

St George

Little Athletics Centre Inc.



38th Annual Report
2008 – 2009

STGEORGE LITTLE ATHLETICS CENTRE INC

38TH ANNUAL GENERAL MEETING

PEAKHURST BOWLING CLUB

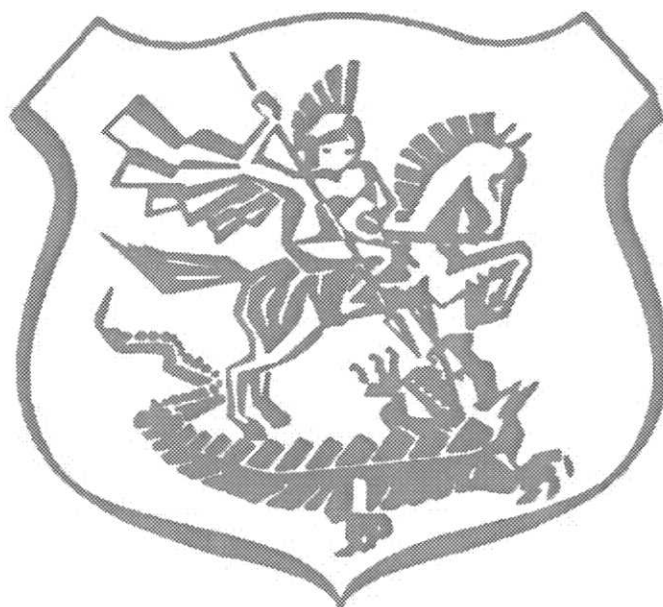
Monday 18 May 2009

AGENDA

1. Distribution of 38th Annual Report including Minutes of 2008 AGM
2. Opening of Meeting
3. Apologies
4. Minutes of 37th Annual General Meeting held 20 May 2008
5. President's Opening Address
6. Presentation of 38th Annual Report and Financial Statements
7. Presentation to Retiring Officials
7. Addresses by Invited Guests
8. Election of Officers for the 2009 / 2010 Season
9. Vote of Thanks to Returning Officer
10. General Business
11. Closing of Meeting

LIFE MEMBERS

Fred Scott	1975	Lou Bulian	1990
Bev Scott	1976	Carol Berell	1991
Peter Williams	1976	Alex Oh (deceased)	1991
Mabs Errington	1979	Lindsay Watson	1991
Gwen Taylor	1981	Barbara Lea	1991
Ray Horton	1981	Albert & Coral Ferraro	1992
Bob Molloy (deceased)	1982	Graham Hawkes	1996
Byron Griffiths	1984	Terry O'Neill	1999
Paul Reeves	1986	Ben Tinker	1999
Joe Watchorn	1986	John Dodson	2000
Bonnie West	1986	Gil Baes	2001
Bill L'Strange	1987	Roger Malcolm	2001
Bill Cruickshank	1987	Lynne Whatman	2001
Ian Sheerin	1988	Glenda McLoughlin	2002
Margaret Zerzvadse (deceased)	1988	Peter Tuziak	2003



STGEORGE LITTLE ATHLETICS CENTRE INC
MINUTES OF 37th ANNUAL GENERAL MEETING
HELD ON TUESDAY 20TH MAY 2008
PEAKHURST BOWLING CLUB

1. OPENING OF MEETING

The president opened the meeting at 7:40 pm and welcomed everyone present.

2. ATTENDEES

Invited Guests: Trevor Hinwood - LAANSW, Albie Thomas - StGeorge DAC, Heather Mitchell - Port Hacking, John Burne - Port Hacking, Margaret Alexander - Port Hacking, Colin Alexander - Port Hacking, Robert Gray - Revesby Workers, Frank Scott - RevesbyWorkers, Barry Butters - Revesby Workers, Garry Hortan, Phil Hortan, Rob Hortan.

Life Members:- Gil Baes, John Dobson, Albert Ferraro, Coral Ferraro, Graham Hawkes, Ray Hortan, Roger Malcolm, Glenda McLoughlin, Terry O'Neill, Bev Scott, Fred Scott, Gwen Taylor, Ben Tinker, Lindsay Watson, Lynne Whatman, Peter Williams,.

Parents and Supporters:- David Beck, Elise Beck, Paul Byrnes, Winston Chan, Wendy Cook, Kim Delaney, Heidi Fisher, Catherine Heap, Graeme Holbeach, Christine Lopez, Ray Parkinson, Lisa Rios, Chris Robinson, Rhonda Tinker, James Watts, Ian Whatman.

3. APOLOGIES

Kevin Green - MLA Georges River, Councillor Vince Badalati - Hurstville City Council, Glen Howell - Southern Metropolitan Zone Co-ordinator, Simon Osborne - McDonalds South Hurstville, Mabs Errington - Life Member, Ian Sheerin - Life Member, Marta Kudla.

4. MINUTES OF THE PREVIOUS ANNUAL GENERAL MEETING

Minutes of the 36th Annual General Meeting, held 23rd May 2007 be accepted as a true and accurate record of that meeting.

Moved: Terry O'Neill Seconded: Coral Ferraro Carried

5. PRESIDENT'S OPENING ADDRESS

- as per the Annual Report.

6. PRESENTATION AND ADOPTION OF 37th ANNUAL REPORT

The 2007/2008 Annual Report be taken as read, adopted as presented and endorsed.

Moved: Lynne Whatman Seconded: Ben Tinker Carried

7. TREASURERS REPORT AND FINANCIAL STATEMENTS

The Treasurers Report, Income and Expenditure Statements and Balance Sheet, were presented for endorsement by the meeting.

Moved: Ray Parkinson Seconded: Kim Delaney Carried

8. PRESENTATION TO RETIRING OFFICIALS

John Burne was honoured to speak on the retirement of Ray Horton after 33 years of dedicated service to StGeorge, Zone and Region Little Athletics.

9. ADDRESSES BY GUESTS AND OFFICIALS

Trevor Hinwood - Membership and Development Director LAANSW.

Noted that the timing of the Olympics has the potential to positively impact on registrations. Hopefully the process will be simplified by on-line registering. Congratulation to Ray Horton on 32 years invaluable service and to Lynne Whatman and Ben Tinker for their many years in key positions.

Heather Mitchell - President Port Hacking LAC.

Commented on the friendly rivalry between StGeorge and Port Hacking Centres. Congratulations on a great season and the detailed Annual Report. Thanked Ray for the many years of marshalling and the 'extra bits', Ben for officiating at carnivals and filling in when others didn't turn up and Lynne for the many years of successful co-operation.

John Burne - Past President - LAANSW.

Appreciated the friendship amongst the South Met Zone Centres. Noted the healthy balance sheet, despite money well spent on equipment and trophies. Congratulations on results at State. Thanked Ben for his help over the years and Lynne for seven years of best efforts as President.

Barry Butters - Revesby Workers LAC.

Congratulations on the past and good luck for the next season.

Albie Thomas – President - StGeorge DAC.

Congratulations on the club's achievements. Expressed the need to encourage 16 to 22 year olds back into sport for the good of the community at large. Indicated things could be happening with the Cooks Cove development, with the possibility that the old soccer stadium and surrounding area could be redeveloped with athletic facilities.

Fred Scott - Life Member.

Although sad to see a number of people retiring or stepping back from major positions, believes that "turnover is a good thing for any club provided not all at the same time." Added his congratulations to Ray, noting that he is also involved in junior football.

Ben Tinker - StGeorge LAC Officer for Championships.

Enjoyed his time in this position, but will be pleased "to hand over to the first person who volunteers". Proud to see the performances of ex StGeorge Little Athletes in the senior levels of a number of different sports.

Kim Delaney - StGeorge LAC Vice President.

Thanked Lynne, Ben and Ray for a fantastic job. Considered it a privilege to work with such people.

10. ELECTION OF OFFICERS FOR THE 2006/2007 SEASON

Founding Life Member Fred Scott declared all positions vacant and conducted the Election of Officers. The following were elected:-

President	-	Paul Byrnes
Vice President	-	Kim Delaney
Secretary	-	Graeme Holbeach
Treasurer	-	Ray Parkinson
Registrar	-	James Watts
Recorder	-	Heidi Fisher
Assistant Recorder	-	Elise Beck
Officer for Championships	-	Winston Chan
Officer for Officials	-	vacant
Publicity	-	Lisa Rios
Coaching	-	vacant
Canteen	-	vacant
BBQ	-	vacant
Equipment / Ground Maintenance	-	Chris Robinson
Uniforms	-	Wendy Cook

General Committee

Debbie Alessio, Catherine Heap, Christine Lopez, Con Pattey (web site), Darren Powditch, Ben Tinker, Lynne Whatman.

11. VOTE OF THANKS TO RETURNING OFFICER

The President thanked the Returning Officer Fred Scot for again conducting the Election of Officers.

12. CLOSING OF MEETING

The President closed the meeting at 8:30 pm, thanking all for their attendance and inviting all present to partake of the supper being served.

Graeme Holbeach
Secretary

2008/09 PRESIDENT'S **REPORT**

2009/2010 season was a successful season. This year saw many athletes achieve excellent results, not only many personal bests but a number of ground records and centre records were broken as well. There are many ways that can be used to measure the success of the Centre for the past season, i.e. the revenue amounts raised, number of new records set, numbers of children whom progress through to the various levels of championships and numbers of medals won. However, my preference is to measure our success by the numbers of all the children attending the competition held on Friday nights and the extent to which they have enjoyed themselves competing on those occasions. All children in the St George Centre are to be congratulated on the manner in which they competed and displayed their sportsmanship towards each other.

Little Athletics is more than a sport, it is a family event. Mums, Dads, Relatives, Carers and the children all have the opportunity to do something together. Parents are involved as helpers and officials and they share many experiences with their children. Our motto is "Family, Fun and Fitness" which is simple and basic and more enjoyment will be derived from Little Athletics if this motto is always kept in mind. St George athletes competed in LAANSW State Road Walks and Cross Country, St George Dragon Derby, State Relays, Zone Championship, Region Championship, State Multi Event Championship and State Championships as well as other Little Athletic club's Gala days. Our results were extremely satisfying with many athletes achieving personal best performances.

My thanks to the athletes who continue to provide us with such pleasure when they compete each Friday night as we watch them develop their skills and confidence as young people throughout the seasons. Friday nights require a lot of parents' help. I would like to thank everyone who has helped judging, timing, measuring, serving in the canteen and BBQ, Age Managers, the Parents who put out the equipment and setup, those who help pack everything away at the end of the night and all the other tasks required to run a large centre like St George. Thank you to all those who have helped. Thank you also to those officials who no longer have children attending St George centre and continue to assist each Friday night.

Our Annual Presentation Night was once again held at Peakhurst High School. This was a successful night for all. Any trophies that were not collected on the night have been stored at the St George clubhouse and can be collected at the start of the next season.

Many thanks to the Staff at Hurstville Council for their support and also Penshurst RSL who allow us to use their facilities free of charge each year.

As we contemplate next season, we realise that the Centre cannot run on a Friday night without the help of Committee Members and Parent helpers, so please, when help is required volunteer yourself and lend a hand.

Farewell to our U/17's who are leaving us this year. All the best in your future athletics careers. I look forward to seeing the return of our other athletes and their parents in the 2009/2010 season. Finally, I wish the 2009/2010 committee continued success for the ensuing year.

Paul Byrnes
President 2008/2009,
St George LAC



Long time St George Committee member and NSW Little Athletics Official Lynne Whatman, oversees the Shot Put judging at the Zone Championships and below Nicholas Chan, U10 Boys, in action in the 70 metres.



2008/09 TREASURER'S REPORT

It is with pleasure that I present the financial statements of the St George Little Athletics Centre for the 2008/2009 season for its 38th Annual Report

In another year that has seen numerous nights significantly affected by wet weather, the Centre has achieved a sound financial result. Whilst finishing its financial year with a modest profit when income is exposed to expenditure within the season, the centre closes the financial period with a financial base which indicates assets, both cash based and in uniform stock, of over \$65,000. This figure does not include the centre's equipment asset base which would now approach a similar figure.

The centre has achieved its results this season whilst maintaining both its expenditure levels on the equipment needed to maintain the standards expected by our member athletes and parents and to continue to provide the appropriate rewards to our athletes through trophies and competition opportunities.

Income is derived through three main sources, Registrations, Canteen and BBQ. Uniform remains an area of our Centre's operation which is designed to break even and not to profit from our member's purchases, but of course fluctuates from year to year as stock levels rise or fall. Uniform prices remain at cost plus some rounding to make their purchase as simple as possible. This season the uniform margin on sales is modest and in line with trends from past years.

As the club's three main streams are based significantly in attendance at the centre, a reduction in registration numbers and wet weather sees an automatic reduction in income to the Centre. Despite dedicated efforts of those few who plan and support these areas, the accounts for 2008/2009 show the impact that reduced numbers and wet weather can have on such a critical income source to our centre.

The club continues to benefit from the benevolence of some of our suppliers, who, understanding the position of amateur sporting clubs, volunteer on many occasions, to cancel or reduce orders when inclement weather threatens, without any further penalty to the centre.

The centre remains financial and positioned to continue to increase and improve the facilities and opportunities offered to our members. Some of the improved facilities and the financial resources to accomplish such improvements, have to date been allocated to the extension of the Centre's storage facilities. With the end in sight and final balance payments not expected to be significant, the club remains sound to refocus on outcomes more directly aimed at the athletes and competition.

I have many people to thank for making the position of Treasurer easier than it could be. Those people are not limited to those in positions of trust in a cash rich environment but to those who are always keen to simply help. In particular I wish to extend a thank you to Wendy Cook who manages the uniform stock and income and to Lynne Whatman who stands in as Assistant Treasurer as I dedicate a bit of time back to my family and employer.

I additionally wish to thank all members of our committee who continue to look for new ways to spend monies to improve the services we offer to our athletes. Further, I wish to continue to thank those of our membership who bear the "cheque only" reimbursement policy of our centre. It has significantly led to our centre now having over eight years of quality financial records which assists greatly in budgeting and planning for the club's future success.

I hope this goes some of the way as a sincere thank all those who assist.

Ray Parkinson - Treasurer

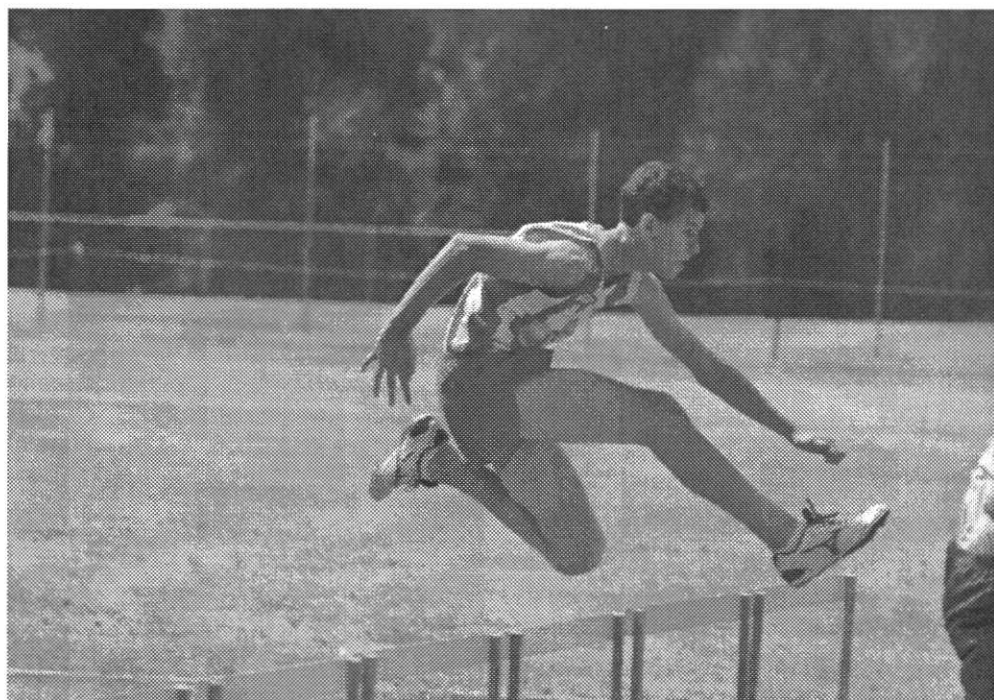
St. George Little Athletics Centre Inc.

Statement of Income and Expenditure
For the Year Ended March 31, 2009

Income	2009 Actual	2008 Actual
	\$	\$
Registration	39,548	38,539
Canteen	6,257	7,024
BBQ	9,280	8,911
Sponsors, Donations and Miscellaneous Income	200	21,324
Uniforms	13,647	11,696
Interest	1,045	1,551
Other (including competitions)	765	1,386
	70,742	90,431
Expenditure		
Registration Fees and Resignations	13,810	16,674
Canteen	6,546	6,848
BBQ	8,447	6,199
Uniforms Purchases	10,502	6,042
Annual General Meeting	2,101	1,616
Bank Charges	242	217
Electricity	0	0
Equipment	6,863	7,658
Ground Marking	331	559
Insurance	0	0
Park Fees	2,160	1,980
End of Season Presentation	0	0
Postage	46	91
Printing & Stationery	2,078	2,017
State Conference	952	736
Sundry Expenses incl. Course Fees and Advertising	601	22,290
Telephone	354	320
Competitions	3,139	3,576
Trophy	5,379	4,937
	63,550	81,760
Surplus/(Deficit) for the Year	7,191	8,671
St. George Little Athletics Centre Inc.		



**Southern Metropolitan Zone Championships
Gavin Parkinson, U13 Boys Long jump**



**Southern Metropolitan Zone Championships
William Burgess, U13 Boys 80m Hurdles**

2008/09 REGISTAR'S REPORT

Another excellent season for St George Little Athletics, first the information we are all wanting:

Age Group	Girls	Boys	Total	Last year's number	Percent change
Under 6	27	37	64	62	3.2
Under 7	34	48	82	75	9.3
Under 8	41	45	86	53	62.3
Under 9	32	41	73	70	4.3
Under 10	40	31	71	55	29.1
Under 11	32	26	58	56	3.6
Under 12	30	16	46	44	4.5
Under 13	17	12	29	38	-23.7
Under 14	14	5	19	19	0
Under 15	10	4	14	18	-22.2
Under 17	6	2	8	6	33.3
Total	285	268	550	496	10.9

As expected in an Olympic year (and also due to the outstanding work of the Publicity Department) numbers were up in all ages except for U13s, where a drop in the number of boys pulled the figures down (19 last year, 12 this year), and in the U15s, where 2 less girls and 2 less boys were registered. The stand out change was in the U8s where an extra 26 boys and an extra 7 girls registered.

This number is still down on the 2006/2007 season when a whopping 584 registered.

Registration process

This year we focused the registration efforts on promoting use of the online registration system. Emails were sent in early August from both Little Athletics NSW and by our Club. These emails promoted the start of the season and gave parents options for registration which for this season were:

1. Face to face at the Clubhouse
2. Online - both register and pay
3. Online - register only and pay at the Clubhouse
4. Mail to the St George Little Athletics PO Box

The table below shows the breakdown of how many used each of the registration options:

1. Face to face at the Clubhouse	357
2. Online - both register and pay	154
3. Online - register only and pay at the Clubhouse	32
4. Mail to the St George Little Athletics PO Box	7

On the 2 registration Fridays we made a number of changes in an effort to speed the registration process, these changes included; having 2 registration desks running which only handled the face to face registrations, online registrations were sent to a separate desk to have their numbers allocated, and a PO Box was set up so people could mail their registration forms in. Overall these changes went very smoothly and the huge queues of previous years were significantly reduced.

The online registrations were by far the easiest and fastest registration method from everyone's perspective. Details were checked, numbers allocated, and show bags given in a matter of a minute or two. We tried to incentivise the online registrations by allocating lower registration numbers to the online users and reducing their wait time as they were processed through a specific online registration desk. It is strongly recommended we continue to promote this avenue as much as possible in future seasons.

The option of registering by mail was something that we borrowed from another Little Athletics Club and introduced for this season. While there were only 7 registrations this year it is something that should be maintained as some people are concerned about the security of online registrations.

Last year we trialled a pre-printed registration form for returning athletes which was abandoned this year as it was difficult to set up, did not save a lot of time, and did not suit the requirements of LAA NSW.

Database

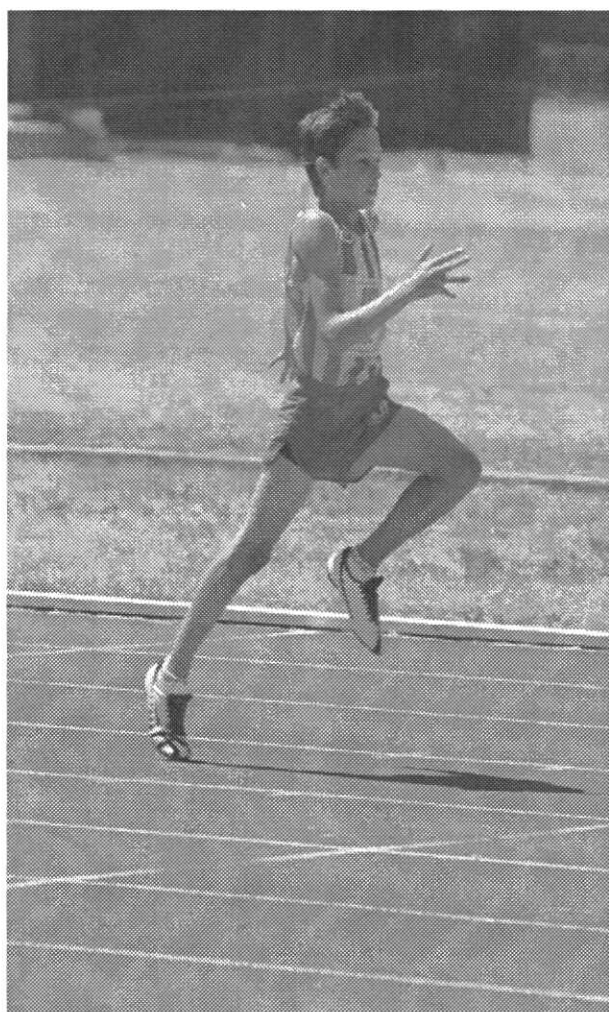
Another benefit of the online system was the database of athletes it provides. All athletes from this season and last season are entered into the database and ready to be used for publicity purposes next season.

Your Registrar

After being associated with the Club for 8 seasons including the last 2 as Registrar I won't be standing again for the position next season, as both my children are no longer competing. I will be more than happy to help the new Registrar at the start of next season.

I'd like to thank all my fellow committee members for their help throughout the season.

James Watts
Registrar



**Ben Alessio, U11 boys,
2008/09 STGLAC Champion Boy and State Representative
in action at the Southern Metropolitan Zone Championships**

2008/09 RECORDERS

REPORT

Congratulations to all St George athletes for another amazing season which saw continual improvement and many wonderful performances from our athletes.

This season saw many records were broken. A special mention must go to Hame Sele who has the unofficial record for breaking records !! He broke his own (ground) discus record 6 times.

A new record will be added to the Red Handbook for next season. This was the first season where we have an electronic time for the 200m. At the Zone Championships, at Sylvania Athletics Track, electronic timing gates were used for all events up to 200m. As we have not previously had electronic 200m records, the best 200m time for each age group will become the 200m electronic record, until it is broken.

I would like to thank Elise Beck for her help with the distribution of results, and also to Jak Berry who helped with data entry on Friday nights. She especially came to enter data on the multi night (even though her children were not competing) so that the medals could be handed out on the same night. Without her help this would not have been possible.

There were a total of 16 ground records broken and 7 centre records broken. They are seen below in order of date broken. The U17 records have not been added into this annual report as they are still being established. This is only the second year U17 records have been kept. Any new U17 records broken in the 2009/2010 season will be added to the next annual report.

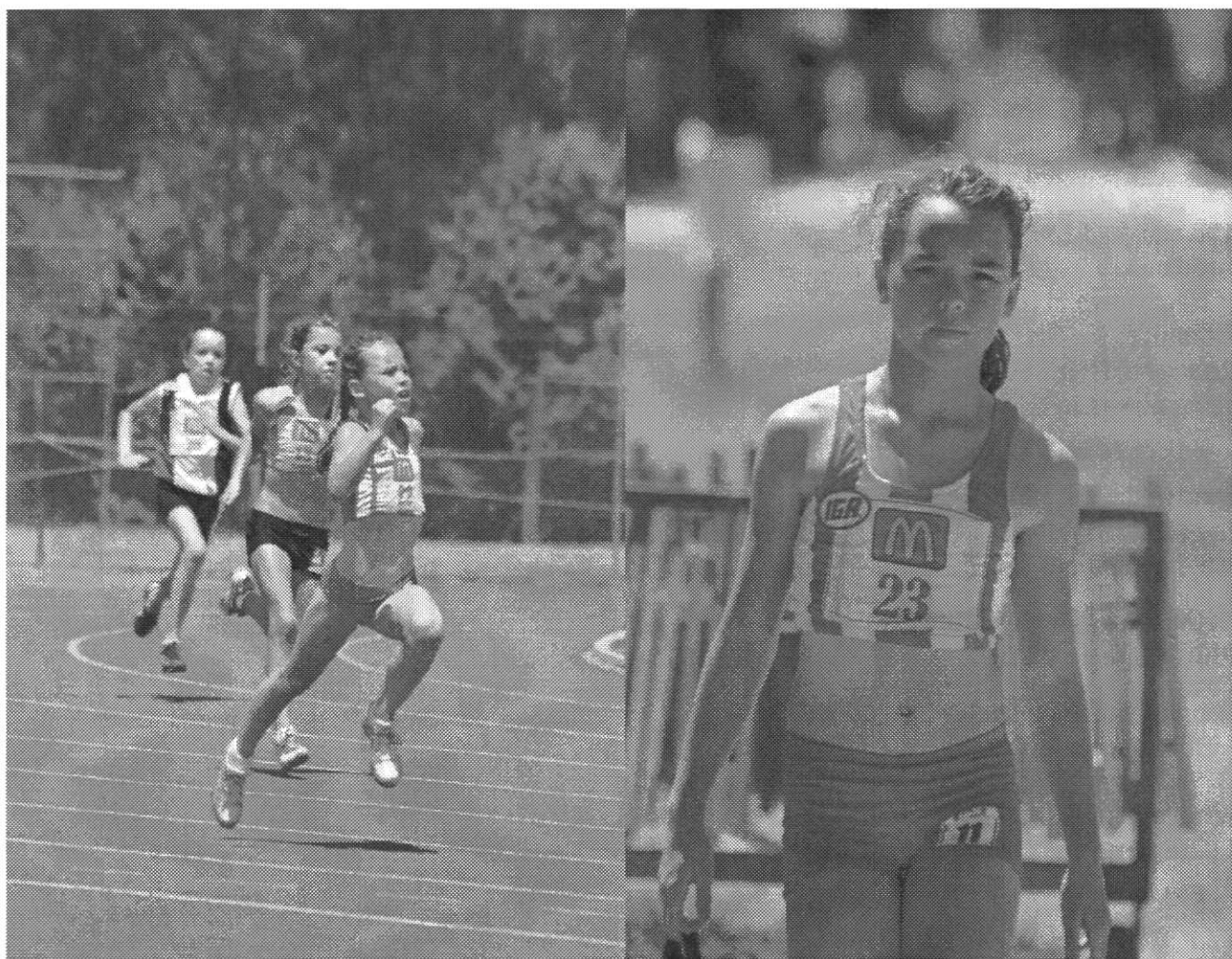
St George **Ground** Records 2008/2009 (date order)

Talia Fisher	U9 Girls	100m	15.87s
Hame Sele	U12 Boys	Discus	37.72m
Hame Sele	U12 Boys	Discus	39.68m
Grace Robinson	U10 Girls	Discus	33.93m
Sidney Noppen	U8 Boys	100m	16.01s
Hame Sele	U12 Boys	Discus	42.13m
Talia Fisher	U9 Girls	70m	11.23s
Hame Sele	U12 Boys	Discus	46.28m
Pita Toamotu	U10 Boys	Shot Put	11.29m
Hame Sele	U12 Boys	Discus	48.86m
Ivan Tolic	U6 Boys	50m	9.38m
Hame Sele	U12 Boys	Discuss	48.99m
Benjamin Alessio	U11 Boys	100m	13.39s
Benjamin Alessio	U11 Boys	400m	1.04-84s
Kai Hammond	U6 Boys	300m Pack Start	1.10-43s
Benjamin Alessio	U11 Boys	200m	28.2s

St George **Centre** Records 2008/2009 (date order)

Benjamin Alessio	U11Boys	100m	13.2s
Hame Sele	U12 Boys	Discus	45.49m
Talia Fisher	U9 Girls	100m	15.5s
Benjamin Alessio	U11 Boys	200m	26.7s
Hame Sele	U12 Boys	Shot Put	12.65m
Pita Toamatu	U10 Boys	Shot Put	11.35m
Grace Robinson	U10 Girls	Discus	35.3m

Heide Fisher
Recorder



**Talia Fisher, U9 Girls, in action in the 200m
at the Zone Championships.**

**Jasmine Fisher, U11 girls, prepares herself
for the long jump.**

2008/2009

CHAMPIONSHIPS OFFICER

REPORT

The 2008/09 season began with the **State Relay Championships** where St George entered a number of teams. Whilst St George had no teams coming home with medals the following teams came in the top 8 in their finals.

Track – U10 boy's 4x100m team 4th in final - (Liam Pemberton, Nicholas Chan, Jonathon Powditch, Marcus Leonard)

Track – U9 Mixed 4x200m team 4th in final - (Nathaniel Taylor, Matteo Tiscia, Talia Fisher, Louise Hamilton)

Track – U8 Mixed 4x200m team 7th in final - (Jacob Dol, Sebastian Herbert, Catelyn McKenzie, Sierra Blattman)

Field – U8 Boys shot/discus team 4th - (Jared Rios, Evan Saab, Daniel Allen, Dominic Emmanuelidis)

Field – U10 boy's shot/discus team 8th - (Jacob Rios, Pita Toamotu, Patrick Famiglietti, Thomas Pickup)

Field - U11 Girls shot/discus team 7th - (Jaimie-Lee Rios, Dyone Bettega, Sarah O'Brien, Jade Kearsey).

At the **Trans Tasman Trials** held in November 2008, Ben Alessio and Hame Sele were selected and competed for the NSW Trans Tasman Team against New Zealand in January 2009, whilst Jaimie-Lee Rios was selected as a reserve.

The club had 159 athletes entered for the **Southern Metropolitan Zone Championships** at Sylvania in late January 2009 and 63 athletes were successful in qualifying through to the **Region 3 Championships** at Bankstown in mid February. Qualifying from these Championships, St George had 22 athletes go through to the **State Championships**, with some outstanding results being achieved. Ben Alessio, Grace Robinson, Hame Sele and Pita Toamotu all achieved first place medals, with many of our other athletes being placed in the top 8 in their respective events at State in Track and Field.

A highlight of the season was the St George Junior Boys Relay team, who qualified from Zone through to State in the 4 x 100m Relay, placing 1st in the State final. Matthew Jenkins, Ben Alessio, Liam Pemberton and Matteo Tiscia, represented St George at both Region and State, whilst Angus Mulholland ran in Matthew Jenkins absence and Nicholas Chan in Liam Pemberton's absence at the Zone Championships.

At the **State Multi-Event** held at Lismore in March, St George had 9 athletes competing. The best placed athlete at these Championships was Grace Robinson who finished fourth.

Congratulations to the following athletes on achieving the St George LAC Centre Awards for their performance's this season

Winston Chan
Championships Officer

2008/09 CHAMPION BOY

BEN ALESSIO

Ben has had another outstanding season with the club which has resulted in him winning this award for the second year in a row. At the Zone Championships Ben achieved firsts in the 60m hurdles, 100, 200 and 400m events. At Zone, he also anchored the Junior Boys relay to 2nd place. At the Regional Championships, he also achieved firsts in the 60m hurdles, 100, 200 and 400m events. He again anchored the Junior Boys relay achieve first place and qualify for the State Championships. At the State Championships he achieved first in the 100, 200 and 400, events as well as 4th in the 60m hurdles final. He again anchored the Junior boys relay to gold at these championships. Ben was successful in making the NSW Trans Tasman team where he represented in the 100, 200, 400 and high jump. Ben has also broken numerous ground and centre records during the year in athletics.



2008/09 CHAMPION GIRL **&** **MULTI EVENT AWARD**

GRACE ROBINSON

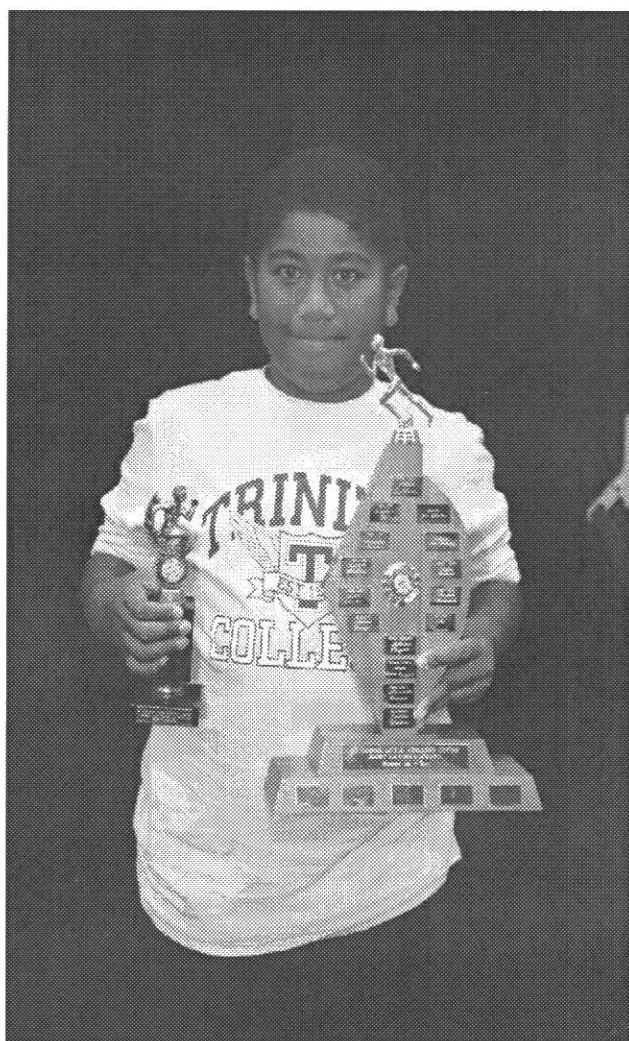
Grace has had an outstanding season in the field this year repeating her success from last year. At the Zone Championships Grace achieved first in the discus and shot put events whilst having to pull out of the 100m and long jump due to breaking her leg during training in December. At the Regional Championships she also achieved firsts in the discus and shot put. At the State Championships she again achieved firsts in the discus and shot put. She also threw ground and centre records for these events during the season. Grace was a member of the 4 x 100m relay team at the State Relay Championships. She was also successful in achieving fourth place at the State Multi Event at Lismore. As a result she is awarded both Champion Girl and Multi-Event Award Winner for this year.



2008/09 CHAMPION BOY RUNNER UP

PITA TOAMOTU

Pita has had another very good year building on the success he achieved in the past 4 seasons. At the Zone Championships Pita achieved first in the discus and shot put as well as competing in the 70m and long jump events. At the Regional Championships Pita achieved second in the shot put and third in the discus. With determination and training he was able to improve on this at the State Championships to achieve first in shot put and second in discus. Pita was also a member of the 8th placed U10 Boys Shot/Discus team at the State Relay Championships. He also competed at the State Multi Event Championships at Lismore. Pita also broke ground and centre records in the shot put during the season.



2008/09 CHAMPION GIRL RUNNER UP

MADELAINE HOLBEACH

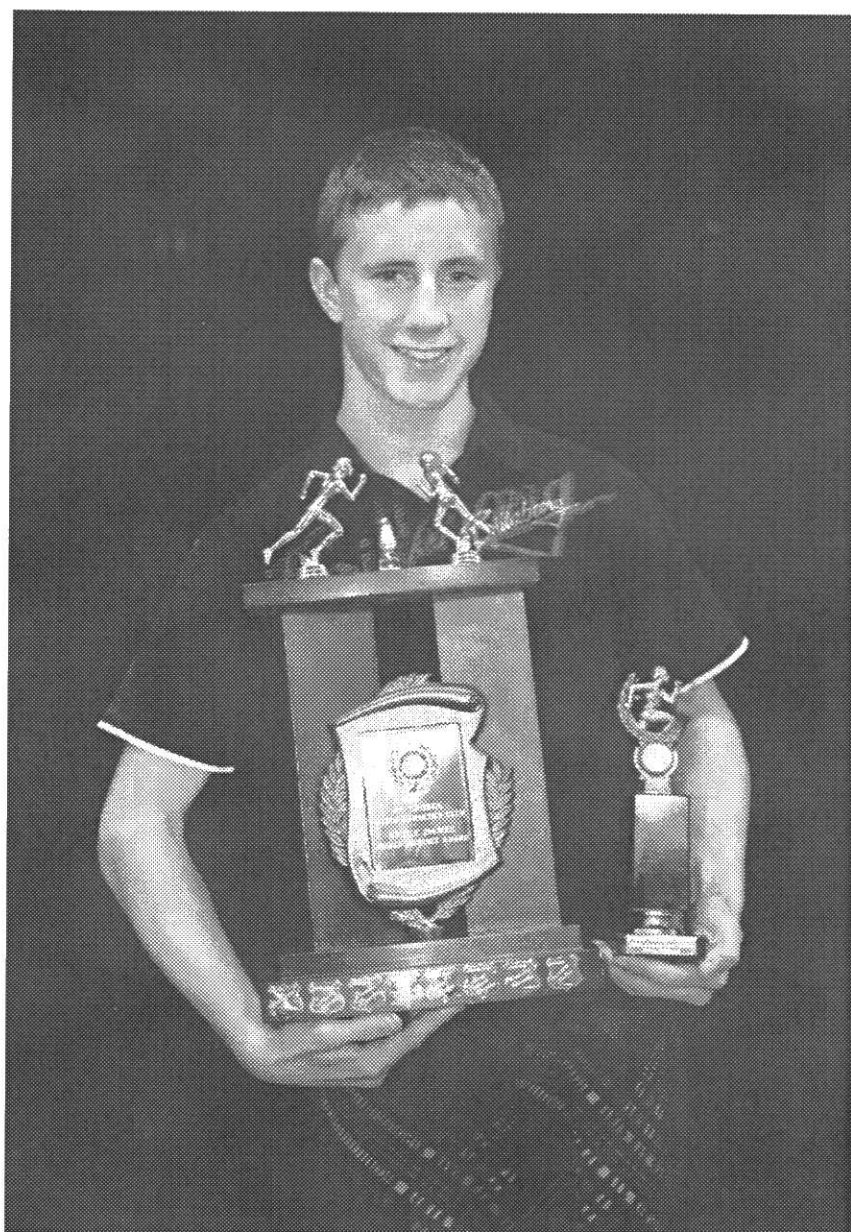
Madelaine has had another successful year at Little Athletics. At the Zone Championships, Madelaine achieved second in the triple jump and fourth in the long jump as well as competing in the 100m. At the Regional Championships Madelaine achieved fourth in the triple jump and fourth in the long jump. At the State Championships she achieved seventh in the triple jump and ninth in long jump. Madelaine was also a member of the U13 Girls long /high jump team at the State Relay Championships.



2008/09 MIDDLE DISTANCE AWARD

RILEY DELANEY

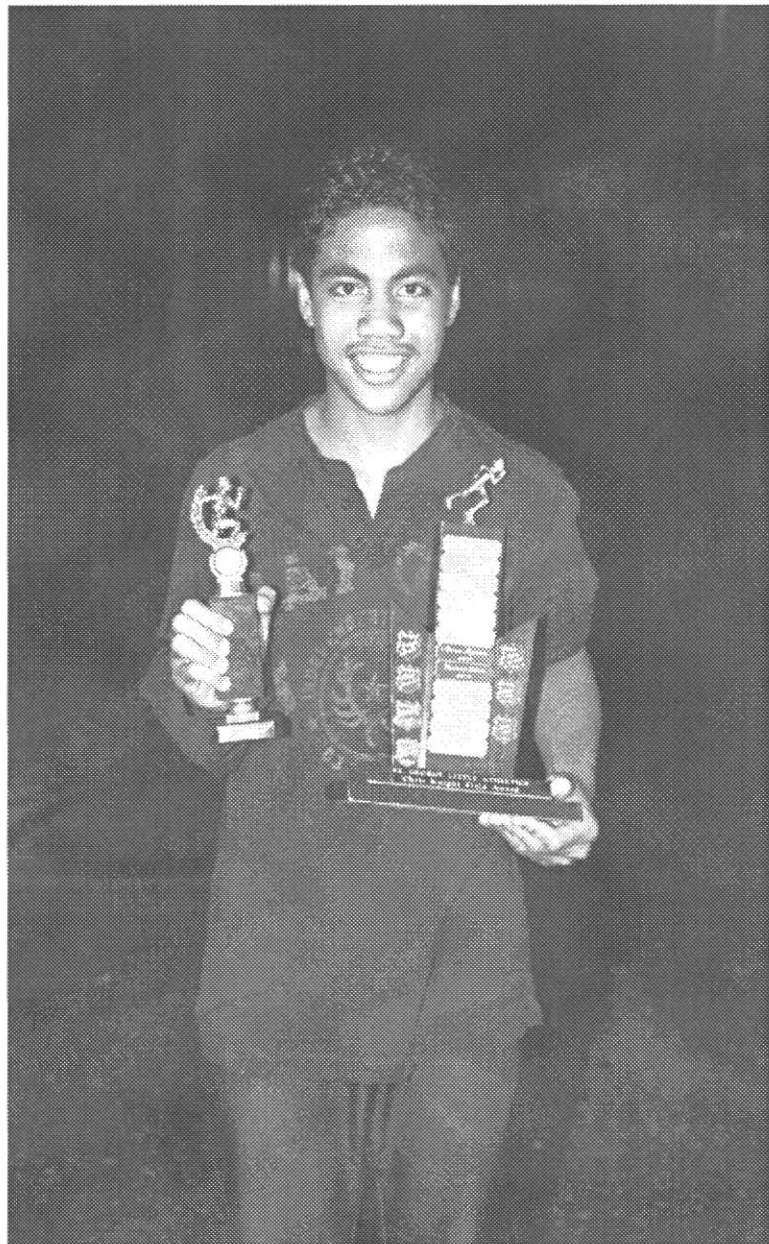
Riley is a worthy recipient of this award. At the Zone Championships Riley achieved first in the 800, 1500 and 3000m events. At the Regional Championships he achieved third in both the 800m and 1500m as well as fourth in the 3000m. Withdrawing at Region from the 3000m, he went onto State and achieved 5th place in the 1500m as well as 7th place in the 800m.



2008/09 FIELD AWARD

HAME SELE

Hame has had another successful season this year. At the Zone Championships Hame achieved first place in the discus and shot put as well as competing in the 100m and 200m events. At the Regional Championships he achieved first place in both discus and shot put. At the State Championships he achieved first place in both the discus and shot put. He was also a member of the NSW Trans Tasman team where he competed in the discus and shot put events. He also broke numerous ground records in the discus during the season.



2008/09 WALK AWARD

JAIMIE-LEE RIOS

Jaimie-Lee has represented St George in numerous Championship events during the year. Qualifying for the State Championships for the first time, her walk results are significant as they have been achieved without any regular walk competition, other than competing in the walk at the Dragon Derby Gala Day, Zone, Region and State Championships.

Jaimie-Lee's sound walking technique has seen her with only a single warning issued by the judges in all her walk races. In the 1100 metre walk, Jaimie-Lee placed 2nd at Zone, 3rd at Region and 8th at State and is the recipient of this year's Walk Award.



2008/09 JUNIOR BOY CHAMPION

MATTEO TISCIA

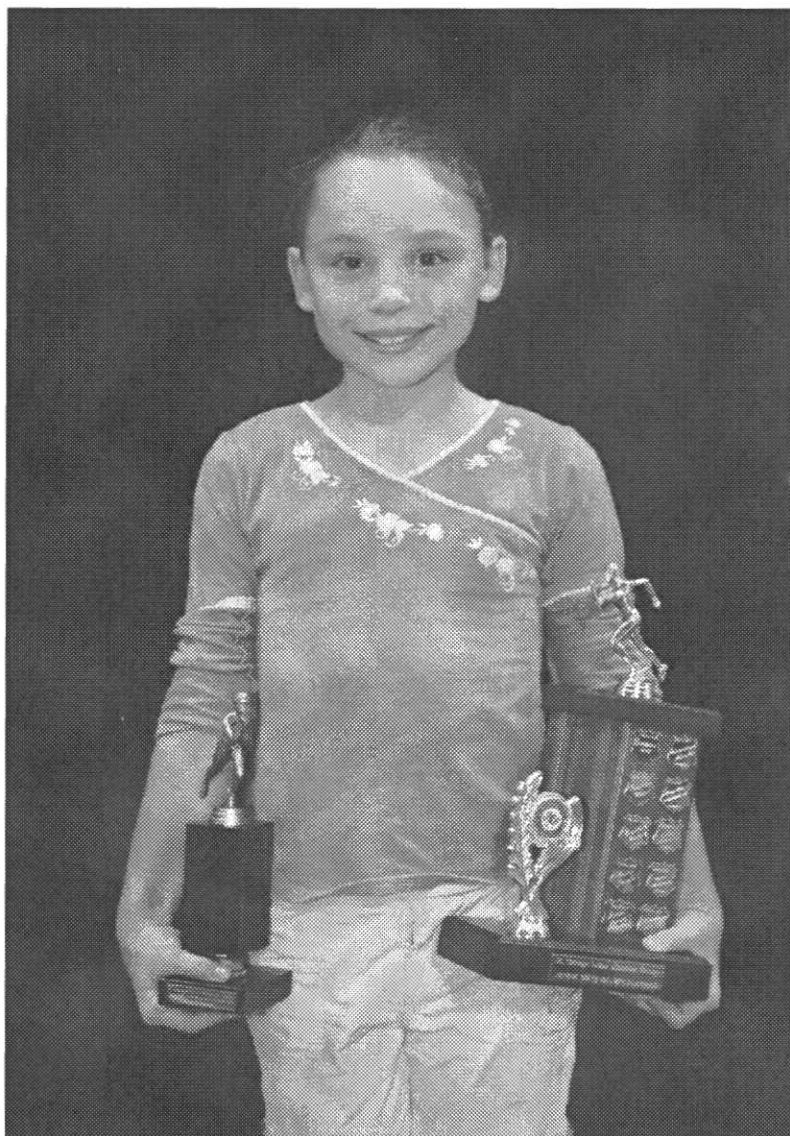
Matteo has been one of St George's young and upcoming athletes over the past 4 years. At the Zone Championships he achieved first in the 70m and 100m, third in the 200m, 6th in the 400m and was a member of the Junior Boys Relay which came second. At the Regional Championships he achieved first in the 70m, second in the 100m and sixth in the 200m. He was also a member of the winning Junior Boys Relay team. At the State Championships he was 8th in the 70m final and narrowly missed out on making the 100m final. He was also a member of the winning Junior Boys relay team, a member of the U9 4 x 200m relay team at the State Relay Championships and runner up in the St George Multi- Night event.



2008/09 JUNIOR GIRL CHAMPION

TALIA FISHER

Talia has been another of the rapidly improving young athletes at the club. At the Zone Championships she achieved second in the 70m, 100m and 200m and fourth in the shot put. At the Regional Championships she achieved third in the 70m, fifth in the 100m, 10th in the shot put and had to pull out of the 200m final due to injury. At the State Championships she ran 8th in the 70m final. She was a member of the U9 girls 4 x 100m and U9 mixed 4 x 200m relay team at the State Relay Championships. She was also the winner at the St George Multi-Night event.



2008/09 REBECCA ORR ENCOURAGEMENT AWARD

NATHANAEL TAYLOR

Nathanael has been another one of St George's young and upcoming athletes over the past 4 years. At the Zone Championships he achieved third in the 70m and 100m, second in the 200m, first in the 400m. At the Regional Championships he achieved seventh in the 70m, fourth in the 100m and seventh in the 200m. At the State Championships he competed in the 100m. He was also a member of the U9 mixed 4 x 200m relay team at the State Relay Championships. He was also winner at the St George Multi- Night event.



2008/09 REBECCA ORR ENCOURAGEMENT AWARD

MADELEINE SAKSIDA

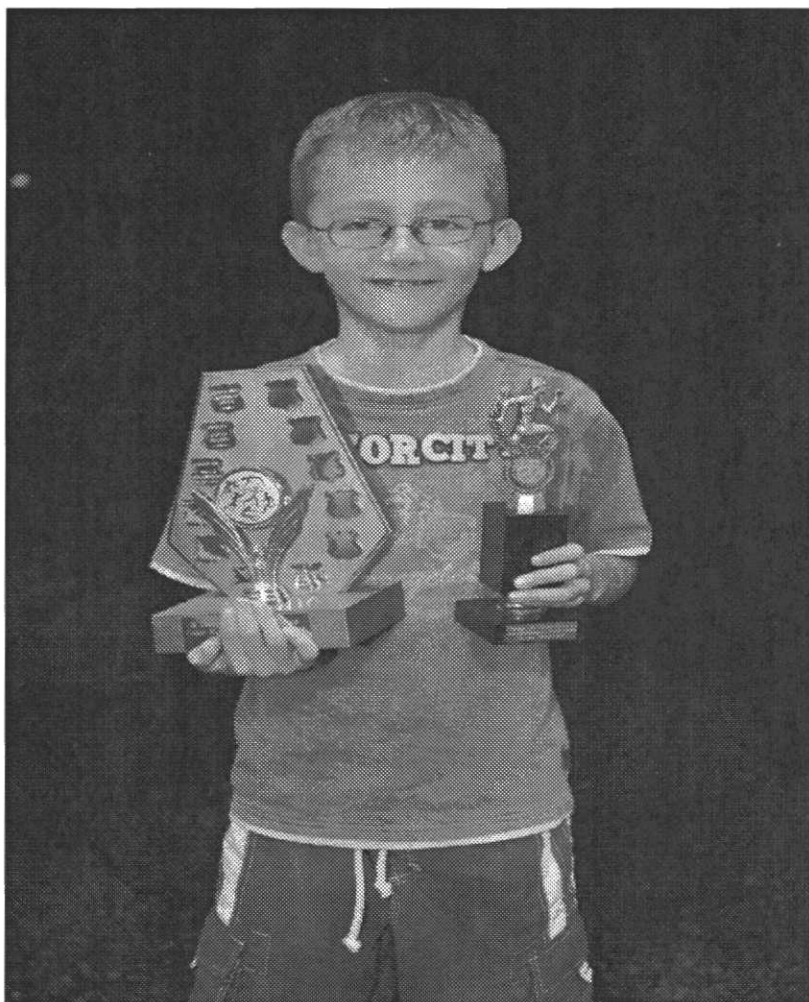
Madeleine has had another successful year of middle distance running for the club. At the Zone Championships she was second in the 400m, first in the 800m and second in the 1500m. At the Regional Championships she was seventh in the 400m, and sixth in the 800m and 1500m events. She was the winner of the St George Multi- Night event and with her continued determination is capable of qualifying through to State.



2008/09 FRIDAY NIGHT **ENCOURAGEMENT AWARD**

JAYDEN SHEPHERD

Jayden has been with Little Athletics since 2006. He competes every Friday night and attempts and completes all events even the ones he finds quite hard such as the 800. He competed at the Zone Championships in the Long Jump, Shot Put, Discus and 60m hurdles. He has been competing at Zone Championships ever since he has been with the club. He has also been a competitor at the Dragon Derby. His age manager says that he wishes that all other kids were as keen as he is. If they were then we would have 500 kids turning up every Friday night.



2008/09 FRIDAY NIGHT ENCOURAGEMENT AWARD

HANNAH JACKSON

Hannah has shown all the attributes and epitomizes the spirit of Little Athletics. She is always one of the first girls there. She is always polite and courteous to the age manager and always has a friendly smile. No event is too daunting for her and she is always keen to participate and put her best foot forward. At the Zone Championships she competed in the 70m and 100m and always gives 110%. The thing that impresses everyone is her willingness to support her teammates.

