th	800m	Rachel Mannion	5 th	800m
Christian Lozada	8 th	200m	Liana Rose	5 th	Walk
	6 th	100m	Zoe Schubert	6 th	60mH

U10 BOYS	PL	EVENT	U10 GIRLS	PL	EVENT
Stefan Diakanastasis	1 st	HJ	Laura Fitzpatrick	5 th	100m
	4 th	60mH		4 th	70m
	3 rd	LJ	Jasmine Hitchen	6 th	400m
Jason Dooley	4 th	Walk		2 nd	1500m
Alexander Giampietro	1 st	Shot Put		3 rd	800m
	1 st	Discus	Elizabeth Paratore	3 rd	Walk
Thomas Gollins	4 th	800m	Sarah Riggs	7 th	HJ
	8 th	1500m			
	6 th	400m			
Andrew Grey	7 th	70m			
Justin Hitchen	7 th	200m			
Stephen Holbeach	5 th	LJ			
Cameron James	4 th	200m			
Robert Lister	1 st	1500m			
	2 nd	400m			
	1 st	800m			
Justin Walker	2 nd	100m			
	2 nd	70m			
U11 BOYS	PL	EVENT	U11 GIRLS	PL	EVENT
Matthew Gorman	8 th	Shot Put	Natasha Iosefo	2 nd	Shot Put
Luke Hamer	2 nd	800m		1 st	Discus
	1 st	1500m			
Tyson Heneghan	3 rd	100m			
	5 th	200m			
Alex Hinson	2 nd	LJ			
	7 th	100m			
	4 th	200m			
	1 st	60mH			

REGION CHAMPIONSHIPS (Continued)

U12 BOYS	PL	EVENT	U12 GIRLS	PL	EVENT
Adam Fitzpatrick	4 th	60mH	Alana Bodnar	8 th	HJ
			Grace Lister	5 th	60mH
				5 th	TJ
			Melinda Potente	5 th	Walk

U13 BOYS	PL	EVENT	U13 GIRLS	PL	EVENT
James Caffyn	6 th	100m	Katrina Biteznik	2 nd	Walk
	1 st	LJ			
	7 th	200m			
Nam Currie-Nguyen	2 nd	800m	Louise Hamer	7 th	400m
	2 nd	1500m	Kayla Jarvis	6 th	80mH
	2 nd	3000m			
Stephen Piperides	5 th	80mH		7 th	3000m
Scott Woods	6 th	Javelin			
	7 th	200mH			

U14 BOYS	PL	EVENT	U14 GIRLS	PL	EVENT
Anthony Howes	8 th	Discus	Elizabeth Beaven	8 th	TJ
	6 th	90mH	Kirsty Brown	8 th	Walk
Steven Judge	3 rd	HJ	Bridey Delaney	3 rd	1500m
	8 th	TJ		2 nd	3000m
Tim Radley	6 th	Shot Put		2 nd	800m
			Melissa Gorman	6 th	400m
			Ashleigh Hillyer	6 th	100m
			Keshia Hinson	5 th	TJ
			Leiden Kronemberger	4 th	LJ
				7 th	200mH
			Emma Millett	4 th	3000m
				4 th	1500m
				3 rd	800m

U15 BOYS	PL	EVENT	U15 GIRLS	PL	EVENT
Shannon Delaney	1 st	1500m	Hayley Brown	7 th	Discus
	1 st	3000m	Ashleigh Fehrenbach	3 rd	Walk
	1 st	800m	Zennique Giampietro	1 st	Javelin
Joseph Iosefo	1 st	Discus		3 rd	Shot Put
	2 nd	Shot Put		3 rd	Discus
	4 th	LJ	Laura Holland	6 th	TJ
Robert Mitchell	7 th	Javelin	Samantha Milton	1 st	1500m
	7 th	TJ		1 st	3000m
Adrian Player	4 th	1500m		4 th	800m
	7 th	Shot Put			
	2 nd	800m	SNR GIRLS RELAY		
			Grace Lister	U12	
			Louise Hamer	U13	4 th
			Ashleigh Hillyer	U14	PLACE
			Laura Holland	U15	

STATE CHAMPIONSHIPS
Sydney Athletic Centre
Saturday & Sunday, 15 & 16 March 2003

St George was represented by 13 boys and 10 girls at the State Championships.

5 Gold, 6 Silver and 4 bronze medals were won by our athletes, plus a further 15 top 8 placings. We were very successful this year in the middle and long distance. A number of centre records and personal bests were accomplished over the week end. A fine effort and one that St George can be very proud of.

Gold medal winners were:

Stefan Diakanastasis - U/10

James Caffyn - U/13

Shannon Delaney (3 Gold Medals) - U/15

STATE ATHLETICS TEAM 2003

BOYS

Stefan Diakanastasis - U/10

Alex Giampietro - U/10

Robert Lister - U/10

Justin Walker - U/10

Luke Hamer - U/11

Tyson Heneghan - U/11

Alex Hinson - U/11

James Caffyn - U/13

Nam Currie-Nguyen - U/13

Steven Judge - U/14

Shannon Delaney - U/15

Joseph Iosefo - U/15

Adrian Player - U15

GIRLS

Alice Iosefo - U/9

Jasmine Hitchen - U/10

Elizabeth Paratore - U/10

Natasha Iosefo - U/11

Katrina Biteznik - U/13

Bridey Delaney - U/14

Emma Millett - U/14

Ashleigh Fehrenbach - U/15

Zennique Giampietro - U/15

Samantha Milton - U/15



2002/2003 ST GEORGE STATE TEAM

2003 STATE MULTI EVENT CHAMPIONSHIPS

(Saturday & Sunday, 1 & 2 March 2003)

Croom Road Sporting Complex, HOSTED BY: Albion Park Little Athletics

State Multi-Event is always one of the highlights of the Little Athletics calendar. The week-end away, at the Championships at Albion Park was once again very enjoyable with heaps of fun and socialising for both parents and children. This type of week-end is thoroughly recommended and is great for all the family and allows people to get to know each other better while the athletes perform at their best.

Congratulations to all our athletes who competed. St George was represented by a total of 21 athletes and what a magnificent effort they put in.

We had two athletes in the top 8, Tom Gollins was 5th in the U10 boys and Anthony Howes was 6th in the U14 boys. A further 6 athletes managed to gain places in the top 20 - this is at State Level, a fantastic effort. Well done!

AGE	NAME	NO COMPETITORS	PLACE	POINTS
U8 Girls	Nicole Janes	60	22 ND	2832
U9 Girls	Zoe Schubert	78	9 TH	4455
	Alice Iosefo	78	55 TH	2864
U10 Boys	Tom Gollins	62	5 TH	4961
U11 Boys	Alex Hinson	71	12 TH	4957
	Matthew Gorman	71	24 TH	4731
	Matthew O'Gorman	71	48 TH	3594
U11 Girls	Natasha Iosefo	91	53 RD	3425
U12 Boys	Oscar Schubert	60	33 RD	3935
U13 Girls	Katrina Biteznik	83	51 ST	3500
	Laura Bray	83	56 TH	3328
	Louise Hamer	83	10 TH	4879
	Kayla Jarvis	83	23 RD	4535
U14 Boys	Anthony Howes	43	6 TH	5699
	Steven Judge	43	18 TH	4673
U14 Girls	Kirsty Brown	54	33 RD	3533
	Melissa Gorman	54	24 TH	4165
	Keshia Hinson	54	22 ND	4203
U15 Boys	Joseph Iosefo	46	20 th	6009
	Adrian Player	46	16 th	6211
U15 Girls	Ariel Bray	50	17 TH	4965



*Left to Right: Kayla Jarvis, Bridey Delaney and Melissa Gorman
At Gold Medal Teams Winners at State Cross Country*



Ray and his band of willing workers at the distance track

STATE CROSS COUNTRY & ROAD WALKS

On Sunday, 7th July 2002 the State Cross Country and Road Walks was held in Leeton NSW.

The venue was the Yanco Agricultural High School. It provided challenging conditions for all athletes with its many different surfaces, especially the thick clay mud which caked on the bottom of everyone's shoes, not only the athletes.

Ten St George athletes travelled six hours south west to cold conditions in this beautiful part of the country to contest in individual and team events. Many competitors and their families stayed at the very majestic Historic Hydro Motor Inn. With its stained glass windows and open fireplace it was the perfect stay for this country get away.

All St George athletes placed in the top ten of the cross country events and our U/13 girl's team comprising of Bridey Delaney, Melissa Gorman and Kayla Jarvis placed first thanks to Kayla moving up an age group so that we could form a team. Katrina Biteznik was our only walk competitor placing 5th after already running in her cross country event.

Full results:

Y/7 Boys	Riley Delaney - 5 th
U/10 Boys	Matt Gorman - 4 th
U/11 Boys	Thomas Delaney - 7 th
U/12 Boys	Gerard Gayton - 6 th
U/14 Boys	Shannon Delaney - 1 st
U/15 Boys	Damien Dzedzic - 2 nd
U/12 Girls	Katrina Biteznik - 10 th & 5 th in the walk
U/13 Girls	Bridey Delaney - 3 rd
	Kayla Jarvis - 5 th
	Melissa Gorman - 7 th

A great weekend was had by all athletes and their families.

LYN DELANEY



We stayed in luxury at Historic Hydro Motor Inn Leeton

AN U/15's FAREWELL

I, Jessica Gavric, have now been involved with Little Athletics for the past nine years. I started Little Athletics because I was a 'hyper', energetic, little devil, who couldn't sit still if my life depended on it. So my parents signed me up at the St George Little Athletics Centre hoping that I would run out all my excess energy on Friday nights. I am very grateful that my parents signed me up because I have enjoyed every minute of it.

Athletics has created for me a fun and active lifestyle which I probably wouldn't have had if I hadn't been involved with Little A's. It has been the most fantastic nine years of my life. I will never regret, nor forget the wonderful experience. I have enjoyed meeting loads of new people and making great long lasting friendships (Ashleigh, Ariel, Adrian, Briannon, Bree, Christine, Daniella, Laura, Kirily, Hayley, Emma, Zenique, Vanessa, Shannon, Joseph, Robert, Samantha and my many friends from other clubs).

When I first started out at Little A's I was extremely afraid of that one race, the one that put a lot of strain on our little legs and the one that made us all cry after it had finished. Yes it was the pack start or 800 metres. This race was the one which I thought I would never want to experience ever again but the future has changed and so have I and for those of you that know me you know I love to run the longer and much harder races. I have learnt from experiencing Little Athletics. I have been on wonderful JDP Camps through Little A's where I have had the opportunity to meet famous athletes such as Matt Shirvington, Peter Burge and Lauren Hewitt.

I have enjoyed representing the St George Centre at State Relays where the teams have won medals. I've had a great time going away for the State Multi weekends with the Club. The highlights of my Little Athletics career have been my selection in the U13's NSW State Team and achieving medals at the State Championships.

Little Athletics has given me loads of opportunities to achieve my dreams and I'm thankful for coming to such a great club like St George. Thank you especially to Ben for the laughs and Lynne and Ray Horton for always being there for myself and the U15's.

JESSICA GAVRIC



Jessica at Centre Championships 1996 – U/9

2002/2003 UNDER 15's

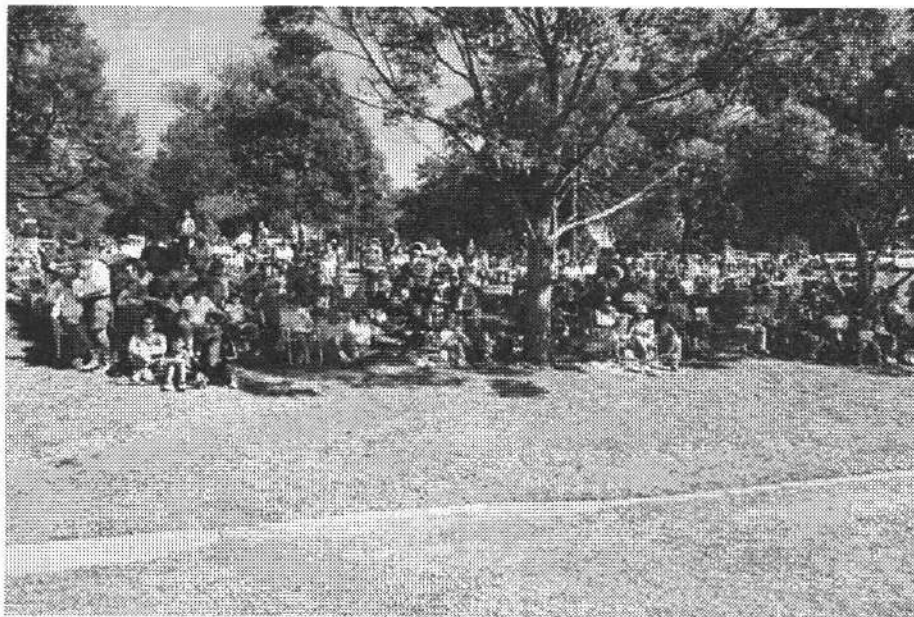


The good and the bad



and the ugly

GOOD BYE AND GOOD LUCK



Presentation Day



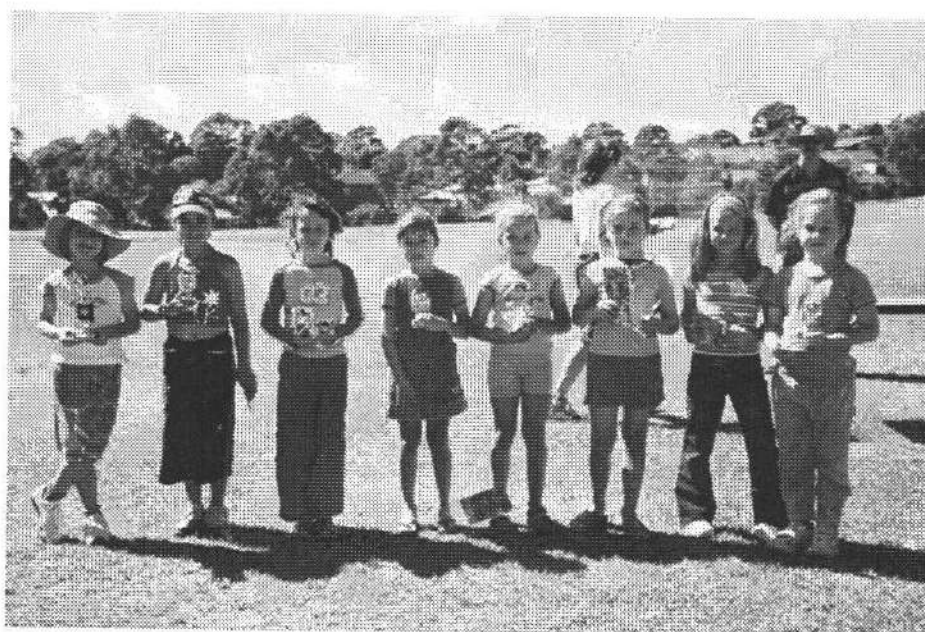
U/6 Boys



U/6 Girls



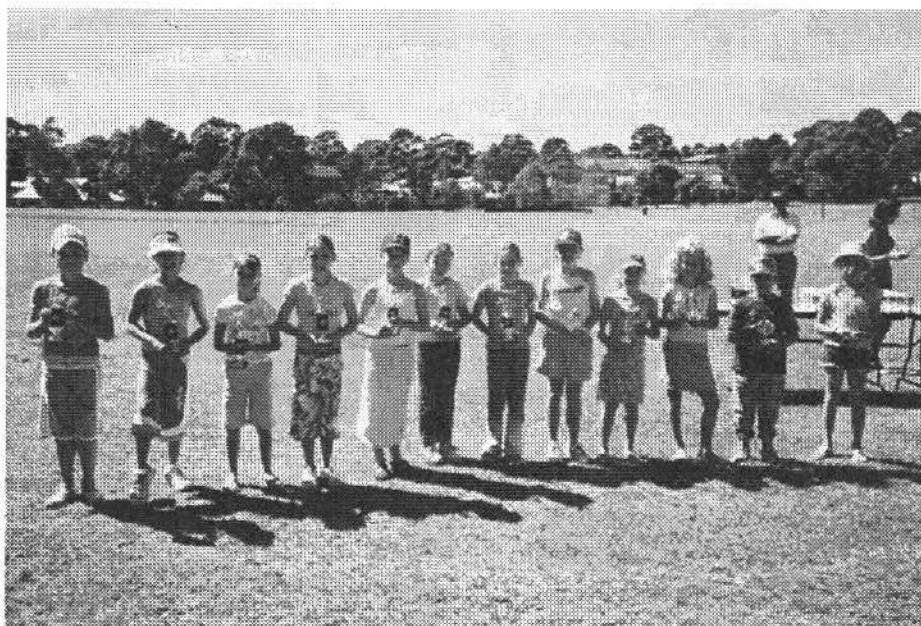
U/7 Boys



U/7 Girls



U/8 Boys



U/8 Girls



U/9 Boys



U/9 Girls



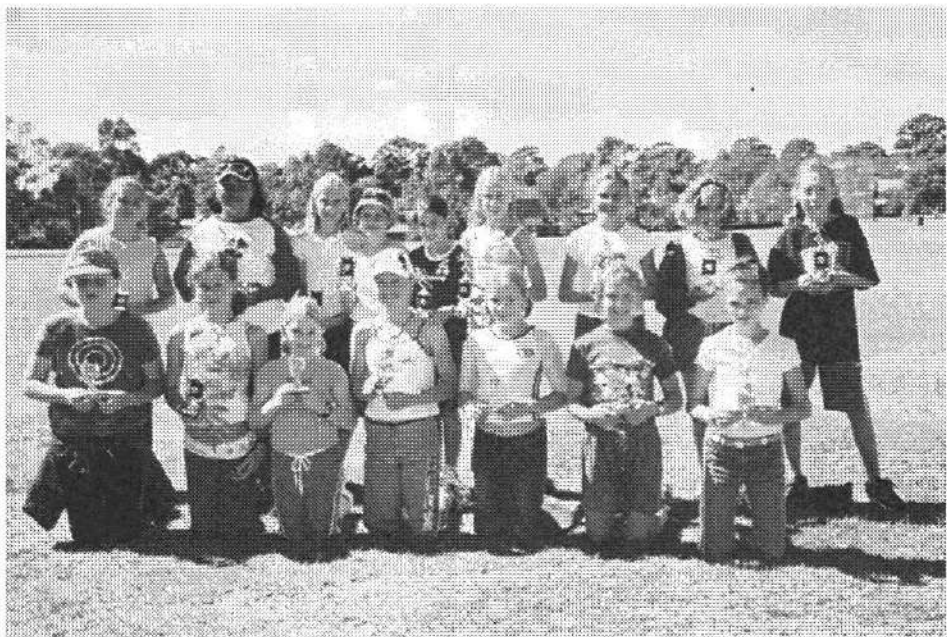
U/10 Boys



U/10 Girls



U/11 Boys



U/11 Girls



U/12 Boys



U/12 Girls



U/13 Boys



U/13 Girls



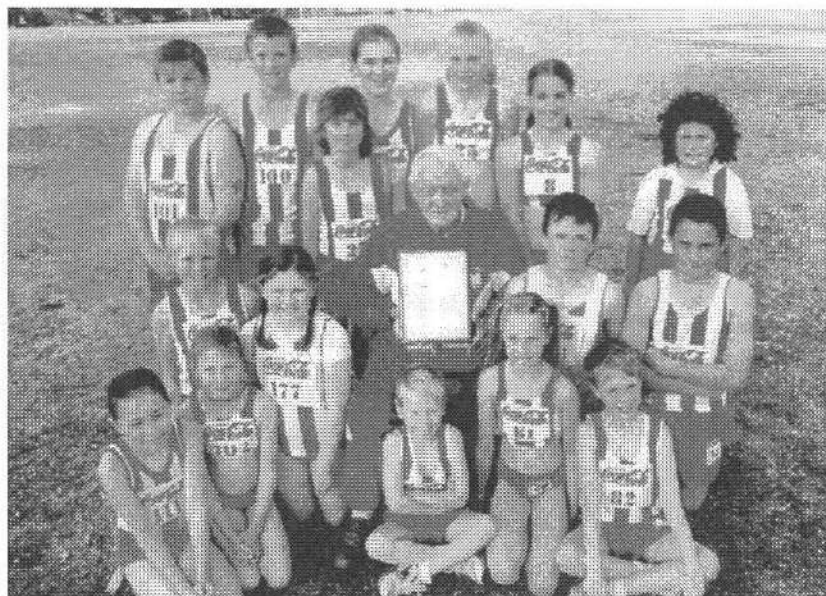
U/14 Boys



U/14 Girls



U/15's



Courtesy of St George Sutherland Leader

EXECUTIVE COMMITTEE 2003/2004 SEASON

President:

Vice-President/s:

Secretary/s:

Treasurer:

Registrar:

Recorder:

Officer for Championships/Special Events:

Officer for Officials:

Publicity:

Equipment/Ground Maintenance Officers:

Coaches:

Canteen:

BBQ:

Uniforms:

GENERAL COMMITTEE

.....

.....

.....

.....

.....

.....