

ST GEORGE LITTLE ATHLETICS CENTRE INC

42ND ANNUAL GENERAL MEETING

SOUTH HURSTVILLE RSL CLUB

Tuesday 21st May 2013

AGENDA

1. Distribution of 42nd Annual Report including Minutes of 2012 AGM
2. Opening of Meeting
3. Apologies
4. Minutes of 41st Annual General Meeting held 29 May 2012
5. President's Opening Address
6. Presentation of 42nd Annual Report and Financial Statements
7. Award of Life Membership
8. Addresses by Invited Guests
9. Election of Officers for the 2013 / 2014 Season
10. Vote of Thanks to Returning Officer
11. General Business
12. Closing of Meeting

LIFE MEMBERS

Fred Scott 1975	Bev Scott 1976	Peter Williams 1976
Mabs Errington 1979	Gwen Taylor 1981	Ray Horton 1981
Bob Molloy 1982 <i>*deceased</i>	Byron Griffiths 1984	Paul Reeves 1986
Joe Watchorn 1986	Bonnie West 1986	Bill L'Strange 1987
Bill Cruickshank 1987	Ian Sheerin 1988	Margaret Zerzvadse 1988 <i>*deceased</i>
Lou Bulian 1990	Carol Berell 1991	Alex Oh 1991 <i>*deceased</i>
Lindsay Watson 1991	Barbara Lea 1991	Albert Ferraro 1992
Coral Ferraro 1992	Graham Hawkes 1996	Terry O'Neill 1999
Ben Tinker 1999	John Dodson 2000	Gil Baes 2001
Roger Malcolm 2001	Lynne Whatman 2001	Glenda McLoughin 2002
Peter Tuziak 2003 <i>*deceased</i>	Kim Delaney 2010	Ray Parkinson 2011



**STGEORGE LITTLE ATHLETICS CENTRE INC
MINUTES OF 41th ANNUAL GENERAL MEETING
TUESDAY 29 MAY 2012 SOUTH HURSTVILLE RSL CLUB**

1. OPENING OF MEETING

The President opened the meeting at 8.10 pm and welcomed everyone present.

2. ATTENDEES

Invited Guests: Heather Mitchell - LANSW and Port Hacking, Ray Loveridge - South Met Zone Co, Margaret Alexander - Port Hacking, Christine Butters - Revesby Workers, Michael Schnabel - Sutherland, Ray Russell

Life Members:- Kim Delaney, John Dodson, Albert Ferraro, Coral Ferraro, Roger Malcolm, Bev Scott, Fred Scott, Ian Sheerin, Gwen Taylor, Lynne Whatman, Peter Williams, Ben Tinker, Terry O'Neill, Graham Hawkes.

Parents and Supporters:- Elise Beck, Matthew Murdock, Winston Chan, Bill Clarke, Wendy Cook, Stephanie Grosvenor, Craig Hamilton, Toni Hughes, Meaghan Mottershead, Lisa Rios, Chris Robinson, Debbie Alessio, Jenny Borg, Matt Ashton, Kerry Lawler, Daniel Cibeil.

3. APOLOGIES

Albie Thomas - St George DAC, Mabs Errington - Life Member, Byron Griffiths - Life Member, Graham Hawkes - Life Member, Glenda McLoughlin - Life Member, Ray Horton - Life Member, Michelle Murphy.

4. MINUTES OF THE PREVIOUS ANNUAL GENERAL MEETING

Minutes of the 40th Annual General Meeting, held 30 May 2011 be accepted as a true and accurate record of that meeting.

Moved: Lynne Whatman Seconded: Winston Chan Carried

5. PRESIDENT'S OPENING ADDRESS

As per the Annual Report.

6. PRESENTATION OF 41th ANNUAL REPORT AND FINANCIAL STATEMENTS

The 2011/2012 Annual Report and Financial Statements be adopted as presented and endorsed.

7. ADDRESSES BY GUESTS AND OFFICIALS

Kim Delaney - Life Member

Was pleased with the leadership and effort the committee showed to run the track under the circumstances. Informed that the seniors had done well and the number of athletes was high and acknowledge that this was due from the parents/athletes groomed from Little Athletics level. Congratulated Pita Toamotu and Grace Robinson on their medals from the Australian Championships. Thanked the committee on behalf of St George DAC.

Christine Butters - Revesby Workers LAC

Acknowledge that this was her 2nd attendance to the St George LAC AGM and also noted the report.

Michael Schnabel – Sutherland LAC

Thanked the committee for invite to AGM. Looking forward to working with incoming committee.

Heather Mitchell - Competitions Director LANSW and Port Hacking LAC.

Passed on thanks for the invite to the AGM on behalf of the LANSW Board. Congratulated Grace and Pita on their selection in the State team. Recognized the achievements of the 28 St George LAC Athletes to make it to State Championships. Spoke of the new structure for the 2012/2013 season. With the new structure there is a need for more officials. Explained the placing/times for athletes to qualify from regionals to State Championships. Passed on best wishes for the incoming committee.

Margaret Alexander - Port Hacking LAC

Passed on thanks to committee for the invite to the St George LAC AGM. Congratulated Grace and Pita on their selection and results in the Nationals. Also congratulated all athletes that made it to State Championships. Thanked Lynne Whatman for being Zone Secretary and also thanked Lisa and Lynne for their friendship.

Ray Loveridge - South Met Zone Co

Noted and praised the precise report. Passed on his congratulations on a successful season given the ground conditions that the committee and athletes were dealt with. Acknowledge the support of St George being officials and explained the breakdown of Regions and Zones for 2012/2013 season. Wished the incoming committee a successful season.

Toni Hughes St George LAC General Committee

Thanked St George LAC for being a part of her family for the past seven years and is sad to be leaving.

Fred Scot - Life Member

Added his congratulations to Grace and Pita on their State Team Selection and results. Thanked Michelle and Toni for the slide show of the athletes. Congratulated the committee and athletes on a successful season.

9. ELECTION OF OFFICERS FOR THE 2012/2013 SEASON

Founding Life Member Fred Scott declared all positions vacant and conducted the Election of Officers. The following were elected:-

President	-	Lisa Rios
Vice President	-	Lynne Whatman
Secretary	-	Meaghan Mottershead
Treasurer	-	Winston Chan
Registrar	-	Jenny Borg
Officer for Championships	-	Daniel Cibe
Officer for Officials	-	<i>vacant</i>

Publicity	-	Michelle Murphy
Recorder	-	Belinda Markoski
Assistant Recorders	-	Elise Beck
		Mathew Murdoch
Equipment / Ground Maintenance	-	Chris Robinson
Coaching	-	Matthew Ashton
Canteen / BBQ	-	Stephanie Grosvenor
Uniforms	-	Wendy Cook

General Committee

Debbie Alessio, Paul Byrnes, Ray Horton, Kerry Lawler, Craig Hamilton, Con Pattey (web site)

10. VOTE OF THANKS TO RETURNING OFFICER

The President thanked the Returning Officer Fred Scot for again conducting the Election of Officers.

11. CLOSING OF MEETING

The President closed the meeting at 9:05 pm, thanking all for their attendance and inviting all present to partake of the supper being served.

Meaghan Mottershead
Secretary



ZONE CHAMPIONSHIPS U9B 2012/13

PRESIDENTS REPORT

As I reflect back on the 2012 – 2013 season of Little Athletics at St George, I think of the many wonderful moments, efforts and hours of voluntary work I have witnessed from our athletes, parents and fellow committee members that have helped contribute to a successful season.

For the first time in a number of years, all positions on the Committee were filled shortly after the commencement of the season. The Committee also initiated a free gift of a Centre refillable water bottle on our registration nights to registering athletes. This helped contribute an increase in the number of families who made use of these nights to pick up their registration packs and ensure that the first few weeks of competition were less congested with families waiting to be processed for registration and purchase uniforms. At least 90% of online registrations before the end of August took up the offer of the free gift before the first night of competition. And after spending last season off the main oval, our track was back on the main oval after significant work was undertaken last season on drainage and the grass surface. It was touch and go whether we would get back on there for the start of the season, but Hurstville Council ensured that it was ready to go for the first night of competition.

At St George Little Athletics Centre, registrations were up by around fifty athletes this season and this of course would have been helped by 2012 being an Olympic year. Our Centre continues to be well represented by athletes at Dragon Derby, Zone, Region, State, Trans Tasman, State Multi's and the State Cross Country and Road Walks with some exceptional results by a number of our athletes at all these events. We also had a number of athletes break ground and Little Athletics NSW Championship event records throughout the season.

Athletic participation during Friday night competition saw a consistent number of athletes taking part. As seems to be the trend each year, we start out with huge numbers at the start of the season and drop off significantly after the New Year. The weather unfortunately had a bearing on the number of Friday night competitions being held with a total of 5 being lost due to wet weather, extreme heat, public holidays and an earlier Zone Championships.

I wish to congratulate all our athletes on their achievements throughout the 2012 – 2013 season. Whether those achievements were on a Friday night at Olds Park, Gala days or at Little Athletics NSW Championship competitions, all deserve special recognition. We have some extremely promising athletes at our Centre. One such athlete, Grace Robinson is currently ranked first in the U18 Girls Shot Put in Australia. This is an extraordinary feat, especially since she is only fourteen years old. We might possibly see her one day at a Commonwealth or Olympic Games.

To those parents and carers who provide encouragement to our athletes, show patience with those in their charge, help in the development and officiating of their athletic skills, and who understand that Little Athletics is above all a family event with Mums, Dads and Carers' involved in the running of our Centre, I offer my sincere thanks and appreciation. Our Committee continues to work on having all our parents willingly offering their time to assist at our Centre in many area's that help is always required.

There were a number of significant firsts for our Zone and Region. Our Zone was moved forward to the month of December. This slightly increased our Zone entries with the earlier date but many St George

parents commented that they would prefer the January date due to December being full of other family events in that month and coming not long after the State Relay Championships. Our Region also competed under the newly formed Region 8. This allowed a higher number of our athletes to qualify to the State Championships along with the qualification of the next best athletes in the State.

I also offer my congratulations to our Southern Metropolitan Zone Coordinator Ray Loveridge and his Zone and Region Committees for their part in helping make our Zone and Region Championships successful. My thanks as well to our St George parents, who assisted as Chiefs at these two carnivals.

Financially, we are still in a good position. I thank Katrina Hammond for undertaking the role of Treasurer this season. Registration fees, Canteen and BBQ continue to be the main fundraisers to help in the purchase of equipment, trophies and apparel for our Representative athletes.

We extend our warmest thanks to the following organisations and individuals for their support of St George Little Athletics Centre this season - Hurstville Council, especially Christine Irwin, South Hurstville RSL for use of their premises for monthly meetings and our Annual General Meeting, Brian Moro and the Team from Athletes Foot at Westfield Hurstville for their continued support, Bruce Elvy Meats, Officeworks - Carlton for stationary donations, David Carey for the many hours along with Chris Robinson with the surveying and marking of our track throughout the season and Regina Coeli Primary School for use of their School Hall for our Presentation night of awards.

To all the wonderful people who have served with me this season on the St George Little Athletics Committee, I offer you my sincere thanks and appreciation for the time, dedication and the professionalism you volunteer in your roles, to ensure that St George Little Athletics Centre continues to be a place for families to be involved in the Sport of Little Athletics. My thanks as always also goes to your families who allow you time to devote to your role.

Farewell to two families that have been with our Centre for a number of years and in doing so take some experience of administration with them. To Con Pattey and Winston Chan and their families, we thank you for your contribution to our Centre in the roles you have played on our Committee over the years.

I would like also to mention a special thank you to the following individuals who volunteer at St George Little A's without having children involved at our Centre. Lynne Whatman who volunteers many hours as our Centre Representative at Association, Zone and Region meetings and is also our Little Athletics NSW Association Official and Zone Secretary and with Ray Horton represents us at our fellow Centre Zone's AGM's. Ray continues to help out at our Centre after over 35 years and this year celebrated his 90th birthday. To Elise Beck and Matthew Murdoch for sorting and distributing stickers and certificates on Friday evenings, Wendy Cook for running our Uniform Shop and Matt Ashton for his role as Coach.

Farewell to our U15 and U17 athletes who leave us. I wish you continued success in your future athletic pursuits. I look forward to the return of all our other athletes and parents in the 2013 - 2014 season and hope that you will be rewarded with special moments as you watch your child continue to develop their athletic skills and fitness, make friends and have fun. Parents, please remember that your help is greatly needed and most appreciated many aspects of running our Centre.

To the 2013 – 2014 Committee, I wish you continued success for the ensuing year.

Finally I would like to again thank my husband Fernando and children Jaimie-Lee, Jacob and Jared, for their continued support over the past twelve months for allowing me the time to devote to take on a role from which I gain great satisfaction and enjoyment.

LISA RIOS

ST GEORGE LITTLE ATHLETICS CENTRE – PRESIDENT

2012-13



THE RIOS FAMILY

TREASURERS REPORT

It is with pleasure that I present the financial statements of the St George Little Athletics Centre for the 2012/2013 season.

The year was finished with a profit of around \$6,000, the centre closes the financial period with a financial base which indicates assets, both cash based and in uniform stock (estimate) of nearly \$65,000. This figure does not include the centre's equipment asset base, nor future cash injection.

Income is derived through three main sources, Registrations, Canteen and BBQ. Uniforms remain an area of our Centre's operation which is designed to break even and not to profit from our member's purchases.

Registrations for this year are up by around \$3,000.

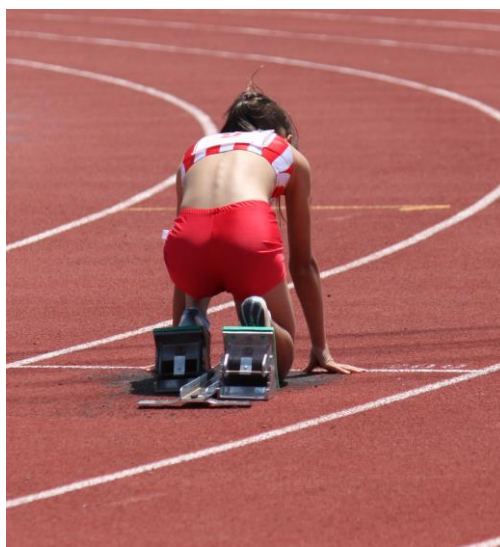
Canteen and BBQ are down this year by just under \$6,000. Things that may have contributed to this result include five Friday competition evenings washed out, twice losing a freezer full of meat due to power outages at the Olds Park and as the Zone Championships were held in December there was no trading for that month.

The Centre remains financial and positioned to continue to increase and improve the facilities and opportunities offered to our members.

This is my first year as the Treasure and I would like to thank everyone who has assisted me with all my questions.

KATRINA HAMMOND

STGLAC – TREASURER 2012-2013



STGLAC AT 2012/13 ZONE CHAMPIONSHIPS

St. George Little Athletics Centre Inc.
Statement of Income and Expenditure
For the Year Ended March 31, 2013

Income	2012/2013	2011/12
	<u>Actual</u>	<u>Actual</u>
	\$	\$
Registration	31,343.02	28,297
Canteen	11,171.87	6,273
BBQ	2,763.60	13,476
Sponsors, Donations and Miscellaneous Income	150.00	200
Uniforms	13,258.40	9,924
Interest	607.61	0
Other (including competitions)		3,533
	59,295	61,703
Expenditure		
Registration Fees and Resignations	8,738.85	7,970
Canteen	3,268.25	2,408
BBQ	8,562.42	7,192
Float	350.00	
Uniforms Purchases	13,527.25	15,328
Annual General Meeting	870.00	1,079
Bank Charges	150.00	188
Electricity	-	0
Equipment	784.24	19,854
Ground Marking	1,241.62	260
Insurance	-	0
Park Fees	-	2,613
End of Season Presentation	400.00	379
Postage	6.00	50
Printing & Stationery	3,363.05	2,406
State Conference	636.00	684
Sundry Expenses incl. Course Fees and Advertising	1,046.26	2,319
Telephone	-	0
Competitions	3,179.50	1,388
Trophy	3,476.01	3,944
Advertising	615.00	
Course Fees	570.00	
Coaching	2,420.00	
	53,204	68,061
Surplus/(Deficit) for the Year	6,090	(6,358)

St. George Little Athletics Centre Inc.

Balance Sheet
For the Year Ended March 31, 2013

	2012/2013	2011/12
	<u>Actual</u>	<u>Actual</u>
Current Assets		
	\$	\$
St. George Bank - General Account	26,035	22,000
St. George Bank - Term Deposit	21,135	20,008
Perpetual Trustee - Term Deposit		(2,295)
Petty Cash	350	500
Inventory - Uniforms	12,000	12,135
Other Debtors		0
Total Current Assets	59,520	52,348
Total Assets	59,520	52,348
Current Liabilities		
Accruals	0	0
Total Current Liabilities	0	0
Equity	0	0
Opening Balance	58,978	65,336
Surplus/(Deficit)	6,090	(6,358)
Closing Balance	65,068	58,978
Total Liabilities and Equity	65,068	58,978

I report that I have examined the Books and Records of the St George Little Athletics Centre Inc. for the year ended March 31, 2010 and have received sufficient information as to enable me to form the opinion that the financial statements for the year ended 31 March, 2013 is in accordance with those records and fairly represents the activities for the year and the State of Affairs of the Centre at 31 March 2013.

REGISTRAR'S REPORT

This season we had 453 registered athletes which a little higher than last season.
The breakdown of athletes is as follows;

Age	Boys	Girls
U6	34	21
U7	36	22
U8	38	25
U9	28	20
U10	26	30
U11	29	34
U12	20	19
U13	17	13
U14	9	6
U15	8	9
U17	1	8
Total	246	207

TOTAL NUMBER OF REGISTERED ATHLETES: 453

We had a good return of older athletes in the U15 and U17 age groups this season with 17 athletes eligible for the draw of top 10 registration numbers, having been with our centre for 5 continuous years.

The majority of athletes registered before our season commenced at our registration nights in August, possibly due to the redemption of a free gift if they picked up their registration packs on these nights.

A huge THANK YOU to everyone, who helps on our registration nights. You do a fantastic job and we now have our registration process running really smoothly.

So once again thank you and see you at our next registration night on August 23rd 2013.

JENNY BORG
STGLAC REGISTRAR 2012/2013

RECORDERS REPORT

ST GEORGE RECORDS 2012/2013

<u>Age Group</u>	<u>Rego</u>	<u>Type</u>	<u>First Name</u>	<u>Surname</u>	<u>Event</u>	<u>New Record</u>	<u>Date</u>
17G	333	Ground	Carolena	Kostas	1500m	5.48-58	15/03/2013
17G	333	Ground	Carolena	Kostas	800m	2.41-13	15/03/2013
14B	11	Ground	Pita	Toamotu	Shot Put	16.53m	2/11/2012
14B	11	Ground	Pita	Toamotu	Shot Put	16.58m	8/03/2013
14G	12	Ground	Grace	Robinson	Shot Put	13.84m	19/10/2012
14G	12	Ground	Grace	Robinson	Shot Put	14.41m	2/11/2012
14G	12	Ground	Grace	Robinson	Shot Put	14.72m	4/01/2013
11B	375	Ground	Jordan	Samrani	Triple Jump	9.81m	15/03/2013

9G	212	Centre	Andrea	Marshall	100m(ET)	15.36	Zone	
17G	333	Centre	Carolena	Kostas	100m(ET)	13.46	Zone	
17G	333	Centre	Carolena	Kostas	200m(ET)	29.43	Zone	
14G	12	Centre	Grace	Robinson	Shot Put	14.98m	Zone	
14G	12	Centre	Grace	Robinson	Javelin	31.90m	Zone	**new weights**
12B	44	Centre	Sidney	Noppen	100m(ET)	12.76	Zone	
14B	11	Centre	Pita	Toamotu	Shot Put	16.95m	Zone	

9G	212	Centre	Andrea	Marshall	70m(ET)	10.90	Region	
17G	333	Centre	Carolena	Kostas	800m	2.22.83	Region	
14G	12	Centre	Grace	Robinson	Shot Put	15.51m	Region	
14G	12	Centre	Grace	Robinson	Discus	41.98m	Region	
14G	12	Centre	Grace	Robinson	Javelin	35.64m	Region	**new weights**
14B	11	Centre	Pita	Toamotu	Shot Put	18.08m	Region	
14B	11	Centre	Pita	Toamotu	Javelin	41.74m	Region	**new weights**

9G	212	Centre	Andrea	Marshall	70m(ET)	10.77	State
17G	333	Centre	Carolena	Kostas	400m	1.00.58	State
17G	333	Centre	Carolena	Kostas	800m	2.20.84	State
9G	212	Centre	Andrea	Marshall	60mH (ET)	10.78	State
14G	12	Centre	Grace	Robinson	Shot Put	15.94m	State

BELINDA MARKOVSKI
STGLAC RECORDER 2012-13

CHAMPIONSHIPS OFFICER

REPORT

Another great season of participation and results by St George little athletes at the Little Athletics NSW Championship events. This year the NSW State Relay Champs and the Zone Champs were both held before Christmas for the first time. This meant we all needed to hit the ground running early in the season and get our teams and athlete entries organised quickly. It looks like this will now be the pattern of events so we will be ready for next season!

The weather this year wasn't as hot as previous years during the various championships, however severe wind during the Zone Champs saw a number of the tents at the Port Hacking Athletics Track blow away and the postponement of the Sunday Javelin events till January.

Otherwise, all competitions went fairly smoothly.

Thanks to all parents for their patience and support in attending to their parent duties during the Championship competitions. Without your involvement and commitment to helping out, Championships participation by our athletes would not be possible.

At the Southern Metro Zone Championships 126 St George Athletes competed. The Zone Championships can be both exciting and a bit kaotic, especially for the younger age groups experiencing a proper athletic competition for the very first time

We had 75 Athletes qualify for the Regional Championships and 29 athletes make it through to the State Championships at Homebush, which was a wonderful effort.

Detailed results for all the Championships, including the Dragon Derby and NSW State Multi Event Competition follow.

Congratulations to all competitors for a great season.

DANIEL CIBEI
2012-13 CHAMPIONSHIPS OFFICER



U17 GIRLS AT THE 2012-13 PRESENTATION EVENING



STGLAC PRESIDENT LISA RIOS AWARDING STGLAC CHAMPIONSHIP OFFICER DANIEL CIBEI A "GOLD STAR" AT ZONE



**2012-13 REGION CHAMPIONSHIPS
L-R: U11 GIRLS - DANIELLE KATZOS, SOPHIA CIBEI, CAITLIN ARANJO, EMILY MARKOVSKI**

GROUNDS & EQUIPMENT

OFFICER REPORT

Congratulation to all our athletes who competed at this year's State Championship.

Thank you to Lisa and Lyn for running the club for another year. It was good to get back on the main oval this year. The grass started out a bit rough but by the finish the track was good. It can only get better for next season.

A massive thank you to Dave Carey, for surveying and his continued support in the marking of the track throughout the season. It's a big job, without help the job can't be done.

More people to help out in setting up and packing away of the equipment would be much appreciated, other than the small group of the same faces we see.

It was good to see St George people putting up there hands to help at the Zone and Region carnivals. These carnivals certainly run smoothly with more help.

That's all from me, see you next season.

CHRIS ROBINSON

GROUNDS & EQUIPMENT OFFICER 2012-13



**AN EQUIPMENT & GROUND OFFICERS DREAM.....ONE DAY AN ATHLETICS TRACK
SIMILAR TO THIS MIGHT EXIST IN THE ST GEORGE AREA.....,**

CHAMPION GIRL

GRACE ROBINSON - U14'S



Grace had an incredible season, competing at the Dragon Derby, State Relays, State Multis, Zone, Region, and the recent State Championships in little athletics.

At the State Relays, competing up an age group she was part of the 1st place shot/discus St George U15 girls relay team.

At the State Multis, she was in contention for a top 3 finish until an injury sustained in the hurdles event, prevented her from competing in the final event of the competition.

Grace also set new ground records for St George in Shot Put and new St George Centre records in Shot, Discus and Javelin.

At Zone, she placed first in all throwing events as well as 7th in Long jump, the 100m and 200m events and set records for her age group in Shot.

At Region she again placed 1st in all throwing events and 6th in long jump and set new Region records in Shot, discus and javelin.

At State she placed 1st in shot, setting a new State record in that event and placed 2nd in discus and javelin.

Also worth noting is that she is the current number one ranked athlete in Australia in the U18 year age group for shot put and due to her age of 14 prevented her from being selected to compete at the World Junior Championships.

Not only has Grace achieved remarkable results, she is also extremely modest about her talents and success. She is a well-liked member amongst her peers who is also a helpful and well-mannered young lady and her behaviour on and off of the athletic track makes her an excellent ambassador and role model for the athletes at the St George Little Athletics Centre.

CHAMPION BOY &

MULTI AWARD

PITA TOAMOTU - U14'S



Our Champion boy athlete has also had a tremendous season competing at the Dragon Derby, State Multis, Zone, Region, and the recent State Championships in little athletics.

At the State Multi's, he placed 5th in his age group, a remarkable improvement from previous year's results at this event and was the highest placed St George athlete at these Championships..

Pita also set new ground records for St George in Shot and new St George Centre records in Shot, Discus and Javelin.

At Zone, he placed 1st in all throwing events and set new records in Shot and Discus.

At Region, he placed 1st in discus and javelin and second in shot.

At the recent State Championships he placed 1st in shot and discus and 3rd in Javelin.

Again, not only is our Champion boy modest about his results, he too is a helpful and polite young man who is well liked by fellow athletes and a great role model for the athletes at our Centre.

CHAMPION BOY

RUNNER UP

JORDAN SAMRANI – U11'S



Our Runner -Up Boy Champion had a super season in Little Athletics competing at Zone, Region and State.

This athlete set a new St George ground record in his age group for Triple Jump.

At Zone he placed 1st in the 200m and triple jump, 2nd in the 100m and 4th in Long Jump.

At Region he placed 2nd in triple jump, 3rd in the 100m and Long Jump and 4th in the 200m.

At State he placed 3rd in Long jump, 7th in the triple jump and 200m final.

CHAMPION GIRL

RUNNER UP

TIA LA COSTE - U11'S



Tia had a terrific season, competing at Zone, Region and State.

At Zone she placed 1st in hurdles, long jump and shot put and 3rd in triple jump.

At Region she placed first in hurdles, 2nd in Long jump and triple jump and 3rd in triple jump.

At the State Championships she placed 3rd in the 60m hurdles and 13th in Long jump and Triple Jump.

MIDDLE DISTANCE AWARD

CAROLENA KOSTAS – U17'S



Our Middle Distance award winner competed at the Zone, region and State Championships.

Carolena also set St George ground records for the 800 and 1500m events for her age group.

At Zone she placed 2nd in the 800m and 100m, 3rd in the 400m and 4th in the 200m.

At Region, 2nd in the 800m and 3rd in the 400m.

At State, she placed 4th in the 800m final and 6th in the 400m final.

She has been a member of our Centre for many years and this is her final year as an athlete at Little Athletics.

WALK AWARD

JADE KEARSEY - U15'S



Our Walk Award recipient has achieved remarkable results in this event, especially as our Centre is unable to have walks on our program of events on Friday evenings. Jade competed at the State Relays, Zone, Region and State.

At the State Relays she was part of the winning U15 Girls shot/Discus team. Just to prove her versatility she entered the walk for the first time and has finished the season, qualifying for the State Championships.

At Zone in walks she placed 1st in the 1500m walk as well as competing in the 800m and long Jump.

At Region she placed 3rd in the walk.

At the State Championships, she placed 10th in 1500m walk, a remarkable achievement as our Centre is unable to have walks on our program of events on Friday evenings.

FIELD AWARD

SEBASTIAN HERBERT - U12'S



SEBASTIAN HERBERT IN ACTION AT THE 2013 STATE MULTI'S

Sebastian has had a great season, competing at the State Multi Championships, Zone, Region and State and being selected for the Little Athletics NSW Trans Tasman Team.

At State Multi's, he finished overall in 9th place with his long jump earning him the 6th longest jump overall.

At the Trans Tasman trials he placed 6th in Long Jump and 5th in the Trans Tasman Challenge against Auckland.

At Zone and Region he placed first in triple Jump and at the State Championships he placed 7th in triple Jump.

JUNIOR BOY CHAMPION

KAI HAMMOND – U10'S



Kai had a fabulous season, competing at the 2012 Little Athletics Cross Country, Zone, Region and the State Championships.

At Cross country he placed 4th.

At Zone he placed 1st in the 400m setting a new zone record, and 2nd in the 800m breaking the existing zone record and 6th in the shot put.

At Region he placed first in the 400m, 2nd in the 800m breaking the existing 800m record and 8th in Shot put.

At State he placed 3rd in the 400m final and 7th in the 400m final.

JUNIOR GIRL CHAMPION

ANDREA MARSHALL – U9'S



Our Junior Girl Champion has had a great season, competing at State Relays, Zone, Region and the State Championships

At Zone, Andrea placed 1st in Long Jump, 2nd in hurdles and d 3rd in the 70 and 100m run.

At Region she placed 2nd in the 70m, 4th in the hurdles and 8th in the 100m and long jump.

At State she placed 8th in the final of the 60m Hurdles and had a placing of 4th in her heat of the 70m.

REBECCA ORR ENCOURAGEMENT

AWARD BOY

KAI KAMIKURA – U10'S



Kai has had a wonderful season in an age group that has many fine athletes. This athlete represented St George at the State Relays, Zone and Region.

At State Relays he was part of his age groups 4x100m team.

At Zone making all finals in his events, he placed 3rd in the 200m, 4th in the 70m, 6th in long jump and 7th in the 100m.

At Region, again making the finals for all four of his events, placing 6th in the 70m, 7th in the 100m and long jump and 8th in the 200m.

A fantastic achievement!

REBECCA ORR ENCOURAGEMENT

AWARD GIRL

LAUREN CAREY – U10'S



Lauren has had a wonderful season. Representing St George at the Little Athletics Cross Country Championships, State Relays, Zone and Region.

At Cross Country, she placed 22nd.

At the State relays she was part of the 3rd placed Junior Girls Middle Distance Relay team.

At Zone she placed 5th in the 1500m and 6th in the 800m.

At Region she placed 5th in the 800m and 1500m improving her times in each event.

We believe that she is a potential St George State representative

The Friday Night Encouragement Award is awarded to a Girl and Boy who have participated for the majority of the season on Friday Nights at Olds Park and participated to the best of their ability. They are athletes who are helpful, polite and display good sportsmanship to others.

BOYS FRIDAY NIGHT ENCOURAGEMENT AWARD

SZE WONG - U13'S



GIRLS FRIDAY NIGHT ENCOURAGEMENT AWARD

MACY SALAMI – U9'S



STGLAC 5 YEAR AWARDS



5 YEAR RECIPIENTS AT PRESENTATION NIGHT 2012-13

GIANNON BORG U10G	DANIELLE KATZOS U12G
CAITLIN ANGUS U17G	KAI HAMMOND U10B
LYDIA CONTI U17G	KAI KAMIKURA U10B
SOPHIA CIBEI U11G	LAUREN CAREY U10G
CAITLIN HAMMOND U12G	TIA LACOSTE U12G

STGLAC 10 YEAR

AWARD RECIPIENTS



10 YEAR AWARD RECIPIENTS

JADE KEARSEY U15G

AND

MICHAEL PEJOSKI U15B

PUBLICITY & SPONSORSHIP

REPORT

The roll out of newsletters came for another season keeping our families & athletes up to date with upcoming events, latest news & other information. I would also like to say a special thank you to Mr Con Pattey for getting our newsletter onto our website & also keeping our website up to date.

Special thanks and appreciation goes to Athletes Foot at Westfield Hurstville, in particular, Brian Moro, for his Athletes Foot stores continued association and support to our Centre. Thanks also to Officeworks at Carlton for various donations of stationary. Many pens are needed over the season recording all the results & then keeping those results safe in officeworks clipboards.

To our suppliers of food and beverages for the Canteen and BBQ - Bruce Elvey Meats, KB Farm Chickens, Eiffel Hot Bread as well as K&E Confectionary and Coca Cola we thank you in meeting our orders on time, throughout this past season to keep our hungry athletes energised.

Looking forward to another great season later this year!

MICHELLE MURPHY

STGLAC PUBLICITY OFFICER 2012 - 2013



BRADLEY MURPHY (U7B) SHOWING OFF HIS 3RD PLACE FOR 500M AT DRAGON DERBY

DRAGON DERBY REPORT

On November 11 2012 a number of St George athletes and their parents made the trip down to St Georges Basin to compete in the Dragon Derby Gala day. The sun was shining, and a scenic ground and relaxed atmosphere made the day a fantastic experience for all. All our athletes came home with lots of medals and ribbons and big smiles for their performances.

Some of our parents showed the kids that athletics is not just for the young ones with some fine performances in the Masters Pentathlon & Opens age group events, with our very own Stephanie Grosvenor putting down her BBQ tools for the day & winning the women's Masters Pentathlon age group! Well done & we hope the muscles made a speedy recovery!

Many thanks to Lynne Whatman who again on behalf of St George LAC, officiated as the Shot Put Judge on the day. We thank Lynne for her continued support and help as an Official for St George at carnivals. Congratulations to all our athletes and parents who took part. Results are posted below.

Athletes who competed at the 2012 Dragon Derby from St George were

JACOB RIOS U14 BOYS
JAIMIE-LEE RIOS U15 GIRLS
JARED RIOS U12 BOYS
GRACE ROBINSON U14 GIRLS
PITA TOAMOTU U14 BOYS
LUKE BYRNES U13 BOYS
CELIA TULAU - U13 GIRLS
THOMAS MURPHY U9 BOYS
BRADLEY MURPHY U7 BOYS
BLAKE GROSVENOR U15 BOYS
AMANDA PERASON U9 GIRLS
BEN PEARSON U7 BOYS
JUSTINIAN GULABOVSKI U6 BOYS
MARK LAWLER U13 BOYS
JAMIE LAWLER U11 BOYS
BEN LAWLER U10 BOYS
STEPHANIE GROSVENOR - WOMENS MASTERS PENTATHALON 1ST
KERRY LAWLER - WOMENS MASTERS PENTATHALON 2ND
MICHELLE MURPHY - WOMENS MASTERS PENTATHALON 3RD
PAUL BYRNES - MENS MASTERS PENTATHALON



MASTERS COMPETITORS AT THE DRAGON DERBY 2012/2013



2012/13 DRAGON DERBY-WINNERS ARE GRINNERS!

**FRONT ROW L-R: BRADLEY MURPHY U7B, BLAKE GROVESNOR U15B, THOMAS MURPHY U9B, JAMIE LAWLER U11B
BACK ROW L-R: JAIMIE-LEE RIOS U15G, GRACE ROBINSON U14G, JARED RIOS U12B, JACOB RIOS U14B, PITA TOAMOTU U14B**



JUSTINIAN GULABOVSKI U6B



OUR PRESIDENT SHOWING HOW IT'S DONE!



DRAGON DERBY 2012/13- WATCH OUT USAIN, THE NEXT GENERATION IS COMING!

TRANS TASMAN TRIALS REPORT

At the Trans Tasman Trials at Myimbarr Community Park, Flinders, three St George athletes took part in the competition on the day. Congratulations to Sebastian Herbert U12B, Jamie Lawler U11 Boys and Danielle Katzos U11 Girls.

All tried their very best on the day amongst some other fine athletes from around the State.

Congratulations to Sebastian Herbert who was selected to compete against the Auckland team in January 2013 at Campbelltown Athletics Stadium.

TRANS TASMAN CHALLENGE REPORT

Congratulations to Sebastian Herbert who represented the NSW Little athletics Trans Tasman Team at Campbelltown on January 13th 2013 against the athletes from Auckland. Sebastian was part of the winning NSW Team who won the Trans Tasman Challenge trophy.

Sebastian's results are as follows for the Trans Tasman Challenge;

Long Jump - 5th, 100m Final – 5th, 200m heat – 7th, 400m Heat -5th

STATE RELAY CHAMPIONSHIPS

REPORT

Congratulations to all our athletes who took part in last weekend's State Relay Championships at Homebush. Each of our athletes competed to the best of their ability for their team on the day. Congratulations to our U15 Girls Team of Jaimie-Lee Rios, Grace Robinson, Dyone Bettega and Jade Kearsey who won the Gold Medal in the U15 Girls Shot/ Discus Relay. Congratulations also to the Junior Girls Middle Distance Team of Sophia Cibeï, Lauren Carey, Imogen Stewart and who took the Bronze Medal in this event. A number of our Junior teams made the finals of the 4 x 100m as did the U15 Girls 4 x 100m but placed outside the medals. A big thank you to Lynne Whatmann who was our Little Athletics NSW Official on the day for our Centre and to our Coaches Ethan and Lachlan Kass who took care of the parent duties over the entire weekend for our Centre.

Report by Lisa Rios



STATE RELAYS U14 GIRLS GOLD MEDAL TEAM

L-R: GRACE ROBINSON, JAIMIE-LEE RIOS, DYONE BETTEGA, JADE KEARSEY



JUNIOR GIRLS BRONZE MEDAL TEAM.

L-R: IMOGEN STEWART, LAUREN CAREY, SOPHIA CIBEI

ZONE CHAMPIONSHIPS REPORT

Congratulations to all U7 to U17 St George athletes who took part at the Southern Metropolitan Zone Championships held in early December. Many thanks to all our parent helpers who assisted throughout the weekend as required. Our thanks also go to our parents who acted as Chief Officials at field events and on the starting panel over the Zone weekend. With the weather conditions on the Sunday being a huge contrast in hot then cold and extremely windy (resulting in Sundays Javelin being rescheduled on the 3rd February for the U13 Girls, U12 Boys, U14 Boys, U17 Boys, U15 Girl), many of our athletes managed some incredible results and Zone records being broken over the weekend. St George had 123 athletes compete over the weekend with 11 athletes breaking Zone records. Congratulations to those athletes who finished in the top six in their finals and have qualified to the Regional Championships in February. Some athletes may still qualify after the Inner City Zone holds their Zone Carnival in late January. These athletes who qualify on next best times and distances jumped or thrown will be notified in early February.

Report by Lisa Rios



U8 BOYS COMPETING AT ZONE 2012/13

SOUTHERN METROPOLITAN ZONE RESULTS – DECEMBER 2012

MEET SUMMARY – ST GEORGE

ALL EVENTS

Selsabeel Al Hariri - Female - Age: 7 - Comp#: 118 - St George		HEAT	FINAL	PLACE
#95 Girls U 7 500 Metre Pack Start	NT		2:12.09	(5)
#169 Girls U 7 Long Jump	ND		DNS	
#201 Girls U 7 Discus (350 Gm)	ND		3.96m	(7)
#221 Girls U 7 Shot Put (1.0 Kg)	ND		2.30m	(10)
Brody Duck - Boys - Age: 7 - Comp#: 213 - St George				
#4 Boys U 7 70 Metre Run	NT		15.11	(5)
#32 Boys U 7 200 Metre Run	NT		47.85	(5)
#170 Boys U 7 Long Jump	ND		2.37m	(9)
#202 Boys U 7 Discus (350 Gm)	ND		8.57m	(7)
Ashton Frazer - Boys - Age: 7 - Comp#: 343 - St George				
#12 Boys U 7 100 Metre Run	NT		18.49	(5)
#32 Boys U 7 200 Metre Run	NT		44.18	(3)
#96 Boys U 7 500 Metre Pack Start	NT		1:59.56	(1)
#170 Boys U 7 Long Jump	ND		2.82m	(2)
Amaal Harakeh - Female - Age: 7 - Comp#: 389 - St George				
#3 Girls U 7 70 Metre Run	NT	16.01	(8)	20.01 (8)
#31 Girls U 7 200 Metre Run	NT	51.07	(9)	
#169 Girls U 7 Long Jump	ND		2.05m	(9)
#221 Girls U 7 Shot Put (1.0 Kg)	ND		3.33m	(6)
Josiah Johnston - Boys - Age: 7 - Comp#: 299 - St George				
#2 Boys U 7 50 Metre Run	NT		9.39	(3)
#12 Boys U 7 100 Metre Run	NT		18.13	(3)
#170 Boys U 7 Long Jump	ND		2.61m	(5)
#222 Boys U 7 Shot Put (1.0 Kg)	ND		4.07m	(5)
Bradley Murphy - Boys - Age: 7 - Comp#: 20 - St George				
#202 Boys U 7 Discus (350 Gm)	ND		9.39m	(6)
Taylah Noppen - Female - Age: 7 - Comp#: 46 - St George				
#1 Girls U 7 50 Metre Run	NT		10.15	(6)
#3 Girls U 7 70 Metre Run	NT	15.79	(6)	16.76 (5)
#169 Girls U 7 Long Jump	ND		2.30m	(6)
#221 Girls U 7 Shot Put (1.0 Kg)	ND		3.29m	(7)
Katerina Stojkovski - Female - Age: 7 - Comp#: 101 - St George				
#11 Girls U 7 100 Metre Run	NT	18.15	(7)	18.90 (5)
#95 Girls U 7 500 Metre Pack Start	NT		2:05.82	(4)
Tayla Bell - Female - Age: 8 - Comp#: 367 - St George				
#33 Girls U 8 200 Metre Run	NT	DNS		
#51 Girls U 8 400 Metre Run	NT	1:35.00	(7)	1:39.18 (8)
#69 Girls U 8 60 Metre Hurdles (45cm)	NT		12.42	(2)
#203 Girls U 8 Discus (500 Gm)	ND		7.65m	(5)
Eloise Carey - Female - Age: 8 - Comp#: 66 - St George				
#13 Girls U 8 100 Metre Run	NT	17.81	(11)	
#51 Girls U 8 400 Metre Run	NT	1:35.00	(8)	1:33.35 (7)
#69 Girls U 8 60 Metre Hurdles (45cm)	NT		13.70	(8)
#97 Girls U 8 700 Metre Pack Start	NT		2:50.08	(4)
Madeleine Chubb - Female - Age: 8 - Comp#: 86 - St George				
#5 Girls U 8 70 Metre Run	NT	13.67	(7)	15.22 (7)
#33 Girls U 8 200 Metre Run	NT	42.87	(11)	
Alessia Cingolani - Female - Age: 8 - Comp#: 254 - St George				
#5 Girls U 8 70 Metre Run	NT	15.05	(12)	
#13 Girls U 8 100 Metre Run	NT	20.96	(13)	
#33 Girls U 8 200 Metre Run	NT	49.95	(13)	
Zade El Hussein - Boys - Age: 8 - Comp#: 156 - St George				
#6 Boys U 8 70 Metre Run	NT	DNS		
#98 Boys U 8 700 Metre Pack Start	NT		DNS	

Zane El Hussein - Boys - Age: 8 - Comp#: 522 - St George

#52 Boys U 8 400 Metre Run	NT	DNS	
#98 Boys U 8 700 Metre Pack Start	NT	DNS	

Jeremy Ison - Boys - Age: 8 - Comp#: 257 - St George

#52 Boys U 8 400 Metre Run	NT	1:20.00	(3)
#98 Boys U 8 700 Metre Pack Start	NT	2:53.88	(7)

Sora Kamikura - Boys - Age: 8 - Comp#: 260 - St George

#6 Boys U 8 70 Metre Run	NT	14.17	(6)	14.15	(5)
#14 Boys U 8 100 Metre Run	NT	17.96	(8)	18.54	(7)
#34 Boys U 8 200 Metre Run	NT			41.23	(3)
#172 Boys U 8 Long Jump	ND			3.05m	(3)

Alex Markoski - Boys - Age: 8 - Comp#: 25 - St George

#6 Boys U 8 70 Metre Run	NT	13.82	(7)	14.67	(6)
#34 Boys U 8 200 Metre Run	NT			42.31	(5)
#70 Boys U 8 60 Metre Hurdles (45cm)	NT			13.44	(4)
#172 Boys U 8 Long Jump	ND			2.58m	(10)

Jasob Nassar - Boys - Age: 8 - Comp#: 219 - St George

#172 Boys U 8 Long Jump	ND	2.99m			(5)
#224 Boys U 8 Shot Put (1.5 Kg)	ND	5.44m			(2)

Nathaniel Seeto - Boys - Age: 8 - Comp#: 380 - St George

#14 Boys U 8 100 Metre Run	NT	18.05	(4)	17.52	(6)
#98 Boys U 8 700 Metre Pack Start	NT			3:01.13	(9)
#172 Boys U 8 Long Jump	ND			2.57m	(11)
#204 Boys U 8 Discus (500 Gm)	ND			8.07m	(5)

Tyrone Souris - Boys - Age: 8 - Comp#: 384 - St George

#6 Boys U 8 70 Metre Run	NT	14.22	(8)	DNS	
#14 Boys U 8 100 Metre Run	NT	18.88	(6)	19.19	(9)
#52 Boys U 8 400 Metre Run	NT			1:20.00	(6)
#224 Boys U 8 Shot Put (1.5 Kg)	ND			4.57m	(5)

Imogen Stewart - Female - Age: 8 - Comp#: 363 - St George

#33 Girls U 8 200 Metre Run	NT	39.06	(2)	37.39	(1)
#51 Girls U 8 400 Metre Run	NT	1:19.93	(1)	1:20.11	(1)

Zone Record: 1:20.20

#97 Girls U 8 700 Metre Pack Start	NT			2:28.16	(1)
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Zone Record: 2:38.30

#171 Girls U 8 Long Jump	ND	3.04m			(4)
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Riley Wilson - Boys - Age: 8 - Comp#: 524 - St George

#14 Boys U 8 100 Metre Run	NT	17.11	(7)	17.46	(5)
#52 Boys U 8 400 Metre Run	NT			1:20.00	(2)
#70 Boys U 8 60 Metre Hurdles (45cm)	NT			13.28	(3)

Giana Borg - Female - Age: 9 - Comp#: 207 - St George

#7 Girls U 9 70 Metre Run	NT	13.25	(11)		
#15 Girls U 9 100 Metre Run	NT	17.75	(16)		
#53 Girls U 9 400 Metre Run	NT	1:33.80	(9)		
#205 Girls U 9 Discus (500 Gm)	ND			DNS	

Noah Fong - Boys - Age: 9 - Comp#: 308 - St George

#54 Boys U 9 400 Metre Run	NT	1:29.50	(13)		
#72 Boys U 9 60 Metre Hurdles (45cm)	NT	12.90	(13)		
#100 Boys U 9 800 Metre Run	NT			3:08.68	(8)
#154 Boys U 9 High Jump (S/H 0.85m)	NH			1.00m	(4)

Aiden Gambrell - Boys - Age: 9 - Comp#: 127 - St George

#36 Boys U 9 200 Metre Run	NT	35.30	(4)	39.31	(8)
#72 Boys U 9 60 Metre Hurdles (45cm)	NT	11.06	(2)	10.92	(5)
#174 Boys U 9 Long Jump	ND			3.46m	(5)
#206 Boys U 9 Discus (500 Gm)	ND			15.79m	(5)

Alexander Hamilton - Boys - Age: 9 - Comp#: 77 - St George

#36 Boys U 9 200 Metre Run	NT	41.67	(12)		
#54 Boys U 9 400 Metre Run	NT	1:27.34	(10)		
#206 Boys U 9 Discus (500 Gm)	ND			6.83m	(15)
#226 Boys U 9 Shot Put (2.0 Kg)	ND			3.38m	(9)

Ruth Hunnisett - Female - Age: 9 - Comp#: 388 - St George

#15 Girls U 9 100 Metre Run	NT	17.24	(13)		
#35 Girls U 9 200 Metre Run	NT	40.53	(7)	39.45	(6)
#71 Girls U 9 60 Metre Hurdles (45cm)	NT	16.07	(16)		
#173 Girls U 9 Long Jump	ND			3.33m	(4)

Andrea Marshall - Female - Age: 9 - Comp#: 212 - St George

#7 Girls U 9 70 Metre Run	NT	11.85	(2)	11.71	(3)
#15 Girls U 9 100 Metre Run	NT	15.36	(4)	15.64	(3)
#71 Girls U 9 60 Metre Hurdles (45cm)	NT	11.53	(4)	11.36	(2)
#173 Girls U 9 Long Jump	ND			3.50m	(1)

Thomas Murphy - Boys - Age: 9 - Comp#: 19 - St George

#138 Boys U 9 700 Metre Walk	NT			DNS	
#206 Boys U 9 Discus (500 Gm)	ND			8.34m	(14)

Lewis Noppen - Boys - Age: 9 - Comp#: 45 - St George

#8 Boys U 9 70 Metre Run	NT	12.10	(10)	DNS	
#16 Boys U 9 100 Metre Run	NT	16.47	(14)		
#36 Boys U 9 200 Metre Run	NT	40.12	(6)	35.48	(7)
#174 Boys U 9 Long Jump	ND			3.41m	(6)

Damian Puebla - Boys - Age: 9 - Comp#: 116 - St George

#8 Boys U 9 70 Metre Run	NT	11.66	(7)	12.73	(8)
#16 Boys U 9 100 Metre Run	NT	15.49	(8)	15.72	(8)
#54 Boys U 9 400 Metre Run	NT	1:34.98	(14)		
#174 Boys U 9 Long Jump	ND			FOUL	

Ronan Schocher - Boys - Age: 9 - Comp#: 138 - St George

#8 Boys U 9 70 Metre Run	NT	11.55	(3)	11.91	(2)
#16 Boys U 9 100 Metre Run	NT	15.16	(5)	15.11	(4)
#72 Boys U 9 60 Metre Hurdles (45cm)	NT	11.43	(6)	10.89	(4)
#154 Boys U 9 High Jump (S/H 0.85m)	NH			1.00m	(5)

Brohden Souris - Boys - Age: 9 - Comp#: 383 - St George

#100 Boys U 9 800 Metre Run	NT			3:06.05	(7)
#138 Boys U 9 700 Metre Walk	NT			DNS	
#226 Boys U 9 Shot Put (2.0 Kg)	ND			5.85m	(5)

Casey Stanley - Female - Age: 9 - Comp#: 351 - St George

#53 Girls U 9 400 Metre Run	NT	DNS			
#71 Girls U 9 60 Metre Hurdles (45cm)	NT	DNS			
#99 Girls U 9 800 Metre Run	NT			3:11.54	(1)
#205 Girls U 9 Discus (500 Gm)	ND			11.95m	(4)

David Trajkovski - Boys - Age: 9 - Comp#: 196 - St George

#8 Boys U 9 70 Metre Run	NT	11.26	(1)	11.92	(3)
#16 Boys U 9 100 Metre Run	NT	14.82	(4)	15.00	(3)
#36 Boys U 9 200 Metre Run	NT	36.82	(8)	32.91	(5)
#174 Boys U 9 Long Jump	ND			3.52m	(3)

Heather Zdebski - Female - Age: 9 - Comp#: 324 - St George

#7 Girls U 9 70 Metre Run	NT	12.12	(5)	11.88	(4)
#15 Girls U 9 100 Metre Run	NT	16.19	(5)	16.11	(7)
#71 Girls U 9 60 Metre Hurdles (45cm)	NT	12.53	(9)	DNS	

Nicholas Atkinson - Boys - Age: 10 - Comp#: 327 - St George

#18 Boys U 10 100 Metre Run	NT	14.65	(7)	14.76	(6)
#74 Boys U 10 60 Metre Hurdles (60cm)	NT	10.79	(3)	10.85	(2)
Zone Record: 11.40 Zone Elect: 11.40					
#156 Boys U 10 High Jump (S/H 0.95m)	NH			1.21m	(3)
#176 Boys U 10 Long Jump	ND			3.96m	(1)

Giannon Borg - Female - Age: 10 - Comp#: 18 - St George

#73 Girls U 10 60 Metre Hurdles (60cm)	NT	11.65	(3)	11.76	(2)
#155 Girls U 10 High Jump (S/H 0.90m)	NH			0.95m	(11)
#175 Girls U 10 Long Jump	ND			3.49m	(5)
#227 Girls U 10 Shot Put (2.0 Kg)	ND			6.62m	(2)

Alysia Camara - Female - Age: 10 - Comp#: 208 - St George

#9 Girls U 10 70 Metre Run	NT	16.37	(12)		
#175 Girls U 10 Long Jump	ND			1.63m	(14)
#207 Girls U 10 Discus (500 Gm)	ND			6.46m	(14)
#227 Girls U 10 Shot Put (2.0 Kg)	ND			DNS	

Lauren Carey - Female - Age: 10 - Comp#: 65 - St George

#101 Girls U 10 800 Metre Run	NT		3:03.44		(6)
#115 Girls U 10 1500 Metre Run	NT		5:55.97		(5)

Natalie Cingolani - Female - Age: 10 - Comp#: 253 - St George

#155 Girls U 10 High Jump (S/H 0.90m)	NH		1.00m		(7)
#175 Girls U 10 Long Jump	ND		3.05m		(11)
#207 Girls U 10 Discus (500 Gm)	ND		12.79m		(8)
#227 Girls U 10 Shot Put (2.0 Kg)	ND		5.19m		(8)

Rachel Fang - Female - Age: 10 - Comp#: 287 - St George

#73 Girls U 10 60 Metre Hurdles (60cm)	NT	13.57	(11)		
#175 Girls U 10 Long Jump	ND			3.06m	(10)
#207 Girls U 10 Discus (500 Gm)	ND			9.49m	(11)

Kai Hammond - Boys - Age: 10 - Comp#: 141 - St George

#56 Boys U 10 400 Metre Run	NT		1:09.76		(1)
Zone Record: 1:10.54					
#102 Boys U 10 800 Metre Run	NT		2:42.76		(2)
Zone Record: 2:43.00					
#228 Boys U 10 Shot Put (2.0 Kg)	ND		6.88m		(6)

Oliver Harris - Boys - Age: 10 - Comp#: 72 - St George

#18 Boys U 10 100 Metre Run	NT	14.80	(3)	14.34	(5)
#38 Boys U 10 200 Metre Run	NT	33.24	(4)	30.64	(2)
#116 Boys U 10 1500 Metre Run	NT			6:20.34	(6)
#208 Boys U 10 Discus (500 Gm)	ND			15.83m	(11)

Andrianna Jovanov - Female - Age: 10 - Comp#: 54 - St George

#9 Girls U 10 70 Metre Run	NT	13.18	(11)		
#73 Girls U 10 60 Metre Hurdles (60cm)	NT	13.41	(9)	13.72	(10)
#207 Girls U 10 Discus (500 Gm)	ND			13.40m	(7)
#227 Girls U 10 Shot Put (2.0 Kg)	ND			5.27m	(7)

Kai Kamikura - Boys - Age: 10 - Comp#: 259 - St George

#10 Boys U 10 70 Metre Run	NT			11.26	(4)
#18 Boys U 10 100 Metre Run	NT	14.99	(9)	14.79	(7)
#38 Boys U 10 200 Metre Run	NT	34.08	(3)	31.31	(3)
#176 Boys U 10 Long Jump	ND			3.65m	(6)

Ethan King - Boys - Age: 10 - Comp#: 368 - St George

#116 Boys U 10 1500 Metre Run	NT		DNS		
#156 Boys U 10 High Jump (S/H 0.95m)	NH		DNS		
#208 Boys U 10 Discus (500 Gm)	ND		DNS		
#228 Boys U 10 Shot Put (2.0 Kg)	ND		DNS		

Benjamin Lawler - Boys - Age: 10 - Comp#: 30 - St George

#74 Boys U 10 60 Metre Hurdles (60cm)	NT	16.65	(13)		
#102 Boys U 10 800 Metre Run	NT			3:48.36	(7)
#208 Boys U 10 Discus (500 Gm)	ND			11.75m	(13)
#228 Boys U 10 Shot Put (2.0 Kg)	ND			4.21m	(11)

Ronan Mauro - Boys - Age: 10 - Comp#: 39 - St George

#102 Boys U 10 800 Metre Run	NT		DNS		
#156 Boys U 10 High Jump (S/H 0.95m)	NH		1.00m		(14)
#176 Boys U 10 Long Jump	ND		3.21m		(11)

Ali Nabulsi - Boys - Age: 10 - Comp#: 529 - St George

#56 Boys U 10 400 Metre Run	NT			1:21.44	(5)
#74 Boys U 10 60 Metre Hurdles (60cm)	NT	DNS			
#102 Boys U 10 800 Metre Run	NT			DNS	

Jayden Samrani - Boys - Age: 10 - Comp#: 376 - St George					
#10 Boys U 10 70 Metre Run	NT			11.93	(6)
#38 Boys U 10 200 Metre Run	NT	35.88	(6)	33.90	(8)
#208 Boys U 10 Discus (500 Gm)	ND			21.67m	(4)
Jayden Seeto - Boys - Age: 10 - Comp#: 379 - St George					
#18 Boys U 10 100 Metre Run	NT	15.74	(12)		
#38 Boys U 10 200 Metre Run	NT	34.47	(8)	33.88	(7)
#74 Boys U 10 60 Metre Hurdles (60cm)	NT	12.40	(7)	11.80	(5)
#176 Boys U 10 Long Jump	ND			3.73m	(4)
Charlotte Tsui - Female - Age: 10 - Comp#: 49 - St George					
#37 Girls U 10 200 Metre Run	NT		34.16		(4)
#101 Girls U 10 800 Metre Run	NT		3:02.59		(4)
Joshua Annett - Boys - Age: 11 - Comp#: 285 - St George					
#40 Boys U 11 200 Metre Run	NT	32.45	(8)	DNS	
Caitlyn Aranjó - Female - Age: 11 - Comp#: 40 - St George					
#19 Girls U 11 100 Metre Run	NT	14.57	(1)	14.54	(3)
#157 Girls U 11 High Jump (S/H 1.00m)	NH			1.24m	(3)
#177 Girls U 11 Long Jump	ND			4.13m	(2)
Nicholas Borg - Boys - Age: 11 - Comp#: 206 - St George					
#58 Boys U 11 400 Metre Run	NT	1:28.05	(11)		
#76 Boys U 11 60 Metre Hurdles (60cm)	NT			13.02	(6)
#158 Boys U 11 High Jump (S/H 1.05m)	NH			FAIL	
#190 Boys U 11 Triple Jump	ND			7.91m	(8)
Alister Buchanan - Boys - Age: 11 - Comp#: 222 - St George					
#40 Boys U 11 200 Metre Run	NT	32.55	(9)		
#158 Boys U 11 High Jump (S/H 1.05m)	NH			1.25m	(6)
Alex Cameron - Boys - Age: 11 - Comp#: 143 - St George					
#20 Boys U 11 100 Metre Run	NT	14.55	(5)	14.51	(5)
#76 Boys U 11 60 Metre Hurdles (60cm)	NT			11.64	(3)
#178 Boys U 11 Long Jump	ND			3.76m	(12)
#230 Boys U 11 Shot Put (2.0 Kg)	ND			7.08m	(5)
Sophia Cibeí - Female - Age: 11 - Comp#: 37 - St George					
#19 Girls U 11 100 Metre Run	NT	14.72	(7)	14.53	(2)
#39 Girls U 11 200 Metre Run	NT	32.31	(7)	32.18	(5)
#57 Girls U 11 400 Metre Run	NT			1:17.13	(5)
#177 Girls U 11 Long Jump	ND			3.99m	(5)
#279 Girls U 11 400 Metre Run	NT			1:17.02	(5)
Caitlyn Gonzi - Female - Age: 11 - Comp#: 232 - St George					
#19 Girls U 11 100 Metre Run	NT	15.63	(10)	16.23	(10)
#57 Girls U 11 400 Metre Run	NT			1:18.67	(8)
#279 Girls U 11 400 Metre Run	NT			1:21.48	(7)
Danielle Katzos - Female - Age: 11 - Comp#: 215 - St George					
#19 Girls U 11 100 Metre Run	NT	14.57	(2)	14.38	(1)
#39 Girls U 11 200 Metre Run	NT	32.17	(1)	30.96	(1)
#75 Girls U 11 60 Metre Hurdles (60cm)	NT			11.80	(3)
#189 Girls U 11 Triple Jump	ND			7.45m	(10)
Tia La Coste - Female - Age: 11 - Comp#: 26 - St George					
#75 Girls U 11 60 Metre Hurdles (60cm)	NT		10.62		(1)
#177 Girls U 11 Long Jump	ND		4.21m		(1)
#189 Girls U 11 Triple Jump	ND		8.26m		(3)
#229 Girls U 11 Shot Put (2.0 Kg)	ND		9.20m		(1)
Jamie Lawler - Boys - Age: 11 - Comp#: 29 - St George					
#76 Boys U 11 60 Metre Hurdles (60cm)	NT		12.69		(5)
#104 Boys U 11 800 Metre Run	NT		2:51.98		(6)
#118 Boys U 11 1500 Metre Run	NT		5:50.21		(3)
#158 Boys U 11 High Jump (S/H 1.05m)	NH		FAIL		

Emily Markoski - Female - Age: 11 - Comp#: 24 - St George

#39 Girls U 11 200 Metre Run	NT	33.27	(2)	32.96	(6)
#75 Girls U 11 60 Metre Hurdles (60cm)	NT			12.14	(5)
#177 Girls U 11 Long Jump	ND			4.00m	(4)
#189 Girls U 11 Triple Jump	ND			8.15m	(4)

Luke Marshall - Boys - Age: 11 - Comp#: 211 - St George

#20 Boys U 11 100 Metre Run	NT	14.62	(7)	14.57	(6)
#76 Boys U 11 60 Metre Hurdles (60cm)	NT			11.42	(2)
#178 Boys U 11 Long Jump	ND			3.78m	(11)
#190 Boys U 11 Triple Jump	ND			8.31m	(7)

Jordan Pejowski - Boys - Age: 11 - Comp#: 50 - St George

#142 Boys U 11 1100 Metre Walk	NT		DQ		
#190 Boys U 11 Triple Jump	ND		7.67m		(9)
#210 Boys U 11 Discus (750 Gm)	ND		17.44m		(4)
#230 Boys U 11 Shot Put (2.0 Kg)	ND		6.87m		(6)

Jordan Samrani - Boys - Age: 11 - Comp#: 375 - St George

#20 Boys U 11 100 Metre Run	NT	13.75	(3)	13.73	(2)
Zone Record: 13.78					
#40 Boys U 11 200 Metre Run	NT	30.12	(1)	29.32	(1)
#178 Boys U 11 Long Jump	ND			4.44m	(4)
#190 Boys U 11 Triple Jump	ND			9.30m	(1)

Aston Souris - Boys - Age: 11 - Comp#: 382 - St George

#58 Boys U 11 400 Metre Run	NT	1:29.82	(12)		
#104 Boys U 11 800 Metre Run	NT			3:21.32	(11)
#118 Boys U 11 1500 Metre Run	NT			6:27.29	(6)
#142 Boys U 11 1100 Metre Walk	NT			DQ	

Angel Vrbanc - Female - Age: 11 - Comp#: 523 - St George

#57 Girls U 11 400 Metre Run	NT		1:27.63		(12)
#117 Girls U 11 1500 Metre Run	NT		DNS		
#157 Girls U 11 High Jump (S/H 1.00m)	NH		DNS		

Lachlan Zdebski - Boys - Age: 11 - Comp#: 323 - St George

#20 Boys U 11 100 Metre Run	NT	14.15	(2)	13.95	(3)
#40 Boys U 11 200 Metre Run	NT	33.34	(6)	32.31	(5)
#58 Boys U 11 400 Metre Run	NT	1:14.54	(8)	1:14.19	(5)
#178 Boys U 11 Long Jump	ND			4.31m	(6)

Tallis Brown - Boys - Age: 12 - Comp#: 32 - St George

#78 Boys U 12 60 Metre Hurdles (68cm)	NT		12.28		(7)
#160 Boys U 12 High Jump (S/H 1.15m)	NH		1.25m		(8)
#192 Boys U 12 Triple Jump	ND		8.40m		(8)
#242 Boys U 12 Javelin (400 Gm)	ND				

Caitlin Hammond - Female - Age: 12 - Comp#: 140 - St George

#105 Girls U 12 800 Metre Run	NT		3:08.36		(7)
#191 Girls U 12 Triple Jump	ND		7.93m		(8)

Luke Hunnisett - Boys - Age: 12 - Comp#: 387 - St George

#144 Boys U 12 1500 Metre Walk	NT				DQ
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Lucy Koh - Female - Age: 12 - Comp#: 98 - St George

#105 Girls U 12 800 Metre Run	NT		3:07.05		(6)
#119 Girls U 12 1500 Metre Run	NT		6:06.74		(6)
#179 Girls U 12 Long Jump	ND		3.50m		(10)
#191 Girls U 12 Triple Jump	ND		DNS		

Alana Kovacic - Female - Age: 12 - Comp#: 527 - St George

#77 Girls U 12 60 Metre Hurdles (68cm)	NT	12.19	(5)	12.14	(5)
#119 Girls U 12 1500 Metre Run	NT			DNF	
#191 Girls U 12 Triple Jump	ND			DNS	

Rosalind Malolo - Female - Age: 12 - Comp#: 517 - St George

#211 Girls U 12 Discus (750 Gm)	ND		18.10m		(5)
#231 Girls U 12 Shot Put (2.0 Kg)	ND		8.10m		(4)
#241 Girls U 12 Javelin (400 Gm)	ND		18.39m		(3)

Alyssa Montauti - Female - Age: 12 - Comp#: 276 - St George

#21 Girls U 12 100 Metre Run	NT	15.28	(9)	DNS	
#77 Girls U 12 60 Metre Hurdles (68cm)	NT	12.89	(9)	12.40	(7)
#179 Girls U 12 Long Jump	ND			3.63m	(9)

Sidney Noppen - Boys - Age: 12 - Comp#: 44 - St George

#22 Boys U 12 100 Metre Run	NT	12.93	(1)	12.76	(1)
Zone Record: 13.40					
#42 Boys U 12 200 Metre Run	NT	28.79	(1)	27.85	(1)
Zone Record: 27.96					
#180 Boys U 12 Long Jump	ND			4.91m	(1)
#192 Boys U 12 Triple Jump	ND			9.40m	(4)

Daniel Palasovski - Boys - Age: 12 - Comp#: 235 - St George

#42 Boys U 12 200 Metre Run	NT	31.16	(7)	30.81	(6)
#60 Boys U 12 400 Metre Run	NT			1:09.51	(2)
#78 Boys U 12 60 Metre Hurdles (68cm)	NT			21.51	(10)
#160 Boys U 12 High Jump (S/H 1.15m)	NH			1.20m	(11)

Jared Rios - Boys - Age: 12 - Comp#: 16 - St George

#144 Boys U 12 1500 Metre Walk	NT		11:43.95		(3)
#212 Boys U 12 Discus (750 Gm)	ND		16.17m		(8)
#232 Boys U 12 Shot Put (3.0 Kg)	ND		7.08m		(6)
#242 Boys U 12 Javelin (400 Gm)	ND				

Lauren Samrani - Female - Age: 12 - Comp#: 374 - St George

#159 Girls U 12 High Jump (S/H 1.10m)	NH		1.34m		(2)
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Kaylib Savage - Boys - Age: 12 - Comp#: 341 - St George

#22 Boys U 12 100 Metre Run	NT	14.64	(6)	14.65	(8)
#42 Boys U 12 200 Metre Run	NT	34.27	(11)		
#180 Boys U 12 Long Jump	ND			3.89m	(6)
#242 Boys U 12 Javelin (400 Gm)	ND				

Steven Schocher - Boys - Age: 12 - Comp#: 137 - St George

#22 Boys U 12 100 Metre Run	NT	14.59	(4)	14.40	(6)
#78 Boys U 12 60 Metre Hurdles (68cm)	NT			12.60	(9)
#180 Boys U 12 Long Jump	ND			4.02m	(5)
#242 Boys U 12 Javelin (400 Gm)	ND				

Christopher Trajkovski - Boys - Age: 12 - Comp#: 312 - St George

#22 Boys U 12 100 Metre Run	NT	14.34	(7)	14.24	(5)
#42 Boys U 12 200 Metre Run	NT	34.23	(10)		
#78 Boys U 12 60 Metre Hurdles (68cm)	NT			11.96	(6)
#180 Boys U 12 Long Jump	ND			3.89m	(6)

Chantall Yu - Female - Age: 12 - Comp#: 105 - St George

#41 Girls U 12 200 Metre Run	NT	33.69	(7)	DNS	
#77 Girls U 12 60 Metre Hurdles (68cm)	NT	12.28	(4)	11.85	(4)
#179 Girls U 12 Long Jump	ND			3.81m	(5)
#211 Girls U 12 Discus (750 Gm)	ND			14.20m	(7)

Nathan Bini - Boys - Age: 13 - Comp#: 525 - St George

#24 Boys U 13 100 Metre Run	NT	DNS			
#62 Boys U 13 400 Metre Run	NT	DNS			
#108 Boys U 13 800 Metre Run	NT			DNS	
#122 Boys U 13 1500 Metre Run	NT			5:17.14	(2)
#130 Boys U 13 3000 Metre Run	NT			11:14.20	(1)

Luke Byrnes - Boys - Age: 13 - Comp#: 35 - St George

#214 Boys U 13 Discus (1.0 Kg)	ND		25.88m		(3)
#234 Boys U 13 Shot Put (3.0 Kg)	ND		10.24m		(3)
#244 Boys U 13 Javelin (600 Gm)	ND		28.23m		(4)

Zachary Cameron - Boys - Age: 13 - Comp#: 142 - St George

#24 Boys U 13 100 Metre Run	NT	12.98	(1)	12.51	(1)
#44 Boys U 13 200 Metre Run	NT	28.95	(2)	26.84	(1)
#182 Boys U 13 Long Jump	ND			4.72m	(4)
#234 Boys U 13 Shot Put (3.0 Kg)	ND			9.79m	(4)

Chermay Chaves - Female - Age: 13 - Comp#: 88 - St George

#23 Girls U 13 100 Metre Run	NT	13.88	(8)	13.88	(6)
#43 Girls U 13 200 Metre Run	NT	30.41	(8)	30.95	(7)
#61 Girls U 13 400 Metre Run	NT	1:08.78	(2)	1:09.25	(4)
#107 Girls U 13 800 Metre Run	NT			2:55.92	(6)
#193 Girls U 13 Triple Jump	ND			8.12m	(7)
#233 Girls U 13 Shot Put (3.0 Kg)	ND			7.49m	(7)

Morgan Griffiths - Female - Age: 13 - Comp#: 58 - St George

#43 Girls U 13 200 Metre Run	NT	28.66	(4)	28.93	(4)
#61 Girls U 13 400 Metre Run	NT	1:03.10	(1)	1:04.26	(1)
Zone Record: 1:05.00					
#107 Girls U 13 800 Metre Run	NT			2:44.95	(2)

Louisa Hamilton - Female - Age: 13 - Comp#: 76 - St George

#23 Girls U 13 100 Metre Run	NT	14.18	(6)	14.05	(8)
#43 Girls U 13 200 Metre Run	NT	32.91	(13)		
#79 Girls U 13 80 Metre Hurdles (76cm)	NT			16.08	(5)
#87 Girls U 13 200 Metre Hurdles (68cm)	NT	33.03	(3)	32.07	(1)
#181 Girls U 13 Long Jump	ND			4.16m	(3)
#213 Girls U 13 Discus (750 Gm)	ND			18.89m	(7)

David Iliev - Boys - Age: 13 - Comp#: 151 - St George

#44 Boys U 13 200 Metre Run	NT	39.51	(13)		
#80 Boys U 13 80 Metre Hurdles (76cm)	NT			DNS	
#108 Boys U 13 800 Metre Run	NT			3:46.76	(7)
#162 Boys U 13 High Jump (S/H 1.20m)	NH			NH	
#182 Boys U 13 Long Jump	ND			3.25m	(17)

Angela Ilieva - Female - Age: 13 - Comp#: 152 - St George

#23 Girls U 13 100 Metre Run	NT	17.49	(14)		
#43 Girls U 13 200 Metre Run	NT	39.67	(17)		
#107 Girls U 13 800 Metre Run	NT			3:48.60	(12)

Timothy Ison - Boys - Age: 13 - Comp#: 256 - St George

#44 Boys U 13 200 Metre Run	NT	DNS			
#62 Boys U 13 400 Metre Run	NT	1:09.95	(7)	1:08.76	(4)

Natalya Jovanov - Female - Age: 13 - Comp#: 531 - St George

#145 Girls U 13 1500 Metre Walk	NT		13:19.91		(4)
#193 Girls U 13 Triple Jump	ND		FOUL		
#213 Girls U 13 Discus (750 Gm)	ND		21.76m		(4)
#233 Girls U 13 Shot Put (3.0 Kg)	ND		8.76m		(2)
#243 Girls U 13 Javelin (400 Gm)	ND				

Mark Lawler - Boys - Age: 13 - Comp#: 28 - St George

#24 Boys U 13 100 Metre Run	NT	14.29	(9)	14.27	(8)
#62 Boys U 13 400 Metre Run	NT	1:07.02	(4)	1:10.80	(5)
#108 Boys U 13 800 Metre Run	NT			2:43.44	(3)
#182 Boys U 13 Long Jump	ND			3.73m	(14)
#214 Boys U 13 Discus (1.0 Kg)	ND			19.21m	(5)
#244 Boys U 13 Javelin (600 Gm)	ND			24.61m	(6)

Iavor Nikolaev - Boys - Age: 13 - Comp#: 365 - St George

#62 Boys U 13 400 Metre Run	NT	1:13.32	(8)	1:16.15	(7)
#108 Boys U 13 800 Metre Run	NT			2:45.28	(4)
#122 Boys U 13 1500 Metre Run	NT			5:20.77	(3)
#130 Boys U 13 3000 Metre Run	NT			11:30.68	(2)

Sugam Bhandari - Boys - Age: 14 - Comp#: 515 - St George

#110 Boys U 14 800 Metre Run	NT		2:31.41		(3)
#184 Boys U 14 Long Jump	ND		DNS		

Tully Brown - Female - Age: 14 - Comp#: 31 - St George

#25 Girls U 14 100 Metre Run	NT		13.67		(5)
#45 Girls U 14 200 Metre Run	NT		29.88		(4)
#63 Girls U 14 400 Metre Run	NT		1:09.95		(4)
#81 Girls U 14 80 Metre Hurdles (76cm)	NT		15.73		(4)
#183 Girls U 14 Long Jump	ND		4.30m		(4)

Daniel Mauro - Boys - Age: 14 - Comp#: 36 - St George

#26 Boys U 14 100 Metre Run	NT	13.99	(6)
#46 Boys U 14 200 Metre Run	NT	32.70	(6)
#124 Boys U 14 1500 Metre Run	NT	5:35.05	(6)
#132 Boys U 14 3000 Metre Run	NT	12:26.74	(6)
#164 Boys U 14 High Jump (S/H 1.25m)	NH	1.30m	(6)
#184 Boys U 14 Long Jump	ND	4.39m	(5)

Jacob Rios - Boys - Age: 14 - Comp#: 15 - St George

#26 Boys U 14 100 Metre Run	NT	14.42	(7)
#148 Boys U 14 1500 Metre Walk	NT	9:52.81	(1)
Zone Record: 10:40.20			
#196 Boys U 14 Triple Jump	ND	9.06m	(5)
#216 Boys U 14 Discus (1.0 Kg)	ND	17.18m	(9)
#236 Boys U 14 Shot Put (3.0 Kg)	ND	8.85m	(7)

Grace Robinson - Female - Age: 14 - Comp#: 12 - St George

#25 Girls U 14 100 Metre Run	NT	14.15	(7)
#45 Girls U 14 200 Metre Run	NT	31.15	(7)
#183 Girls U 14 Long Jump	ND	3.95m	(7)
#215 Girls U 14 Discus (1.0 Kg)	ND	36.93m	(1)
#235 Girls U 14 Shot Put (3.0 Kg)	ND	14.98m	(1)

Zone Record: 13.16m

#245 Girls U 14 Javelin (400 Gm) ND 31.90m (1)

Alana Samrani - Female - Age: 14 - Comp#: 373 - St George

#245 Girls U 14 Javelin (400 Gm) ND DNS

Pita Toamotu - Boys - Age: 14 - Comp#: 11 - St George

#216 Boys U 14 Discus (1.0 Kg)	ND	50.57m	(1)
Zone Record: 50.02m			
#236 Boys U 14 Shot Put (3.0 Kg)	ND	16.95m	(1)
Zone Record: 15.67m			
#246 Boys U 14 Javelin (600 Gm)	ND		

Benjamin Alessio - Boys - Age: 15 - Comp#: 10 - St George

#28 Boys U 15 100 Metre Run		11.57	(2)
Zone Record: 11.60			
#48 Boys U 15 200 Metre Run	NT	26.02	(3)
#186 Boys U 15 Long Jump	ND	4.85m	(7)
#198 Boys U 15 Triple Jump	ND	10.16m	(4)

Jasmine Fisher - Female - Age: 15 - Comp#: 7 - St George

#125 Girls U 15 1500 Metre Run	NT	DNS	
#133 Girls U 15 3000 Metre Run	NT	11:43.91	(2)

Zone Record: 12:00.30 Zone Elect: 12:00.30

Jacqueline Gordon - Female - Age: 15 - Comp#: 56 - St George

#111 Girls U 15 800 Metre Run	NT	3:01.96	(6)
#185 Girls U 15 Long Jump	ND	3.75m	(4)
#247 Girls U 15 Javelin (500 Gm)	ND		

Blake Grosvenor - Boys - Age: 15 - Comp#: 2 - St George

#166 Boys U 15 High Jump (S/H 1.25m)	NH	1.50m	(6)
#248 Boys U 15 Javelin (700 Gm)	ND	31.51m	(5)

Daniel Ison - Boys - Age: 15 - Comp#: 255 - St George

#66 Boys U 15 400 Metre Run	NT	DNS	
#112 Boys U 15 800 Metre Run	NT	2:27.29	(1)
#126 Boys U 15 1500 Metre Run	NT	DNS	
#134 Boys U 15 3000 Metre Run	NT	11:34.49	(2)

Jade Kearsey - Female - Age: 15 - Comp#: 1 - St George

#111 Girls U 15 800 Metre Run	NT	3:12.04	(7)
#149 Girls U 15 1500 Metre Walk	NT	9:22.28	(1)
#185 Girls U 15 Long Jump	ND	3.41m	(5)

Jeremy Lay - Boys - Age: 15 - Comp#: 13 - St George

#28 Boys U 15 100 Metre Run	NT	12.36	(5)
#92 Boys U 15 200 Metre Hurdles (76cm)	NT	30.78	(2)
#186 Boys U 15 Long Jump	ND	5.55m	(3)

Michael Pejoski - Boys - Age: 15 - Comp#: 17 - St George

#48 Boys U 15 200 Metre Run	NT	30.29	(5)
#166 Boys U 15 High Jump (S/H 1.25m)	NH	1.45m	(7)
#186 Boys U 15 Long Jump	ND	4.64m	(8)
#198 Boys U 15 Triple Jump	ND	10.16m	(5)
#238 Boys U 15 Shot Put (4.0 Kg)	ND	9.61m	(5)
#248 Boys U 15 Javelin (700 Gm)	ND	30.57m	(6)

Jaimie-Lee Rios - Female - Age: 15 - Comp#: 6 - St George

#149 Girls U 15 1500 Metre Walk	NT	10:20.87	(4)
#197 Girls U 15 Triple Jump	ND	8.17m	(2)
#217 Girls U 15 Discus (1.0 Kg)	ND	20.71m	(2)
#237 Girls U 15 Shot Put (3.0 Kg)	ND	9.43m	(1)
#247 Girls U 15 Javelin (500 Gm)	ND		

Mai Soliman - Female - Age: 15 - Comp#: 371 - St George

#27 Girls U 15 100 Metre Run	NT	14.50	(4)
#47 Girls U 15 200 Metre Run	NT	DNS	
#83 Girls U 15 90 Metre Hurdles (76cm)	NT	DNS	
#185 Girls U 15 Long Jump	ND	3.85m	(3)

James Worthington - Boys - Age: 15 - Comp#: 120 - St George

#28 Boys U 15 100 Metre Run	NT	13.26	(9)
#66 Boys U 15 400 Metre Run	NT	1:04.00	(3)

Caitlin Angus - Female - Age: 17 - Comp#: 8 - St George

#199 Girls U 17 Triple Jump	ND	7.99m	(6)
#219 Girls U 17 Discus (1.0 Kg)	ND	23.15m	(6)
#249 Girls U 17 Javelin (500 Gm)	ND	DNS	

Isabel Byrnes - Female - Age: 17 - Comp#: 14 - St George

#219 Girls U 17 Discus (1.0 Kg)	ND	11.89m	(11)
#239 Girls U 17 Shot Put (3.0 Kg)	ND	DNS	
#249 Girls U 17 Javelin (500 Gm)	ND	13.43m	(9)

Lydia Conti - Female - Age: 17 - Comp#: 5 - St George

#67 Girls U 17 400 Metre Run	NT	1:11.22	(5)
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Dominique Johnston - Female - Age: 17 - Comp#: 297 - St George

#29 Girls U 17 100 Metre Run	NT	DNS	
#85 Girls U 17 100 Metre Hurdles (76cm)	NT	DNS	
#93 Girls U 17 200 Metre Hurdles (76cm)	NT	DNS	
#199 Girls U 17 Triple Jump	ND	DNS	
#239 Girls U 17 Shot Put (3.0 Kg)	ND	9.10m	(4)
#249 Girls U 17 Javelin (500 Gm)	ND	DNS	

Carolena Kostas - Female - Age: 17 - Comp#: 333 - St George

#29 Girls U 17 100 Metre Run	NT	13.46	(2)
#49 Girls U 17 200 Metre Run	NT	29.43	(4)
#67 Girls U 17 400 Metre Run	NT	1:03.31	(3)
#113 Girls U 17 800 Metre Run	NT	2:34.94	(2)
#127 Girls U 17 1500 Metre Run	NT	DNS	

	Relay	Seed	Heats	Finals	
1	St George				
	#275 Girls U 9-12 4x100 Metre Relay (Jnr)	NT		1:01.92	(3)
2	St George				
	#276 Boys U 9-12 4x100 Metre Relay (Jnr)	NT		59.91	(2)
3	St George				
	#277 Girls U 13-17 4x100 Metre Relay (Snr)	NT		57.82	(5)
4	St George				
	#278 Boys U 13-17 4x100 Metre Relay (Snr)	NT		52.72	(3)

Total Athletes: 128**Total Relays: 4**

ST GEORGE ATHLETES IN ACTION AT ZONE CHAMPIONSHIPS 2012/2013



MATES AT PLAY AT THE 2012-13 ZONE CHAMPIONSHIPS AT SYLVANIA





REGIONAL CHAMPIONSHIPS

REPORT

St George Little Athletics Centre had 98 athletes qualify to the Region Championships. For the first time The Southern Metropolitan and Inner City Zones would compete as the newly formed Region 8. The weather smiled upon us unlike the weather we had at Zone and we witnessed some fantastic performances out on the track and field. Twenty six athletes automatically qualified to State and we anticipate that a number more may qualify after all Region performances come in and the next best qualifiers are informed around the State. Thank you to our parents for their assistance at events and also to those parents who "Chiefed" in a number of areas on the track and field.

Report by Lisa Rios



GRACE ROBINSON U14G AT REGION

REGION 8 TRACK & FIELD CHAMPIONSHIPS

SYLVANIA WATERS ATHLETIC TRACK - 16/02/2013 to 17/02/2013

16/02/2013 to 17/02/2013

Team Entries - All Events

St George (STG)

1. Benjamin Alessio - Male - Age: 15 - Comp#: 10 - Ind/Rel: 4 / 0

#4 Boys U 15 Long Jump 4.85m #56 Boys U 15 100 Metre Sprint Heats 11.57

#61 Boys U 15 Triple Jump 10.16m #186 Boys U 15 200 Metre Sprint Heats 26.02

2. Caitlin Angus - Teams - Age: 17 - Comp#: 8 - Ind/Rel: 2 / 0

#16 Girls U 17 Discus (1.0 Kg) 23.15m #23 Girls U 17 Triple Jump 7.99m

3. Caitlyn Arango - Teams - Age: 11 - Comp#: 40 - Ind/Rel: 3 / 0

#19 Girls U 11 High Jump (S/H 1.05m) 1.24m #65 Girls U 11 100 Metre Sprint Heats 14.54

#77 Girls U 11 Long Jump 4.13m

4. Nicholas Atkinson - Male - Age: 10 - Comp#: 327 - Ind/Rel: 4 / 0

#12 Boys U 10 Long Jump 3.96m #28 Boys U 10 60 Metre Hurdles (60 cm) Heats 10.85

#57 Boys U 10 High Jump (S/H 1.00m) 1.21m #64 Boys U 10 100 Metre Sprint Heats 14.76

5. Tayla Bell - Teams - Age: 8 - Comp#: 367 - Ind/Rel: 3 / 0

#23 Girls U 8 60 Metre Hurdles (45 cm) Heats 12.42 #24 Girls U 8 Discus (500 Gram) 7.65m

#77 Girls U 8 400 Metre Sprint Heats 1:39.18

6. Sugam Bhandari - Male - Age: 14 - Comp#: 515 - Ind/Rel: 1 / 0

#202 Boys U 14 800 Metre Run 2:31.41

7. Nathan Bini - Male - Age: 13 - Comp#: 525 - Ind/Rel: 2 / 0

#16 Boys U 13 1500 Metre Run 5:17.14 #124 Boys U 13 3000 Metre Run 11:14.20

8. Giannon Borg - Teams - Age: 10 - Comp#: 18 - Ind/Rel: 3 / 0

#27 Girls U 10 60 Metre Hurdles (60 cm) Heats 11.76 #31 Girls U 10 Long Jump 3.49m

#55 Girls U 10 Shot Put (2.0 Kg) 6.62m

9. Nicholas Borg - Male - Age: 11 - Comp#: 206 - Ind/Rel: 1 / 0

#30 Boys U 11 60 Metre Hurdles (60 cm) Heats 13.02

10. Tallis Brown - Male - Age: 12 - Comp#: 32 - Ind/Rel: 3 / 0

#2 Boys U 12 High Jump (S/H 1.20m) 1.25m #32 Boys U 12 60 Metre Hurdles (68 cm) Heats 12.28

#88 Boys U 12 Triple Jump 8.40m

11. Tully Brown - Teams - Age: 14 - Comp#: 31 - Ind/Rel: 5 / 0

#38 Girls U 14 Long Jump 4.30m #53 Girls U 14 100 Metre Sprint Heats 13.67

#71 Girls U 14 400 Metre Sprint Heats 1:09.95 #133 Girls U 14 80 Metre Hurdles (76 cm) Heats 15.73

#183 Girls U 14 200 Metre Sprint Heats 29.88

12. Alister Buchanan - Male - Age: 11 - Comp#: 222 - Ind/Rel: 1 / 0

#48 Boys U 11 High Jump (S/H 1.10m) 1.25m

13. Isabel Byrnes - Teams - Age: 17 - Comp#: 14 - Ind/Rel: 1 / 0

#45 Girls U 17 Javelin (500 Gram) 13.43m

14. Luke Byrnes - Male - Age: 13 - Comp#: 35 - Ind/Rel: 3 / 0

#27 Boys U 13 Javelin (600 Gram) 28.23m #47 Boys U 13 Discus (1.0 Kg) 25.88m

#86 Boys U 13 Shot Put (3.0 Kg) 10.24m

15. Alex Cameron - Male - Age: 11 - Comp#: 143 - Ind/Rel: 3 / 0

#17 Boys U 11 Shot Put (2.0 Kg) 7.08m #30 Boys U 11 60 Metre Hurdles (60 cm) Heats 11.64

#66 Boys U 11 100 Metre Sprint Heats 14.51

16. Zachary Cameron - Male - Age: 13 - Comp#: 142 - Ind/Rel: 4 / 0

#52 Boys U 13 100 Metre Sprint Heats 12.51 #78 Boys U 13 Long Jump 4.72m

#86 Boys U 13 Shot Put (3.0 Kg) 9.79m #176 Boys U 13 200 Metre Sprint Heats 26.84

17. Eloise Carey - Teams - Age: 8 - Comp#: 66 - Ind/Rel: 3 / 0

#23 Girls U 8 60 Metre Hurdles (45 cm) Heats 13.70 #77 Girls U 8 400 Metre Sprint Heats 1:33.35

#147 Girls U 8 700 Metre Pack Start 2:50.08

18. Lauren Carey - Teams - Age: 10 - Comp#: 65 - Ind/Rel: 2 / 0
#1 Girls U 10 1500 Metre Run 5:55.97 #207 Girls U 10 800 Metre Run 3:03.44

19. Chermay Chaves - Teams - Age: 13 - Comp#: 88 - Ind/Rel: 6 / 0
#41 Girls U 13 Shot Put (3.0 Kg) 7.49m #51 Girls U 13 100 Metre Sprint Heats 13.88
#69 Girls U 13 400 Metre Sprint Heats 1:09.25 #84 Girls U 13 Triple Jump 8.12m
#175 Girls U 13 200 Metre Sprint Heats 30.95 #199 Girls U 13 800 Metre Run 2:55.92

20. Madeleine Chubb - Teams - Age: 8 - Comp#: 86 - Ind/Rel: 1 / 0
#169 Girls U 8 70 Metre Sprint Heats 15.22

21. Sophia Cibeï - Teams - Age: 11 - Comp#: 37 - Ind/Rel: 4 / 0
#65 Girls U 11 100 Metre Sprint Heats 14.53 #77 Girls U 11 Long Jump 3.99m
#83 Girls U 11 400 Metre Sprint Heats 1:17.02 #171 Girls U 11 200 Metre Sprint Heats 32.18

22. Natalie Cingolani - Teams - Age: 10 - Comp#: 253 - Ind/Rel: 1 / 0
#55 Girls U 10 Shot Put (2.0 Kg) 5.19m

23. Lydia Conti - Teams - Age: 17 - Comp#: 5 - Ind/Rel: 1 / 0
#75 Girls U 17 400 Metre Sprint Heats 1:11.22

24. Jasmine Fisher - Teams - Age: 15 - Comp#: 7 - Ind/Rel: 1 / 0
#127 Girls U 15 3000 Metre Run 11:43.91

25. Noah Fong - Male - Age: 9 - Comp#: 308 - Ind/Rel: 1 / 0
#1 Boys U 9 High Jump (S/H 0.90m) 1.00m

26. Aiden Gambrell - Male - Age: 9 - Comp#: 127 - Ind/Rel: 4 / 0
#26 Boys U 9 60 Metre Hurdles (45 cm) Heats 10.92 #50 Boys U 9 Long Jump 3.46m
#80 Boys U 9 Discus (500 Gram) 15.79m #180 Boys U 9 200 Metre Sprint Heats 39.31

27. Caitlyn Gonzi - Teams - Age: 11 - Comp#: 232 - Ind/Rel: 1 / 0
#83 Girls U 11 400 Metre Sprint Heats 1:21.48

28. Jacqueline Gordon - Teams - Age: 15 - Comp#: 56 - Ind/Rel: 3 / 0
#60 Girls U 15 Long Jump 3.75m #92 Girls U 15 Javelin (500 Gram) 11.13m
#203 Girls U 15 800 Metre Run 3:01.96

29. Morgan Griffiths - Teams - Age: 13 - Comp#: 58 - Ind/Rel: 3 / 0
#69 Girls U 13 400 Metre Sprint Heats 1:04.26 #175 Girls U 13 200 Metre Sprint Heats 28.93
#199 Girls U 13 800 Metre Run 2:44.95

30. Blake Grosvenor - Male - Age: 15 - Comp#: 2 - Ind/Rel: 2 / 0
#46 Boys U 15 Javelin (700 Gram) 31.51m #75 Boys U 15 High Jump (S/H 1.30m) 1.50m

31. Louisa Hamilton - Teams - Age: 13 - Comp#: 76 - Ind/Rel: 5 / 0
#3 Girls U 13 Long Jump 4.16m #7 Girls U 13 200 Metre Hurdles (68 cm) Heats 32.07
#51 Girls U 13 100 Metre Sprint Heats 14.05 #53 Girls U 13 Discus (750 Gram) 18.89m
#131 Girls U 13 80 Metre Hurdles (76 cm) Heats 16.08

32. Caitlin Hammond - Teams - Age: 12 - Comp#: 140 - Ind/Rel: 2 / 0
#79 Girls U 12 Triple Jump 7.93m #197 Girls U 12 800 Metre Run 3:08.36

33. Kai Hammond - Male - Age: 10 - Comp#: 141 - Ind/Rel: 3 / 0
#81 Boys U 10 Shot Put (2.0 Kg) 6.88m #82 Boys U 10 400 Metre Sprint Heats 1:09.76
#208 Boys U 10 800 Metre Run 2:42.76

34. Oliver Harris - Male - Age: 10 - Comp#: 72 - Ind/Rel: 3 / 0
#2 Boys U 10 1500 Metre Run 6:20.34 #64 Boys U 10 100 Metre Sprint Heats 14.34
#178 Boys U 10 200 Metre Sprint Heats 30.64

35. Oliver Herbert - Male - Age: 15 - Comp#: 22 - Ind/Rel: 4 / 0
#4 Boys U 15 Long Jump 5.22m #56 Boys U 15 100 Metre Sprint Heats 13.24
#61 Boys U 15 Triple Jump 11.00m #75 Boys U 15 High Jump (S/H 1.30m) 1.52m

36. Sebastian Herbert - Male - Age: 12 - Comp#: 23 - Ind/Rel: 1 / 0
#88 Boys U 12 Triple Jump 9.62m

37. Ruth Hunnisett - Teams - Age: 9 - Comp#: 388 - Ind/Rel: 2 / 0
#59 Girls U 9 Long Jump 3.33m #179 Girls U 9 200 Metre Sprint Heats 39.45

38. David Iliev - Male - Age: 13 - Comp#: 151 - Ind/Rel: 1 / 0
#200 Boys U 13 800 Metre Run 3:46.76

39. Daniel Ison - Male - Age: 15 - Comp#: 255 - Ind/Rel: 2 / 0
#128 Boys U 15 3000 Metre Run 11:34.49 #204 Boys U 15 800 Metre Run 2:27.29

40. Jeremy Ison - Male - Age: 8 - Comp#: 257 - Ind/Rel: 2 / 0
#78 Boys U 8 400 Metre Sprint Heats 1:20.00 #148 Boys U 8 700 Metre Pack Start 2:53.88

41. Timothy Ison - Male - Age: 13 - Comp#: 256 - Ind/Rel: 1 / 0
#70 Boys U 13 400 Metre Sprint Heats 1:08.76

42. Dominique Johnston - Teams - Age: 17 - Comp#: 297 - Ind/Rel: 1 / 0
#65 Girls U 17 Shot Put (3.0 Kg) 9.10m

43. Andrianna Jovanov - Teams - Age: 10 - Comp#: 54 - Ind/Rel: 2 / 0
#15 Girls U 10 Discus (500 Gram) 13.40m #55 Girls U 10 Shot Put (2.0 Kg) 5.27m

44. Natalya Jovanov - Teams - Age: 13 - Comp#: 531 - Ind/Rel: 4 / 0
#41 Girls U 13 Shot Put (3.0 Kg) 8.76m #53 Girls U 13 Discus (750 Gram) 21.76m
#74 Girls U 13 Javelin (400 Gram) 8.81m #149 Girls U 13 1500 Metre Race Walk 13:19.91

45. Kai Kamikura - Male - Age: 10 - Comp#: 259 - Ind/Rel: 4 / 0
#12 Boys U 10 Long Jump 3.65m #64 Boys U 10 100 Metre Sprint Heats 14.79
#166 Boys U 10 70 Metre Sprint Heats 11.26 #178 Boys U 10 200 Metre Sprint Heats 31.31

46. Sora Kamikura - Male - Age: 8 - Comp#: 260 - Ind/Rel: 4 / 0
#37 Boys U 8 Long Jump 3.05m #60 Boys U 8 100 Metre Sprint Heats 18.54
#170 Boys U 8 70 Metre Sprint Heats 14.15 #182 Boys U 8 200 Metre Sprint Heats 41.23

47. Danielle Katzos - Teams - Age: 11 - Comp#: 215 - Ind/Rel: 4 / 0
#29 Girls U 11 60 Metre Hurdles (60 cm) Heats 11.80 #43 Girls U 11 Triple Jump 7.45m
#65 Girls U 11 100 Metre Sprint Heats 14.38 #171 Girls U 11 200 Metre Sprint Heats 30.96

48. Jade Kearsey - Teams - Age: 15 - Comp#: 1 - Ind/Rel: 3 / 0
#60 Girls U 15 Long Jump 3.41m #153 Girls U 15 1500 Metre Race Walk 9:22.28
#203 Girls U 15 800 Metre Run 3:12.04

49. Lucy Koh - Teams - Age: 12 - Comp#: 98 - Ind/Rel: 2 / 0
#5 Girls U 12 1500 Metre Run 6:06.74 #197 Girls U 12 800 Metre Run 3:07.05

50. Carolena Kostas - Teams - Age: 17 - Comp#: 333 - Ind/Rel: 4 / 0
#57 Girls U 17 100 Metre Sprint Heats 13.46 #75 Girls U 17 400 Metre Sprint Heats 1:03.31
#187 Girls U 17 200 Metre Sprint Heats 29.43 #205 Girls U 17 800 Metre Run 2:34.94

51. Alana Kovacic - Teams - Age: 12 - Comp#: 527 - Ind/Rel: 1 / 0
#31 Girls U 12 60 Metre Hurdles (68 cm) Heats 12.14

52. Tia La Coste - Teams - Age: 11 - Comp#: 26 - Ind/Rel: 4 / 0
#8 Girls U 11 Shot Put (2.0 Kg) 9.20m #29 Girls U 11 60 Metre Hurdles (60 cm) Heats 10.62
#43 Girls U 11 Triple Jump 8.26m #77 Girls U 11 Long Jump 4.21m

53. Jamie Lawler - Male - Age: 11 - Comp#: 29 - Ind/Rel: 3 / 0
#4 Boys U 11 1500 Metre Run 5:50.21 #30 Boys U 11 60 Metre Hurdles (60 cm) Heats 12.69
#196 Boys U 11 800 Metre Run 2:51.98

54. Mark Lawler - Male - Age: 13 - Comp#: 28 - Ind/Rel: 5 / 0
#27 Boys U 13 Javelin (600 Gram) 24.61m #47 Boys U 13 Discus (1.0 Kg) 19.21m
#52 Boys U 13 100 Metre Sprint Heats 14.27 #70 Boys U 13 400 Metre Sprint Heats 1:10.80
#200 Boys U 13 800 Metre Run 2:43.44

55. Jeremy Lay - Male - Age: 15 - Comp#: 13 - Ind/Rel: 3 / 0
#4 Boys U 15 Long Jump 5.55m #12 Boys U 15 200 Metre Hurdles (76 cm) Heats 30.78
#56 Boys U 15 100 Metre Sprint Heats 12.36

56. Rosalind Malolo - Teams - Age: 12 - Comp#: 517 - Ind/Rel: 3 / 0
#6 Girls U 12 Discus (750 Gram) 18.10m #42 Girls U 12 Javelin (400 Gram) 18.39m
#73 Girls U 12 Shot Put (2.0 Kg) 8.10m

57. Alex Markoski - Male - Age: 8 - Comp#: 25 - Ind/Rel: 3 / 0
#24 Boys U 8 60 Metre Hurdles (45 cm) Heats 13.44 #170 Boys U 8 70 Metre Sprint Heats 14.67
#182 Boys U 8 200 Metre Sprint Heats 42.31

58. Emily Markoski - Teams - Age: 11 - Comp#: 24 - Ind/Rel: 4 / 0
#29 Girls U 11 60 Metre Hurdles (60 cm) Heats 12.14 #43 Girls U 11 Triple Jump 8.15m
#77 Girls U 11 Long Jump 4.00m #171 Girls U 11 200 Metre Sprint Heats 32.96

59. Andrea Marshall - Teams - Age: 9 - Comp#: 212 - Ind/Rel: 4 / 0
#25 Girls U 9 60 Metre Hurdles (45 cm) Heats 11.36 #59 Girls U 9 Long Jump 3.50m
#61 Girls U 9 100 Metre Sprint Heats 15.64 #167 Girls U 9 70 Metre Sprint Heats 11.71

60. Luke Marshall - Male - Age: 11 - Comp#: 211 - Ind/Rel: 3 / 0
#30 Boys U 11 60 Metre Hurdles (60 cm) Heats 11.42 #39 Boys U 11 Triple Jump 8.31m
#66 Boys U 11 100 Metre Sprint Heats 14.57

61. Daniel Mauro - Male - Age: 14 - Comp#: 36 - Ind/Rel: 6 / 0
#18 Boys U 14 1500 Metre Run 5:35.05 #28 Boys U 14 High Jump (S/H 1.30m) 1.30m
#54 Boys U 14 100 Metre Sprint Heats 13.99 #69 Boys U 14 Long Jump 4.39m
#126 Boys U 14 3000 Metre Run 12:26.74 #184 Boys U 14 200 Metre Sprint Heats 32.70

62. Alyssa Montauti - Teams - Age: 12 - Comp#: 276 - Ind/Rel: 1 / 0
#31 Girls U 12 60 Metre Hurdles (68 cm) Heats 12.40

63. Ali Nabulsi - Male - Age: 10 - Comp#: 529 - Ind/Rel: 1 / 0
#82 Boys U 10 400 Metre Sprint Heats 1:21.44

64. Jasob Nassar - Male - Age: 8 - Comp#: 219 - Ind/Rel: 2 / 0
#25 Boys U 8 Shot Put (1.5 Kg) 5.44m #37 Boys U 8 Long Jump 2.99m

65. Iavor Nikolaev - Male - Age: 13 - Comp#: 365 - Ind/Rel: 4 / 0
#16 Boys U 13 1500 Metre Run 5:20.77 #70 Boys U 13 400 Metre Sprint Heats 1:16.15
#124 Boys U 13 3000 Metre Run 11:30.68 #200 Boys U 13 800 Metre Run 2:45.28

66. Lewis Noppen - Male - Age: 9 - Comp#: 45 - Ind/Rel: 2 / 0
#50 Boys U 9 Long Jump 3.41m #180 Boys U 9 200 Metre Sprint Heats 35.48

67. Sidney Noppen - Male - Age: 12 - Comp#: 44 - Ind/Rel: 4 / 0
#22 Boys U 12 Long Jump 4.91m #68 Boys U 12 100 Metre Sprint Heats 12.76
#88 Boys U 12 Triple Jump 9.40m #174 Boys U 12 200 Metre Sprint Heats 27.85

68. Daniel Palasovski - Male - Age: 12 - Comp#: 235 - Ind/Rel: 2 / 0
#86 Boys U 12 400 Metre Sprint Heats 1:09.51 #174 Boys U 12 200 Metre Sprint Heats 30.81

69. Jordan Pejoski - Male - Age: 11 - Comp#: 50 - Ind/Rel: 2 / 0
#17 Boys U 11 Shot Put (2.0 Kg) 6.87m #89 Boys U 11 Discus (750 Gram) 17.44m

70. Michael Pejoski - Male - Age: 15 - Comp#: 17 - Ind/Rel: 6 / 0
#4 Boys U 15 Long Jump 4.64m #34 Boys U 15 Shot Put (4.0 Kg) 9.61m
#46 Boys U 15 Javelin (700 Gram) 30.57m #61 Boys U 15 Triple Jump 10.16m
#75 Boys U 15 High Jump (S/H 1.30m) 1.45m #186 Boys U 15 200 Metre Sprint Heats 30.29

71. Damian Puebla - Male - Age: 9 - Comp#: 116 - Ind/Rel: 2 / 0
#62 Boys U 9 100 Metre Sprint Heats 15.72 #168 Boys U 9 70 Metre Sprint Heats 12.57

72. Jacob Rios - Male - Age: 14 - Comp#: 15 - Ind/Rel: 5 / 0
#7 Boys U 14 Discus (1.0 Kg) 17.18m #14 Boys U 14 Triple Jump 9.06m
#54 Boys U 14 100 Metre Sprint Heats 14.42 #56 Boys U 14 Shot Put (3.0 Kg) 8.85m
#152 Boys U 14 1500 Metre Race Walk 9:52.81

73. Jaimie-Lee Rios - Teams - Age: 15 - Comp#: 6 - Ind/Rel: 5 / 0
#32 Girls U 15 Triple Jump 8.17m #44 Girls U 15 Discus (1.0 Kg) 20.71m
#82 Girls U 15 Shot Put (3.0 Kg) 9.43m #92 Girls U 15 Javelin (500 Gram) 21.61m
#153 Girls U 15 1500 Metre Race Walk 10:20.87

74. Jared Rios - Male - Age: 12 - Comp#: 16 - Ind/Rel: 3 / 0
 #40 Boys U 12 Discus (750 Gram) 16.17m #64 Boys U 12 Shot Put (3.0 Kg) 7.08m
 #140 Boys U 12 1500 Metre Race Walk 11:43.95

75. Grace Robinson - Teams - Age: 14 - Comp#: 12 - Ind/Rel: 6 / 0
 #18 Girls U 14 Shot Put (3.0 Kg) 14.98m #36 Girls U 14 Javelin (400 Gram) 31.90m
 #38 Girls U 14 Long Jump 3.95m #53 Girls U 14 100 Metre Sprint Heats 14.15
 #91 Girls U 14 Discus (1.0 Kg) 36.93m #183 Girls U 14 200 Metre Sprint Heats 31.15

76. Jayden Samrani - Male - Age: 10 - Comp#: 376 - Ind/Rel: 3 / 0
 #33 Boys U 10 Discus (500 Gram) 21.67m #166 Boys U 10 70 Metre Sprint Heats 11.93
 #178 Boys U 10 200 Metre Sprint Heats 33.90

77. Jordan Samrani - Male - Age: 11 - Comp#: 375 - Ind/Rel: 4 / 0
 #39 Boys U 11 Triple Jump 9.30m #66 Boys U 11 100 Metre Sprint Heats 13.73
 #68 Boys U 11 Long Jump 4.44m #172 Boys U 11 200 Metre Sprint Heats 29.32

78. Lauren Samrani - Teams - Age: 12 - Comp#: 374 - Ind/Rel: 1 / 0
 #49 Girls U 12 High Jump (S/H 1.15m) 1.34m

79. Kaylib Savage - Male - Age: 12 - Comp#: 341 - Ind/Rel: 3 / 0
 #22 Boys U 12 Long Jump 3.89m #68 Boys U 12 100 Metre Sprint Heats 14.65
 #83 Boys U 12 Javelin (400 Gram) 29.83m

80. Ronan Schocher - Male - Age: 9 - Comp#: 138 - Ind/Rel: 4 / 0
 #1 Boys U 9 High Jump (S/H 0.90m) 1.00m #26 Boys U 9 60 Metre Hurdles (45 cm) Heats 10.89
 #62 Boys U 9 100 Metre Sprint Heats 15.11 #168 Boys U 9 70 Metre Sprint Heats 11.91

81. Steven Schocher - Male - Age: 12 - Comp#: 137 - Ind/Rel: 3 / 0
 #22 Boys U 12 Long Jump 4.02m #32 Boys U 12 60 Metre Hurdles (68 cm) Heats 12.60
 #68 Boys U 12 100 Metre Sprint Heats 14.40

82. Jayden Seeto - Male - Age: 10 - Comp#: 379 - Ind/Rel: 3 / 0
 #12 Boys U 10 Long Jump 3.73m #28 Boys U 10 60 Metre Hurdles (60 cm) Heats 11.80
 #178 Boys U 10 200 Metre Sprint Heats 33.88

83. Nathaniel Seeto - Male - Age: 8 - Comp#: 380 - Ind/Rel: 2 / 0
 #60 Boys U 8 100 Metre Sprint Heats 17.52 #71 Boys U 8 Discus (500 Gram) 8.07m

84. Mai Soliman - Teams - Age: 15 - Comp#: 371 - Ind/Rel: 2 / 0
 #55 Girls U 15 100 Metre Sprint Heats 14.50 #60 Girls U 15 Long Jump 3.85m

85. Aston Souris - Male - Age: 11 - Comp#: 382 - Ind/Rel: 1 / 0
 #4 Boys U 11 1500 Metre Run 6:27.29

86. Brohden Souris - Male - Age: 9 - Comp#: 383 - Ind/Rel: 2 / 0
 #26 Boys U 9 Shot Put (2.0 Kg) 5.85m #210 Boys U 9 800 Metre Run 3:06.05

87. Tyrone Souris - Male - Age: 8 - Comp#: 384 - Ind/Rel: 3 / 0
 #25 Boys U 8 Shot Put (1.5 Kg) 4.57m #60 Boys U 8 100 Metre Sprint Heats 19.19
 #78 Boys U 8 400 Metre Sprint Heats 1:20.00

88. Casey Stanley - Teams - Age: 9 - Comp#: 351 - Ind/Rel: 2 / 0
 #85 Girls U 9 Discus (500 Gram) 11.95m #209 Girls U 9 800 Metre Run 3:11.54

89. Imogen Stewart - Teams - Age: 8 - Comp#: 363 - Ind/Rel: 4 / 0
 #30 Girls U 8 Long Jump 3.04m #77 Girls U 8 400 Metre Sprint Heats 1:20.11
 #147 Girls U 8 700 Metre Pack Start 2:28.16 #181 Girls U 8 200 Metre Sprint Heats 37.39

90. Pita Toamotu - Male - Age: 14 - Comp#: 11 - Ind/Rel: 3 / 0
 #7 Boys U 14 Discus (1.0 Kg) 50.57m #56 Boys U 14 Shot Put (3.0 Kg) 16.95m
 #87 Boys U 14 Javelin (600 Gram) 40.21m

91. Christopher Trajkovski - Male - Age: 12 - Comp#: 312 - Ind/Rel: 3 / 0
 #22 Boys U 12 Long Jump 3.89m #32 Boys U 12 60 Metre Hurdles (68 cm) Heats 11.96
 #68 Boys U 12 100 Metre Sprint Heats 14.24

92. David Trajkovski - Male - Age: 9 - Comp#: 196 - Ind/Rel: 4 / 0
#50 Boys U 9 Long Jump 3.52m #62 Boys U 9 100 Metre Sprint Heats 15.00
#168 Boys U 9 70 Metre Sprint Heats 11.92 #180 Boys U 9 200 Metre Sprint Heats 32.91

93. Charlotte Tsui - Teams - Age: 10 - Comp#: 49 - Ind/Rel: 2 / 0
#177 Girls U 10 200 Metre Sprint Heats 34.16 #207 Girls U 10 800 Metre Run 3:02.59

94. Riley Wilson - Male - Age: 8 - Comp#: 524 - Ind/Rel: 3 / 0
#24 Boys U 8 60 Metre Hurdles (45 cm) Heats 13.28 #60 Boys U 8 100 Metre Sprint Heats 17.46
#78 Boys U 8 400 Metre Sprint Heats 1:20.00

95. James Worthington - Male - Age: 15 - Comp#: 120 - Ind/Rel: 2 / 0
#56 Boys U 15 100 Metre Sprint Heats 13.26 #74 Boys U 15 400 Metre Sprint Heats 1:04.00

96. Chantall Yu - Teams - Age: 12 - Comp#: 105 - Ind/Rel: 3 / 0
#6 Girls U 12 Discus (750 Gram) 14.20m #21 Girls U 12 Long Jump 3.81m
#31 Girls U 12 60 Metre Hurdles (68 cm) Heats 11.85

97. Heather Zdebski - Teams - Age: 9 - Comp#: 324 - Ind/Rel: 2 / 0
#61 Girls U 9 100 Metre Sprint Heats 16.11 #167 Girls U 9 70 Metre Sprint Heats 11.88

98. Lachlan Zdebski - Male - Age: 11 - Comp#: 323 - Ind/Rel: 4 / 0
#66 Boys U 11 100 Metre Sprint Heats 13.95 #68 Boys U 11 Long Jump 4.31m
#84 Boys U 11 400 Metre Sprint Heats 1:14.19 #172 Boys U 11 200 Metre Sprint Heats 32.31



TIA LACOSTE U11 GIRLS 2012-13 REGIONAL CHAMPIONSHIPS



LUKE MARSHALL U11 BOYS 2012-13 REGIONAL CHAMPIONSHIPS, SYLVANIA

STATE MULTI CHAMPIONSHIPS

REPORT

On March 2nd and 3rd 2013, twelve athletes from St George competed at the NSW State Multi Championships in Orange.

Whilst the weather was mostly dry, after raining heavily leading up to the weekend, the strong winds over the weekend provided a chilly climate.

All our athletes and parents had a fantastic time at the track and getting together on the Saturday night to socialize. Two of our athletes finished in the top 8 in their respective age groups.

Congratulation to Pita Toamotu -U14B who finished 5th and Sidney Noppen U12B finishing 6th.

A special mention to Grace Robinson who fell twice in the hurdles due to a slippery track and still finished but injured herself and was unable to complete the final event. Up until the hurdles Grace was in contention for a top 3 finish. The Multi's is a great weekend and allows our parents to and athletes the opportunity to relax and enjoy athletics.

Congratulations to : Jaimie-Lee Rios U15G, Jacob Rios U14B, Jared Rios U12B , Grace Robinson 14G, Pita Toamotu U14B,. Sophia Cibeil U11G, Sidney Noppen U12B, Taylah Noppen U7G, Oliver Herbert U15B, Sebastian Herbert U12B, Tully Brown U14G, Tallis Brown U12B.



ST GEORGE STATE MULTI PARTICIPANTS 2013 AT ORANGE

L-R : TALLIS BROWN SIDNEY NOPPEN, TULLY BROWN, JAIMIE-LEE RIOS, TAYLOR NOPPEN, GRACE ROBINSON, SOPHIA CIBEI, JARED RIOS, PITA TOMOTU, OLIVER HERBERT, JACOB RIOS

2013 STGLAC STATE MULTI'S TEAM - ORANGE



OLIVER HERBERT U15B IN ACTION AT STATE MULTIS 2013



SOPHIA CIBEI U11 GIRLS IN ACTION IN THE 800M EVENT AT 2013 STATE MULTI'S



TAYLOR NOPPEN U7 GIRLS IN ACTION AT THE 2013 STATE MULTI'S



PITA TOAMOTU U14B IN ACTION IN SHOT PUT AT STATE MULTI'S 2013



JAIMIE-LEE RIOS U15 GIRLS 800M AT STATE MULTIS, ORANGE 2013.



**SITTING AROUND AT STATE MULTI'S ON THE FINAL DAY, ORANGE 2013
L-R: GRACE ROBINSON, JAIMIE-LEE RIOS AND JACOB RIOS**

STATE CHAMPIONSHIPS REPORT

St George Little Athletics was represented by 29 athletes at the NSWLAA State Championships held at Sydney Olympic Park Athletic Stadium at Homebush on the 22ND, 23RD and 24TH March 2013.

St George Athletes performed extremely well with Grace Robinson, Pita Toamotu, Kai Hammond, Tia La Coste and Jordan Samrani coming away with a total of two gold, 2 silver and four bronze medals.

Outstanding performances by Grace Robinson, and Pita Toamotu were just some highlights of the weekend with many of our other athletes placing in the top eight with their performances on the track and in the field. Thanks, also goes to our parents for assisting as required over the weekend as officials.

Report- Lisa Rios

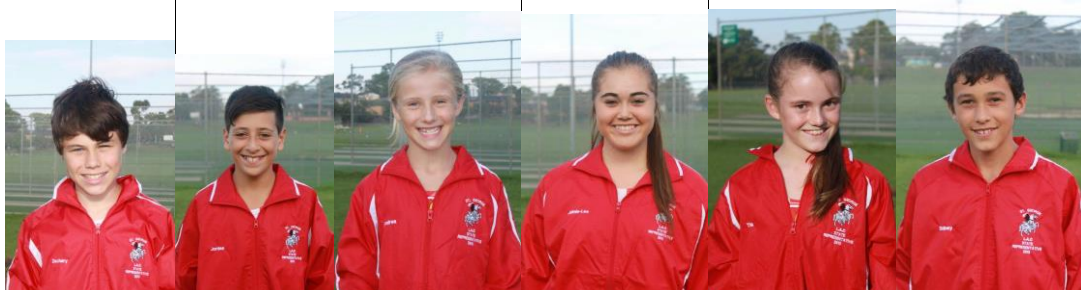


ST GEORGE LITTLE ATHLETES STATE TEAM PHOTO MARCH 15TH 2013 AT OLDS PARK

ST GEORGE LAC STATE REPRESENTATIVES 2012 -2013



L-R -GRACE ROBINSON U14G, PITA TOAMOTU U14B, NICHOLAS ATKINSON U10B, KAI HAMMOND U10B, LUKE BYRNES U13B, LAUREN SAMRANI U12G



L-R – ZAC CAMERON U13B, JORDAN SAMRANI U11, ANDREA MARSHALL U9G, JAIMIE-LEE RIOS U15G, TIA LACOSTE U11G, SIDNEY NOPPEN U12B



L-R – MORGAN GRIFFITHS U13G, GIANNON BORG U10G, DANIELLE KATZOS U11G, BLAKE GROVESNOR U15B, CAROLENA KOSTAS U17G, BEN ALESSIO 15B



L-R – CHARLOTTE TSUI U9G, JADE KEARSEY U15G, AIDEN GAMBRELL U9B, RONAN SCHOCHER U9B, DANIEL ISON U15B, JEREMY LAY U15B



L-R – KAYLIB SAVAGE U12B, IAVOR NIKOLAEV U13B

ABSENT FOR PHOTO: OLIVER HERBERT U15B, SEBASTIAN HERBERT U12B, NATHAN BINI U13B

LITTLE ATHLETICS NSW

RESULTS STATE TRACK & FIELD CHAMPIONSHIPS - 22/03/2013 to 24/03/2013

Sydney Olympic Park Athletic Centre

St George (STG)

1. Benjamin Alessio - Male - Age: 15

U 15 100 Metre Sprint final 11.82 – 6th

U15 200 Metre Sprint final 23.50 – 4th

2. Nicholas Atkinson - Male - Age: 10

U 10 Long Jump 4.32m – 9th

U 10 60 Metre Hurdles (60 cm) final 10.78m – 7th

3. Nathan Bini - Male - Age: 13

U 13 3000 Metre Run 5.11.94 – 18th

U 13 1500 Metre Run 11.12.60 – 16th

4. Giannon Borg - Teams - Age: 10

U 10 60 Metre Hurdles (60 cm) heat 11.40 - 3

5. Luke Byrnes - Male - Age: 13

U 13 Javelin (600 Gram) 24.93m – 14th

6. Zachary Cameron - Male - Age: 13

U 13 100 Metre Sprint Heats DNC due to injury

U 13 200 Metre Sprint Heats DNC due to injury

7. Aiden Gambrell - Male - Age: 9

U 9 60 Metre Hurdles (45 cm) heat 10.89 – 6th

8. Morgan Griffiths - Teams - Age: 13 –

U13 400 Metre heat 1.06.31 – 6th

U 13 800 Metre Run Heats – 2.48.11 – 8th

9. Blake Grosvenor - Male - Age: 15

U 15 Javelin (700 Gram) 33.02m – 16th

10. Kai Hammond - Male - Age: 10

U10 400 Metre final 1.05.23 – 3rd

U10 800 Metre Run final 2.34.20 – 7th

11. Oliver Herbert - Male - Age: 15

U 15 Triple Jump 10.53 – 17th

12. Sebastian Herbert - Male - Age: 12

U 12 Triple Jump 10.12m - 7th

13. Daniel Ison - Male - Age: 15

U 15 3000 Metre Run 11.08.57 - 16th

14. Danielle Katzos - Teams - Age: 11

100 Metre Sprint heat 14.60 – 4th

U 11 200 Metre Sprint Heats 29.84 – 6th

15. Jade Kearsey - Teams - Age: 15

U 15 1500 Metre Race Walk 9.25.76 – 10th

16. Carolena Kostas - Teams - Age: 17

400 Metre Sprint final 1.02.94 – 6th

U 17 800 Metre Run final – 2.20.84 – 4th

17. Tia La Coste - Teams - Age: 11

U 11 Shot Put (2.0 Kg) DNC

U 11 60 Metre Hurdles (60 cm) FINAL 9.94 – 3RD

U 11 Long Jump 4.11M 13TH

18. Jeremy Lay - Male - Age: 15

U 15 200 Metre Hurdles (76 cm) heat 12.41 – 8th

U 15 100 Metre Sprint heat 29.26 – 8th

19. Andrea Marshall - Teams - Age: 9
U 9 60 Metre Hurdles (45 cm) final 10.78 – 8th
U 9 70 Metre Sprint Heats heat 10.77 – 4th

20. Iavor Nikolaev - Male - Age: 13
U 13 3000 Metre Run 11.26.47 – 20th

21. Sidney Noppen - Male - Age: 12
U 12 100 Metre Sprint final 12.85 – 6th
U 12 200 Metre Sprint DNC

22. Jaimie-Lee Rios - Teams - Age: 15
U 15 Shot Put (3.0 Kg) 9.70m - 11th

23. Grace Robinson - Teams - Age: 14
U 14 Shot Put (3.0 Kg) 15.94– 1st
U 14 Javelin (400 Gram) 36.94 – 2nd
U 14 Discus (1.0 Kg) 42.19 – 2nd

24. Jordan Samrani - Male - Age: 11
U 11 Triple Jump 9.50 – 7th
U 11 Long Jump 4.82m -3rd
#184 Boys U 11 200 Metre final – 28.48 – 7th

25. Lauren Samrani - Teams - Age: 12
U 12 High Jump (S/H 1.20m) 1.35m – 13th

26. Kaylib Savage - Male - Age: 12
U 12 Javelin (400 Gram) 28.88m – 10th

27. Ronan Schocher - Male - Age: 9
U 9 70 Metre Sprint heat 10.66 – 5th

28. Pita Toamotu - Male - Age: 14
U 14 Shot Put (3.0 Kg) 17.34m – 1st
U 14 Discus (1.0 Kg) 55.72m – 1st
U 14 Javelin (600 Gram) 45.32m – 3rd

29. Charlotte Tsui - Teams - Age: 10
U 10 800 Metre Run heat 2.46.22 – 5th

FRIDAY NIGHT FUN AT ST GEORGE LITTLE ATHLETICS CENTRE





U15 & U17 ATHLETES FINAL NIGHT OF COMPETITION 2012-13 SEASON



OUR ASSISTANT RECORDERS – RAY HORTON, ELISE BECK & MATTHEW MURDOCH



ST GEORGE LAC MULTI NIGHT – JANUARY 4TH 2013, OLDS PARK



ST GEORGE LAC MULTI NIGHT 2013 – U8 GIRLS



ST GEORGE LAC MULTI NIGHT – A BUSY CIRCULAR TRACK!



That's all folk's!

**We look forward to a successful
2013 – 2014 season.**

NOTES

ELECTION OF 2013-2014 STGLAC COMMITTEE

President

Vice President

Secretary

Treasurer

Registrar

Recorder

Assistant Recorders

Officer for Championships

Officer for Officials

Publicity

Coaching

Canteen

BBQ

Equipment / Ground Maintenance

Uniforms

General Committee

NOTES