

ST GEORGE LITTLE ATHLETICS CENTRE INC

36TH ANNUAL GENERAL MEETING

PEAKHURST BOWLING CLUB

Tuesday 22 May 2007

AGENDA

- 1. Distribution of 36th Annual Report including Minutes of 2006 AGM**
- 2. Opening of Meeting**
- 3. Apologies**
- 4. President's Opening Address**
- 5. Minutes of 35th Annual General Meeting held 16 May 2006**
- 6. Presentation of 36th Annual Report and Balance Sheet**
- 7. Addresses by Invited Guests**
- 8. Election of Officers for the 2007 / 2008 Season**
- 9. Vote of Thanks to Returning Officer**
- 10. General Business**
- 11. Closing of Meeting**

**STGEORGE LITTLE ATHLETICS CENTRE INC
MINUTES OF 35th ANNUAL GENERAL MEETING
HELD ON TUESDAY 16TH MAY 2006
PEAKHURST BOWLING CLUB**

1. OPENING OF MEETING

The president opened the meeting at 8:10 pm and welcomed everyone present.

2. ATTENDEES

Invited Guests:- Kevin Greene - MLA Georges River, John Burne - President LAANSW, Terry O'Neill - Sth Met Zone, Anne Lupton - Sth Met Zone, Ray Loveridge - Illawong, Colin Alexander - Port Hacking, Margaret Alexander - Port Hacking, Heather Mitchell - Port Hacking, Frank Scott – Revesby, Ken Jackson - Revesby, Vince Nevin – Revesby, Elise Beck – St George.

Life Members - Albert and Coral Ferraro, Graham Hawkes, Ray Horton, Roger Malcolm, Glenda McLoughlin, Bev and Fred Scott, Ian Sheerin, Gwen Taylor, Ben Tinker, Lynne Whatman, Peter Williams, Peter Tuziak.

Parents / Athletes:- David, Jenny and Stephanie Beck, Wendy Cook, Jeff and Lois Dooley, Pat Gorman, Rhett and Kylie Gray, Ray Hancock, David and Cathy Hamer, Joanne Hinson, Graeme Holbeach, Michael and Leta Iosefo, Marta Kudla, Christine Lopez, Ray Parkinson, Lisa Rios, Ian Whatman.

3. APOLOGIES

Councillor Vince Badalati, Kim Delaney, John Dodson, Mabs Errington, Janet Gorman, Byron Griffiths, George Kostas, Brian Moro, Gary Nelson, Peter and Beth Rooke, Silvia Seyringer, Albie Thomas.

4. PRESIDENT'S OPENING ADDRESS

– as per the Annual Report.

5. MINUTES OF THE PREVIOUS ANNUAL GENERAL MEETING

Minutes of the 34th Annual General Meeting, held 17th May 2004 be accepted as a true and accurate record of that meeting.

Moved: Terry O'Neill **Seconded:** Ben Tinker **Carried**

6. PRESENTATION AND ADOPTION OF 35TH ANNUAL REPORT AND BALANCE SHEET

The 2005/2006 Annual Report and Balance Sheet be taken as read, adopted as presented and endorsed.

Moved: Ray Parkinson **Seconded:** Pat Gorman **Carried**

7. ST GEORGE LAC RISK ASSESSMENT DOCUMENT

The document was presented for endorsement by the meeting. Kim Delaney was thanked for his major contribution.

Moved: Mark Hancock Seconded: Ray Hortan Carried

8. ADDRESSES BY INVITED GUESTS

Kevin Greene MP - Member for Georges River.

Pleased to attend in the one week between Parliamentary sittings. Parliament 'got it right' this year. Congratulations to StGeorge LAC. Things going well as he has come to expect. – administration, coaching and particularly the mentoring of young people. Keen to obtain a synthetic track for the StGeorge area to benefit both Little Athletics and Seniors. Offers support for the future.

John Burne - President LAANSW

Thank you for the invitation. Congratulations on the usual high standard of the Annual Report and how the funding of the Clubhouse demonstrated the value of a strong Balance Sheet. On behalf of LAANSW thanks the State Government and Hurstville Council for their efforts. Notes registrations are down statewide, but this is an overall trend with many sports suffering. There is a need for more promotion with the assistance from LAANSW. Also a need for the reasonable number of officials doing the exams to stay with the sport. Very interested in examining the StGeorge Risk Assessment document, it now being necessary to have strategic plans in place when dealing with governments and councils. Appreciates the support StGeorge gives to the association. Thank you to the outgoing committee and wishes success to the incoming committee.

Terry O'Neill - Zone Co-ordinator South Metropolitan Zone and Life Member.

Believes Life Members who keep coming back are a major reason for St George being such a great club. While wearing Life Member hat, thinks St George 'best in zone'.

Ray Loveridge - Illawong Athletics Club

Enjoying himself immensely. Congratulations on a successful season and co-operation between StGeorge and Illawong. Great Annual Report – has picked up some ideas for Illawong's report. Likes the photos of Zone at The Ridge.

Colin Alexander - Port Hacking LAC.

Thank you for the invitation. Congratulations for a sound financial base, success of athletes, a comprehensive annual report and dedicated officials. Should be an exciting time for the new committee with the new facilities.

Frank Scott - Revesby Workers LAC

Congratulations to the work done by the old committee and best wishes to the new committee. A great Annual Report of a club in fine shape.

David Beck - representing Albie Thomas - President St George District Athletics

Congratulations on another successful season. Notes the success of ex Little Athletes in Seniors and the number of athletes in Cross Country. Important to encourage kids to stay in sport.

Pat Gorman - Vice President

Expresses thanks to Kevin Greene for his efforts in facilitating the clubhouse extension grant and to Peter Tuziak for his coaching efforts.

Peter Tuziak - Coaching /Education and Life Member

Congratulations to the club on its achievements, performance of elite athletes, but particularly in the new facilities. Unfortunately the Commonwealth Games did not produce a big year for athletic numbers, but there will be new facilities at Homebush. Appreciative of Kevin Green's support and that of the Life Members. Notes that average performing Little Athletes can often, through training, make it to the top as adults. Congratulations to the Becks for the Annual Report – an example of the professionalism at StGeorge.

9. PRESENTATION TO THE BECKS

As retiring 'Under 15' parents, David and Jenny were thanked for their significant contribution to the running of the club over a number of years and, with Stephanie, for preparing the Annual Report.

10. ELECTION OF OFFICERS FOR THE 2006/2007 SEASON

Prior to acting as Returning Officer, Fred Scott presented a history of how the annual Preston Challenge originated. Fred then declared all positions vacant and conducted the Election of Officers. The following were elected:-

President	-	Lynne Whatman
Vice President	-	Mark Hancock
Treasurer	-	Ray Parkinson
Secretary	-	Graeme Holbeach
Registrar	-	Rhett Gray
Recorder	-	Janet Gorman
Assistant Recorder	-	Elise Beck
Officer for Championships	-	Christine Lopez
Officer for Officials	-	Marta Kudla
Publicity	-	Lisa Rios
Coaching / Education	-	Cathy Hamer
	-	Peter Tuziak
Canteen	-	Lois Dooley
BBQ	-	Leta Iosefo
Equipment / Ground Maintenance	-	Michael Harris
Uniforms	-	vacant
General Committee		
Wendy Cook, Kim Delaney, Pat Gorman, Kylie Gray, Ray Horton, Joanne Hinson, Dianne Robson, Ben Tinker.		

The President thanked the Returning Officer for his informative presentation and for conducting the Election of Officers.

11. CLOSING OF MEETING

The President closed the meeting at 9:15 pm, thanking all for their attendance and inviting all present to partake of the supper being served.

LIFE MEMBERS

1975 Fred Scott
1976 Bev Scott
1976 Peter Williams
1979 Mabs Errington
1981 Gwen Taylor
1981 Ray Horton
1982 Bob Molloy (deceased)
1984 Byron Griffiths
1986 Joe Watchorn
1986 Bonnie West
1987 Bill LÉstrange
1987 Bill Cruickshank
1988 Ian Sheerin
1988 Margaret Zerzvadse (deceased)
1989 Barbara Lea
1990 Lou Bulian
1991 Carol Berell
1991 Alex Oh (deceased)
1991 Lindsay Watson
1992 Albert and Coral Ferraro
1996 Graham Hawkes
1999 Terry O'Neill
1999 Ben Tinker
2000 John Dodson
2001 Gil Baes
2001 Roger Malcolm
2001 Lynne Whatman
2002 Glenda McLoughlin
2003 Peter Tuziak

PRESIDENTS REPORT

It is with great pleasure that I welcome everyone here tonight. Our invited guests, life members, friends and club members to celebrate our 36th year for St George Little Athletics and to participate in our annual General Meeting.

Before we begin the night I would like us to remember Cathy Hamer. Cathy passed away during the season. Cathy contributed to St George not only as a wonderful parent role model but also as a coach and the person who introduced the Skills Program for our 6 and 7 year olds. Cathy also coordinated our 6 week Orientation Coaching at the beginning of the season. Her presence is greatly missed.

This year registrations again climbed past 600, with again approximately 50% new athletes and parents to the club. Despite this, thanks to the new age managers tops donated by McDonalds and the new system of parent help introduced by the Committee last year and refined this year, the night's competitions ran extremely smoothly.

As reported last year, we were successful in receiving a grant from NSW Sport and Recreation to extend our clubhouse. Although not completely finished, this extension made the movement of our equipment in and out very easy. I would especially like to acknowledge the work by Ray Parkinson, not only in the preparation of the application for the grant and negotiating the local council requirements but the overseeing, organising and hours spent ordering, supervising and personally assisting in the building of the extension.

During the 2006/2007 season St George athletes competed in LAANSW State Road Walks and Cross Country, State Relays, Zone, Region and State Carnivals, State Multi's, Trans Tasman, St Georges Basin Dragon Derby our Preston challenge, as well as other club's gala days. Although entry numbers were generally lower our results were extremely pleasing with many athletes achieving personal best and all the time enjoying their athletics, which we at St George continually encourage.

Unfortunately this past season saw the last competition exchange between St George and Preston in Victoria. This competition had continued for the life of this club. However the inability of Victoria to be able to field a team now for many years, the financial burden on our club and the change in the social climate regarding billeting of children meant that with extreme reluctance we were forced to cease this experience for our athletes.

I would like to extend my appreciation to the athletes who continue to provide us with such pleasure and they compete each Friday night and we watch them develop their skills and confidence as young people through the years. Their parents are also greatly appreciated for without them and their contribution there would be no club.

This year I would particularly like to acknowledge the contribution of a number of our parents whose children have now completed their Little Athletics and will no longer be with us. Pat Gorman who has been Vice President, Team Manager, our representative at Zone, Region and Annual Conference for many years, and invaluable help in so many ways too numerous to mention. Janet Gorman, who has been our Recorder for many years and has overseen the introduction of the current computer system we use, Joanne Hinson who has looked after Uniforms including the negotiating of new suppliers and Vicki McIntosh who has been an

official on the straight track for many years. We thank them for their contribution to St George and wish them and their children all the best for the future.

I would also like to thank the many officials who do not have children at the club yet turn up for duty each Friday night. In particular tonight I would like to thank Peter Rooke who has managed the computer on the straight track for many years. Peter has not only been there on Friday nights but has also maintained the computer system for us.

We thank our coaches who support our athletes week in and out, in particular Peter Tusiak and the parents who help him. We also continue the ASAP program for our U6 and U7 athletes.

This year our Under 15's were a very sociable group and a number of those athletes had been at St George for the whole ten years. We congratulate these young people and wish them well for their future in or out of athletics. This also means that many parents will move on and we wish to thank them for their contributions over many years.

Thank you to Hurstville Council for their support although it is disappointing that in the whole of the St George area there is only one athletics track and it is a grass track. As the area is shared with other sports it is only available for our competition on Friday evenings and is unavailable for any use on a weekend. This prevents our club from nominating for any higher competitions through LAANSW.

Thank you to Penshurst RSL who allow us the use of their facilities for our meetings free of charge each year and to Peakhurst Bowling Club for tonight.

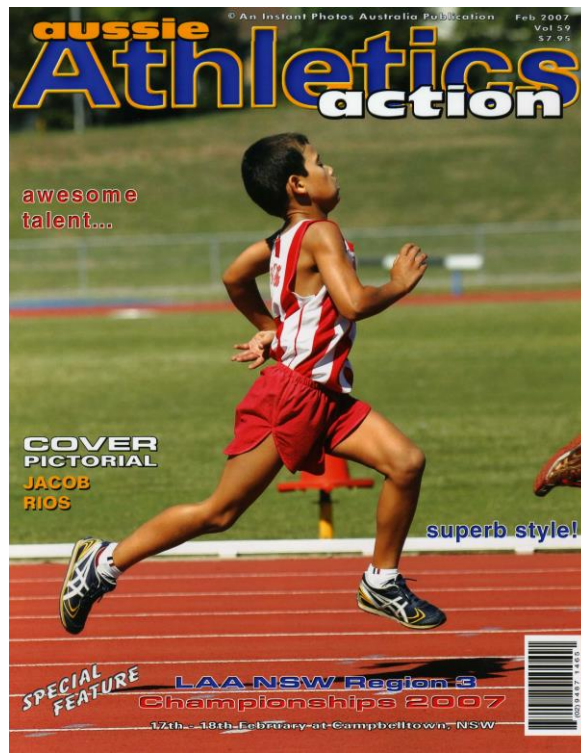
My final thanks are for the hard working, dedicated executive and committee of our club and their families who allow them the time to devote to the club.

This next season will prove a challenge for our club as many of current committee, many of long standing will be leaving the club. This will give the opportunity for new people to step up and continue the tradition of a strong St George club.

I wish the 2006/2007 executive and committee continued success for the ensuing year.

LYNNE WHATMAN - PRESIDENT





**ST GEORGE IN ACTION AT THE 2006/2007 REGIONAL CHAMPIONSHIPS
17TH – 18TH FEBRUARY, CAMPBELLTOWN.**



ZONE CHAMPIONSHIPS 2006/2007

TREASURER'S REPORT

It is with pleasure that I present the financial statements of the St George Little Athletics Centre for the 2006/2007 season.

Whilst finishing its financial year with a loss when income is exposed to expenditure within the season, the centre closes the financial period with a financial base which indicates assets, both cash based and in uniform stock, of nearly \$50,000. This figure does not include the centre's equipment asset base nor future cash injection once the centre's grants are finalized.

The centre's accounts are most significantly affected by the outgoings for the centre's new club house/storage room. Without other changes to the centre's finances during 2006/07, the \$35,000, or so, spent to date on the extensions may have made a much larger impact upon the club. That said, the finances of the club have been managed to have no effect on the centre's investments nor need to draw down the operating account to levels where impact upon investment accounts may be threatened. To achieve this, the centre owes a huge vote of thanks to the Harris family and Charisma Developments who helped us manage our accounts and pay some larger bills when cash reserves were available to the centre.

The centre has otherwise achieved its results this season, not by making significant changes, but by making minor alterations in purchasing arrangements, minor adjustments to its food sales, maintaining expenditure on the facilities and equipment needed to maintain the standards expected by our member athletes and parents, as well as increasing expenditure as the centre moves towards expanding its facilities in Olds Park and some flow-on effects of previous season's decisions regarding income and expenditure.

Income is derived through three main sources, Registrations, Canteen and BBQ. Uniform remains an area of our Centre's operation which is designed to break even and not to profit from our member's purchases. Uniform prices remain at cost plus some rounding to make their purchase as simple as possible. After a change in supplier last season saw stocks grow, this season has seen the balancing of those purchases to new sales and a smoothing of stock normally held by the centre.

The club's income growth is moderate considering the increase in registration from the previous year. As the club's three main streams are based significantly in attendance at the centre, a growth in registration numbers generally sees an automatic increase in income to the Centre. Beyond this, the maintenance of income in the areas of Canteen and BBQ can be attributable to the dedicated efforts of those few who plan and support these areas.

Whilst the Club's overall expenditure has increased as expected with such a large outlay in building expenses, with those figures and the figures for the Club's interstate Preston Challenge separated from the general accounts, the club has increased expenditure slightly. It has done so whilst maintaining its focus on rewarding its member athletes through both the support of competitors representing our centre and the provision of awards and trophies.

The centre remains financial and positioned to continue to increase and improve the facilities and opportunities offered to our members. The improved facilities derived from the extension of the Centre's storage facilities will allow the centre to further evolve its training and competition facilities.

I have many people to thank for making the position of Treasurer easier that it could be. Those people are not limited to those in positions of trust in a cash rich environment but to those who are always keen to simply help. In particular I wish to extend a thank you to the Abdullah family who took on the BBQ and to Wendy Cook who stepped into the Canteen void when the Dooley family had to step away due to illness. I additionally thank Joanne Hinson who has managed the centre's uniform shop, and related finances, as well as to our Registrars who take over custodial care of those related finances during the season. And finally to our honourary auditor who continues to challenge the centre into new management accounting processes.

I hope this goes some of the way to a sincere thank you to all those who assist.

Ray Parkinson - Treasurer



**JUNIOR BOY CHAMPION, BEN ALESSIO IN ACTION AT THE 2006/2007
ZONE CHAMPIONSHIPS**

St. George Little Athletics Centre Inc.

Statement of Income and Expenditure

"For the Year Ended March 31, 2007"

St. George Little Athletics Centre Inc.

Statement of Income and Expenditure
For the Year Ended March 31, 2007

Income		2007 <u>Actual</u>	2006 <u>Actual</u>
		\$	\$
Registration		47,597	37,325
Canteen	Note 2	11,459	10,659
BBQ	Note 2	14,313	8,025
Sponsors, Donations and Miscellaneous Income		4,181	570
Uniforms		15,443	8,274
Interest		1,486	1,082
Other (including competitions)		1,490	2,778
Preston Fund Raising	Note 1	1,092	3,922
		<hr/> 97,061	<hr/> 72,636
Expenditure			
Registration Fees and Resignations		20,762	17,305
Canteen	Note 2	7,668	8,380
BBQ	Note 2	8,541	5,339
Uniforms Purchases		12,702	15,629
Annual General Meeting		1,707	1,621
Bank Charges		247	258
Electricity		0	0
Equipment		5,098	3,453
Ground Marking		373	301
Insurance		519	938
Park Fees		1,450	1,240
End of Season Presentation		55	275
Postage		35	94
Printing & Stationery		1,632	1,812
State Conference		803	447
Sundry Expenses incl. Course Fees and Advertising		36,636	1,443
Telephone		456	361
Competitions		4,883	2,721
Trophy		4,790	4,476
Preston Expenses	Note 1	3,159	10,128
		<hr/> 111,516	<hr/> 76,220
Surplus/(Deficit) for the Year		<hr/> <hr/> (14,455)	<hr/> <hr/> (3,585)

St. George Little Athletics Centre Inc.

Balance Sheet
For the Year Ended March 31, 2007

	2007	2006
	<u>Actual</u>	<u>Actual</u>
Current Assets		
	\$	\$
St. George Bank - General Account	13,069	28,645
St. George Bank - Term Deposit	17,063	16,094
St. George Bank - Preston Account	22	100
Perpetual Trustee - Term Deposit	6,057	5,704
Petty Cash	300	300
Inventory - Uniforms	12,963	13,086
Other Debtors	0	0
Total Current Assets	49,474	63,929
Total Assets	<u>49,474</u>	<u>63,929</u>
Current Liabilities		
Accruals	<u>0</u>	<u>0</u>
Total Current Liabilities	0	0
Equity	0	0
Opening Balance	63,929	67,514
Surplus/(Deficit)	(14,455)	(3,585)
Closing Balance	49,474	63,929
Total Liabilities and Equity	49,474	63,929

I report that I have examined the Books and Records of the St George Little Athletics Centre Inc. for the year ended March 31, 2007 and have received sufficient information as to enable me to form the opinion that the financial statements for the year ended 31 March, 2005 is in accordance with those records and fairly represents the activities for the year and the State of Affairs of the Centre at 31 March 2007.

David Hamer CA
May 2007

Note 1

Preston Challenge

	2,007	2,006
	<u>Actual</u>	<u>Actual</u>
Income		
	\$	\$
Raffles, BBQ & Meat Tasting	1,092	0
Donation - Service Clubs & Parents	0	803
Chocolate sales	0	3,119
Krispy Kreme Donuts sales	0	0
	1,092	3,922
Expenditure		
Bank Charges	78	0
Hamper	0	0
Chocolate purchases	0	2,500
Krispy Kreme Donuts	0	0
Air Fares and Accommodation	0	7,048
Uniforms/T-Shirts/Screen Printing	3,159	579
	3,237	10,127
Surplus/(Deficit)	<u>(2,145)</u>	<u>(6,205)</u>

Note 2

Summary of Major Fundraising Activities

		\$	\$
Canteen	Income	11,459	10,659
	Expenditure	7,668	8,380
	Profit/(Loss)	3,790	2,279
BBQ	Income	14,313	8,025
	Expenditure	8,541	5,339
	Profit/(Loss)	5,772	2,686

NSW LITTLE ATHLETICS
36th ANNUAL CONFERENCE AND AGM
15TH – 16TH JULY 2006

The 2006 LAANSW Annual Conference and AGM were held in Bathurst. During Friday your delegates, Pat Gorman, Rhett and Kylie Gray and Lynne Whatman traveled to Bathurst.

During the weekend, many items were discussed and the issue of over 15 year old athletes remaining in Little Athletics again produced some lively discussion as did the change to the State Relays format.

Over the weekend we attended two workshops each. These workshops are always interesting as we not only receive interesting information we also have the opportunity to interact with other clubs and exchange ideas and suggestions on how to better conduct our Centre.

The workshops at this Conference we attended were, Sponsorship – the importance of local support and Working with Local Councils. As a result of the information received regarding sponsorship from the McDonalds Marketing representative, we were able to obtain our Age Manager vests which proved to be a extremely successful strategy in the running of our Friday night competitions.

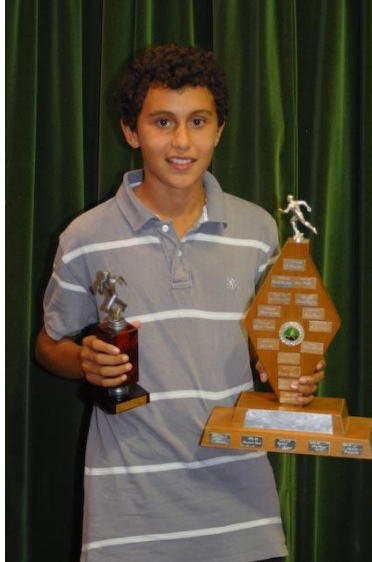
Your delegates thank you for the opportunity to represent St George Little Athletics at Annual Conference.

Pat Gorman, Rhett and Kylie Gray and Lynne Whatman



CHAMPION BOY

ALEX JOHNSTON **U12 BOYS**



Challenge against Alex, after being runner up athlete for the past two years, Alex has taken out the top award with some very good results.

Results achieved;

Zone Championships

1st 100 metres
1st 200 metres
1st Long Jump
1st Triple Jump

Regional Championships

1st Triple Jump
3rd 100 metres
3rd Long Jump

State Championships

1st Triple Jump
6th 100metres

At the State Relay Championships, he was a member of the silver medal 4 x 400 metre mixed team.

Alex also represented N.S.W, in the Trans Tasman Auckland.

Congratulations!

CHAMPION GIRL

ZOE SCHUBERT **U13 GIRLS**



With some outstanding results this season, Zoe has taken out this award.

Results achieved:

Zone Championships

1st Javelin (New Zone Record)
2nd High Jump
2nd Discus

Regional Championships

1st Javelin (New Centre Record)
1st High Jump
5th Discus

State Championships

1st javelin (New Centre Record)
7th High jump

Showing her all round ability, Zoe came 3rd out of 56 competitors at the State Multi Titles in Wollongong. Zoe also represented STGLAC at the State Relay Championships in the U13 Girls Shot Put / Discus team which won the Gold Medal and the High Jump / Long Jump Team which won the Bronze Medal

At the Dragon Derby Carnival at Sanctuary Point, Zoe gained three 1st places and two 2nds.

During the season, Zoe also set a new ground record for the Javelin.

To top off her achievements for the season, Zoe was selected to represent N.S.W at the National Little Athletics Championships held in Perth in April. She was one of only twelve girls selected to represent the team.

Congratulations!

CHAMPION BOY **RUNNER UP**

(Kurt Landers Award)

STEPHEN HOLBEACH
U14 BOYS



Stephen, with some good results this year has taken out this award.

Results achieved;

Zone Championships

1st 100metres
2nd 200metres
1st Long Jump
1st Triple Jump

Regional Championships

1st Triple Jump
2nd 100 metres
1st Long Jump
1st 200metres

At the State Championships he represented St George in all four events.
Well done!

CHAMPION GIRL
RUNNER UP
(Dianne Holden Award)

AMELIA SCHUBERT
U9 GIRLS



Amelia has continued on with her outstanding throwing form from last year to win this award.

Results achieved:

Zone Championships

1st Shot put
1st Discus
1st 700 metre Walk

Regional Championships

1st Shot put
1st Discus
4th 700 metre Walk

State Championships

1st Shot Put
1st Discus

Amelia also represented St George in the U9 girls Shot Put/ Discus Team at the State Relay Championships that won the event. At The St Georges Basin Dragon Derby, Amelia won the Shot Put, Discus and 700 metre Walk. Amelia also represented at the State Multi Titles

Well Done!

JUNIOR BOY CHAMPION

BENJAMIN ALESSIO **U9 BOYS**



Benjamin is a young athlete who shows great potential after an outstanding season and we think he will be an outstanding talent for our centre in the future.

Results achieved:

Zone Championships

1st 100 metres (broke Zone Record that had stood for 28 years)

1st 70 metres

2nd 200 metres

Regional Championships

1st 100 metres

1st 70 metres

7th 200 metres (after falling in the race)

State Championships

1st 100 metres

1st 70 metres (Equalled State Record)

During the season, Benjamin set new ground records for the 100 metres, 200 metres and 70 metres plus Centre records for the 70 metres and 100 metres and equalled the 70 metre State Record.

Congratulations!

JUNIOR GIRL CHAMPION

GRACE ROBINSON **U8 GIRLS**



Grace is one of our outstanding young athletes that we are sure to hear a lot about in the future.

Results achieved:

Zone championships

1st Discus

1st Shot Put (New Zone Record)

4th 200 metres

Regional Championships

1st Discus

1st Shot Put

The U8 age group only represent to the Regional Level.

Grace has also represented at the State Relay Championships and at the State Multi Titles in Wollongong where she came 6th out of 67 competitors a very good result which shows her all round ability

A worthy winner of this award!

MIDDLE DISTANCE AWARD

(Nicole Dawes Award)

CAROLENA KOSTAS

U11 GIRLS



Carolena once again has shown how good a middle distance runner she is.

Results achieved:

Zone Championships

2nd 1500 metres
2nd 800 metres
3rd 400 meters

Regional Championships

2nd 800 metres
2nd 1500 metres

State Championships

3rd 800 metres
3rd 1500 metres

Carolena also represented at the State Multi Championships and at the St George V Preston Challenge which was won by St George.

Congratulations on a great season!

WALK AWARD

TYE STANLEY **U14 BOYS**



Tye has been one of our top young walkers over the past couple of seasons.

This year, Tye topped off the season representing St George at the State Championships against quality opposition.

Results achieved:

Zone championships
1st 1500 metre walk

Regional Championships
2nd 1500 metre walk

Tye has had to do the walk event at our Centre on Friday evenings, against no opposition, which shows just how good his results are at representative level.

Congratulations!

FIELD AWARD
(Chris Knight Award)
ALICE IOSEFO
U13 GIRLS



Alice has again had a very good season, as her results show.

Results achieved:

Zone Championships

1st shot Put
1st Discus
3rd Javelin

Regional Championships

3rd Shot Put
3rd Discus
4th javelin

State Championships

3rd Shot Put
4th Discus

Alice was also a member of the St George U13 Girls State Relay team which took out 1st place in the Shot Put/ Discus relay and also 3rd place in the Long Jump/ High Jump relay.

At the Dragon derby, she broke the U13 Girls Shot Put record and also the U14 Girls Discus record.

Alice also set a new ground record for the Shot Put at St George.

Her results show her to be a very worthy winner of this award!

THE REBECCA ORR **ENCOURAGEMENT AWARD – GIRL**

JAIMIE-LEE RIOS
U9 GIRLS



Jaimie- Lee represented St George at the Zone and Regional carnivals. At the Regional Carnival she gained 4th place in Shot Put, just missing out qualifying for the State Championships.

Jaimie – Lee was also a member of the U9 girls Shot Put / Discus team at the State Relay Championships which took out 1st place. She also represented St George at the State Multi Titles, placing 21st out of 69 competitors and at the St Georges Basin Dragon Derby at Sanctuary Point, placing in the top six in all events she entered.

A worthy winner of this award!

THE REBECCA ORR **ENCOURAGEMENT AWARD – BOY**

JOINT WINNERS

ALFRED SEFO U12 BOYS
JOSHUA KNOPF U12 BOYS



ALFRED SEFO

Alfred represented St George at the Zone and Regional carnivals, just missing out on the Stae team in both Shot Put and Discus.

During the season Alfred also represented at the State Relay championships and at the St Georges Basin Dragon Derby. Alfred also trialed for a place, on the N.S.W team at the Trans Tasman Selection Trials.

Alfred always tries to the best of his ability.

Joshua Knopf

Joshua represented St George at the Zone and Regional Carnivals. At the Region, Joshua placed 4th in the 100 metre final and was a member of our Junior Boys Relay Team.

Joshua also represented St George at the State Relay Titles.
We believe that Joshua has the potential to progress State level in the future.

Well done to both athletes!

FRIDAY NIGHT **ENCOURAGEMENT AWARD - GIRL**

EMMA BREEN

U10 GIRLS

(not present for photo)

Emma is said by her age managers to be polite and well mannered. Emma participates in all her events each week to the best of her ability. She is a good role model for all other athletes in her age group.

ST GEORGE U7 GIRLS IN ACTION AT THE 2006/2007 ZONE CHAMPIONSHIPS



FRIDAY NIGHT
ENCOURAGEMENT AWARD - BOY

DAVID HUGHES
U10 BOYS



David has made major improvements each week during the season. Excelling in high jump, personal bests seem to come each week. David competed in four events at Zone and went on to represent St George at the Region carnival.

SPORTSMANSHIP AWARD

(Margaret Zerzvadse Award)

JARROD PARKINSON



The Sportsmanship trophy is awarded to an athlete who has put the wellbeing of the club and their fellow athletes ahead of themselves.

This year the trophy is being awarded to an athlete who put the good name and the face of St George Club and his awareness of the importance to our Senior athletes of marching with our banner ahead of his chance to represent and compete for St George at a higher level.

At no time have we heard this athlete complain or express regret the decision he made.

We are proud to present the Sportsmanship Trophy this year to Jarrod Parkinson

REGISTAR'S REPORT

This was my first year as Registrar. Last season Kylie had the position and I was her assistant. However, due to her work commitments she stepped down and I took over the role. The season began well for us, with both Kylie and myself being invited to the LAANSW State Conference at Bathurst in July as observers. Thanks to Lynne and the committee for giving us the opportunity to experience a great weekend. This really opened our eyes to the grand scale at which this organisation is operated and allowed us to network with many of the delegates and observers from both near and far. I came away with some positive ideas to put to the committee and was full of enthusiasm leading up to rego time.

Unfortunately, on the week of our first registration night, I began a new job which demanded much more of my time and continues to do so. The season became a struggle due to my work commitments and I apologise to the committee and to all our families if I was unable to do the position justice this year. Many thanks to Kylie for doing the bulk of the work on Friday nights in my absence and to the other committee members who lent a hand.

In terms of numbers, St. George had a much stronger season this year after a slump last year which was experienced across the association. This season we registered 584 athletes, which was roughly 100 more than 2005/2006.

In the lead up to August we held school visits, in conjunction with LAANSW, at 5 local primary schools, Narwee Public, Beverly Hills Public, Mortdale Public, Carlton South and Peakhurst South. Thank you to the Principals and staff from those participating schools for giving us some time to talk to the kids about Little A's and thank you to Darren and Alvin from LAANSW for conducting the sessions. Many new registrations came about as a result of the visits and it helped to reinforce our relationship with the schools in our district.

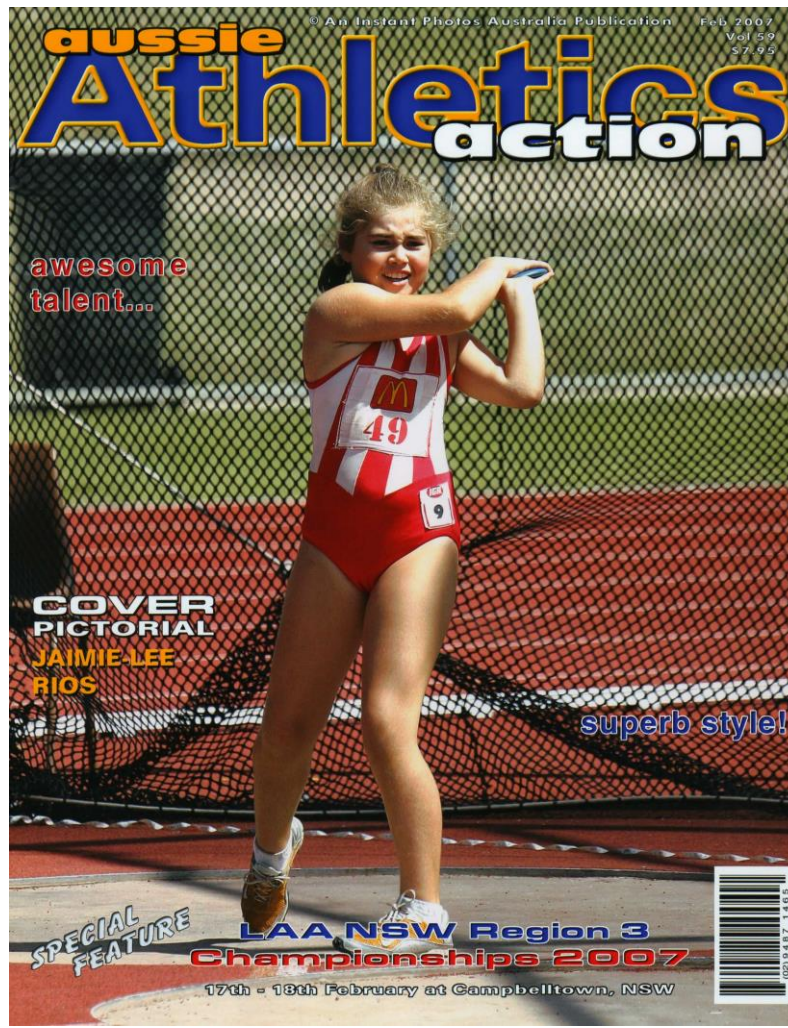
A full breakdown of registrations by age group is following:

Age Group	Girls	Boys	Total
6	41	34	75
7	29	43	72
8	49	37	86
9	35	39	74
10	44	27	71
11	31	28	59
12	38	24	62
13	18	20	38
14	10	13	23
15	11	13	24
Total	306	278	584

As can be seen from the above graph, girls far outstripped the boys in total numbers, with a total of 28 more girls this season. This is a reversal of last year, where we had slightly more boys than girls. 2005/2006 saw a bumper group of under 7's with 77 in total. It was encouraging to see that not only did the majority of these athletes come back this season, even more joined them giving our under 8's a whopping 86 competitors. A total of 75 under 6's joined us this season, which is an encouraging sign for the future of the club. Overall there was an increase in numbers in each individual age group.

We hope to see you all back next season.

Rhett Gray
Registrar.



ST GEORGE IN ACTION!
2006/2007 REGIONAL CHAMPIONSHIPS
17TH – 18TH FEBRUARY, CAMPBELLTOWN.

OFFICER FOR CHAMPIONSHIPS **& SPECIAL EVENTS**

The 2006/2007 season produced some great results, from some very talented athletes.

Our first major event for the season was the State Relay Championships. The club achieved its best results in many years, winning a total of 6 medals, 4 gold, 1 silver and 1 bronze. The U8 boys 4 x 100, U9 girls shot/discus, U12 Girls 4 x 100 and U13 Girls shot/discus all took home gold medals.

Congratulations to all the athletes who competed in the zone, regional and state championships, where many of the athletes did very well. A special mention to the following athletes who broke records. Ben Alessio, who smashed the U9 boys 100m zone record, which had stood for 27 years. Grace Robinson who broke the U8 girls zone shot put record and to Zoe Schubert who broke the U13 girls javelin record. An excellent effort.

We also had some great results at the NSW state multi championships with Zoe Schubert and Grace Robinson being placed in the top 8 athletes. Many PB's were achieved by many of our athletes over the two day competition.

Congratulations to Alex Johnston and Jacqui Robson on their selection in the NSW team who competed against New Zealand in the Trans Tasman Challenge.

Another fantastic achievement from Zoe Schubert who was selected in the NSW State team.

I'd like to thank the following people who supported me throughout the season, Lynne Whatman, Marta Kudla, Ben Tinker, Mark Hancock and Lisa Rios.

The season proved to be very busy and hectic, with many events, and great results from all the talented athletes. Hoping that the next season will be as successful as this one.

Great effort everyone!

CHRISTINE LOPEZ
CHAMPIONSHIPS OFFICER

RECORDS AND RANKINGS REPORT

Congratulations to all St. George athletes – the continual improvement in their athletic ability and enthusiasm in this sport has again sent the records tumbling, personal bests to a maximum and kept me busy this season. Our athletes never cease to amaze me; they get stronger and faster every year and consistently create new Ground and Centre Records. They experienced success at all levels but this season seemed to see the field events thrive, with 11 of the 14 Ground Records coming from these disciplines.

This year a total of 14 Ground Records and 8 Centre Records were broken. I would especially like to mention those athletes that broke multiple records and/or continued to break their own records two and three times during the season.

Natasha Iosefo (15 Girls): Natasha had a terrific season in the field. She holds the Ground Record in the Shot Put, which she broke 4 times throughout the season.

Zoe Schubert (13 Girls): Zoe also had a sensational season in the field. She broke the Ground Record in Javelin and broke the Centre Record for Javelin at both Region and State. Zoe was also selected in the NSW State Team.

Alice Iosefo (13 Girls): Alice again had another very strong season in the field. Alice holds the Ground Record in Shot Put which she broke twice during the season.

Benjamin Alessio (9 Boys): Benjamin holds the Ground Record in the 100m and the Centre Record in 70m and 100m. Benjamin broke the 70m record at Region and then again at State. He also broke the 100m at Zone then again at Region.

Grace Robinson (8 Girls): Grace holds the Ground Record for Discus which she broke twice during the season.

Talia Fisher (7 Girls): Talia holds the Ground Record in the 70m and broke the Centre Record in the 50m at Zone.

I would like to thank Roger Malcolm for his assistance with the computer side of things, the parents who assisted with some entering of results on Friday nights and a big thank you to Elise Beck and co. for their help with the distribution of the resultss throughout the season.

My involvement as a parent concluded this season with the youngest of my children finishing Little A's. I have held the position of Recorder for 5 years and prior to that was Publicity Officer for 3 years. The past 8 years I have spent in these roles have been very rewarding and sincere thanks go to my husband Patrick (who also held position of Vice President and Team Manager for a number of years), my children Melissa and Matthew for giving me some wonderful memories whilst they participated at all levels in athletics and for allowing me to devote so much time to Little A's activities. They will be grateful not to have to share the house with piles of athletic recording sheets any longer.

I would also like to thank my parents, Beth and Peter Rooke, for their support over the years. Firstly, for attending many carnivals and Friday nights just to watch the grandkids and to Dad for throwing your hat in the ring and coming every Friday night for the past few years to work the timing gates on the straight track.

St George Little A's has been a part of our family life for the past 14 years and I know my children have enjoyed the years they have spent as Little A's. On behalf of my family, thankyou for the fun, fitness and friendship. St George is a great Centre with a long and proud history and I wish it continued success.

ST. GEORGE RECORDS 2006/2007

GROUND RECORDS

Natasha IOSEFO	15 Girls	Shot Put	12.81m
Anthony SEFO	13 Boys	Discus	39.0m
Natasha IOSEFO	15 Girls	Shot Put	12.84m
Alice IOSEFO	13 Girls	Shot Put	11.87m
Natasha IOSEFO	15 Girls	Shot Put	13.23m
Alice IOSEFO	13 Girls	Shot Put	11.97m
Kate CACCAMO	13 Girls	Triple Jump	10.42m
Zoe SCHUBERT	13 Girls	Javelin	33.55m
Natasha IOSEFO	15 Girls	Shot Put	13.42m
Grace ROBINSON	8 Girls	Discus	18.49m
Grace ROBINSON	8 Girls	Discus	21.56m
Benjamin ALESSION	9 Boys	100m	14.64s
Talia FISHER	7 Girls	70m	12.41s
Savannah CLEGG	6 Girls	70m	13.58s

CENTRE RECORDS

Benjamin ALESSIO	9 Boys	100m	13.8s (Gates)
Talia FISHER	7 Girls	50m	9.2s
Benjamin ALESSIO	9 Boys	100m	13.9s (Hand timed)
Benjamin ALESSION	9 Boys	70m	9.9s
Zoe SCHUBERT	13 Girls	Javelin	34.18m
Benjamin ALESSIO	9 Boys	70m	9.7s
Alex JOHNSTON	12 Boys	Triple Jump	10.74m
Zoe SCHUBERT	13 Girls	Javelin	35.09m

Congratulations again to all our athletes for a very successful year and I hope all families enjoyed the season. Best of luck for the 2007 / 2008 season.

***JANET GORMAN
RECORDER***



AWARDS FOR 10 YEARS SERVICE WITH ST GEORGE LITTLE ATHLETICS CENTRE

Matthew GORMAN

Matthew O'GORMAN

Alyssa PARKINSON



AWARDS FOR 9 YEARS SERVICE WITH
LITTLE ATHLETICS
FROM LAA NSW

Matthew GORMAN
Matthew O'GORMAN
Alyssa PARKINSON
Luke HAMER
Nicole HARRIS
Alex HINSON
Natasha IOSEFO
Ben McINTOSH



AWARDS FOR 5 YEARS SERVICE WITH ST GEORGE LITTLE ATHLETICS CENTRE

Peter KEARSEY
Luke MRAKOVIC
Dominique JOHNSTON
Chloe LOPEZ
Caitlin SEMSARIAN
Charlette WRIGHTSON
Luke BRUNSKILL
William BURGESS
Marcus CHAN
Brodie STANLEY
Melissa ABDULLAH
Carolena KOSTAS
Dean GILBERT
Alexander JOHNSTON
Kelly GILBERT
Jacquie ROBSON
Adriana TSOUNIS
Kate CACCAMO
Joseph ABDULLAH
Alicia BRUNSKILL
Tim HOGAN



ST GEORGE v PRESTON-RESERVOIR

CHALLENGE 2007

Following a long tradition of both the St George Little Athletics Centre and the Preston-Reservoir Club in Victoria, a team of athletes was chosen to represent St George Athletics in the thirty-fifth annual challenge between our two clubs. The challenge this year was held in Sydney over the third weekend of February 2007.

A total of 28 athletes from both the boys and girls U11's and U12's are normally chosen to represent St George in this challenge. As the selection criteria is based solely on each athlete's seniority by way of years of membership to our club, an eclectic group is the usual result.

Over recent years, the Preston-Reservoir club has struggled to maintain its membership base and therefore their team numbers, and the basis for their selection, has changed. The result has limited the numbers available to travel to Sydney for the challenge from their club.

Accordingly, St George has limited its team numbers to more closely match the Preston-Reservoir team, whilst still maintaining the club's service selection criteria.

Otherwise, the St George team welcomed a small team of nine competitors from Preston-Reservoir, and a small contingent of family member supporters, at Sydney Airport on the Friday evening of the challenge weekend. After the billeting arrangements were assigned, our team members welcomed their billets into their homes before awakening for a days sightseeing and/or assorted activities before Saturday night's competition.

Despite some expectation that the weather may be kind, some wild summer weather provided an unusual backdrop to Olds Park for the Preston-Reservoir team's visit and continued to enthrall our visitors during the evening with a lightening show not regularly witnessed in Melbourne.

The weather therefore hampered the Preston team's ability to showcase the talents captured in their small team, as well as those in our own team, and ultimately only a couple of events were held between the maelstroms. Despite our team's selection being solely based on service, the St George team clearly showed its strength over a now much smaller visiting club

Whilst the competition was truncated by the weather, St George was ultimately declared the winner of the H Brennan and R Honey Rosebowl Trophy.

During and after competition, we welcomed the members and supporters of Preston-Reservoir to dinner and supper prior to speeches and presentations. Our team captains, Barbara Kudla and Alfred Sefo were fine ambassadors for our club in the way they thanked the Preston-Reservoir team for their efforts on the track and field and their presence in Sydney for the Challenge.

Our athletes then spent another day with their billets before seeing the team and supporters return home from Kingsford Smith Airport on Sunday evening with more than their share of knowledge and experience.

Ray Parkinson



**ST GEORGE LITTLE ATHLETICS CENTRE ATHLETES HOSTED THE
PRESTONS – RESERVOIR LITTLE ATHLETES IN THE ANNUAL
CHALLENGE AT OLDS PARK,**

AN U15's FAREWELL

My name is Matthew Gorman and I have been involved with Little Athletics for the past ten years and it has been one of the best things I have ever done. I started doing athletics as an Under 6. I was a little 'hyper' and needed something to help me burn up my excess energy. It was great because I was able to try all the events and met lots of new friends, both at St. George and other Centres. I will always remember the Championships such as Zone, Region, State and State Relays I attended and represented St George. Here I collected medals and certificates but most importantly tried my hardest, had fun and made some great friendships.

My sister had been doing athletics for three years before me and I used to go every Friday night but could only watch. I soaked up all the techniques over these years and practiced all the different throws, jumps and runs anywhere around the house I could. Mum was never surprised to have a pair of socks launched back at her whilst I practiced my shot put or come flying out of a door way as I perfected my starts.

I always looked forward to the Championships that were held out of Sydney like State Multis, Dragon Derby, State Cross Country / Road Walks, Preston Challenge just to name a few, where we would have to travel to places such as Bathurst, St. Georges Basin, Coffs Harbour, Maitland and Victoria. I was also fortunate enough to be selected in the NSW Trans Tasman Team and traveled to New Zealand which was a great experience.

The social part of Little Athletics was heaps of fun, especially as we got older. The swimming, BBQ's, having a friendly game of soccer, footy or handball, going to the movies with our age group but just generally hanging out and sharing a laugh.

I would like to thank all the Centre officials and parents who have given their time so that we could enjoy our sport; without them this would not have been possible. Thanks also to the other athletes for their competition, encouragement and friendship; without them Friday nights would have been very lonely and quite boring.

I would also like to personally thank my Mum and Dad for signing me up for Little Athletics as I had a ball and for always coming to watch and being the taxi service to all the competitions.

I would also like to encourage all of you to continue with Little A's because it's the experience of a lifetime, with so many opportunities and great memories to be had. Remember, not everyone can win but we are all winners when we do our best each time we compete and most importantly have fun while doing it. Good Luck!

Matthew Gorman



**U15'S ZONE FAREWELL MARCH PAST,
PORT HACKING ATHLETIC TRACK, SYLVANIA.
4TH FEBRUARY 2007**



**U15 BOYS STATE RELAY TEAM 2006/2007
SYDNEY OLYMPIC PARK ATHLETIC TRACK
25TH NOVEMBER 2006, HOMEBUSH.
MATTHEW O'GORMAN, MATTHEW ASHTON,
MATTHEW GORMAN, DYLAN LOPEZ
NOVEMBER 2006**



**ST GEORGE LITTLE ATHLETICS CENTRE
THE U15'S LAST NIGHT OF COMPETITION
OLDS PARK, PENSHURST
9TH MARCH 2007**

ST GEORGES BASIN – DRAGON DERBY

What a fantastic weekend was had by all those athletes and parents who attended the St Georges Basin annual Dragon Derby Carnival at Sanctuary Point. Thirty four St George Little athletes competed on the day and 7 parents competed in the Masters events. I have heard on good authority, that everyone who bunked down the night before at Archers Motel, Nowra, was tucked into bed at a reasonable hour ready for the next days full program of events. Our Master's athletes especially, spent the evening preparing their finely tuned bodies for the day ahead, with discussions of tactics and the best methods of recovery. Though we experienced many different weather patterns during the day, all our athletes, big and small preformed with gusto on the day. Many personal bests were achieved on the day and records broken. The highlight of the day for the mums and dad's was the sandshoe throw. St George Little Athletics Centre's parents, answered the call from our Chief in Command, Lynne Whatman, and was heavily represented in the event, with the effort worthwhile, claiming 1st and 2nd in the women's event. After a full program of events, the trip back to Sydney must have been a quiet one for the parents, with the day's effort resulting in tired little and master's athletes. Congratulations to all those athletes who competed on the day!

Lisa Rios

St Georges Basin Results

U6 Boys

Jared Rios, 2nd Dis, 4th 300m, 4th LJ, 2nd 70m, 4th 100m

Matthew Willet, 6th 300m, 3rd LJ, 5th 70m, 5th 100m, 5th Dis

U7 Girls

Isabella Lucas, 6th LJ, 4th 500m, 4th SP, 2nd 70m, 4th 100m, 2nd 200m

Talia Fisher, 1st 70m, 1st LJ, 2nd 800m, 3rd HJ, 5th SP,

U7 Boys

Matthew Abdullah, 5th LJ, 3rd 100m, 6th SP, 7th 100m, 7th 200m.

U8 Girls

Grace Robinson, 6th 60mH, 4th LJ, 1st DIS, 2nd 200m, 1st 70m, 1st 100m

Regina Sefo, 1st 60mH, 2nd LJ, 2nd LJ, 2nd 70m, 2nd DIS, 2nd 100m, 1st 200m

Rachel Willet, 3rd LJ, 6th 70m, 4th 200m, 6th 100m, 4th 700m,

U8 Boys

Jacob Rios, 4th 60m H, 2nd 700m, 3rd DIS, 3rd 200m, 4th LJ, 4th 100m,

Pita Toamotu, 8th 60m H, 4th LJ, 7th 100m, 8th 70m, 4th Dis, 4th 200m,

U9 Girls

Jaimie-Lee Rios, 4th 60mH, 3rd 800m, 4th SP, 6th 70m, 8th U10 DIS, 3rd HJ, 3rd 700m Walk

Amelia Schubert, 6th 60mH, 7th 800m, 1st SP, 1st U10 DIS, 1st 700m Walk, P'pate 70m, 100m.

Claudia Lucas, 9th 100m, 8th HJ, P'pate SP, 70m, 100m LJ

Jasmine Fischer, 7th SP, 5th 70m, 5th 100m, 6th HJ, 6th 200m, p'pate HJ

U9 Boys

Andrew Abdullah, 3rd 800m, 5th SP, 1st 200m, 5th 60mH

U10 Girls

Taylah Sorrensen-Talbot, 8th 60mH, 8th DIS, P'pate 1100mWalk, 70m,100m, 200m
Chloe Lopez, 7th 60mH, 8th LJ, 6th 70m, 5th 100m, 2nd 11oom walk
Nikki Abdullah, 6th 60mH, 7th 70m, 7th 100m, 4th 800m, P'pate DIS, LJ,

U10 Boys

Jason Moro, 5th 60mH, 4th 800m,9th LJ, 10th 100m, 4th 1100m Walk, 9th 70m
Mitchell Willett, 4th U11SP, 10th LJ, 4th HJ, 8th DIS P'pate 70, 100m

U11 Girls

Melissa Abdullah, 1st SP, 8th 60m H, 4th 100m, 4th Turbo Javelin, 6th 200m

U11 Boys

Matthew Kudla, 4th 60m H, 1st SP, 2nd 800m, 2nd 100m, 3rd Turbo Jav, 3rd 200m

U12 Girls

Naomi Lopez, 1st 60mH, 3rd 800m, 7th DIS, 4th LJ, 1st 100m, 3rd 200m, 5th Turbo Javelin
Barbara Kudla, 8th 60m H, 4th 800m, 8th Dis, 5th LJ, 4th 100m, 3rd Turbo Javelin
Alison Abdullah, 6th 60m H, 2nd 800m, 4th Dis, 7th 200m, 3rd 100m, 4th Turbo Jav, 7th LJ

U12 Boys

Riley Delaney, 4th 60mH, 1st 800m, 3rd HJ, 4th LJ
Thomas Mullen, 5th 60m H, 2nd 800m, 4th HJ, 2nd Turbo Javelin, 7th LJ

U12 Boys

Alfred Sefo, 3rd 70mH, 2nd DIS, 3rd TJ, 3rd 100m, 5th LJ

U13 Girls

Alice Iosefo, 1st SP (NEW RECORD) 1st U14 DIS (NEW RECORD)
Zoe Schubert, 2nd SP, 2nd U14 DIS, 1st HJ, 4th 100m, 1st TJ, 1st 1500 walk

U13 Boys

Joseph Abdullah, 2nd SP, 2nd 100m, 2nd 400m.

U15 Girls

Natasha Iosefo, 1st SP, 1st Dis

U15 Boys

Alex Hinson, 3rd HJ, 4th SP, 2nd 100m, 2nd TJ, 3rd 400m
Matt Gorman, 2nd SP, 4th HJ, 3rd TJ, 3rd 400m, 2nd 1500 Walk

Women's Masters

Marta Kudla, 4th Dis, 1st 100m, 2nd SP, 1st LJ, 1st 200m,
Doreen Abdullah, 2nd Dis, 1st 800m, 2nd 100m, 3rd, SP, 2nd 200m
Leto Iosefo, 1st SP, 1st Sandshoe throw
Christine Lopez, Discus competed
Anna Schubert 2nd sandshoe throw

Men's Masters

Kim Delaney, 1st 800m
Chris Mullen, 2nd 800m
Anthony Abdullah, 1st 100m

ST GEORGE LITTLE ATHLETICS CENTRE

2006/2007 STATE RELAY RESULTS

**25TH AND 26TH NOVEMBER 2006
SYDNEY OLYMPIC PARKATHLETIC TRACK, HOMEBUSH**

Medalists

**U12 girls 4x100m team 1st
U13 girls shot/discus team 1st
U9 girls shot/discus team 1st
U8 boy's 4x100m team 1st
U12 mixed 4x 400m team 2nd
U13 high jump long jump team 3rd**

Finalists

**U14 4x 100m team 7th
U15 boys 4x 100m team 7th
U8 girls 4x 100m team 5th
U9 boy's 4x 100m team 5th
U11 boy's 4x 100m team 6th
U8 mixed 4x 200m 5th
U8 boy's shot/discus 5th**



**2006/2007 STATE RELAY CHAMPIONSHIPS, SYDNEY OLYMPIC PARK,
26TH NOVEMBER 2006, HOMEBUSH.
ST GEORGE U8 BOYS GOLD MEDALIST WINNING 4x 100M TEAM.**

ZONE CHAMPIONSHIPS RESULTS

Congratulations to all our St George Little Athletes who competed at last weekends Southern Metropolitan Zone Championships at Sylvania. We were blessed with fine weather that was not overly hot and our athletes competed with great sportsmanship and a great attitude. Out of a total of 151 athletes from our centre who took part at the Zone, we had 67 athletes qualify to compete in a weeks time at the Regional Championships at Campbelltown Athletics Stadium, on the 17th & 18th of February. Congratulations to those U8 – U15 Athletes who will be competing at the Regional Championships, to qualify for the State Championships in March. As U7's only compete at Zone level, between the 3 boys and 5 girls who competed, they managed to win a total of 12 medals.

U7 Boys (Track results are for Finals Placing)

Matthew Abdullah, 70m-3rd, 100m-3rd, Shot Put-2nd

Luke Byrnes, Long Jump-5th, Shot Put-1st, Discus-1st

Leo Kostas, Pack Start-3rd, 200m-2nd, 100m-4th, Long Jump-6th

U7 Girls (Track results are for Finals Placing)

Talia Fisher, 50m-1st, 200m-2nd, 70m-4th, 100m-3rd

Rebecca Janes, Discus-10th, Long Jump-10th, Pack Start-9th, 100m-7th

Natalya Jovanov, Discus-8th, Long Jump-12th, Shot Put-8th

Victoria Paitos, 100m, 200m, Discus-9th, Shot Put-9th

Laura Seib, Long Jump-2nd, 50m-4th, 100m-4th, Pack Start-2nd

Congratulations go to **Ben Alessio**, who smashed the U9 boys 100m Zone record, which had stood for 27 years. Ben broke the record in his heat and then broke his own new record in the final. Congratulations also to **Grace Robinson** who broke the U8 girls Zone Shot Put Record and to **Zoe Schubert** who broke the U13 girls Javelin record.

There were many outstanding performances and personal bests over the weekend from all our athletes.

Lisa Rios



REGIONAL CHAMPIONSHIPS RESULTS

17th AND 18th MARCH 2007
CAMPBELLTOWN.

Congratulations to all our athletes who competed at last weekends Regional Championships at Campbelltown. While we all experienced two days of hot and humid weather, on the track and field the athletes from our centre showed great enthusiasm and this resulted in many excellent performances, with 16 athletes qualifying for the State Championships which will be held on Saturday 17th & Sunday 18th March at Sydney Olympic Park Athletic Stadium. Whilst not all our athletes qualified for the State Championships, many personal bests were achieved over the weekend, with our athletes showing great promise of what may come in the future. Thank you to Mark Hancock who again did a fantastic job of ensuring our parents were out on the track or field as assistant officials when needed. Mark spent the weekend at the Championships even though none of his children were involved, so we thank Mark for his time and effort, in ensuring our allocated Centre duties was fulfilled by our parents! Thank you to those parents who did provide their assistance as officials over the weekend. Also thank you to Ben Tinker and Pat Gorman who were out at the ground on Saturday morning at 6.30am to put up the shade awnings for all our STGLAC athletes and parents to take advantage of and boy did we appreciate having the shade! Also, thank you to Lynne Whatman (Shot Chief) and Ray Horton (Marshalling) who were also again in the thick of the action. We are indeed very lucky to have each of you involved with St George Little Athletics Centre and appreciate your assistance and support!

Results from the Regional Championships are listed below.
Track and Field results are for top 8 finalists only.

KEY: STGLAC - Qualified for State Championships

U8 Boys

***Nicholas Chan** 3rd 70m, 5th 100m, 7th LJ ***Tyson Kingston** 3rd 200m, 8th 60m Hurdles

***Jonathon Powditch** 7th 200m, 1st 60m hurdles, 6th LJ ***Pita Toamotu** 1st SP, 3rd Discus

***Jacob Rios** 4th Pack Start, 5th Discus.

U9 Boys

***Ben Alessio** 1st 70m, 1st 100m, 7th 200m ***Andrew Abdullah** 4th 400m, 4th 800m ***Zack Heap** 6th 700m walk.

U10 Boys

***David Hughes** 8th HJ

U11 Boys

***Jordan Roubekas** 7th 100m, 6th 200m, 4th LJ

U12 Boys

Alex Johnston** 3rd 100m, 3rd LJ, 1st TJJoshua Knopf** 4th 100m***Joshua Gray** 7th 100m, 7th 800m, 5th 1500m

Riley Delaney** 4th 800m, 1st 1500mAlfred Sefo** 5th SP, 6th Discus

U13 Boys

Shintaro O'Brien 7th 100m, 4th LJ, 5th HJ***Anthony Sefo** 4th SP, 3rd Discus

U14 Boys

Stephen Holbeach** 2nd 100m, 1st 200m, 1st LJ, 1st TJJason Dooley** 3rd 200m***Wade Johnson** 7th 400m

***Tye Stanley** 2nd 1500m Walk

U15 Boys

Matthew Aston** 5th 100m, 6th 200mTim Hogan** 6th 1500m, 4th 3000m*

Michael Walker 6th TJ

***STGLAC Senior Boys Relay** 2nd (only 1st place qualifies for State Championships in relays)

***STGLAC Junior Boys Relay** 4th

U8 Girls

Regina Sefo** 8th 100m, 2nd SPGrace Robinson** 1st SP, 1st Discus

U9 Girls

Amelia Schubert** 4th 700m Walk, 1st SP, 1st DiscusJoanna Kambosos** 8th LJ

***Jaimie-Lee Rios** 4th SP, 7th Discus

U10 Girls

Dominique Johnson 7th 60m Hurdles

U11 Girls

Carolena Kostas** 2nd 800m, 3rd 1500mMadelaine Holbeach** 3rd LJ 3rd TJ***Melissa Abdullah** 7th SP

U12 Girls

Jacqui Robson** 7th 100m, 4th 200m, 4th 60m HurdlesCandice Dooley** 4th 800m, 2nd 1500m

U13 Girls

Chloe Douglas Savage** 1st 3000mKate Caccamo** 4th LJ, 2nd HJ 1st

TJ***Zoe Schubert** 1st HJ, 5th Discus,

1st Javelin***Alice Iosefo** 3rd SP, 3rd Discus, 4th Javelin

U 15 Girls

Clara Dziedziozak 5th 1500m* **Natasha Iosefo** 1st SP, 5th Discus, 8th Javelin

Athletes who placed 1st, 2nd or 3rd in the Finals qualify for the State Championships at Homebush. U8 Athletes do not progress to State Championships & receive medals for a top 3 placing..

Lisa Rios



STATE MULTI CHAMPIONSHIPS

3RD AND 4TH MARCH, BEATON PARK ATHLETIC TRACK,
WOLLONGONG.

The results achieved by our 22 competing athletes on the State Multi's weekend were fantastic. We had two top eight finishers at this year's Championships. Congratulations to Zoe Schubert who placed 3rd in the U13 girls and Grace Robinson who placed 6th in the U8 girls. Many PB's were achieved by many of our athletes over the two days of competition.

RESULTS.

U7 Girls	Rebecca Janes	3183pts	2nd place out of 56 competing athletes.
U7 Boys	Leo Kostas	4068pts	21st place out of 50 competing athletes
	Luke Byrnes	3868pts	26th place out of 50 competing athletes.
	Matteo Tiscia		Did not finish
U8 Girls	Grace Robinson	4343pts	6th place out of 67 competing athletes.
	Rachel Whittet	3619 pts	37th place out of 67 competing athletes.
8 Boys	Jacob Rios	4311pts	17th place out of 50 competing athletes.
	Pita Toamotu	3580pts	34th place out of 50 competing athletes.
U9 Girls	Jaimie-Lee Rios	4277pts	21st place out of 69 competing athletes.
	Amelia Schubert	4160pts	25th place out of 69 competing athletes.
	Joanna Kambosos	4023pts	33rd place out of 69 competing athletes.
U9 Boys	Zack Heap	4393pts	30th place out of 59 competing athletes.
U10 Girls	Taylah Sorrensen-Talbot	3183pts	63rd place out of 70 competing athletes.
	Anjali Tiscia		Did not finish
U10 Boys	Mitchell Whittet	2915pts	52nd place out of 58 competing athletes.
U11 Girls	Madeleine Holbeach	4576pts	12th place out of 72 competing athletes
	Carolina Kostas	4402pts	21st place out of 72 competing athletes.
	Megan Heap	4212pts	29th place out of 72 competing athletes.
U11 Boys	Matthew Kudla		Did not finish
U12 Girls	Barbara Kudla		Did not finish
U13 Girls	Zoe Schubert	5552pts	3rd place out of 56 competing athletes.
U15 Boys	Matthew Ashton	5429pts	28th place out of 40 competing athletes.

Lisa Rios

STATE CHAMPIONSHIPS

**17TH AND 18TH MARCH
SYDNEY OLYMPIC PARK
HOMEBUSH**

A team of 16 athletes from St George competed at the State Championships. The following results were achieved in the Track Finals and Field events.

<u>U9 Girls</u> Amelia Schubert 1st shot Put 1st Discus	<u>U9 Boys</u> Ben Alessio 1st 70 m (eq State record) 1st 100m
<u>U11 Girls</u> Madeleine Holbeach 11th Long Jump	<u>U12 Boys</u> Riley Delaney 6th 1500m
<u>U11 Girls</u> Carolena Kostas 3rd 800m 3rd 1500m	<u>U12 Boys</u> Alex Johnston 6th Long Jump 1st Triple Jump
<u>U12 Girls</u> Candice Dooley 6th 1500m	<u>U13 Boys</u> Anthony Sefo 11th Discus
<u>U13 Girls</u> Zoe Schubert 1st Javelin 7th High Jump	<u>U14 Boys</u> Jason Dooley 200m Heat
<u>U13 Girls</u> Kate Cacamo 8th High Jump	<u>U14 Boys</u> Tye Stanley 7th 1500m Walk
<u>U13 Girls</u> Alice Iosefo 3rd Shot Put 4th Discus	<u>U14 Boys</u> Stephen Holbeach 12th Long Jump 5th Triple Jump
<u>U13 Girls</u> Chloe Savage – Douglas 3rd 1500m	
<u>U15 Girls</u> Natasha Iosefo 1st Shot Put	

A great effort by all athletes who competed on the day. Congratulations!

ST GEORGE LITTLE ATHLETICS CENTRE
2006/ 2007
STATE CHAMPIONSHIP REPRESENTITIVES.



BACK ROW: KATE CACAMO, ALEX JOHNSON, ANTHONY SEFO,
RILEY DELANEY, CAROLENA KOSTAS.

FRONT ROW: BEN ALESSIO, ALICE IOSEFO, NATASHA IOSEFO,
ZOE SCHUBERT, AMELIA SCHUBERT.

ABSENT: MADELEINE HOLBEACH, STEPHEN HOLBEACH, CANDICE DOOLEY, JASON DOOLEY,
TYE STANLEY, CHLOE SAVAGE- DOUGLAS

ST GEORGE LITTLE ATHLETES IN ACTION





