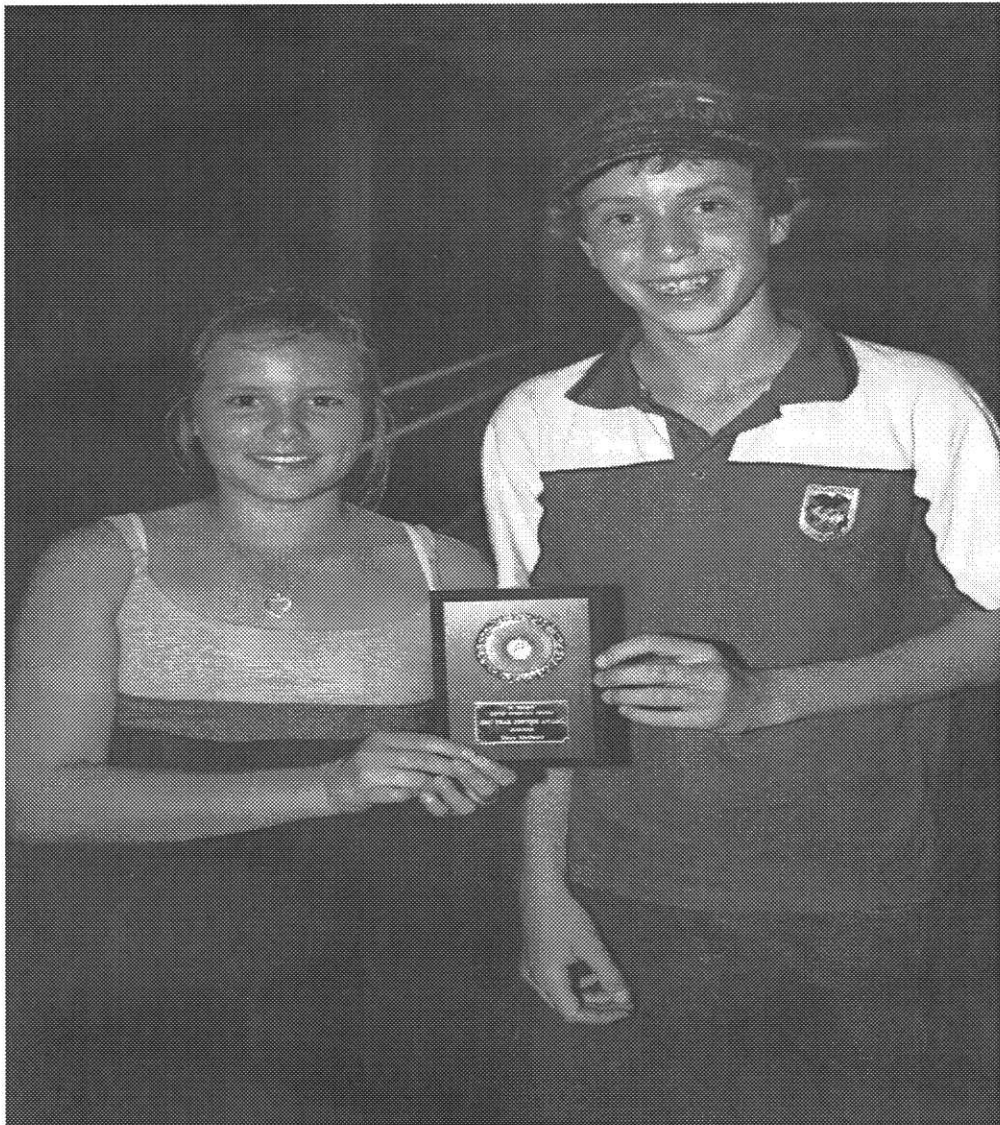


10 YEARS CONTINUOUS
SERVICE
WITH LITTLE ATHLETICS



Pictured is Kate Holland and Jarrod Parkinson

2008/09 St George Little Athletics Centre

10 Year Award Recipients

Kate Holland, Alice Iosefo, Jarrod Parkinson, Liana Rose.

5 YEARS CONTINUOUS SERVICE

WITH LITTLE ATHLETICS



L-R: Nichola Chan, Jonathon Powditch, Pita Toamotu, Zack Heap, Megan Heap,
Bronte English, Emma Berry, Jessica Payne, Grace Robinson, Taylah Sorrensens-Talbot

2008/09

St George Little Athletics 5 year Award Recipients

Jack Anderson, Emma Berry, Nicholas Chan, Monica Denton, Bronte English, Georgia Gratton, Megan Heap, Zack Heap, Jessica Payne, Jonathon Powditch, Jacob Rios, Jaimie-Lee Rios, Grace Robinson, Regina Sefo, Taylah Sorrensens-Talbot, Christopher Sparta, Pita Toamotu, Michael Watson, Olivia White, Rebekah Zaloumes.

2008/09 PUBLICITY & SPONSORSHIP REPORT

The area of Publicity and Sponsorship has again been a position that I have had enjoyed managing this past season. Once again, our newsletter which is published each fortnight keeps our families and athletes informed of upcoming events, athlete results and other information. It can also be found on the Centre's website. I would like to thank the staff at Printworks at Officeworks, Carlton for their assistance in ensuring that our demands for quick service in a short timeframe are met each fortnight, in publishing our newsletter.

Special thanks and appreciation goes to our longtime supporter, Athletes Foot at Westfield Hurstville, in particular, Brian Moro, for his Athletes Foot stores continued association and support to our Centre. We again thank Brian for his store's monetary donation to our Centre this season and his store's "mobile stand" visit to our ground early in the season.

This year, St George LAC also took part in IGA'S docket competition, which was available to all NSW Little Athletics centre's to take part in. With three divisions, based on registration numbers the winning Centre in each division is eligible for a \$3500 first prize, second \$1500 & third \$500, depending on the total amount of dockets collected. For this past season's effort, St George LAC managed to collect a total of \$23,993.64 in IGA dockets. We wait to hear the declared winning Centre in our division, in July at the NSWLAA Annual Conference. With so many IGA stores available to source dockets from in the St George area, the total amount is somewhat of a disappointment with such a large athlete base. I would like to thank those few families and individuals who made a concerted effort to support this initiative during the season.

Our suppliers for our Canteen and BBQ, Bruce Elvey Meats, KB Farm Chickens, Plateau Foods, Mrs Mac's Pies, Wattle Grove Bakery as well as K&E Confectionary and Coca Cola are also thanked in meeting our orders on time, throughout this past season.

I would like to acknowledge and thank Mr Con Pattey, for his assistance in administrating the St George Little Athletics Website and commend him on the great job he did in setting up an informative and easy to understand Registration procedure through our website at the start of the season. This helped greatly to ensure a much smoother Registration period at the start of the season.

My thanks also go to all my fellow Committee and the great job they have done this past season.

Lisa Rios
Publicity and Sponsorship Officer

2008/09 STATE RELAY

REPORT

Congratulations to all our competing teams at the 2008 State Relay Championships at Campbelltown. It was a wild weekend with the weather conditions but all the athletes and parents managed to survive the weekend, despite of this. We were unable to come away with any medals this year but came very close in some age groups. Each team competed with great spirit and enthusiasm on the day. Many thanks to those parents who volunteered and assisted as officials at our assigned club duty. This is a really fun day for all the athletes who compete as it is one of the only Championships where they get to compete as a team. The following teams finished in the top eight placings. Certificates will be available for collection for the following teams recognising their final eight placing. Please see Winston or Lisa in the clubhouse.

Track – U10 boys 4x100m team 4th in final (Liam Pemberton, Nicholas Chan, Jonathon Powditch, Marcus Leonard)

Track – U9 Mixed 4x200m team 4th in final (Nathaniel Taylor, Matteo Tiscia, Talia Fisher, Louise Hamilton)

Track – U8 Mixed 4x200m team 7th in final (Jacob Dol, Sebastian Herbert, Catelyn McKenzie, Sierra Blattman)

Field – U8 Boys shot/discus team 4th (Jared Rios, Evan Saab, Daniel Allen, Dominic Emmanuelidis)

Field – U10 boys shot/discus team 8th (Jacob Rios, Pita Toamotu, Patrick Famiglietti, Thomas Pickup)

Field - U11Girls shot/discus team 7th (Jaimie-Lee Rios, Dyone Bettega, Sarah O'Brien, Jade Kearsey)

A special mention to the following Field Teams; U9 boys (Luke Byrnes, Iavor Nikolaev, Rees Hopper), U9 girls (Claire Ollivan, Tara Frawley) and the U12 boys (David Hughes, Mark Hunnisett) who still competed despite knowing in advance that they would not have a full team of four on the day. Thank you to those teams athletes and parents for showing fantastic club spirit with your attendance. Well done to you on your achievements at the State Relays.

*Lisa Rios
Publicity Officer*

2008 DRAGON DERBY

REPORT

Thirty St George athletes ranging in ages from Tiny Tots to Masters Athletes competed at the St Georges Basin Dragon Derby Athletics Gala Day at Sanctuary Point Oval. Several Families took advantage of a Saturday night at Archers Resort at Nowra. For some, this was a first time experience of Dragon Derby weekend, and all newcomers had a fantastic weekend, at Archers Resort and on the day of competition itself at Sanctuary Point. A special thank you, to our long time Committee member, Lynne Whatman. We appreciate Lynne's expertise and efforts for running the shot put all day on behalf of STGLAC at the Dragon Derby and organising accommodation & the events at the Motel on Saturday Evening. Thank you to Jen King who took control of the BBQ and food on Saturday night and made sure no one was left hungry. The carnival itself was an awesome day, held in brilliant weather. Our 2 Master Women Athletes who competed in all events, Catherine Heap and Kylie Mulholland did exceptionally well, along with Kim Delaney who ran a great 800m & Paul Byrnes in the Masters throwing events. Congratulations to Catherine Heap who took out the Women's Shoe throwing title. All our little athletes achieved great results, with many PB's being achieved on the day and. Grace Robinson breaking the U10 Discus record & the U11 girls Shot put record for the carnival. All our participating athletes took home many ribbons, medals or trophy after a fun, full day of athletics.

The following results were achieved:

(Results reported by athletes to STGLAC Team Manager. Some results for track are achieved in Heats only, not overall. Field positions are overall result);

Tiny Tots Ruby Dore

U6B Ethan King – 70m-4th, 100m-4th, 300m-5th, SP (U7's) - 4th, LJ-2nd

U6B Ben Boyce – 70m-2nd, 100m-1st, 200m-1st, 300m-2nd, SP(U7's)-7th, LJ4th

U7G Savannah Fisher - 500m-2nd, other results not reported

U7G Sydney Mulholland – 200m-5th, SP-3rd, LJ-5th

U7B Brock Dore – results not reported

U8G Alexandra Kapsis- 70m-2nd, 100m-2nd, 200m-2nd, 500m-1st,

U8B Jared Rios – 70m-7th, 100m-7th, 200m-4th, 500m-5th, Shot Put(U9's)-4th, Discus- 5th, Long Jump-7th

U8B Tallis Brown – 70m-8th, 700m-6th, Discus-6th, LJ-8th

U9G Talia Fisher - 70m-1st, 100m-3rd, 200m-2nd, Hurdles- 5th, 800m-4th, Long Jump-1st

U9G Louisa Hamilton – 70m-5th, 100m-3rd, 800m-7th, 60mH-2nd

U9B Luke Byrnes – 100m-8th, SP-1st, Turbo Jav (U11's)-1st, LJ(U10's)-12th

U10G Madeleine Saksida – 100m-1st, 200m-3rd, 800m-2nd, 60mH-2nd

U10G Tully Brown – 100m-4th, 60mH-4th, LJ-3rd

U10G Grace Robinson - 100m-2nd, U10 Dis-1stNR, Shot Put(U11)-1st, LJ-4th

U10B Pita Toamotu - Discus-2nd, Shot Put (U11)-1st

U10B Jacob Rios - 100m-5th, 200m-2nd, 800m-4th, Discus-4th, SP(U11)-2nd, LJ-7th, Turbo Jav-5th

U11G Jaimie-Lee Rios - 100m- 4th, 200m-5th, Walk-1st, SP-3rd, HJ-6th, Discus(U12)- 5th, Turbo Jav-4th

U11G Jasmine Fisher - Hurdles-4th, 100m-3rd, 200m-3rd, 800m-4th, LJ(U12)-4th, Turbo Jav-8th

U11G Zoe Patty – results not reported

U12B Angus Mulholland – 100m-2nd, 800m-2nd, 60mH-5th, Walk-1st, Turbo Jav-3rd

U12B David Hughes – 100m-4th, Walk-2nd, 60mH-4th other results not reported

U13G Megan Heap - 800m-4th, Discus-4th, TJ-4th, HJ-4th, Walk- 2nd

U13G Isabell Byrnes – 100m-5th, SP-5th

U14B Riley Delaney – 200m-2nd, 400m-2nd, 800m-1st, 1500m-1st, Walk-1st, Discus-2nd, HJ-2nd, LJ-4th

U15B Connor Mulholland -100m-2nd, 400m-2nd, 800m-1st, 1500m-1st, HJ-4th, TJ-3rd

OpenW- Stephanie Patty – results not reported

Masters W- Catherine Heap – 2nd overall, 1st- ladies shoe throwing

Master W Kylie Mulholland – 4th overall

Master M - Kim Delaney – 800m-1st

Master M Paul Byrnes – SP- 2nd, Discus-2nd

2008/09 SOUTHERN METROPOLITAN ZONE CHAMPIONSHIPS REPORT

St George was represented by 160 little athletes who competed at the Southern Metropolitan Zone Championships. The weekend was hot and things were heated up even more by some outstanding performances by our athletes. Congratulations to all our athletes who competed at the weekend's Zone Championships. Every athlete competed to the best of their ability on the weekend and records were broken over the weekend by a number of our athletes. A total of 67 athletes have qualified through to the Regional Championships. Many thanks to the parents of our athletes who assisted as officials on the day as required, especially those parents who gave more time than was expected due to parents who did not turn up for their duties. Those athletes who finished in the top four places in the finals of track and field have qualified through to the Regional Championships being held at "The Crest" athletics track at Bass Hill on the weekend of the 21st and 22nd of February.

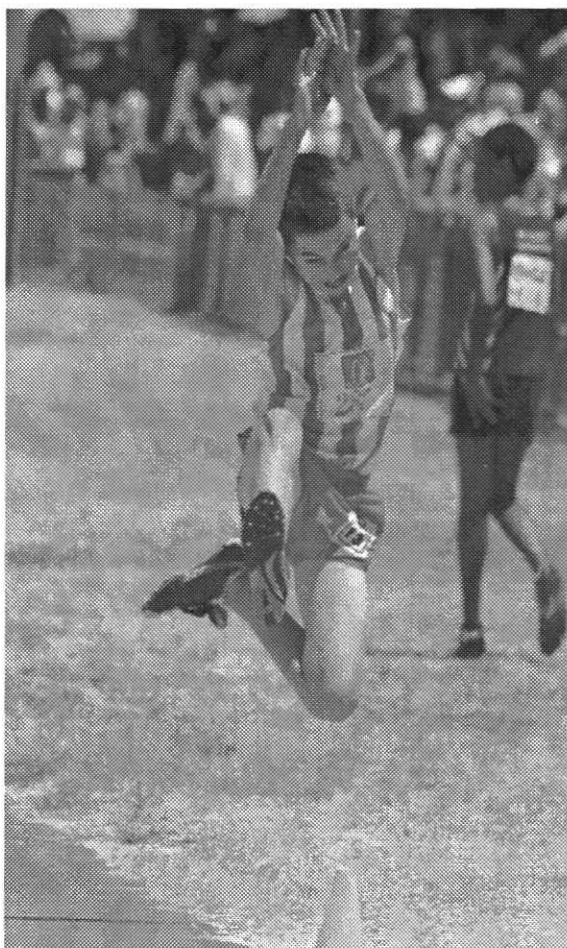
*Lisa Rios
Publicity Officer*



Jaimie-Lee Rios in action in the U11 girls 1100m Walk
at the Southern Metropolitan Zone Championships
1.2.09

St George Little Athletes in action at the 2008/09 Southern Metropolitan Zone Championships.

Sylvania Athletics track, January 31st and February 1st 2009.



Jaimie Markovka U13 boys Long Jump



Jacob Dol, U8 Boys Pack Start



Olivia White, U10 girls High Jump.

**CENTRE RESULTS - ALL PLACES
SOUTHERN METROPOLITAN ZONE**

LAANSW Carnival System

1 February 2009

Centre: 9 - St George

Age Group: U/7 Boys

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Jacob Alfaro	203	70M Run	1	12.6	2	12.3	
		200M Run	2	37.9	4	36.0	
		Pack Start			5	2-03.1	
		100M Run	1	17.3	2	17.2	
Sean Kay	131	Shot Put			7	4.20	
		Discus			6	10.86	
		50M Run		No Result	10	10.6	
Luke Marshall	221	50M Run		No Result	3	9.4	
		Long Jump			10	2.38	
		100M Run	6	19.4			
		70M Run	5	13.5			
Jordan Pejoski	105	Long Jump			5	2.64	
		Discus			2	12.30	
		200M Run	6	40.2			
		Shot Put			3	4.93	
Peter Roufas	206	200M Run	4	38.0	6	37.9	
		Pack Start			3	1-53.4	
		Long Jump			4	2.64	
		100M Run	3	17.9	7	18.3	
Angus Smith	419	Pack Start				No Result	
		200M Run		No Result			

Age Group: U/8 Boys

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Daniel Allen	95	Pack Start			8	3-02.6	
Tallis Brown	311	Discus			11	9.02	
Dean Caccamo	447	Pack Start			10	3-03.3	
William Carey	64	60M Hurdles		No Result			
Jacob Dol	380	Shot Put			7	5.28	
		100M Run	1	16.0	2	16.2	****
		Pack Start			1	2-28.8	****
		70M Run	2	12.1	3	11.9	****
Dominic Emmanuelidis	463	Discus			5	12.21	
		Shot Put			9	4.76	
Aidan Hennessy	38	Long Jump			4	3.08	****
		200M Run	1	34.3	1	34.2	****
		70M Run	2	11.7	1	11.5	****

Sebastian Herbert	284	70M Run	3	12.3	6	12.2	
		400M Run	3	1-27.4	5	1-27.8	
		100M Run	4	16.6	6	16.7	
		Long Jump			1	3.32	****
Sean Karkoulas	75	400M Run	No Result		7	2-59.4	
		Pack Start					
Reece Koskinas	332	100M Run	4	16.8			
		Long Jump			8	2.89	
		60M Hurdles	3	12.5	8	15.5	
Jay McGowan	159	400M Run	6	1-37.4			
		60M Hurdles	4	13.0			
Cameron Mcqueen	618	200M Run	No Result				
		Discus				No Result	
Sidney Noppen	408	200M Run	1	34.6	3	35.2	****
		70M Run	1	11.5	2	11.7	****
		400M Run	2	1-29.8	7	1-33.1	
		100M Run	1	16.1	1	16.0	****
Jared Rios	17	Discus			7	12.10	
		200M Run	4	38.8			
		Shot Put			10	4.60	
		Long Jump			14	2.34	
Evan Saab	200	Shot Put			6	5.60	
		60M Hurdles	6	13.2			

Age Group: U/9 Boys

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Jack Boyling	245	High Jump			7	.95	
		400M Run	4	1-28.0			
Luke Byrnes	11	Discus			5	18.42	
		Long Jump			12	2.46	
		Shot Put			1	7.13	****
		60M Hurdles	6	14.4			
Leopold Kostas	32	Long Jump				No Result	
		400M Run	3	1-27.8	5	1-26.9	
		800M Run			3	3-05.2	****
		700M Walk			3	5-09.6	****
James Mcqueen	617	100M Run	No Result				
		800M Run				No Result	
		200M Run	No Result				
Vincent Mumbler	135	Discus				No Result	
		60M Hurdles	5	12.5	8	12.7	
		70M Run	5	13.0			
		200M Run	6	41.3			
Iavor Nikolaev	152	Discus			6	17.96	
		800M Run			6	3-10.8	
		Long Jump			4	3.32	****
		Shot Put			2	6.55	****

Jayden Shepherd	242	Shot Put			7	4.42	
		60M Hurdles	5	14.7			
		Long Jump			9	2.63	
		Discus			15	10.00	
Nathanael Taylor	367	400M Run	2	1-20.7	1	1-16.5	****
		70M Run	1	11.5	3	11.3	****
		100M Run	1	15.2	3	15.3	****
		200M Run	1	32.6	2	32.4	****
Matteo Tiscia	243	70M Run	1	11.1	1	11.2	****
		400M Run	3	1-24.5	6	1-29.8	
		100M Run	1	14.8	1	14.9	****
		200M Run	2	32.4	3	33.6	****

Age Group: U/10 Boys

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Liam Callinan	440	Shot Put				No Result	
		100M Run		No Result			
		70M Run		No Result			
Nicholas Chan	88	100M Run	3	14.6	5	14.9	
		70M Run	2	11.1	4	10.7	****
		High Jump				No Result	
		Long Jump			6	3.99	
Gianluca Cibeï	233	Shot Put				No Result	
		200M Run		No Result			
		High Jump			11	1.05	
		800M Run				No Result	
Tyson Kingston	57	High Jump			12	.95	
		60M Hurdles		No Result	5	12.5	
		100M Run	5	15.8			
		70M Run	4	11.2			
Daniel Mauro	162	1500M Run			10	6-23.1	
		400M Run	5	1-28.1			
		800M Run			10	3-14.9	
Liam Pemberton	295	Long Jump			2	4.16	****
		200M Run	1	30.1		No Result	
		100M Run	2	14.5	2	14.4	****
		400M Run	3	1-18.0	5	1-18.9	
Jonathan Powditch	438	60M Hurdles		No Result	1	11.2	****
		Long Jump			3	4.08	****
		200M Run	3	31.7	5	31.9	
		1100M Walk				DISQ	
Jacob Rios	16	Discus			7	20.45	
		1500M Run			8	6-18.2	
		Shot Put			2	8.22	****
		800M Run			5	2-50.2	

Zane Stanley	138	1100M Walk					DISQ	
Pita Toamotu	21	70M Run	4	13.6				
		Shot Put			1	10.69	****	
		Long Jump			15	2.66		
		Discus			1	27.10	****	
Michael Watson	186	1100M Walk			4	10-33.2	****	
		800M Run			12	3-19.8		

Age Group: U/11 Boys

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Benjamin Alessio	262	100M Run	1	13.2	1	13.4	****
		60M Hurdles		No Result	1	10.6	****
		200M Run		No Result	1	27.5	****
		400M Run	1	1-06.8	1	1-06.2	****
Joshua Cocks	309	1500M Run				No Result	
		60M Hurdles				No Result	
		Shot Put				No Result	
Blake Grosvenor	343	Shot Put			5	7.92	
		Triple Jump			8	7.57	
		Discus			5	18.83	
		High Jump			4	1.22	****
Zack Heap	97	Long Jump			8	3.48	
		Discus			4	19.78	****
		800M Run			5	2-56.4	
Oliver Herbert	283	Discus			6	16.71	
		Long Jump			9	3.46	
Benjamin Lewis	26	Long Jump			7	3.65	
		200M Run		No Result	5	32.1	
		800M Run			9	3-12.5	
Ross Mentis	62	Discus				No Result	
		Shot Put				No Result	
		Long Jump				No Result	
		100M Run	5	19.7			
Ted Patroulias	216	200M Run					
		60M Hurdles		No Result	7	13.1	
		100M Run	3	15.2			
		400M Run		No Result			
Michael Pejoski	104	Triple Jump			11	6.59	
		400M Run	5	1-29.8			
		Shot Put			7	6.48	
		800M Run			10	3-30.0	

Age Group: U/12 Boys

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
David Hughes	34	Triple Jump			8	7.99	
		High Jump			8	1.20	
		Long Jump			14	3.38	
		1500M Run			9	6-34.2	
Mark Hunnisett	70	1500M Run			10	6-36.4	
		Long Jump			15	3.07	
		800M Run			10	3-23.0	
		400M Run		No Result	8	1-28.0	
Matthew Jenkins	328	100M Run	2	14.0	6	14.1	
		60M Hurdles		No Result	4	11.8	****
		Long Jump			12	3.88	
Angus Mulholland	210	800M Run			5	2-45.9	
		1500M Walk				No Result	
		60M Hurdles		No Result	8	13.2	
		1500M Run			4	5-42.4	****
James Nielsen	58	100M Run	5	15.0			
		200M Run	6	31.4			
		1500M Run			8	6-17.9	
Hame Sele	554	100M Run	4	15.0			
		Shot Put			1	12.29	****
		Discus			1	45.49	****
		200M Run	5	31.1			
Joshua Wiseman	320	100M Run		No Result			
		200M Run		No Result			
		60M Hurdles		No Result		No Result	

Age Group: U/13 Boys

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
William Burgess	492	200M Run			4	30.1	****
		100M Run		No Result	2	13.7	****
		High Jump			1	1.50	****
		80M Hurdles			4	15.2	****
Marcus Chan	8	Javelin			1	27.15	****
		Discus			2	26.78	****
		200M Run			3	29.5	****
Wesley Ho	329	80M Hurdles			6	16.0	
		1500M Run			5	6-29.8	
		Long Jump			4	4.28	****
		High Jump			4	1.35	****
Kurt Joyner	436	Triple Jump				No Result	
		200M Hurdles				No Result	
		100M Run		No Result		No Result	
		400M Run				No Result	
Jamie Markovka	287	100M Run		No Result	4	14.0	****
		High Jump			10	1.20	
		Long Jump			7	4.06	
		200M Run			2	28.9	****

Gavin Parkinson	25	Shot Put Long Jump 1500M Walk	8	No Result 3.25 No Result	
Brodie Stanley	137	Discus Javelin	5 4	20.18 22.41	****

Age Group: U/14 Boys

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Riley Delaney	13	3000M Run			1	10-56.0	****
		800M Run			1	2-16.9	****
		1500M Run			1	4-57.3	****
James Shalala	122	1500M Run			2	5-17.3	****
		800M Run				No Result	
		3000M Run			2	11-26.5	****

Age Group: U/15 Boys

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Jack Andersen	3	200M Run			3	24.8	****
		High Jump			2	1.70	****
		Long Jump			3	5.55	****
		100M Run		No Result	5	12.2	
Connor Mulholland	212	1500M Run			4	4-41.1	****
		800M Run			5	2-17.3	
		400M Run		No Result		No Result	
		3000M Run			2	10-30.8	****
Jarrold Parkinson	1	Long Jump				No Result	
		1500M Walk				No Result	
		Shot Put				No Result	
		Discus			3	15.20	****

Age Group: Junior Boys

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
. St George	9002	4 x 100 Relay			2	59.5	****

Age Group: Senior Boys

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
. St George	9004	4 x 100 Relay				No Result	

St George Little Athletes in action at the 2008/09 Southern Metropolitan Zone Championships.

Sylvania Athletics track, January 31st and February 1st 2009.



Jacob Alfaro U7 boys 70 metres



Aiden Hennessy U8 boys 200 metres



Gianluca Cibi U10 boys 800 metres



Michael Watson U10 boys 1100 metre walk

CENTRE RESULTS - ALL PLACES **LAANSW Carnival System**
SOUTHERN METROPOLITAN ZONE

Age Group: U/7 Girls

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Sophia Cibeil	235	70M Run		No Result	7	13.5	
		Pack Start			4	1-58.7	
	235	Shot Put			4	3.82	
		Long Jump			3	2.59	
Savannah Fisher	24	Pack Start			9	2-08.6	
		100M Run	4	19.5			
		50M Run	4	10.0			
		200M Run	4	42.6			
Danielle Katzos	87	Long Jump			1	2.77	
		50M Run	4	9.9		No Result	
		100M Run	1	18.3	5	18.5	
		70M Run		No Result	3	13.1	
Tia La Coste	584	Pack Start			7	2-03.8	
		70M Run		No Result	4	13.4	
		100M Run	2	18.2	3	18.3	
		50M Run	1	9.5	7	9.8	
Saskia Mcevoy	188	100M Run	2	19.3	8	19.2	
		70M Run		No Result	8	13.8	
		Pack Start			11	2-12.3	
		200M Run		No Result			
Sidney-Morgan Mulholland	211	70M Run		No Result	9	14.5	
		Long Jump			12	2.05	
		Discus			9	4.00	
		50M Run	6	10.6			

Age Group: U/8 Girls

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Sierra Blattman	116	Pack Start			2	2-49.3	****
		200M Run	4	40.1	8	39.4	
Claire Callinan	441	Shot Put				No Result	
Savannah Clegg	208	60M Hurdles	3	13.8			
		100M Run	2	18.4	7	18.6	
		70M Run	3	13.1	5	12.9	
Jessica Convery	90	Pack Start			4	2-54.4	****
		400M Run	3	1-33.5	6	1-39.7	
Ebony Gould	41	70M Run	4	13.3			
		200M Run	5	40.6			
Lauren Hook	91	Discus				No Result	
Hannah Jackson	30	70M Run	7	14.1			
		100M Run	5	19.7			

Rachael Mauro	163	Pack Start Long Jump			1 9	2-45.7 2.50	****
Catelyn Mckenzie	101	100M Run 400M Run Long Jump 200M Run	3 6 4	17.6 1-41.5 39.1	5 3 3	18.2 2.84 37.7	 **** ****
Kalliopi Mentis	63	Long Jump 60M Hurdles Discus		No Result		No Result No Result	
Bianca Powditch	437	60M Hurdles 400M Run Long Jump	2 3	13.5 1-36.6	5 5 12	13.4 1-36.6 2.31	
Anahera-Aroha Rapata	424	Discus Shot Put			3 4	10.47 3.57	**** ****
Kiara Shaw	140	Pack Start 400M Run Shot Put				No Result 1-41.8 No Result	
Jaida White	454	70M Run 60M Hurdles 200M Run 100M Run	2 2 6 3	12.8 12.8 44.1 18.4	4 6 8	12.9 13.6 18.7	****
Sasha Skye Willems	288	Discus Shot Put				No Result No Result	

Age Group: U/9 Girls

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Chermay Chaves	213	800M Run 200M Run Long Jump 60M Hurdles			10 8 13 7	3-35.4 38.3 2.50 13.3	
Talia Fisher	22	Shot Put 100M Run 70M Run 200M Run			4 2 2 2	4.86 15.5 11.4 32.8	**** **** **** ****
Tara Frawley	201	400M Run High Jump Shot Put	6	1-39.0		.90 No Result	
Louisa Hamilton	219	100M Run 200M Run 60M Hurdles 70M Run	2 6 2 3	16.6 38.7 12.0 11.9	6 2 6	16.4 11.6 12.1	 ****
Natalya Jovanov	108	Discus Shot Put High Jump 60M Hurdles			3 6 13 7	13.42 4.19 .85 13.7	****

Brittany Kay	130	700M Walk					DISQ	
		Shot Put			5		4.33	
		Discus			9		8.71	
Shanai Krizman	462	100M Run		No Result				
		800M Run			11		3-53.1	
	462	700M Walk					No Result	
Phoebe La Coste	583	70M Run	4	11.7	4		11.9	****
		800M Run			5		3-20.2	
		400M Run	3	1-25.7				
		Discus			4		12.01	****
Sophia Roufas	205	200M Run	4	39.1				
		70M Run	7	12.7				
		Long Jump					No Result	
Freya Torode	409	400M Run		No Result				
		800M Run			3		3-12.7	****
Celia Tulau	612	High Jump			3		.95	****
		60M Hurdles	2	12.7	6		12.5	
		Long Jump			10		2.65	
		100M Run	2	16.3	8		16.5	

Age Group: U/10 Girls

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Emma Berry	331	100M Run	6	18.7			
		70M Run		No Result			
		Long Jump			15	2.29	
		Discus			10	10.54	
Jamyka Blattman	115	70M Run	3	11.7	6	11.5	
		200M Run	5	34.7			
		800M Run			6	3-24.6	
Tully Brown	312	High Jump			4	1.10	****
		Long Jump			4	3.54	****
		Discus			12	9.60	
		Shot Put			11	4.73	
Selina Ho	330	400M Run	4	1-37.9			
		1500M Run			13	7-57.7	
		800M Run			9	3-49.4	
Giselle Kilner-Parmenter	124	Discus			11	9.61	
		High Jump			9	.95	
		1100M Walk				DISQ	
Iva Nikolaev	151	Long Jump			10	3.13	
		60M Hurdles	4	13.8			
		1500M Run			6	6-34.6	
		1100M Walk				DISQ	
Grace Robinson	20	Long Jump			14	2.96	
		100M Run		No Result			
		Shot Put			1	11.03	****
		Discus			1	31.43	****

Madeleine Saksida	78	1500M Run			2	6-11.2	****
		400M Run	1	1-22.4	2	1-17.2	****
	78	800M Run			1	2-58.0	****
Regina Sefo	608	100M Run	3	15.9			
		200M Run	1	33.7	6	34.3	
		Shot Put			2	7.63	****
		70M Run	1	11.6	5	11.4	
Rebecca Shalala	123	60M Hurdles	4	13.8			
		200M Run	6	37.4			
		High Jump				No Result	
Baillie Stewart	589	60M Hurdles	3	13.9			
		800M Run				No Result	
		70M Run		No Result			
Olivia White	453	60M Hurdles	2	12.1	4	11.8	****
		High Jump			7	1.05	
		200M Run	2	34.3	7	34.6	
		100M Run	3	16.3	7	16.1	

Age Group: U/11 Girls

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Chloe Ashton	157	1500M Run				No Result	
		800M Run				No Result	
		400M Run		No Result			
Dyone Bettega	577	Discus			2	18.60	****
		Long Jump				No Result	
		Shot Put			11	5.02	
Erica Coote	112	400M Run	6	1-32.5			
		100M Run	5	17.4			
		200M Run	5	35.3			
Casey Day	265	800M Run			6	3-31.0	
		1500M Run				No Result	
		400M Run		No Result			
Leyla-Zehra Erdogan	254	100M Run		No Result			
		Triple Jump				No Result	
		High Jump				No Result	
Jasmine Fisher	23	100M Run	3	15.9			
		Long Jump			4	3.77	****
		200M Run	4	33.3			
		Triple Jump			7	7.20	
Rachel Gammel	296	Triple Jump			9	6.31	
		Long Jump				No Result	
		1500M Run			6	6-49.8	
		High Jump			5	1.15	
Jade Kearsey	74	1500M Run			2	6-05.0	****
Sarah O'Brien	266	100M Run		No Result			
		200M Run		No Result			
	266	Long Jump				No Result	
		High Jump				No Result	

Jaimie-Lee Rios	15	Shot Put			2	8.86	****
		Discus			3	17.97	****
		200M Run	4	33.0			
		1100M Walk			2	6-53.4	****

Julia Saab	199	Shot Put			10	5.45	
		Discus			10	10.43	

Age Group: U/12 Girls

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Caitlin Angus	293	60M Hurdles	6	13.0			
		Triple Jump			7	7.10	
Chiara Christian	99	800M Run			5	2-51.2	
		1500M Run			6	6-15.9	
		400M Run	1	1-13.1	5	1-14.6	
Monica Denton	429	200M Run	4	31.2	3	30.7	****
		Long Jump			8	3.90	
		100M Run	6	15.2			
		High Jump			7	1.20	
Georgia Grattan	224	200M Run	6	34.0			
		Discus			12	11.82	
		Long Jump			14	3.42	
Dominique Johnston	275	Discus			7	16.74	
		60M Hurdles	3	11.8	5	11.8	
		Triple Jump			4	8.16	****
		Shot Put			4	8.15	****
Tiarn Krizman	461	800M Run				No Result	
		1500M Walk				No Result	
Sally Mulheron	107	100M Run		No Result			
		Long Jump			10	3.70	
		200M Run	3	32.6	7	32.9	
		60M Hurdles	5	12.7			
Mary Nawaikabakaba	558	Shot Put				No Result	
		High Jump				No Result	
		400M Run		No Result			
Zoe Pattey	45	100M Run	1	14.7	5	14.9	
		200M Run	1	31.0	6	31.3	
Alexandra Rothwell	80	800M Run			7	3-01.0	
Taylah Sorrensen-Talbot	18	400M Run		No Result			
		Long Jump			16	2.99	
		60M Hurdles	7	14.3			
		Discus			11	13.11	
Madalanne Taylor	368	100M Run	7	17.3			
	368	Triple Jump			9	5.21	
Ruby Torode	591	Triple Jump				No Result	
		1500M Run			2	5-45.9	****

Age Group: U/13 Girls

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Tahlia Brown	344	Javelin			5	20.84	
Claudia Butters	44	Javelin			10	12.35	
		Shot Put			1	7.56	****
		800M Run			10	3-23.7	
Isabel Byrnes	12	Javelin			9	13.07	
		Shot Put			3	6.51	****
		Discus			7	15.65	
Taylor Day	264	1500M Run				No Result	
		800M Run			11	3-37.4	
		400M Run					
Megan Heap	96	800M Run			9	3-04.4	
		Long Jump			5	4.19	
		Triple Jump			4	9.32	****
		High Jump			5	1.35	
Madelaine Holbeach	263	Long Jump			4	4.41	****
		100M Run	3	14.0			
		Triple Jump			2	9.55	****
Carolena Kostas	31	1500M Run			2	5-34.4	****
		3000M Run			1	12-59.9	****
		400M Run		No Result	3	1-10.6	****
		800M Run			3	2-40.7	****
Lois O'Loughlin	53	Javelin				No Result	
		Triple Jump				No Result	
Claudia Saab	198	1500M Run				No Result	
		Discus			9	13.07	
		400M Run					
		800M Run				No Result	

Age Group: U/14 Girls

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Bronte English	571	1500M Run			4	5-52.7	****
Miriam Greenbaum	217	Triple Jump			9	6.23	
		1500M Walk				DISQ	
		Long Jump			9	2.65	
Elizabeth Jenkins	327	200M Hurdles			6	36.2	
		Long Jump			7	3.63	
		100M Run			6	14.8	
Naomi Lopez	14	200M Run				No Result	
		100M Run			3	13.4	****
Melinda Patroulias	218	Long Jump				No Result	
		1500M Walk			3	15-00.1	****
		Triple Jump			8	6.85	

Age Group: U/15 Girls

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Kate Caccamo	446	Long Jump			4	4.45	****
		Triple Jump			1	10.46	****
		High Jump			2	1.45	****
Chloe Douglas	481	3000M Run				No Result	
		1500M Run				No Result	
Alice Iosefo	587	Shot Put			1	12.93	****
		Discus			1	34.85	****
Elysse Jones	146	Long Jump			6	4.30	
		Javelin			3	25.78	****
		200M Run	5	30.5			
Philippa Nawaikabakaba	557	Discus				No Result	
		Triple Jump				No Result	
		Long Jump				No Result	
		Shot Put				No Result	
Liana Rose	477	90M Hurdles				No Result	
		1500M Walk				No Result	
		Triple Jump				No Result	

Age Group: U/17 Girls

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Amy Coote	5	400M Run			5	1-07.5	
Sabrina Momi	6	200M Run			2	28.5	****
		400M Run			3	1-06.2	****

Age Group: Junior Girls

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
. St George	9001	4 x 100 Relay			5	1-03.8	

Age Group: Senior Girls

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
. St George	9003	4 x 100 Relay			5	55.4	

St George Little Athletes in action at the 2008/09 Southern Metropolitan Zone Championships.

Sylvania Athletics track, January 31st and February 1st 2009.



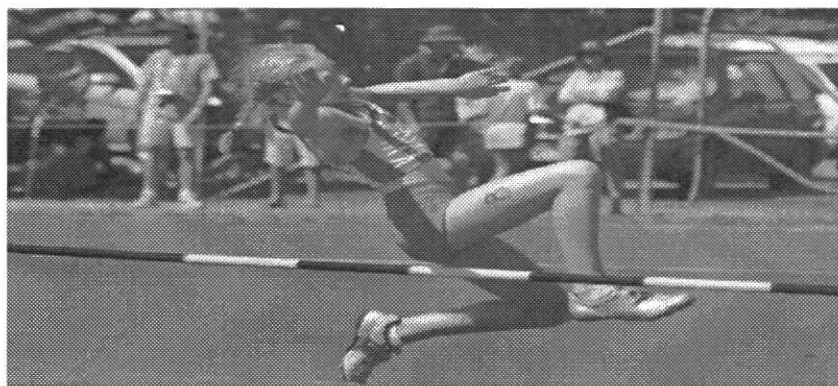
**Anahera-Aroha Rapata,
U8 girls Shot Put**



**Tia La Coste & Sophia Cibei
U8 girls Pack Start**



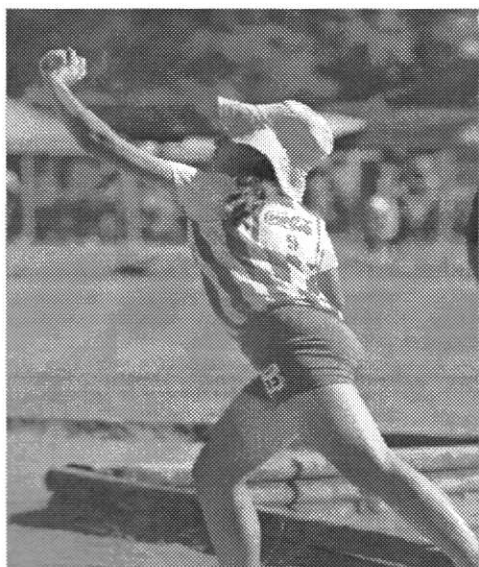
**Jaimie-Lee Rios U11 girls
200 metres**



U13 girls shot Put

Jaida White U8 girls

Sierra Blattman & Rachael Mauro



2008/09

REGION

CHAMPIONSHIPS

REPORT

Congratulations to all our athletes on their efforts at the Regional Championships which were held at "The Crest" athletics track at Bankstown. Saturdays program had an interruption just after midday with a thunderstorm bringing a stop to proceedings for about one hour, however this was soon out of the way and the strong performances by our athletes continued out on the track and field. We have had 22 athletes qualify through to the State Championships in March. Ten of these athletes have qualified for the first time to State level. Our Junior boys relay team (Matteo Tiscia, Liam Pemberton, Matthew Jenkins and Ben Alessio) were also successful qualifying through to State with a brilliant performance. Thank you again to our parents who assisted as officials as required over the weekend. We wish those athletes off to State the best of luck!

*Lisa Rios
Publicity Officer*



Just some of the St George athletes who represented at the 2008/09 Regional Championships

The Regional Junior Boys Relay Team in action



**Matthew approaches Ben,
at the final changeover**

The baton is passed on



**Matthew watches Ben as he takes off
for the finish line.**

**First placed St George Junior Boy
Relay Team at the medal presentation.**

**2008/09 Regional and State St George Junior Boys Relay Team
Ben Alessio, Liam Pemberton, Matthew Jenkins and Matteo Tiscia**

CENTRE RESULTS - ALL PLACES

LAANSW Carnival System

23 February 2009

Region 3

Centre: 9 - St George

Age Group: U/8 Boys

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Jacob Dol	380	Pack Start			2	2-28.9	
		70M Run	4	11.8	8	11.9	
		100M Run	4	16.5	4	16.4	
Aidan Hennessy	38	Long Jump			10	2.93	
		200M Run	1	32.8	3	33.1	
		70M Run	2	11.5	3	11.1	
Sebastian Herbert	284	Long Jump			1	3.26	
		400M Run	8	1-28.8			
Sidney Noppen	408	100M Run	1	16.1	3	16.2	
		70M Run	2	11.4	5	11.4	
		200M Run	3	32.5	8	35.0	

Age Group: U/9 Boys

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Luke Byrnes	11	Shot Put			2	8.04	****
Leopold Kostas	32	700M Walk			7	5-21.1	
		800M Run			13	3-09.3	
Iavor Nikolaev	152	Long Jump			9	3.31	
		Shot Put			8	5.91	
Nathanael Taylor	367	400M Run	4	1-17.6			
		100M Run	2	15.6	4	15.5	****
		200M Run	4	32.0	7	32.0	
		70M Run	4	10.9	7	10.9	
Matteo Tiscia	243	200M Run	2	31.7	6	32.0	
		70M Run	1	10.9	1	10.4	****
		100M Run	1	15.2	2	15.2	****

Age Group: U/10 Boys

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Nicholas Chan	88	70M Run	4	10.6	8	11.6	
		100M Run	5	15.8			
Liam Pemberton	295	100M Run	3	14.5	2	14.5	****
		Long Jump			8	3.81	
Jonathan Powditch	438	Long Jump			11	3.69	
		60M Hurdles	2	11.2	2	10.7	****
		200M Run		No Result			
Jacob Rios	16	Shot Put			4	7.65	****
Pita Toamotu	21	Discus			3	29.60	****
		Shot Put			2	10.57	****
Michael Watson	186	1100M Walk				DISQ	

Age Group: U/11 Boys

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Benjamin Alessio	262	60M Hurdles	1	9.9	1	9.9	****
		100M Run	1	13.8	1	13.4	****
		400M Run	1	1-05.8	1	1-04.6	****
		200M Run	1	26.7	1	26.8	****
Blake Grosvenor	343	High Jump			10	1.25	
		Shot Put				No Result	
Zack Heap	97	Discus			14	16.94	

Age Group: U/12 Boys

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Matthew Jenkins	328	60M Hurdles	6	11.6			
Angus Mulholland	210	1500M Run			10	5-31.1	
Hame Sele	554	Discus			1	44.53	****
		Shot Put			1	12.65	****

Age Group: U/13 Boys

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
William Burgess	492	80M Hurdles		No Result			
		High Jump				No Result	
		100M Run	6	14.1			
		200M Run	6	28.0			
Marcus Chan	8	200M Run		No Result			
		Javelin			3	25.75	****
		Discus			8	22.61	
Wesley Ho	329	Long Jump			9	4.27	
		High Jump				No Result	
Jamie Markovka	287	200M Run		No Result			
		100M Run		No Result			
Brodie Stanley	137	Javelin				No Result	

Age Group: U/14 Boys

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Riley Delaney	13	3000M Run			4	11-03.3	####
		1500M Run			3	4-44.4	****
		800M Run			3	2-12.7	****
	####	Withdrawn from State Championships					
James Shalala	122	3000M Run				No Result	
		1500M Run				No Result	

Age Group: U/15 Boys

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Jack Andersen	3	200M Run		No Result			
		High Jump			2	1.73	****
		Long Jump			6	5.32	
Connor Mulholland	212	1500M Run			4	4-33.6	****
		3000M Run			2	9-50.3	****
Jarrold Parkinson	1	Discus			12	17.61	

Age Group: Junior Boys

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
. St George	9002	4 x 100 Relay			1	56.3	****

CENTRE RESULTS - ALL PLACES

LAANSW Carnival System

23 February 2009

Region 3**Centre: 9 - St George****Age Group: U/8 Girls**

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Jessica Convery	90	Pack Start			10	2-53.5	
Rachael Mauro	163	Pack Start			3	2-40.7	
Catelyn McKenzie	101	200M Run	7	36.7			
		Long Jump			10	2.72	
Anahera-Aroha Rapata	424	Discus			7	11.67	
		Shot Put			9	3.98	
Jaida White	454	70M Run		No Result			

Age Group: U/9 Girls

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Talia Fisher	22	200M Run	2	32.6		No Result	
		70M Run	1	11.2	3	10.9	****
		Shot Put			10	4.71	
		100M Run	2	15.8	5	15.7	
Louisa Hamilton	219	60M Hurdles	4	11.7			
Natalya Jovanov	108	Discus			13	8.72	
Phoebe La Coste	583	Discus			11	10.73	
		70M Run	5	11.5			
Freya Torode	409	800M Run			12	3-22.7	
Celia Tulau	612	High Jump				FOULS	

Age Group: U/10 Girls

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Tully Brown	312	Long Jump			8	3.49	
		High Jump			4	1.17	****
Iva Nikolaev	151	1500M Run			11	6-19.0	
Grace Robinson	20	Shot Put			1	11.38	****
		Discus			1	31.72	****
Madeleine Saksida	78	400M Run	3	1-15.2	7	1-14.6	
		1500M Run			6	6-05.4	
		800M Run			6	2-54.9	
Regina Sefo	608	Shot Put				No Result	
Olivia White	453	60M Hurdles		No Result			

Age Group: U/11 Girls

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Dyone Bettega	577	Discus			7	17.18	
Jasmine Fisher	23	Long Jump			11	3.54	
Rachel Gammel	296	High Jump			11	1.10	
Jade Kearsey	74	1500M Run			13	6-21.5	
Jaimie-Lee Rios	15	Discus			4	18.83	****
		1100M Walk			3	6-44.3	****
		Shot Put			3	8.72	****

Age Group: U/12 Girls

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Chiara Christian	99	800M Run			14	2-52.5	
Monica Denton	429	200M Run	6	31.9			
Dominique Johnston	275	Triple Jump			5	8.59	
		Shot Put			6	7.70	
Ruby Torode	591	1500M Run			7	5-36.4	

Age Group: U/13 Girls

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Claudia Butters	44	Shot Put			10	6.83	
Isabel Byrnes	12	Shot Put			11	6.44	
Megan Heap	96	Triple Jump			9	8.74	
		Long Jump			10	4.05	
		High Jump				No Result	
Madelaine Holbeach	263	Triple Jump			4	9.55	****
		Long Jump			4	4.64	****
Carolena Kostas	31	400M Run		No Result			
		1500M Run			4	5-05.6	****
		800M Run			3	2-27.4	****
		3000M Run			3	11-42.3	****

Age Group: U/14 Girls

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Bronte English	571	1500M Run			7	5-57.5	
Naomi Lopez	14	100M Run	4	13.6	6	13.7	
Melinda Patroulias	218	1500M Walk				No Result	

Age Group: U/15 Girls

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Kate Caccamo	446	Long Jump				No Result	
		High Jump			3	1.51	****
		Triple Jump			1	10.44	****
Alice Iosefo	587	Discus			2	35.29	****
		Shot Put			3	11.74	****
Elysse Jones	146	Javelin				No Result	

Age Group: U/17 Girls

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Sabrina Momi	6	200M Run		No Result		No Result	
		400M Run		No Result		No Result	

2008/09 STATE MULTI **CHAMPIONSHIPS** **REPORT**

Congratulations to our 9 St George athletes who competed at the State Multi Championships at Lismore. Our Athletes and their families experienced two days of fantastic weather, great hospitality and terrific athletic competition and considered the long trip well worthwhile. All our families had a great time and many are already looking forward to next year, a little closer to home in Nowra. Our St George athletes all had fantastic personal results over the weekend and gave great team support to each other when competing. We may have had only a small number of athletes and parents at the ground, but we certainly were one of the most enthusiastic with support for our athletes

*Lisa Rios
Publicity Officer*

RESULTS

<i>AGE GROUP</i>	<i>NAME</i>	<i>POINTS</i>	<i>PLACE</i>
U7B	Jacob Alfaro	3736	10 th
U8B	Jared Rios	3303	19 th
U10G	Grace Robinson	4181	4 th
U10B	Jacob Rios	3757	13 th
U10B	Pita Toamotu	3132	20 th
U11G	Jaimie-Lee Rios	3771	8 th
U11B	Zack Heap	2882	14 th
U12G	Taylah Sorrensen-Talbot	2313	12 th
U13G	Megan Heap	3629	9 th



2008/09 St George LAC State Multi Representatives

Back: Pita Toamotu, Grace Robinson, Taylah Sorrensen-Talbot, Jaimie-Lee Rios, Megan Heap

Front: Zack Heap, Jacob Rios, Jared Rios, Jacob Alfaro



St George Athletes in action at the 2008/09 State Multi Championships in Lismore

St George Athletes in action at the 2008/09 State Multi Championships in Lismore



2008/09 STATE CHAMPIONSHIPS REPORT

St George Little athletics Centre had 22 athletes competing at the 2008/09 State Championships at Homebush. This year for the first time, the program was being held over 3 days, with some events being run on the Friday evening. For those who did compete from our Centre on the Friday evening, this proved to be well received. Overall our results were very pleasing with 4 of our athletes, Ben Alessio (3), Grace Robinson (2), Pita Toamotu (2) and Hame Sele (2) receiving medals and 9 other athletes placing in the top 8 in the State in events they had qualified in. A highlight of the weekend was our Junior Boys Relay Team coming first in the State. The team members were Matthew Jenkins, Liam Pemberton, Matteo Tiscia and Ben Alessio. Results for the State Championships are listed below for St George athletes. Congratulations to all!

*Lisa Rios
Publicity Officer*

	Athlete's Name	Event	Result
Friday	Jaimie-Lee Rios	1100m Walk	8th
	Ben Alessio	400m	1st Final
	Kate Caccamo	High Jump	11th
	Alice Iosefo	Discus	5th
Saturday	Carolena Kostas	1500m	6th
	Riley Delaney	1500m	5th
	Connor Mulholland	1500m & 3000m	No result
	Jonathan Powditch	60m H	5th heat
	Ben Alessio	60mH	4th final
	Matteo Tiscia	100m	5th heat
	Nathanael Taylor	100m	8th heat
	Liam Pemberton	100m	4th heat
	Ben Alessio	100m	1st final
	Grace Robinson	Discus	1st
	Jack Anderson	High	5th
	Luke Byrnes	shot	5th
	Jaimie-Lee Rios	shot	9th
	Pita Toamotu	discus	2nd
	Madelaine Holbeach	long	9th
	Hame Sele	discus	1st
Sunday	Jaimie-Lee Rios	discus	NR
	Talia Fisher	70m	8th final
	Matteo Tiscia	70m	8th final
	Ben Alessio	200m	1st final
	Carolena Kostas	800m	7th
	Riley Delaney	800m	7th
	Grace Robinson	Shot	1st
	Madelaine Holbeach	TJ	7th
	Alice Iosefo	SP	6th
	Tully Brown	HJ	11th
	Kate Caccamo	TJ	11th
	Pita Toamotu	SP	1st
	Jacob Rios	SP	12th
	Marcus Chan	Jav	11th

2008/09 St George LAC **State Championship Representatives**

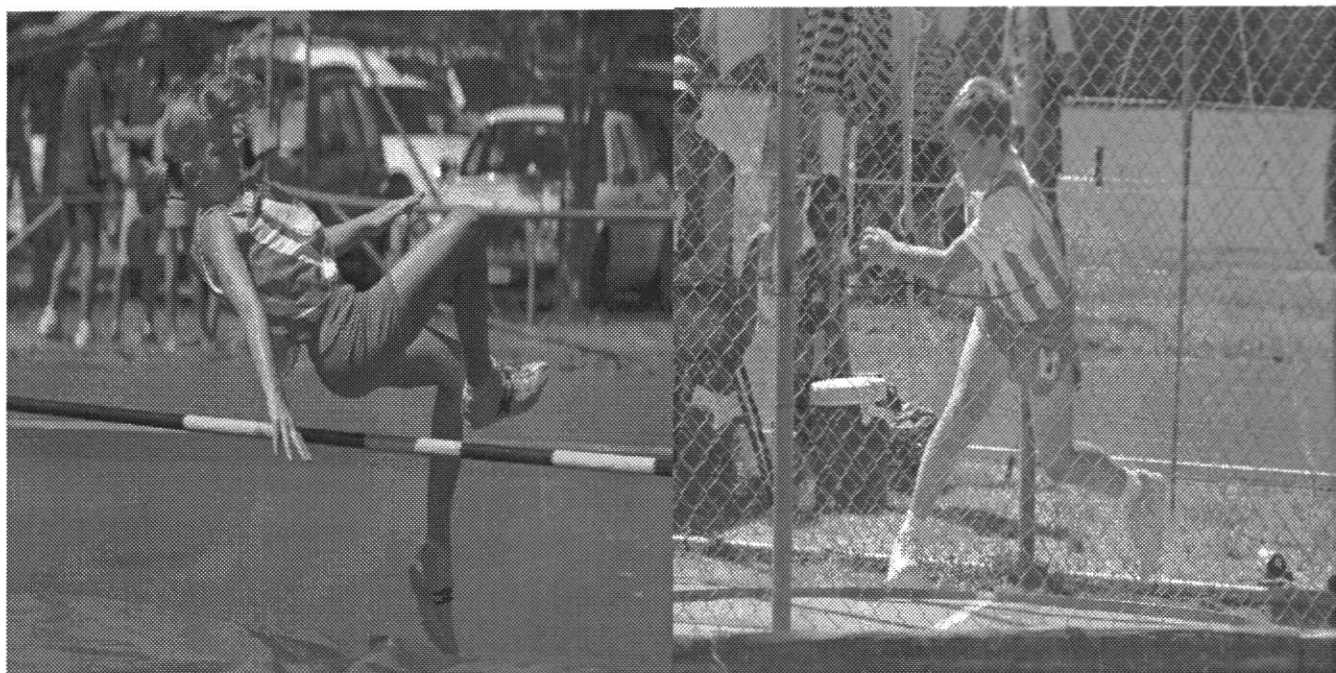


Front Row: Talia Fisher, Luke Byrnes, Jacob Rios, Liam Pemberton,
Nathanael Taylor, Matteo Tiscia

Middle Row: Marcus Chan, Hame Sele, Connor Mulholland, Alice Iosefo,
Riley Delaney, Jack Anderson, Kate Caccamo

Back Row: Jonathon Powditch, Tully Brown, Pita Toamotu,
Jaimie-Lee Rios, Madelaine Holbeach, Carolina Costas, Grace Robinson,
Ben Alessio

Insert: Matthew Jenkins



Above
 St George LAC State Representatives
 Tully Brown U10 girls and Luke Byrnes U9 boys
 in action at the
 Southern Metropolitan Zone Championships
 and below
 (L) Nathanael Taylor, Matteo Tiscia U9 boys and Jacob Rios U10 boys



NOTES