

# REBECCA ORR

## ENCOURAGEMENT AWARD BOY

### JAMIE LAWLER – U9'S

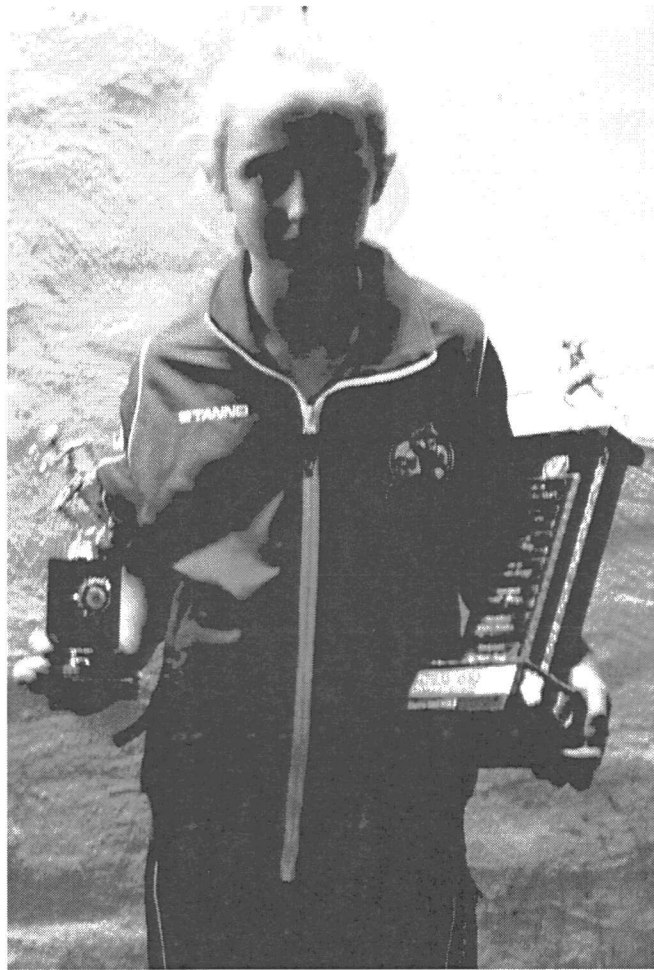


Jamie is an athlete that gives everything a go and has had a great year, resulting in some fine performances. At Zone he made the finals for all his events placing seventh in the 400m and 800m, sixth in the 60m hurdles and eighth in the 200m. At State Multi's, his all round versatility in events saw him achieve sixth place, a very good result. He was also a member of the U9 boys State Relay team. Congratulations!

**REBECCA ORR**

**ENCOURAGEMENT AWARD GIRL**

**ALEXANDRA TIMS – U9'S**



Alexandra is another athlete who is a very versatile athlete, being a good all rounder in many events. At Zone she placed fourth in long jump, third in the 800m, second in shot put and third in the 60m hurdles. At Region, fifth in the 60m hurdles and shot put, 4<sup>th</sup> in the 800m and long jump. She also was a member of the U9 girls 4x100m team at State Relays which finished 6<sup>th</sup>. At the State Multi's her versatility in events resulted in her placing sixth, a very good result indeed.

# **BOYS FRIDAY NIGHT** **ENCOURAGEMENT AWARD**

## **EMILIO HIDALGO U9'S**



Emilio is an athlete who gives it his best no matter what event it is. He is a polite and well behaved boy who is always willing to give help. He also encourages others on Friday nights, cheering them on. He is a good role model for other boys in his age group.

# **GIRLS FRIDAY NIGHT** **ENCOURAGEMENT AWARD**

## **LYDIA CONTI – U15'S**



Lydia is a selfless, polite, kind young lady who tried her best in her events. She encourages others in her age group to compete and do events outside their comfort zone, like the longer distance runs. Lydia is a very social young lady who enjoyed competing and always smiling as she done so. She epitomises just what little athletics is all about – family fun and fitness.



# 5 YEAR AWARDS



5 YEAR RECIPIENTS AT PRESENTATION NIGHT APRIL 8<sup>TH</sup> 2011

William Carey	Alexandra Clark	Emily Ajaka	Benjamin Alessio
Jamayka Blattman	Sierra Blattman	Luke Byrnes	Lachlan Crawford
Jacob Dol	Talia Fisher	Jasmine Fisher	Blake Grosvenor
Oliver Herbert	Sebastian Herbert	Nathan Hewitt	Ashley Karagorgovski
Kayla Karagorgovski	Sean Karkoulas	Bella Piccini	Jared Rios
Jordan Terzopoulos	Chantel Yu	Melanie Ajaka	Carina Fickeys
Jeremy Lay			

# PUBLICITY & SPONSORSHIP

## REPORT

Once again, our newsletter which is published each fortnight keeps our families and athletes informed of upcoming events, athlete results and other information. It can also be found on the Centre's website.

Special thanks and appreciation goes to Athletes Foot at Westfield Hurstville, in particular, Brian Moro, for his Athletes Foot stores continued association and support to our Centre. Thanks also to the Good Guys at Rockdale for assisting us with the purchase of a new laptop and Officeworks at Carlton for the donation of clipboards and pens.

To our suppliers of food and beverages for the Canteen and BBQ - Bruce Elvey Meats, KB Farm Chickens, Eiffel Hot Bread as well as K&E Confectionary and Coca Cola we thank you in meeting our orders on time, throughout this past season.

I would like to also acknowledge and thank Mr Con Pattey, for his assistance in administrating the St George Little Athletics Website during this past year.

*Michelle Murphy*  
*STGLAC Publicity Officer 2010 - 2011*



THOMAS MURPHY (U7B) IN LONG JUMP AT ZONE 2011

# DRAGON DERBY REPORT

A number of St George athletes and their parents made the trip down to St Georges Basin to compete in the Dragon Derby Gala day. Fantastic weather, a scenic ground and relaxed atmosphere made the day a fantastic experience for all, with some families taking the opportunity to spend the weekend at the South Coast. All our athletes came home with lots of medals, trophies and ribbons and big smiles for their performances. Personal bests were achieved on the day and three of our parents showed the kids that athletics is not just for the young ones with fine performances in the Masters Pentathlon. Grace Robinson also broke the U12 girl's discus record for the carnival. Many thanks to Lynne Whatman who again on behalf of St George LAC, officiated as the Shot Put Judge on the day. We thank Lynne for her continued support and help as an Official for St George at carnivals. Congratulations to all our athletes and parents who took part. Results are posted below.

## RESULTS WERE REPORTED TO TEAM MANAGER ON THE DAY OF CARNIVAL BY ATHLETES

JACOB RIOS U12 BOYS - 3<sup>RD</sup> 60M HURDLES, 2<sup>ND</sup> 800, 3<sup>RD</sup> 100M, 1<sup>ST</sup> 1500M WALK, 3<sup>RD</sup> DISCUS, 3<sup>RD</sup> SHOT PUT, 4<sup>TH</sup> JAVELIN, 4<sup>TH</sup> LONG JUMP

JAIMIE-LEE RIOS U13 GIRLS – 3<sup>RD</sup> 1500M WALK, 4<sup>TH</sup> 100M, 2<sup>ND</sup> SHOT PUT, 2<sup>ND</sup> JAVELIN, 3<sup>RD</sup> LONG JUMP (U14G)

GRACE ROBINSON U12 GIRLS - 1<sup>ST</sup> 60M HURDLES, 1<sup>ST</sup> 100M, 1<sup>ST</sup> DISCUS (NEW RECORD), 2<sup>ND</sup> JAVELIN, 1<sup>ST</sup> LONG JUMP,

PITA TOAMOTU U12 BOYS – 4<sup>TH</sup> 60M HURDLES, 5<sup>TH</sup> 100M, 1<sup>ST</sup> DISCUS, 1<sup>ST</sup> SHOT PUT, 1<sup>ST</sup> JAVELIN, 5<sup>TH</sup> LONG JUMP

LOUISA HAMILTON U11 GIRLS – 2<sup>ND</sup> 60M HURDLES, 3<sup>RD</sup> 100M, 4<sup>TH</sup> 200M, 9<sup>TH</sup> TURBO JAV, 7<sup>TH</sup> SHOT PUT, 6<sup>TH</sup> LONG JUMP (U12G)

ALEX HAMILTON U7 BOYS – 3<sup>RD</sup> 500M, 2<sup>ND</sup> 70M, 3<sup>RD</sup> 100M, 3<sup>RD</sup> 200M, 7<sup>TH</sup> LONG JUMP, 5<sup>TH</sup> SHOT PUT

GIANLUCA CIBEI U12 BOYS – 2<sup>ND</sup> 60M HURDLES, 4<sup>TH</sup> 100M, 5<sup>TH</sup> DISCUS, 3<sup>RD</sup> JAVELIN, 4<sup>TH</sup> JUMP (U13B), 6<sup>TH</sup> LONG JUMP

SOPHIA CIBEI U9 GIRLS – 1<sup>ST</sup> 800M, 1<sup>ST</sup> 70M, 1<sup>ST</sup> 100M,

KAI KAMIKURA U8 BOYS – 2<sup>ND</sup> 60M HURDLES, 3<sup>RD</sup> 70M, 2<sup>ND</sup> DISCUS

SORA KAMIKURA U6 BOYS – 1<sup>ST</sup> 300M, 3<sup>RD</sup> 70M, 2<sup>ND</sup> LONG JUMP

RICK KAMIKURA U13 BOYS – 2<sup>ND</sup> 800M, 2<sup>ND</sup> 400M, 4<sup>TH</sup> TRIPLE JUMP, 7<sup>TH</sup> SHOT PUT

DAVID HUGHES U14 BOYS – 3<sup>RD</sup> 800M, 2<sup>ND</sup> 100M, 3<sup>RD</sup> 1500M WALK, 2<sup>ND</sup> SHOT PUT (U15B), 2<sup>ND</sup> DISCUS, 2<sup>ND</sup> JAVELIN, 1<sup>ST</sup> LONG JUMP

JOSH HUGHES U10 BOYS - 7<sup>TH</sup> 60M HURDLES, 8<sup>TH</sup> 100M, 4<sup>TH</sup> 1100M WALK, 7<sup>TH</sup> LONG JUMP, 5<sup>TH</sup> DISCUS

BLAKE GROVESNOR U13 BOYS – 2<sup>ND</sup> 1500M WALK, 3<sup>RD</sup> DISCUS (U14B), 2<sup>ND</sup> SHOT PUT, 1<sup>ST</sup> JAVELIN (U14B), 1<sup>ST</sup> HIGH JUMP, 4<sup>TH</sup> LONG JUMP (U14B)

LUKE BYRNES U11 BOYS – 1<sup>ST</sup> TURBO JAV, 1<sup>ST</sup> SHOT PUT, 2<sup>ND</sup> DISCUS (U12B)

AMANDA PEARSON U7 GIRLS – 1<sup>ST</sup> 500M, 2<sup>ND</sup> 100M, 2<sup>ND</sup> 200M, 2<sup>ND</sup> LONG JUMP, 4<sup>TH</sup> SHOT PUT

CECILIA TALAU U11 GIRLS – 2<sup>ND</sup> 100M, 2<sup>ND</sup> 200M, 3<sup>RD</sup> TURBO JAV, 2<sup>ND</sup> SHOT PUT, 2<sup>ND</sup> HIGH JUMP, 2<sup>ND</sup> LONG JUMP,

NATALYA JOVANOV U11 GIRLS – 4<sup>TH</sup> 1500M WALK, 9<sup>TH</sup> TURBO JAV,

ADRIANA JOVANOV U8 GIRLS – 5<sup>TH</sup> LONG JUMP, 1<sup>ST</sup> DISCUS

ZOE PATTY U14 GIRLS – 100M

TONI HUGHES – WOMENS MASTERS PENTATHLON

STEPHANIE GROVESNOR – WOMENS MASTER PENTATHLON

CHRIS ROBINSON – MENS MASTERS PENTATHLON

Report by LISA RIOS



STEPHANIE GROSVENOR, CHRIS ROBINSON AND TONI HUGHES – MASTERS COMPETITORS A THE DRAGON DERBY 2010



KAI AND SORA KAMIKURA AT THE 2010 DRAGON DERBY





HAVING FUN! - GRACE ROBINSON, JACOB RIOS, PITA TOAMOTU AND GIANLUCA CIBEI AT THE 2010 DRAGON DERBY



DRAGON DERBY 2010 - LUKE BYRNES, CELIA TALAU, NATAYLA JOVANOV AND LOUISA HAMILTON



**BLAKE GROSVENOR (U13B) DAVID HUGHES (U14B) AND JAIMIE-LEE RIOS (U13G)  
AT THE DRAGON DERBY 2010**

# TRANS TASMAN TRIALS REPORT

At the Trans Tasman Trials at Blacktown, six St George athletes took part in the competition on the day. Talia Fisher (U11), Natalya Jovanov (U11), Grace Robinson (U12), Liam Pemberton (U12) and Pita Toamotu(U12) and Jacob Rios(U12) all tried their very best on the day amongst some other fine athletes from around the State. Four of our athletes were selected on their performances for the NSW Trans Tasman Team which will compete in January against a team of athletes from New Zealand. Congratulations to Talia Fisher (U11), Grace Robinson (U12), Liam Pemberton (U12) and Pita Toamotu (U12).

## TRANS TASMAN CHALLENGE REPORT

Four St George athletes were part of the NSW Trans Tasman Team which competed against Auckland in January at Blacktown Athletics Centre. Talia Fisher (U11), Grace Robinson (U12), Liam Pemberton (U12) and Pita Toamotu(U12) competed individually and in team events for the NSW team. The day was a huge success for the NSW team who came away as winners of the Trans Tasman Cup. Our athletes all achieved very good results and enjoyed the experience. They also enjoyed the experience of hosting and showing the sights of Sydney to one of their Kiwi counterparts on a day outing.



LIAM MCKENZIE IN ACTION IN THE U8B LONG JUMP AT ZONE



# STATE RELAY CHAMPIONSHIPS

## REPORT

Congratulations to all our athletes who participated at the State Relay Championships at Homebush with a good representation of teams from the Junior and Senior age groups over both days.

Whilst no medals were won this year there were some very good performances from our teams. Eleven of our teams had top eight placing's with three coming in fourth place. The U11 boys 4x100m team were very unlucky to miss out on a medal, just 100<sup>th</sup> of a second out of third place. Many athletes did PB's on the day which was a great effort.

Thank you to those St George parents who helped as officials over the weekend. Your assistance is always greatly appreciated.

The following teams placed in the top 8.

U9 GIRLS 4X100M TIA LA COSTE, SOPHIA CIBEI, DANIELLE KATZOS, ALEXANDRA TIMS	U8 BOYS 4X100M KAI HAMMOND, KAI KAMIKURA, NICHOLAS ATKINSON, ANDREW PENG
U9 BOYS 4X100M JORDAN SAMRANI, NIKAU WRATHALL, JAMIE LAWLER, DAVIS WANG	U11 BOYS 4X100M ZAC CAMERON, MATTEO TISCIA, ETHAN BERGAN, NATHANIEL TAYLOR
U9 MIXED 4X200M JORDAN SAMRANI, NIKAU WRATHALL, DANIELLA KATZOS, TIA LACOSTE	U11 GIRLS LONG/HIGH TEAM CELIA TALAU, PHOEBE LA COSTE, AQUEELAI WOODS, LOUISA HAMILTON
U11 GIRLS SHOT/DISCUS TEAM CELIA TALAU, PHOEBE LA COSTE, AQUEELAI WOODS, LOUISA HAMILTON	U11 BOYS SHOT/DISCUS TEAM LUKE BYRNES, MARK LAWLER, JACOB WESCOMBE, IAVOR NIKOLAEV
U14G 4X100M 5 <sup>TH</sup> ZOE PATTY, CHIARA CHRISTIAN, NIKKI ABDULLAH, CAITLIN ANGUS	U13 GIRLS SHOT/DISCUS TEAM DYONE BETTEGA, TULLY BROWN U12, JACQUI GORDON, CHRISTIANE HAITIDIS
U13 BOYS LONG/HIGH TEAM BEN ALESSIO, BLAKE GROSVENOR, OLIVER HERBERT, JEREMY LAY	

*Report by Lisa Rios*



STATE RELAYS U12 BOYS FIELD TEAM – GIANLUCA CIBEI, JUSTIN DELA CRUZ,  
JACOB RIOS AND MICHAEL WATSON



U12 MIXED 4X400M TRACK TEAM – LIAM PEMBERTON, ALEX ZISSIS,  
ALANA SAMRANI, CARINA FICKEYS .



CHIARA CHRISTIAN IN ACTION AT THE STATE RELAYS FOR THE U14G 4X100M



STATE RELAYS - ZOE PATTY AND NIKKI ABDULLAH  
4X100M RELAY



BLAKE GROSVENOR U13BOYS SHOT/DISCUS TEAM  
AT SHOT PUT

# ZONE CHAMPIONSHIPS REPORT

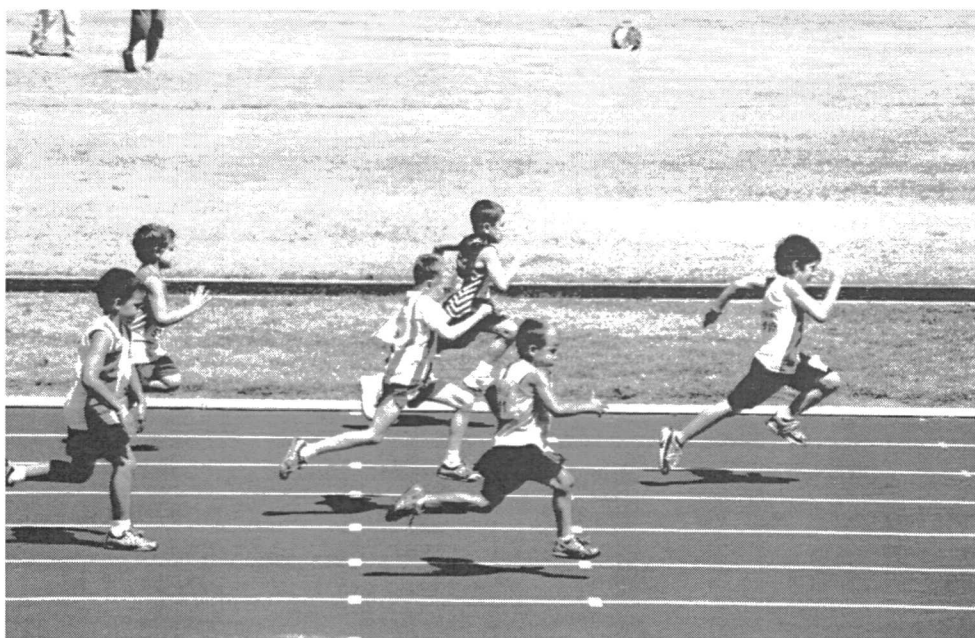
Congratulations to all our athletes who competed at last weekend's Southern Metropolitan Zone Championships.

St George was represented by 121 athletes ranging from U7 up to U17's. There were many outstanding results. Fifty eight U8 to U17 St George athletes qualified through to the Regional Championships that will be held on 18<sup>th</sup> and 19<sup>th</sup> February at Barden Ridge.

In the U7's we also had some great performances resulting in medals. Mitchell Dol received 2 silver – 100m & LJ and a bronze – 70m, Aiden Gambrel a bronze – SP, Andrea Marshall 3 silver – 50m, 70m, 100m, and a bronze – LJ and Amanda Pearson a silver and Kimberley Taylor a bronze in discus.

Thank you also to all those parents that assisted as officials over the weekend. Your help was greatly appreciated. We wish all those athletes competing at Region the best of luck! Results from Zone can be found on the NSW Little Athletics Website.

*Report by Lisa Rios*



U7 BOYS 50M – ZONE 2011

# SOUTHERN METROPOLITAN ZONE RESULTS

## FOR ST GEORGE ATHLETES

CENTRE RESULTS - ALL PLACES  
SOUTHERN METROPOLITAN ZONE

LAANSW Carnival System

30 January 2011  
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Centre: 9 - St George

Age Group: U/7 Boys

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Osca Catton	286	Discus			8	9.51	
		50M Run	2	9.3	4	9.3	
		200M Run	2	38.8	7	40.6	
		70M Run	3	13.0			
Mitchell Dol	262	100M Run	1	17.3	2	17.4	
		70M Run	1	12.9	3	12.4	
		Pack Start			5	1-59.0	
		Long Jump			2	3.08	
Aiden Gambrell	37	50M Run	3	9.4	8	9.6	
		100M Run	2	17.8	7	18.3	
		Discus			4	11.70	
		Shot Put			3	5.59	
Alexander Hamilton	29	Discus			13	5.11	
		200M Run	7	44.2			
		Long Jump			14	2.15	
		Pack Start			10	2-19.8	
Thomas Murphy	18	Discus			11	5.61	
		Long Jump			15	2.13	
		Pack Start			11	2-42.5	
		70M Run	6	14.6			
Lewis Noppen	106	50M Run	5	9.8			
		70M Run	6	14.4			
		Shot Put			6	4.20	
		Long Jump			11	2.53	

Age Group: U/8 Boys

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Nicholas Atkinson	204	Long Jump			2	3.37	****
		60M Hurdles	2	11.7	2	11.5	****
		200M Run	1	34.6	2	34.1	****
		100M Run	2	16.4	3	16.7	****
Kai Hammond	81	Shot Put			6	5.60	
		400M Run	4	1-26.6	6	1-27.4	
		100M Run	3	17.7	5	16.9	
		Long Jump			8	2.86	

Riley Jackson	44	70M Run	4	13.2	5	13.1
		400M Run	4	1-41.8		
		Pack Start			10	3-04.1

Kai Kamikura	118	60M Hurdles	6	13.8		
		Discus			6	13.39
		100M Run	5	18.2		
		200M Run	4	36.7	5	35.5

**Age Group: U/8 Boys**

Ethan Koskinas	370	60M Hurdles	3	12.9	6	12.4
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Benjamin Lawler	227	200M Run	8	48.5		
		400M Run	5	1-53.0		
		Discus			15	7.84
		Pack Start			13	3-20.3

Ronan Mauro	331	70M Run	4	14.4		
		60M Hurdles	8	14.5		
		Pack Start			9	3-02.5

Liam Mckenzie	64	Discus			14	8.45
		100M Run	5	17.6	8	17.9
		Long Jump			14	2.54
		400M Run	2	1-29.5	8	1-35.4

Jayden Samrani	75	Discus			4	16.55	****
		200M Run	5	37.5			
		Long Jump			9	2.81	

**Age Group: U/9 Boys**

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Alex Cameron	27	70M Run	4	12.7			
		60M Hurdles	5	12.1	6	11.6	
		Long Jump			10	2.93	
		100M Run	5	16.9			
Emilio Hidalgo	9	High Jump				FOULS	
		Long Jump			12	2.40	
		Discus			10	6.28	
		400M Run	5	1-39.4			
Jamie Lawler	226	400M Run	4	1-25.2	7	1-28.0	
		800M Run			7	3-08.0	
		60M Hurdles	3	12.0	6	11.6	
		200M Run	3	34.8	8	36.2	
Luke Marshall	191	70M Run	3	11.7	4	11.4	****
		60M Hurdles	3	11.4	3	11.2	****
		Discus			5	16.34	
		100M Run	4	16.7			
Jordan Pejowski	197	Discus			4	18.13	****
		Long Jump			9	3.05	
		800M Run			11	3-19.2	
		Shot Put			2	5.54	****
Jordan Samrani	74	100M Run	1	14.7	1	14.6	****
		200M Run	1	31.4	2	31.0	****
		70M Run	1	11.0	1	10.7	****
		High Jump			6	.90	

Nikau Wrathall	347	Long Jump			8	3.25	
		70M Run	1	11.5	2	11.1	****
		High Jump			1	1.12	****
		100M Run	1	15.4	3	15.2	****

#### Age Group: U/10 Boys

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Tallis Brown	221	200M Run	3	32.3	6	32.6	
		Long Jump			9	3.47	
		High Jump			6	1.15	
		100M Run	5	15.7			
William Carey	171	800M Run			9	3-26.4	
		1100M Walk				DISQ	
		1500M Run			10	6-47.7	
Jacob Dol	261	Long Jump			6	3.68	
		100M Run	3	15.2	6	15.5	
		Discus			4	21.84	****
		Shot Put			5	6.87	
Sebastian Herbert	364	60M Hurdles	2	11.6		No Result	
		400M Run	5	1-30.8			
		70M Run	1	10.5	1	10.3	****
		High Jump			4	1.27	****
Nathan Hewitt	183	400M Run	5	1-28.1		No Result	
		1500M Run			9	6-38.9	
Josh Hughes	34	1100M Walk				DISQ	
		70M Run	6	12.8			
		Discus			9	15.18	
		60M Hurdles	8	14.0		No Result	
Luke Hunnisett	312	1100M Walk				DISQ	
Reece Koskinas	350	100M Run	5	15.7			
		200M Run	4	32.9	7	32.9	
		Long Jump			12	3.20	
		400M Run	3	1-20.9	5	1-22.5	
Sidney Noppen	105	100M Run	1	14.3	1	14.3	****
		70M Run	1	10.7	2	10.4	****
		Long Jump			1	4.17	****
		200M Run	1	30.1	1	30.1	****
Jared Rios	16	Shot Put			4	7.04	****
		70M Run	4	11.7			
		Discus			6	18.12	
		1100M Walk			4	8-23.2	****
Rhys Young	374	High Jump			11	1.00	
		1500M Run				No Result	
		800M Run				No Result	
		400M Run	4	1-27.2		No Result	

**Age Group:U/11 Boys**

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Ethan Bergan	170	200M Run	3	32.7	7	32.1	
		60M Hurdles		No Result			
		Long Jump			2	4.11	****
Luke Byrnes	35	Discus			5	21.31	
		Shot Put			1	10.48	****
Zachary Cameron	26	200M Run	1	30.0	2	29.2	****
		100M Run	1	14.6	1	13.8	****
		High Jump			4	1.30	****
Leopold Kostas	31	1500M Run			4	5-46.3	****
		800M Run			6	3-00.4	
		400M Run	2	1-22.8	6	1-21.7	
		1100M Walk				DISQ	
Mark Lawler	225	400M Run	4	1-24.0	7	1-24.2	
		Discus			11	12.40	
		Long Jump			10	3.30	
		800M Run			8	3-09.2	
Iavor Nikolaev	155	800M Run			4	2-53.7	****
		1500M Run			6	5-54.3	
		Triple Jump			8	7.65	
		Discus				No Result	
Philip Salah	300	High Jump				No Result	
		Long Jump				No Result	
		200M Run	4	33.3			
Nathanael Taylor	7	60M Hurdles	2	11.1	3	10.9	****
		100M Run	3	14.4	6	14.9	
Matteo Tiscia	356	100M Run	1	14.3	3	14.3	****
		200M Run	2	31.2	3	29.7	****
Riley Wanless	342	400M Run	4	1-34.2			
		100M Run	2	15.5	8	15.9	
		60M Hurdles	5	12.6			
		Triple Jump			10	6.70	

**Age Group: U/12 Boys**

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Nicholas Chan	19	Triple Jump			2	8.88	****
		Long Jump				No Result	
		100M Run		No Result			
		High Jump				No Result	



# Age Group: U/12 Boys

Gianluca Cibeil	24	High Jump			8	1.20	
		Shot Put			6	5.79	
		Discus			9	13.53	
		Triple Jump			11	7.53	
Justin Dela Cruz	84	100M Run	1	13.8	1	13.6	****
		200M Run	1	28.6	1	28.1	****
		800M Run				No Result	
		High Jump				No Result	
Marcus Leonard	177	200M Run	3	30.1	6	30.5	
		High Jump				No Result	
		100M Run	2	14.1	6	14.4	
Daniel Mauro	329	800M Run			7	3-00.1	
		Javelin			5	17.45	
		1500M Run			6	5-54.2	
Liam Pemberton	302	400M Run		No Result	4	1-11.1	****
		200M Run		No Result			
		100M Run	1	13.8	3	14.1	****
		Long Jump			1	4.62	****
Jacob Rios	15	400M Run		No Result	6	1-13.0	
		1500M Walk				DISQ	
		Discus			6	20.26	
		Shot Put			4	7.72	****
Pita Toamotu	11	Long Jump				No Result	
		Shot Put			1	12.75	****
		Javelin			1	28.75	****
		Discus			1	38.11	****
Michael Watson	87	Triple Jump			9	7.92	
		Javelin			6	17.19	

# Age Group: U/13 Boys

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Benjamin Alessio	20	400M Run			1	1-04.1	****
		100M Run	2	12.8	1	12.9	****
		Long Jump			2	4.63	****
		200M Run	2	26.6	2	26.1	****
		Triple Jump			3	9.56	****
Blake Grosvner	13	1500M Walk			3	11-21.8	****
		High Jump			3	1.37	****
		Shot Put			10	4.36	
		Javelin			6	24.07	
Oliver Herbert	363	Triple Jump			5	9.00	
		High Jump			4	1.30	****
		200M Run	3	30.7		No Result	
		100M Run	4	14.1			
		Long Jump			7	4.13	
Rick Kamikura	117	Triple Jump			11	7.32	
		1500M Run			4	6-54.3	****

**Age Group: U/13 Boys**

Jeremy Lay	235	Javelin			11	14.30	
		Triple Jump			8	8.30	
		Discus				No Result	
		100M Run	4	15.7			
Michael Pejoski	193	Discus			7	13.96	
		High Jump				FOULS	
		Triple Jump			10	7.54	
		Javelin			9	18.45	
		Shot Put			8	6.69	

**Age Group: U/14 Boys**

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
David Hughes	33	Long Jump			8	3.38	
		Triple Jump			8	7.36	
		High Jump				FOULS	
		Shot Put			4	6.24	****
		Discus			2	18.49	****
		Javelin			9	12.67	
Gavin Liang	324	Long Jump			3	4.69	****
		200M Run	2	27.4		No Result	
		High Jump			3	1.45	****
		100M Run	1	12.6	2	12.7	****

**Age Group: U/15 Boys**

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
William Burgess	396	200M Run			6	26.3	
		Triple Jump			2	11.74	****
		800M Run				No Result	
		100M Hurdles			3	15.5	****
		High Jump			2	1.60	****
		Shot Put				No Result	
Marcus Chan	8	Javelin				No Result	
		Discus			1	38.67	****
		100M Run				No Result	
		Shot Put				No Result	

**Age Group: U/17 Boys**

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
James Shalala	2	3000M Run			2	12-44.5	****
		Long Jump				No Result	
		100M Run			6	12.5	

**Age Group: Junior Boys**

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
St. George	9002	4 x 100 Relay			1	59.3	****

**Age Group: Senior Boys**

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
. St.George	9004	4 x 100 Relay			3	51.8	

**Age Group: U/7 Girls**

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Ruth Hunnisett	314	100M Run	3	19.7	5	19.5	
		Long Jump			8	2.35	
Chloe Jackson	45	100M Run	6	20.2			
		200M Run	3	43.7	5	42.6	
		70M Run		No Result	7	14.3	
Andrea Marshall	192	Long Jump			3	2.63	
		100M Run	1	18.2	2	18.3	
		70M Run		No Result	2	13.0	
		50M Run	2	9.6	1	9.5	
Amanda Pearson	77	Discus			2	9.46	
		Long Jump			4	2.55	
		Pack Start			4	2-08.2	
		200M Run	4	45.8		No Result	
Kimberley Taylor	322	100M Run	5	19.8			
		Discus			3	9.00	
		Pack Start			8	2-16.0	
		200M Run	2	43.0	6	42.9	

**Age Group: U/8 Girls**

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Giannon Borg	187	200M Run	3	39.1	6	38.4	
		Long Jump			10	2.44	
		100M Run	5	18.4			
		60M Hurdles	2	12.8	6	12.8	
Lauren Carey	172	200M Run	4	42.1			
		400M Run	5	1-34.9	6	1-37.4	
		Long Jump			12	2.33	
		Pack Start			2	2-47.6	****
Natalie Cingolani	139	100M Run	5	19.7			
		200M Run	5	44.0			
		Long Jump			8	2.72	
		60M Hurdles	5	14.0			
Alyse Hewitt	184	100M Run	4	18.2			
		400M Run	3	1-34.2		No Result	
Andrianna Jovanov	42	60M Hurdles	5	14.0			
		Discus			3	12.20	****
		Shot Put			3	4.98	****

**Age Group: U/9 Girls**

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Sophia Cibe	25	Long Jump			7	3.09	
		200M Run	3	34.7	5	33.8	
		400M Run	2	1-22.2	5	1-25.1	
		800M Run				No Result	
Savannah Fisher	21	800M Run			8	3-28.3	
Danielle Katzos	100	70M Run	4	11.8	3	11.2	****
		Long Jump			6	3.13	
		200M Run	2	35.3	3	33.5	****
		100M Run	1	15.8	5	15.7	
Tia La Coste	260	Shot Put			1	7.32	****
		Discus			1	19.86	****
		60M Hurdles	1	11.1	1	10.9	****
		100M Run	3	15.8	4	15.6	****
Alexandra Tims	76	Long Jump			4	3.28	****
		800M Run			3	3-07.2	****
		Shot Put			2	6.13	****
		60M Hurdles	2	11.9	3	11.6	****

**Age Group: U/10 Girls**

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Georgia Clark	99	800M Run			6	3-12.3	
		Long Jump			11	2.81	
		1500M Run			6	6-31.3	
		200M Run	5	37.5			
Caitlin Hammond	80	1500M Run			12	7-02.6	
		Long Jump				FOULS	
Hannah Jackson	43	200M Run	8	40.1			
		70M Run	7	13.4			
		100M Run	4	18.7			
Kayla Karagorgovski	295	1500M Run			4	6-20.6	****
		800M Run			4	3-11.8	****
		400M Run	4	1-27.7		No Result	
		Discus			7	12.45	
Janice Lewis	30	Long Jump			10	2.97	
		60M Hurdles	6	14.5			
		100M Run	5	17.1			
Rachel Mauro	330	High Jump			7	1.00	
		800M Run			5	3-12.1	
Rachel Mauro		60M Hurdles	2	12.9	2	12.6	****
		Long Jump			13	2.73	
Catelyn Mckenzie	63	Discus			13	9.44	
		400M Run	5	2-01.0			
		200M Run	6	35.3			

### Age Group: U/10 Girls

Lauren Samrani	73	200M Run	3	34.2	4	33.8	****
		100M Run	1	15.4	3	15.5	****
		High Jump			2	1.17	****
		70M Run	2	11.2	5	11.2	
Angelique Stivic	178	100M Run	3	16.8			
		400M Run		No Result			
		Discus			4	14.31	****
		1500M Run			8	6-47.8	

### Age Group: U/11 Girls

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Chermay Chaves	89	400M Run	2	1-16.6	6	1-19.8	
		100M Run	3	15.6	8	16.6	
		200M Run	4	32.9	7	32.2	
		Long Jump			9	3.47	
Talia Fisher	22	100M Run	1	14.7	1	14.3	****
		200M Run	1	30.6	1	29.2	****
Louisa Hamilton	28	200M Run	8	36.3			
		Long Jump			2	3.97	****
		60M Hurdles	2	12.3	6	12.3	
		Discus			4	15.89	****
Jennifer Hampson	275	800M Run			10	3-19.6	
		1500M Run			8	7-21.5	
Natalya Jovanov	41	1100M Walk			5	8-56.5	
		Shot Put			3	6.82	****
		Discus			5	15.71	
		Triple Jump			12	5.83	
Phoebe La Coste	259	Shot Put			2	7.58	****
		Discus			2	17.46	****
		Triple Jump			3	7.79	****
Phoebe La Coste	259	60M Hurdles	1	11.0	2	11.0	****
Celia Tulau	71	Long Jump			1	4.03	****
		100M Run	2	14.8	3	14.8	****
		High Jump			3	1.25	****
		Shot Put			1	8.15	****
Aqeelai Woods	65	Triple Jump			8	7.48	
		60M Hurdles	1	11.8	3	11.5	****
		High Jump			11	1.10	

### Age Group: U/12 Girls

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Tully Brown	220	Long Jump			6	3.99	
		High Jump			5	1.25	
		100M Run	2	14.8	5	15.0	
		Triple Jump			12	7.41	

# Age Group: U/12 Girls

Alexandra Clark	98	1500M Run	7	37.2	7	6-24.4	
		200M Run					
		400M Run			No Result	1-27.4	
		800M Run				3-19.8	
Selina Ho	188	Triple Jump			13	6.27	
		800M Run			9	3-32.1	
		High Jump			7	1.10	
Ashley Karagorgovski	294	1500M Run			4	6-08.6	****
		400M Run			6	1-18.2	
		800M Run			4	3-01.0	****
Iva Nikolaev	154	800M Run			No Result		
		Long Jump			12	3.36	
		1500M Run			5	6-16.6	
		60M Hurdles			6	13.8	
Giselle Parmenter	50	Long Jump			8	3.66	
		High Jump			6	1.20	
Grace Robinson	12	Javelin			1	26.21	****
		Shot Put			1	15.08	****
		Discus			1	43.60	****
		Triple Jump			5	9.25	
Alana Samrani	72	200M Run	6	35.1			
		Javelin			4	6.80	****
		Shot Put			5	6.75	
		100M Run			4	15.9	

# Age Group: U/13 Girls

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Dyone Bettega	355	Javelin			2	25.23	****
		Shot Put			1	9.16	****
		Discus			2	25.36	****
Jas Fisher	23	3000M Run				No Result	
		800M Run				No Result	
Ava Garlick Bock	251	100M Run		No Result			
		Long Jump			7	3.40	
		Discus			8	13.93	
		High Jump				FOULS	
Jacqui Gordon	40	Discus			10	9.62	
		Long Jump			8	3.06	
		800M Run			8	3-25.1	
Holly Kazanzidis	380	200M Run	4	33.9	8	34.2	
		High Jump				No Result	
		Long Jump				No Result	
		100M Run	3	15.7			
		400M Run				No Result	
Jade Kearsey	110	1500M Run			6	6-13.5	

# Age Group: U/13 Girls

Jaimie-Lee Rios	14	1500M Walk			3	10-23.7	****
		Shot Put			2	9.11	****
		Discus			3	20.56	****
		Javelin			5	18.39	
		200M Run	4	32.6	7	33.0	

# Age Group: U/14 Girls

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Caitlin Angus	60	Triple Jump			5	8.52	
		100M Run	5	15.2			
		800M Run				No Result	
		Discus				No Result	
		Long Jump			8	3.72	
		Shot Put			9	6.26	
Chiara Christian	180	400M Run			1	1-08.1	****
		800M Run			2	3-00.5	****
		200M Run		No Result	6	28.4	
Alice Mitchell	104	1500M Run			3	6-34.4	****
		3000M Run			2	13-41.8	****
Zoe Pattey	299	200M Run		No Result	2	28.0	****
		100M Run	1	13.6	2	13.6	****
		400M Run			2	1-09.3	****
Madalanne Taylor	4	Discus			11	14.31	
		Shot Put			8	6.83	
		Triple Jump			6	7.72	
		1500M Walk				DISQ	
Sidney Tulau	70	Long Jump			7	3.80	
		100M Run	4	15.1	7	15.7	
		80M Hurdles			4	16.9	****
	70	Discus			12	10.74	

# Age Group: U/15 Girls

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Isabel Byrnes	10	Discus			6	13.96	
		Shot Put			5	6.16	
		Javelin			2	12.61	****
Lydia Conti	78	200M Run				No Result	
Carolena Kostas	3	800M Run			1	2-26.5	****
		400M Run		No Result	3	1-03.9	****
		1500M Run					
Katie Lay	32	100M Run		No Result	8	15.2	
		Discus			5	16.12	
		High Jump			4	1.26	****



Age Group: U/15 Girls

Lisa Wang	394	100M Run	No Result	9	15.6
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Age Group: U/17 Girls

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
Elysse Jones	1	Long Jump			3	4.48	****
		Javelin			4	29.91	****

Age Group: Junior Girls

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
. St George	9001	4 x 100 Relay			2	59.9	****

Age Group: Senior Girls

Athlete Name	Number	Event	Heat Place	Heat Result	Final Place	Final Result	Qual?
. St. George	9003	4 x 100 Relay				No Result	



ST GEORGE LAC FAMILY – THE SAMRANI’S – CHEERING ON THEIR SON AND BROTHER