

ST. GEORGE

LITTLE ATHLETICS CENTER INC.



22nd Annual Report
1992 - 1993

ST. GEORGE LITTLE ATHLETICS CENTRE INC.

22ND ANNUAL GENERAL MEETING

5TH MAY, 1993

AGENDA

- 6.30pm DINNER
- 8.00pm 1. DISTRIBUTION
- (a) Minutes of 21st AGM
- (b) Distribution of 1992/93 Annual Report
2. CHAIRMAN'S OPENING ADDRESS
3. APOLOGIES
4. ADDRESS BY MISS MELANIE CARR, EDUCATION &
 DEVELOPMENT OFFICER, L.A.A.N.S.W. Inc.
5. ACCEPTANCE OF MINUTES OF 21ST AGM
6. PRESENTATION OF 92/93 ANNUAL REPORT
7. ADOPTION OF ANNUAL REPORT
8. ADDRESS BY THE HON. TERRY GRIFFITHS M.P.
 MEMBER FOR GEORGES RIVER, MINISTER FOR POLICE
9. ADDRESS BY MR B. McDONALD, ALDERMAN PENSURST WARD,
 HURSTVILLE CITY COUNCIL
10. ADDRESSES BY OTHER GUESTS
11. PRESENTATION OF LIFE MEMBERSHIP
12. ELECTION OF 1993/94 EXECUTIVE COMMITTEE
13. MEETING CLOSE

OFFICE BEARERS FOR 1992/93

PRESIDENT: LINDSAY WATSON

VICE-PRESIDENTS: TERRY O'NEILL
MIKE LOW
BEN TINKER
JOHN CLARK

SECRETARY: KAY CULKIN

MINUTES SECRETARY: MIKE LOW

TREASURER ALEX OH

REGISTRAR, RECORDS &
RANKINGS: BARBARA LEA

OFFICIALS & PROGRAM: GRAHAM HAWKES

PUBLICITY: ERICA NELSON

CHAMPIONSHIPS: STEVE JOHNSTON

CANTEEN & FUNDRAISING: HEATHER POWLEY

EQUIPMENT & GROUND
MAINTENANCE: JOHN DODSON

COACHING: PETER TUZIAK
ARTHUR PEEK

ST. GEORGE LITTLE ATHLETICS CENTRE INC.

22ND ANNUAL GENERAL MEETING

ST. GEORGE MASONIC CLUB
86 ROBERTS AVENUE, MORTDALE

MAY 5TH, 1993 8PM

REPORTS AS PRESENTED:

1. CHAIRMAN
2. TREASURER
3. SECRETARY
4. REGISTRAR
5. VICE-PRESIDENT (1)
6. VICE-PRESIDENT (2)
7. OFFICER FOR OFFICIALS
8. CANTEEN & FUND-RAISING
9. PRESTON
10. PUBLICITY
11. EQUIPMENT OFFICER
12. CHAMPIONSHIPS
13. TEAM MANAGERS'
14. COACHING

CHAIRMAN'S REPORT

This season I have taken a relative back seat in a lot of the Centre activities. This was partially by design and partially due to other commitments, especially work and coaching.

I would like to thank ALL the Executive for their efforts as I believe this has been hard times, not just for us, but Little A's in general. There are positive signs in our Centre, especially with our younger age groups who are the strong foundation for St. George's future.

To the new members of the executive - Heather, Ben and Terry, thank you and welcome to the engine room. I am sure your perception of Friday night Little A's has changed.

A special thank you to Barbara Lea for her ever vigilant overseeing of the Centre and of me. Barbara really keeps our Centre "On Track" in more ways than one.

To Greg and Wendy Condren (alias "The B.B.Q.") for your four years of super effort and netting the Centre thousands of dollars - a thank you from the kids, their parents and a thank you from me.

To Ray Horton and your seventeen years with the Centre, thank you. The Ray Horton Stand (800m start) will never be the same.

Running, jumping and throwing are foundations for most sporting activities. On Friday nights we are providing these activities and promoting a healthy sporting attitude with the kids. As long as our children are enjoying themselves and trying to achieve their personal best then we have achieved something ourselves. We are there for the kids and they are our future.

Enjoy Your Sport.

LINDSAY WATSON



▲ Senior Boys & Girls Relay Teams - State Medalists. Coach - L Watson

St. George Little Athletics Centre Inc.

Statement of Income and Expenditure For the Year Ended March 31, 1993.

	<u>1993 Actual</u>	<u>1993 Budget</u>	<u>1992 Actual</u>
Income			
Registration	11,380	11,600	12,744
Canteen & BBQ	3,039	2,800	2885
Fund Raising	1,439	1,200	1,011
Preston Fund Raising	2039	0	5,430
Centre Championship	704	500	614
Sponsor/Donation	280	0	494
Equipment Hire	80	0	150
T-Shirts/Singlets/Bodysuits	2,270	1,500	2,122
Interest	452	650	676
Other Income	28	0	1,977
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Total Income	21,711	18,250	28,103
Expenditure			
Equipment	2,591	2,750	1,593
Repair & Maintenance	622	350	677
Ground Marking	431	400	336
Park Fee	200	355	355
Electricity	1,251	890	811
Telephone	421	150	107
Stationery & Postage	521	410	380
Uniform	508	875	875
Insurance	(84)	60	1,026
Annual General Meeting	106	106	230
State Conference	381	381	376
Picnic	1,200	800	621
Preston Expenses	1,524	500	7,736
Trophy	4,030	4,720	5,489
Clubhouse Extension	0	500	3,242
T-Shirts/Singlets/Bodysuits	3,564	3,500	2,494
Centre Functions	390	250	1,372
Sundry Expenses	698	600	928
Financial Institution Charges	55	50	56
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Total Expenditure	18,409	17,647	28,704
 Surplus for Year	 <u>3,302</u>	 <u>603</u>	 <u>(601)</u>

St. George Little Athletics Centre Inc.

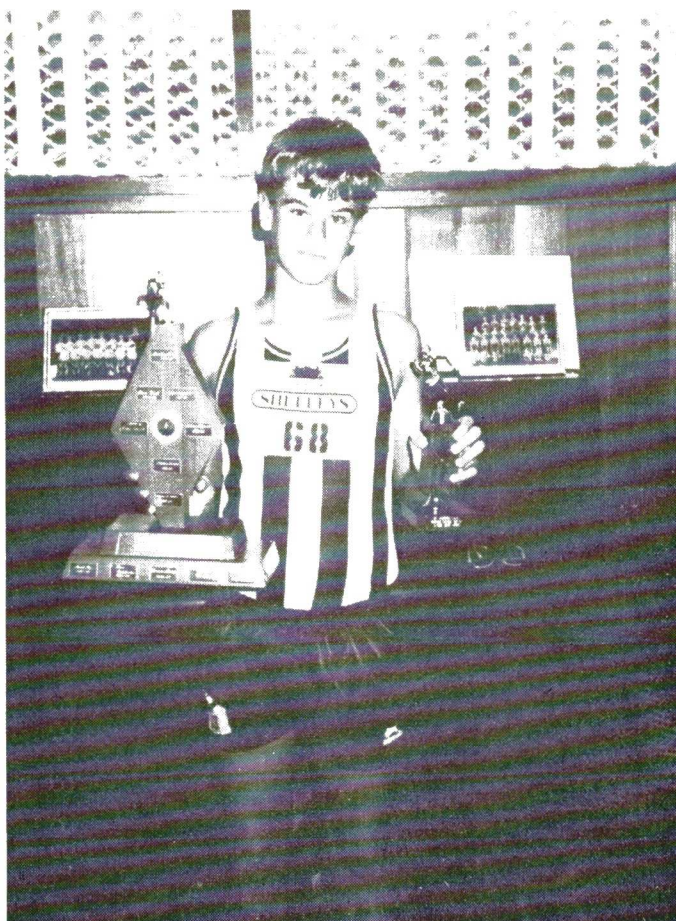
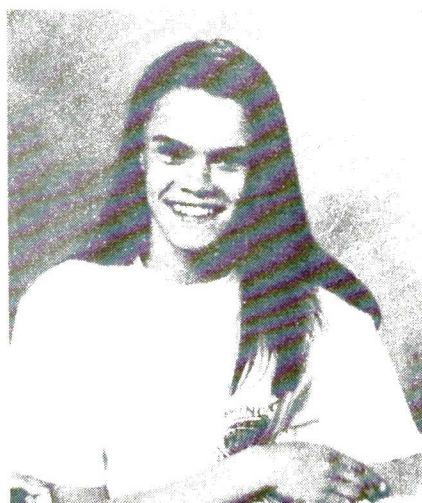
Balance Sheet As at March 31, 1993

	<u>1993</u>	<u>1992</u>
Current Asset		
Cash at St. George Bank :		
General Account	8,618	4,209
Canteen Account	0	10
Deposit Account	6,000	5,000
Preston Account	540	10
	<u>15,158</u>	<u>9,229</u>
Accounts Receivable	0	272
	<u>15,158</u>	<u>9,501</u>
Total Current Assets		
	<u>15,158</u>	<u>9,501</u>
Total Assets	<u>15,158</u>	<u>9,501</u>
Current Liabilities		
Accrued Expenses	3,510	1,155
	<u>3,510</u>	<u>1,155</u>
Total Current Liabilities		
	<u>3,510</u>	<u>1,155</u>
Equity		
Opening Balance	8,346	8,947
Current Surplus	3,302	(601)
	<u>11,648</u>	<u>8,346</u>
Closing Balance		
	<u>11,648</u>	<u>8,346</u>
Total Liabilities & Equity	<u>15,158</u>	<u>9,501</u>



◀ 1992/3 Champion Boy
D Batman

▼ Alison Di Rosa
Runner-UP Girl



▲ 1192/3 Champion Girl
R Quiggin

◀ Corey Fahey
Runner-Up Boy

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SECRETARY'S REPORT:

This has been my second season as Secretary and I must say I have enjoyed it more than the first! I have now learned what the job entails (I think!) and feel a lot more confident that I did last year. Starting a new job is not easy at the best of times, but not having a predecessor to learn, or receive instruction, from, did nothing to enhance the position and made the going somewhat tough to begin with. The position of Secretary is a very busy and diverse one and I have discovered it entails doing lots of 'extras' along the way. It is certainly much more than just sending and receiving the Centre correspondence! However, it can be very rewarding and satisfying too.

I must give a big thank you to my long-suffering husband and four children (telephone answerers) for their continuing patience and understanding when the phone and computer are continually in use!

Due to the travelling and inconvenience involved, the Centre's P.O. Box at Narwee was cancelled and all mail should now come directly to me. This is particularly valuable in the case of urgent or important mail.

I would like to draw your attention to the fact that this is the **22ND** Annual Report of St. George L.A. Centre which means that St. George is now into its 23rd season and is the longest established Centre in the Zone. I am proud of St. George's record and high standing in the community.

The Preston Challenge also bears mention. This reciprocal agreement, whereby the Preston Reservoir L.A. Centre, Melbourne, and St. George L.A. Centre, participate in a challenge competition each season, this year celebrated its **20th Anniversary**. This is a wonderful achievement and worthy of special praise to all the little athletes, team managers and co-ordinators who have done such a marvellous job in keeping this tradition going.

It is gratifying to work with a supportive group of people and I am very appreciative of the support I have received from other members of the executive. I also very much appreciate the support received from non-executive members. Their input and hard work is gratefully acknowledged. Nevertheless, in many ways, it has been a difficult season and I trust next season, with an increased executive committee, will run more smoothly.

Finally, may I take this opportunity to thank our Zone Co-ordinator, John Burne, for his willing assistance throughout the season.

Kay Culkin
SECRETARY

REGISTRAR'S REPORT

U/6	24 (24)	23 (33)	47 (57)
U/7	24 (32)	12 (21)	36 (53)
U/8	30 (34)	19 (18)	49 (52)
U/9	39 (37)	18 (23)	57 (60)
U/10	30 (27)	23 (27)	51 (54)
U/11	21 (33)	34 (19)	54 (52)
U/12	9 (26)	17 (24)	26 (50)
U/13	15 (23)	19 (21)	32 (44)
U/14	12 (10)	12 (17)	23 (27)
U/15	7 (11)	16 (16)	23 (27)

211 (257)	193 (219)	404 (476)
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* Numbers in brackets indicate last year's figures.

As you can see from the numbers, we are down on previous years. The younger age groups seem to be growing, but we are missing out on the older children somewhere.

I would like to thank the many people who have helped me throughout the season with my various jobs because without your help our children would be missing out. Remember we are all only parents and most of us work and we do our bit for the enjoyment of all our children.

I would like to wish the incoming committee all the best for the coming season.

Barbara Lea
REGISTRAR, RECORDS & RANKINGS

VICE PRESIDENT AND ZONE DELEGATES REPORT

The last twelve months have been a learning process for me and I am grateful for all the help I received.

I attended the State Conference at Jamberoo last year with Lindsay Watson and was amazed by the way it was conducted. The Zone meetings are interesting as well.

In order to help out more at St. George L.A.'s I did a Track Referee Level Two exam, which I succeeded in passing. I was then thrown into the lion's den by John Burne at Zone and Region and managed to come through unscathed!

I am looking forward to the next twelve months and hope that what I have learnt will be beneficial to all.

TERRY O'NEILL

VICE PRESIDENT AND SPONSORSHIP REPORT

1992/93 once again proved to be a difficult time to obtain sponsorships. We were fortunate to obtain one new sponsor and also have another new one already lined up for 1993/94.

Our sponsors in 92/93 were:-

- * PAUL'S WAREHOUSE
- * ST. GEORGE MASONIC CLUB
- * LOFTUS PIES

We thank these organizations for their support over the last twelve months. Our new sponsor will be WATTYL PAINTS.

One good way to obtain sponsorships is via personal contact, such as working for, or having dealings with, firms who may be interested in sponsorship. We ask that anyone who thinks they may know of such a firm, to contact a member of the executive committee, so that an approach can be made. We are not asking for donations, but rather sponsorship for which we can offer something in return.

Sponsorship is an important way of reducing the overall cost to families and to enable the Centre to provide necessary facilities. Please give this matter some thought.

Thank you,

MIKE LOW

OFFICIALS AND PROGRAM OFFICER

The 1992/93 season commenced as usual with more than enough keen and willing parents coming forward to act as officials. However, just as usual, was the wavering of that keenness after a period and especially after the Christmas break we were struggling on a couple of evenings to get the required number of officials. Not helping of course are that hard core band of parents who consistently avoid offering any assistance. Thankfully they are small in number. With our computer system further developed by next season, it will hopefully be easy to do the required cross-checks to locate these people and take some sort of action.

The fact that the majority of Friday evenings did run smoothly and quickly is a credit to those parents who consistently volunteered their services, especially the "regulars" who week in and week out were always there whether acting as officials, age managers, working in the canteen or on the barbeque or just generally lending a hand. St George Little A's would not exist without you. On behalf of the committee my thanks to you all. Special mention should be also made of Erica Nelson, Barbara Lea and Lyn Whatman who performed the difficult and sometimes harrowing task of scheduling and announcing each week's program.

It was great to see some of our ex-little athletes, namely Brooke, Justin and Trent Malcolm and Chris Murphy, taking an active role in acting as officials. It was obvious the younger children really looked up to and respected them. Thanks to all parents who assisted at the Zone And Region carnivals. It was a good response. Congratulations to those parents who successfully completed their Level 2 officials exams. The knowledge you have gained will be of invaluable assistance to the children and the Centre. Hopefully next season with some assistance we can get a lot more parents interested in becoming qualified officials.

Last, but by no means least, my thanks to Ray Horton who announced his "retirement" from Little A's after only about seventeen years involvement. In my two years in this position if there was one area that I knew I didn't have to worry about it was Ray's long distance finish. Week in and week out Ray would be there and whether he had four officials helping him, or only one, that area would still be run smoothly and efficiently. Ray also willingly gave his time at Zone carnivals. Hopefully he will do a Dame Nellie Melba and make a comeback.

Finally I wish the incoming committee all the best and every success.

Graham Hawkes

CANTEEN & FUND-RAISING REPORT:

It is with regret that this Report will be my first and last for the Centre, as work and possible travel may interfere with operating the canteen effectively.

My thanks to the members of the executive for their help in answering all my questions and setting me on the right track, to Diane Damoulakis and Peter O'Shea for their assistance on Friday nights, and also to the other parents who have given their time.

Thanks to Kay Culkin and all for taking over the fundraising and cake stalls for the Preston visit which was a great success, and to Wendy and Greg Condren for operating the barbeque and supplying the raffles for each night of competition. I wish them all the best for the future.

Finally I would like to wish the incoming executive good luck for the upcoming season.

HEATHER POWLEY
CANTEEN MANAGERESS



▲ St. George Team - Preston Challenge

We're sure you will all agree that the Preston visit was a great success and that everyone had a good time. From all accounts the Preston children were a pleasure to billet and showed outstanding sportsmanship throughout the Challenge Competition. Naturally St. George are delighted to have retained the trophy in such convincing style! However, the Preston Challenge is not just about winning, but about comradeship and sportsmanship and we feel that both these qualities were well displayed throughout the weekend.

We thank all participating families for the support received and trust we can do it all again next season when it is St. George's turn to visit Melbourne.

Fundraising was very successful. Below is a summary of income and expenditure for your information. As you can see, we have a balance of \$539.53. This is a great start to next season's fund-raising.

Profit from Chocolate Drive	634.50	
Raffles	327.00	
Cake Stalls	180.08	
Barbeque	29.80	
	<u>1171.38</u>	
<u>Expenses:</u>		
Team Shirts	506.00	
Raffles	45.00	
Refreshments for BBQ	19.00	
Supper & Showbag Expenses	20.00	
Petrol for buses	15.00	
Phone Calls/Parking	15.35	
Postage & Stationery	11.50	
	<u>631.85</u>	
		Bal. \$539.53

Winners of our Chocolate Drive prizes were - Calculator - Alexia Amanakis, and - Table Clock - Debbie Nelson. Congratulations girls! All participating families would have received discount vouchers from Skate-Plus, Bankstown Putt-Putt and Ramsgate Beauty Salon. We are sure you will agree that the chocolate drive is an excellent fund-raiser.

There is a lot of work involved in the organisation of the Preston visit and thanks must go to many people:

Team Managers - Ben Tinker & Sue Di-Rosa
Team Captains - Kynan Scarr & Debbie Nelson
Showbags - Suellen Quiggin
Bus-Drivers - Rob Quiggin, Russell Orr & Terry Sampson
Activities - Ben Tinker
Supper - Rhonda Tinker
Refreshments - Steve Johnston
Barbeque - Roger Malcolm & Gary Bowling
Photographs - Cathy Clark
Programme - Lou Bullian
Cake Stalls - Rhonda Orr, Sue Malcolm, Jan Martin.
We hope we have not missed anyone out!

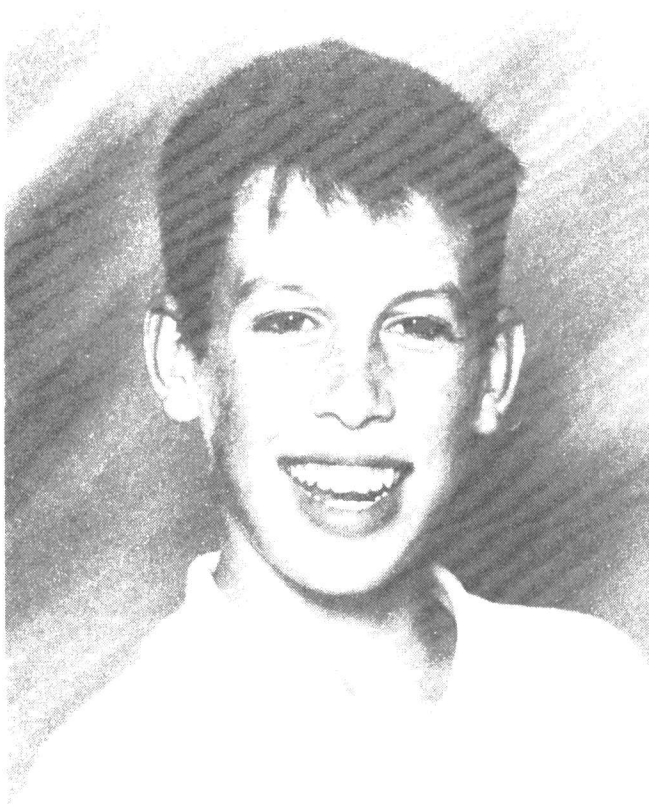
In closing we must thank all the St. George Little Athletes who conducted themselves in a manner of which the Centre can be very proud. They showed a fine team spirit which was a pleasure to behold. We hope to see all the u/11's back next year for their trip to Melbourne. Fund-raising will commence at the beginning of the season as money for air-fares and uniforms has to be raised which amounts to approximately \$7,000. Obviously we will be needing lots of support!

Our thanks once again to you all.

Erica Nelson & Kay Culkin
CO-ORDINATORS



◀ Elizabeth Low
Field Award
Winner



▲ Matthew Hawkes
Boy Encouragement Award

◀ Sean Culkin
Multi-Event Winner

PUBLICITY OFFICER'S REPORT

Communication is essential for the functioning of any organisation. Little Athletic's, being no exception.

Communication can only occur when the following are present;

- *a communicator
- *a medium for communication
- *a listener

These components are mutually dependent on each other and must all be present if we want our communication to be effective.

The diagram below illustrates St. George Little Athletics communication chain.



The Publicity Officer relies heavily on "others" to provide the information which is pertinent to the Centre.

This information must then be translated into written form which should be clear, concise and easily understood.

The Handbook which is issued to all families, provides a comprehensive guide to all Little Athletic events and outlines the organisation of the St. George Centre.

The Newsletter, distributed fortnightly provides up to date information on happenings on the Athletic scene.

It is important to state here that communication also occurs at the Centre in the form of announcements, notice boards etc.

Barriers or blocks may interfere during the next stage of the communication chain. Some of these we have control over, others we do not.

Those barriers/blocks which we can control relate to the distribution of the Handbook and Newsletter, and endeavouring to ensure that these are made available to all families.

However, although we may establish a reasonably sound method of distribution this does not always ensure or guarantee that the information is received or read. It is this area that we have little control over. To quote an old saying, "you can lead a horse to water but you can't make him drink it" explains this block quite simply.

Overcoming these blocks is something that as a Publicity Officer one needs to be aware of and constantly addressing if we wish to be successful in our jobs.

Erica Nelson

EQUIPMENT & GROUND MAINTENANCE REPORT

The 92/93 season saw plenty of rainfall, luckily prior to the start of the season and not on competition nights, so the grass has grown well and has left the ground in very good condition.

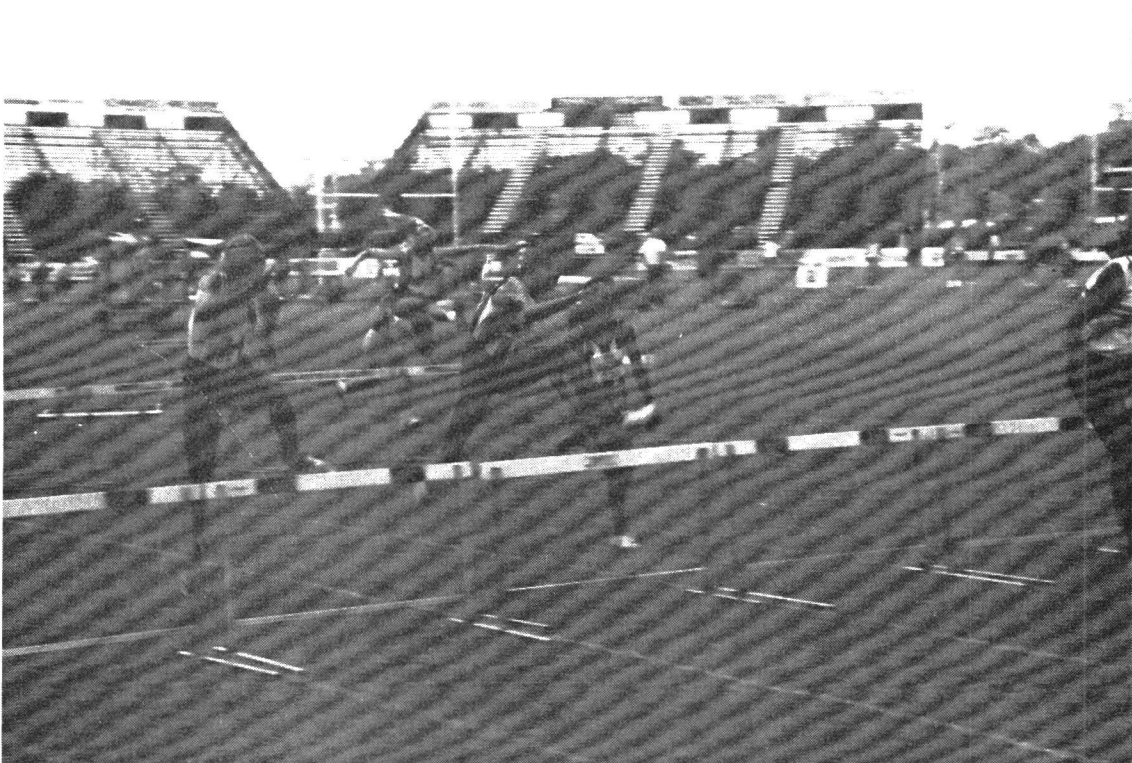
This year saw only one major new purchase in the equipment area, which was twelve new LCD (Liquid Crystal Display) stop watches. The particularly large display made the timekeepers happy and has taken the pressure off the ageing Cronus watches and their repairers;-)

Thanks must go to those die-hard markers, Terry O'Neill and Gil Baes who despite being covered in black paint last season backed up again in '93. A mention also for Arthur Peek and the Seniors for sharing the load of marking the tracks. Thanks guys!

I would also like to thank all those people that help get the equipment out on Friday nights and particularly John (from the Long Jump:-) for standing in for me and doing a great job when I was away. Pity I forgot to leave the stop watches and radios out. Sorry guys:-)

Lastly I'd like to express my thanks to Lindsay Watson and Barbara Lea for their help during the season. Finally a vote of thanks to Ben Tinker who has offered to repair the broken hurdles in the off-season.

John Dodson
Equipment & Ground Maintenance Officer



▲ A. Di Rosa - U13 90m Hurdles 1st Regional Championships

CHAMPIONSHIPS REPORT

Firstly, many thanks to Carol Berrell for doing most of the organising involved with championships. We wish Carol and her family all the best on the Central Coast.

THE SCAMPER: St. George was represented by Alexandra and Christian Goletz in the Scamper, held in November at Narrabeen. The Scamper is for little athletes up to the u/8 age group.

TRANS TASMAN: Trials were held in November for the Trans Tasman Challenge which was held on the 24th November at Narrabeen. Athletes were selected from the u/11 and u/12 age groups and competed against an Auckland team. Elizabeth Low (u/11) and Daniel Batman (u/12) represented our Centre in the N.S.W. team.

STATE-MULTI EVENTS: Three St. George athletes, namely Joanne Law, Ursula Rodway and Sean Culkin, competed to a high standard in the State-Multi at Wagga Wagga over the weekend of 6th March.

PRESTON CHALLENGE: This was held on the same weekend as State Multi, i.e. 6th March. The Preston team from Victoria competed against the St. George team (made up of u/11s and u/12s) at Olds Park. The Preston Challenge was a huge success, not only because of the ease with which St. George retained the trophy, but also because of the involvement and commitment of so many people.

ZONE CHAMPIONSHIPS: These were held over the weekend of 30th January at Sylvania Athletics Track. The Centre entered 171 competitors - 85 girls and 86 boys. 73 of these progressed to Region.

REGION CHAMPIONSHIPS: The Regional Championships were held two weeks after Zone on the weekend of the 13th February. 16 of our athletes - 11 girls and 5 boys - progressed to State.

STATE CHAMPIONSHIPS: These were held on the weekend of 27th March. Our 16 State representatives, although small in number, won 17 medals overall which was a great effort.

STATE RELAYS: The State Relays were held on the 22nd November at Orana Park, Leumeah, with five of our teams finishing in the first eight.

CENTRE CHAMPIONSHIPS: These were held over two Friday nights at Olds Park. The u/12 to u/15 age groups participated in a multi-event programme which proved to be very successful with all athletes showing much more enthusiasm than on a normal Friday night. Several best performances were achieved.

Cont ...

CHAMPIONSHIPS REPORT CONT:

CENTRE AWARDS 1992/93:

Selecting the award winners isn't an easy task for the selection panel as there are many good athletes deserving recognition for their outstanding achievement during the season:-

CHAMPION BOY: **DANIEL BATMAN** (u/12)

Daniel had an outstanding first season in little athletics for our Centre, winning the 100m, 200m and finishing second in the 400m and senior boys relay at the State Championships. He also won the 200m and 400m events at the Trans Tasman Challenge. Daniel broke Zone and Ground Records and came very close to breaking old Centre Records.

CHAMPION GIRL: **RACHELLE QUIGGIN** (u/12)

With limited preparation due to injuries, Rachelle still managed excellent times and results this season. Rachelle was undefeated in the 100m and the Senior Girls Relay team and was placed second in the 200m at State. She also equalled a Centre Record and broke Ground Records in both track and field this year.

RUNNER-UP BOY: **COREY FAHEY** (u/14)

After receiving the encouragement award last season, Corey made the final of the 90m hurdles at State and was unlucky not to gain a place. He was also a member of the silver winning Senior Boys Relay Team. During the season Corey trained hard and set Zone and Centre Records for the 200m hurdles.

RUNNER-UP GIRL: **ALISON DI ROSA** (U/13)

Alison won gold in the 200m hurdles, Senior Girls Relay Team and was a close 4th in the 90m hurdles at the State Championships. She also set Zone and State Records in the 200m hurdles. Alison improved her time from Zone to State by almost 1½ seconds. Well done Alison!

ENCOURAGEMENT AWARD - GIRL: **LAUREN MALCOLM** (u/12)

Lauren was placed second in the 60m hurdles and third in the Long Jump at Zone. At Region she finished 5th in the 60m hurdles. Lauren shows great enthusiasm and with this incentive could well be in the State team next year.

ENCOURAGEMENT AWARD - BOY: **MATTHEW HAWKES** (U/10)

Matt finished 3rd in the 400m and 7th in the High Jump at Zone. He then improved his time by nearly 3 seconds to finish 6th in the 400m at Region.

CHAMPIONSHIPS REPORT CONT:

MIDDLE DISTANCE AWARD:

URSULA RODWAY (u/15)

Due to illness and injury this season, Ursula was unable to perform to her true ability. However, she still won gold at Zone and silver at Region in the 800m. She finished 5th in the State-Multi at Wagga Wagga and was a member of the gold medal Senior Girls Relay Team at the State Championships.

MULTI-EVENT AWARD:

SEAN CULKIN (U/13)

Sean, a dedicated athlete, finished 9th out of 42 competitors at the State Multi-Event Championships held at Wagga Wagga. During the season he finished in the top four at Zone in the 90m hurdles, high jump, long jump and triple jump. At Region Sean finished in the top seven in all these events.

FIELD AWARD:

ELIZABETH LOW (u/11)

Elizabeth finished with a gold in discus and shot put, silver in triple jump and bronze in long jump at Zone. She won silver in triple jump and discus and bronze in shot put at Region and progressed to the State titles. She was also in the Trans-Tasman.

SPORTSMANSHIP AWARD:

REBECCA ORR (u/11)

Rebecca won this award for being a quiet achiever at Zone, Region and our Friday night competition. She is a popular athlete who shows plenty of pluck and talent in both track and field events.

FRIDAY NIGHT ENCOURAGEMENT AWARD - GIRL: ANN BROTHERTON (u/12)

Ann was a consistent performer this season on Friday nights and was a State Relays representative.

FRIDAY NIGHT ENCOURAGEMENT AWARD - BOY: KYNAN SCARR (u/12)

Kynan was the captain of the boys St. George v Preston Challenge Team this season. He showed good Friday night attendance and was a consistent performer.

Steve Johnston
OFFICER FOR CHAMPIONSHIPS

TEAM MANAGERS REPORT

Congratulations to all our athletes who participated in any of the competitions this season in a sportsmanlike manner. Thanks to the families of the athletes who acted as officials. To the children who didn't progress or achieve the results they would have liked, remember your effort and participation is just as important.

STATE RELAYS: This is a day where athletes depend on teammates to participate together, rather than as individuals. Congratulations to all our athletes who entered as there was 100% participation at Orana Park on the 22nd November, 1992.

Medal winners were the u/15 4 x 100 girls team with a silver and the u/11 4 x 100 girls team with a bronze medal.

ZONE CHAMPIONSHIPS:

171 athletes, 85 girls and 86 boys, were entered after Friday night Centre trials. Of these only 76 girls and 58 boys actually competed, probably due to the competition being held one week before the end of the school holidays on the 30th January. More than half of these athletes - 46 girls and 27 boys - qualified for the Regional Championships. This was a very pleasing result.

REGION CHAMPIONSHIPS:

The Regional Championships were held on the 13th and 14th February at Orana Park, Leumeah. The competition was tough and only 16 athletes, 11 girls and 5 boys advanced to State.

STATE CHAMPIONSHIPS:

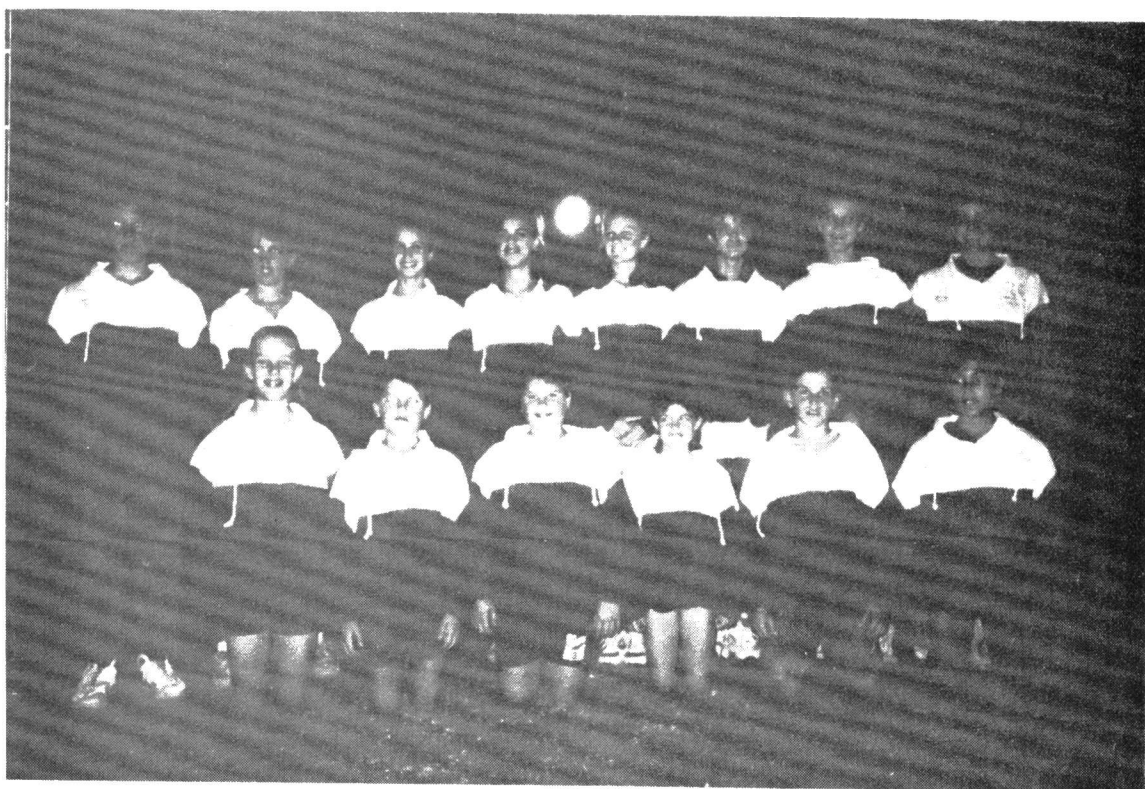
These were held on the 27th and 28th March at the Sydney Athletic Field, Kensington. Nine of our 16 State representatives were in individual finals with 17 medals being won overall.

A special mention for Alison Di Rosa who broke the State Record in the 200m hurdles.

Once again true team spirit was displayed by our relay teams with the Senior Girls winning gold and the Senior Boys winning silver.

Thank you to the seven parents who acted as officials at State.

Congratulations to all the athletes who represented our Centre in any of the championships. The Centre was proud of all its participants.



▲ State Team - 1993

▼ Senior Girls Relay - 1st State Championships





TEAM MANAGERS REPORT CONT:

During the season there was one State Record broken, as well as 1 Regional, 4 Zone and 5 Centre Records broken.

St. George has access to two experienced coaches in Peter Tuziak and Arthur Peek. Peter and Arthur were at Olds Park every afternoon, except Friday, throughout the season, teaching basic and advanced skills in both track and field events to little athletes and senior athletes. We very much appreciate their efforts and it would be encouraging to see more athletes partaking of this coaching expertise.

Zone, Region and State results are as follows:

Suellen Quiggin & Steve Johnston
TEAM MANAGERS

ST. GEORGE ZONE RESULTS

Competition for the u/7s finished at Zone level.

<u>U/8 GIRLS:</u>	A. Dodson	3rd 70m	11.90:	3rd 200m 36.1
	C. Bartlett	7th LJ	2.94m	
		6th D	11.84	
	A. Johansson	3rd 400m	1.26.2	
		6th P.Start	2.51.9	
		8th LJ	2.93	
	M. Kikitis	4th 100m	17.6	
		4th 200m	36.3	
		4th P.Start	2.47.0	
		3rd LJ	3.09	
	R. Whyte	1st SP	5.68	
	J. Boyle	4th 70m	12.1	
	J. Frame	4th 400m	1.28.6	

<u>U/8 BOYS:</u>	H. Harris	3rd 70m	11.5	
		4th 100m	16.8	
	P. Crossie	6th 100m	17.3	
		6th 400m	1.23.3	
		5th LJ	3.19	
	K. Galloway	8th P.Start	2.44.2	
	D. Millard	5th 70m	11.9	

<u>U/9 GIRLS</u>	N. Whatman	7th 800m W	6.19.6	
		1st SP	6.81	
		1st D	16.12	
	J. Brotherton	2nd 100m	16.6	
		5th 200m	35.2	
		4th LJ	3.25	
		3rd= HJ	1.04	
	K. Soliani	8th 100m	17.9	
		8th 400m	1.32.1	

ZONE RESULTS

U/9 GIRLS CONT:

T. Edmonston	8th 800m	3.21.8
J. MacDougal	4th 800m W	5.40.7
	7th LJ	3.17
	8th= HJ	0.85

U/9 BOYS:

A. Low	3rd LJ	3.51
	5th SP	7.12
	3rd D	21.10
L. Magri	8th 100m	16.7
	6th 200m	33.9
	8th 60m H	11.8
C. Ryan	6th HJ	1.05
B. Lord	4th 100m	16.0
	7th 60m H	11.5
C. Moffitt	8th 800m	3.13.1
R. Howarth	1st 100m	15.4
	1st 200m	31.3
	1st 400	1.13.0
A. Ferreira	5th 100m	16.2
	5th LJ	3.39

U/10 GIRLS:

L. Watson	8th 800m	3.20.8
	6th D	11.40
M. Clark	5th 400m	1.18.6
	5th LJ	3.37
	5th D	11.70
A. Clavano	8th 100m	16.9
	5th 800m W	5.55.3
L. Street	8th SP	3.74
A. Lindfield	7th 400m	1.21.8
	6th 800m	3.09.5
	5th HJ	1.0
A. Crossie	8th HJ	0.95
C. O'Sullivan	5th 100m	16.2
	8th 200m	34.9
	8th D	9.48
H. Parnell	4th 100m	16.2
	6th 200m	33.3
	3rd 60m H	11.0
	5th 800m	3.05.2
R. Tito	7th 60m H	11.9
	6th LJ	3.31



▲ Junior Girls Relay - 3rd Regional Championships

▼ U/15 Girls celebrating their last night at L.A.'s!!!



(continued)

ZONE RESULTS

<u>U/10 BOYS:</u>	M. Hawkes	3rd 400m	1.16.0	
		7th HJ	1.10	
	D. Ettridge	8th 800m	3.03.9	
		6th D	21.78	
		8th HJ	1.10	
	M. Stebbing	7th 400m	1.23.8	
		7th 800m	3.03.3	
	P. Kiely	8th 200m	34.1	
		8th 1500m	6.09.8	
	B. Johansson	2nd SP	7.81	
	D. McLoughlin	5th 400m	1.19.2	
<u>U/11 GIRLS:</u>	C. Griffiths	5th SP	7.56	
	S. Komaitis	8th SP	5.31	
	K. Di Rosa	1st 400m	1.09.5	
		2nd 200m	30.2	
		2nd 100m	14.9	
	R. Orr	5th 100m	15.7	
		4th 60m H	11.7	
		3rd SP	7.01	
		2nd D	18.12	
	E. Low	3rd LJ	3.81	
		2nd TJ	8.84	
<u>U/11 BOYS:</u>		1st SP	9.45	
		1st D	21.98	
	L. Tinker	5th D	14.36	8th SP 5.96
	C. Cush	5th 1500m	6.02.9	
	M. Bartlett	5th TJ	7.35	
	L. Rumsey	8th 100m	16.3	
		4th TJ	7.42	
	A. Amanakis	4th 200m	32.0	
		4th 400m	1.17.5	
		6th LJ	3.60	
		3rd TJ	8.22	
<u>U/12 GIRLS:</u>	K. Howarth	7th 60m H	11.9	
		6th 800m	3.05.7	
		4th HJ	1.10	
	A. Pope	8th 1500m	6.34.2	
		6th 60m H	11.8	
	N. Culkin	4th TJ	7.14	
	A. Johnston	1st 100m	14.3	
		4th 200m	29.9	
	B. Eason	6th 800m	2.50.3	
		3rd 1500m	5.29.1	
	L. Malcolm	3rd LJ	4.09	
<u>U/12 BOYS:</u>		2nd 60m H	10.8	
		7th 200m	30.9	
		7th 100m	15.1	
	R. Quiggin	1st 100m	14.0	
		1st 200m	28.1	
	D. Nelson	6th 200m	30.6	
		2nd 400m	1.12.6	
		3rd 60m H	11.2	
		6th LJ	3.92	
	K. Bowling	2nd TJ	8.73	
		3rd SP	10.78	

ZONE RESULTS

U/12 GIRLS CONT:

A. Brotherton	6th 100m	14.8
	7th LJ	3.89
	4th TJ	8.29
S. Hignett	5th TJ	7.21
E. Thomas	6th 800m	3.03.7
	5th 1500m	6.39.5
K. Hissey	5th 400m	1.19.1
	8th 800m	3.15.6

U/12 BOYS:

D. Batman	1st 100m	13.4
	1st 200m	26.6
	1st 400m	1.01.4
N. Crossie	8th 200m	31.8

U/13 GIRLS:

A. Di Rosa	3rd 100m	13.9
	1st 90m H	14.5
	1st 200m H	29.9
M. Ettridge	5th SP	7.31
	7th D	16.98
E. Turner	4th 200m	29.5
	6th 800m	2.56.8
	4th HJ	1.29
N. Whyte	7th 100m	14.9
	4th LJ	4.08
	2nd TJ	9.39
	3rd HJ	1.31
Y. Amanakis	2nd 90m H	14.6
	2nd 200m H	31.1
	1st LJ	4.21
	1st TJ	9.57
M. Pope	7th 1500m	6.28.9

U/13 BOYS:

S. Culkin	2nd 90m H	15.4
	3rd LJ	4.46
	2nd TJ	9.10
	4th HJ	1.45
D. Low	1st TJ	9.95
	5th SP	8.26
	2nd 100m	13.9
	2nd LJ	4.62
B. Eastwood	6th 200m	31.2
M. Bosevski	4th 200m	29.8
	5th TJ	8.32
	2nd SP	9.27
	1st D	24.84

U/14 GIRLS:

R. Cox	3rd 100m	13.0
	3rd 200m	26.4
	2nd LJ	4.84
	2nd TJ	10.03
J. Nelson	2nd 800m	2.51.1
	2nd 1500m	5.28.0
	3rd 3000m	13.49.1

ZONE RESULTS

U/14 GIRLS CONT:

F. Quiggin	3rd 400m	1.06.3
	3rd 90m H	15.5
	3rd TJ	9.79
	2nd HJ	1.51
K. Bartlett	3rd 1500m	7.33.3
	3rd HJ	1.47

U/14 BOYS:

S. McLelland	6th SP	7.08
R. Otto	3rd SP	8.93
J. Eastwood	4th 200m	29.3
	6th 800m	2.49.6
T. Gale	4th LJ	4.44
	2nd TJ	10.23
	3rd HJ	1.45
C. Fahey	2nd 100m	12.8
	2nd 90m H	13.9
	1st 200m H	28.2
	3rd TJ	10.18
A. O'Neill	7th 90m H	19.2
	7th 800m	3.16.9
	7th 3000m	13.01.3:7th 1500m 7.10.1
	8th TJ	8.03
A. Vass	3rd 400m	1.03.7
	4th TJ	10.06
	3rd D	25.48
	3rd 200m	27.9

U/15 GIRLS:

M. Di Rosa	6th 100m	15.4
	3rd SP	8.46
	4th 200m	35.7
U. Rodway	1st 800m	2.34.4
	1st 1500m	5.20.3
	1st TJ	10.20
K. Condren	3rd TJ	9.84
	5th 200m	28.6
S. Kirkby	5th TJ	8.70
	3rd D	21.10
H. Brotherton	7th LJ	3.79
	7th TJ	8.13
D. Ferraro	2nd 100m	13.1
	3rd 200m	26.9
	2nd 400m	1.01.0
K. Sampson	3rd 800m	3.19.2
	3rd 1500m	7.40.4
J. O'Sullivan	4th 100m	14.9
	8th LJ	3.74
	6th TJ	8.20
	6th D	18.24
S. Komaitis	3rd 400m	1.18.5
R. Moffitt	1st 1500m W	9.51.6
	4th LJ	4.29
	5th D	18.80

ZONE RESULTS

<u>U/15 BOYS:</u>	W. McLelland	5th	90mH	17.7
		5th	200mH	35.0
		3rd	TJ	8.67
	M. Ettridge	6th	HJ	1.40
		4th	200m	26.3
		4th	400m	58.3
		2nd	90mH	14.7
	C. Pelhan	2nd	200mH	29.0
		2nd	100m	11.9
		2nd	200m	23.8
		2nd	400m	55.0
	C. Burgess	2nd	800m	10.00.0
		2nd	TJ	10.42

ST. GEORGE U/7 ZONE MEDAL WINNERS

R. Lindfield	u/7B	Bronze	Shot Put
		Bronze	Discus
A. Nakousis	u/7B	Gold	70m
		Gold	100m
		Gold	200m
		Gold	Pack Start
C. Barakat	u/7B	Silver	100m
		Gold	Long Jump
		Silver	Shot Put

CONGRATULATIONS TO THESE GREAT LITTLE ATHLETES!



▲ Illawong Gala Day Winner Sean Culkin U/13B HJ

COACHING REPORT

Despite poor overall attendances at Olds Park coaching during 1992/93, those Little A's who were regulars have reaped the rewards in championship performance and awards.

Training sessions were conducted jointly with the St George District Athletic Club for the whole year from 6.30 to 8.00 pm on Monday, Tuesday and Thursday. Little A's and some parents also participated in the Senior Club's Wednesday night competition. The earlier sessions for younger athletes were poorly attended and eventually abandoned.

Our goal has been to expose all athletes to a range of technical events, as well as their specialties and they have responded well. Seven year olds have picked up the hitch kick long jump, flop high jump, shot put and hurdles with ease. We already have a good record in multi events.

"Graduate" Little A's Karen Hall, Belinda Otto, Gabrielle Templeman and Ursula Rodway represented NSW in the Australian Under 18 and Under 16 Titles this year and will be aiming to compete for Australia in the years ahead. They are setting the standard for Little A's to follow.

We are concerned at the number of older St George Little A's lost each year to Illawong Athletic Club - particularly among the boys. This is disturbing when we have better long and triple jumping facilities and will be coaching the pole vault for older athletes next year.

Our thanks go the Club Executive and other coaches and to the parents who helped with equipment on training nights.

Congratulations to all athletes who have participated in our great sport during the year.

ARTHUR PEEK
PETER TUZIAK

GIRLS REGION RESULTS 1992-93

Competition for the Under 8's finished at these Championships.
Listed are those children who were placed in the top eight.

U.8

A. Johansson	400m 4th 1-28.9;
M. Kikitis	100m 8th 17.9; LJ 5th 3.14m; 200m 7th 36.5;
R. Whyte	SP 7th 5.17m;
J. Frame	400m 7th 1-30.7;

Following is a list of the athletes who were placed in the top eight.
The first three places progress to the State Championships held at
Sydney Athletic Field, Kensington on the 27th and 28th March.

U.9

N. Whatman	SP 5th 6.00m; DIS 2nd 16.88m;
B. MacDougal	800W 8th 5-29.8;
J. Brotherton	HJ 4th 1.05m; 200m 3rd 33.7; LJ 4th 3.37; Jnr Relay 3rd

U.10

A. Lindfield	HJ 8th 1.05m;
C. O'Sullivan	100m 6th 15.8;
H. Parnell	60H 7th 10.9; 800m 7th 2-57.5; Jnr Relay 3rd

U.11

R. Orr	60H 6th 11.0; DIS 6th 18.68m;
A. Amanakis	TJ 4th 8.51m;
E. Low	TJ 2nd 8.75m; DIS 2nd 22.16m; SP 3rd 8.13m;
K. DiRosa	100m 6th 14.8; 400m 1st 1-08.1; 200m 2nd 29.3; Jnr Relay 3rd

U.12

L. Malcolm	60H 5th 10.4;
R. Quiggin	100m 1st 13.6; 200m 1st 27.4; Snr Relay 1st
K. Bowling	SP 6th 10.52m;
A. Brotherton	Jnr Relay 3rd

U.13

M. Ettridge	SP 7th 7.22m;
N. Whyte	TJ 3rd 9.11m; HJ 5th 1.35m; LJ 3rd 4.71m;
A. DiRosa	100m 5th 13.8; 200H 2nd 30.0; 90H 2nd 14.5; Snr Relay 1st
Y. Amanakis	200H 3rd 31.0; TJ 2nd 9.29m; 90H 5th 14.7; LJ 5th 4.60m;

U.14

K. Bartlett	HJ 5th 1.46m;
J. Nelson	1500m 5th 5-41.2; 800m 7th 2-47.4; 3km 4th 12-21.1;
F. Quiggin	400m 7th 1-07.5; 90H 5th 16.4; TJ 4th 9.92m; HJ 3rd 1.50m;
R. Cox	100m 3rd 13.0; LJ 1st 5.36m; 200m 3rd 26.2; TJ 5th 9.87m;
	Snr Relay 1st

U.15

U. Rodway	800m 2nd 2-26.3; TJ 2nd 10.24m; Snr Relay 1st
K. Condren	TJ 6th 8.93;
S. Komaitis	400m 7th 1-19.8;
R. Moffitt	1500W 4th 8-56.2;

BOYS REGION RESULTS 1992-93

Competition for the Under 8's finished at these Championships. Listed are those children who were placed in the top eight in each age group.

U/8

H. Harris 70m 8th 12.0

The first three places progress to the State Championships held at Sydney Athletic Field, Kensington on the 27th and 28th March.

U/9

R. Howarth 100m 6th 15.7 ; 400m 4th 1.13.9
A. Low SP 3rd 7.48m

U/10

M. Hawkes 400m 6th 1.13.2

U/11

B. Eason 1500m 7th 5.33.5
A. Johnston 100m 5th 14.3

U/12

D. Batman 100m 1st 13.0 ; 200m 1st 26.2 ;
400m 1st 1.00.7 ; Senior Relay 2nd

U/13

D. Low 100m 6th 14.4 ; LJ 4th 4.79m ;
TJ 2nd 10.14m ; Senior Relay 2nd
M. Bosevski DIS 8th 22.06
S. Culkin LJ 6th 4.51m ; HJ 4th 1.47m ;
TJ 5th 9.68m ; 90mH 7th 14.8

U/14

C. Fahey 100m 7th 13.3 ; 200mH 4th 28.6 ;
90mH 3rd 14.1 ; Senior Relay 2nd
A. Vass 400m 7th 1.02.5 ; 200m 8th 27.7

U/15

C. Pelham 100m 3rd 11.6 ; Senior Relay 2nd
M. Ettridge 400m 8th 57.6 ; 200mH 8th 28.7 ;
90mH 6th 14.6

ST. GEORGE STATE CHAMPIONSHIPS RESULTS

A. Low	U/9B	11th	SP	7.47
D. Batman	U/12B	1st	100n	12.5
		1st	200n	25.6
		2nd	400n	58.7
D. Low	U/13B	11th	TJ	10.22
C. Fahey	U/14B	8th	90mh	14.9
N. Whatman	U/9G	15th	Discus	12.96
K. Di Rosa	U/11G	5th	200m	29.1
		3rd	400m	1.04.9
E. Low	U/11G	13th	TJ	8.44
		12th	SP	8.46
		11th	Discus	21.74
A. Di Rosa	U/13G	4th	90mh	14.0
		1st	200mh	28.5 (Record)
N. Whyte	U/13G	12th	LJ	3.71
		15th	TJ	8.94
Y. Amanakis	U/13G	3rd	200mh	29.1
		2nd	TJ	10.35
R. Quiggin	U/12G	1st	100m	12.6
		2nd	200m	26.5
R. Cox	U/14G	7th	100m	12.8
		5th	LJ	5.14
F. Quiggin	U/14G	6th=	HJ	1.50
U. Rodway	U/15G	7th	TJ	10.52
R. Quiggin)				
R. Cox)				
A. Di Rosa)	Senior Girls Relay Team	1st		50.3
U. Rodway)				
D. Batman)				
D. Low)	Senior Boys Relay Team	2nd		48.5
C. Fahey)				
C. Pelhan)				

The Centre is proud of its State Representatives.

RECORDS & BEST PERFORMANCES

STATE RECORD

Girls u/13	A. Di Rosa	200m Hurdles	28.5
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REGIONAL BEST PERFORMANCE

Girls u/14	R. Cox	Long Jump	5.36m
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ZONE BEST PERFORMANCE

Girls u/13	A. Di Rosa	200m Hurdles	29.9
Boys u/12	D. Batman	200m	26.6
u/14	C. Fahey	200m Hurdles	28.2
u/7	A. Nakousis	Pack Start	1.48.5

CENTRE RECORDS

Girls u/12	R. Quiggin	100m	12.6 equal
u/13	A. Di Rosa	90m Hurdles	14.0
		200m Hurdles	28.5
u/14	R. Cox	Long Jump	5.36m
Boys u/14	C. Fahey	200m Hurdles	28.2
u/7	A. Nakousis	100m	16.5
		Pack Start	1.48.5



▲ 3 out of 4 ain't bad! Andrew, David & Elizabeth Low
- 1993 State Representatives

OFFICE BEARERS FOR 1993/94

PRESIDENT:

VICE-PRESIDENT:

SECRETARY:

TREASURER:

MINUTES SECRETARY:

REGISTRAR:

OFFICIALS & PROGRAM:

PUBLICITY:

CHAMPIONSHIPS:

RECORDER:

CANTEEN:

FUNDRAISING:

EQUIPMENT:

COACHING:

DELEGATES:

COMMITTEE:

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