

File Copy

St George

Little Athletics Centre Inc.



**33rd Annual Report
2003 – 2004**

ST. GEORGE LITTLE ATHLETICS CENTRE INC.

33RD ANNUAL GENERAL MEETING

PENSHURST R.S.L. CLUB, PENSHURST

Wednesday, 12th May, 2004

A G E N D A

1. Distribution of:
 - Minutes of AGM held on 14th May, 2003
 - 33rd Annual Report
2. President's Opening Address
3. Presentation of Life Membership
4. Apologies
5. Acceptance of Minutes of 2003 Annual Report & Balance Sheet
6. Presentation of 33rd Annual Report & Balance Sheet
7. Adoption of 33rd Annual Report & Balance Sheet
8. Addresses by Invited Guests
9. Election of Executive Council for 2004/2005
10. Vote of thanks to Returning Officer
11. General Business
12. Meeting Close
13. Supper

ST. GEORGE LITTLE ATHLETICS CENTRE

ANNUAL GENERAL MEETING

12th May, 2004

CORRESPONDENCE OUT

Invitations to the AGM sent to:

Mr. John Burne, Chairman, The Board of Management,
Little Athletics Association. of NSW
CEO Little Athletics Association of NSW
Mrs Anne Lupton, Secretary, South Metro Zone, Little Athletics
Mr. Kevin Greene, NSW State Govt. Member for Georges River
The Mayor, Hurstville City Council
Mr. Philip Sansom, Councillor, Peakhurst Ward, Hurstville City Council
Mrs. Beverly Giegerl, Councillor, Penshurst Ward, Hurstville City Council
Mr. Terry O'Neill, Zone Co-Ordinator, South Met. Zone, Little Athletics
Mr. Albie Thomas, President, St. George District Athletics Club
Helensburgh Little Athletics Inc.
Illawong Athletics Inc.
Port Hacking Little Athletics Centre Inc.
Revesby Workers Little Athletics Centre Inc.
Sutherland Little Athletics Centre Inc.
St. George Little Athletics Life Members (22 letters)
Mrs Julie Upton
Mr John Clark
Friday Night helpers without children:
 Mr & Mrs Peter Rooke
 Mr Peter Tuziak (coach)

CORRESPONDENCE IN *(at time of printing report)*

The Mayor, Hurstville Council-inability	Mr Ben Tinker-acceptance
Mr Philip Sansom-inability	Mr John Dobson-acceptance
Mr Kevin Greene-inability	Peter & Beth Rooke-acceptance
The Board of Management, LAANSW	LAANSW-CEO Kerry O'Keefe-accept.
-acceptance by Mr John Burne	Mr Terry O'Neill-acceptance
Mr & Mrs Fred & Bev Scott-acceptance	Mr Ray Horton-acceptance
Mr Roger Malcolm-acceptance	Illawong LAC-acceptance
Mr John Clark-acceptance	Sutherland LAC-acceptance
Mr & Mrs Coral & Albert Ferraro-accept	Port Hacking-acceptance
Mabs Errington-inability	Revesby Workers-acceptance
Mrs Julie Upton-acceptance	Helensburgh-acceptance
Mr Peter Williams-acceptance	Mr Ian Sheerin-inability
Ms Heather Mitchell-acceptance	Mrs Anne Lupton-acceptance
Mrs Gwen Taylor-acceptance	Mr Peter Tuziak-acceptance
Aldo Giampietro-inability	

**ST. GEORGE LITTLE ATHLETICS CENTRE INC
MINUTES OF 32nd ANNUAL GENERAL MEETING
HELD ON WEDNESDAY, 14TH MAY, 2003
PENSURST RSL CLUB**

1. OPENING OF MEETING

The President opened the meeting at 8.15pm and welcomed everyone present. (42 as per attendance book)

2. PRESIDENT'S OPENING ADDRESS – as per the Annual Report

3. PRESENTATION OF LIFE MEMBERSHIPS:

Glenda McLoughlin

4. APOLOGIES

Philip Samson, Graham Hawkes, Kerry O'Keefe, Jenny Nevin, Mayor of Hurstville Council, Deputy Mayor of Hurstville Council, Gwen Taylor, Ian Sheerin, Melanie Gavric, Francis Errington, Byron Griffith, Janet Gorman, Ray Parkinson.

5. MINUTES OF LAST MEETING

Minutes of the 31st Annual General Meeting, held on 15th May 2002 were accepted as a true and accurate record of that meeting.

Moved: Terry O'Neil

Seconded: Julie Upton

Carried

6. PRESENTATION OF 32nd ANNUAL REPORT & BALANCE SHEET

7. ADOPTION OF 32nd ANNUAL REPORT & BALANCE SHEET

Motion moved that the 2002/2003(32nd) Annual Report and Balance Sheet be taken as read, adopted as presented, and endorsed.

Moved: Ben Tinker

Seconded: Pat Gorman

Carried

8. ADDRESSES BY INVITED GUESTS

Kevin Greene – NSW State Govt. Member for Georges River

Congratulations to Glenda McLoughlin for her Life Membership and to St George LAC for their involvement and encouragement of our young athletes in our area and teaching of skills to the young athletes.

Terry O'Neill – South Met. Zone Co-ordinator

Congratulations to Glenda McLoughlin for her Life Membership, also the achievements of Shannon Delaney. Well done to St George for your increased registrations.

Albie Thomas – President of St George Seniors Club

Congratulations on your season and increased membership. Some of your St George athletes will be receiving awards at Senior's Presentation Day.

Heather Mitchell - Port Hacking LAC/Little Athletics Board Member

Congratulations to Glenda McLoughlin, great report. Congratulations on receiving a 400m track. Well done on your financial report and athletic achievements. Congratulations to Katrina Biteznik on her walk results. Thank you to David Beck for his running of the parent roster at Zone.

Ray Horton, congratulations for his Volunteer of the Year Award.

Ray Loveridge – Illawong L.A.C.

Congratulations to Glenda McLoughlin for her life membership and for your Annual Report.

Arthur Adsett – Sutherland L.A.C.

Congratulations to St George for a great season and a terrific Annual Report.

Vince Nevin - Revesby Workers L.A.C.

Congratulations to Glenda for a well deserved life membership. Thank you to St George for the great friendship developed throughout the years between our clubs.

John Burne – President - Little Athletics Association of NSW Inc.

Great to see many life members attending meetings. Congratulations on your report and great photos. It is good to see the money going back into trophies and equipment. Well done to all for the results achieved by the club. Thank you to the council for all the work at Olds Park, without them our work would be a lot harder. Congratulations to Glenda for life membership and to Ray for his Volunteer of the Year Award. John reported that our Rebel Sports Adidas promotion has been strengthened and requests that our members use this promotion.

Peter Tuziak - Coach

Congratulations on the Annual Report and for all the hard work that all the centre executives and parents put in every week. Congratulations to your athletes who progressed to senior athletics and who have gone on to represent Australia in their fields.

9. ELECTION OF OFFICERS FOR 2003/2004 SEASON

All executive positions were declared vacant.

Fred Scott acted as Returning Officer and conducted the election of officers. Results as follows:

President	-	Lynne Whatman
Vice President	-	Kim Delaney
Vice President	-	Pat Gorman
Treasurer	-	Ray Parkinson
Secretary	-	Penny Newlove
Assistant Secretary	-	Anne Biteznik
Registrar	-	Glenda McLoughlin

Recorder	-	Janet Gorman
Officer for Championships	-	Ben Tinker
Officer for Officials	-	David Beck
Publicity	-	Lyn Delaney
Coaching/Education	-	Aldo Giampietro, Cathy Hamer
Canteen	-	Dennis Howes
Equipment/Ground Maintenance	-	Michael Harris
BBQ	-	Dennis Howes
Uniforms	-	Joanne Hinson
Auditor	-	David Hamer

General Committee

Ray Horton, Gil Baes, Janelle Jarvis, Lois Dooley.

The President thanked the Returning Officer for conducting the election of officers.

10. The President closed the meeting at 9.13pm and invited all present to enjoy the supper being served.

LIFE MEMBERS

Fred Scott	1975	Lou Bulian	1990
Bev Scott	1976	Carol Berrell	1991
Peter Williams	1976	Alex Oh (deceased)	1991
Mabs Errington	1979	Lindsay Watson	1991
Gwen Taylor	1981	Barbara Lea	1991
Ray Horton	1981	Albert & Coral Ferraro	1992
Bob Molloy (deceased)	1982	Graham Hawkes	1996
Byron Griffiths	1984	Terry O'Neill	1999
Paul Reeves	1986	Ben Tinker	1999
Joe Watchorn	1986	John Dodson	2000
Bonnie West	1986	Gill Baes	2001
Bill L'Strange	1987	Roger Malcolm	2001
Bill Cruickshank	1987	Lynne Whatman	2001
Ian Sheerin	1988	Glenda McLoughlin	2002
Margaret Zerzvadse (deceased)	1988		

PRESIDENTS REPORT

It is with great pleasure that I welcome everyone here tonight. Our invited guests, life members, friends and club members to celebrate our 33rd year for St George Little Athletics and to participate in our annual General Meeting.

This past 2003/2004 was perhaps one of the more challenging seasons in recent years. It can be summed up in one word – RAIN. We had more cancelled competition nights than anyone can remember and it even poured on Presentation Day for the first time that we can recall in at least the last twenty years requiring a move to Peakhurst Bowling Club. Despite the weather the season finished on a positive note.

St George athletes competed in LAANSW State Road Walks and Cross Country, State Relays, Zone, Region and State Carnivals, State Multi's (also plagued by rain), Trans Tasman, St Georges Basin Dragon Derby our Preston challenge, this year to Victoria where we retained the trophy, as well as other club's gala days. The rain resulted in fewer athletes entering State Multi and Zone competitions. Despite this, our results were extremely satisfying with many athletes achieving personal best and all the time enjoying their athletics, which we at St George continually encourage.

We thank our coaches who support our athletes week in and out. We had many outstanding results, which you can find throughout our report. One result that I will mention, is the 400m ground record of 22 years broken by Luke Hamer. Not only was this a long standing record but it is the first 400m ground record broken for 12 years.

St George club again hosted a successful OTC coaching day and we trust that as more of our parents complete this course the skills and safe competing by our children will increase. We also continue the ASAP program for our U6 and U7 athletes under the capable control of Cathy Hamer. St George also participated in the School Visit Program, which helped keep our numbers up this season.

Congratulations on the long overdue award of Life Membership to Peter Tuziak. Peter is one of the many people who quietly support our club in the background. Congratulations also to Ben Tinker who was a finalist in the LAANSW Volunteer of the Year and also congratulations to the executive and committee of St George as for the first time St George received a Centre Administration Award and it was gold.

My thanks to the athletes who continue to provide us with such pleasure as they compete each Friday night and we watch them develop their skills and confidence as young people through the years. Their parents are also greatly appreciated for without them there would be no club. My thanks also to the many officials, who do not have children at the club, yet turn up for duty each Friday night.

Thankyou, also to Hurstville Council for their support and also Penshurst RSL, who allow us the use of their facilities free of charge each year.

My final thanks are for the hard working, dedicated executive and committee of our club and their families who allow them the time to devote to the club. I would like to thank Dennis Howes for his many years supervising the running of our canteen and bar-b-cue. Dennis leaves us this season, as his youngest son was an U15. Despite the weather this season our canteen and bar-b-cue continued to provide the extra funds required to run the club. Thankyou Dennis.

Finally, I wish the 2004/2005 executive and committee continued success for the ensuing year.

LYNNE WHATMAN



Under 15's March Past

St George Little Athletics Centre Inc

Statement of Income and Expenditure For the Year Ended March 31, 2004.

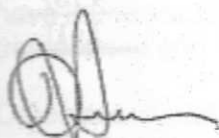
Income		2004 <u>Actual</u>	2003 <u>Actual</u>
		\$	\$
Registration		38,554	31,810
Canteen	Note 2	14,191	13,889
BBQ	Note 2	11,057	14,970
Sponsors, Donations and Miscellaneous Income		426	0
Uniforms	Note 2	13,718	12,578
Interest		1,379	679
Other (including competitions)		1,473	1,760
Preston Fund Raising	Note 1	3,103	0
		<hr/>	<hr/>
		83,900	75,686
Expenditure			
Registration Fees and Resignations		18,511	14,870
Canteen	Note 2	7,204	9,205
BBQ	Note 2	8,540	8,135
Uniforms Purchases	Note 2	13,475	9,167
Annual General Meeting		1,506	1,718
Bank Charges		236	234
Electricity		0	520
Equipment		4,113	5,504
Ground Marking		726	2,186
Insurance		1,858	1,464
Park Fees		1,060	1,328
End of Season Presentation		537	224
Postage		305	38
Printing & Stationery		2,110	4,603
State Conference		799	779
Sundry Expenses incl. Course Fees and Advertising		855	2,374
Telephone		175	50
Competitions		2,638	1,816
Trophy		4,917	6,182
Preston Expenses	Note 1	10,557	363
		<hr/>	<hr/>
		80,123	70,760
Surplus/(Deficit) for the Year		<hr/> <hr/>	<hr/> <hr/>
		3,777	4,926

St George Little Athletics Centre Inc

Balance Sheet As at 31 March, 2004

	2004 <u>Actual</u>	2003 <u>Actual</u>
Current Assets		
	\$	\$
St. George Bank - General Account	23,592	22,637
St. George Bank - Term Deposit	15,125	14,256
St. George Bank - Preston Account	100	1,140
Perpetual Trustee - Term Deposit	5,274	5,124
Petty Cash	300	50
Inventory - Uniforms	10,808	8,215
Total Current Assets	55,199	51,422
 Total Assets	 <u>55,199</u>	 <u>51,422</u>
 Current Liabilities		
Accruals	0	0
Total Current Liabilities	0	0
 Equity	 0	 0
Opening Balance	51,422	46,496
Surplus/(Deficit)	3,777	4,927
Closing Balance	55,199	51,423
 Total Liabilities and Equity	 <u>55,199</u>	 <u>51,422</u>

I report that I have examined the Books and Records of the St. George Little Athletics Centre Inc. for the year ended March 31, 2004 and have received sufficient information as to enable me to form an opinion that the financial statements for the year ended 31 March, 2004 is in accordance with those records and fairly presents the activities for the year and the State of Affairs of the Centre at 31 March 2004.



David Hamer CA
4th of May, 2004

St George Little Athletics Centre Inc

Note 1

2004 Preston Challenge

	2,004	2003
	<u>Actual</u>	<u>Actual</u>
Income		
	\$	\$
Raffles, BBQ & Meat Tasting	176	0
Donation - Service Clubs & Parents	0	0
Chocolate sales	2,068	0
Krispy Kreme Donuts sales	858	0
Interest	<u>1</u>	<u>3</u>
	3,103	3
Expenditure		
Bank Charges	0	0
Hamper	0	0
Chocolate purchases	1,120	0
Krispy Kreme Donuts	496	0
Air Fares and Accomodation	7,053	0
Uniforms/T-Shirts/Screen Printing	<u>1,889</u>	<u>0</u>
	10,557	0
Surplus/(Deficit)	<u>(7,455)</u>	<u>3</u>

Note 2

Summary Major Fundraising Activities

		\$	\$
Canteen	Income	14,191	13,889
	Expenditure	<u>7,204</u>	<u>9,205</u>
	Profit/(Loss)	<u>6,987</u>	<u>4,684</u>
BBQ	Income	11,057	14,970
	Expenditure	<u>8,540</u>	<u>8,135</u>
	Profit/(Loss)	<u>2,517</u>	<u>6,835</u>
Uniforms	Income	13,718	12,578
	Expenditure	<u>13,475</u>	<u>9,167</u>
	Profit/(Loss)	<u>242</u>	<u>3,411</u>

Treasurer's Report

It is with pleasure that I present the financial statements of the St George Little Athletics Club for the 2003/2004 season.

Financially, our club has performed well considering how the elements seemed to conspire against us this season. Despite the maelstroms, the club has managed to fully fund its activities through the 2003/2004 season without the need to draw upon its reserves.

As one of the clubs primary income streams falls from food sales, the number of nights either shortened or cancelled due to inclement weather was always likely to affect the clubs finances. Despite this, the club has returned a slightly increased revenue base as compared to previous years whilst the expenditure line remains not dissimilar to previous seasons, once allowances have been made for Preston Challenge or non-Preston Challenge years, are made.

In a season affected as it was by the weather, the club's small surplus has been derived from a number off factors.

By way of income, and possibly most significantly, was the club's decision to increase its membership fees this year in line with the increasing cost of registration of our athletes in New South Wales. Otherwise, the club saw a decrease in income from the Canteen and Bar-b-que. This decrease was offset by a reduced expenditure base for the canteen which helped the net reduction in income.

Otherwise, general expenditure remained not dissimilar to previous seasons with only the expenditure lines altering. Most significantly the club reduced its spending on printing and stationary, ground marking and trophies whilst these were matched by increased purchases in uniforms which will provide the club with a solid stock to commence the next season. Interestingly, the reduction in costs of the clubs trophies arose from better than expected costing on all trophies, and no engraving charges, rather than by less number or quality of trophies.

For an amateur sporting club, St George LAC has a significant financial turnover. The centre sees approximately \$80,000.00 pass across its books per season. These payments are made on over 200 cheques per season.

We have again this year focused on an assessment of the value of all equipment owned by the club. We have in this season increased the value assessed for this equipment in the assessment for insurance purposes. We have also invested in further computer hardware.

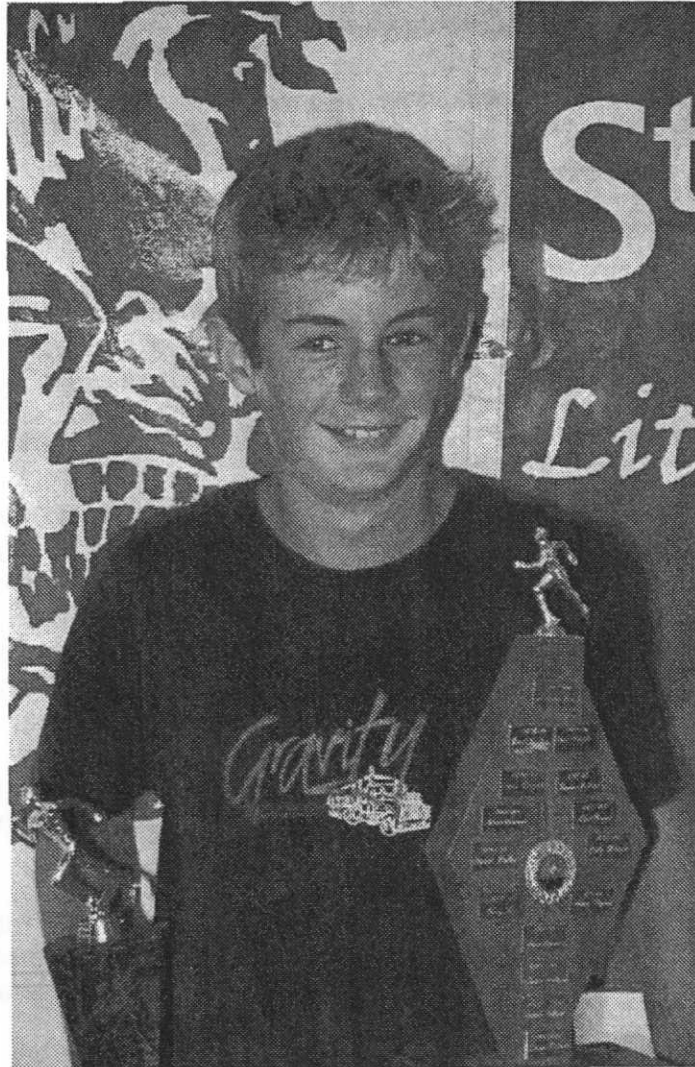
I have again this year a few thanks to extend. Firstly, to all those members of the club who bear a significant financial burden for the club by paying for many of the items that St George LAC purchase regularly before they receive a reimbursement. Whilst we have introduced systems to reduce this burden, their generosity to date has been tremendous and it is always appreciated.

Otherwise, a particular thankyou to our President and Registrar. Their combined wealth of knowledge always allows the review of previous year's accounts with some clarity.

Ray Parkinson - Treasurer

CHAMPION BOY

LUKE HAMER - U/12



Luke is an athlete on the way up in athletics. At the State Championships he came 1st in the 400 metres breaking a record that stood for 25 years. Also, he finished 1st in the 200 metres, 3rd in the 100 metres and was a member of the Junior Relay Team, which came 2nd.

At the Regional Zone Championships he came 1st in the 100 metres, 1st in the 200 metres and 1st in the 400 metres.

At the Zone Championships he came 1st in the 100 metres, 1st in the 200 metres, 1st in the 400 metres.

Luke also achieved 1st place at the St George Multi Competition this season. Congratulations, the centre is very proud of you.

CHAMPION GIRL

NATASHA IOSEFO - U/12



Last season Natasha was our Runner Up Award winner. This year she has taken out the Champion Girl Award.

At the State Championships she came 1st in Shot Put and 8th in Discus.

At the Regional Championships she came 1st in Shot Put and 3rd in Discus.

At the Zone Championships she came 1st in Shot Put and 2nd in Discus.

Natasha also represented St George at the State Multi Trials and State Relays.

Natasha at all times shows good sportsmanship and competes in all events on Friday nights.

She is a very worthy recipient of this award.

CHAMPION BOY

RUNNER UP (Kurt Landers Award)

JUSTIN WALKER – U/11



Justin had a great season in Little Athletics for the Centre. During the off season he broke a leg which at the start of the season kept his times and performances down. The selection Committee decided to give him a couple of 4th spot entries at the Zone Championships and he did not let them down.

At the State Championships he achieved 2nd in 100 metres, 4th in Long Jump and 2nd in the Junior Relay.

At the Regional Championships he came 1st in 100 metres, 2nd in Long Jump, 2nd in the Junior Relay.

At the Zone Championships he came 1st in 100 metres, 3rd in Long Jump, 7th in High Jump and 1st in the Junior Relay.

He achieved 5th place at the State Multi Titles.

He was also a member of our Silver Medal High Jump/ Long Jump Team at the State Relays.

As can be seen by these results, Justin thoroughly deserves this Award.

CHAMPION GIRL

RUNNER UP

(Dianne Holden Award)

GRACE LISTER - U/13



Grace, last season won the Rebecca Orr Encouragement Award with some promising performances. This season she stepped up a grade and made the State Team showing the ability we knew she had.

At the State Championships, Grace came 3rd in the 80 metre Hurdles. She tripped in the 200 metre Hurdles, in the event most observers said that she had a good chance of winning and ran in the 100 metres.

At the Regional Championships she came 1st in 80 metres Hurdles, 3rd in 100 metres and 4th in 200 metres Hurdles.

At the Zone Championships she came 3rd in 100 metres, 4th in 80 metres Hurdles, 4th in 200 metre Hurdles and 5th in Triple Jump.

Grace won the St George Multi Night Title for the Under 13 Girls and during the season set a new Ground Record for the 80 metres Hurdles twice and a Centre Record for the 200 metres Hurdles.

Grace has the ability to attain even greater success in the future.

FIELD AWARD

(Chris Knight Award)

ALICE IOSEFO - U/10



Last season Alice took out the Junior Champion Award. This year, with some outstanding performances, she is awarded, the Top Field Athlete Award.

At the State Titles, Alice came 1st in Shot Put, setting a State Record, which is also a St George Centre Record.

At the Regional Championships she came 1st in Shot Put and set a Regional Best Performance.

At the Zone Championships she came 1st in Shot Put

During the season Alice set 3 Ground Records for Shot Put, 4 Ground Records for Discus, 1 Centre Record for Discus, 1 State Record for Shot Put.

She also represented St George at the State Relays and the State Multi Titles. Congratulations on a great season in Little Athletics.

MULTI-EVENT AWARD

(Alleyn Gainsford Award)

ZOE SCHUBERT - U/10



Zoe is an athlete with an enormous amount of potential. She has shown her all round ability at numerous carnivals this season. At the State Multi Titles she came 2nd against approximately 60 of the States top Under 10 Girls. She also won the St George Multi Night Title.

Zoe represented St George at the State Championships in Discus achieving 6th place.

At the Regional Championships she came 3rd in Discus, 5th in 60 metres Hurdles and 5th in High Jump.

At the Zone Championships she came 1st in Discus, 3rd in High Jump and 3rd in 60 metres Hurdles.

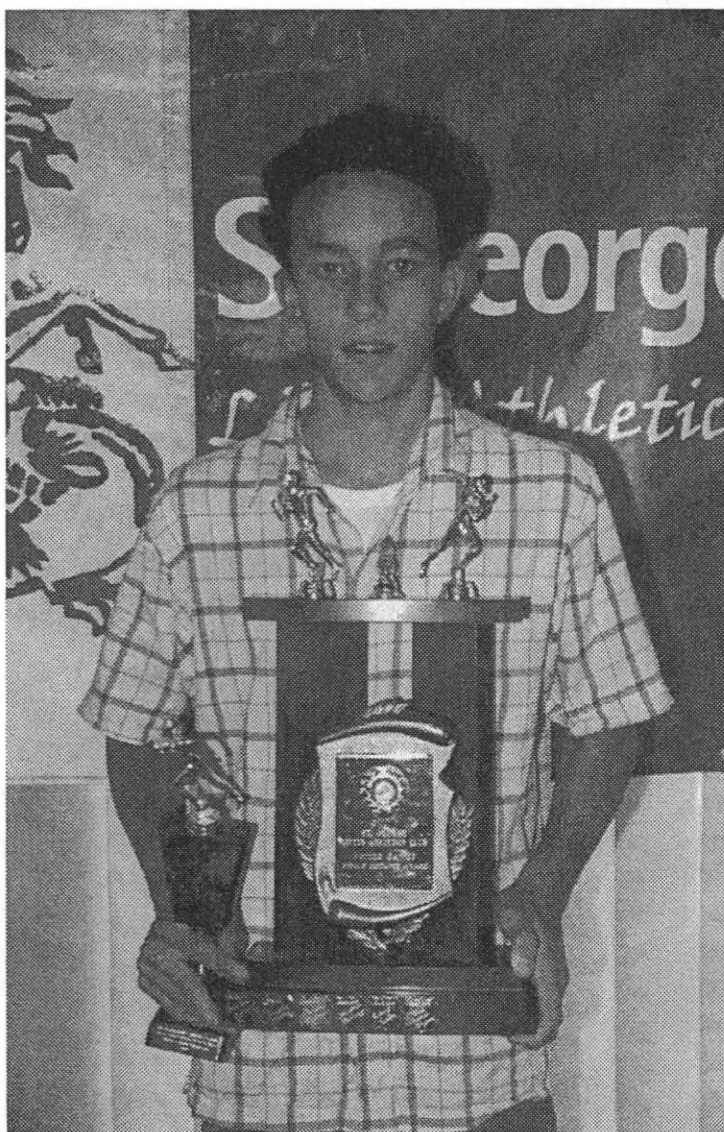
She represented St George in the State Relay Team as a member of the Shot Put/ Discus Team.

Congratulations on a great season.

MIDDLE DISTANCE AWARD

(Nicole Dawes Award)

NAM CURRY-NGUYEN - U/14



Nam is a middle distance athlete with a good future in front of him. He took on the four distance events this season and did himself and St George proud.

At the State Championships he achieved 3rd in the 3000 metres, 4th in the 1500 metres and 4th in the 800 metres.

At the Regional Championships he came 2nd in the 3000 metres, 2nd in the 1500 metres, 2nd in the 800 metres, 4th in the 400 metres.

At the Zone Championships he came 1st in the 400 metres, 1st in the 800 metres, 2nd in the 1500 metres and 2nd in the 3000 metres.

Along the way he set a new ground record for the 3000 metres.

He also came 3rd in the St George Multi Night.

Nam has always shown good sportsmanship. The Centre is very proud of you.

WALK AWARD

ELIZABETH PARATORE – U/11



Elizabeth has been one of our top young walkers for the past couple of seasons.

This year she topped off the season with a 2nd place at the State Championships.

At the Regional Championships she came 2nd in the Walk.

At the Zone Championships she came 1st in the Walk and 8th in the 800 metres.

During the season Elizabeth broke the Ground Record at St George and she also came 2nd in the St George Multi Night.

A very worthy winner of this Award.

She also

Naomi is a

JUNIOR CHAMPION - BOY

BRADLEY FORD - U/10



Bradley is a young athlete with great all round athletic skills. For the last five seasons he has won the St George Multi Night Event in his Age Group.

He represented St George at the State Championships in 400 metres coming 5th and High Jump where he came 7th.

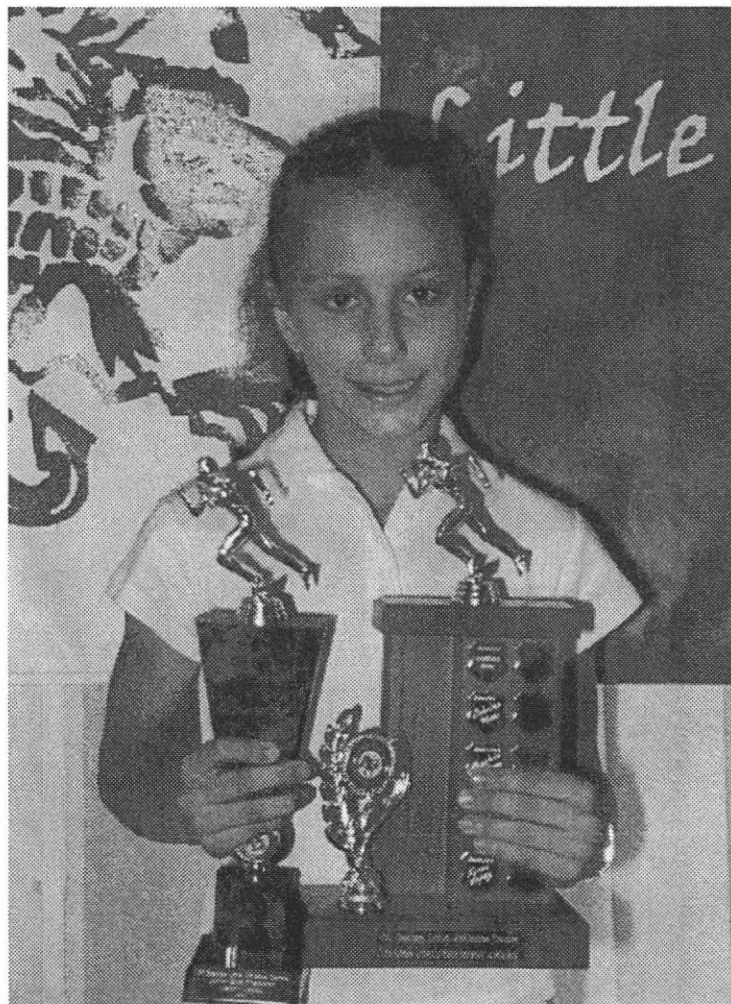
At the Regional Championships he achieved 3rd in 400 metres & 3rd in High Jump.

At the Zone Championships he came 1st in High Jump, 3rd in 400 metres, 4th in Shot Put and 4th in 800 metres.

As can be seen by his all round ability this award is long overdue. Congratulations.

JUNIOR CHAMPION - GIRL

NAOMI LOPEZ - U/9



At such a young age Naomi shows the ability to be a force for our Centre in the future.

At the State Championships Naomi came 2nd in the 200 metres, 5th in the 70 metres, 5th in the 100 metres and 8th in the Long Jump.

At the Regional Championships she came 1st in the 200 metres, 2nd in the 100 metres, 2nd in the 70 metres and 3rd in the Long Jump.

At the Zone Championships she came 1st in the 70 metres, 1st in the 100 metres, 1st in the 200 metres and 1st in the Long Jump.

Naomi was a member of our Gold Medal 4 X 200 metres State Relay Team and 4 X 100 metres State Relay Team.

She also came 1st in the St George Multi Night Competition.

Naomi is a worthy winner of this award.

We wish

THE REBECCA ORR

ENCOURAGEMENT AWARD - GIRL

STEPHANIE BECK – U/13



Stephanie represented St George at the Regional Championships and achieved 5th place in the 3000 metres and 8th place in 1500 metres.

At the Zone Championships she came 2nd in 3000 metres, 3rd in 1500 metres, 6th in 800 metres and 6th in Long Jump.

During the season Stephanie broke the St George Ground Record for the 3000 metres.

Stephanie always tries to the best of her ability and she shows great sportsmanship.

We wish her well for the next season.

THE REBECCA ORR
ENCOURAGEMENT AWARD - BOY
OSCAR SHUBERT – U/13



Oscar represented St George at Regional Championships in Discus achieving 5th place and in Shot Put coming 7th.

At the Zone Championships he came 2nd in Shot Put, 2nd in Long Jump, 4th in Discus and 5th in Javelin.

During the season he also represented St George at the State Multi Titles and came 2nd in the St George Multi Night Competition.

His attendance and participation at Friday night competition was very high and he has always shown good sportsmanship.

We wish him well for next season, well done.

FRIDAY NIGHT
ENCOURAGEMENT AWARD - BOY
TYE STANLEY - U/11



Tye represented the Centre at Zone and Region in the 1100 metre Walk. He also represented the St George Little Athletics Club at the Preston Challenge in Victoria.

Tye has been a willing participant in all events and tries very hard at everything he does. He also shows good sportsmanship.

Tye has a very calm and quiet manner and is always happy. He gets on well with the other athletes. He is always polite and ready to help the age Manager at any time and he has a good attendance record.

He is very worthy of this Award.

FRIDAY NIGHT

ENCOURAGEMENT AWARD - GIRL

NICOLE HARRIS – U/12



The quality that stood out most in Nicole was her ability to always give 100% in every event that she competed. It did not matter whether it was one of her stronger events or least favoured events; Nicole always tries to improve on her own best performance.

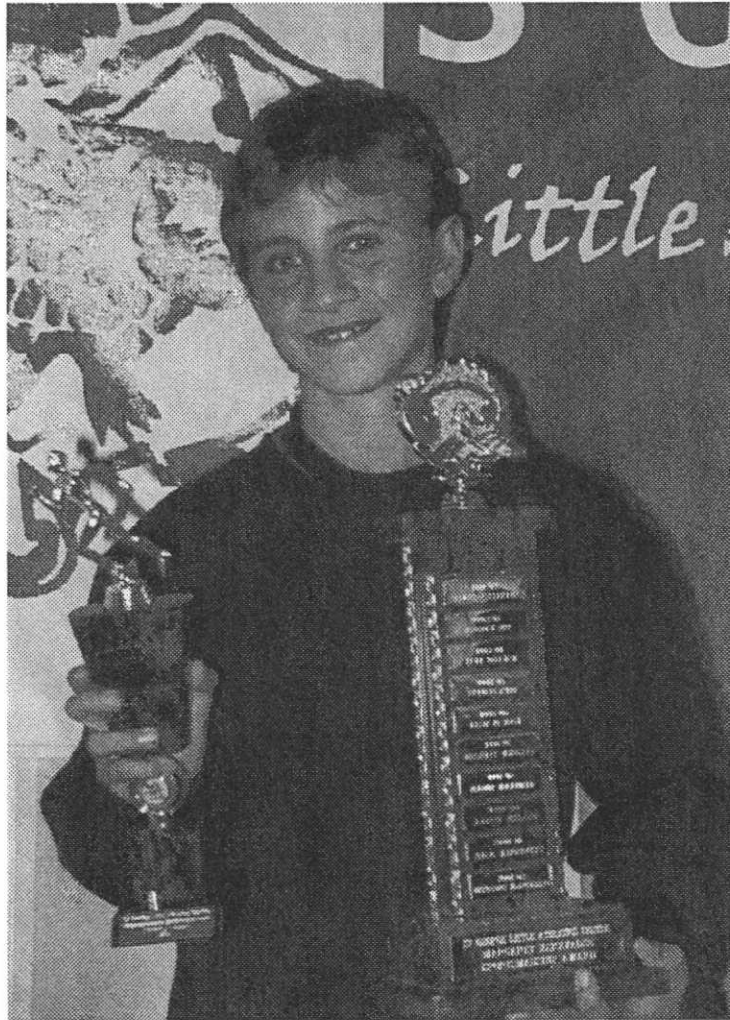
Nicole has a high attendance record not only this year, but all the 6 years she has attended Little Athletics. She always helps carry the clothing basket without being asked. Nicole would always help in retrieving the discus or shot put when there were not enough parent volunteers. Her behaviour is impeccable at all times. And she has a happy nature that is infectious within the whole group.

Nicole may not be a high achiever in Little Athletics but because of her hard work ethic and strong will, she shall succeed in life's challenges.

SPORTSMANSHIP AWARD

(Margaret Zerzvadse Award)

TIMOTHY HOGAN - U/12



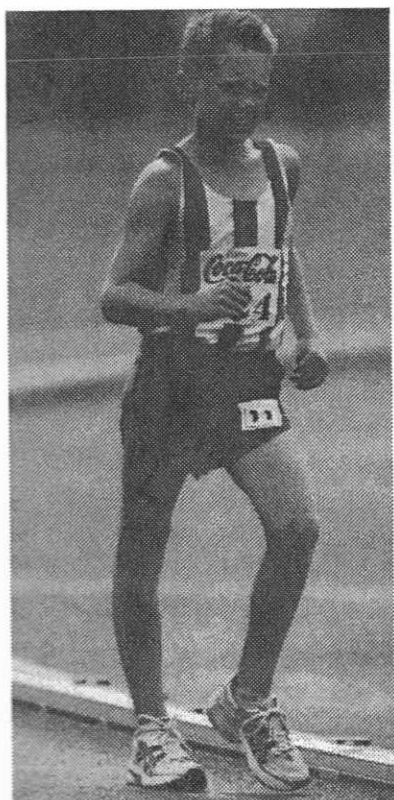
The Sportsmanship Award has been won by an athlete, that right from the start of the season, although being very quiet and not saying very much, still came across as being a 'nice kid'. He was always polite, considerate and co-operative. On Friday nights he achieved 100% attendance, which shows his dedication and will to compete no matter what position he would finish at the end of each event.

Tim was selected in the Under 12 Boys, 4 X 100 metres State Relay Team as the reserve. He attended every training session and ran in any position he was asked without questioning. On the day he attended, watched and cheered as the remainder of the team ran the heat and managed to grab a place in the final.

Once again Tim was there and encouraged them on to a Bronze Medal.

Although a little shy we managed to get him up on the dais for the Medal Presentation with the rest of the Team.

Tim showed a wonderful display of sportsmanship and has indeed proved to be without doubt a 'good sport'.



Jason Dooley
1100m Walk



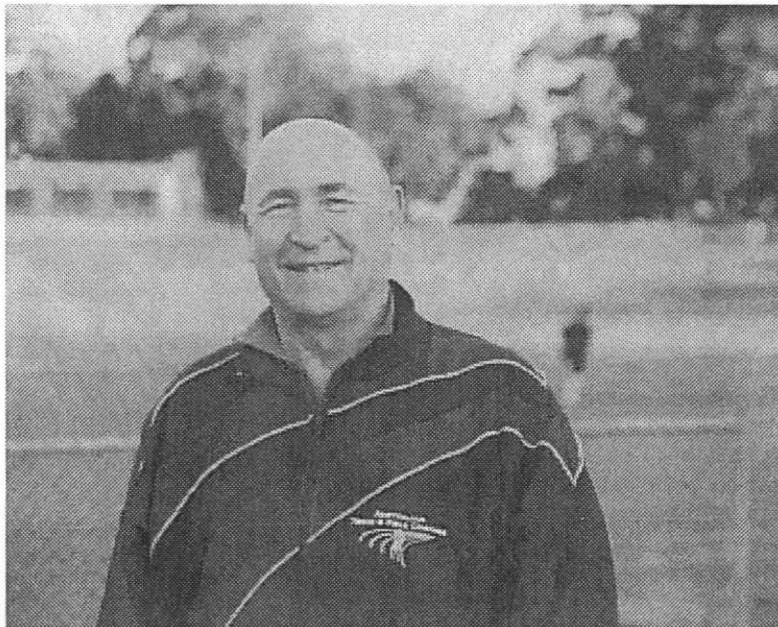
Matthew Gorman Trans Tasman Trials



Nam Currie-
Nguyen
3000m

PETER TUZIAK – LIFE MEMBER

Peter Tuziak is a coach for our athletes. He has been sharing his expertise with children since he was a fifteen year old living in Albury. A competitive athlete himself, Peter continued to give his time as he moved from Tamworth and then to Griffith. In Griffith he met his supportive wife who confesses to having 'no interest in athletics' but when they moved to Sydney in 1988, graciously allowed him to continue his passion. St George Little Athletics and Senior Athletics were fortunate enough to have Peter become involved.



For over ten years Peter has put aside three evenings per week to coach our children. Whatever the conditions, you will see Peter down at Old's Park or at Homebush with his stopwatch and measuring tape. In keeping with the philosophy of Little Athletics, Peter encourages the athletes to try a variety of events rather than just specialise in one at an early age. No matter what the age or talent, Peter has time for all (he's even been known to get the odd parent to have a go!).

Peter keeps up-to-date with courses and puts his psychology training to good use. From athletes who have represented Australia to those who do a P.B. on Friday night, Peter applauds their improvements and gives them the encouragement and skills to continue in this great sport. 'Athletics' is the winner with Peter Tuziak on board. St George Little Athletics is privileged and honoured to have you as a life member of our club.

OFFICER FOR CHAMPIONSHIPS & SPECIAL EVENTS

The 2003-2004 Season was a good one for the St George Club. Most pleasing for me was the performances of our younger athletes. For years we have been watching our U/13's to U/15's athletes doing well and hoping our younger athletes could match them. This season the younger athletes turned the tables with successes at the State Multi Titles, State Relays and the State Championships to show how our club has a strong future.

The State Multi Titles, this year were a bit wet, but everyone that went had a good time and said they would be back next year.

Thank you to Janelle Jarvis and Lynne Whatman for their help throughout the season, which was much appreciated. Also to Pat Gorman for his help in setting up equipment for the carnivals and being Team Manager together with Lois Dooley.

I wish the incoming committee the best for the coming season.

Ben Tinker



REGISTRAR'S REPORT

Even though this was my eighth season as Registrar I can assure you that I still feel nervous leading up to our registration nights simply because of the large number of registrations we process each year. This season was no different with 350 registrations being taken over the two nights.

I wish to express my gratitude to the members of the executive and committee who ably assisted and organized these nights. The nights appeared to run more smoothly than previous ones, so they are to be congratulated. A sincere thank you to my assistant Janelle Jarvis, especially when she stepped in on the first competition night, as I was unavoidably late. Also thanks to both Janelle and Janet Gorman for the continued support with registrations during the ensuing weeks.

A summary of the centre registrations for 2003-2004 season follows.
(Previous seasons figures are shown in brackets.)

AGE	GIRLS	BOYS	TOTALS
U/6	30 (22)	32 (17)	62 (39)
U/7	29 (32)	30 (32)	59 (64)
U/8	30 (38)	30 (52)	60 (90)
U/9	34 (33)	49 (45)	83 (78)
U/10	32 (38)	34 (46)	66 (84)
U/11	31 (37)	43 (26)	74 (63)
U/12	27 (36)	31 (22)	58 (58)
U/13	18 (21)	15 (27)	33 (48)
U/14	17 (19)	17 (16)	34 (35)
U/15	<u>16 (16)</u>	<u>11 (6)</u>	<u>27 (22)</u>
TOTALS	264 (292)	292 (289)	556 (581)

The total number of registrations for this season decreased by 25 on the previous season. This appears to be in line with a general downward trend statewide in Little Athletics. The three school visits we undertook prior to the commencement of our season did help lessen a more significant decrease with some 50 registrations hearing about us through the visits.

Last season saw the girls just manage to outnumber the boys, however this season the normal trend has returned with the boys in front again. It was pleasing to see our U/6's and U/15's age groups numbers increase this season, the best for both since the 1999 – 2000 season. Once again large numbers in several age groups necessitated splitting them for easier management.

Registrations came from some 367 families this season and the percentage of new registrations decreased by 7% on last season to 50%. The 50% figure of re-registrations is the best in seven seasons, hopefully a trend that will continue.

GLENDAL MCLOUGHLIN

OFFICER FOR OFFICIALS

The 2003/2004 Season again saw registrations well over 500 athletes and the task of co-ordinating over 100 parents each Friday night to run all the events.

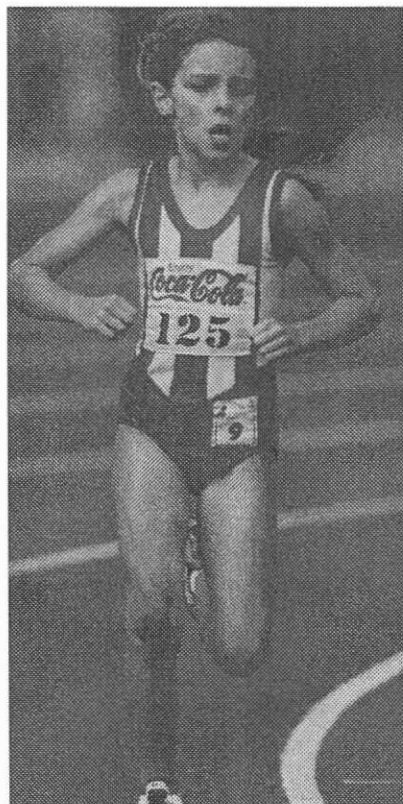
Many thanks are extended to the Chief Officials, Marshalls, and all those co-operative parents who regularly assisted on Friday nights to make it an enjoyable night for all the athletes and parents. Special thanks also to those parents who volunteered on their non-rostered night. It is important to remind some parents that it is a condition of registration that parents assist on their allocated night.

Thanks also to the Age Managers for helping organise the groups. It can be seen, that those groups with regular Age Managers are generally the most harmonious and are groups who progress through events most efficiently.

Those parents who assisted at State Relays, Zone, Region and State Championships are also to be thanked.

Finally, my thanks to Elise for all her help and we look forward to another successful season in 2004/2005.

David Beck



Candice Dooley 400 metres

2003/2004 TEAM MANAGERS REPORT

The 2003/2004 season for St. George was once again a very busy and rewarding season for the St. George Centre.

Again, the past season has seen a number of Centre and Ground Records broken, some of which were long standing records. St George also performed well at Zone, Region and State Track and Field Championships. Our centre was also well represented at the State Multi and State Relay competitions.

A special mention to two of our athletes, Luke Hamer (U12B) and Alice Iosefo (U10G) who set new State records at the State carnival: Luke in the 400m and Alice in the Shot Put. These athletes both had an outstanding season.

I would like to thank the parent helpers who have come forward at Centre, Zone, Region and State levels. When all parents take their turn it allows the competition to run smoothly and everyone gets the opportunity to see their children competing.

Once again, I would like to thank Ben Tinker, David Beck, Lois Dooley (Girls Team Manager), Janelle Jarvis, Joanne Hinson, Glenda McLoughlin, and my wife Janet, for their help and support throughout the season - it was much appreciated.

Further in this annual report is an outline of the Championships, carnivals and special events in which St. George participated this season.

PATRICK GORMAN



Senior Girls Relay Team

Nikki Apostolidis, Amanda Faysal, Grace Lister, Ashleigh Hillyer

COACHING REPORT

Congratulations to all athletes on another outstanding season of competition. Our enthusiastic athletes, proving that their hard work and training has paid off, achieved fantastic results again this year. It is pleasing to see so many young athletes attempting to better their skills by attending regular scheduled training sessions.

A special thanks to our sprint coach Peter Tuziak for dedicating his time towards improving our young athletes. His efforts are greatly appreciated by all at St George Little Athletics. Also, thanks to Cathy Hamer for running the ASAP Program for Under 6's & 7's throughout the season, together with helping on Monday nights.

ALDO GIAMPIETRO



Junior Boys State Relay Team

Luke Hamer, Justin Walker, Christian Lozada, Alex Johnston

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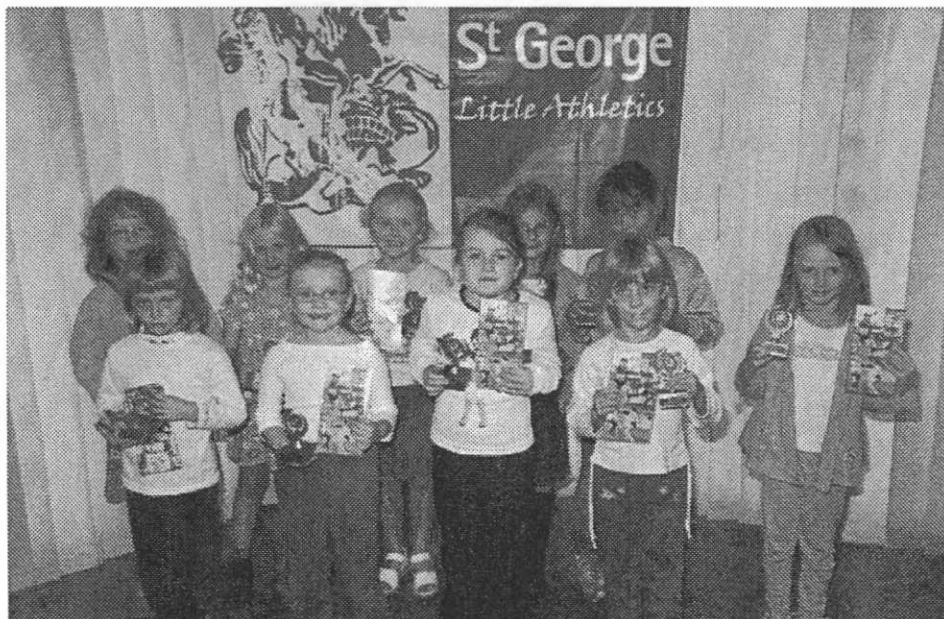
THE ATHLETIC SKILLS AWARD PROGRAMME

Throughout the season the Under 6's and Under 7's have been participating in the Skills Programme, which is in its third year at St George. The young athletes learn the techniques of running, jumping and throwing by playing games and doing fun drills.

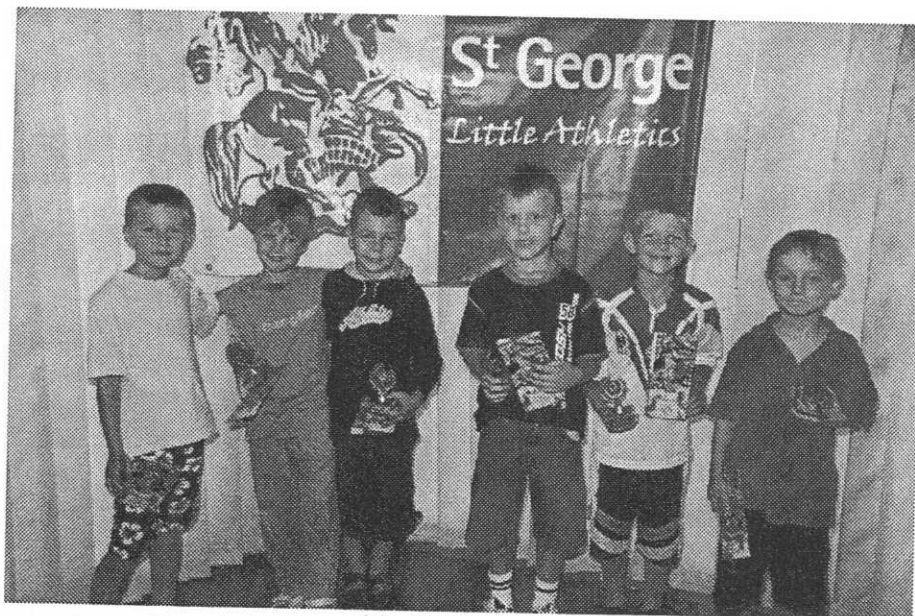
There are ten skills in each level and each child is marked off as they display each skill eg. running in a straight line, landing a jump with their knees bent. This year the rain impacted a bit on the programme. Of course those athletes who attended most regularly, were able to be assessed more frequently and they finished the season with a good introduction to the basics. The new Under 7's and the Under 6's received a booklet at the Presentation Day outlining the skills observed and the returning Under 7's had their previous year's booklet updated.

In order to improve this programme more volunteers are required. No coaching experience is necessary as all the sessions are explicitly outlined in a manual. The children are very receptive with some saying that it was 'their favourite' part of Little A's. It is very rewarding to watch the young ones coming through the ranks running with 'arms like the corners of a square'; jumping 'over the river' into the sandpit and enjoying their sport. Thanks age managers for assisting with 'crowd control' each week and thanks kids for the lovely smiles and hellos whenever you see me.

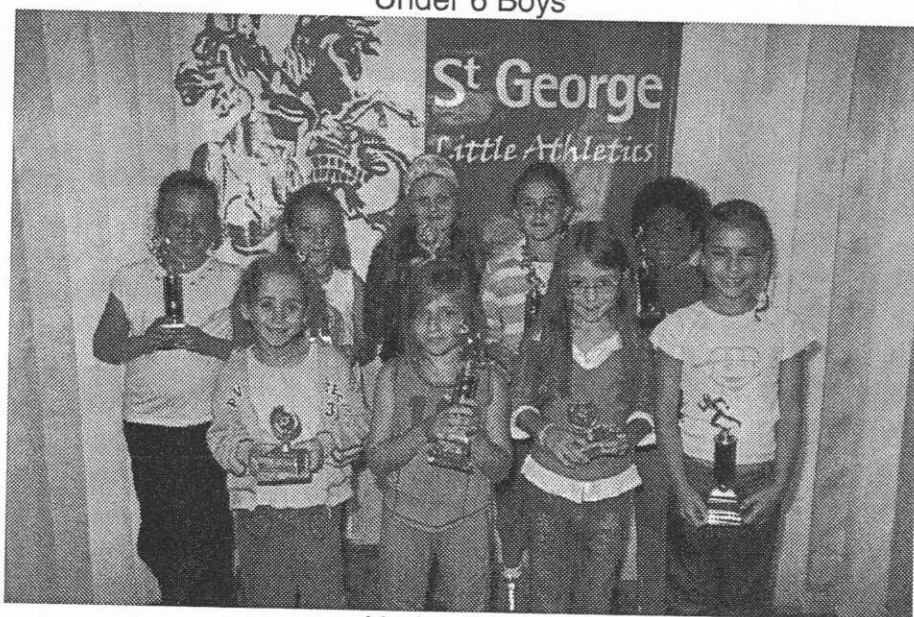
Cathy Hamer
(Coaching and Development)



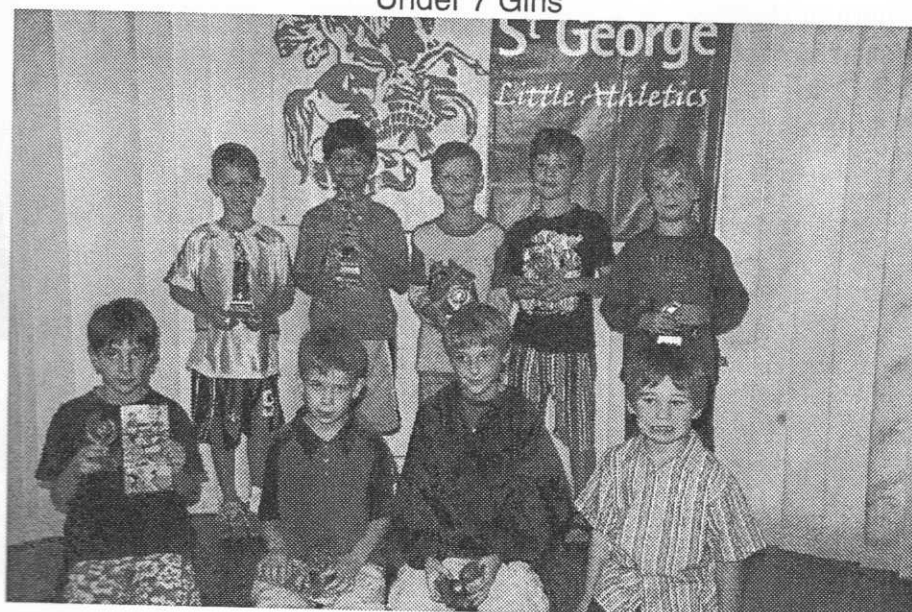
Under 6 Girls



Under 6 Boys



Under 7 Girls



Under 7 Boys

Canteen / BBQ Report

2003/2004 has ended and once again we managed to feed the hungry horde. This feat was only possible through the 15-20 helpers who turn up week after week, no matter the weather and this year we had plenty of rain and wind.

I wish to thank everyone connected with the Canteen or BBQ; the cooks, the servers, the people behind the counter (canteen), Lyn & Penny who place the orders. These are the people who run the area.

Even though we had an unusually wet season the BBQ/Canteen had another successful year and the following is a breakdown of the year.

Canteen:

The total takings over 20 weeks – 5 nights washed out was \$11,668.48. This is an average of \$583.42 per week. Slightly down on last year. I think the children are becoming healthier (less lollies).

BBQ:

The total takings over 19 weeks- 5 nights washed out and the last night of competition was free was \$13,978.30. This is an average of \$735.70 per week. An increase of \$50 per week perhaps picked up from the canteen.

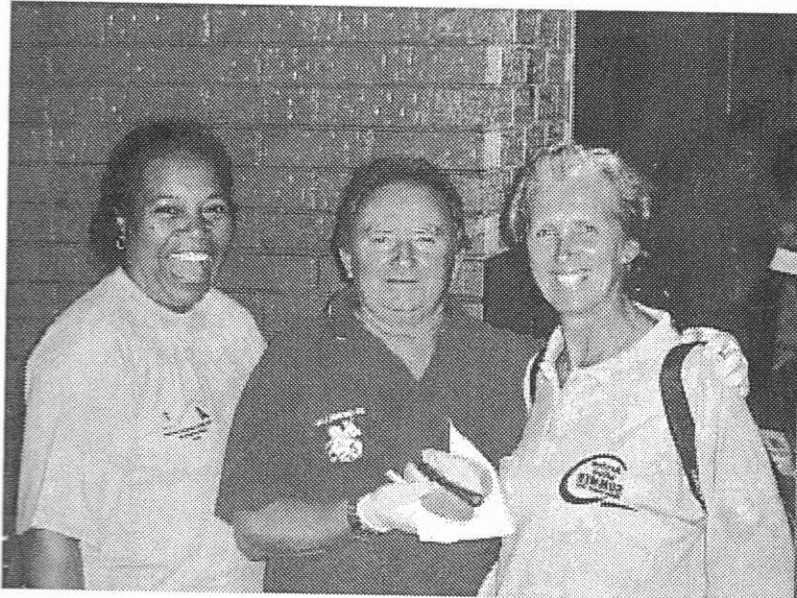
I have enjoyed running the Canteen/BBQ over the last few years, but as my youngest son, Anthony, finished LA's year as an U/15, I must hand over the duties to the next person. I have had a great 7 years and enjoyed my athletics, especially the trips to the State Multi's, State Relays, and the St George Dragon Derby (I think we attended every event). Good luck to everybody and good luck to all the St George Club.

I'm sure I'll see you again on a Friday night.

St George LA's wishes thank the following suppliers:

By-The-Bay Meats-Ramsgate	Steaks & Kebabs
Castlemaine	Sausages
Padstow Frozen Foods	Onions & Canteen supplies
K & E Confectionary	Chips & sweets
O'Halloran's Bakery-Miranda	Pies & cakes

Dennis Howes



Another satisfied customer



The Production Line



The other side of the counter