

ST GEORGE LITTLE ATHLETICS CENTRE INC

41ST ANNUAL GENERAL MEETING

SOUTH HURSTVILLE RSL CLUB

Tuesday 29th May 2012

AGENDA

1. Distribution of 41st Annual Report including Minutes of 2011 AGM
2. Opening of Meeting
3. Apologies
4. Minutes of 40th Annual General Meeting held 30 May 2011
5. President's Opening Address
6. Presentation of 41st Annual Report and Financial Statements
7. Award of Life Membership
8. Addresses by Invited Guests
9. Election of Officers for the 2012 / 2013 Season
10. Vote of Thanks to Returning Officer
11. General Business
12. Closing of Meeting

LIFE MEMBERS

Fred Scott 1975	Bev Scott 1976	Peter Williams 1976
Mabs Errington 1979	Gwen Taylor 1981	Ray Horton 1981
Bob Molloy 1982 <i>*deceased</i>	Byron Griffiths 1984	Paul Reeves 1986
Joe Watchorn 1986	Bonnie West 1986	Bill L'Strange 1987
Bill Cruickshank 1987	Ian Sheerin 1988	Margaret Zerzvadse 1988 <i>*deceased</i>
Lou Bulian 1990	Carol Berell 1991	Alex Oh 1991 <i>*deceased</i>
Lindsay Watson 1991	Barbara Lea 1991	Albert Ferraro 1992
Coral Ferraro 1992	Graham Hawkes 1996	Terry O'Neill 1999
Ben Tinker 1999	John Dodson 2000	Gil Baes 2001
Roger Malcolm 2001	Lynne Whatman 2001	Glenda McLoughin 2002
Peter Tuziak 2003 <i>*deceased</i>	Kim Delaney 2010	Ray Parkinson 2011



STGLAC LIFE MEMBERSHIP AWARDED TO MR RAY PARKINSON 30TH MAY 2011.

Ray Parkinson is the kind of parent that a Little Athletic club loves them to be a part of. Ray registered the first of his 4 children in 1995. From the start he did not sit on the hill watching his children. From the time he registered his first child it was 'how can I be involved' and started out on the track.

Not long after Terry O'Neill was moving from Track Manager to Zone Co and recognised Ray's enthusiasm and ability and approached him to be Track Manager. Ray took on this responsibility and we were always sure that the events were well organised when Ray was on duty. He also included the inducting of new parents and athletes which proved an invaluable introduction to the ethos of St George.

It was Ray that said 'Why can't we have a 400m track at Olds Park?' Not content with just raising this issue he then went about negotiating with Council and St George gained a newly surveyed 400m track. Ray's commitment to the track did not stop there because being a grass track it had to be regularly marked and our one track marker was getting tired. So here again Ray investigated and we acquired a 3 lane track marker and it was Ray that was at the track sometimes early morning often late at night marking the track and field areas.

St George always struggled to try and fit our equipment into the shed - it was a logistical nightmare. Again it was Ray's ability to see the potential, apply for and successfully receive a grant, then negotiate with builders and volunteer parents who had building experience as well as willing (or coerced parents) built the extension to the club house. However not only did this enable us to easily store our equipment but we were able to install an area to store our uniforms but with change areas - an addition which Wendy our Uniform Officer still regularly reminds us of.

This is not where Ray's contribution and talent ended. When tragedy struck with our Treasurer Alex Oh and then also Bob Molloy it was Ray that put up his hand for the position of Treasurer. This was all the more difficult as there were no records except the current seasons papers so Ray started from scratch to rebuild our books. Thanks to Ray we now have over 10 years of records to easily compare and keeping our books is easier thanks to Ray.

Ray did not confine himself to just working at the Club level, he was also at times Team Manager, always helped at Zone and Region and attended Annual Conference for a number of years.

Although we no longer see Ray at the Club and his children have moved on the Committee unanimously voted that his contribution to the Club was outstanding and anything other than nominating him for Life Membership would be a disservice to Ray's contribution to our club.

It is therefore with honour and very sincere thanks for the many outstanding achievements for St George Little Athletics we are proud to present Ray Parkinson with Life Membership.

**STGEORGE LITTLE ATHLETICS CENTRE INC
MINUTES OF 40th ANNUAL GENERAL MEETING
MONDAY 30 MAY 2011 SOUTH HURSTVILLE RSL CLUB**

1. OPENING OF MEETING

The president opened the meeting at 7:57 pm and welcomed everyone present.

2. ATTENDEES

Invited Guests: Philip Sansom - Hurstville City Council, Heather Mitchell - LANSW and Port Hacking, Margaret Alexander - Port Hacking, Christine Butters - Revesby Workers, Michael Schnabel, Sutherland, Ray Parkinson, Sharon Parkinson

Life Members:- Gil Baes, Kim Delaney, John Dodson, Albert Ferraro, Coral Ferraro, Ray Horton, Roger Malcolm, Glenda McLoughlin, Bev Scott, Fred Scott, Ian Sheerin, Gwen Taylor, Lynne Whatman, Peter Williams.

Parents and Supporters:- Elise Beck, David Carey, Winston Chan, Bill Clarke, Wendy Cook, Stephanie Grosvenor, Craig Hamilton, Graeme Holbeach, Toni Hughes, Meaghan Mottershead, Chris Mullin(s), Lisa Rios, Chris Robinson, Ian Whatman.

3. APOLOGIES

Derek Finberg - LANSW, Albie Thomas - St George DAC, Ray Loveridge - South Met Zone, Mabs Errington - Life Member, Byron Griffiths - Life Member, Graham Hawkes - Life Member, Debbie Alessio, Jenny Borg, Paul Byrnes, Heidi Fisher, George Kostas, Peter Rooke, Sylvia Seyringer

4. MINUTES OF THE PREVIOUS ANNUAL GENERAL MEETING

Minutes of the 39th Annual General Meeting, held 4th May 2010 (corrected for Para. 10 Season error) be accepted as a true and accurate record of that meeting.

Moved: Graeme Holbeach Seconded: Stephanie Grosvenor Carried

5. PRESIDENT'S OPENING ADDRESS

As per the Annual Report.

6. PRESENTATION OF 40th ANNUAL REPORT AND FINANCIAL STATEMENTS

The 2010/2011 Annual Report and Financial Statements be adopted as presented and endorsed.

Moved: Lisa Rios Seconded: Graeme Holbeach Carried

7. LIFE MEMBERSHIP

Ray Parkinson was presented with Life Membership of St George LAC.

From the start Ray had a "How can I help?" approach. Be it track manager on a Friday night, track marker, rebuilding the centre's financial systems as treasurer, Annual Conference, Preston or Trans Tasman, he was involved. And on top of this he found time to obtain government financial assistance for, and then project manage, the much needed clubhouse extensions. Ray's contribution to Little Athletics will long be remembered.cont 2.

8. ADDRESSES BY GUESTS AND OFFICIALS

Kim Delaney - Life Member

Was pleased to attend his first AGM as a Life Member and was heartened to see Ray Parkinson awarded same after his decade and a half of service. Thanked the committee for their efforts and on behalf of St George DAC appreciated Little Athletics' loaning of equipment and supplying quality athletes to 'Seniors'.

Philip Sansom - Mayor Hurstville City Council.

Congratulated St George for providing young people the opportunity to engage in the physical and mental challenges of athletics. Appreciated the individual skills taught uniquely in this area by St George LAC. Noted his personal friendship with the late Peter Tuziak and Peter's contribution to the community.

Heather Mitchell - Competitions Director LANSW and Port Hacking LAC.

Noted that the Centre had supported Little Athletics for 40 years and the thousands of children this represented. Spoke of the Zone / Region restructuring coming in 2012/2013, which, while giving the athletes more opportunities to progress to State level, will require an increased supply of carnival officials.

Fred Scot - Life Member

Added his congratulations and was pleased to see that despite registrations numbers being down, the balance sheet was healthy.

9. ELECTION OF OFFICERS FOR THE 2011/2012 SEASON

Founding Life Member Fred Scott declared all positions vacant and conducted the Election of Officers. The following were elected:-

President	-	Lisa Rios
Vice President	-	Lynne Whatman
Secretary	-	Meaghan Mottershead
Treasurer	-	Winston Chan
Registrar	-	Jenny Borg
Officer for Championships	-	vacant
Officer for Officials	-	vacant
Publicity	-	Michelle Murphy
Recorder	-	vacant
Assistant Recorders	-	Elise Beck
		Mathew Murdoch
Equipment / Ground Maintenance	-	Chris Robinson
Coaching	-	vacant
Canteen / BBQ	-	Stephanie Grosvenor
Uniforms	-	Wendy Cook

General Committee

Debbie Alessio, Paul Byrnes, Bill Clarke, Ray Horton, Craig Hamilton, Toni Hughes, George Kostas, Arnold Lewis, Con Pattey (web site).

10. VOTE OF THANKS TO RETURNING OFFICER

The President thanked the Returning Officer Fred Scot for again conducting the Election of Officers.

11. CLOSING OF MEETING

The President closed the meeting at 8:45 pm, thanking all for their attendance and inviting all present to partake of the supper being served.

Graeme Holbeach
Retiring Secretary



ZONE CHAMPIONSHIPS 2012



MEAGHAN MOTTERSHEAD AND LAN CIBEI, ST GEORGE PARENTS, SHOWING HOW
TO PASS THE BATON

PRESIDENTS REPORT

The 2011 / 2012 season of Little Athletics at St George I believe was a very successful one but with a few challenges along the way.

As it should be, the focus of our Centre is on our athletes and St George Athletes are to be congratulated on their performances whether that is on a Friday night at Olds Park or at the many Championship events or gala days attended by them. For the first time in a number of years the number of St George athletes qualifying to the State Championships increased, with twenty eight athletes representing the Club. This was also helped by the fact that Region 3 sent four qualifiers and the introduction by Little Athletics NSW inviting the next best six qualifiers to the State Championships after all Region events were completed. This new opportunity gave some St George Athletes another doorway to the State Championships and allowed them to perform at one of the highest levels. St George was also represented by two of our U13 athletes, Grace Robinson and Pita Toamotu, who were selected to represent NSW at the National Little Athletics Championships in Hobart, with both athletes achieving outstanding results. Grace was also a worthy recipient of a McDonalds Scholarship from Little Athletics NSW for her outstanding results in Little Athletics.

One of our challenges this past season saw our athletic track relocated to Field 2 due to Oval 1 being closed for this season for new turfing and upgrades. This saw the size of a track decreasing in distance as well as the number of lanes available on the circular track and the discus area's being out of action for most Friday nights, especially for the older age groups. However due to the fantastic work and expertise of parent Dave Carey who surveyed and marked the outside field and advised the Centre with the best solution in operating the circular and straight track on Field 2 in a much tighter space for use on Friday evenings, we were able to get through the season but look forward to returning to Oval 1 in 2012-13. I wish to again thank Dave for many voluntary hours in which he put into this task.

This season also saw our Centre employ Coaches to assist on Friday evenings in the development of our athletes and also assist our Parents gain greater knowledge in officiating at events. My thanks to Liz Radley, Ethan Kass, Lachlan Kass and Matt Ashton for the guidance and development they have provided for our athletes at our Centre throughout the past season. I believe that due to the introduction of Coaches on a Friday night, this has assisted in some remarkable results for our athletes throughout the season and helped our parents gain a greater understanding of some of the finer points of officiating.

Another initiative the Centre introduced on a trial basis was offering registration cash back to parents who assisted in areas of responsibility throughout the season. Parents also had to complete a Basic Event Instruction Course or pass at a minimum, two Level D Officials exams. These areas included Age Managers, Chief Judges at track and field events, starters, data entry and canteen and BBQ. Parents were required to sign on and off each Friday evening and assist for at least seventy per cent of the season in their roles. This was mildly successful with a handful of parents meeting the requirements and receiving cash back for the following season's registration.

The Committee also saw the need to increase the number of qualified parents at our Centre who were able to Chief at Zone and looking forward at the Region restructure, future Region Championships. A number of our parents gained Level C qualifications in track and field events with a few new faces from our Centre operating as Chiefs at Zone. The Committee is working on continuing to increase the number of qualified Level C officials in the coming season.

As always, one of the great challenges for many athletic centres is in encouraging the parent group to come forward and volunteer in the many areas that require assistance to enable a Little Athletics Centre to run a program of events. I offer my gratitude to those many parents who unselfishly volunteer their time to involve themselves in the running of the Centre on Friday evenings and at Championship events and who continue to do this for the benefit of our athletes even though there are still those parents who take advantage of the kindness of others.

Of course, there are also those outside of our Centre who are to be acknowledged for the contributions they have made this past season. These include;

- Ray Loveridge, Southern Metropolitan Zone Coordinator, for his time in coming along to our Centre for parents to sit Officials exams.
- Jo and Brian Moro from Athletes Foot Hurstville, for continuing to support St George Little Athletics Centre and a generous donation to the Centre.
- Christine Irwin from Hurstville Council for the assistance given with moving lighting and organising portable lighting for the past season whilst using Field 2.
- Officeworks at Carlton for their generosity of donated stationary and raffle prizes.

We are also fortunate at St George to continue to have people on board who offer their assistance without children competing. My thanks go to Lynne Whatman, Bill Clarke and Silvana Cibeil, Ray Horton, Elise and Matthew for all your efforts this past season. Also to Kim Delaney for coming along and giving a hand on occasions throughout the season such as supervising our new qualified starters. It is also sad to note the passing of Peter Rooke, who up until this season operated our straight track equipment and looked after our electronic equipment for many years. Peter had battled ill health for a number of years but continued to come down on Friday evenings to lend his assistance. We shall miss his expertise and our thoughts are with his family.

My thanks also go to all the great people on the hardworking 2011-12 Committee and also to their families for the time that allows them to volunteer to help run a great Club at St George. Please know that your support, patience, time, assistance and enthusiasm are greatly appreciated by me in the various roles that you play on the Committee, during Friday evenings and at Championship events and Gala days.

Lastly, my thanks and love to my own family who continue to support and allow me the time to enjoy a role in which I take pride and pleasure in undertaking.

*Lisa Rios
St George Little Athletics Centre - President
2011 - 2012*

TREASURERS REPORT

All in all we are still in a very good financial position.

- Registration income was down against previous seasons
- We invested substantially in coaching last season. \$3890 for season 2011/2012
- Reduced income from the canteen and BBQ this season due to 4 washout nights against no washouts last season.
- I suggest we need to increase our registration fees for next season around \$5 to \$10 per athlete.

Winston Chan

STGLAC – Treasurer 2011-2012



U6 ATHLETES RECEIVING THEIR TROPHIES AT THE 2011-2012 PRESENTATION EVENING



FRIDAY NIGHT ACTION

**St. George Little
Athletic Centre
Inc.**

**Statement of
Income &
Expenditure
For the year
ended March
31, 2011**

	2012	2011	2010	2009	2008	2007	2006	2005	2004	2003	2002
	Actual	Actual	Actual	Actual	Actual	Actual	Actual	Actual	Actual	Actual	Actual
Income											
Registration	24,852.00	28,297.00	38,188.00	39,547.60	38,538.68	47,597.00	37,325.00	44,590.00	38,554.00	31,810.00	34,548.00
Canteen	5,338.00	6,272.55	6,183.60	6,256.60	7,024.20	11,458.70	10,658.80	10,978.00	14,191.28	13,889.00	15,186.77
BBQ	11,543.45	13,475.75	10,249.75	9,280.35	8,910.55	14,313.15	8,024.90	11,361.00	11,056.90	14,970.00	15,206.90
Sponsors, Donations and Miscellaneous Income	300.00	200.00	800.00	200.00	21,324.30	4,181.00	570.00	1,556.00	425.00	0.00	100.00
Uniforms	9,239.00	9,924.00	9,173.00	13,647.30	11,696.00	15,442.60	8,273.80	13,005.00	13,718.00	12,578.00	11,670.00
Interest	542.11	0.00	738.54	1,044.68	1,551.07	1,486.38	1,082.36	1,240.00	1,378.79	679.00	800.00
Other (including competitions)	1,545.00	0.00	440.00	765.00	1,385.80	1,490.10	2,778.34	2,120.00	1,473.00	1,760.00	0.00
Preston Fund Raising	0.00	0.00	0.00	0.00	0.00	1,092.40	3,922.39	908.00	3,103.00	0.00	5,427.00
	53,359.56	58,169.30	65,772.89	70,741.53	90,430.60	97,061.33	72,635.59	85,757.00	83,899.97	75,686.00	82,938.67
Expenditure											
Registration Fees and Resignations	7,974.97	7,970.00	14,345.00	13,810.10	16,674.00	20,762.00	17,304.50	21,913.00	18,511.00	14,870.00	14,254.00
Canteen	3,786.72	2,407.82	6,334.70	6,545.95	6,848.44	7,668.32	8,379.89	6,398.00	7,204.35	9,205.00	9,621.99
BBQ	6,128.81	7,192.13	6,552.80	8,446.51	6,199.36	8,541.20	5,339.03	7,127.00	8,539.66	8,135.00	7,915.68
Uniforms Purchases	12,235.38	15,328.06	11,972.00	10,502.40	6,042.35	12,701.50	15,628.85	12,965.00	13,475.29	9,167.00	10,666.00
Annual General Meeting	1,660.00	1,078.70	2,122.30	2,100.50	1,616.10	1,707.20	1,620.70	1,713.00	1,506.23	1,718.00	1,856.00
Bank Charges	161.00	188.00	206.00	242.00	216.50	246.50	258.00	336.00	235.50	234.00	362.00
Electricity	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	520.00	247.00
Equipment	7,197.94	19,853.92	6,177.86	6,862.50	7,657.61	5,098.30	3,452.81	6,591.00	4,113.18	5,504.00	11,269.00
Ground Marking	260.00	260.00	352.00	330.72	559.24	372.90	301.40	1,230.00	726.00	2,186.00	532.00
Insurance	0.00	0.00	0.00	0.00	0.00	518.74	937.74	1,065.00	1,858.33	1,464.00	1,384.00
Park Fees	1,794.00	2,613.00	3,036.00	2,160.00	1,980.00	1,450.00	1,240.00	1,780.00	1,060.00	1,328.00	800.00
End of Season Presentation	180.86	378.50	203.50	0.00	0.00	54.50	275.25	494.00	537.38	224.00	493.00
Postage	50.00	50.00	0.00	46.10	91.00	35.25	93.50	83.00	305.25	38.00	16.00
Printing & Stationery	2,660.16	2,405.98	1,580.20	2,078.33	2,017.01	1,631.92	1,812.28	1,757.00	2,110.36	4,603.00	1,980.00
State Conference	620.00	684.23	987.34	952.16	736.00	802.94	446.85	705.00	798.50	779.00	956.00
Sundry Expenses incl. Course Fees and Advertising	1,321.79	2,318.92	5,474.39	600.85	22,289.60	36,636.30	1,443.11	1,586.00	855.17	2,374.00	1,641.00
Telephone	0.00	0.00	0.00	353.91	320.39	456.46	361.47	245.00	174.58	50.00	100.00
Competitions	2,593.80	1,388.00	3,903.24	3,139.00	3,575.76	4,882.92	2,721.40	1,870.00	2,637.80	1,816.00	0.00
	5,284.22	3,943.87	4,853.80	5,379.30	4,936.70	4,790.40	4,475.85	4,528.00	4,917.30	6,182.00	6,638.00
Trophy Preston Expenses	0.00	0.00	0.00	0.00	0.00	3,159.00	10,127.50	1,055.00	10,557.23	363.00	10,347.00
Coaching	3,890.00										
	57,799.65	68,061.13	68,101.13	63,550.33	81,760.06	111,516.35	76,220.13	73,442.00	80,123.11	70,760.00	81,078.67
Surplus/(Deficit) for year	-4,440.09	-9,891.83	-2,328.24	7,191.20	8,670.54	-14,455.02	-3,584.54	12,315.00	3,776.86	4,926.00	1,860.00
Canteen Profit	6,965.92	10,148.35	3,545.85	544.49	2,886.95	9,562.33	4,964.78	8,814.00	9,504.17	11,519.00	12,856.00

REGISTRAR'S REPORT

This season we had 410 registered athletes. This is a little down on last season but still good numbers compared to similar sized centres this season.

The breakdown of athletes is as follows

BOYS	GIRLS	TOTAL	
U6	26	22	48
U7	35	23	58
U8	33	16	49
U9	23	26	49
U10	26	37	63
U11	25	18	43
U12	21	14	35
U13	13	12	25
U14	8	9	17
U15	5	9	14
U17	3	6	9
TOTAL			410

The online registration process continues to be fine-tuned and this season's registration process ran smoother than the previous year.

I would like to say a huge THANK YOU to the team that I work with on registration nights. This season there was not a single number / registration unaccounted for. When you consider the volume of paperwork we are handling on registration nights this is an amazing achievement, so once again thank you to everyone involved for making my job as Registrar so much easier.

Jenny Borg
STGLAC Registrar 2011/2012

SECRETARY REPORT

2011/2012 was my first year on the St George Little athletics Executive Committee. All the committee were very helpful in my newly appointed role.

We attended monthly meetings, some meetings were short and sweet, others slightly longer than anticipated but I mostly walked out of a meeting having had a good laugh and being enlightened on many levels.

As the secretary, I was able to see and soon discovered, how much behind the scene and away from the Friday evening competition the time and energy that goes into the running of our centre.

Looking forward to the 2012/2013 Season.

Meaghan Mottershead
STGLAC Secretary



ST GEORGE ATHLETES IN ACTION AT THE 2012 ZONE CHAMPIONSHIPS

RECORDERS REPORT

Ground Records are best performances by St George athletes at Olds Park.

Centre Records are best performances by athletes selected to represent St George or the Little Athletics Association at Championship competitions, and are only recorded if they better the Ground Record as recorded by manual timing or electronic timing if used. All Championship events are now electronically timed.

Belinda Markoski
Recorder 2011-12

ST GEORGE RECORDS 2011/2012

Type	Age	Name	Event	Result	Date
GROUND					
	U13Girls	Grace Robinson	Discus	41.71m	4/11/2011
	U14Girls	Dyone Bettega	Javelin	30.87m	9/12/2011
	U13Girls	Grace Robinson	Shot Put	14.64m	16/03/2012
	U12Boys	Luke Byrnes	Javelin	35.32m	16/03/2012
	U9Boys	Kai Hammond	400m	1.12.31	16/03/2012
	U11Boys	Sidney Noppen	Long Jump	4.90m	16/03/2012
CENTRE					
	U9Boys	Kai Hammond	800m	2.38.18	State
	U10Girls	Tia La Coste	60m Hurdles	10.58	State
	U11Boys	Sidney Noppen	Long Jump	4.93m	State
	U13Boys	Pita Toamotu	Javelin	37.51m	State
	U13Girls	Grace Robinson	Shot Put	14.95m	State
	U13Girls	Grace Robinson	Discus	47.28m	State
	U15Girls	Zoe Pattey	100m	13.00	State
	U15Girls	Zoe Pattey	200m	27.03	State
	U17Boys	Marcus Chan	Discus	35.95m	Region
	U17Boys	Marcus Chan	Shot Put	9.88m	Zone
	U17Boys	Marcus Chan	Javelin	36.40m	Zone
	U17Boys	William Burgess	Triple Jump	11.80	Region
	U17Boys	William Burgess	200m Hurdles	27.70	Region
	U17Boys	William Burgess	Long Jump	5.64m	Zone
	U17Girls	Carolina Kostas	400m	1.01.11	Region
	U17Girls	Carolina Kostas	800m	2.26.53	Region
	U17Girls	Carolina Kostas	800m	2.26.53	Region
	U14Girls	Jasmine Fisher	3000m	10.09.0	State



ZONE CHAMPIONSHIPS 200M

LITTLE ATHLETICS NSW			
Boys U 13 Javelin Throw (600 Gram)			
Flight 1 Results Final			
1	McEntyre, Camer	84	41.25m
2	Toamotu, Pita	9	37.51m
3	Perry, Hayden	79	37.03m
4	Dixon, Joshua	55	36.21m
5	Twigg, Jarrod	102	36.03m
6	Monaghan, Tyle	54	34.84m
7	Grozde, Connar	71	33.90m
8	Debrot, Luke	71	33.14m
9	Neil, Mark	13	32.51m

STATE CHAMPIONSHIPS RESULT BOARD – SILVER MEDAL - ST GEORGE - PITA TOAMOTU

CHAMPIONSHIPS OFFICER

REPORT

We had some great results this year in all the championships in which St.George athletes participated. Competitions are a great way for athletes to test their skills against a broader group of competitors and experience the exhilaration of competing in front of a large crowd in a real athletics stadium. It also exposes athletes to what it feels like to be part of a team. It really brings out the little 'Kathy Freeman' or 'Usain Bolt' in each of them.

Detailed results in all Zone, Region and State Championships are available on the NSW Little Athletics web site, but here is a summary of the year that was

State Relay Championships (November 2011)

A high level of participation saw St George register 21 relay teams. These champs are always tough, but the 14 year old girls team comprising Grace Robinson (competing up), Jamie-Lee Rios, Dyone Bettega and Jade Kearsey earned a Gold medal in throwing relay (2 x Discus, 2 x Shot Put).

State Multi Event Championships – Cessnock

This is traditionally a fun weekend away with good social aspect where parents and kids get to have some fun and where the kids get to compete in a number of different events. This year it was held in Cessnock and we had some excellent results.

- 16 athletes competed with the following placing in the top 10.

- U13 Girls 3rd Grace Robinson
- U11 Boys 4th Sidney Noppen,
- U10 Girls 8th Sophia Cibe
- U10 Girls 9th Alexandra Tims.

Zone Championships

128 Athletes competed in the Zone championships and this was great introduction to competition especially for some of the younger age groups. We had some great results with nearly half the participating making it through to regions. Go St.George !!!

Regional Championships

56 St.George athletes competed in the Region very successfully and we had very high percentage qualifying for the State Champs.

State Championships

28 athletes competed of which 5 Athletes were promoted on the new regional qualification method that uses best results across all regions for the additional placings.

Our athletes competing at the State Championships did very well this year with a number of them placing amongst the medals, an increase from the past few years. There were also a number of athletes that were unlucky to just miss a medal placing.

The following athletes received a total of 13 medals

Grace Robinson	- U13G 1st SP (State Record), 1st Discus, 2nd Javelin
Pita Toamotu	- U13B 2nd SP, 2nd Javelin, 6th Discus
Tia LaCoste	- U10G 3rd 60m hurdles
Sid Noppen	- U11B 2nd 100m, 2nd 200m, 3rd LJ
Nicholas Atkinson	- U9B 3rd 60m hurdles
Kai Hammond	- U9B 3rd 800m
Jordan Samrani	- U10B 3rd LJ
Jasmine Fisher	- U14G 1st 3000m

Pita Toamotu and Grace Robinson were selected to represent NSW at the Australian Little Athletics Championships in Hobart in April. They did very well with Peter coming 2nd in Shot Put and 1st in Discus while Grace came 1st in Discus and 1st in Shot Put with an Australian Best performance Record. Congratulations Peter and Grace !

Thanks to all the parents that carried out their duties during the competitions and were flexible during team finalisation and rostering. Your help and understanding makes my job all the easier. Thanks to all the kids that participated with such enthusiasm and helped make 2011/12 a successful year.

Daniel Cibe
2011-12 Championships Officer



STATE CHAMPIONSHIPS – TIA LA COSTE



U11 BOYS - 2012 ZONE CHAMPIONSHIPS

SEBASTIAN HERBERT, SIDNEY NOPPEN, TALLIS BROWN AND JARED RIOS



STATE CHAMPIONSHIPS U14 GIRLS JAVELIN – JAIMIE-LEE RIOS

CHAMPION BOY

SIDNEY NOPPEN-U11'S



Sidney had an outstanding season in Little Athletics this season and continues to perform well in sprinting and jumping events. He also showed his versatility by competing in the State Multi's for the first time and placing 4th. He is a worthy recipient of this award.

Zone - 1st U 11 100 Metre Run
1st U 11 200 Metre Run
1st U 11 Long Jump ND 4.23m (1) *
1st U 11 Triple Jump ND 9.32m (1) *

Region – 1st U 11 100 Metre Run
1st U 11 200 Metre Run
1st U 11 Long Jump 4.23m 4.56m
1st U 11 Triple Jump 9.32m 8.88m

State Championships - U11B 2nd 100m, 2nd 200m, 3rd LJ

State Relay Representative

State Multi's – 4th U11 Boys

STGLAC Ground and Centre records in Long Jump

CHAMPION GIRL & **MULTI AWARD** **GRACE ROBINSON-U13'S**



Grace continues to improve and achieve remarkable results in Little Athletics with her season culminating in representing NSW at the Little Athletics National Championships in Hobart. Grace also broke several St George Ground & Centre records in Discus and Shot Put as well as breaking the State Record in Shot Put and the Australian Best Performance in Shot Put.

Zone - 8th U 13 100 Metre, 8th U 13 Long Jump 6th U 13 Triple Jump, 1st U 13 Discus,
1st U 13 Shot Put, 3rd U 13 Javelin

Region – 1st U 13 Discus, 1st Shot Put, 4th U 13 Javelin

State – 1st Shot, 1st Discus, 2nd Javelin

State Relays – Competing up with the U14 girls Grace was part of the 1st place Shot / Discus Relay team.

State Multis – 3rd

Little Athletics Nationals - 1st in Shot Put, 1st in Discus and in 6th in Javelin

Grace was also the recipient of a McDonalds Scholarship from Little Athletics NSW

CHAMPION BOY

RUNNER UP

PITA TOAMOTU-U13'S



Pita continues to do remarkably well in the throwing events with selection in the NSW team competing at the Little Athletics National Championships in Hobart and placing 1st in Shot Put and 2nd in Discus and in 10th Javelin. Pita also broke the centre record for javelin during the season.

Zone - 1st U 13 Discus, 1st U 13 Shot Put, 1st U 13

Region – 2nd U 13 Discus, 1st U 13 Shot Put, 2nd U 13 Javelin

State – 2nd Shot Put, 6th Discus, 2nd Javelin

State Relays Participant

State Multi's Participant

Dragon Derby Participant

Little Athletics Nationals - 1st in Shot Put, 1st in Discus and in 10th in Javelin

CHAMPION GIRL

RUNNER UP

& MIDDLE DISTANCE AWARD

JASMINE FISHER-U14'S



Jasmine has proved to be a revelation this season in the longer distance of 3000m.

Jasmine placed 1st in Zone, Region and State at this distance and also achieved 2nd place at the Little Athletics NSW Cross Country Championships in July 2011. Jasmine also broke the centre record for the 3000m.

A deserving recipient of these awards.

FIELD AWARD

LUKE BYRNES U12'S



Luke is once again the recipient of this award, achieving great results in his throwing events and reaching the State Championships in Javelin and Shot Put, just missing on qualifying for the final eight. Luke also broke the Javelin record at the Dragon Derby Gala Day at Sanctuary Point and the St George ground record for javelin.

Zone - 4th U 12 Discus
2nd U 12 Shot Put
2nd U 12 Javelin

Region - 4th U 12 Shot Put
3rd U 12 Javelin

State – 9th Shot Put
9th Javelin

Dragon Derby Participant

WALK AWARD

EMILIO HILDALGO-U10'S



Emilio shows much talent and progress in the area of race walking. Competing at Dragon Derby and achieving 1st place he continued his good progress with placing's of 2nd at Zone, 4th at Region and at the 18th at the State Championships.

JUNIOR BOY CHAMPION

KAI HAMMOND-U9'S



Kai has had an outstanding season in Little Athletics. Kai has steadily improved his performances throughout the season, culminating in breaking a long standing St George ground record in the 400m and the 800m Centre record and finishing the season with a 3rd place in the State Championships in the 800m.

Zone – 2nd U 9 400 Metre Run
2nd U 9 800 Metre Run
6th U 9 Shot Put

Region - 5th U 9 400 Metre Run
2nd U 9 800 Metre

State - 400M 7TH 1.11.20
800M 3RD 2.38.13

JUNIOR GIRL CHAMPION

TIA LA COSTE – U10'S



Tia is again the recipient of this award with some fantastic results over the season and culminating with a 3rd placing in the 60m hurdles at the State Championships. Tia also broke the Centre record in the 60m hurdles.

Zone – 11th U 10 100 Metre Run

1st U 10 60 Metre Hurdles

3rd U 10 Long Jump

1st U 10 Shot Put

Region – 1st U 10 60 Metre Hurdles

3rd U 10 Long Jump

3rd U 10 Shot Put

State – 3rd 60H

LJ – 21ST

SP – 20TH

REBECCA ORR
ENCOURAGEMENT AWARD
BOY

NATHAN BINI-U12'S



Nathan is showing much promise in the middle distance events in track,
with good performances in the 800m and 1500m during the season.
Nathan was also a representative for St George at the State Relay Championships.

Zone - 3rd U 12 800 Metre
2nd U 12 1500 Metre

Region – 6th U 12 800 Metre
8th U 12 1500 Metre

REBECCA ORR
ENCOURAGEMENT AWARD
GIRL
CELIA TULAU-U12'S



Showing talent in many disciplines of athletics, Celia had a late start to the season due to injury and whilst continuing to recover gained great results at Zone and Region with injury restricting her to perform at her best.

Zone – 3rd U 12 200 Metre
5th U 12 Shot Put
2nd U 12 Javelin

Region – 10th U 12 200 Metre Run
6th U 12 Javelin

BOYS FRIDAY NIGHT

ENCOURAGEMENT AWARD

JAIDEN DAY-U15'S



Jaiden has been a long time St George athlete and has missed very few Friday nights. He is a very pleasant and cheerful member of the U15 boys. He always participates in all events, even the ones he is not really keen on and takes pride in at last conquering his least favourite event of High Jump. He is always keen on improving his personal bests in all events. Jaiden is an example of what social athletes should aspire to, sportsmanship and the willingness to have a go. He is a great member of the St George Club and it has been a pleasure to have been his Age Manager.

Toni Hughes 2011-12 Age Manager

GIRLS FRIDAY NIGHT
ENCOURAGEMENT AWARD
ALEXANDRA KEEDLE–ORTIZ
U10'S



Alexandra is a polite and helpful athlete. On Friday nights she always participates to the best of her ability in all events. Alexandra competed almost every Friday evening during the season and is a worthy recipient of this award.

SPORTSMANSHIP AWARD

ALEX CAMERON U10'S



At the 2011 State Relay Championships, Alex stepped into the 4x100m event at the very last minute due to a fellow athlete not turning up for the relay and therefore allowed the other boys from St George the opportunity to run in their event. We believe Alex has shown wonderful team spirit and sportsmanship and is a worthy recipient of this award.

5 YEAR AWARD RECIPIENTS



5 YEAR RECIPIENTS AT PRESENTATION NIGHT APRIL 27TH 2012

LITTLE ATHLETICS NSW				
Boys U 9 60 Metre Hurdles (45 cm)				
Heat 1 Results Final				
1	Donje, Kepo	1	10.20	
2	Goschnik, Andre	110	10.34	
3	Atkinson, Nich	9	10.36	
4	Thompson, Luke	98	10.48	
5	Bond, Connor	84	10.59	
6	East, Charlie	54	10.61	
7	Hart, Zac	181	10.68	
8	Martin, Benjam	105	10.96	

STATE CHAMPIONSHIPS RESULTS BOARD ST GEORGE 3RD
NICHOLAS ATKINSON U9 BOYS

PUBLICITY & SPONSORSHIP

REPORT

Once again, our newsletter which is published each fortnight keeps our families and athletes informed of upcoming events, athlete results and other information. It can also be found on the Centre's website.

Special thanks and appreciation goes to Athletes Foot at Westfield Hurstville, in particular, Brian Moro, for his Athletes Foot stores continued association and support to our Centre. Thanks also to Officeworks at Carlton for the donation of clipboards and pens & a camera that we used towards our lucky door prize on Presentation night.

To our suppliers of food and beverages for the Canteen and BBQ - Bruce Elvey Meats, KB Farm Chickens, Eiffel Hot Bread as well as K&E Confectionary and Coca Cola we thank you in meeting our orders on time, throughout this past season.

I would like to also acknowledge and thank Mr Con Pattey, for his assistance in administrating the St George Little Athletics Website during this past year.

Michelle Murphy
STGLAC Publicity Officer 2011 - 2012



THOMAS MURPHY (U8B) IN 60M HURDLES AT ZONE 2012

EQUIPMENT AND GROUNDS

OFFICER

AROUND THE GROUND

Firstly congratulations to the athletics that made the State Championships, 27 athletes qualified and that is the largest number for a long time.

This year you may have noticed that we competed on the small oval. After a few teething problems with it the competition ran quite smoothly.

A huge thank you to Dave Carey, with the help of his company surveyed and marked out the track, also continually helping me mark the track throughout the year.

A big thank you to Silvana, who chased parents and created a roster to help with the set up and pull down of equipment. This was a great start but more help from parents is needed to run your children's competition night.

Also a big thank you to the President and Vice President for running a prosperous and successful club.

Next season we will be back on the large oval, which is looking fantastic at the moment. This will be great as we will be able to get back to our three week program of events.

Lastly to the athletes have a good rest and I will see you next season, older, bigger and stronger. It will come around all too soon,

Thank you

Chris Robinson

Ground and Equipment

CANTEEN AND BBQ REPORT

The 2011 little athletics season is over already, it seems like it only just began. Considering I was away for seven weeks and the bad weather cancelling meets, it was a rather short season for myself.

We try to keep prices as low as possible to enable all families to afford a BBQ treat each Friday night. The \$2 sausage sizzle and chicken kebabs are a huge hit and have been for a few years now.

I would like to take this opportunity to thank Kerry Lawler for stepping in as my right hand man/woman this year. Without her outstanding contribution I don't think the canteen would have been as successful.

Thank you also to Pip, Patricia and all the parents who helped in the canteen or on the BBQ. Without the help of others the canteen would not exist.

Thank you all for continuing to supporting the canteen.

Stephanie Grosvenor.

Canteen/BBQ Manager

DRAGON DERBY REPORT

A number of St George athletes and their parents made the trip down to St Georges Basin to compete in the Dragon Derby Gala day. Fantastic weather, a scenic ground and relaxed atmosphere made the day a fantastic experience for all. All our athletes came home with lots of medals, trophies and ribbons and big smiles for their performances. Personal bests were achieved on the day and many of our parents showed the kids that athletics is not just for the young ones with fine performances in the Masters Pentathlon events.

Many thanks to Lynne Whatman who again on behalf of St George LAC, officiated as the Shot Put Judge on the day. We thank Lynne for her continued support and help as an Official for St George at carnivals. Congratulations to all our athletes and parents who took part. Results are posted below.

RESULTS WERE REPORTED TO TEAM MANAGER ON THE DAY OF CARNIVAL BY ATHLETES.

(Any events missing were not reported to Team Manager)

JACOB RIOS U13 BOYS – 2ND TRIPLE JUMP, 5TH DISCUS (U14B), 3RD 800M, 5TH 400M, 5TH 200M, 1ST 1500M WALK, SP, HJ.

JAIMIE-LEE RIOS U14 GIRLS – 1ST DISCUS, 1ST SHOT PUT (U15G), 3RD JAVELLIN, 3RD 100M, 2ND TRIPLE JUMP, 2ND 1500M WALK

JARED RIOS U11 BOYS – 3RD SHOT PUT, 4TH 60M HURDLES, 3RD JAVELLIN, 4TH 800M, 4TH 100M, 4TH HIGH JUMP, 1ST 1100M WALK

GRACE ROBINSON U13 GIRLS – 3RD TRIPLE JUMP, 2ND JAVELLIN (U14G), 3RD LONG JUMP (U14G), 4TH 100M, 1ST SHOT PUT, 2ND 1500M WALK

PITA TOAMOTU U13 BOYS – 2ND DISCUS (U14B), 6TH LONG JUMP, 6TH 100M, 1ST SHOT PUT, 3RD 1500M WALK

LOUISA HAMILTON U12 GIRLS – 1ST 60M HURDLES, 5TH DISCUS, 2ND LONG JUMP, 1ST 100M, 6TH JAVELLIN, 1ST 200M

ALEX HAMILTON U8 BOYS – 5TH 60M HURDLES, 6TH DISCUS, 5TH LONG JUMP, 3RD 700M, 4TH 100M, 5TH 70M

DAVID HUGHES U15 BOYS – 1ST SHOT PUT, 1ST HIGH JUMP, 3RD 100M, 1ST TRIPLE JUMP, 2ND LONG JUMP (U17B), 1ST 1500M WALK

LUKE BYRNES U12 BOYS – 1ST JAVELLIN, 2ND DISCUS, 3RD SHOT PUT (U13B)

THOMAS MURPHY U8 BOYS – 3RD 60M HURDLES, 3RD LONG JUMP, 5TH 700M, 5TH DISCUS, 6TH 70M, 6TH 100M

BRADLEY MURPHY U6 BOYS – 2ND 300M, 3RD 70M, 5TH LONG JUMP, DISCUS,

ALEX BATTEN U8 BOYS – 6TH LONG JUMP, 6TH 700M, 8TH DISCUS, 7TH 70M, 7TH 100M

EMILIO HIDALGO U10 BOYS – 2ND 800M, 8TH LONG JUMP, 5TH 60M HURDLES, 9TH DISCUS, 6TH 100M, 1100M WALK

ROHAN McWHINNEY U13 BOYS – 7TH DISCUS (U14B), 2ND 800M, 3RD LONG JUMP, 3RD 100M, 3RD 400M, 2ND HIGH JUMP, 4TH 200M

MASTERS EVENTS FOR PARENTS

BRONWYN BATTEN – 1ST OVERALL WOMENS MASTERS PENTATHALON

PAUL BATTEN – MASTERS COMPETITOR ALL EVENTS

CHRIS ROBINSON - MASTERS COMPETITOR ALL EVENTS

The following parents from St George also competed in 1 or 2 Master's events

LISA RIOS, MICHELLE MURPHY, GREG MURPHY, CRAIG HAMILTON, PAUL BYRNES, TONI HUGHES



MASTERS COMPETITORS AT THE DRAGON DERBY 2012

Back row: Paul Batten, Lisa Rios, Greg Murphy, Bronwyn Batten, Chris Robinson, Craig Hamilton

Front Row: Paul Byrnes, Michelle Murphy, Toni Hughes



L-R: ROHAN MCWHINNEY, PITA TOAMOTU, JACOB RIOS

2012 DRAGON DERBY-CAN'T KEEP THEIR SMILES OFF EVEN WHEN COMPETING!



**DAVID HUGHES FLYING HIGH IN LONG JUMP
AT THE 2012 DRAGON DERBY**



CHRIS ROBINSON, SHOWING HOW ITS DONE



**IT'S ALL SMILES AT DRAGON DERBY 2012
L-R: LOUISA HAMILTON, ALEX HAMILTON JAIMIE-LEE RIOS, THOMAS MURPHY,
JARED RIOS, EMILIO HIDALGO, DAVID HUGHES,**



JARED RIOS AT THE DRAGON DERBY 2012



BRADLEY MURPHY - GIVING IT ALL AT DRAGON DERBY 2012

TRANS TASMAN REPORT

Congratulations to Talia Fisher who was the only St George athlete to participate at the Trans-Tasman Trials and was then selected to represent NSW.

Talia travelled to Auckland, New Zealand in January 2012, touring many of the sights of the North Island and competing against the Auckland team in the Trans-Tasman Challenge in which she was part of the winning NSW Team.



U12 GIRLS – MORGAN GRIFFITHS AND TALIA FISHER IN ACTION AT THE ZONE CHAMPIONSHIPS

STATE RELAY CHAMPIONSHIPS

REPORT

The 2011 State Relay Championships were held at Homebush with 8 Junior St George teams competing on the Saturday and 5 Senior teams competing on the Sunday. Our U14 Girls team, Jaimie-Lee Rios, Grace Robinson, Dyone Bettega, Jade Kearsey in the Shot / Discus relay came away with the gold medal. Two of our other teams, the U10 girls 4 x 100m team and the U13 boys shot / discus team, were extremely unlucky to not come away with a medal after placing 4th. Congratulations to all our athletes on their performances.

U9G	4 X 100M – 7 TH IN HEAT	LAUREN CAREY,NATALIE CIGOLANI,CHARLOTTE TSUI,EMILIA P
U10G	4X100M – 4 TH IN FINAL	ALEXANDRA TIMS,SOPHIS CIBEI,TIA LA COSTE, DANIELLE KATZOS
U11G	4X100M – 4 TH IN HEAT	LAUREN SAMRANI,ALANA KOVACIC,CARLA KOVACIC,JANICE LEWIS
U8B	4X100M6 TH IN HEAT	ALEX HAMILTON,RONAN SCHOCHER,LEWIS NOPPEN,CALEB GOUGH
U9B	4X100M 6 TH IN HEAT	ETHAN KING,JAYDEN SAMRANI,SAMUEL DEARING, KAI KAMIKURA
U10B	4X100M 6 TH IN HEAT	JOSHUA ANNETT,JORDAN SAMRANI,ALEX CAMERON,EMILIO HIDALGO
U11B	4X100M 3 RD IN HEAT	SIDNEY NOPPEN, DANIEL ALBERT, JARED RIOS, STEVEN SCHOCHER
U9 MIXED	4X200 5 TH IN HEAT	SAMUEL DEARING,KAI KAMIKURA,CHARLOTTE TSUI,LAUREN CAREY
U10 MIXED	4X400M 8 TH IN FINAL	SOPHIA CIBEI, TIA LA COSTE, JOSHUA ANNETT, JORDAN SAMRANI
U11 MIXED	4X400M 8 TH IN FINAL	SIDNEY NOPPEN, DANIEL ALBERT, ANGELIQUE STIVIC,LUCY KOH
U14G	4X100M 8 TH IN HEAT	JAIMIE-LEE RIOS, AVA GARLICK-BOCK,DYONE BETTEGA,JACQUI GORDON
U15G	4X100M 6 TH IN HEAT	CAITLIN ANGUS, MELANIE AJAKA, CHIARA CHRISTIAN, SIDNEY TULAU,
U12B	4X100M DISQ	ZAC CAMERON, NATHAN BINI, ETHAN BERGAN, MATTEO TISCIA
U12 MIXED	4X400M 6 TH IN HEAT	MARK LAWLER, NATHAN BINI, LOUISA HAMILTON, CHERMAY CHAVES
U14G	LONG/HIGH 9 TH	AVA GARLICK-BOK, JACQUI GORDAN, JAIMIE-LEE RIOS, JADE KEARSEY
U15G	LONG/HIGH 9 TH	CAITLIN ANGUS, MELANIE AJAKA, CHIARA CHRISTIAN, SIDNEY TULAU
U14G	SHOT/DISCUS 1 ST	JAIMIE-LEE RIOS, GRACE ROBINSON, DYONE BETTEGA, JADE KEARSEY
U15G	SHOT/DISCUS 10 TH	CAITLIN ANGUS, MELANIE AJAKA, CHIARA CHRISTIAN, SIDNEY TULAU
U13B	LONG/HIGH 13 TH	JACOB RIOS, PITA TOAMOTU, GIANLUCA CIBEI, DAVID FINNERAN
U13B	SHOT/DISCUS 4 TH	JACOB RIOS, PITA TOAMOTU, GIANLUCA CIBEI, DAVID FINNERAN



2011 SHOT / DISCUS STATE RELAY CHAMPIONS – U14 GIRLS
DYONE BETTEGA, GRACE ROBINSON, JAIMIE-LEE RIOS, JADE KEARSEY

ZONE CHAMPIONSHIPS

REPORT

With great weather, 128 St George athletes competed at the Zone Championships over the weekend.

This was great introduction to Championship competition, especially for some of the younger age groups.

We had some great results with 56 St George athletes participating qualifying through to Region.

Go St.George !!! Many thanks to our Parents who officiated at events over the weekend and to our Chiefs

who oversaw Discus, high Jump, Long jump, triple Jump and assisted on the Starting panel. We also

need to mention the hard work of our Coaches Ethan and Lachlan Kass and the many events that they

assisted at over the two days of competition and to Matt Ashton for assisting our athletes with their

preparation for their events

Report by Lisa Rios



WILLIAM BURGESS -U17 BOYS TRIPLE JUMP – ZONE 2012

ST GEORGE LAC MULTI NIGHT



ST GEORGE LAC MULTI NIGHT 2011 – U6 BOYS



ST GEORGE LAC MULTI NIGHT – U11 GIRLS

SOUTHERN METROPOLITAN ZONE

RESULTS

FOR ST GEORGE ATHLETES

South Metropolitan Zone Carnival

Sylvania Waters Track

Meet Summary - All Events

Seed Heats Final

St George

1 Melanie Ajaka - Female - Age: 15 - Comp#: 4

#27 Girls U 15 100 Metre Run NT 15.67 (8) 15.67 (8)

#237 Girls U 15 Shot Put (3.0 Kg) ND 7.04m (7) *

2 Daniel Albert - Male - Age: 11 - Comp#: 324

#20 Boys U 11 100 Metre Run NT 16.29 (13)

#40 Boys U 11 200 Metre Run NT 34.19 (9) 34.07 (8)

#58 Boys U 11 400 Metre Run NT 1:24.38 (7) 1:24.38 (7)

#190 Boys U 11 Triple Jump ND 6.85m (9) *

3 Ben Alessio - Male - Age: 14 - Comp#:

#26 Boys U 14 100 Metre Run NT 12.79 (2) 12.79 (2)

#46 Boys U 14 200 Metre Run NT 26.17 (3) 26.17 (3)

#64 Boys U 14 400 Metre Run NT 1:00.00 (2) 1:00.00 (2)

Zone Elect: 1:01.30

#184 Boys U 14 Long Jump ND 4.61m (4) *

#196 Boys U 14 Triple Jump ND 10.27m (3) *

4 Caitlin Angus - Female - Age: 15 - Comp#: 47

#65 Girls U 15 400 Metre Run NT DNS

#197 Girls U 15 Triple Jump ND 7.82m (8) *

#217 Girls U 15 Discus (1.0 Kg) ND 19.69m (7) *

5 Joshua Annett - Male - Age: 10 - Comp#: 253

#10 Boys U 10 70 Metre Run NT 11.18 (8) 11.02 (8)

#18 Boys U 10 100 Metre Run NT 15.88 (9)

#38 Boys U 10 200 Metre Run NT 32.82 (3) 32.82 (7)

#102 Boys U 10 800 Metre Run NT 3:29.28 (9)

6 Caitlyn Arango - Female - Age: 10 - Comp#: 300

#9 Girls U 10 70 Metre Run NT 11.56 (9)

#17 Girls U 10 100 Metre Run NT 16.26 (9)

#37 Girls U 10 200 Metre Run NT 37.86 (11)

#155 Girls U 10 High Jump (S/H 0.90m) NH 1.15m (6) *

7 Nicholas Atkinson - Male - Age: 9 - Comp#: 362

#16 Boys U 9 100 Metre Run NT 15.76 (5) 15.31 (2)

#36 Boys U 9 200 Metre Run NT 32.42 (3) 32.01 (2)

Zone Elect: 33.20

#72 Boys U 9 60 Metre Hurdles (45cm) NT 11.15 (5) 10.81 (2)

Zone Elect: 10.90

#174 Boys U 9 Long Jump ND 3.62m (1) *

8 Ethan Bergen - Male - Age: 12 - Comp#: 199

#22 Boys U 12 100 Metre Run NT DNS

#180 Boys U 12 Long Jump ND 4.15m (9) *

9 Dyone Bettega - Female - Age: 14 - Comp#: 366

#215 Girls U 14 Discus (1.0 Kg) ND 29.89m (1) *

#235 Girls U 14 Shot Put (3.0 Kg) ND DQ

#245 Girls U 14 Javelin (400 Gm) ND 30.09m (1) *

10 Nathan Bini - Male - Age: 12 - Comp#: 342

#22 Boys U 12 100 Metre Run NT DNS

#60 Boys U 12 400 Metre Run NT

#106 Boys U 12 800 Metre Run NT 2:45.31 (3)

#120 Boys U 12 1500 Metre Run NT 5:29.80 (2)

11 Giannon Borg - Female - Age: 9 - Comp#: 18

#71 Girls U 9 60 Metre Hurdles (45cm) NT 12.56 (8) 12.92 (8)

#153 Girls U 9 High Jump (S/H 0.80m) NH 0.95m (5) *

#173 Girls U 9 Long Jump ND 2.87m (5) *

12 Jay Bradley - Male - Age: 7 - Comp#: 166

#2 Boys U 7 50 Metre Run NT 10.35 (9)
#4 Boys U 7 70 Metre Run NT 14.69 (10)
#12 Boys U 7 100 Metre Run NT 20.16 (8) 20.27 (7)
#222 Boys U 7 Shot Put (1.0 Kg) ND 4.23m (6) *

13 Nancy Bradley - Female - Age: 10 - Comp#: 165

#9 Girls U 10 70 Metre Run NT 12.49 (13)
#55 Girls U 10 400 Metre Run NT 1:35.05 (11)
#73 Girls U 10 60 Metre Hurdles (60cm) NT 15.06 (11)
#155 Girls U 10 High Jump (S/H 0.90m) NH 0.95m (10) *

14 Tallis Brown - Male - Age: 11 - Comp#: 87

#20 Boys U 11 100 Metre Run NT 15.53 (12)
#40 Boys U 11 200 Metre Run NT 34.48 (10)
#158 Boys U 11 High Jump (S/H 1.05m) NH 1.20m (7) *
#178 Boys U 11 Long Jump ND 3.86m (5) *

15 Tully Brown - Female - Age: 13 - Comp#: 86

#23 Girls U 13 100 Metre Run NT 14.54 (6) 14.34 (6)
#43 Girls U 13 200 Metre Run NT 29.64 (4) 29.74 (5)
#79 Girls U 13 80 Metre Hurdles (76cm) NT DNS
#161 Girls U 13 High Jump (S/H 1.15m) NH 1.33m (4) *
#181 Girls U 13 Long Jump ND 4.00m (7) *
#193 Girls U 13 Triple Jump ND 7.54m (8) *

16 William Burgess - Male - Age: 17 - Comp#: 762

#50 Boys U 17 200 Metre Run NT 25.83 (5) 25.83 (5)
#94 Boys U 17 200 Metre Hurdles (76cm) NT 27.93 (4) 27.93 (4)
#188 Boys U 17 Long Jump ND 5.64m (3) *
#200 Boys U 17 Triple Jump ND 11.41m (4) *

17 Isabel Byrnes - Female - Age: 17 - Comp#: 10

#219 Girls U 17 Discus (1.0 Kg) ND 12.59m (5) *
#239 Girls U 17 Shot Put (3.0 Kg) ND 6.10m (5) *
#249 Girls U 17 Javelin (500 Gm) ND FOUL

18 Luke Byrnes - Male - Age: 12 - Comp#: 35

#212 Boys U 12 Discus (750 Gm) ND 25.05m (4) *
#232 Boys U 12 Shot Put (3.0 Kg) ND 9.70m (2) *
#242 Boys U 12 Javelin (400 Gm) ND 27.03m (2) *

19 Alex Cameron - Male - Age: 10 - Comp#: 193

#10 Boys U 10 70 Metre Run NT 11.20 (9)
#18 Boys U 10 100 Metre Run NT 15.74 (6) 15.54 (5)
#74 Boys U 10 60 Metre Hurdles (60cm) NT 13.26 (10)
#228 Boys U 10 Shot Put (2.0 Kg) ND 6.05m (6) *

20 Zac Cameron - Male - Age: 12 - Comp#: 192

#22 Boys U 12 100 Metre Run NT 13.74 (2) 13.53 (2)
#42 Boys U 12 200 Metre Run NT DNS
#160 Boys U 12 High Jump (S/H 1.15m) NH DNS

21 Eloise Carey - Female - Age: 7 - Comp#: 91

#11 Girls U 7 100 Metre Run NT 19.15 (3) 18.80 (3)
#31 Girls U 7 200 Metre Run NT 40.11 (6) 40.26 (6)
#95 Girls U 7 500 Metre Pack Start NT 2:04.70 (6)
#169 Girls U 7 Long Jump ND 2.22m (8) *

22 Lauren Carey - Female - Age: 9 - Comp#: 90

#35 Girls U 9 200 Metre Run NT 37.25 (8) 38.45 (8)
Zone Elect: 37.50
#53 Girls U 9 400 Metre Run NT 1:22.72 (10)
#99 Girls U 9 800 Metre Run NT 3:10.10 (4)

23 William Carey - Male - Age: 11 - Comp#: 89

#142 Boys U 11 1100 Metre Walk NT DQ

24 Marcus Chan - Male - Age: 17 - Comp#: 8

#30 Boys U 17 100 Metre Run NT DNS
#220 Boys U 17 Discus (1.5 Kg) ND 34.29m (1) *
Zone Elect: 34.12m
#240 Boys U 17 Shot Put (5.0 Kg) ND 9.88m (2) *
#250 Boys U 17 Javelin (700 Gm) ND 36.40m (2) *

25 Chermay Chaves - Female - Age: 12 - Comp#: 88

#41 Girls U 12 200 Metre Run NT 31.77 (11)
#59 Girls U 12 400 Metre Run NT 1:12.42 (4) 1:14.56 (7)
#179 Girls U 12 Long Jump ND DNS
#191 Girls U 12 Triple Jump ND 8.06m (7) *

26 Hannah Chow - Female - Age: 9 - Comp#: 136

#173 Girls U 9 Long Jump ND 2.84m (6) *
#205 Girls U 9 Discus (500 Gm) ND 9.20m (10) *
#225 Girls U 9 Shot Put (2.0 Kg) ND 4.42m (8) *

27 Chiara Christian - Female - Age: 15 - Comp#: 3

#65 Girls U 15 400 Metre Run NT 1:09.97 (3) 1:09.97 (3)
#111 Girls U 15 800 Metre Run NT 2:47.31 (1)

28 Gianluca Cibeï - Male - Age: 13 - Comp#: 27

#146 Boys U 13 1500 Metre Walk NT DQ
#162 Boys U 13 High Jump (S/H 1.20m) NH 1.40m (5) *
#182 Boys U 13 Long Jump ND 3.98m (7) *
#194 Boys U 13 Triple Jump ND 8.78m (3) *
#244 Boys U 13 Javelin (600 Gm) ND 15.69m (8) *

29 Sophia Cibeï - Female - Age: 10 - Comp#: 26

#17 Girls U 10 100 Metre Run NT 15.69 (2) 15.20 (2)
#37 Girls U 10 200 Metre Run NT 32.17 (1) 31.55 (2)
Zone Elect: 31.70

#101 Girls U 10 800 Metre Run NT 2:58.79 (2)

#175 Girls U 10 Long Jump ND 3.67m (2) *

30 Natalie Cingolani - Female - Age: 9 - Comp#: 36

#7 Girls U 9 70 Metre Run NT 12.75 (12)
#15 Girls U 9 100 Metre Run NT 18.53 (13)
#205 Girls U 9 Discus (500 Gm) ND 11.93m (4) *
#225 Girls U 9 Shot Put (2.0 Kg) ND 4.33m (9) *

31 Alexandra Clark - Female - Age: 13 - Comp#: 254

#107 Girls U 13 800 Metre Run NT 3:12.96 (6)
#121 Girls U 13 1500 Metre Run NT 6:19.14 (6)
#181 Girls U 13 Long Jump ND 2.95m (12) *

32 Georgia Clark - Female - Age: 11 - Comp#: 255

#103 Girls U 11 800 Metre Run NT 3:17.67 (7)
#117 Girls U 11 1500 Metre Run NT 6:27.50 (7)
#177 Girls U 11 Long Jump ND 3.15m (13) *

33 Gabriella Da Silva - Female - Age: 7 - Comp#: 59

#11 Girls U 7 100 Metre Run NT 22.02 (11)
#95 Girls U 7 500 Metre Pack Start NT 2:21.00 (11)
#169 Girls U 7 Long Jump ND 1.95m (13) *
#221 Girls U 7 Shot Put (1.0 Kg) ND 3.34m (8) *

34 Holly Davis - Female - Age: 7 - Comp#: 115

#1 Girls U 7 50 Metre Run NT 9.52 (1) 9.79 (2)
#3 Girls U 7 70 Metre Run NT 13.49 (7) 13.11 (4)
#11 Girls U 7 100 Metre Run NT 19.70 (5) 19.14 (5)
#221 Girls U 7 Shot Put (1.0 Kg) ND 4.55m (3) *

35 Jazmine Di Palma - Female - Age: 11 - Comp#: 222

#57 Girls U 11 400 Metre Run NT 1:17.69 (5) 1:19.58 (5)

36 Ty Easton - Male - Age: 13 - Comp#: 760

#24 Boys U 13 100 Metre Run NT DNS
#44 Boys U 13 200 Metre Run NT
#108 Boys U 13 800 Metre Run NT DNS
#182 Boys U 13 Long Jump ND DNS
#194 Boys U 13 Triple Jump ND DNS

37 Jasmine Fisher - Female - Age: 14 - Comp#: 751

#131 Girls U 14 3000 Metre Run NT 10:19.09 (1)

Zone Elect: 10:19.09

38 Savannah Fisher - Female - Age: 10 - Comp#: 21

#101 Girls U 10 800 Metre Run NT 3:07.61 (4)
#115 Girls U 10 1500 Metre Run NT 6:21.00 (4)

39 Talia Fisher - Female - Age: 12 - Comp#: 22

#21 Girls U 12 100 Metre Run NT 14.35 (4) 14.29 (3)
#41 Girls U 12 200 Metre Run NT DNS
#179 Girls U 12 Long Jump ND 4.10m (2) *

40 Aiden Gambrell - Male - Age: 8 - Comp#: 170

#14 Boys U 8 100 Metre Run NT 17.37 (10)
#70 Boys U 8 60 Metre Hurdles (45cm) NT 12.19 (3) 11.86 (1)
#172 Boys U 8 Long Jump ND 2.79m (12) *
#204 Boys U 8 Discus (500 Gm) ND 13.20m (6) *

41 Jacqueline Gordon - Female - Age: 14 - Comp#: 104

#123 Girls U 14 1500 Metre Run NT DNS
#183 Girls U 14 Long Jump ND 3.37m (4) *

42 Morgan Griffiths - Female - Age: 12 - Comp#: 178

#21 Girls U 12 100 Metre Run NT 14.66 (8) 14.93 (7)
#41 Girls U 12 200 Metre Run NT 31.47 (6) 31.93 (6)
#59 Girls U 12 400 Metre Run NT 1:14.46 (8) 1:14.31 (6)
#105 Girls U 12 800 Metre Run NT 3:08.60 (8)

43 Blake Grosvenor - Male - Age: 14 - Comp#: 13

#148 Boys U 14 1500 Metre Walk NT DNS
#164 Boys U 14 High Jump (S/H 1.25m) NH DNS
#246 Boys U 14 Javelin (600 Gm) ND 24.00m (6) *

44 Alexander Hamilton - Male - Age: 8 - Comp#: 31

#34 Boys U 8 200 Metre Run NT 40.51 (13)
#52 Boys U 8 400 Metre Run NT 1:31.27 (11)
#98 Boys U 8 700 Metre Run NT 2:57.48 (8)
#204 Boys U 8 Discus (500 Gm) ND 6.14m (10) *

45 Louisa Hamilton - Female - Age: 12 - Comp#: 30

#21 Girls U 12 100 Metre Run NT 15.93 (17)
#77 Girls U 12 60 Metre Hurdles (68cm) NT 12.20 (4) 12.51 (8)
#179 Girls U 12 Long Jump ND 4.01m (3) *
#211 Girls U 12 Discus (750 Gm) ND 18.96m (4) *

46 Caitlin Hammond - Female - Age: 11 - Comp#: 182

#103 Girls U 11 800 Metre Run NT 3:21.11 (8)
#117 Girls U 11 1500 Metre Run NT DNS
#177 Girls U 11 Long Jump ND 3.27m (11) *
#189 Girls U 11 Triple Jump ND 7.25m (8) *

47 Kai Hammond - Male - Age: 9 - Comp#: 183

#54 Boys U 9 400 Metre Run NT 1:14.21 (1) 1:13.57 (2)
Zone Elect: 1:14.40
#100 Boys U 9 800 Metre Run NT 2:51.16 (2)
Zone Elect: 2:52.50

#226 Boys U 9 Shot Put (2.0 Kg) ND 5.89m (6) *

48 Oliver Herbert - Male - Age: 14 - Comp#: 23

#26 Boys U 14 100 Metre Run NT 14.29 (7) 14.29 (7)
#164 Boys U 14 High Jump (S/H 1.25m) NH 1.45m (4) *
#184 Boys U 14 Long Jump ND 4.31m (7) *
#196 Boys U 14 Triple Jump ND 9.98m (5) *

49 Sebastien Herbert - Male - Age: 11 - Comp#: 24

#20 Boys U 11 100 Metre Run NT 14.26 (2) 14.28 (2)
#76 Boys U 11 60 Metre Hurdles (60cm) NT 10.64 (1) 10.31 (1)
Zone Elect: 10.50

#178 Boys U 11 Long Jump ND 4.11m (2) *
#190 Boys U 11 Triple Jump ND 8.99m (2) *

50 Emilio Hidalgo - Male - Age: 10 - Comp#: 773

#140 Boys U 10 1100 Metre Walk NT 8:30.54 (2)

51 David Hughes - Male - Age: 15 - Comp#: 2

#186 Boys U 15 Long Jump ND 3.82m (4) *
#198 Boys U 15 Triple Jump ND 8.47m (4) *
#218 Boys U 15 Discus (1.0 Kg) ND 18.85m (5) *
#238 Boys U 15 Shot Put (4.0 Kg) ND 6.96m (4) *
#248 Boys U 15 Javelin (700 Gm) ND 15.78m (5) *

52 Luke Hunnisett - Male - Age: 11 - Comp#: 374

#142 Boys U 11 1100 Metre Walk NT DQ

53 Ruth Hunnisett - Female - Age: 8 - Comp#: 375

#13 Girls U 8 100 Metre Run NT 17.77 (6) 17.60 (6)
#33 Girls U 8 200 Metre Run NT 37.90 (3) 36.85 (2)
#171 Girls U 8 Long Jump ND 2.88m (2) *

54 Dominique Johnston - Female - Age: 15 - Comp#: 747

#27 Girls U 15 100 Metre Run NT

#83 Girls U 15 90 Metre Hurdles (76cm) NT 17.34 (3) 17.34 (3)

#185 Girls U 15 Long Jump ND 3.92m (6) *

#197 Girls U 15 Triple Jump ND 9.17m (5) *

#237 Girls U 15 Shot Put (3.0 Kg) ND 8.77m (3) *

#247 Girls U 15 Javelin (500 Gm) ND 20.87m (7) *

55 Elizabeth Jones - Female - Age: 10 - Comp#: 163

#37 Girls U 10 200 Metre Run NT 40.02 (14)

#101 Girls U 10 800 Metre Run NT 4:04.23 (10)

#227 Girls U 10 Shot Put (2.0 Kg) ND DNS

56 Kai Kamikura - Male - Age: 9 - Comp#: 124

#8 Boys U 9 70 Metre Run NT 11.43 (5) 11.21 (4)

#16 Boys U 9 100 Metre Run NT 16.43 (6) 15.90 (6)

#72 Boys U 9 60 Metre Hurdles (45cm) NT DNS

#174 Boys U 9 Long Jump ND 3.16m (5) *

57 Sora Kamikura - Male - Age: 7 - Comp#: 125

#2 Boys U 7 50 Metre Run NT 9.31 (2) 9.30 (4)

#4 Boys U 7 70 Metre Run NT 13.15 (6) 13.15 (6)

#32 Boys U 7 200 Metre Run NT 39.89 (8) 40.33 (5)

#170 Boys U 7 Long Jump ND 2.46m (6) *

58 Ashley Karagorgovski - Female - Age: 13 - Comp#: 306

#61 Girls U 13 400 Metre Run NT 1:12.84 (4) 1:12.84 (4)

#107 Girls U 13 800 Metre Run NT DNS

#121 Girls U 13 1500 Metre Run NT 5:53.87 (4)

#129 Girls U 13 3000 Metre Run NT 12:28.87 (2)

59 Kayla Karagorgovski - Female - Age: 11 - Comp#: 307

#103 Girls U 11 800 Metre Run NT DNS

#117 Girls U 11 1500 Metre Run NT 6:34.00 (8)

60 Danielle Katzos - Female - Age: 10 - Comp#: 200

#9 Girls U 10 70 Metre Run NT 11.01 (3) 10.71 (2)

Zone Elect: 10.80

#17 Girls U 10 100 Metre Run NT 15.90 (5) 15.55 (7)

#73 Girls U 10 60 Metre Hurdles (60cm) NT 13.11 (4) 12.58 (5)

#175 Girls U 10 Long Jump ND 3.54m (5) *

61 Jade Kearsey - Female - Age: 14 - Comp#: 107

#123 Girls U 14 1500 Metre Run NT 6:42.72 (6)

62 Lucy Koh - Female - Age: 11 - Comp#: 167

#19 Girls U 11 100 Metre Run NT 16.40 (11)

#141 Girls U 11 1100 Metre Walk NT Scratched Scratched

#189 Girls U 11 Triple Jump ND 6.86m (9) *

#229 Girls U 11 Shot Put (2.0 Kg) ND DNS

63 Ethan Koskinas - Male - Age: 9 - Comp#: 738

#8 Boys U 9 70 Metre Run NT 11.74 (7) 11.32 (5)

#72 Boys U 9 60 Metre Hurdles (45cm) NT 12.24 (4) 13.93 (7)

#154 Boys U 9 High Jump (S/H 0.85m) NH 0.95m (7) *

64 Reece Koskinas - Male - Age: 11 - Comp#: 737

#58 Boys U 11 400 Metre Run NT 1:08.95 (2) 1:08.95 (2)

#104 Boys U 11 800 Metre Run NT 2:48.02 (6)

#158 Boys U 11 High Jump (S/H 1.05m) NH 1.10m (8) *

65 Carolina Kostas - Female - Age: 17 - Comp#: 1

#49 Girls U 17 200 Metre Run NT DNS

#67 Girls U 17 400 Metre Run NT 1:03.37 (2) 1:03.37 (2)

#113 Girls U 17 800 Metre Run NT 2:45.92 (3)

#127 Girls U 17 1500 Metre Run NT DNS

66 Leo Kostas - Male - Age: 12 - Comp#: 32

#60 Boys U 12 400 Metre Run NT 1:15.97 (6) 1:15.97 (6)

#192 Boys U 12 Triple Jump ND DNS

67 Alana Kovacic - Female - Age: 11 - Comp#: 728

#19 Girls U 11 100 Metre Run NT 16.44 (13)

#57 Girls U 11 400 Metre Run NT 1:24.29 (6) 1:17.79 (3)

#75 Girls U 11 60 Metre Hurdles (60cm) NT 12.24 (7) 12.48 (5)

#229 Girls U 11 Shot Put (2.0 Kg) ND DNS

68 Carla Kovacic - Female - Age: 11 - Comp#: 729

#19 Girls U 11 100 Metre Run NT 16.79 (15)
#57 Girls U 11 400 Metre Run NT 1:20.22 (4) 1:18.36 (4)
#117 Girls U 11 1500 Metre Run NT DNS
#229 Girls U 11 Shot Put (2.0 Kg) ND DNS

69 Phoebe La Coste - Female - Age: 12 - Comp#: 48

#21 Girls U 12 100 Metre Run NT 14.75 (5) 15.88 (8)
#77 Girls U 12 60 Metre Hurdles (68cm) NT 11.04 (3) 10.88 (1)
#231 Girls U 12 Shot Put (2.0 Kg) ND 9.34m (1) *
#241 Girls U 12 Javelin (400 Gm) ND 17.02m (3) *

70 Tia La Coste - Female - Age: 10 - Comp#: 50

#17 Girls U 10 100 Metre Run NT 16.29 (11)
#73 Girls U 10 60 Metre Hurdles (60cm) NT 11.02 (1) 11.33 (1)
Zone Elect: 11.50
#175 Girls U 10 Long Jump ND 3.62m (3) *
#227 Girls U 10 Shot Put (2.0 Kg) ND 7.29m (1) *

71 Benjamin Lawler - Male - Age: 9 - Comp#: 85

#8 Boys U 9 70 Metre Run NT 14.27 (9)
#16 Boys U 9 100 Metre Run NT 21.37 (12)
#36 Boys U 9 200 Metre Run NT 44.88 (13)
#72 Boys U 9 60 Metre Hurdles (45cm) NT 14.61 (11)

72 Jamie Lawler - Male - Age: 10 - Comp#: 84

#56 Boys U 10 400 Metre Run NT 1:21.76 (10) 1:29.37 (7)
#74 Boys U 10 60 Metre Hurdles (60cm) NT 13.05 (8) 13.38 (8)
#102 Boys U 10 800 Metre Run NT 2:56.61 (5)
#116 Boys U 10 1500 Metre Run NT 6:09.40 (6)

73 Mark Lawler - Male - Age: 12 - Comp#: 83

#60 Boys U 12 400 Metre Run NT 1:15.37 (5) 1:15.37 (5)
#106 Boys U 12 800 Metre Run NT 2:53.39 (5)
#120 Boys U 12 1500 Metre Run NT 5:37.00 (4)
#212 Boys U 12 Discus (750 Gm) ND 18.01m (7) *

74 Emily Markovski - Female - Age: 10 - Comp#: 225

#9 Girls U 10 70 Metre Run NT 11.68 (11)
#37 Girls U 10 200 Metre Run NT 34.77 (7) 34.19 (8)
#55 Girls U 10 400 Metre Run NT 1:22.96 (5) 1:24.45 (6)
#155 Girls U 10 High Jump (S/H 0.90m) NH 1.00m (8) *

75 Luke Marshal - Male - Age: 10 - Comp#: 328

#10 Boys U 10 70 Metre Run NT 10.73 (3) 10.65 (5)
#38 Boys U 10 200 Metre Run NT 34.72 (11)
#74 Boys U 10 60 Metre Hurdles (60cm) NT 12.05 (3) 12.17 (4)
#176 Boys U 10 Long Jump ND 3.48m (10) *

76 Andrea Marshall - Female - Age: 8 - Comp#: 329

#5 Girls U 8 70 Metre Run NT 12.24 (1) 11.86 (2)
#13 Girls U 8 100 Metre Run NT 17.18 (3) 17.18 (3)
#69 Girls U 8 60 Metre Hurdles (45cm) NT 13.03 (3) 12.75 (3)
#171 Girls U 8 Long Jump ND 2.80m (6) *

77 Daniel Mauro - Male - Age: 13 - Comp#: 295

#24 Boys U 13 100 Metre Run NT 15.30 (6) 15.59 (7)
#80 Boys U 13 80 Metre Hurdles (76cm) NT 17.74 (6) 17.74 (6)
#108 Boys U 13 800 Metre Run NT 2:56.23 (9)
#122 Boys U 13 1500 Metre Run NT 5:46.41 (4)
#162 Boys U 13 High Jump (S/H 1.20m) NH 1.25m (9) *
#244 Boys U 13 Javelin (600 Gm) ND 9.99m (10) *

78 Rachel Mauro - Female - Age: 11 - Comp#: 296

#57 Girls U 11 400 Metre Run NT 1:14.40 (3) 1:15.68 (2)
#103 Girls U 11 800 Metre Run NT 2:57.07 (4)
#157 Girls U 11 High Jump (S/H 1.00m) NH 1.15m (4) *
#177 Girls U 11 Long Jump ND 3.27m (10) *

79 Ronan Mauro - Male - Age: 9 - Comp#: 297

#36 Boys U 9 200 Metre Run NT 37.15 (11)
#54 Boys U 9 400 Metre Run NT 1:22.62 (7) 1:27.95 (7)
#100 Boys U 9 800 Metre Run NT 3:18.64 (7)
#174 Boys U 9 Long Jump ND 2.71m (12) *

80 Rohan McWhinney - Male - Age: 13 - Comp#: 17
 #24 Boys U 13 100 Metre Run NT 14.04 (4) 14.12 (2)
 #44 Boys U 13 200 Metre Run NT 28.69 (2) 28.69 (2)
 #80 Boys U 13 80 Metre Hurdles (76cm) NT 17.75 (7) 17.75 (7)
 #162 Boys U 13 High Jump (S/H 1.20m) NH 1.30m (8) *
 #182 Boys U 13 Long Jump ND 3.72m (9) *
81 Mia Mitchell - Female - Age: 10 - Comp#: 221
 #115 Girls U 10 1500 Metre Run NT 7:00.20 (9)
82 Thomas Murphy - Male - Age: 8 - Comp#: 19
 #34 Boys U 8 200 Metre Run NT 39.16 (12)
 #70 Boys U 8 60 Metre Hurdles (45cm) NT 13.75 (12)
 #172 Boys U 8 Long Jump ND 2.49m (15) *
 #224 Boys U 8 Shot Put (1.5 Kg) ND 4.12m (8) *
83 Caitlin Nadge - Female - Age: 9 - Comp#: 49
 #53 Girls U 9 400 Metre Run NT 1:22.79 (11)
 #99 Girls U 9 800 Metre Run NT 3:29.78 (8)
 #153 Girls U 9 High Jump (S/H 0.80m) NH 0.85m (11) *
 #173 Girls U 9 Long Jump ND 2.80m (8) *
84 Iavor Nikolaev - Male - Age: 12 - Comp#: 318
 #60 Boys U 12 400 Metre Run NT 1:11.93 (3) 1:11.93 (3)
 #106 Boys U 12 800 Metre Run NT 2:48.31 (4)
 #120 Boys U 12 1500 Metre Run NT 5:34.20 (3)
 #242 Boys U 12 Javelin (400 Gm) ND 15.29m (5) *
85 Iva Nikolaev - Female - Age: 13 - Comp#: 317
 #79 Girls U 13 80 Metre Hurdles (76cm) NT DNS
 #107 Girls U 13 800 Metre Run NT DNS
 #121 Girls U 13 1500 Metre Run NT 6:35.86 (7)
 #181 Girls U 13 Long Jump ND 3.18m (11) *
86 Lewis Noppen - Male - Age: 8 - Comp#: 44
 #6 Boys U 8 70 Metre Run NT 12.86 (11)
 #70 Boys U 8 60 Metre Hurdles (45cm) NT 13.56 (10)
 #172 Boys U 8 Long Jump ND 2.63m (14) *
 #204 Boys U 8 Discus (500 Gm) ND FOUL
87 Sidney Noppen - Male - Age: 11 - Comp#: 45
 #20 Boys U 11 100 Metre Run NT 13.78 (1) 13.89 (1)
 Zone Elect: 13.80
 #40 Boys U 11 200 Metre Run NT 29.09 (1) 28.10 (1)
 Zone Elect: 30.00
 #178 Boys U 11 Long Jump ND 4.23m (1) *
 #190 Boys U 11 Triple Jump ND 9.32m (1) *
89 Zoe Pattey - Female - Age: 15 - Comp#: 6
 #27 Girls U 15 100 Metre Run NT 13.55 (1) 13.55 (1)
 #47 Girls U 15 200 Metre Run NT 27.48 (2) 27.48 (2)
 #65 Girls U 15 400 Metre Run NT DNS
90 Jordan Pejovski - Male - Age: 10 - Comp#: 52
 #56 Boys U 10 400 Metre Run NT 1:22.00 (11)
 #176 Boys U 10 Long Jump ND 3.22m (16) *
 #208 Boys U 10 Discus (500 Gm) ND 16.69m (7) *
 #228 Boys U 10 Shot Put (2.0 Kg) ND 5.96m (7) *
91 Michael Pejovski - Male - Age: 14 - Comp#: 51
 #46 Boys U 14 200 Metre Run NT 30.44 (4) 30.44 (4)
 #184 Boys U 14 Long Jump ND 4.33m (6) *
 #196 Boys U 14 Triple Jump ND 9.14m (6) *
 #216 Boys U 14 Discus (1.0 Kg) ND 16.81m (5) *
 #236 Boys U 14 Shot Put (3.0 Kg) ND 9.65m (6) *
 #246 Boys U 14 Javelin (600 Gm) ND 24.88m (5) *
92 Emilia Petkovski - Female - Age: 9 - Comp#: 766
 #7 Girls U 9 70 Metre Run NT 11.69 (7) 11.77 (7)
 #15 Girls U 9 100 Metre Run NT 17.22 (8) 16.60 (7)
 #35 Girls U 9 200 Metre Run NT 35.62 (5) 34.97 (4)
 Zone Elect: 37.50
 #71 Girls U 9 60 Metre Hurdles (45cm) NT 13.18 (13)

93 Jacob Rios - Male - Age: 13 - Comp#: 15

#24 Boys U 13 100 Metre Run NT 15.40 (9)
#44 Boys U 13 200 Metre Run NT 30.89 (5) 30.89 (5)
#62 Boys U 13 400 Metre Run NT 1:10.26 (4) 1:10.26 (4)
#146 Boys U 13 1500 Metre Walk NT 11:46.52 (2)
#194 Boys U 13 Triple Jump ND 7.87m (8) *
#234 Boys U 13 Shot Put (3.0 Kg) ND 8.36m (6) *

94 Jamie-Lee Rios - Female - Age: 14 - Comp#: 14

#25 Girls U 14 100 Metre Run NT 15.55 (7) 15.55 (7)
#147 Girls U 14 1500 Metre Walk NT DQ
#215 Girls U 14 Discus (1.0 Kg) ND 20.96m (3) *
#235 Girls U 14 Shot Put (3.0 Kg) ND DQ
#245 Girls U 14 Javelin (400 Gm) ND 19.01m (4) *

95 Jared Rios - Male - Age: 11 - Comp#: 16

#142 Boys U 11 1100 Metre Walk NT 9:50.63 (4)
#178 Boys U 11 Long Jump ND 3.24m (11) *
#210 Boys U 11 Discus (750 Gm) ND 19.02m (8) *
#230 Boys U 11 Shot Put (2.0 Kg) ND 8.49m (5) *

96 Grace Robinson - Female - Age: 13 - Comp#: 12

#23 Girls U 13 100 Metre Run NT 15.32 (8) 15.22 (8)
#181 Girls U 13 Long Jump ND 3.64m (9) *
#193 Girls U 13 Triple Jump ND 8.41m (6) *
#213 Girls U 13 Discus (750 Gm) ND 38.21m (1) *
#233 Girls U 13 Shot Put (3.0 Kg) ND 14.21m (1) *
Zone Elect: 11.92m

#243 Girls U 13 Javelin (400 Gm) ND 21.53m (3) *

97 Macy Salami - Female - Age: 8 - Comp#: 252

#51 Girls U 8 400 Metre Run NT 1:38.82 (9)
#69 Girls U 8 60 Metre Hurdles (45cm) NT 14.32 (10)
#171 Girls U 8 Long Jump ND 2.42m (12) *

98 Alana Samrani - Female - Age: 13 - Comp#: 174

#23 Girls U 13 100 Metre Run NT 16.81 (11)
#181 Girls U 13 Long Jump ND 2.91m (13) *
#213 Girls U 13 Discus (750 Gm) ND 17.83m (6) *
#233 Girls U 13 Shot Put (3.0 Kg) ND 6.08m (6) *
#243 Girls U 13 Javelin (400 Gm) ND 17.42m (4) *

99 Jayden Samrani - Male - Age: 9 - Comp#: 177

#8 Boys U 9 70 Metre Run NT 12.07 (4) 11.88 (6)
#16 Boys U 9 100 Metre Run NT 17.01 (10)
#174 Boys U 9 Long Jump ND 3.07m (7) *
#206 Boys U 9 Discus (500 Gm) ND 15.05m (7) *

100 Jordan Samrani - Male - Age: 10 - Comp#: 176

#10 Boys U 10 70 Metre Run NT 10.66 (4) 10.33 (3)
#18 Boys U 10 100 Metre Run NT 14.74 (4) 14.49 (2)
#38 Boys U 10 200 Metre Run NT 30.35 (2) 29.73 (2)
Zone Elect: 32.50

#176 Boys U 10 Long Jump ND 4.23m (1) *

101 Lauren Samrani - Female - Age: 11 - Comp#: 175

#19 Girls U 11 100 Metre Run NT 14.90 (5) 15.32 (5)
#39 Girls U 11 200 Metre Run NT 31.79 (5) 31.14 (3)
#157 Girls U 11 High Jump (S/H 1.00m) NH 1.27m (1) *
#189 Girls U 11 Triple Jump ND 7.87m (5) *

102 Ronan Schocher - Male - Age: 8 - Comp#: 354

#6 Boys U 8 70 Metre Run NT 11.80 (4) 11.62 (5)
#14 Boys U 8 100 Metre Run NT 16.68 (4) 16.33 (4)
#34 Boys U 8 200 Metre Run NT 37.06 (9)
#172 Boys U 8 Long Jump ND 2.94m (9) *

103 Katie Schwarzel - Female - Age: 10 - Comp#: 127

#55 Girls U 10 400 Metre Run NT DNS
#115 Girls U 10 1500 Metre Run NT 6:50.90 (8)

104 Casey Stanley - Female - Age: 8 - Comp#: 352

#51 Girls U 8 400 Metre Run NT 1:27.28 (4) 1:27.15 (3)

#97 Girls U 8 700 Metre Run NT 2:50.31 (3)

#171 Girls U 8 Long Jump ND 2.67m (8) *

#203 Girls U 8 Discus (500 Gm) ND 8.74m (4) *

105 Claire Stegbauer - Female - Age: 7 - Comp#: 735

#1 Girls U 7 50 Metre Run NT 10.24 (4) 10.21 (5)

#3 Girls U 7 70 Metre Run NT 13.89 (4) 13.66 (6)

#11 Girls U 7 100 Metre Run NT 20.37 (8) 19.72 (8)

#169 Girls U 7 Long Jump ND DNS

106 Jade Stegbauer - Female - Age: 9 - Comp#: 736

#7 Girls U 9 70 Metre Run NT DNS

#15 Girls U 9 100 Metre Run NT 17.04 (7) 17.02 (8)

#71 Girls U 9 60 Metre Hurdles (45cm) NT 13.07 (12)

#173 Girls U 9 Long Jump ND DNS

107 Imogen Stewart - Female - Age: 7 - Comp#: 753

#1 Girls U 7 50 Metre Run NT 9.93 (5) 9.83 (3)

#31 Girls U 7 200 Metre Run NT 40.06 (5) 40.07 (5)

#95 Girls U 7 500 Metre Pack Start NT 1:59.90 (3)

#169 Girls U 7 Long Jump ND 2.66m (3) *

108 Jada Subasinghe - Female - Age: 9 - Comp#: 195

#35 Girls U 9 200 Metre Run NT 40.63 (10)

#53 Girls U 9 400 Metre Run NT 1:33.42 (12)

#71 Girls U 9 60 Metre Hurdles (45cm) NT 13.24 (14)

#153 Girls U 9 High Jump (S/H 0.80m) NH 0.85m (8) *

109 Tyra Subasinghe - Female - Age: 8 - Comp#: 196

#5 Girls U 8 70 Metre Run NT 13.81 (8) 13.62 (6)

#13 Girls U 8 100 Metre Run NT 19.59 (12)

#33 Girls U 8 200 Metre Run NT 42.43 (9)

#69 Girls U 8 60 Metre Hurdles (45cm) NT 14.59 (11)

110 Alexandra Tims - Female - Age: 10 - Comp#: 46

#73 Girls U 10 60 Metre Hurdles (60cm) NT 12.52 (2) 12.30 (2)

#101 Girls U 10 800 Metre Run NT 3:08.19 (5)

#175 Girls U 10 Long Jump ND 3.35m (8) *

#227 Girls U 10 Shot Put (2.0 Kg) ND 6.40m (3) *

111 Peta Toamotu - Male - Age: 13 - Comp#: 11

#214 Boys U 13 Discus (1.0 Kg) ND 42.01m (1) *

#234 Boys U 13 Shot Put (3.0 Kg) ND 15.36m (1) *

Zone Elect: 14.87m

#244 Boys U 13 Javelin (600 Gm) ND 36.40m (1) *

112 Kosta Tsiros - Male - Age: 13 - Comp#: 211

#108 Boys U 13 800 Metre Run NT 2:35.20 (3)

#182 Boys U 13 Long Jump ND 4.31m (3) *

#194 Boys U 13 Triple Jump ND 8.78m (3) *

113 Charlotte Tsu - Female - Age: 9 - Comp#: 315

#7 Girls U 9 70 Metre Run NT 12.13 (10)

#15 Girls U 9 100 Metre Run NT 17.41 (9)

#35 Girls U 9 200 Metre Run NT 36.19 (7) 35.00 (5)

Zone Elect: 37.50

#53 Girls U 9 400 Metre Run NT 1:22.11 (8) 1:23.98 (6)

114 Celia Tulau - Female - Age: 12 - Comp#: 79

#41 Girls U 12 200 Metre Run NT 30.05 (4) 29.79 (3)

#179 Girls U 12 Long Jump ND DNS

#231 Girls U 12 Shot Put (2.0 Kg) ND 7.94m (5) *

#241 Girls U 12 Javelin (400 Gm) ND 18.47m (2) *

115 Sidney Tulau - Female - Age: 15 - Comp#: 80

#91 Girls U 15 200 Metre Hurdles (76cm) NT DNS

#185 Girls U 15 Long Jump ND 4.00m (5) *

#197 Girls U 15 Triple Jump ND 8.71m (6) *

#217 Girls U 15 Discus (1.0 Kg) ND 14.61m (10) *

#247 Girls U 15 Javelin (500 Gm) ND DNS

116 Genevieve Websdale - Female - Age: 13 - Comp#: 144

#23 Girls U 13 100 Metre Run NT DNS

#43 Girls U 13 200 Metre Run NT DNS

#61 Girls U 13 400 Metre Run NT

#161 Girls U 13 High Jump (S/H 1.15m) NH DNS

#181 Girls U 13 Long Jump ND DNS

117 Chantal Yu - Female - Age: 11 - Comp#: 721

#75 Girls U 11 60 Metre Hurdles (60cm) NT 12.72 (10)

#157 Girls U 11 High Jump (S/H 1.00m) NH 1.00m (10) *

#177 Girls U 11 Long Jump ND 3.32m (9) *

#209 Girls U 11 Discus (750 Gm) ND 10.30m (9) *

Relay Seed Heats Final

1 St George

#275 Girls U 9-12 4x100 Metre Relay (Jnr) NT 1:06.32 (3)

Final: Rachel Mauro 11; Lauren Samrani 11; Sophia Cibeí 10; Emilia Petkovski 9

2 St George

#276 Boys U 9-12 4x100 Metre Relay (Jnr) NT 59.92 (2)

Final: Kai Kamikura 9; Jordan Samrani 10; Sidney Noppen 11; Sebastien Herbert 11

3 St George

#277 Girls U 13-17 4x100 Metre Relay (Snr) NT 1:00.07 (2)

Final: Melanie Ajaka 15; Grace Robinson 13; Jamie-Lee Rios 14; Chiara Christian 15

St George Total Individual Entries: 452 - Total Relays: 3



SOPHIA CIBEI AND EMILY MARKOSKI IN ACTION AT THE ZONE CHAMPIONSHIPS



U15G ZOE PATTY IN ACTION 200M AT REGION

ST GEORGE ATHLETES IN ACTION AT ZONE CHAMPIONSHIPS JANUARY 2012



U11B -SEBASTIAN HERBERT AND SIDNEY NOPPEN



U15B - DAVID HUGHES



U14B HIGH JUMP – OLIVER HERBERT



U10B 200M – JOSHUA ANNETT AND LUKE MARSHALL



U13G JAVELIN - GRACE ROBINSON



2012 ZONE JUNIOR BOYS RELAY, CHANGEOVER 3 - JORDAN SAMRANI AND SIDNEY NOPPEN



U11B 60M HURDLES - SEBASTIAN HERBERT



U13G TRIPLE JUMP - TULLY BROWN



U12B 100M – ZAC CAMERON



U14B TRIPLE JUMP – OLIVER HERBERT



STGLAC COMMITTEE AND ZONE HELPERS - MEAGHAN MOTTERSHEAD, CHRIS ROBINSON AND LISA RIOS

REGIONAL CHAMPIONSHIPS

REPORT

The 2011-12 Region 3 Championships were held at "The Crest" at Bankstown and it will be the final time St George compete under the current Region Structure. Some outstanding results were achieved by our athletes with 24 athletes qualifying to the State Championships. St George athletes also benefited qualifying to State by the fact that it was Region 3's turn for four qualifiers to State and the introduction by Little Athletics NSW inviting the next best six qualifiers to the State Championships after all Region events were completed. In total 28 St George athletes qualified to the State Championships. Many thanks is to go to Coaches Ethan and Lachlan Kass for completing all St George's Officiating duties to allow parents the opportunity to watch their children compete and to Coach Matt Ashton for making helping prepare athletes over the weekend for their events.

RESULTS FOR ST GEORGE ATHLETES – REGION 3

TRACK & FIELD CHAMPIONSHIPS 2011-2012 - 17/02/2012 to 19/02/2012

The Crest Athletics Track - Georges Hall

Meet Summary - All Events

Seed Heats Final

St George

1 Ben Alessio - Male - Age: 14 - Comp#: 33

#26 Boys U 14 100 Metre Run 12.79 DNS

#46 Boys U 14 200 Metre Run 26.17 26.48 (6) 26.07 (6) *

#64 Boys U 14 400 Metre Run 1:00.00 Scratched Scratched

#184 Boys U 14 Long Jump 4.61m DNS

#196 Boys U 14 Triple Jump 10.27m DNS

2 Nicholas Atkinson - Male - Age: 9 - Comp#: 362

#16 Boys U 9 100 Metre Run 15.31 15.79 (9)

#36 Boys U 9 200 Metre Run 32.01 32.21 (6) 31.62 (7) *

#72 Boys U 9 60 Metre Hurdles (45 cm) 10.81 10.70 (7) 10.53 (3) *

#174 Boys U 9 Long Jump 3.62m 3.52m (9)

3 Dyone Bettega - Female - Age: 14 - Comp#: 366

#215 Girls U 14 Discus (1.0 Kg) 29.89m 30.46m (1) *

#245 Girls U 14 Javelin (400 Gram) 30.09m 29.85m (1)

4 Nathan Bini - Male - Age: 12 - Comp#: 342

#106 Boys U 12 800 Metre Run 2:45.31 2:36.13 (6) *

#120 Boys U 12 1500 Metre Run 5:29.80 5:26.86 (8) *

5 Tully Brown - Female - Age: 13 - Comp#: 86

#161 Girls U 13 High Jump (S/H 1.20m) 1.33m 1.30m (9)

6 William Burgess - Male - Age: 17 - Comp#: 762

#94 Boys U 17 200 Metre Hurdles (76 cm) 27.93 27.70 (6) 27.70 (6) *

#188 Boys U 17 Long Jump 5.64m 5.58m (5)

#200 Boys U 17 Triple Jump 11.41m 11.80m (5) *

7 Luke Byrnes - Male - Age: 12 - Comp#: 35

#212 Boys U 12 Discus (750 Gram) 25.05m DNS

#232 Boys U 12 Shot Put (3.0 Kg) 9.70m 9.40m (4)

#242 Boys U 12 Javelin (400 Gram) 27.03m 27.68m (3) *

8 Zac Cameron - Male - Age: 12 - Comp#: 192

#22 Boys U 12 100 Metre Run 13.53 13.38 (4) 13.58 (4) *

9 Lauren Carey - Female - Age: 9 - Comp#: 90

#99 Girls U 9 800 Metre Run 3:10.10 3:12.60 (12)

10 Marcus Chan - Male - Age: 17 - Comp#: 8

#220 Boys U 17 Discus (1.5 Kg) 34.29m 35.95m (5) *

#240 Boys U 17 Shot Put (5.0 Kg) 9.88m DNS

#250 Boys U 17 Javelin (700 Gram) 36.40m FOUL

11 Chiara Christian - Female - Age: 15 - Comp#: 3

#65 Girls U 15 400 Metre Run 1:09.97 1:08.31 (8) 1:06.99 (6) *

#111 Girls U 15 800 Metre Run 2:47.31 2:51.59 (7)

12 Gianluca Cibeï - Male - Age: 13 - Comp#: 27

#194 Boys U 13 Triple Jump 8.78m 8.84m (7) *

13 Sophia Cibi - Female - Age: 10 - Comp#: 26
 #17 Girls U 10 100 Metre Run 15.20 15.24 (4) 15.51 (7)
 #37 Girls U 10 200 Metre Run 31.55 32.01 (4) 31.29 (3) *
 #101 Girls U 10 800 Metre Run 2:58.79 2:54.27 (7) *
 #175 Girls U 10 Long Jump 3.67m 3.66m (5)
14 Natalie Cingolani - Female - Age: 9 - Comp#: 36
 #205 Girls U 9 Discus (500 Gram) 11.93m 11.93m (13)
15 Jasmine Fisher - Female - Age: 14 - Comp#: 751
 #131 Girls U 14 3000 Metre Run 10:19.09 10:09.80 (1) *
 Region: 10:14.00
16 Savannah Fisher - Female - Age: 10 - Comp#: 21
 #101 Girls U 10 800 Metre Run 3:07.61 DNS
 #115 Girls U 10 1500 Metre Run 6:21.00 DNS
17 Talia Fisher - Female - Age: 12 - Comp#: 22
 #21 Girls U 12 100 Metre Run 14.29 DNS
 #179 Girls U 12 Long Jump 4.10m DNS
18 Aiden Gambrell - Male - Age: 8 - Comp#: 170
 #70 Boys U 8 60 Metre Hurdles (45 cm) 11.86 11.44 (2) 11.29 (2) *
19 Jacqueline Gordon - Female - Age: 14 - Comp#: 104
 #183 Girls U 14 Long Jump 3.37m DNS
20 Louisa Hamilton - Female - Age: 12 - Comp#: 30
 #179 Girls U 12 Long Jump 4.01m 3.99m (11)
 #211 Girls U 12 Discus (750 Gram) 18.96m 17.45m (12)
21 Kai Hammond - Male - Age: 9 - Comp#: 183
 #54 Boys U 9 400 Metre Run 1:13.57 1:12.25 (4) 1:11.79 (5) *
 #100 Boys U 9 800 Metre Run 2:51.16 2:44.92 (2) *
 Region Elect: 2:45.38
22 Oliver Herbert - Male - Age: 14 - Comp#: 23
 #164 Boys U 14 High Jump (S/H 1.30m) 1.45m 1.40m (7)
23 Sebastien Herbert - Male - Age: 11 - Comp#: 24
 #20 Boys U 11 100 Metre Run 14.26 14.33 (5) 14.68 (7)
 #76 Boys U 11 60 Metre Hurdles (60 cm) 10.31 10.40 (2) 10.00 (1) *
 #178 Boys U 11 Long Jump 4.11m 4.63m (2) *
 #190 Boys U 11 Triple Jump 8.99m 9.17m (2) *
24 Emilio Hidalgo - Male - Age: 10 - Comp#: 773
 #140 Boys U 10 1100 Metre Walk 8:30.54 8:10.78 (4) *
25 David Hughes - Male - Age: 15 - Comp#: 2
 #186 Boys U 15 Long Jump 3.82m 3.09m (15)
 #198 Boys U 15 Triple Jump 8.47m 8.74m (10) *
 #238 Boys U 15 Shot Put (4.0 Kg) 6.96m 7.05m (9) *
26 Ruth Hunnisett - Female - Age: 8 - Comp#: 375
 #33 Girls U 8 200 Metre Run 36.85 36.86 (10)
 #171 Girls U 8 Long Jump 2.88m 2.70m (13)
27 Dominique Johnston - Female - Age: 15 - Comp#: 747
 #83 Girls U 15 90 Metre Hurdles (76 cm) 17.34 17.34 (7)
 #237 Girls U 15 Shot Put (3.0 Kg) 8.77m 8.94m (5) *
28 Kai Kamikura - Male - Age: 9 - Comp#: 124
 #8 Boys U 9 70 Metre Run 11.21 11.18 (8) 11.40 (8) *
29 Ashley Karagorgovski - Female - Age: 13 - Comp#: 306
 #61 Girls U 13 400 Metre Run 1:12.84 DNS
 #121 Girls U 13 1500 Metre Run 5:53.87 5:52.53 (9) *
 #129 Girls U 13 3000 Metre Run 12:28.87 12:32.00 (7)
30 Danielle Katzos - Female - Age: 10 - Comp#: 200
 #9 Girls U 10 70 Metre Run 10.71 11.02 (4) 10.75 (4)
31 Reece Koskinas - Male - Age: 11 - Comp#: 737
 #58 Boys U 11 400 Metre Run 1:08.95 1:11.23 (11)
32 Carolina Kostas - Female - Age: 17 - Comp#: 1
 #67 Girls U 17 400 Metre Run 1:03.37 1:03.04 (5) 1:01.11 (4) *
 #113 Girls U 17 800 Metre Run 2:45.92 2:26.53 (3) *
 Region Elect: 2:30.58
33 Alana Kovacic - Female - Age: 11 - Comp#: 728
 #57 Girls U 11 400 Metre Run 1:17.79 DNS
34 Carla Kovacic - Female - Age: 11 - Comp#: 729
 #57 Girls U 11 400 Metre Run 1:18.36 DNS
35 Phoebe La Coste - Female - Age: 12 - Comp#: 48
 #77 Girls U 12 60 Metre Hurdles (68 cm) 10.88 10.66 (4) 10.27 (3) *
 #231 Girls U 12 Shot Put (2.0 Kg) 9.34m DNS
 #241 Girls U 12 Javelin (400 Gram) 17.02m 9.85m (12)
36 Tia La Coste - Female - Age: 10 - Comp#: 50
 #73 Girls U 10 60 Metre Hurdles (60 cm) 11.02 10.66 (1) 10.61 (1) *
 #175 Girls U 10 Long Jump 3.62m 3.89m (3) *
 #227 Girls U 10 Shot Put (2.0 Kg) 7.29m 7.19m (3)
37 Mark Lawler - Male - Age: 12 - Comp#: 83
 #120 Boys U 12 1500 Metre Run 5:37.00 6:00.66 (13)

38 Luke Marshal - Male - Age: 10 - Comp#: 328
#74 Boys U 10 60 Metre Hurdles (60 cm) 12.05 11.62 (6) 11.88 (8) *

39 Andrea Marshall - Female - Age: 8 - Comp#: 329
#5 Girls U 8 70 Metre Run 11.86 11.84 (3) 11.93 (5) *
#13 Girls U 8 100 Metre Run 17.18 17.45 (11)
#69 Girls U 8 60 Metre Hurdles (45 cm) 12.75 12.40 (5) 11.90 (1) *

40 Daniel Mauro - Male - Age: 13 - Comp#: 295
#122 Boys U 13 1500 Metre Run 5:46.41 5:42.46 (14) *

41 Rachel Mauro - Female - Age: 11 - Comp#: 296
#57 Girls U 11 400 Metre Run 1:14.40 1:14.76 (10)
#103 Girls U 11 800 Metre Run 2:57.07 2:47.03 (4) *
#157 Girls U 11 High Jump (S/H 1.05m) 1.15m 1.10m (15)

42 Rohan McWhinney - Male - Age: 13 - Comp#: 17
#24 Boys U 13 100 Metre Run 14.04 14.29 (9)
#44 Boys U 13 200 Metre Run 28.69 28.52 (11) *

43 Iavor Nikolaev - Male - Age: 12 - Comp#: 318
#60 Boys U 12 400 Metre Run 1:11.93 1:13.95 (11)
#106 Boys U 12 800 Metre Run 2:48.31 2:48.86 (9)
#120 Boys U 12 1500 Metre Run 5:34.20 5:34.41 (9)

44 Sidney Noppen - Male - Age: 11 - Comp#: 45
#20 Boys U 11 100 Metre Run 13.78 13.91 (1) 13.89 (1)
#40 Boys U 11 200 Metre Run 28.10 27.93 (1) 27.68 (1) *
Region Elect: 28.15
#178 Boys U 11 Long Jump 4.23m 4.56m (3) *
#190 Boys U 11 Triple Jump 9.32m 8.88m (4)

45 Zoe Pattey - Female - Age: 15 - Comp#: 6
#27 Girls U 15 100 Metre Run 13.55 13.94 (4) 13.20 (3) *
#47 Girls U 15 200 Metre Run 27.48 27.20 (4) 27.08 (4) *

46 Michael Pejovski - Male - Age: 14 - Comp#: 51
#46 Boys U 14 200 Metre Run 30.44 29.55 (11) *

47 Emilia Petkovski - Female - Age: 9 - Comp#: 766
#35 Girls U 9 200 Metre Run 34.97 DNS

48 Jacob Rios - Male - Age: 13 - Comp#: 15
#62 Boys U 13 400 Metre Run 1:10.26 1:11.73 (9)
#146 Boys U 13 1500 Metre Walk 11:46.52 10:08.98 (4) *

49 Jamie-Lee Rios - Female - Age: 14 - Comp#: 14
#215 Girls U 14 Discus (1.0 Kg) 20.96m 20.25m (6)
#245 Girls U 14 Javelin (400 Gram) 19.01m 20.65m (3) *

50 Jared Rios - Male - Age: 11 - Comp#: 16
#142 Boys U 11 1100 Metre Walk 7:36.91 DQ

51 Grace Robinson - Female - Age: 13 - Comp#: 12
#213 Girls U 13 Discus (750 Gram) 38.21m 46.46m (1) *
Region: 43.20m
#233 Girls U 13 Shot Put (3.0 Kg) 14.21m 13.52m (1)
Region: 13.10m
#243 Girls U 13 Javelin (400 Gram) 21.53m 24.28m (4) *

52 Alana Samrani - Female - Age: 13 - Comp#: 174
#243 Girls U 13 Javelin (400 Gram) 17.42m 18.67m (7) *

53 Jordan Samrani - Male - Age: 10 - Comp#: 176
#10 Boys U 10 70 Metre Run 10.33 DNS
#18 Boys U 10 100 Metre Run 14.49 15.38 (9)
#38 Boys U 10 200 Metre Run 29.73 DNS
#176 Boys U 10 Long Jump 4.23m 4.20m (2)

54 Lauren Samrani - Female - Age: 11 - Comp#: 175
#39 Girls U 11 200 Metre Run 31.14 30.96 (10) *
#157 Girls U 11 High Jump (S/H 1.05m) 1.27m 1.31m (3) *

55 Ronan Schocher - Male - Age: 8 - Comp#: 354
#14 Boys U 8 100 Metre Run 16.33 16.45 (9)

56 Casey Stanley - Female - Age: 8 - Comp#: 352
#51 Girls U 8 400 Metre Run 1:27.15 1:28.77 (12)
#97 Girls U 8 700 Metre Pack Start 2:50.31 2:47.00 (6) *
#203 Girls U 8 Discus (500 Gram) 8.74m 8.56m (16)

57 Alexandra Tims - Female - Age: 10 - Comp#: 46
#73 Girls U 10 60 Metre Hurdles (60 cm) 12.30 12.11 (6) 12.07 (5) *
#227 Girls U 10 Shot Put (2.0 Kg) 6.40m 6.96m (4) *

58 Pita Toamotu - Male - Age: 13 - Comp#: 11
#214 Boys U 13 Discus (1.0 Kg) 42.01m 42.84m (2) *
#234 Boys U 13 Shot Put (3.0 Kg) 15.36m 15.40m (1) *
#244 Boys U 13 Javelin (600 Gram) 36.40m 37.07m (2) *

59 Kosta Tsiros - Male - Age: 13 - Comp#: 211

#108 Boys U 13 800 Metre Run 2:35.20 DNS

#182 Boys U 13 Long Jump 4.31m DNS

#194 Boys U 13 Triple Jump 8.78m DNS

60 Celia Tulau - Female - Age: 12 - Comp#: 79

#41 Girls U 12 200 Metre Run 29.79 29.85 (10)

#241 Girls U 12 Javelin (400 Gram) 18.47m 17.98m (6)

Relay Seed Heats Final

1 St George

#276 Boys U 9-12 4x100 Metre Relay (Jnr) 59.92 Scratched

2 St George

#277 Girls U 13-17 4x100 Metre Relay (Snr) 1:00.07 Scratched

St George Total Individual Entries: 124 - Total Relays: 2



REGION U8G 70M - ANDREA MARSHALL



STATE CHAMPIONSHIPS U9 BOYS 60M HURDLES – NICHOLAS ATKINSON



REGION 1500M U11B WALK – JARED RIOS



REGION 1100M U10B WALK – EMILIO HIDALGO



REGION U8 GIRLS PACK START – CASEY STANLEY



REGION U11 BOYS 200M – SIDNEY NIPPEN



GRACE ROBINSON – REGION MEDAL RECIPIENT



ZONE CHAMPIONSHIPS – U9 BOYS NICHOLAS ATKINSON

STATE MULTI CHAMPIONSHIPS

REPORT

A fantastic weekend had by all the St George families that made the trip to Cessnock. The weather leading into the event had been wet, wet, wet and on the first day of competition it was a very overcast day with the possibility of more rain. The ground was extremely wet and muddy but due to the hard work of many Cessnock parents the ground was ready for competition. Sunday's weather was a complete contrast with sunny skies and warm weather. All our athletes competed to their best on the day and some fantastic placing's and personal best were achieved over the weekend. All those that attended have signalled their intent to compete in next year's Multi's at Orange.

GIRLS	AGE	PLACE	BOYS	AGE	PLACE
JAIMIE-LEE RIOS	U14	17th	JACOB RIOS	U13	27th
GRACE ROBINSON	U13	3rd	PITA TOAMOTU	U13	20th
TULLY BROWN	U13	19th	GIANLUCA CIBEI	U13	29th
SOPHIA CIBEI	U10	8th	MARK LAWLER	U12	22nd
ALEXANDRA TIMS	U10	9th	JARED RIOS	U11	29th
EMILY MARKOSKI	U10	19th	SIDNEY NOPPEN	U11	4th
			TALLIS BROWN	U11	38th
			JAIMIE LAWLER	U10	16th
			BEN LAWLER	U9	34th
			LEWIS NOPPEN	U8	22nd



STATE MULTIS U13B 80M HURDLES – PITA TOAMOTU AND GIANLUCA CIBEI

2012 STGLAC STATE MULTI'S – CESSNOCK



U13G 80M HURDLES – TULLY BROWN



U10G LONG JUMP – EMILY MARKOSKI

STATE CHAMPIONSHIPS

REPORT

Congratulations to all our athletes who competed at the State Championships. There were many excellent results and personal bests achieved over the weekend by our athletes. Congratulations to Grace Robinson who was presented with a McDonalds Scholarship of \$500 for her outstanding performances. Grace and Pita Toamotu were also informed of their selection in the U13 NSW team to compete at the national Little Athletic Championships in Hobart. A total of 13 medals were won by 8 of our athletes with many more reaching the finals of track and field. Once again our thanks go again to coaches Ethan and Lachlan Kass for completing all St George's Officials duties and to Matt Ashton for preparing our athletes for their events over the weekend.

GIRLS	AGE	RESULTS	BOYS	AGE	RESULTS
CAROLENA KOSTAS	U17	400M – DNS 800M – 5 TH 2.31.27 in HEAT	WILLIAM BURGESS	U17	TJ 16 TH 11.43M
ZOE PATTY	U15	100M 6 TH 13.00 200M 7 TH 27.29	MARCUS CHAN	U17	DISCUS 14 TH 33.77M
DOMINIQUE JOHNSON	U15	SP- DNS	BEN ALESSIO	U14	200M 5 TH in HEAT 26.05
JAIMIE-LEE RIOS	U14	JAVELIN 21 ST 17.53	JACOB RIOS	U13	Disq walk
DYONE BETTEGA	U14	DISCUS 7 TH 27.65 JAVELIN - DNS	PITA TOAMOTU	U13	SP 2 ND 15.58 DISCUS 6 TH 35.30M JAVELIN 2 ND 34.51
JASMINE FISHER	U14	1 ST 3000M 10.09.0	LUKE BYRNES	U12	SP 9 TH 9.36M JAVELIN 9 TH 26.34M
GRACE ROBINSON	U13	1 ST Shot 14.95 <i>STATE RECORD</i> DISCUS – 1 ST 47.28 JAVELIN 2 ND 31.77	ZAC CAMERON	U12	100M – 8 TH 13.32
ASHLEY KARAGORGOVSKI	U13	3000M - DNS	SIDNEY NOPPEN	U11	100M 3 RD 13.53 200M 2 ND 27.53 LJ- 3 RD 4.93 TJ- 8 TH 9.27M
PHOEBE LA COSTE	U12	60H – 6 TH in HEAT 11.35	SEBASTIAN HERBERT	U11	60H -4 TH 10.04 LJ -11 TH 4.31M TJ- 7 TH 9.42M
LAUREN SAMRANI	U12	HJ – 11 TH 1.30M	JORDAN SAMRANI	U10	LJ -3 RD 4.48M
RACHAEL MAURO	U12	800M 10 TH in HEAT 2.54.21	EMILIO HIDALGO	U10	1100 WALK -18 TH 8.26.45
TIA LA COSTE	U10	60H – 3 RD 10.58 LJ – 21 ST 3.56M SP – 20 TH 6.32M	NICHOLAS ATKINSON	U9	200 – 6 TH in HEAT 31.39 60H – 3 RD 10.36
SOPHIA CIBEI	U10	3 RD in HEAT 31.49 LJ – 5 TH 4.00M	KAI HAMMOND	U9	400M 7 TH 1.11.20 800M 3 RD 2.38.13
ALEXANDRA TIMS	U10	SP – 24 TH 5.05M			
DANIELLE KATZOS	U10	5 TH in HEAT 10.85			



ST GEORGE LAC STATE REPRESENTATIVES 2010 -2011



U13G GRACE ROBINSON, U13B PITA TOAMOTU, U17B WILLIAM BURGESS, U9B NICHOLAS ATKINSON, U9B KAI HAMMOND,

U12B LUKE BYRNES



U12G LAUREN SAMRANI, U12B ZAC CAMERON, U10B, JORDAN SAMRANI, U12B JACOB RIOS, U10G ALEXANDRA TIMS,

U14G JAIMIE-LEE RIOS, U12G RACHAEL MAURO



U14G DYONE BETTEGA, U10G TIA LACOSTE, U10G SOPHIA CIBEI, U10G DANIELLE KATZOS, U17B MARCUS CHAN,

U11B SIDNEY NOPPEN, U17G CAROLINA KOSTAS

ABSENT FOR PHOTO: U14G JASMINE FISHER, U12G PHOEBE LA COSTE, U15G DOMINIQUE JOHSON, U13G ASHLEY KARAGORGOVSKI,

U11B SEBASTIAN HERBERT, U10B EMILIO HIDALGO, U14B BEN ALESSIO, U15G ZOE PATTY

2012 NATIONAL

LITTLE ATHLETICS

CHAMPIONSHIPS HOBART



GRACE ROBINSON – U13 GIRLS

Shot Put 1st 14.53m Australian Best Performance

1st Discus 42.87

Javelin 6th 28.69

PITA TOAMOTU – U13 BOYS

Shot Put 2nd 15.50m

Discus 1st 45.71m

Javelin 10th 31.85

NOTES

ELECTION OF 2012 -2013 STGLAC COMMITTEE

President

Vice President

Secretary

Treasurer

Registrar

Recorder

Assistant Recorders

Officer for Championships

Officer for Officials

Publicity

Coaching

Canteen

BBQ

Equipment / Ground Maintenance

Uniforms

General Committee

NOTES