

ST GEORGE LITTLE ATHLETICS CENTRE INC

43rd ANNUAL GENERAL MEETING

SOUTH HURSTVILLE RSL CLUB

Tuesday 20th May 2014

AGENDA

1. Distribution of 43rd Annual Report including Minutes of 2013 AGM
2. Opening of Meeting
3. Apologies
4. Minutes of 42nd Annual General Meeting held 22 May 2013
5. President's Opening Address
6. Presentation of 43rd Annual Report and Financial Statements
7. Award of Life Membership
8. Addresses by Invited Guests
9. Election of Officers for the 2014 / 2015 Season
10. Vote of Thanks to Returning Officer
11. General Business
12. Closing of Meeting

LIFE MEMBERS

| | | |
|---------------------------------------|----------------------|---------------------------------------------|
| Fred Scott 1975 | Bev Scott 1976 | Peter Williams 1976 |
| Mabs Errington 1979 | Gwen Taylor 1981 | Ray Horton 1981 |
| Bob Molloy 1982 <i>*deceased</i> | Byron Griffiths 1984 | Paul Reeves 1986 |
| Joe Watchorn 1986 | Bonnie West 1986 | Bill L'Strange 1987 |
| Bill Cruickshank 1987 | Ian Sheerin 1988 | Margaret Zerzvadse 1988 <i>*deceased</i> |
| Lou Bulian 1990 | Carol Berell 1991 | Alex Oh 1991 <i>*deceased</i> |
| Lindsay Watson 1991 | Barbara Lea 1991 | Albert Ferraro 1992 |
| Coral Ferraro 1992 | Graham Hawkes 1996 | Terry O'Neill 1999 |
| Ben Tinker 1999 | John Dodson 2000 | Gil Baes 2001 |
| Roger Malcolm 2001 | Lynne Whatman 2001 | Glenda McLoughin 2002 |
| Peter Tuziak 2003 <i>*deceased</i> | Kim Delaney 2010 | Ray Parkinson 2011 |
| Wendy Cook 2013 | | |



STGEORGE LITTLE ATHLETICS CENTRE INC
MINUTES OF 42nd ANNUAL GENERAL MEETING
TUESDAY 22nd MAY 2013 SOUTH HURSTVILLE RSL CLUB

1. OPENING OF MEETING

The President opened the meeting at 8.05 pm and welcomed everyone present.

2. ATTENDEES

Invited Guests: Heather Mitchell - LANSW and Port Hacking, Margaret Alexander - Port Hacking, Christine Butters - Revesby Workers, Ray Russell, Hurstville Council Mayors Representative

Life Members:- Kim Delaney, John Dodson, Roger Malcolm, Bev Scott, Fred Scott, Ian Sheerin, Gwen Taylor, Lynne Whatman, Peter Williams, Ben Tinker, Terry O'Neill, Graham Hawkes, Ray Horton, .

Parents and Supporters:- Elise Beck, Matthew Murdock, Wendy Cook, Stephanie Grosvenor, Lisa Rios, Chris Robinson, Debbie Alessio, Jenny Borg, Matt Ashton, Kerry Lawler, Daniel Cibej, Paul Byrnes, Jason Pope , Marianna Younan , Ian Whatman, Michelle Murphy

3. APOLOGIES

Albie Thomas - St George DAC, Mabs Errington - Life Member, Byron Griffiths - Life Member, Glenda McLoughlin - Life Member, Meaghan Mottershead, Craig Hamilton

4. MINUTES OF THE PREVIOUS ANNUAL GENERAL MEETING

Minutes of the 41st Annual General Meeting, held 30 May 2012 be accepted as a true and accurate record of that meeting.

Moved: Lynne Whatman Seconded: Paul Byrnes Carried

5. PRESIDENT'S OPENING ADDRESS

As per the Annual Report.

6. PRESENTATION OF 42nd ANNUAL REPORT AND FINANCIAL STATEMENTS

The 2012/2013 Annual Report and Financial Statements be adopted as presented and endorsed.

7. ADDRESSES BY GUESTS AND OFFICIALS

Hurstville Council Representative

On behalf of the Mayor, congratulated St George LAC for the past season which was held. Congratulated the athletes of the Centre who had attained high levels of achievement. Passed on the Mayors wishes to keep working with St George LAC in a positive direction of growth and development of the Centre

Christine Butters - Revesby Workers LAC

Passed on thanks for the invite to the AGM and also noted the great report and successful past season for St George LAC.

Heather Mitchell - Competitions Director LANSW and Port Hacking LAC.

Passed on thanks for the invite to the AGM on behalf of the LANSW Board. Recognised the great report that was presented. Passed on her thanks for the efforts of the past seasons committee and best wishes for the incoming committee.

Fred Scot - Life Member

Congratulated the committee and athletes on a successful season and wished the new incoming committee al the best for a successful season.

Daniel Cibe

On behalf of the St George Committee and parents, thanked Lisa for all the work and effort she puts into running St George LAC.

9. ELECTION OF OFFICERS FOR THE 2013/2014 SEASON

Founding Life Member Fred Scott declared all positions vacant and conducted the Election of Officers. The following were elected:-

| | | |
|--------------------------------|---|---------------------|
| President | - | Lisa Rios |
| Vice President | - | Lynne Whatman |
| Secretary | - | Belinda Markoski |
| Treasurer | - | Katrina Hammond |
| Registrar | - | Jenny Borg |
| Officer for Championships | - | Daniel Cibe |
| Officer for Officials | - | Jason Pope |
| Publicity | - | Michelle Murphy |
| Recorder | - | Paul Byrnes |
| Assistant Recorders | - | Elise Beck |
| | | Mathew Murdoch |
| Equipment / Ground Maintenance | - | Chris Robinson |
| Coaching | - | Matthew Ashton |
| Canteen / BBQ | - | Stephanie Grosvenor |
| Uniforms | - | Wendy Cook |

General Committee

Debbie Alessio, Paul Byrnes, Ray Horton, Kerry Lawler, Craig Hamilton, Marianna Younan-Sedrak, Dave Carey

10. VOTE OF THANKS TO RETURNING OFFICER

The President thanked the Returning Officer Fred Scot for again conducting the Election of Officers.

11. LIFE MEMBERSHIP PRESENTATION

Presentation of St George Little Athletics Centre Life Membership to Mrs Wendy Cook.

12. CLOSING OF MEETING

The President closed the meeting at 8.45 pm, thanking all for their attendance and inviting all present to partake of the supper being served.

Debbie Alessio
(acting on behalf of the Secretary)

PRESIDENTS REPORT

As I reflect back on the 2013 – 2014 season of Little Athletics at St George, I think of the many wonderful moments, efforts and hours of voluntary work I have witnessed from our athletes, parents and fellow committee members that have helped contribute to a successful season.

The new season got off to a great start, with all positions on the Committee filled at the AGM held in May 2013. It had been a number of years since all positions were filled at the AGM, so things were off to a positive start. The Committee again agreed to keep the initiative of a free gift for “early bird” registration pick up after the success of the previous season. This initiative encourages the registering of athletes and the collection of their registration packs before the season commences. This time, a drawstring bag was provided to athletes. This initiative again helped ensure a large bulk of overall registrations register and collect the rego packs before the commencement of the season. A minor drawback that affected the running of our Friday night competition was the re-turfing of the soccer field from October 2013 until the end of season in March 2014. Having to transfer the marshalling of our age groups, javelin, high jump events to field number two proved a challenge but it is fortunate that the space at the Park was large enough to accommodate the temporary change and allow us to still operate these events safely.

Registrations were slightly down on the previous season which had been an Olympic year and follows the pattern of registrations of past seasons. Our Centre continues to be well represented by athletes at State Relays, Zone, Region, State, State Multi's and the State Cross Country and Road Walks with some exceptional results by a number of our athletes at all these events. It must be noted that we had no athletes compete at the traditional Dragon Derby Gala Day at Sanctuary Point or at the Trans Tasman trials this past season, even though these events were well publicised. On a positive note the Centre had a number of athletes break ground and Little Athletics NSW Championship event records throughout the season.

Athletic participation during Friday night competition saw a consistent number of athletes taking part. As seems to be the trend each year, we start out with large numbers at the start of the season and drop off significantly after the New Year. We were fortunate to have only two nights of competition cancelled due to wet weather with a further night cancelled due to being accidentally locked out of the Clubhouse and unable to source the key until well after our start time for Friday competition.

Again this season, setting up the equipment for the competition on Friday night proved challenging with the lack of support from the parent body. A special mention of thanks to the various children of the Committee (in particular Blake, Jacob, Jared, Jaimie-Lee, Grace, Kai & Caitlin) who assisted a few adults in getting out the equipment and having it ready for the competition to begin at 6pm. Without their assistance, things would not have been ready to go at 6pm on Friday evenings.

I wish to congratulate all our athletes on their achievements throughout the 2013 – 2014 season. Whether those achievements were on a Friday night at Olds Park, Gala days or at Little Athletics NSW Championship competitions, all deserve special recognition. We have some extremely promising athletes at our Centre coming through in all age groups. Again this season I would like to recognise the achievements of Grace Robinson in the U15 girls. It was with great delight to hear of her selection to represent Australia at the Youth Olympics in China in the U18 Girls Shot Put in August. We also had the

success of our Junior Girls Middle Distance Relay team at the State Relays who also broke the existing State Relay record for that event and Pita Toamotu breaking the U15 boys State discus record and Grace Robinson breaking the State U15 girls shot record.

To those parents and carers who provide encouragement to our athletes, show patience with those in their charge, help in the development and officiating of their athletic skills, and who understand that Little Athletics is above all a family event with Mums, Dads and Carers' involved in the running of our Centre, I offer my sincere thanks and appreciation. Our Committee continues to work on having all our parents willingly offering their time to assist at our Centre in many area's that help is always required.

Again this season with State Relays and our Zone being held so close in time, State Relays numbers were down a little, especially in the juniors. Many of our parents commented that the time between these two events was close so this was a main reason to only enter one event. Entries for Zone were also down compared to those of the previous season. I also offer my congratulations to our Southern Metropolitan Zone Coordinator Ray Loveridge and the Zone and Region Committees for their part in helping make our Zone and Region Championships successful. My thanks as well to our St George parents, who assisted as Chiefs at these two carnivals and to our many parent helpers at these events.

Financially, we are still in a good position with a healthy bank balance after spending money on a new line marking machine and upgrading our timing equipment for the straight track. I thank Katrina Hammond for undertaking the role of Treasurer again this season. Registration fees, Canteen and BBQ continue to be the main fundraisers to help in the purchase of equipment, trophies and apparel for our Representative athletes. My thanks also must go to our Centre Secretary Belinda Markoski for applying for a McDonalds equipment grant for our Centre and in which \$1000 was awarded to us at a Presentation at McDonalds Sth Hurstville by their Store Manager George Stamiris at the conclusion of the season. Also a thank you to Athletes Foot Hurstville who continue to be great supporters of our Centre and their donation of \$500. This money will assist greatly in helping replace worn and broken equipment.

We extend our warmest thanks to the following organisations and individuals for their support of St George Little Athletics Centre this season - Hurstville Council, especially Christine Irwin , South Hurstville RSL for use of their premises for monthly meetings and our Annual General Meeting, Brian Moro and the Team from Athletes Foot at Westfield Hurstville for their continued support, David Carey for the many hours along with Chris Robinson with the surveying and marking of our track throughout the season and Regina Coeli Primary School for use of their School Hall for our Presentation night of awards.

To all the wonderful people who have served with me this season on the St George Little Athletics Committee, I offer you my sincere thanks and appreciation for the time, dedication and the professionalism you volunteer in your roles, to ensure that St George Little Athletics Centre continues to be a place for families to be involved in the Sport of Little Athletics. My thanks as always also goes to your families who allow you time to devote to your role.

I would like to also mention a special thank you to the following individuals who volunteer at St George Little A's without having their own children involved at our Centre. Lynne Whatman who volunteers many hours as our Centre Representative at Association, Zone and Region meetings and is also our Little Athletics NSW Association Official and Zone Secretary and with Ray Horton represents us at our fellow Centre Zone's AGM's. To Elise Beck and Matthew Murdoch as well as Ray for sorting and distributing

stickers and certificates on Friday evenings, Wendy Cook for running our Uniform Shop and Matt Ashton for his role as Coach with the assistance of Rod Wainwright.

Farewell to our U15 and U17 athletes who leave us. I wish you continued success in your future athletic pursuits. I look forward to the return of all our other athletes and parents in the 2014 - 2015 season and hope that you will be rewarded with special moments and memories as you watch your child continue to develop their athletic skills and fitness, make friends and have fun. Parents, please remember that your help is greatly needed and most appreciated in the many aspects of running our Centre.

It is a timely reminder as well, that the committee work on encouraging parents of younger age groups to consider seeking election on the committee with a number of our current Committee members children coming to the end of their little athletics career's. Now is the time for those of us who are in this situation to work closely with interested parents and pass on our knowledge and experience to a new generation of parents to ensure the continued success of St George Little Athletics centre well into the future.

To the 2014 – 2015 Committee, I wish you continued success for the ensuing year.

Finally, I would like to again thank my husband Fernando and children Jaimie-Lee, Jacob and Jared, for their continued support over the past twelve months for allowing me the time to devote to take on a role from which I gain great satisfaction and enjoyment.

LISA RIOS

ST GEORGE LITTLE ATHLETICS CENTRE – PRESIDENT

2013-14



**JARED RIOS IN ACTION AT THE
STATE MULTI CHAMPIONSHIPS
MARCH 2014**

TREASURER'S REPORT

It is with pleasure that I present the financial statements of the St George Little Athletics Centre for the 2013/2014 season.

The year was finished with a profit of around \$1,700, the centre closes the financial period with a financial base which indicates assets, both cash based and in uniform stock (estimate), of nearly \$61,000. This figure does not include the centre's equipment asset base nor future cash injection.

Income is derived through three main sources, Registrations, Canteen / BBQ and Uniforms. Uniform remains an area of our Centre's operation which is designed to break even and not to profit from our member's purchases.

Registrations for this year were down by about 50 members compared to last year.

Canteen and BBQ are down this year by \$4,000, things that may have contributed to this was that there were not as many members and again the Region championships were held in December there was no trading for that month.

This year with regard to the equipment we purchased a new line marking machine, which should cut down on time and paint. The time gates needed repair and were upgraded.

The centre remains financial and positioned to continue to increase and improve the facilities and opportunities offered to our members.

In closing, I would like to thank all committee members for their help and support this year.

Katrina Hammond
Treasurer 2013-2014



St. George Little Athletics Centre Inc.
Statement of Income and Expenditure
For the Year Ended March 28, 2014

| Income | 2013/2014 <u>Actual</u> | 2012/2013 <u>Actual</u> |
|---------------------------------------------------|------------------------------------------|------------------------------------------|
| | \$ | \$ |
| Registration | 30,907.60 | 31,343 |
| Canteen | 9,862.50 | 11,172 |
| BBQ | - | 2,764 |
| Sponsors, Donations and Miscellaneous Income | 260.00 | 150 |
| Uniforms | 9,349.75 | 13,258 |
| Interest | 525.71 | 608 |
| Other (including competitions) | 1,944.00 | |
| | <hr/> 52,850 | <hr/> 59,295 |
| Expenditure | | |
| Registration Fees and Resignations | 8,456.00 | 8,739 |
| Canteen | 4,318.27 | 3,268 |
| BBQ | 2,290.61 | 8,562 |
| Float | 50.00 | 350 |
| Uniforms Purchases | 14,778.50 | 13,527 |
| Annual General Meeting | 1,212.80 | 870 |
| Bank Charges | 151.50 | 150 |
| Electricity | - | 0 |
| Equipment | 6,974.75 | 784 |
| Ground Marking | 933.90 | 1,242 |
| Insurance | - | 0 |
| Park Fees | - | 0 |
| End of Season Presentation | 416.70 | 400 |
| Postage | - | 6 |
| Printing & Stationery | 5,651.43 | 3,363 |
| State Conference | 456.00 | 636 |
| Sundry Expenses incl. Course Fees and Advertising | 88.64 | 1,046 |
| Telephone | - | 0 |
| Competitions | 1,049.00 | 3,180 |
| Trophy | 21.20 | 3,476 |
| Advertising | 700.00 | 615 |
| Course Fees | 540.00 | 570 |
| Coaching | 1,070.00 | 2,420 |
| | <hr/> 49,159 | <hr/> 53,204 |
| Nett | 3,690 | 6,090 |
| Less previous yrs comp mny | <hr/> - 1,944 | <hr/> |
| Surplus/(Deficit) for the Year | 1,746 | 6,090 |

St. George Little Athletics Centre Inc.

Balance Sheet
For the Year Ended March 28, 2014

| | 2013/2014 | 2012/2013 |
|-------------------------------------|----------------------|----------------------|
| | <u>Actual</u> | <u>Actual</u> |
| Current Assets | | |
| | \$ | \$ |
| St. George Bank - General Account | 25,215 | 26,035 |
| St. George Bank - Term Deposit | 21,658 | 21,135 |
| Perpetual Trustee - Term Deposit | | |
| Petty Cash | 50 | 350 |
| Inventory - Uniforms | 14,029 | 12,000 |
| Other Debtors | | |
| Total Current Assets | 60,952 | 59,520 |
| Total Assets | <u><u>60,952</u></u> | <u><u>59,520</u></u> |
| Current Liabilities | | |
| Accruals | 0 | 0 |
| Total Current Liabilities | 0 | 0 |
| Equity | 0 | 0 |
| Opening Balance | 61,150 | 55,060 |
| Surplus/(Deficit) | 1,746 | 6,090 |
| Less previous yrs comp mny | - 1,944 | |
| Closing Balance | 60,952 | 61,150 |
| Total Liabilities and Equity | 60,952 | 61,150 |

I report that I have examined the Books and Records of the St George Little Athletics Centre Inc. for the year ended March 31, 2014 and have received sufficient information as to enable me to form the opinion that the financial statements for the year ended 31 March, 2014 is in accordance with those records and fairly represents the activities for the year and the State of Affairs of the Centre at 31 March 2014.



WAITING TO TIME AT THE STRAIGHT TRACK ON A FRIDAY EVENING



JACOB AND JARED RIOS ACCEPT A CHEQUE OF \$1000 FROM MCDONALDS STH HURSTVILLE MANAGER GEORGE STAMIRIS WHICH WAS AWARDED TO THE CENTRE FOR THE PURCHASE OF EQUIPMENT – 21ST MARCH 2014



SOME OF THE CREW JOIN IN FOR THE PHOTO

REGISTRAR'S REPORT

This year we had 410 registered athletes.

The majority of athletes registered prior to the season or in the first few weeks but we continued to receive registrations right up to the last few weeks of the season.

Several new families mentioned that they weren't aware when the athletics season started so perhaps it might be worth investigating putting messages in relevant school newsletters to see if this makes a difference as parents may see this rather than an ad in the leader

As with the last few years rego nights seem to run like a well oiled machine now. Thank you to everyone who helps out. I couldn't do it without you. As always, any suggestions to improve the registration process are gratefully accepted.

The procedure for trialists is also running very smoothly now. 38 athletes trialled. About 50% of the athletes who trialled at the beginning of the season went on to register but almost all of the athletes who trialled after the Christmas break went on to register. We had a few athletes bypassing the correct procedure but most age managers know to look for the arm bands now and alert us to unofficial trialists.

We still have a problem accessing online registrations for the recorder's computer but this is not a huge problem.

There are a few areas we need to look at in the coming season

- An increasing number of parents bring their rego info on their smart phone which means no paper trail. If this trend continues we may have to alter our registration night process so paid and unpaid online regos are clearer for the helpers on registration night and unpaid regos don't slip through.
- There has been some discussion about offering direct deposit as a payment option. This presents some issues but if the committee would like to investigate this or similar options I'm happy to discuss
- Online access at the clubhouse continues to be an issue. Any computer savvy people who have suggestions please speak up!

Once again, thank you everybody for the help. I hope I can count on you again next season

Jenny Borg
Registrar 2013/2014

RECORDERS REPORT

During the past few years St George LAC athletes have had the opportunity to set many new records. This came about due to the introduction of electronic timing gates for the 200m and 400m races. The 100m and 200m are already electronic timed.

During the 2011/2012 season there were technical changes in the U14B Shot Put, U14G Javelin, U15B Javelin, U15G Javelin, U17G Shot Put, U17G Javelin and in the 200m and 400m track events. Before the 2013/2014 season commenced all records for these events in the handbook and the website were updated and mistakes corrected.

Ground records for 300m Pack, 500m Pack, 700m Pack, 800m, 1500m, 3000m and all walk events are still hand timed.

Centre Records now use photo finish electronic timing. This has necessitated the keeping of records for both ground and centre records. Records were searched as far back as LANSW records allow to 2001 and in all available STGLAC handbooks and annual reports.

I would like to thank Elise Beck, Matthew Murdock and Ray Horton for filing and distributing all the results sheets every Friday night.

Congratulations to Pita Toamotu and Grace Robinson for each setting a state record.

Congratulations to all other athletes that have broken the previously existing records during the season however only the best results for the season are shown below.

Paul Byrnes
Recorder 2013-2014



ZONE CHAMPIONSHIPS – U11B KAI HAMMOND - 800M

GROUND RECORDS

| | | | | |
|------|--------------|---------------------|---------|------------|
| U6B | 70mET | Bailey Latanis | 13.09 | 14/03/2014 |
| U6B | 200mET | Bailey Latanis | 42.23 | 14/03/2014 |
| U6B | 300mHT Pack | Bailey Latanis | 1.06-9 | 07/02/2014 |
| U6B | Long Jump | Bailey Latanis | 3.00m | 10/01/2014 |
| U6B | Shotput | Bailey Latanis | 6.01m | 28/02/2014 |
| U7G | 200mET | Elliana Esber | 40.41 | 14/03/2014 |
| U8B | 200mET | Jamie Lupis | 36.61 | 14/03/2014 |
| U8G | 200mET | Katerina Stojkovski | 38.66 | 14/03/2014 |
| U9B | 200mET | Joshua Hewitt | 33.47 | 10/01/2014 |
| U9B | Long Jump | Joshua Hewitt | 3.97m | 07/02/2014 |
| U9G | 400mET | Imogen Stewart | 35.33 | 14/03/2014 |
| U9G | 400mET | Imogen Stewart | 1.16-96 | 18/10/2013 |
| U9G | 800mHT | Imogen Stewart | 2.46-7 | 25/10/2013 |
| U11B | 400mET | Kai Hammond | 1.11-32 | 18/10/2013 |
| U11G | 400mET | Charlotte Tsui | 1.14-95 | 13/09/2013 |
| U12B | 200mET | Jordan Samrani | 29.82 | 10/01/2014 |
| U12G | Javelin 400g | Emily Markoski | 24.07m | 17/01/2014 |
| U14B | 200mET | Andrew Hung | 26.43 | 14/03/2014 |
| U14B | 400mET | Andrew Hung | 1.00-07 | 15/11/2013 |
| U14G | 200mET | Morgan Griffiths | 29.25 | 25/10/2013 |
| U14G | 400mET | Morgan Griffiths | 1.07-06 | 18/10/2013 |
| U15B | Discus 1kg | Pita Toamotu | 56.96m | 01/11/2013 |
| U15B | Javelin 700g | Pita Toamotu | 42.18m | 18/10/2013 |
| U15G | 200mET | Carina Fickeyes | 29.67 | 08/11/2013 |
| U15G | Shotput 3kg | Grace Robinson | 16.12m | 14/03/2014 |
| U15G | Discus 1kg | Grace Robinson | 41.49m | 14/03/2014 |
| U15G | Javelin 500g | Grace Robinson | 33.66m | 14/03/2014 |
| U17B | 200mET | Ben Alessio | 25.07 | 08/11/2013 |
| U17B | 400mET | Ryan Lewis | 1.02-61 | 15/11/2013 |
| U17B | 800mHT | Michael Pejoski | 2.27-8 | 14/03/2014 |
| U17B | 3000mHT | Michael Pejoski | 12.37-5 | 14/03/2014 |
| U17B | Shotput 5kg | Blake Grosvenor | 11.18m | 15/11/2013 |
| U17B | Discus 1.5kg | Blake Grosvenor | 35.23m | 14/02/2014 |
| U17B | Javelin 700g | Blake Grosvenor | 56.69m | 14/03/2014 |
| U17B | Triple Jump | Blake Grosvenor | 12.80m | 14/02/2014 |
| U17G | 1500mWHT | Jade Kearsey | 9.51-8 | 07/03/2014 |

CENTRE RECORDS

| | | | | |
|------|-------------|-------------------------|----------|----------|
| U7G | 100mET | Elliana Esber | 17.92 | (12/13)Z |
| U7G | 200mET | Elliana Esber | 39.52 | (12/13)Z |
| U8B | 700mET Pack | Jack Priestley | 2:51.39 | (12/13)Z |
| U9G | 400mET | Imogen Stewart | 1:08.22 | (03/14)S |
| U9G | 800mET | Imogen Stewart | 2:36.35 | (03/14)S |
| U10G | 70mET | Andrea Marshall | 10.25 | (03/14)S |
| U10G | 60mHET | Andrea Marshall | 10.16 | (03/14)S |
| U11B | 800mET | Kai Hammond | 2:35.02 | (12/13)Z |
| U11G | 400mET | Charlotte Tsui | 1:08.26 | (03/14)S |
| U11G | 800mET | Charlotte Tsui | 2:35.82 | (03/14)S |
| U11G | 1500mET | Lauren Carey | 5:31.21 | (02/14)R |
| U12G | 100mET | Jade Johnston-Mitrevska | 13.66 | (02/14)R |
| U12G | 200mET | Jade Johnston-Mitrevska | 28.47 | (03/14)R |
| U13G | 100mET | Lauren Samrani | 13.83 | (12/13)Z |
| U14B | 100mET | Zachary Cameron | 11.82 | (12/13)Z |
| U14B | 200mET | Zachary Cameron | 24.77 | (12/13)Z |
| U14B | 400mET | Andrew Hung | 59.43 | (12/13)Z |
| U14B | 3000mET | Iavor Nikolaev | 11:33.47 | (12/13)Z |
| U14G | 200mET | Morgan Griffiths | 27.00 | (03/14)S |
| U14G | 400mET | Morgan Griffiths | 1.01.12 | (03/14)S |
| U14G | 80mHET | Louisa Hamilton | 14.65 | (12/13)Z |
| U14G | 200mHET | Louisa Hamilton | 31.43 | (12/13)Z |

CENTRE RECORDS continued....

| | | | |
|------|--------------|---------------------|------------------|
| U15B | SP 5kg | Pita Toamotu | 17.40m (03/14)S |
| U15B | Discus | 1kg Pita Toamotu | 63.27m (03/14)S |
| U15B | Javelin | 700g Pita Toamotu | 40.74m (12/13)Z |
| U15G | ShotPut 3kg | Grace Robinson | 15.25m (02/14)R |
| U15G | Discus | 1kg Grace Robinson | 41.85m (03/14)S |
| U15G | Javelin | 500g Grace Robinson | 37.17m (03/14)S |
| U17B | 100mET | Benjamin Alessio | 11.25 (12/13)Z |
| U17B | 200mET | Benjamin Alessio | 23.14 (12/13)Z |
| U17B | High Jump | Michael Pejoski | 1.60m (12/13)Z |
| U17B | Javelin 700g | Blake Grosvenor | 44.17m (03/14)S |
| U17G | 100mHET | Jaimie-Lee Rios | 32.11 (03/14)SME |
| U17G | ShotPut 3kg | Jaimie-Lee Rios | 9.77m (02/14)R |
| U17G | Javelin 500g | Jaimie-Lee Rios | 20.64m (02/14)R |
| U17G | 1500mWET | Jade Kearsey | 9:37.10 (02/14)R |

STATE RECORDS

| | | | |
|------|-------------|----------------|------------------|
| U15G | ShotPut 3kg | Grace Robinson | 15.25m 16-Feb-14 |
| U15B | Discus 1kg | Pita Toamotu | 63.27m 23-Mar-14 |



U9 BOYS 800M – SORA KAMIKURA

CHAMPIONSHIPS OFFICER

REPORT

2013-14 was a strong year of championship participation and results by all St George athletes. The competitions ran smoothly and without the usual weather extremes, though it was a rather wet Regional Championship at the Port Hacking track.

St George Athletes had 114 athletes compete in the Southern Metro Zone Championships which were held at The Ridge Track, Menai in December 2013. The Zone Championships are always an exciting event as athletes often experience a 'proper' athletic competition for the very first time, as well as the butterflies that come with that.

We had 80 Athletes qualify for the Regional Championships which were held at Sylvania this year and 28 make it through to the State Championships, which was a wonderful effort.

We had a number of great results at State level this year with multiple athletes winning multiple medals.

Results of note at the State Championships were gold medals by U9 Imogen Stewart in the 800m, U15 Pita Toamotu in the Shot and U15 Grace Robinson, also in the shot.

A Gold medal was also won in the State Relay Championships by the Junior Girls Middle Distance team comprising of Katerina Stojkovski, Imogen Stewart, Casey Stanley, Charlotte Tsui.

Detailed results for all the championships events, including the NSW State Multi Event Competitions follow.

As always, thanks to all parents for their patience and support in attending to their parent duties during the competitions. You make my job a lot easier and without your involvement and commitment to helping out, championships would not be possible.

Congratulations to all competitors for a great season. We hope everyone had a lot of fun, great experiences at all competitions and are ready to do better next year!

Go St George!

Daniel Cibe
2013-14 Championships Officer

OFFICER FOR OFFICIALS REPORT

The 2013/ 2014 was a great season with committee members at key areas of the grounds and a dedicated group of age managers with their parent helpers ensured that Friday nights were run as smoothly as possible. With lots of laughs and fun had by all kids and parents.

But saying that it is the same old faces that are there to help and a greater focus for the season ahead will be to try to attract the parents who wonder around with their kids but never volunteer from what I believe is not a unwillingness to help but a lack of knowledge what there is to do i.e. set up put away or what the volunteering roles entail when you are with your age group. Also focus is to get more parents obtain their officials qualifications via Little Athletics NSW.

I would like to thank all my fellow committee members and all children and parents that help our club be a success

Jason Pope
2013-14 Officer for Officials

GROUND & EQUIPMENT OFFICER REPORT

Congratulation to all our athletes who competed at this year's State Championship.

Thank you to Lisa and Lyn for running the club for another year. A massive thank you to Dave Carey, for surveying and his continued support in the marking of the track throughout the season. It's a big job, without help the job can't be done.

More people to help out in setting up and packing away of the equipment would be much appreciated, other than the small group of the same faces we see.

That's all from me, see you next season.

CHRIS ROBINSON
GROUND & EQUIPMENT OFFICER 2013-14



CANTEEN AND BBQ REPORT

I would like to thank those parents who have assisted me in the canteen and BBQ this past season. A special mention of thanks to Marianna, Pip and Kerry who were regular helpers throughout the season in the canteen. At St George Little Athletics Centre, we do our very best to keep the prices of our items family friendly.

Stephanie Grosvenor
2013-14 Canteen & BBQ Officer



STEPHANIE GROSVENOR IN THE CANTEEN

CHAMPION GIRL &

MULTI AWARD

GRACE ROBINSON – U15'S



This athlete had an incredible season, competing at the State Relays, State Multis, Zone, Region, and State Championships in little athletics.

At the State Relays, competing up an age group, she was part of the 2nd place shot/discus St George U17 girls relay team.

At the State Multi's, she placed 6th in her age group and was the highest placed St George athlete at the State Multi Championships.

This athlete also set new ground records for St George in Shot Put, Discus and javelin in her age group and new St George Centre records in Shot, Discus and Javelin.

At Zone, she placed first in all throwing events and broke the Zone record for her age group in Shot and javelin.

At Region she again placed 1st in all throwing events and set new Region records in Shot and javelin. She also broke the State Shot record at the Regional carnival for her age.

At State she placed 1st in shot, 2nd in discus and 3rd in javelin.

Outside of Little Athletics, Grace is the current number one ranked athlete in Australia in the U18 year age group for shot put. Recently, Grace and her family learned that she has been selected to represent Australia at the Youth Olympics which are being held in China in August 2014. Grace will be competing in the U18 Womens Shot Put. Going into the Youth games, Grace is currently the 2nd ranked athlete in the world for shot Put for the U18's. This is remarkable considering Grace does not turn 16 until 31st

December this year, so will still be 15 when competing.

The St George Little Athletics centre Committee and the athletes and parents of the Centre wish Grace every success in her first major international event in August, which may be the first of many to come in the future.



GRACE ROBINSON IN ACTION IN DISCUS AT STATE MULTI'S 2014

CHAMPION BOY

PITA TOAMOTU – U15'S



Our Champion boy athlete has also had a tremendous season competing at Zone, Region, and the recent State Championships in little athletics.

He also set new ground records for St George in Shot and new St George Centre records in Shot, Discus and Javelin.

At Zone, he placed 1st in all throwing events and set a new record in Shot.

At Region, he placed 1st in discus and shot again breaking the region record for shot

At the State Championships he placed 1st in shot and discus, breaking the State Discus record for his age group.

CHAMPION GIRL

RUNNER UP

CHARLOTTE TSUI – U11'S



Our runner Up Girl had a terrific season, competing at the State Relays, Zone, Region and State.

At the State Relays, she was part of the State record breaking Junior Middle Distance Girls Relay team.

At Zone she placed 2nd in the 400m breaking the existing Zone record. She also placed 2nd in the 800m and 8th in the Long Jump

At Region she placed 1st in the 800m and 2nd in the 400m.

At the State Championships she placed 7th in the 800m final and 12th overall in the 400m.

Charlotte also set a new ground record in the 400m and new Centre records for the 400m and 800m.

CHAMPION BOY

RUNNER UP

JORDAN SAMRANI – U12'S



Our Runner -Up Boy Champion had a super season in Little Athletics competing at Zone, Region and State.

Jordan also set a new St George ground record in his age group for the 200m

At Zone he placed 2nd in the 100m, 200m, Long jump and triple jump. He was also a member of the 4 x 100m Junior Boys Relay team which placed 2nd.

At Region he placed 3rd in the Long and Triple Jump, 5th in the 100m and 6th in the triple Jump .

At State he placed 3rd in the Long jump, 6th in the triple jump and placed 17th in the 100m.

WALK AWARD

JADE KEARSEY – U17'S



Our Walk Award recipient has achieved remarkable results in this event, especially as our Centre is unable to have walks on our program of events on Friday evenings.

Jade competed at the State Relays, Zone, Region and State.

At the State Relays she was part of the 2nd placed U17 Girls shot/Discus team and for the second time in a Championships entered the walk event, qualifying for the State Championships.

At Zone and Region she placed 2nd in the 1500m walk.

At the State Championships, she placed 19th in 1500m walk, a remarkable achievement with little walk experience.

Jade also set a new St George ground and centre record for the U17 girls 1500m walk.

FIELD AWARD

LAUREN SAMRANI – U13'S



Lauren has achieved great results in the past season in the field events of jumps.

At Zone she placed 1st in High Jump and 2nd in Long Jump.

At Region she placed 2nd in High Jump and 3rd in Long Jump.

At State she placed 6th in High Jump and 11th in Long Jump.

Lauren also set a new electronic centre record for the 100m.

JUNIOR GIRL CHAMPION &

MIDDLE DISTANCE AWARD

IMOGEN STEWART – U9'S



This Junior Athlete competed at the Little Athletics State Cross Country Championships, State Relays, Zone, Region and State Championships.

Imogen also set St George ground and centre records for the 400m and 800m events for her age group.

At the 2013 LANSW State Cross Country Championships she placed 1st.

At the State Relays she was part of the record breaking first placed Middle Distance Junior Girls team.

At Zone she placed 1st in the 400m and 800m events, breaking the zone 800m record and also placing 3rd in the 200m..

At Region, she placed 1st in the 400m and 800m and broke the Region record in the 800m.

At State, she placed 1st in the 800m and 2nd in the 400m.

JUNIOR BOY CHAMPION

JOSHUA HEWITT – U9'S



This young athlete has had a great season, competing at Zone, Region and State.

Joshua set a St George Ground record for Long Jump and a new electronic 200m record in his age group

At Zone he placed 1st in the 800m, 2nd in the Long Jump, 3rd in the 100m and 4th in the 200m.

At Region, he placed 2nd in the 800m and 5th in the 200m and Long Jump.

After gaining qualification to the State Championships as one of the next best 8 qualifiers in the State he qualified to the final of the Long Jump and 800m. In Long Jump he placed 8th and the 800m final 12th. He also finished 17th in the 100m.

REBECCA ORR

ENCOURAGEMENT AWARD GIRL

EMILIA PETKOVSKI – U11's



This athlete has had a great season. Representing St George at the, Zone and Region.

At Zone she placed 4th in the 200m, 6th in the 100m and high Jump and 8th in the 400m.

At Region she placed 4th in the 400m, 5th in the 200m and 6th in the 100m improving her times in each event from what she did at the Zone Championships. Her time for the 400m was not far from gaining selection to this seasons State Championships.

We believe that Emilia has the potential to represent St George at future State Championships.

REBECCA ORR

ENCOURAGEMENT AWARD BOY

DAVID TRAJKOVSKI



This athlete competed at Zone and Region for St George.

At Zone he placed 4th in the 70m and Long Jump and in the 100m placed 5th.

At Region he made the finals for all his events and placed 6th in the 100m and 7th in the 70m and long Jump.

We believe David has the potential to qualify to the State Championships in the future

The Friday Night Encouragement Award is awarded to a Girl and Boy who have participated for the majority of the season on Friday Nights at Olds Park and participated to the best of their ability.

BOYS FRIDAY NIGHT ENCOURAGEMENT AWARD

NICHOLAS JAMIESON – U8's



GIRLS FRIDAY NIGHT ENCOURAGEMENT AWARD

SARAH CHAPMAN U11G



10 YEAR SERVICE AWARD



BACK ROW –

**JAIMIE-LEE RIOS U17G
GRACE ROBINSON U15G
PITA TOAMOTU U15B**

FRONT ROW

**JACOB RIOS U15B,
MICHAEL WATSON U15B**

5 YEAR SERVICE AWARD



| | |
|------------------------------|----------------------------|
| THOMAS MURPHY U10 | JAZMINE DIPALMA U13 |
| ZAC CAMERON U14 | ANDREA MARSHALL U10 |
| ALEX CAMERON U12 | AMANDA PEARSON U10 |
| SZE WONG U14 | CASEY STANLEY U10 |
| REECE KOSKINAS U13 | KATIE SCHWARZEL U12 |
| MICHAEL RISTEVSKI U12 | |
| DAMIEN PUEBLA U10 | |

PUBLICITY & SPONSORSHIP

REPORT

The roll out of newsletters came for another season keeping our families & athletes up to date with upcoming events, latest news & other information. I would also like to say a special thank you to Paul Byrnes for getting our newsletter onto our website & also keeping our website up to date.

Special thanks and appreciation goes to Athletes Foot at Westfield Hurstville, in particular, Brian Moro, for his Athletes Foot stores continued association and support to our Centre. To our suppliers of food and beverages for the Canteen and BBQ - Bruce Elvey Meats, KB Farm Chickens, K&E Confectionary and Coca Cola we thank you in meeting our orders on time, throughout this past season to keep our hungry athletes energised.

I will be standing down from my role, but wish my successor and all involved in little athletic at St George all the best for the future!

MICHELLE MURPHY
PUBLICITY OFFICER 2013 - 2014

STATE RELAYS REPORT

Congratulations to all our athletes in our junior and senior teams who took part in the State Relay Championships at Homebush. Each of our athletes competed to the best of their ability for their team on the day. Congratulations also to the Junior Girls Middle Distance Team of Katerina Stojkovski, Imogen Stewart, Casey Stanley and Charlotte Tsui and who took the Gold Medal in this event and also broke the Junior Girls Middle Distance State Relay Record. Congratulations also to our U17 Girls Team of Jaimie-Lee Rios, Grace Robinson, Dominique Johnston and Jade Kearsey who won the silver Medal in the U17 Girls Shot/ Discus Relay. A big thank you to Lynne Whatmann who was our Little Athletics NSW Official on the day for our Centre.

Report by Lisa Rios



**THE RECORD BREAKING JUNIOR MIDDLE DISTANCE TEAM ON THE DIAS
AFTER BEING PRESENTED WITH THEIR MEDALS**



**L-R: IMOGEN STEWART, CHARLOTTE TSUI,
KATERINA STOJKOVSKI & CASEY STANLEY**



CHARLOTTE TSUI U11G IN ACTION AT THE 2013-14 STATE RELAYS



THE 2ND PLACED U17G SHOT/DISCUS RELAY TEAM WAITING FOR THE MEDAL PRESENTATION



**L-R: JAIMIE-LEE RIOS, GRACE ROBINSON & JADE KEARSEY
Dominique Johnston absent for presentation of medal**

ZONE CHAMPIONSHIPS REPORT

Congratulations to all U7 to U17 St George athletes who took part at the Southern Metropolitan Zone Championships held in early December. Many thanks to all our parent helpers who assisted throughout the weekend as required. Our thanks also go to our parents who acted as Chief Officials at field events and on the starting panel over the Zone weekend. Many of our athletes managed some incredible results with Zone records being broken over the weekend. St George had 111 athletes compete over the weekend with 11 athletes breaking Zone records. Congratulations to those athletes who finished in the top six in their finals and have qualified to the Regional Championships in February. Some athletes may still qualify after the Inner City Zone holds their Zone Carnival in late January. These athletes who qualify on next best times and distances jumped or thrown will be notified in early February.

Report by Lisa Rios

South Metropolitan Zone Carnival The Ridge Athletics Track - 13/12/2013 to 15/12/2013 Meet Summary - All Events Seed Heats Final

St George

1 Corey Ackers - Male - Age: 9 - Comp#: 69

#8 Boys U 9 70 Metre Sprint NT 12.18 (7) 11.96 (7)

#174 Boys U 9 Long Jump ND 3.16m (5)

#206 Boys U 9 Discus (500 Gm) ND 17.81m (2)

#226 Boys U 9 Shot Put (2.0 Kg) ND 5.25m (3)

2 Selsabeel Al Hariri - Female - Age: 8 - Comp#: 258

#33 Girls U 8 200 Metre Sprint NT DNS

#69 Girls U 8 60 Metre Hurdles (45cm) NT 17.99 (15)

#97 Girls U 8 700 Metre Pack Start NT DNS

#203 Girls U 8 Discus (500 Gm) ND 3.93m (14)

3 Benjamin Alessio - Male - Age: 17 - Comp#: 10

#30 Boys U 17 100 Metre Sprint NT 11.25 (3) 11.25 (3)

#50 Boys U 17 200 Metre Sprint NT 23.44 (3) 23.14 (3)

Zone Record: 23.41

#188 Boys U 17 Long Jump ND 5.55m (5)

#200 Boys U 17 Triple Jump ND 11.36m (5)

4 Nicholas Atkinson - Male - Age: 11 - Comp#: 58

#20 Boys U 11 100 Metre Sprint NT 14.67 (10)

#76 Boys U 11 60 Metre Hurdles (60cm) NT 10.76 (2) 10.55 (2)

#158 Boys U 11 High Jump (S/H 1.05m) NH 1.15m (6)

#190 Boys U 11 Triple Jump ND 8.22m (3)

5 Adam Beilin - Male - Age: 7 - Comp#: 59

#2 Boys U 7 50 Metre Sprint NT 9.61 (6) 9.55 (7)

#4 Boys U 7 70 Metre Sprint NT 13.40 (12)

#12 Boys U 7 100 Metre Sprint NT 18.38 (9)

#170 Boys U 7 Long Jump ND 2.78m (3)

6 Giannon Borg - Female - Age: 11 - Comp#: 18

#75 Girls U 11 60 Metre Hurdles (60cm) NT 11.39 (5) 11.44 (4)

#177 Girls U 11 Long Jump ND 3.35m (9)

#209 Girls U 11 Discus (750 Gm) ND 13.76m (3)

#229 Girls U 11 Shot Put (2.0 Kg) ND 6.91m (4)

7 Tallis Brown - Male - Age: 13 - Comp#: 23

#24 Boys U 13 100 Metre Sprint NT 14.69 (10)

#80 Boys U 13 80 Metre Hurdles (76cm) NT 18.57 (6)

#146 Boys U 13 1500 Metre Walk NT DQ

#162 Boys U 13 High Jump (S/H 1.20m) NH 1.35m (6)

#182 Boys U 13 Long Jump ND 4.01m (7)

#194 Boys U 13 Triple Jump ND 7.83m (7)

8 Tully Brown - Female - Age: 15 - Comp#: 9

#27 Girls U 15 100 Metre Sprint NT DNS

#83 Girls U 15 90 Metre Hurdles (76cm) NT DNS

#165 Girls U 15 High Jump (S/H 1.20m) NH DNS

#185 Girls U 15 Long Jump ND DNS

#247 Girls U 15 Javelin (500 Gm) ND DNS



9 Indi Bulian - Female - Age: 10 - Comp#: 70

#9 Girls U 10 70 Metre Sprint NT 11.66 (10)
#17 Girls U 10 100 Metre Sprint NT 16.41 (11)
#73 Girls U 10 60 Metre Hurdles (60cm) NT 14.20 (12)

10 Luke Byrnes - Male - Age: 14 - Comp#: 35

#216 Boys U 14 Discus (1.0 Kg) ND 21.94m (4)
#236 Boys U 14 Shot Put (3.0 Kg) ND 11.41m (2)
#246 Boys U 14 Javelin (600 Gm) ND 32.20m (1)

11 Alex Cameron - Male - Age: 12 - Comp#: 43

#22 Boys U 12 100 Metre Sprint NT 14.40 (4) 14.18 (4)
#42 Boys U 12 200 Metre Sprint NT 30.55 (7) 31.76 (7)
#78 Boys U 12 60 Metre Hurdles (68cm) NT 11.77 (4) 11.77 (4)
#180 Boys U 12 Long Jump ND 4.13m (9)

12 Zachary Cameron - Male - Age: 14 - Comp#: 42

#26 Boys U 14 100 Metre Sprint NT 11.82 (2) 11.82 (2)
Zone Record: 12.00
#46 Boys U 14 200 Metre Sprint NT 24.77 (1)
#184 Boys U 14 Long Jump ND 5.01m (5)

13 Eloise Carey - Female - Age: 9 - Comp#: 31

#53 Girls U 9 400 Metre Sprint NT 1:20.42 (5) 1:22.17 (5)
#71 Girls U 9 60 Metre Hurdles (45cm) NT DNS
#99 Girls U 9 800 Metre Run NT 3:03.16 (3)
#173 Girls U 9 Long Jump ND 2.38m (13)

14 Lauren Carey - Female - Age: 11 - Comp#: 30

#103 Girls U 11 800 Metre Run NT 2:46.25 (5)
#117 Girls U 11 1500 Metre Run NT 5:32.40 (1)

15 Chermay Chaves - Female - Age: 14 - Comp#: 67

#25 Girls U 14 100 Metre Sprint NT 14.27 (10)
#45 Girls U 14 200 Metre Sprint NT 30.25 (9)
#63 Girls U 14 400 Metre Sprint NT 1:10.08 (8) 1:09.69 (6)
#195 Girls U 14 Triple Jump ND 8.15m (6)

16 Lucy Chubb - Female - Age: 7 - Comp#: 66

#31 Girls U 7 200 Metre Sprint NT 44.97 (4) 43.48 (4)
#169 Girls U 7 Long Jump ND 2.14m (9)

17 Madeleine Chubb - Female - Age: 9 - Comp#: 65

#15 Girls U 9 100 Metre Sprint NT 18.70 (13)
#71 Girls U 9 60 Metre Hurdles (45cm) NT 12.72 (7) 12.65 (7)
#173 Girls U 9 Long Jump ND 2.84m (8)
#205 Girls U 9 Discus (500 Gm) ND 10.24m (5)

18 Daly Cronin - Female - Age: 12 - Comp#: 389

#41 Girls U 12 200 Metre Sprint NT 34.26 (9)
#105 Girls U 12 800 Metre Run NT 3:13.28 (9)

19 Wiley Curtis - Male - Age: 9 - Comp#: 189

#16 Boys U 9 100 Metre Sprint NT 17.68 (13)
#72 Boys U 9 60 Metre Hurdles (45cm) NT 12.91 (11)
#174 Boys U 9 Long Jump ND DNS
#226 Boys U 9 Shot Put (2.0 Kg) ND 5.15m (6)

20 Jazmine Di Palma - Female - Age: 13 - Comp#: 118

#23 Girls U 13 100 Metre Sprint NT 14.46 (9)
#43 Girls U 13 200 Metre Sprint NT 32.13 (9) DNS
#61 Girls U 13 400 Metre Sprint NT 1:15.77 (6)
#161 Girls U 13 High Jump (S/H 1.15m) NH 1.29m (2)
#181 Girls U 13 Long Jump ND 3.93m (5)
#193 Girls U 13 Triple Jump ND 8.22m (4)

21 Sienna Di Palma - Female - Age: 8 - Comp#: 119

#5 Girls U 8 70 Metre Sprint NT 13.63 (8) DNS
#13 Girls U 8 100 Metre Sprint NT 19.55 (11)
#33 Girls U 8 200 Metre Sprint NT 43.99 (10)
#171 Girls U 8 Long Jump ND 2.37m (9)

22 Brody Duck - Male - Age: 8 - Comp#: 337

#34 Boys U 8 200 Metre Sprint NT DNS
#52 Boys U 8 400 Metre Sprint NT 1:38.92 (9)
#172 Boys U 8 Long Jump ND 2.57m (11)
#224 Boys U 8 Shot Put (1.5 Kg) ND 3.37m (8)

23 Kye Duck - Male - Age: 7 - Comp#: 338

#12 Boys U 7 100 Metre Sprint NT 22.40 (13)
#170 Boys U 7 Long Jump ND DNS
#202 Boys U 7 Discus (350 Gm) ND DNS
#222 Boys U 7 Shot Put (1.0 Kg) ND 3.49m (9)

24 Ellaina Esber - Female - Age: 7 - Comp#: 375

#1 Girls U 7 50 Metre Sprint NT 9.57 (3) 9.70 (2)
#11 Girls U 7 100 Metre Sprint NT 18.63 (2) 17.92 (2)
#31 Girls U 7 200 Metre Sprint NT 39.52 (3) 41.09 (2)
#169 Girls U 7 Long Jump ND 2.45m (2)



LAUREN SAMRANI U13G

25 Carina Fickeys - Female - Age: 15 - Comp#: 392
 #27 Girls U 15 100 Metre Sprint NT 13.44 (3) 13.44 (3)
 #47 Girls U 15 200 Metre Sprint NT 28.44 (4)
 #185 Girls U 15 Long Jump ND 3.73m (4)

26 Jacob Fong - Male - Age: 7 - Comp#: 188
 #4 Boys U 7 70 Metre Sprint NT 13.24 (10)
 #32 Boys U 7 200 Metre Sprint NT 39.90 (5) 38.93 (4)
 #96 Boys U 7 500 Metre Pack Start NT DNS
 #170 Boys U 7 Long Jump ND 2.42m (8)

27 Noah Fong - Male - Age: 10 - Comp#: 187
 #56 Boys U 10 400 Metre Sprint NT 1:24.74 (10)
 #102 Boys U 10 800 Metre Run NT 3:08.13 (10)
 #116 Boys U 10 1500 Metre Run NT 6:13.99 (9)
 #176 Boys U 10 Long Jump ND 3.14m (10)

28 Aiden Gambrell - Male - Age: 10 - Comp#: 71
 #74 Boys U 10 60 Metre Hurdles (60cm) NT 11.65 (3) 11.72 (3)
 #156 Boys U 10 High Jump (S/H 0.95m) NH 1.05m (7)
 #208 Boys U 10 Discus (500 Gm) ND 20.89m (4)

29 Natalie Gramatkovski - Female - Age: 10 - Comp#: 223
 #55 Girls U 10 400 Metre Sprint NT 1:33.67 (9)
 #73 Girls U 10 60 Metre Hurdles (60cm) NT 14.30 (14)
 #155 Girls U 10 High Jump (S/H 0.90m) NH 1.00m (3)

30 Dyson Griffiths - Male - Age: 12 - Comp#: 207
 #22 Boys U 12 100 Metre Sprint NT 15.28 (11)
 #42 Boys U 12 200 Metre Sprint NT 31.97 (12)
 #60 Boys U 12 400 Metre Sprint NT 1:14.50 (6) 1:16.83 (8)
 #232 Boys U 12 Shot Put (3.0 Kg) ND 5.86m (6)

31 Morgan Griffiths - Female - Age: 14 - Comp#: 206
 #45 Girls U 14 200 Metre Sprint NT 27.84 (3) 27.64 (4)
 #63 Girls U 14 400 Metre Sprint NT 1:06.93 (1) 1:02.95 (1)
 Zone Record: 1:03.70
 #109 Girls U 14 800 Metre Run NT 2:40.03 (5)

32 Blake Grosvenor - Male - Age: 17 - Comp#: 3
 #114 Boys U 17 800 Metre Run NT DNS
 #168 Boys U 17 High Jump (S/H 1.30m) NH 1.55m (6)
 #200 Boys U 17 Triple Jump ND 11.08m (6)
 #240 Boys U 17 Shot Put (5.0 Kg) ND DNF
 #250 Boys U 17 Javelin (700 Gm) ND 39.86m (3)

33 Alexander Hamilton - Male - Age: 10 - Comp#: 261
 #102 Boys U 10 800 Metre Run NT DNS
 #208 Boys U 10 Discus (500 Gm) ND 10.69m (12)
 #228 Boys U 10 Shot Put (2.0 Kg) ND DNS

34 Louisa Hamilton - Female - Age: 14 - Comp#: 260
 #25 Girls U 14 100 Metre Sprint NT 13.87 (8) 14.23 (7)
 #81 Girls U 14 80 Metre Hurdles (76cm) NT 14.65 (3)
 #89 Girls U 14 200 Metre Hurdles (76cm) NT 31.43 (1) 31.43 (1)
 #183 Girls U 14 Long Jump ND 4.46m (3)
 #215 Girls U 14 Discus (1.0 Kg) ND 16.29m (4)

35 Caitlin Hammond - Female - Age: 13 - Comp#: 22
 #129 Girls U 13 3000 Metre Run NT DNS

36 Kai Hammond - Male - Age: 11 - Comp#: 222
 #40 Boys U 11 200 Metre Sprint NT 29.88 (4) 30.42 (3)
 #58 Boys U 11 400 Metre Sprint NT 1:08.74 (1) 1:06.03 (1)
 Zone Record: 1:06.06
 #104 Boys U 11 800 Metre Run NT 2:35.02 (2)
 Zone Record: 2:38.20

37 Amaal Harakeh - Female - Age: 8 - Comp#: 232
 #5 Girls U 8 70 Metre Sprint NT 14.10 (9)
 #33 Girls U 8 200 Metre Sprint NT 48.19 (11)
 #223 Girls U 8 Shot Put (1.5 Kg) ND 3.93m (6)

38 Oliver Harris - Male - Age: 11 - Comp#: 162
 #20 Boys U 11 100 Metre Sprint NT 14.47 (2) 14.60 (5)
 #40 Boys U 11 200 Metre Sprint NT 31.28 (6) 31.18 (6)
 #178 Boys U 11 Long Jump ND 3.55m (14)
 #230 Boys U 11 Shot Put (2.0 Kg) ND 8.51m (5)

39 Alyse Hewitt - Female - Age: 11 - Comp#: 275
 #39 Girls U 11 200 Metre Sprint NT 35.84 (9)
 #103 Girls U 11 800 Metre Run NT 3:10.37 (10)

40 Joshua Hewitt - Male - Age: 9 - Comp#: 276
 #16 Boys U 9 100 Metre Sprint NT 14.68 (4) 15.01 (3)
 #36 Boys U 9 200 Metre Sprint NT 31.91 (2) 32.09 (4)
 #100 Boys U 9 800 Metre Run NT 2:54.26 (1)
 #174 Boys U 9 Long Jump ND 3.73m (2)



**U13B REGION MEDAL PRESENTATION FOR
 DISCUS
 TYLER SEETO 2ND**

41 Andrew Hung - Male - Age: 14 - Comp#: 318
 #26 Boys U 14 100 Metre Sprint NT 12.08 (3) 12.08 (3)
 #46 Boys U 14 200 Metre Sprint NT 25.69 (3)
 #64 Boys U 14 400 Metre Sprint NT 59.43 (3) 1:00.62 (3)
 #164 Boys U 14 High Jump (S/H 1.25m) NH 1.35m (5)
 #184 Boys U 14 Long Jump ND 5.01m (4)

42 Daniel Ison - Male - Age: 17 - Comp#: 15
 #68 Boys U 17 400 Metre Sprint NT DNS
 #114 Boys U 17 800 Metre Run NT DNS
 #136 Boys U 17 3000 Metre Run NT 11:03.11 (1)

43 Jeremy Ison - Male - Age: 9 - Comp#: 37
 #54 Boys U 9 400 Metre Sprint NT 1:30.91 (14)
 #100 Boys U 9 800 Metre Run NT DNS

44 Timothy Ison - Male - Age: 14 - Comp#: 412
 #64 Boys U 14 400 Metre Sprint NT 1:05.70 (7) DNS

45 Ellie Jackson - Female - Age: 10 - Comp#: 364
 #9 Girls U 10 70 Metre Sprint NT 13.00 (14)
 #73 Girls U 10 60 Metre Hurdles (60cm) NT 14.28 (13)
 #207 Girls U 10 Discus (500 Gm) ND 9.63m (7)

46 Dominique Johnston - Female - Age: 17 - Comp#: 398
 #85 Girls U 17 100 Metre Hurdles (76cm) NT DNS
 #199 Girls U 17 Triple Jump ND 8.22m (6)
 #239 Girls U 17 Shot Put (3.0 Kg) ND 9.62m (5)

47 Gabriella Johnston - Female - Age: 7 - Comp#: 377
 #1 Girls U 7 50 Metre Sprint NT 10.49 (9)
 #3 Girls U 7 70 Metre Sprint NT 13.36 (2) 13.39 (2)
 #11 Girls U 7 100 Metre Sprint NT 18.85 (4) 19.42 (4)
 #169 Girls U 7 Long Jump ND 2.44m (3)

48 Josiah Johnston - Male - Age: 8 - Comp#: 376
 #6 Boys U 8 70 Metre Sprint NT DNS
 #14 Boys U 8 100 Metre Sprint NT 17.83 (10)
 #172 Boys U 8 Long Jump ND 2.78m (7)
 #204 Boys U 8 Discus (500 Gm) ND DNS

49 Jade Johnston-mitrevska - Female - Age: 12 - Comp#: 120
 #21 Girls U 12 100 Metre Sprint NT 13.81 (2) 13.78 (1)
 #41 Girls U 12 200 Metre Sprint NT 28.92 (1) 29.24 (1)
 #159 Girls U 12 High Jump (S/H 1.10m) NH 1.15m (7)
 #179 Girls U 12 Long Jump ND 4.04m (5)

50 Ai Kamikura - Female - Age: 7 - Comp#: 129
 #1 Girls U 7 50 Metre Sprint NT 10.94 (11)
 #3 Girls U 7 70 Metre Sprint NT 15.26 (8) 15.02 (8)
 #11 Girls U 7 100 Metre Sprint NT 21.97 (14)
 #169 Girls U 7 Long Jump ND 1.85m (11)

51 Kai Kamikura - Male - Age: 11 - Comp#: 127
 #20 Boys U 11 100 Metre Sprint NT 14.48 (8) 14.77 (6)
 #40 Boys U 11 200 Metre Sprint NT 31.35 (8) 31.00 (5)
 #190 Boys U 11 Triple Jump ND 8.20m (4)
 #210 Boys U 11 Discus (750 Gm) ND 19.18m (7)

52 Sora Kamikura - Male - Age: 9 - Comp#: 128
 #8 Boys U 9 70 Metre Sprint NT 12.68 (9)
 #36 Boys U 9 200 Metre Sprint NT 39.63 (10)
 #100 Boys U 9 800 Metre Run NT 3:08.49 (9)
 #174 Boys U 9 Long Jump ND 3.01m (6)

53 Jade Kearsey - Female - Age: 17 - Comp#: 2
 #151 Girls U 17 1500 Metre Walk NT 10:26.17 (2)

54 Piper King - Female - Age: 8 - Comp#: 40
 #51 Girls U 8 400 Metre Sprint NT DNS
 #97 Girls U 8 700 Metre Pack Start NT DNS
 #171 Girls U 8 Long Jump ND DNS
 #203 Girls U 8 Discus (500 Gm) ND DNS

55 Lucy Koh - Female - Age: 13 - Comp#: 148
 #129 Girls U 13 3000 Metre Run NT 12:40.36 (3)

56 Analiese Koskinas - Female - Age: 9 - Comp#: 126
 #7 Girls U 9 70 Metre Sprint NT 12.42 (7) 12.53 (6)
 #71 Girls U 9 60 Metre Hurdles (45cm) NT 13.34 (12)

57 Ethan Koskinas - Male - Age: 11 - Comp#: 125
 #20 Boys U 11 100 Metre Sprint NT 15.30 (12)
 #178 Boys U 11 Long Jump ND 3.67m (12)

58 Reece Koskinas - Male - Age: 13 - Comp#: 124
 #44 Boys U 13 200 Metre Sprint NT DNS
 #108 Boys U 13 800 Metre Run NT 2:39.88 (6)

59 Alana Kovacic - Female - Age: 13 - Comp#: 24
 #23 Girls U 13 100 Metre Sprint NT DNS
 #43 Girls U 13 200 Metre Sprint NT DNS
 #181 Girls U 13 Long Jump ND DNS



U9G ANALIESE KOSKINAS

60 Dominique Kulchar - Female - Age: 14 - Comp#: 400

#25 Girls U 14 100 Metre Sprint NT 13.65 (7) 13.96 (6)
#45 Girls U 14 200 Metre Sprint NT 29.29 (6) 29.26 (6)
#63 Girls U 14 400 Metre Sprint NT 1:11.37 (9)
#183 Girls U 14 Long Jump ND DNS

61 Tia La Coste - Female - Age: 12 - Comp#: 324

#77 Girls U 12 60 Metre Hurdles (68cm) NT DNS
#179 Girls U 12 Long Jump ND DNF
#231 Girls U 12 Shot Put (2.0 Kg) ND DNS
#241 Girls U 12 Javelin (400 Gm) ND DNS

62 Georgie Latanis - Female - Age: 8 - Comp#: 174

#69 Girls U 8 60 Metre Hurdles (45cm) NT 13.29 (4) 13.13 (6)
#97 Girls U 8 700 Metre Pack Start NT 3:18.76 (7)
#203 Girls U 8 Discus (500 Gm) ND 11.05m (4)
#223 Girls U 8 Shot Put (1.5 Kg) ND 4.62m (2)

63 Benjamin Lawler - Male - Age: 11 - Comp#: 29

#76 Boys U 11 60 Metre Hurdles (60cm) NT 17.31 (10)
#118 Boys U 11 1500 Metre Run NT 9:02.98 (7)
#210 Boys U 11 Discus (750 Gm) ND DNS
#230 Boys U 11 Shot Put (2.0 Kg) ND 4.87m (11)

64 Jamie Lawler - Male - Age: 12 - Comp#: 28

#78 Boys U 12 60 Metre Hurdles (68cm) NT 12.41 (6) 12.41 (6)
#106 Boys U 12 800 Metre Run NT 2:43.51 (5)
#120 Boys U 12 1500 Metre Run NT 5:37.69 (3)
#242 Boys U 12 Javelin (400 Gm) ND 19.27m (4)

65 Mark Lawler - Male - Age: 14 - Comp#: 27

#64 Boys U 14 400 Metre Sprint NT 1:06.44 (8) 1:11.14 (5)
#110 Boys U 14 800 Metre Run NT 2:39.09 (5)
#164 Boys U 14 High Jump (S/H 1.25m) NH 1.30m (6)
#196 Boys U 14 Triple Jump ND 8.28m (6)
#216 Boys U 14 Discus (1.0 Kg) ND DNF
#246 Boys U 14 Javelin (600 Gm) ND 22.50m (4)

66 Reuben Maree - Male - Age: 9 - Comp#: 99

#36 Boys U 9 200 Metre Sprint NT 33.52 (5) 33.49 (6)
#54 Boys U 9 400 Metre Sprint NT 1:28.86 (13)
#206 Boys U 9 Discus (500 Gm) ND 13.73m (6)
#226 Boys U 9 Shot Put (2.0 Kg) ND 6.47m (1)

67 Andrea Marshall - Female - Age: 10 - Comp#: 332

#9 Girls U 10 70 Metre Sprint NT 10.81 (1) 10.63 (1)
#17 Girls U 10 100 Metre Sprint NT 14.83 (5) 15.29 (4)
#73 Girls U 10 60 Metre Hurdles (60cm) NT 10.53 (1) 10.86 (1)
Zone Record: 11.02

#175 Girls U 10 Long Jump ND 3.58m (4)

68 Luke Marshall - Male - Age: 12 - Comp#: 331

#106 Boys U 12 800 Metre Run NT 3:02.48 (8)
#120 Boys U 12 1500 Metre Run NT 6:08.50 (6)
#192 Boys U 12 Triple Jump ND 8.93m (6)

69 Daniel Mauro - Male - Age: 15 - Comp#: 4

#28 Boys U 15 100 Metre Sprint NT 13.29 (8) 13.29 (8)
#48 Boys U 15 200 Metre Sprint NT 28.82 (6)
#126 Boys U 15 1500 Metre Run NT 5:40.04 (5)
#134 Boys U 15 3000 Metre Run NT 11:44.42 (5)
#166 Boys U 15 High Jump (S/H 1.25m) NH 1.39m (2)
#198 Boys U 15 Triple Jump ND 8.57m (3)

70 Rachael Mauro - Female - Age: 13 - Comp#: 313

#61 Girls U 13 400 Metre Sprint NT 1:20.72 (7)
#107 Girls U 13 800 Metre Run NT 2:49.99 (4)
#121 Girls U 13 1500 Metre Run NT 5:56.50 (5)
#181 Girls U 13 Long Jump ND 3.37m (7)
#193 Girls U 13 Triple Jump ND 7.84m (6)

71 Ronan Mauro - Male - Age: 11 - Comp#: 314

#40 Boys U 11 200 Metre Sprint NT 33.59 (14)
#104 Boys U 11 800 Metre Run NT 3:08.92 (11)
#118 Boys U 11 1500 Metre Run NT 6:29.70 (6)

72 Theo Mihos - Male - Age: 12 - Comp#: 403

#60 Boys U 12 400 Metre Sprint NT 1:06.10 (3) 1:10.97 (6)
#160 Boys U 12 High Jump (S/H 1.15m) NH 1.25m (4)

73 Erin Mueller - Female - Age: 9 - Comp#: 348

#35 Girls U 9 200 Metre Sprint NT 39.41 (14)
#53 Girls U 9 400 Metre Sprint NT 1:29.18 (12)
#99 Girls U 9 800 Metre Run NT DNS
#225 Girls U 9 Shot Put (2.0 Kg) ND 3.78m (6)

74 Iavor Nikolaev - Male - Age: 14 - Comp#: 41

#124 Boys U 14 1500 Metre Run NT DNS
#132 Boys U 14 3000 Metre Run NT 11:33.47 (1)



U9G ELOISE CAREY

75 Jordan Pejowski - Male - Age: 12 - Comp#: 105

#192 Boys U 12 Triple Jump ND 8.37m (7)
#212 Boys U 12 Discus (750 Gm) ND 18.02m (5)
#232 Boys U 12 Shot Put (3.0 Kg) ND 8.55m (1)
#242 Boys U 12 Javelin (400 Gm) ND 19.47m (3)

76 Michael Pejowski - Male - Age: 17 - Comp#: 1

#94 Boys U 17 200 Metre Hurdles (76cm) NT 34.23 (5) 34.23 (5)
#168 Boys U 17 High Jump (S/H 1.30m) NH 1.60m (3)
#188 Boys U 17 Long Jump ND 4.95m (9)
#200 Boys U 17 Triple Jump ND 10.68m (7)
#240 Boys U 17 Shot Put (5.0 Kg) ND 8.79m (7)
#250 Boys U 17 Javelin (700 Gm) ND 30.86m (7)

77 Emilia Petkovski - Female - Age: 11 - Comp#: 97

#19 Girls U 11 100 Metre Sprint NT 15.22 (6) 15.10 (6)
#39 Girls U 11 200 Metre Sprint NT 31.99 (5) 31.97 (4)
#57 Girls U 11 400 Metre Sprint NT 1:15.98 (8) 1:19.71 (8)
#157 Girls U 11 High Jump (S/H 1.00m) NH 1.00m (6)

78 Tiana Petkovski - Female - Age: 7 - Comp#: 98

#3 Girls U 7 70 Metre Sprint NT DNS
#11 Girls U 7 100 Metre Sprint NT DNS
#31 Girls U 7 200 Metre Sprint NT DNS
#95 Girls U 7 500 Metre Pack Start NT

79 Mitchell Poole - Male - Age: 8 - Comp#: 270

#6 Boys U 8 70 Metre Sprint NT DNS
#14 Boys U 8 100 Metre Sprint NT DNS
#172 Boys U 8 Long Jump ND DNS
#224 Boys U 8 Shot Put (1.5 Kg) ND DNS

80 Jack Priestley - Male - Age: 8 - Comp#: 361

#14 Boys U 8 100 Metre Sprint NT 16.93 (2) 17.97 (8)
#34 Boys U 8 200 Metre Sprint NT 38.22 (7) DNS
#52 Boys U 8 400 Metre Sprint NT 1:34.47 (7) 1:38.56 (7)
#98 Boys U 8 700 Metre Pack Start NT 2:51.39 (2)

81 Damian Puebla - Male - Age: 10 - Comp#: 146

#10 Boys U 10 70 Metre Sprint NT 10.68 (2) 10.49 (2)
#18 Boys U 10 100 Metre Sprint NT 14.50 (4) 14.69 (3)
#38 Boys U 10 200 Metre Sprint NT DNS

82 Henry Ray - Male - Age: 10 - Comp#: 82

#18 Boys U 10 100 Metre Sprint NT 16.00 (15)
#56 Boys U 10 400 Metre Sprint NT 1:29.73 (11)
#208 Boys U 10 Discus (500 Gm) ND 16.34m (7)

83 Jacob Rios - Male - Age: 15 - Comp#: 6

#66 Boys U 15 400 Metre Sprint NT 1:02.70 (3)
#186 Boys U 15 Long Jump ND 4.28m (4)
#238 Boys U 15 Shot Put (4.0 Kg) ND 10.27m (4)

84 Jaimie-lee Rios - Female - Age: 17 - Comp#: 8

#199 Girls U 17 Triple Jump ND DNS
#219 Girls U 17 Discus (1.0 Kg) ND 21.65m (6)
#239 Girls U 17 Shot Put (3.0 Kg) ND 9.67m (4)
#249 Girls U 17 Javelin (500 Gm) ND 17.93m (7)

85 Jared Rios - Male - Age: 13 - Comp#: 14

#162 Boys U 13 High Jump (S/H 1.20m) NH 1.30m (8)
#214 Boys U 13 Discus (1.0 Kg) ND 16.95m (6)
#234 Boys U 13 Shot Put (3.0 Kg) ND 9.26m (3)
#244 Boys U 13 Javelin (600 Gm) ND DNF

86 Grace Robinson - Female - Age: 15 - Comp#: 12

#217 Girls U 15 Discus (1.0 Kg) ND 39.09m (1)
#237 Girls U 15 Shot Put (3.0 Kg) ND 15.24m (1)
Zone Record: 13.57m
#247 Girls U 15 Javelin (500 Gm) ND 35.70m (1)
Zone Record: 28.21m

87 Macy Salami - Female - Age: 10 - Comp#: 225

#55 Girls U 10 400 Metre Sprint NT 1:30.65 (8) 1:30.72 (7)
#175 Girls U 10 Long Jump ND 3.14m (13)

88 Alana Samrani - Female - Age: 15 - Comp#: 282

#247 Girls U 15 Javelin (500 Gm) ND 21.24m (4)

89 Jayden Samrani - Male - Age: 11 - Comp#: 285

#104 Boys U 11 800 Metre Run NT 3:17.63 (13)
#190 Boys U 11 Triple Jump ND 8.06m (5)
#210 Boys U 11 Discus (750 Gm) ND 19.94m (6)

90 Jordan Samrani - Male - Age: 12 - Comp#: 284

#22 Boys U 12 100 Metre Sprint NT 13.54 (1) 13.63 (2)
#42 Boys U 12 200 Metre Sprint NT 28.47 (3) 28.76 (2)
#180 Boys U 12 Long Jump ND 4.96m (2)
#192 Boys U 12 Triple Jump ND 10.27m (2)



U7G GABRIELLA JOHNSTON

91 Lauren Samrani - Female - Age: 13 - Comp#: 283

#23 Girls U 13 100 Metre Sprint NT 13.83 (3) 13.96 (2)

#43 Girls U 13 200 Metre Sprint NT 29.92 (5) 30.38 (4)

#161 Girls U 13 High Jump (S/H 1.15m) NH 1.52m (1)

#193 Girls U 13 Triple Jump ND 8.87m (2)

92 Kaylib Savage - Male - Age: 13 - Comp#: 289

#24 Boys U 13 100 Metre Sprint NT 13.37 (5) 13.40 (3)

#44 Boys U 13 200 Metre Sprint NT 28.24 (3) 29.19 (5)

#162 Boys U 13 High Jump (S/H 1.20m) NH 1.35m (7)

#182 Boys U 13 Long Jump ND 4.16m (5)

#194 Boys U 13 Triple Jump ND 9.14m (3)

#244 Boys U 13 Javelin (600 Gm) ND 33.61m (1)

93 Ronan Schocher - Male - Age: 10 - Comp#: 161

#10 Boys U 10 70 Metre Sprint NT 10.69 (3) 10.52 (3)

#18 Boys U 10 100 Metre Sprint NT 14.39 (3) 14.62 (2)

#156 Boys U 10 High Jump (S/H 0.95m) NH 1.10m (4)

#176 Boys U 10 Long Jump ND 3.90m (3)

94 Jayden Seeto - Male - Age: 11 - Comp#: 113

#104 Boys U 11 800 Metre Run NT 2:55.62 (7)

#158 Boys U 11 High Jump (S/H 1.05m) NH 1.22m (5)

#178 Boys U 11 Long Jump ND 4.14m (3)

#190 Boys U 11 Triple Jump ND 8.97m (1)

95 Nathaniel Seeto - Male - Age: 9 - Comp#: 114

#8 Boys U 9 70 Metre Sprint NT 11.96 (6) 11.83 (6)

#16 Boys U 9 100 Metre Sprint NT 16.78 (10)

#72 Boys U 9 60 Metre Hurdles (45cm) NT 12.49 (8) 11.75 (5)

96 Tyler Seeto - Male - Age: 13 - Comp#: 360

#214 Boys U 13 Discus (1.0 Kg) ND 22.29m (2)

#234 Boys U 13 Shot Put (3.0 Kg) ND 8.09m (4)

97 Miloshka Sharma - Female - Age: 9 - Comp#: 347

#35 Girls U 9 200 Metre Sprint NT 37.38 (9)

#53 Girls U 9 400 Metre Sprint NT 1:27.32 (10)

#153 Girls U 9 High Jump (S/H 0.80m) NH FAIL

98 Casey Stanley - Female - Age: 10 - Comp#: 306

#101 Girls U 10 800 Metre Run NT 2:59.55 (1)

#115 Girls U 10 1500 Metre Run NT 6:02.64 (1)

#207 Girls U 10 Discus (500 Gm) ND 14.58m (3)

#227 Girls U 10 Shot Put (2.0 Kg) ND DNS

99 Imogen Stewart - Female - Age: 9 - Comp#: 200

#35 Girls U 9 200 Metre Sprint NT 34.42 (3) 34.90 (3)

#53 Girls U 9 400 Metre Sprint NT 1:14.58 (1) 1:12.99 (1)

#99 Girls U 9 800 Metre Run NT 2:42.54 (1)

Zone Record: 2:55.98

100 Emma Tapealava - Female - Age: 9 - Comp#: 319

#7 Girls U 9 70 Metre Sprint NT DNS

#35 Girls U 9 200 Metre Sprint NT DNS

#173 Girls U 9 Long Jump ND DNS

#225 Girls U 9 Shot Put (2.0 Kg) ND DNS

101 Pita Toamotu - Male - Age: 15 - Comp#: 11

#218 Boys U 15 Discus (1.0 Kg) ND 56.11m (1)

#238 Boys U 15 Shot Put (4.0 Kg) ND 17.25m (1)

Zone Record: 16.92m

#248 Boys U 15 Javelin (700 Gm) ND 40.74m (1)

102 Christopher Trajkovski - Male - Age: 13 - Comp#: 149

#24 Boys U 13 100 Metre Sprint NT DNS

#182 Boys U 13 Long Jump ND DNS

103 David Trajkovski - Male - Age: 10 - Comp#: 150

#10 Boys U 10 70 Metre Sprint NT 10.75 (5) 10.66 (4)

#18 Boys U 10 100 Metre Sprint NT 14.73 (6) 14.99 (5)

#74 Boys U 10 60 Metre Hurdles (60cm) NT DNS

#176 Boys U 10 Long Jump ND 3.64m (4)

104 Charlotte Tsui - Female - Age: 11 - Comp#: 230

#57 Girls U 11 400 Metre Sprint NT 1:10.50 (3) 1:09.64 (2)

Zone Record: 1:11.24

#103 Girls U 11 800 Metre Run NT 2:43.19 (2)

#177 Girls U 11 Long Jump ND 3.44m (8)

105 Solomon Tuqiri - Male - Age: 10 - Comp#: 68

#176 Boys U 10 Long Jump ND 3.24m (9)

#208 Boys U 10 Discus (500 Gm) ND 23.27m (2)

#228 Boys U 10 Shot Put (2.0 Kg) ND 7.15m (2)



800M - U9G IMOGEN STEWART

106 Michael Watson - Male - Age: 15 - Comp#: 5

#28 Boys U 15 100 Metre Sprint NT 13.13 (6) 13.13 (6)

#48 Boys U 15 200 Metre Sprint NT 27.37 (5)

#66 Boys U 15 400 Metre Sprint NT 1:05.31 (4)

#112 Boys U 15 800 Metre Run NT 2:42.92 (6)

#186 Boys U 15 Long Jump ND 5.05m (1)

#198 Boys U 15 Triple Jump ND 10.04m (1)

107 Elyssa Webhe - Female - Age: 10 - Comp#: 104

#9 Girls U 10 70 Metre Sprint NT DNS

#17 Girls U 10 100 Metre Sprint NT 16.74 (14)

#175 Girls U 10 Long Jump ND 3.31m (11)

#207 Girls U 10 Discus (500 Gm) ND 8.54m (9)

108 Riley Wilson - Male - Age: 9 - Comp#: 83

#36 Boys U 9 200 Metre Sprint NT 35.05 (9)

#54 Boys U 9 400 Metre Sprint NT 1:23.99 (10)

109 Leila Yavala - Female - Age: 9 - Comp#: 196

#15 Girls U 9 100 Metre Sprint NT 17.37 (9)

#71 Girls U 9 60 Metre Hurdles (45cm) NT 12.57 (6) 12.42 (4)

#173 Girls U 9 Long Jump ND 2.75m (10)

#225 Girls U 9 Shot Put (2.0 Kg) ND FOUL

110 Chantal Yu - Female - Age: 13 - Comp#: 39

#23 Girls U 13 100 Metre Sprint NT DNS

#79 Girls U 13 80 Metre Hurdles (76cm) NT 16.43 (3)

#181 Girls U 13 Long Jump ND 3.95m (4)

#193 Girls U 13 Triple Jump ND 6.95m (7)

111 Josiah Zajakovski - Male - Age: 8 - Comp#: 204

#14 Boys U 8 100 Metre Sprint NT DNS

#52 Boys U 8 400 Metre Sprint NT DNS

#70 Boys U 8 60 Metre Hurdles (45cm) NT 13.50 (5) DNF

#224 Boys U 8 Shot Put (1.5 Kg) ND FOUL

112 Sienna Zajakovski - Female - Age: 10 - Comp#: 203

#37 Girls U 10 200 Metre Sprint NT DNS

#55 Girls U 10 400 Metre Sprint NT DNS

#115 Girls U 10 1500 Metre Run NT 7:47.10 (6)

113 Heather Zdebski - Female - Age: 10 - Comp#: 352

#17 Girls U 10 100 Metre Sprint NT 16.10 (6) 16.28 (8)

#37 Girls U 10 200 Metre Sprint NT 34.86 (4) 35.34 (5)

#175 Girls U 10 Long Jump ND 3.39m (7)

#227 Girls U 10 Shot Put (2.0 Kg) ND 5.75m (2)

114 Lachlan Zdebski - Male - Age: 12 - Comp#: 351

#22 Boys U 12 100 Metre Sprint NT 13.94 (3) 14.01 (3)

#42 Boys U 12 200 Metre Sprint NT 29.25 (5) 29.97 (3)

#78 Boys U 12 60 Metre Hurdles (68cm) NT 11.64 (3) 11.64 (3)

#180 Boys U 12 Long Jump ND 4.09m (11)

Relay Seed Heats Final

1 St George

#275 Girls U 9-12 4x100 Metre Relay (Jnr) NT 1:06.18 (5)

Final: Eloise Carey 9; Heather Zdebski 10; Lauren Carey 11; Jade Johnston-mitrevska 12

2 St George

#276 Boys U 9-12 4x100 Metre Relay (Jnr) NT 58.38 (2)

Final: Joshua Hewitt 9; Kai Kamikura 11; Ronan Schocher 10; Jordan Samrani 12

3 St George

#278 Boys U 13-17 4x100 Metre Relay (Snr) NT 52.31 (5)

Final: Tallis Brown 13; Zachary Cameron 14; Daniel Mauro 15; Benjamin Alessio 17

St George Total Individual Entries: 404 - Total Relays: 3

**800M- U15B MICHEAL WATSON &
U14B MARK LAWLER**



U14B – ZAC CAMERON AND ANDREW HUNG IN ACTION



U14G 800M - MORGAN GRIFFITHS



U12B 800M - LUKE MARSHALL



U17B BEN ALESSIO ZONE SNR BOYS RELAY



2ND PLACED JNR BOYS RELAY TEAM WITH COACHES MATT AND ROD

REGIONAL CHAMPIONSHIPS

REPORT

Congratulations to all our athletes who competed at the Region 8 Championships on the weekend of the 15th and 16th February at Sylvania. With 118 St George athletes qualifying to the Regional Championships, there were many outstanding performances and personal bests achieved over the weekend by our athletes. Thank you to those of our parents who officiated over the weekend as helpers at events and as Chiefs at Field events and on the Starting Panel. We wish those athletes who qualified to the State Championships in March the very best of luck in their events.



U11B – OLIVER HARRIS





U15B – MICHAEL WATSON



U10B - RONAN SCHOCHER



U11B - KAI HAMMOND



REGION 8 TRACK & FIELD CHAMPIONSHIPS

Sylvania Waters Athletic Track

Meet Summary - All Events

Seed Heats Final

St George

1 Amaal Harakeh - Female - Age: 8 - Comp#: 232

#223 Girls U 8 Shot Put (1.5 Kg) 3.93m 3.51m (11)

2 Georgie Latanis - Female - Age: 8 - Comp#: 174

#69 Girls U 8 60 Metre Hurdles (45 cm) 13.13 15.91 (12)

#97 Girls U 8 700 Metre Pack Start 3:18.76 3:05.32 (12) *

#203 Girls U 8 Discus (500 Gram) 11.05m 12.97m (5) *

#223 Girls U 8 Shot Put (1.5 Kg) 4.62m 4.99m (3) *

3 Jack Priestley - Male - Age: 8 - Comp#: 361

#14 Boys U 8 100 Metre Sprint 17.97 DNS

#52 Boys U 8 400 Metre Sprint 1:38.56 DNS

#98 Boys U 8 700 Metre Pack Start 2:51.39 DNS

4 Corey Ackers - Male - Age: 9 - Comp#: 69

#8 Boys U 9 70 Metre Sprint 11.96 DNS

#174 Boys U 9 Long Jump 3.16m DNS

#206 Boys U 9 Discus (500 Gram) 17.81m DNS

#226 Boys U 9 Shot Put (2.0 Kg) 5.25m 6.49m (8) *

5 Eloise Carey - Female - Age: 9 - Comp#: 31

#53 Girls U 9 400 Metre Sprint 1:22.17 1:20.73 (10) *

#99 Girls U 9 800 Metre Run 3:03.16 2:59.03 (3) *

6 Madeleine Chubb - Female - Age: 9 - Comp#: 65

#71 Girls U 9 60 Metre Hurdles (45 cm) 12.65 13.46 (15)

#205 Girls U 9 Discus (500 Gram) 10.24m 14.71m (1) *

7 Wiley Curtis - Male - Age: 9 - Comp#: 189

#226 Boys U 9 Shot Put (2.0 Kg) 5.15m DNS

8 Joshua Hewitt - Male - Age: 9 - Comp#: 276

#16 Boys U 9 100 Metre Sprint 15.01 15.04 (6) 15.00 (5) *

#36 Boys U 9 200 Metre Sprint 32.09 DNS

#100 Boys U 9 800 Metre Run 2:54.26 2:51.00 (2) *

#174 Boys U 9 Long Jump 3.73m 3.73m (5)

9 Sora Kamikura - Male - Age: 9 - Comp#: 128

#174 Boys U 9 Long Jump 3.01m 3.06m (11) *

10 Analiese Koskinas - Female - Age: 9 - Comp#: 126

#7 Girls U 9 70 Metre Sprint 12.53 DNS

11 Reuben Maree - Male - Age: 9 - Comp#: 99

#36 Boys U 9 200 Metre Sprint 33.49 33.93 (14)

#206 Boys U 9 Discus (500 Gram) 13.73m 17.00m (7) *

#226 Boys U 9 Shot Put (2.0 Kg) 6.47m 6.67m (5) *

12 Erin Mueller - Female - Age: 9 - Comp#: 348

#225 Girls U 9 Shot Put (2.0 Kg) 3.78m DNS

13 Nathaniel Seeto - Male - Age: 9 - Comp#: 114

#8 Boys U 9 70 Metre Sprint 11.83 12.23 (14)

#72 Boys U 9 60 Metre Hurdles (45 cm) 11.75 11.85 (9)

14 Imogen Stewart - Female - Age: 9 - Comp#: 200

#35 Girls U 9 200 Metre Sprint 34.90 DNS

#53 Girls U 9 400 Metre Sprint 1:12.99 1:13.54 (3) 1:10.90 (1) *

#99 Girls U 9 800 Metre Run 2:42.54 2:38.63 (1) *

Region Elect: 2:46.66

15 Leila Yavala - Female - Age: 9 - Comp#: 196

#71 Girls U 9 60 Metre Hurdles (45 cm) 12.42 13.35 (13)

16 Aiden Gambrell - Male - Age: 10 - Comp#: 71

#74 Boys U 10 60 Metre Hurdles (60 cm) 11.72 11.98 (8) 12.01 (8)

#208 Boys U 10 Discus (500 Gram) 20.89m 22.46m (5) *

17 Natalie Gramatkovski - Female - Age: 10 - Comp#: 223

#155 Girls U 10 High Jump (S/H 0.95m) 1.00m 1.00m (9)

18 Andrea Marshall - Female - Age: 10 - Comp#: 332

#9 Girls U 10 70 Metre Sprint 10.63 10.83 (2) 11.19 (1)

#17 Girls U 10 100 Metre Sprint 15.29 15.09 (5) 15.20 (4) *

#73 Girls U 10 60 Metre Hurdles (60 cm) 10.86 11.45 (1) 10.63 (1) *

#175 Girls U 10 Long Jump 3.58m DNS

19 Damian Puebla - Male - Age: 10 - Comp#: 146

#10 Boys U 10 70 Metre Sprint 10.49 DNS

#18 Boys U 10 100 Metre Sprint 14.69 DNS

20 Henry Ray - Male - Age: 10 - Comp#: 82

#208 Boys U 10 Discus (500 Gram) 16.34m DNS

21 Macy Salami - Female - Age: 10 - Comp#: 225

#55 Girls U 10 400 Metre Sprint 1:30.72 DNS

22 Ronan Schocher - Male - Age: 10 - Comp#: 161
 #10 Boys U 10 70 Metre Sprint 10.52 10.92 (11)
 #18 Boys U 10 100 Metre Sprint 14.62 14.60 (7) 14.75 (7) *
 #156 Boys U 10 High Jump (S/H 1.00m) 1.10m 1.10m (11)
 #176 Boys U 10 Long Jump 3.90m 3.81m (5)

23 Casey Stanley - Female - Age: 10 - Comp#: 306
 #101 Girls U 10 800 Metre Run 2:59.55 2:59.27 (5) *
 #115 Girls U 10 1500 Metre Run 6:02.64 5:53.45 (2) *
 #207 Girls U 10 Discus (500 Gram) 14.58m 13.15m (11)

24 David Trajkovski - Male - Age: 10 - Comp#: 150
 #10 Boys U 10 70 Metre Sprint 10.66 10.65 (7) 10.72 (7) *
 #18 Boys U 10 100 Metre Sprint 14.99 14.60 (8) 14.71 (6) *
 #176 Boys U 10 Long Jump 3.64m 3.70m (7) *

25 Solomon Tuqiri - Male - Age: 10 - Comp#: 68
 #208 Boys U 10 Discus (500 Gram) 23.27m 26.00m (2) *
 #228 Boys U 10 Shot Put (2.0 Kg) 7.15m 7.81m (2) *

26 Sienna Zajakovski - Female - Age: 10 - Comp#: 203
 #115 Girls U 10 1500 Metre Run 7:47.10 DNS

27 Heather Zdebski - Female - Age: 10 - Comp#: 352
 #17 Girls U 10 100 Metre Sprint 16.28 16.54 (16)
 #37 Girls U 10 200 Metre Sprint 35.34 36.40 (14)
 #175 Girls U 10 Long Jump 3.39m 3.12m (13)
 #227 Girls U 10 Shot Put (2.0 Kg) 5.75m 6.57m (2) *

28 Nicholas Atkinson - Male - Age: 11 - Comp#: 58
 #76 Boys U 11 60 Metre Hurdles (60 cm) 10.55 10.52 (3) 10.22 (2) *
 #158 Boys U 11 High Jump (S/H 1.10m) 1.15m 1.15m (13)
 #190 Boys U 11 Triple Jump 8.22m 8.69m (8) *

29 Giannon Borg - Female - Age: 11 - Comp#: 18
 #75 Girls U 11 60 Metre Hurdles (60 cm) 11.44 11.59 (4) 11.16 (4) *
 #209 Girls U 11 Discus (750 Gram) 13.76m 17.44m (4) *
 #229 Girls U 11 Shot Put (2.0 Kg) 6.91m 6.38m (11)

30 Lauren Carey - Female - Age: 11 - Comp#: 30
 #103 Girls U 11 800 Metre Run 2:46.25 2:49.63 (7)
 #117 Girls U 11 1500 Metre Run 5:32.40 5:31.21 (5) *

31 Kai Hammond - Male - Age: 11 - Comp#: 222
 #40 Boys U 11 200 Metre Sprint 30.42 DNS
 #58 Boys U 11 400 Metre Sprint 1:06.03 1:06.62 (1) 1:05.25 (2) *
 #104 Boys U 11 800 Metre Run 2:35.02 DNS

32 Oliver Harris - Male - Age: 11 - Comp#: 162
 #20 Boys U 11 100 Metre Sprint 14.60 14.91 (10)
 #40 Boys U 11 200 Metre Sprint 31.18 30.91 (9) *
 #230 Boys U 11 Shot Put (2.0 Kg) 8.51m DNS

33 Kai Kamikura - Male - Age: 11 - Comp#: 127
 #20 Boys U 11 100 Metre Sprint 14.77 14.97 (11)
 #40 Boys U 11 200 Metre Sprint 31.00 31.35 (10)
 #190 Boys U 11 Triple Jump 8.20m 8.30m (10) *
 #210 Boys U 11 Discus (750 Gram) 19.18m 18.84m (8)

34 Ronan Mauro - Male - Age: 11 - Comp#: 314
 #118 Boys U 11 1500 Metre Run 6:29.70 6:02.85 (11) *

35 Emilia Petkovski - Female - Age: 11 - Comp#: 97
 #19 Girls U 11 100 Metre Sprint 15.10 14.63 (6) 14.68 (6) *
 #39 Girls U 11 200 Metre Sprint 31.97 30.23 (4) 30.49 (5) *
 #57 Girls U 11 400 Metre Sprint 1:19.71 1:12.55 (7) 1:10.06 (4) *

36 Jayden Samrani - Male - Age: 11 - Comp#: 285
 #190 Boys U 11 Triple Jump 8.06m 7.75m (14)
 #210 Boys U 11 Discus (750 Gram) 19.94m 16.32m (10)

37 Jayden Seeto - Male - Age: 11 - Comp#: 113
 #104 Boys U 11 800 Metre Run 2:55.62 DNS
 #158 Boys U 11 High Jump (S/H 1.10m) 1.22m 1.30m (9) *
 #178 Boys U 11 Long Jump 4.14m 4.19m (10) *
 #190 Boys U 11 Triple Jump 8.97m 9.14m (4) *

38 Charlotte Tsui - Female - Age: 11 - Comp#: 230
 #57 Girls U 11 400 Metre Sprint 1:09.64 1:09.60 (2) 1:08.41 (2) *
 #103 Girls U 11 800 Metre Run 2:43.19 2:41.37 (1) *

39 Alex Cameron - Male - Age: 12 - Comp#: 43
 #22 Boys U 12 100 Metre Sprint 14.18 13.94 (4) 13.77 (4) *
 #42 Boys U 12 200 Metre Sprint 31.76 30.57 (12) *
 #78 Boys U 12 60 Metre Hurdles (68 cm) 11.77 11.84 (9) 12.19 (8)
 #180 Boys U 12 Long Jump 4.13m 4.05m (10)

40 Dyson Griffiths - Male - Age: 12 - Comp#: 207
 #60 Boys U 12 400 Metre Sprint 1:16.83 1:17.53 (12)
 #232 Boys U 12 Shot Put (3.0 Kg) 5.86m 5.66m (15)



U9G - IMOGEN STEWART

41 Jade Johnston-mitrevska - Female - Age: 12 - Comp#: 120

#21 Girls U 12 100 Metre Sprint 13.78 14.08 (6) 13.66 (6) *
#41 Girls U 12 200 Metre Sprint 29.24 28.93 (5) 29.15 (5) *
#159 Girls U 12 High Jump (S/H 1.15m) 1.15m 1.30m (6) *
#179 Girls U 12 Long Jump 4.04m 4.20m (7) *

42 Jamie Lawler - Male - Age: 12 - Comp#: 28

#78 Boys U 12 60 Metre Hurdles (68 cm) 12.41 DNS
#106 Boys U 12 800 Metre Run 2:43.51 DNS
#120 Boys U 12 1500 Metre Run 5:37.69 DNS
#242 Boys U 12 Javelin (400 Gram) 19.27m DNS

43 Luke Marshall - Male - Age: 12 - Comp#: 331

#120 Boys U 12 1500 Metre Run 6:08.50 6:20.49 (11)
#192 Boys U 12 Triple Jump 8.93m 9.11m (9) *

44 Theo Mihas - Male - Age: 12 - Comp#: 403

#60 Boys U 12 400 Metre Sprint 1:10.97 DNS
#160 Boys U 12 High Jump (S/H 1.20m) 1.25m DNS

45 Jordan Pejoski - Male - Age: 12 - Comp#: 105

#192 Boys U 12 Triple Jump 8.37m 8.17m (13)
#212 Boys U 12 Discus (750 Gram) 18.02m 19.64m (10) *
#232 Boys U 12 Shot Put (3.0 Kg) 8.55m 6.58m (10)
#242 Boys U 12 Javelin (400 Gram) 19.47m 16.74m (10)

46 Jordan Samrani - Male - Age: 12 - Comp#: 284

#22 Boys U 12 100 Metre Sprint 13.63 13.81 (5) 13.88 (5)
#42 Boys U 12 200 Metre Sprint 28.76 28.77 (5) 29.04 (6)
#180 Boys U 12 Long Jump 4.96m 4.68m (3)
#192 Boys U 12 Triple Jump 10.27m 10.10m (3)

47 Lachlan Zdebski - Male - Age: 12 - Comp#: 351

#22 Boys U 12 100 Metre Sprint 14.01 14.04 (6) 14.23 (8)
#42 Boys U 12 200 Metre Sprint 29.97 29.97 (8) 29.64 (7) *
#78 Boys U 12 60 Metre Hurdles (68 cm) 11.64 11.55 (7) 11.50 (7) *

48 Tallis Brown - Male - Age: 13 - Comp#: 23

#80 Boys U 13 80 Metre Hurdles (76 cm) 18.57 DNS
#162 Boys U 13 High Jump (S/H 1.25m) 1.35m NH
#182 Boys U 13 Long Jump 4.01m 3.95m (11)
#194 Boys U 13 Triple Jump 7.83m DNS

49 Jazmine Di Palma - Female - Age: 13 - Comp#: 118

#61 Girls U 13 400 Metre Sprint 1:15.77 1:11.68 (10) *
#161 Girls U 13 High Jump (S/H 1.20m) 1.29m 1.30m (8) *
#181 Girls U 13 Long Jump 3.93m 3.83m (8)
#193 Girls U 13 Triple Jump 8.22m 8.59m (6) *

50 Lucy Koh - Female - Age: 13 - Comp#: 148

#129 Girls U 13 3000 Metre Run 12:40.36 12:31.52 (5) *

51 Reece Koskinas - Male - Age: 13 - Comp#: 124

#108 Boys U 13 800 Metre Run 2:39.88 2:43.05 (7)

52 Rachael Mauro - Female - Age: 13 - Comp#: 313

#61 Girls U 13 400 Metre Sprint 1:20.72 1:18.27 (14) *
#107 Girls U 13 800 Metre Run 2:49.99 2:49.73 (6) *
#121 Girls U 13 1500 Metre Run 5:56.50 DNS
#193 Girls U 13 Triple Jump 7.84m DNS

53 Jared Rios - Male - Age: 13 - Comp#: 14

#162 Boys U 13 High Jump (S/H 1.25m) 1.30m 1.25m (10)
#214 Boys U 13 Discus (1.0 Kg) 16.95m 20.03m (7) *
#234 Boys U 13 Shot Put (3.0 Kg) 9.26m 9.80m (4) *

54 Lauren Samrani - Female - Age: 13 - Comp#: 283

#23 Girls U 13 100 Metre Sprint 13.96 14.18 (8) 13.92 (6) *
#43 Girls U 13 200 Metre Sprint 30.38 29.17 (5) 30.08 (7) *
#161 Girls U 13 High Jump (S/H 1.20m) 1.52m 1.48m (2)
#193 Girls U 13 Triple Jump 8.87m 9.04m (3) *

55 Kaylib Savage - Male - Age: 13 - Comp#: 289

#24 Boys U 13 100 Metre Sprint 13.40 13.47 (8)
#44 Boys U 13 200 Metre Sprint 29.19 DNS
#162 Boys U 13 High Jump (S/H 1.25m) 1.35m DNS
#182 Boys U 13 Long Jump 4.16m DNS
#194 Boys U 13 Triple Jump 9.14m DNS
#244 Boys U 13 Javelin (600 Gram) 33.61m 31.77m (1)

56 Tyler Seeto - Male - Age: 13 - Comp#: 360

#214 Boys U 13 Discus (1.0 Kg) 22.29m 25.41m (2) *
#234 Boys U 13 Shot Put (3.0 Kg) 8.09m DNS

57 Chantal Yu - Female - Age: 13 - Comp#: 39

#79 Girls U 13 80 Metre Hurdles (76 cm) 16.43 DNS
#181 Girls U 13 Long Jump 3.95m 3.67m (10)
#193 Girls U 13 Triple Jump 6.95m DNS

58 Luke Byrnes - Male - Age: 14 - Comp#: 35

#216 Boys U 14 Discus (1.0 Kg) 21.94m 28.26m (4) *
#236 Boys U 14 Shot Put (3.0 Kg) 11.41m 11.97m (4) *
#246 Boys U 14 Javelin (600 Gram) 32.20m 32.33m (2) *

59 Zachary Cameron - Male - Age: 14 - Comp#: 42

#26 Boys U 14 100 Metre Sprint 11.82 11.92 (2) 11.85 (2)
Region Elect: 11.93

#46 Boys U 14 200 Metre Sprint 24.77 25.04 (2) 24.88 (2)

#184 Boys U 14 Long Jump 5.01m DNS

60 Chermay Chaves - Female - Age: 14 - Comp#: 67

#63 Girls U 14 400 Metre Sprint 1:09.69 1:10.04 (9)

#195 Girls U 14 Triple Jump 8.15m 8.74m (4) *

61 Morgan Griffiths - Female - Age: 14 - Comp#: 206

#45 Girls U 14 200 Metre Sprint 27.64 27.61 (4) 27.30 (4) *

#63 Girls U 14 400 Metre Sprint 1:02.95 1:03.49 (2) 1:01.74 (2) *

#109 Girls U 14 800 Metre Run 2:40.03 DNS

62 Louisa Hamilton - Female - Age: 14 - Comp#: 260

#25 Girls U 14 100 Metre Sprint 14.23 14.26 (10)

#81 Girls U 14 80 Metre Hurdles (76 cm) 14.65 14.66 (5)

#89 Girls U 14 200 Metre Hurdles (76 cm) 31.43 32.27 (5)

#183 Girls U 14 Long Jump 4.46m 4.16m (6)

#215 Girls U 14 Discus (1.0 Kg) 16.29m DNS

63 Andrew Hung - Male - Age: 14 - Comp#: 318

#26 Boys U 14 100 Metre Sprint 12.08 DNS

#46 Boys U 14 200 Metre Sprint 25.69 DNS

#64 Boys U 14 400 Metre Sprint 1:00.62 Scratched Scratched

#164 Boys U 14 High Jump (S/H 1.30m) 1.35m DNS

#184 Boys U 14 Long Jump 5.01m DNS

64 Dominique Kulchar - Female - Age: 14 - Comp#: 400

#25 Girls U 14 100 Metre Sprint 13.96 14.24 (9)

#45 Girls U 14 200 Metre Sprint 29.26 29.22 (10) *

65 Mark Lawler - Male - Age: 14 - Comp#: 27

#64 Boys U 14 400 Metre Sprint 1:11.14 Scratched Scratched

#110 Boys U 14 800 Metre Run 2:39.09 DNS

#164 Boys U 14 High Jump (S/H 1.30m) 1.30m DNS

#196 Boys U 14 Triple Jump 8.28m DNS

#246 Boys U 14 Javelin (600 Gram) 22.50m DNS

66 Iavor Nikolaev - Male - Age: 14 - Comp#: 41

#132 Boys U 14 3000 Metre Run 11:33.47 DNS

67 Carina Fickeys - Female - Age: 15 - Comp#: 392

#27 Girls U 15 100 Metre Sprint 13.44 DNS

#47 Girls U 15 200 Metre Sprint 28.44 DNS

#185 Girls U 15 Long Jump 3.73m DNS

68 Daniel Mauro - Male - Age: 15 - Comp#: 4

#28 Boys U 15 100 Metre Sprint 13.29 13.50 (10)

#48 Boys U 15 200 Metre Sprint 28.82 28.93 (6)

#126 Boys U 15 1500 Metre Run 5:40.04 5:30.48 (6) *

#134 Boys U 15 3000 Metre Run 11:44.42 11:50.55 (6)

#166 Boys U 15 High Jump (S/H 1.30m) 1.39m 1.48m (5) *

#198 Boys U 15 Triple Jump 8.57m DNS

69 Jacob Rios - Male - Age: 15 - Comp#: 6

#66 Boys U 15 400 Metre Sprint 1:02.70 Scratched Scratched

#186 Boys U 15 Long Jump 4.28m 4.41m (6) *

#238 Boys U 15 Shot Put (4.0 Kg) 10.27m 9.29m (6)

70 Grace Robinson - Female - Age: 15 - Comp#: 12

#217 Girls U 15 Discus (1.0 Kg) 39.09m 38.54m (1)

#237 Girls U 15 Shot Put (3.0 Kg) 15.24m 15.25m (1) *

Region Elect: 14.79m State: 14.81m

#247 Girls U 15 Javelin (500 Gram) 35.70m 35.65m (1)

Region Elect: 29.02m

71 Alana Samrani - Female - Age: 15 - Comp#: 282

#247 Girls U 15 Javelin (500 Gram) 21.24m 20.94m (5)

72 Pita Toamotu - Male - Age: 15 - Comp#: 11

#218 Boys U 15 Discus (1.0 Kg) 56.11m 57.81m (1) *

#238 Boys U 15 Shot Put (4.0 Kg) 17.25m 17.34m (1) *

Region Elect: 17.13m

#248 Boys U 15 Javelin (700 Gram) 40.74m DNS

73 Michael Watson - Male - Age: 15 - Comp#: 5

#28 Boys U 15 100 Metre Sprint 13.13 13.45 (9)

#48 Boys U 15 200 Metre Sprint 27.37 27.81 (5)

#66 Boys U 15 400 Metre Sprint 1:05.31 1:04.81 (5) *

#112 Boys U 15 800 Metre Run 2:42.92 DNS

#186 Boys U 15 Long Jump 5.05m 4.56m (5)

#198 Boys U 15 Triple Jump 10.04m 10.18m (3) *

74 Benjamin Alessio - Male - Age: 17 - Comp#: 10

#30 Boys U 17 100 Metre Sprint 11.25 Scratched Scratched

#50 Boys U 17 200 Metre Sprint 23.14 Scratched Scratched

#188 Boys U 17 Long Jump 5.55m DNS

#200 Boys U 17 Triple Jump 11.36m DNS

75 Blake Grosvenor - Male - Age: 17 - Comp#: 3

#168 Boys U 17 High Jump (S/H 1.35m) 1.55m DNS

#200 Boys U 17 Triple Jump 11.08m DNS

#250 Boys U 17 Javelin (700 Gram) 39.86m 42.87m (4) *

76 Daniel Ison - Male - Age: 17 - Comp#: 15

#136 Boys U 17 3000 Metre Run 11:03.11 DNS

77 Dominique Johnston - Female - Age: 17 - Comp#: 398

#199 Girls U 17 Triple Jump 8.22m DNS

#239 Girls U 17 Shot Put (3.0 Kg) 9.62m DNS

78 Jade Kearsey - Female - Age: 17 - Comp#: 2

#151 Girls U 17 1500 Metre Walk 10:26.17 9:37.10 (2) *

79 Michael Pejoski - Male - Age: 17 - Comp#: 1

#94 Boys U 17 200 Metre Hurdles (76 cm) 34.23 29.42 (6) *

#168 Boys U 17 High Jump (S/H 1.35m) 1.60m 1.45m (3)

#188 Boys U 17 Long Jump 4.95m 4.88m (7)

#200 Boys U 17 Triple Jump 10.68m 10.31m (7)

#240 Boys U 17 Shot Put (5.0 Kg) 8.79m 8.71m (5)

#250 Boys U 17 Javelin (700 Gram) 30.86m 29.83m (7)

80 Jaimie-lee Rios - Female - Age: 17 - Comp#: 8

#219 Girls U 17 Discus (1.0 Kg) 21.65m 20.85m (7)

#239 Girls U 17 Shot Put (3.0 Kg) 9.67m 9.77m (3) *

#249 Girls U 17 Javelin (500 Gram) 17.93m 20.64m (6) *

Relay Seed Heats Final

1 St George

#276 Boys U 9-12 4x100 Metre Relay (Jnr) NT 58.67 (4)

Final: Ronan Schocher 10; Jordan Samrani 12; Kai Kamikura 11; Joshua Hewitt 9

St George Total Individual Entries: 226 - Total Relays: 1



U10G – ANDREA MARSHALL

STATE MULTI CHAMPIONSHIPS

REPORT

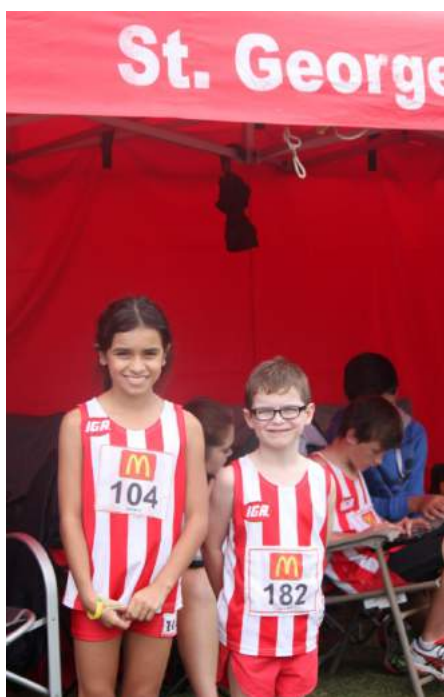
On the weekend of March 1st and 2nd, 10 athletes competed at the NSW State Multi Championships held in Shellharbour. Even with the rain on Saturday, fun was had by all. Grace Robinson (15G) was our highest placed athlete in 6th place with Jamie Lawler (12B) placing 11th.

St George athletes who also competed were: Luke Geoghegan 7B, Elyssa Wehbe U10G, Ben Lawler 11B, Rory Geoghegan , 11B, Jared Rios 13B, Mark Lawler 14B, Jacob Rios 15B, Jamie Lee Rios 17G.



**L-R BACK ROW: JARED RIOS U13B, MARK LAWLER U14B, JACOB RIOS U15B,
GRACE ROBINSON U15G, JAMIE LAWLER U12B**

L-R FRONT ROW: RORY GEOGHEGAN U11B, BEN LAWLER U11B



L-R: ELYSSA WEHBE U10G, LUKE GEOGHEGAN U7B,



JAIMIE-LEE RIOS U17G



LUKE GEOGHEGAN U7B



RORY GEOGHEGAN U11B



GRACE ROBINSON U15G



JACOB RIOS U15B



THE LAWLER BOYS IN ACTION L-R: BEN U11B, JAMIE U12B, MARK U14B



RELAXING AT STATE MULTI'S



GEOGHEGAN FAMILY AT STATE MULTIS

STATE CHAMPIONSHIPS REPORT

Congratulations to the 28 athletes who represented St George at the Little Athletics State Championships. All our athletes did exceptionally well with a total of 8 medals being won. Pita Toamotu won the boys U15 Discus and Shot Put and breaking the State record in the discus. Grace Robinson placed 1st in the U15 girls shot, 2nd in the discus and 3rd in the javelin. Imogen Stewart placed first in the U9 girls 800m and 2nd in the 400m. Jordan Samrani placed 3rd in the U12 boys long jump and Andrea Marshall placing 2nd in the U10 girls 60m hurdles . A number of our athletes reached the final of their track and field events. A big thank you to Jacob Rios and Gianluca Cibeï who completed the centre duties over the weekend on behalf of the parents.

Report by Lisa Rios



ST GEORGE LAC STATE REPRESENTATIVES 2013-2014



L-R – HEATHER ZBEDSKI U10G, KAI HAMMOND U11B, LAUREN SAMRANI U13G, KAYLIB SAVAGE U13B, MADELEINE CHUBB U9G



L-R – BLAKE GROSVENOR U17B, SOLOMON TUQIRI U10B, ELOISE CAREY U9G, IMOGEN STEWART U9G, LUCY KOH U13G



L-R – JADE JOHNSTON-MITREVSKA U12G, JOSHUA HEWITT U9B, ALEX CAMERON U12B, ANDREA MARSHALL U10G, CASEY STANLEY U10G



L-R – ZAC CAMERON U14B, CHARLOTTE TSUI U11G, MORGAN GRIFFITHS U14G, GRACE ROBINSON U15G, LUKE BYRNES U14B



L-R – JADE KEARSEY U17G, NICHOLAS ATKINSON U11G, JAYDEN SEETO U11B, TYLER SEETO U13B, ISABELLA CONROY U13G



L-R – JORDAN SAMRANI U12B, LAUREN CAREY U11G, PITA TOAMOTU U15B

LITTLE ATHLETICS NSW

STATE TRACK & FIELD CHAMPIONSHIPS - 21/03/2014 to 23/03/2014

Sydney Olympic Park Athletic Centre

Meet Summary - All Events

Seed Heats Final

St George

1 Nicholas Atkinson - Male - Age: 11 - Comp#: 58

#76 Boys U 11 60 Metre Hurdles (60 cm) 10.22 10.02 (6) 10.00 (8) *

2 Luke Byrnes - Male - Age: 14 - Comp#: 35

#246 Boys U 14 Javelin (600 Gram) 32.33m 29.12m (17)

3 Alex Cameron - Male - Age: 12 - Comp#: 43

#22 Boys U 12 100 Metre Sprint 13.77 13.69 (15) *

4 Zachary Cameron - Male - Age: 14 - Comp#: 42

#26 Boys U 14 100 Metre Sprint 11.85 12.36 (15)

#46 Boys U 14 200 Metre Sprint 24.88 25.13 (15)

5 Eloise Carey - Female - Age: 9 - Comp#: 31

#99 Girls U 9 800 Metre Run 2:59.03 2:55.27 (15) 2:54.80 (11) *

6 Lauren Carey - Female - Age: 11 - Comp#: 30

#117 Girls U 11 1500 Metre Run 5:31.21 5:37.80 (21)

7 Madeleine Chubb - Female - Age: 9 - Comp#: 65

#205 Girls U 9 Discus (500 Gram) 14.71m 21.24m (5) *

8 Isabella Conroy (T/F 20) - Female - Age: 13 - Comp#: 111

#255 Girls U 13-14 100 Run AWD NT 18.38 (5)

#263 Girls U 13-14 Long Jump AWD ND 2.41m (4) *

#271 Girls U 13-14 Discus AWD ND 8.83m (5) *

9 Morgan Griffiths - Female - Age: 14 - Comp#: 206

#45 Girls U 14 200 Metre Sprint 27.30 27.00 (13) *

#63 Girls U 14 400 Metre Sprint 1:01.74 1:01.12 (7) 1:02.12 (5) *

10 Blake Grosvenor - Male - Age: 17 - Comp#: 3

#250 Boys U 17 Javelin (700 Gram) 42.87m 44.17m (7) *

11 Kai Hammond - Male - Age: 11 - Comp#: 222

#58 Boys U 11 400 Metre Sprint 1:05.25 1:04.20 (5) 1:04.38 (7) *

12 Joshua Hewitt - Male - Age: 9 - Comp#: 276

#16 Boys U 9 100 Metre Sprint 15.00 14.83 (17) *

#100 Boys U 9 800 Metre Run 2:51.00 2:43.41 (13) 2:47.17 (12) *

#174 Boys U 9 Long Jump 3.73m 3.89m (8) *

13 Jade Johnston-mitrevska - Female - Age: 12 - Comp#: 120

#21 Girls U 12 100 Metre Sprint 13.66 13.77 (16)

#41 Girls U 12 200 Metre Sprint 29.15 28.47 (15) *

14 Jade Kearsey - Female - Age: 17 - Comp#: 2

#151 Girls U 17 1500 Metre Walk 9:37.10 9:52.87 (19)

15 Lucy Koh - Female - Age: 13 - Comp#: 148

#129 Girls U 13 3000 Metre Run 12:31.52 12:42.02 (22)

16 Andrea Marshall - Female - Age: 10 - Comp#: 332

#9 Girls U 10 70 Metre Sprint 11.19 10.25 (11) *

#73 Girls U 10 60 Metre Hurdles (60 cm) 10.63 10.53 (5) 10.16 (2) *

17 Grace Robinson - Female - Age: 15 - Comp#: 12

#217 Girls U 15 Discus (1.0 Kg) 38.54m 41.85m (2) *

#237 Girls U 15 Shot Put (3.0 Kg) 15.25m 14.71m (1)

#247 Girls U 15 Javelin (500 Gram) 35.65m 37.17m (3) *

18 Jordan Samrani - Male - Age: 12 - Comp#: 284

#22 Boys U 12 100 Metre Sprint 13.88 13.75 (17) *

#180 Boys U 12 Long Jump 4.68m 4.96m (3) *

#192 Boys U 12 Triple Jump 10.10m 10.36m (6) *

19 Lauren Samrani - Female - Age: 13 - Comp#: 283

#161 Girls U 13 High Jump (S/H 1.25m) 1.48m 1.50m (6) *

#193 Girls U 13 Triple Jump 9.04m 9.45m (11) *



ALEX CAMERON U12B 100M IN ACTION AT STATE



PITA TOAMOTU
2 GOLD STATE MEDALS

20 Kaylib Savage - Male - Age: 13 - Comp#: 289
 #244 Boys U 13 Javelin (600 Gram) 31.77m 33.71m (7) *
21 Jayden Seeto - Male - Age: 11 - Comp#: 113
 #190 Boys U 11 Triple Jump 9.14m 8.77m (17)
22 Tyler Seeto - Male - Age: 13 - Comp#: 360
 #214 Boys U 13 Discus (1.0 Kg) 25.41m 24.11m (20)
23 Casey Stanley - Female - Age: 10 - Comp#: 306
 #115 Girls U 10 1500 Metre Run 5:53.45 6:08.56 (18)
24 Imogen Stewart - Female - Age: 9 - Comp#: 200
 #53 Girls U 9 400 Metre Sprint 1:10.90 1:12.73 (3) 1:08.22 (2) *
 #99 Girls U 9 800 Metre Run 2:38.63 2:36.35 (1) 2:38.24 (1) *
25 Pita Toamotu - Male - Age: 15 - Comp#: 11
 #218 Boys U 15 Discus (1.0 Kg) 57.81m 63.27m (1) *
 Record: 62.70m
 #238 Boys U 15 Shot Put (4.0 Kg) 17.34m 17.40m (1) *
26 Charlotte Tsui - Female - Age: 11 - Comp#: 230
 #57 Girls U 11 400 Metre Sprint 1:08.41 1:08.26 (12) *
 #103 Girls U 11 800 Metre Run 2:41.37 2:38.92 (11) 2:35.82 (7) *
27 Solomon Tuqiri - Male - Age: 10 - Comp#: 68
 #208 Boys U 10 Discus (500 Gram) 26.00m 27.45m (9) *
 #228 Boys U 10 Shot Put (2.0 Kg) 7.81m 8.15m (16) *
28 Heather Zdebski - Female - Age: 10 - Comp#: 352
 #227 Girls U 10 Shot Put (2.0 Kg) 6.57m 7.03m (15) *



GRACE ROBINSON – 3 STATE MEDALS

St George Total Individual Entries: 45 - Total Relays: 0



IMOGEN STEWART STATE GOLD MEDAL PRESENTATION U9G 800M



JORDAN SAMRANI U12B STATE CHAMPIONSHIPS



MEDAL PRESENTATION - PITA TOAMOTU U15B - STATE GOLD MEDAL - DISCUS

FRIDAY NIGHT FUN



COACH MATT ASHTON



3000M ON THE FINAL NIGHT OF THE SEASON









ST GEORGE LAC MULTI NIGHT

10TH JANUARY 2014, OLDS PARK



That's all folk's!



**We look forward to a successful
2014 – 2015 season.**

NOTES

ELECTION OF 2013-2014 STGLAC COMMITTEE

President

Vice President

Secretary

Treasurer

Registrar

Recorder

Assistant Recorders

Officer for Championships

Officer for Officials

Publicity

Coaching

Canteen

BBQ

Equipment / Ground Maintenance

Uniforms

General Committee

NOTES