



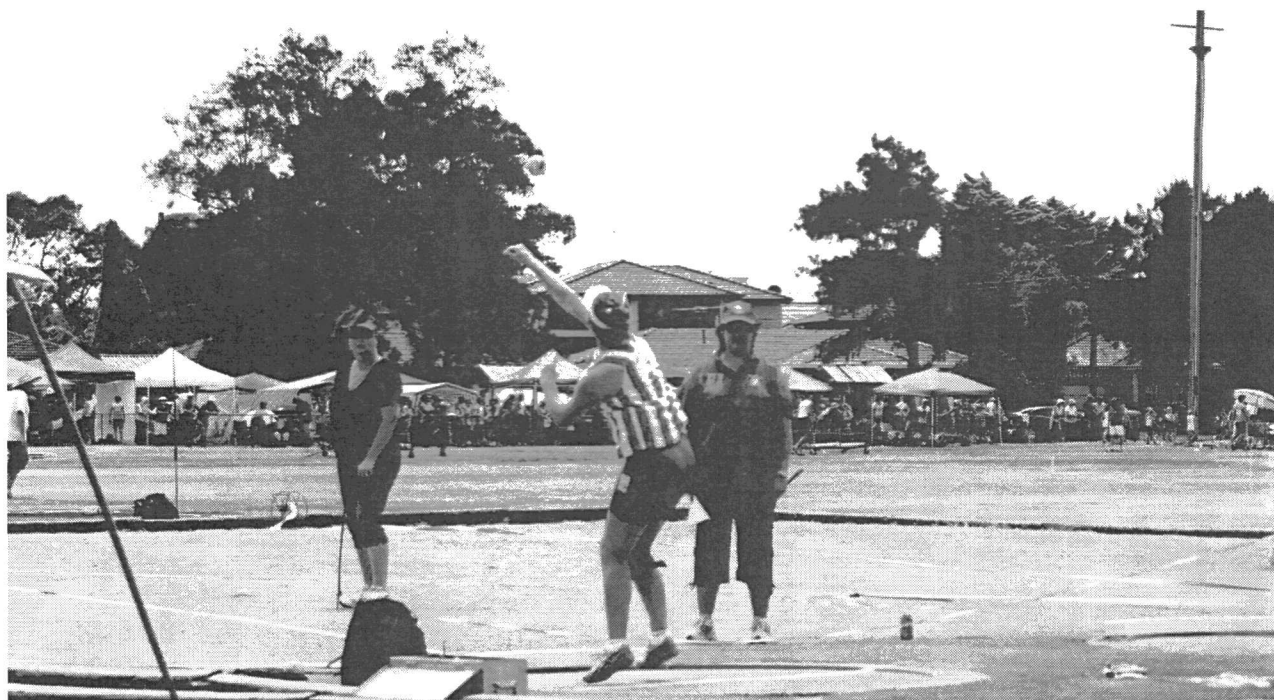
SIDNEY NOPPEN AT ZONE IN THE 100M FOR U10 BOYS



ZAC CAMERON AND MATTEO TISCIA (U11B) IN THE 100M AT ZONE



TALIA FISHER IN ACTION IN THE 100M AT ZONE



13G SHOT PUT AT ZONE. JAIMIE-LEE RIOS IN ACTION JUDGED BY CHIEF JUDGE LISA RIOS WITH ST GEORGE PARENT MOIRA BETTEGA ALSO OFFICIATING



ST GEORGE ATHLETES IN ACTION AT ZONE CHAMPIONSHIPS JANUARY 2011



LUKE MARSHALL IN THE U9 BOYS 60M HURDLES



TIA LA COSTE AND ALEXANDRA TIMS (U9G) 60M HURDLES AT ZONE



OLIVER HERBERT (U13B) LONG JUMP AT ZONE



# REGIONAL CHAMPIONSHIPS

## REPORT

Congratulations to all our athletes who competed at the weekend's Regional Championships at Barden Ridge.

Sixteen St George athletes qualified through to State Championships in a March. Many PB's were achieved by many of our athletes over the weekend and two athletes, Thank you to those parents who assisted as Officials over the weekend.

*Report by Lisa Rios*



REGION 1100M WALK – JARED RIOS (U10B)

# REGION 3

## RESULTS FOR ST GEORGE ATHLETES

LITTLE ATHLETICS NEW SOUTH WALES REGION 3 TRACK & FIELD CHAMPIONSHIPS  
2010-2011 - 18/02/2011 to 20/02/2011 The Ridge Athletics Track - Barden Ridge  
CENTRE RESULTS Seed Heats Final St George

**1 Nicholas Atkinson - Male - Age: 8 - Comp#: 204**

#14 Boys U 8 100 Metre Run 16.70 16.75 (7) 16.86 (7)  
#34 Boys U 8 200 Metre Run 34.10 33.78 (5) 34.68 (6)  
#70 Boys U 8 60 Metre Hurdles (45 cm) 11.50 11.63 (2) 11.66 (3)  
#172 Boys U 8 Long Jump 3.37m 3.35m (6)

**2 Lauren Carey - Female - Age: 8 - Comp#: 172**

#97 Girls U 8 700 Metre Pack Start 2:47.60 3:00.58 (11)

**3 Andrianna Jovanov - Female - Age: 8 - Comp#: 42**

#203 Girls U 8 Discus (500 Gram) 12.20m 6.64m (14)  
#223 Girls U 8 Shot Put (1.5 Kg) 4.98m 3.97m (13)

**4 Jayden Samrani - Male - Age: 8 - Comp#: 75**

#204 Boys U 8 Discus (500 Gram) 16.55m 16.08m (6)

**5 Danielle Katzos - Female - Age: 9 - Comp#: 100**

#7 Girls U 9 70 Metre Run 11.20 11.05 (1) 10.97 (3)  
#35 Girls U 9 200 Metre Run 33.50 34.46 (7) 34.06 (6)

**6 Tia La Coste - Female - Age: 9 - Comp#: 260**

#15 Girls U 9 100 Metre Run 15.60 16.40 (6) 16.30 (5)  
#71 Girls U 9 60 Metre Hurdles (45 cm) 10.90 11.08 (3) 10.96 (3)  
#205 Girls U 9 Discus (500 Gram) 19.86m 16.48m (6)  
#225 Girls U 9 Shot Put (2.0 Kg) 7.32m 7.02m (2)

**7 Luke Marshall - Male - Age: 9 - Comp#: 191**

#8 Boys U 9 70 Metre Run 11.40 11.12 (4) 10.94 (7)  
#72 Boys U 9 60 Metre Hurdles (45 cm) 11.20 11.73 (13)

**8 Jordan Pejowski - Male - Age: 9 - Comp#: 197**

#206 Boys U 9 Discus (500 Gram) 18.13m 14.71m (11)  
#226 Boys U 9 Shot Put (2.0 Kg) 5.54m 5.65m (10)

**9 Jordan Samrani - Male - Age: 9 - Comp#: 74**

#8 Boys U 9 70 Metre Run 10.70 10.61 (1) 10.63 (3)  
#16 Boys U 9 100 Metre Run 14.60 15.04 (1) 15.07 (3)  
#36 Boys U 9 200 Metre Run 31.00 31.24 (2) 31.34 (2)

**10 Alexandra Tims - Female - Age: 9 - Comp#: 76**

#71 Girls U 9 60 Metre Hurdles (45 cm) 11.60 11.83 (8) 11.55 (5)  
#99 Girls U 9 800 Metre Run 3:07.20 3:01.81 (4)  
#173 Girls U 9 Long Jump 3.28m 3.51m (4)  
#225 Girls U 9 Shot Put (2.0 Kg) 6.13m 6.32m (5)

**11 Nikau Wrathall - Male - Age: 9 - Comp#: 347**

#8 Boys U 9 70 Metre Run 11.10 DNS  
#16 Boys U 9 100 Metre Run 15.20 DNS  
#154 Boys U 9 High Jump (S/H 0.90m) 1.12m DNS

**12 Jacob Dol - Male - Age: 10 - Comp#: 261**

#208 Boys U 10 Discus (500 Gram) 21.84m 27.15m (4)

**13 Sebastian Herbert - Male - Age: 10 - Comp#: 364**

#10 Boys U 10 70 Metre Run 10.30 10.45 (3) 10.34 (2)  
#74 Boys U 10 60 Metre Hurdles (60 cm) 11.60 11.09 (3) 10.86 (1)  
#156 Boys U 10 High Jump (S/H 1.00m) 1.27m DNS

**14 Kayla Karagorgovski - Female - Age: 10 - Comp#: 295**

#101 Girls U 10 800 Metre Run 3:11.80 3:10.01 (12)  
#115 Girls U 10 1500 Metre Run 6:20.60 6:30.70 (13)



**15 Rachel Mauro - Female - Age: 10 - Comp#: 330**  
 #73 Girls U 10 60 Metre Hurdles (60 cm) 12.60 12.96 (12)

**16 Sidney Noppen - Male - Age: 10 - Comp#: 105**  
 #10 Boys U 10 70 Metre Run 10.40 10.27 (1) 10.16 (1)  
 #18 Boys U 10 100 Metre Run 14.30 14.50 (1) 14.40 (1)  
 #38 Boys U 10 200 Metre Run 30.10 30.18 (1) 29.62 (1)  
 #176 Boys U 10 Long Jump 4.17m 4.40m (2)

**17 Jared Rios - Male - Age: 10 - Comp#: 16**  
 #140 Boys U 10 1100 Metre Walk 8:23.20 7:32.98 (7)  
 #228 Boys U 10 Shot Put (2.0 Kg) 7.04m 7.65m (7)

**18 Lauren Samrani - Female - Age: 10 - Comp#: 73**  
 #17 Girls U 10 100 Metre Run 15.50 16.20 (16)  
 #37 Girls U 10 200 Metre Run 33.80 32.97 (10)  
 #155 Girls U 10 High Jump (S/H 0.95m) 1.17m 1.10m (8)

**19 Angelique Stivic - Female - Age: 10 - Comp#: 178**  
 #207 Girls U 10 Discus (500 Gram) 14.31m DNS

**20 Ethan Bergan - Male - Age: 11 - Comp#: 170**  
 #178 Boys U 11 Long Jump 4.11m 3.94m (10)

**21 Luke Byrnes - Male - Age: 11 - Comp#: 35**  
 #230 Boys U 11 Shot Put (2.0 Kg) 10.48m 10.68m (2)

**22 Zachary Cameron - Male - Age: 11 - Comp#: 26**  
 #20 Boys U 11 100 Metre Run 13.80 14.45 (3) 14.17 (7)  
 #40 Boys U 11 200 Metre Run 29.20 29.35 (3) 29.18 (6)  
 #158 Boys U 11 High Jump (S/H 1.10m) 1.30m 1.29m (6)

**23 Talia Fisher - Female - Age: 11 - Comp#: 22**  
 #19 Girls U 11 100 Metre Run 14.30 14.90 (5) 14.50 (4)  
 #39 Girls U 11 200 Metre Run 29.20 30.59 (2) 29.53 (2)

**24 Louisa Hamilton - Female - Age: 11 - Comp#: 28**  
 #177 Girls U 11 Long Jump 3.97m 3.93m (10)  
 #209 Girls U 11 Discus (750 Gram) 15.89m 14.27m (12)

**25 Natalya Jovanov - Female - Age: 11 - Comp#: 41**  
 #229 Girls U 11 Shot Put (2.0 Kg) 6.82m 7.60m (7)

**26 Leopold Kostas - Male - Age: 11 - Comp#: 31**  
 #118 Boys U 11 1500 Metre Run 5:46.30 5:44.37 (8)

**27 Phoebe La Coste - Female - Age: 11 - Comp#: 259**  
 #75 Girls U 11 60 Metre Hurdles (60 cm) 11.00 11.15 (7)  
 #189 Girls U 11 Triple Jump 7.79m 7.49m (15)  
 #209 Girls U 11 Discus (750 Gram) 17.46m DNS  
 #229 Girls U 11 Shot Put (2.0 Kg) 7.58m 8.64m (2)

**28 Iavor Nikolaev - Male - Age: 11 - Comp#: 155**  
 #104 Boys U 11 800 Metre Run 2:53.70 2:59.40 (13)

**29 Nathanael Taylor - Male - Age: 11 - Comp#: 7**  
 #76 Boys U 11 60 Metre Hurdles (60 cm) 10.90 11.41 (11)

**30 Matteo Tiscia - Male - Age: 11 - Comp#: 356**  
 #20 Boys U 11 100 Metre Run 14.30 15.10 (10)  
 #40 Boys U 11 200 Metre Run 29.70 30.64 (10)

**31 Celia Tulau - Female - Age: 11 - Comp#: 71**  
 #19 Girls U 11 100 Metre Run 14.80 15.08 (6) 14.82 (6)  
 #157 Girls U 11 High Jump (S/H 1.05m) 1.25m NH  
 #177 Girls U 11 Long Jump 4.03m 4.22m (4)  
 #229 Girls U 11 Shot Put (2.0 Kg) 8.15m 6.64m (12)

**32 Aqeelai Woods - Female - Age: 11 - Comp#: 65**  
 #75 Girls U 11 60 Metre Hurdles (60 cm) 11.50 DNS

**33 Nicholas Chan - Male - Age: 12 - Comp#: 19**  
 #192 Boys U 12 Triple Jump 8.88m DNS

**34 Justin Dela Cruz - Male - Age: 12 - Comp#: 84**  
 #22 Boys U 12 100 Metre Run 13.60 13.94 (7) 13.61 (4)  
 #42 Boys U 12 200 Metre Run 28.10 28.69 (7) 28.08 (2)

**35 Ashley Karagorgovski - Female - Age: 12 - Comp#: 294**  
 #105 Girls U 12 800 Metre Run 3:01.00 DNS  
 #119 Girls U 12 1500 Metre Run 6:08.60 DNS St George

**36 Jacob Rios - Male - Age: 12 - Comp#: 15**  
 #60 Boys U 12 400 Metre Run 1:13.00 DNS  
 #232 Boys U 12 Shot Put (3.0 Kg) 7.72m 7.92m (6)  
**37 Grace Robinson - Female - Age: 12 - Comp#: 12**  
 #211 Girls U 12 Discus (750 Gram) 43.60m 39.13m (1)  
 Region: 37.62m  
 #231 Girls U 12 Shot Put (2.0 Kg) 15.08m 15.31m (1)  
 Region: 14.59m  
 #241 Girls U 12 Javelin (400 Gram) 26.21m 29.52m (1)  
**38 Alana Samrani - Female - Age: 12 - Comp#: 72**  
 #241 Girls U 12 Javelin (400 Gram) 6.80m 14.43m (6)  
**39 Pita Toamotu - Male - Age: 12 - Comp#: 11**  
 #212 Boys U 12 Discus (750 Gram) 38.11m 37.53m (2)  
 #232 Boys U 12 Shot Put (3.0 Kg) 12.75m 12.71m (1)  
 #242 Boys U 12 Javelin (400 Gram) 28.75m 31.27m (2)  
**40 Benjamin Alessio - Male - Age: 13 - Comp#: 20**  
 #24 Boys U 13 100 Metre Run 12.90 14.00 (4) 12.83 (4)  
 #44 Boys U 13 200 Metre Run 26.10 28.72 (3) 26.78 (3)  
 #62 Boys U 13 400 Metre Run 1:04.10 1:00.70 (5) 1:02.19 (5)  
 #182 Boys U 13 Long Jump 4.63m 4.45m (6)  
 #194 Boys U 13 Triple Jump 9.56m 9.17m (8)  
**41 Dyone Bettiga - Female - Age: 13 - Comp#: 355**  
 #213 Girls U 13 Discus (750 Gram) 25.36m DNS  
 #233 Girls U 13 Shot Put (3.0 Kg) 9.16m DNS  
 #243 Girls U 13 Javelin (400 Gram) 25.23m 23.85m (1)  
**42 Blake Grosvner - Male - Age: 13 - Comp#: 13**  
 #146 Boys U 13 1500 Metre Walk 11:21.80 DNS  
 #162 Boys U 13 High Jump (S/H 1.25m) 1.37m 1.30m (10)  
**43 Oliver Herbert - Male - Age: 13 - Comp#: 363**  
 #162 Boys U 13 High Jump (S/H 1.25m) 1.30m 1.35m (9)  
**44 Rick Kamikura - Male - Age: 13 - Comp#: 117**  
 #122 Boys U 13 1500 Metre Run 6:54.30 DNS  
**45 Jaimie-Lee Rios - Female - Age: 13 - Comp#: 14**  
 #145 Girls U 13 1500 Metre Walk 10:23.70 10:39.35 (5)  
 #213 Girls U 13 Discus (750 Gram) 20.56m 22.04m (6)  
 #233 Girls U 13 Shot Put (3.0 Kg) 9.11m 8.89m (4)  
**46 Chiara Christian - Female - Age: 14 - Comp#: 180**  
 #63 Girls U 14 400 Metre Run 1:08.10 1:05.79 (7) 1:09.31 (8)  
 #109 Girls U 14 800 Metre Run 3:00.50 DNS  
**47 David Hughes - Male - Age: 14 - Comp#: 33**  
 #216 Boys U 14 Discus (1.0 Kg) 18.49m 18.33m (10)  
 #236 Boys U 14 Shot Put (4.0 Kg) 6.24m 6.28m (10)  
**48 Gavin Liang - Male - Age: 14 - Comp#: 324**  
 #26 Boys U 14 100 Metre Run 12.70 12.79 (4) 12.74 (7)  
 #164 Boys U 14 High Jump (S/H 1.30m) 1.45m 1.50m (8)  
 #184 Boys U 14 Long Jump 4.69m DNS  
**49 Alice Mitchell - Female - Age: 14 - Comp#: 104**  
 #123 Girls U 14 1500 Metre Run 6:34.40 6:11.55 (11)  
 #131 Girls U 14 3000 Metre Run 13:41.80 13:07.67 (7)  
**50 Zoe Pattay - Female - Age: 14 - Comp#: 299**  
 #25 Girls U 14 100 Metre Run 13.60 14.14 (2) 13.97 (7)  
 #45 Girls U 14 200 Metre Run 28.00 28.12 (3) 27.96 (4)  
 #63 Girls U 14 400 Metre Run 1:09.30 1:04.24 (5) 1:06.32 (6)  
**51 Sidney Tulau - Female - Age: 14 - Comp#: 70**  
 #81 Girls U 14 80 Metre Hurdles (76 cm) 16.90 16.95 (12)



**52 William Burgess - Male - Age: 15 - Comp#: 396**

#84 Boys U 15 100 Metre Hurdles (76 cm) 15.50 15.33 (6)

#166 Boys U 15 High Jump (S/H 1.30m) 1.60m 1.60m (6)

#198 Boys U 15 Triple Jump 11.74m 11.23m (5)

**53 Isabel Byrnes - Female - Age: 15 - Comp#: 10**

#247 Girls U 15 Javelin (600 Gram) 12.61m DNS

**54 Marcus Chan - Male - Age: 15 - Comp#: 8**

#218 Boys U 15 Discus (1.0 Kg) 38.67m 35.79m (2)

**55 Carolena Kostas - Female - Age: 15 - Comp#: 3**

#65 Girls U 15 400 Metre Run 1:03.90 1:01.66 (3) 1:01.53 (2)

#111 Girls U 15 800 Metre Run 2:26.50 2:22.95 (3)

**56 Katie Lay - Female - Age: 15 - Comp#: 32**

#165 Girls U 15 High Jump (S/H 1.25m) 1.26m DNS

**57 Elysse Jones - Female - Age: 17 - Comp#: 1**

#187 Girls U 17 Long Jump 4.48m 4.50m (5)

#249 Girls U 17 Javelin (600 Gram) 29.91m 29.78m (3)

**58 James Shalala - Male - Age: 17 - Comp#: 2**

#136 Boys U 17 3000 Metre Run 12:44.50 10:54.68 (5)

**Relay Seed Heats Final**

1 St George

#275 Girls U 9-12 4x100 Metre Relay (Girls Jnr)59.90 DQ

Final: Tia La Coste 9; Grace Robinson 12; Talia Fisher 11; Lauren Samrani 10

2 St George

#276 Boys U 9-12 4x100 Metre Relay (Boys Jnr)59.30 56.80 (3)

Final: Jordan Samrani 9; Zachary Cameron 11; Sidney Noppen 10; Justin Dela Cruz 12

**St George Total Individual Entries: 122 - Total Relays: 2**



**JARED RIOS (U10B) IN SHOT PUT AT REGION**

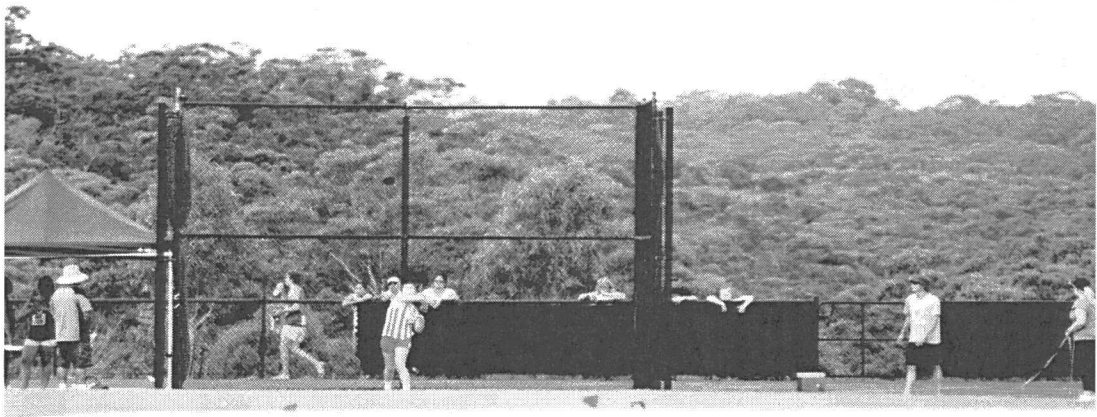


SEBASTIAN HERBERT U10B – 1<sup>ST</sup> 60M HURDLES AT REGION



SIDNEY NOPPEN AND SEBASTIAN HERBERT (U10B) IN THE 100M AT REGION





JAIMIE-LEE RIOS (U13G) AT REGION IN DISCUS



PITA TOAMOTU (U12B) IN ACTION AT REGION

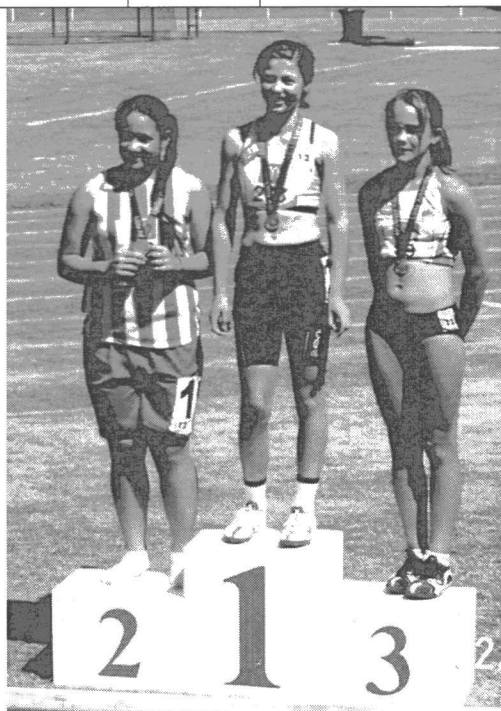
# STATE MULTI CHAMPIONSHIPS

## REPORT

Congratulations to all our 13 athletes who competed at the State Multi Championships at Wagga last weekend. Each athlete is to be congratulated for the efforts in representing our Centre. The weather was warm and we had some outstanding achievements on over the weekend. Congratulations to Grace Robinson, U11 girls, who finished second, and Alexandra Tims (U9G) and Jamie Lawler (U9B) who finished sixth in their age groups . Thank you to our Parents for their help at officiating at shot put over the weekend.

*Report by Lisa Rios*

GIRLS	AGE	PLACE	BOYS	AGE	PLACE
Alexandra Tims	U9	6th	Alex Hamilton	U7	9th
Louisa Hamilton	U11	16th	Ben Lawler	U8	14 <sup>th</sup>
Tully Brown	U12	14th	Jamie Lawler	U9	6th
Grace Robinson	U11	2nd	Jared Rios	U10	18 <sup>th</sup>
Jaimie-Lee Rios	U12	13th	Tallis Brown	U10	19th
			Mark Lawler	U11	20th
			Jacob Rios	U12	18th
			Pita Toamotu	U12	24th



GRACE ROBINSON (U12G) – 2<sup>ND</sup> PLACE 2011 STATE MULTI'S



## 2011 STGLAC STATE MULTI'S TEAM - WAGGA



THE ST GEORGE ATHLETES AT STATE MULTI'S –

FRONT ROW – ALEXANDRA TIMS, ALEX HAMILTON, JAMIE LAWLER, BEN LAWLER

BACK ROW: JAIMIE-LEE RIOS, TULLY BROWN, GRACE ROBINSON, TALLIS BROWN, JARED RIOS, MARK LAWLER, PITA TOAMOTU, JACOB RIOS.



THE LAST EVENT – 800M – GRACE ROBINSON U12 GIRLS AND JACOB RIOS U12 BOYS



ALEXANDRA TIMS U9 GIRLS AND TALLIS BROWN U10 BOYS IN THE 800M AT STATE MULTI'S



ALEX HAMILTON IN THE U7 BOYS 100M

# STATE CHAMPIONSHIPS REPORT

St George Little Athletics was represented by 16 athletes at the NSWLAA State Championships held at Sydney Olympic Park Athletic Stadium at Homebush on the 18th, 19<sup>th</sup>, 20<sup>th</sup> March 2011. St George Athletes performed extremely well with 3 athletes coming away with a total of 5 gold and 5 silver medals.

Outstanding performance by Grace Robinson, Pita Toamotu and Sidney Noppen were just some highlights of the weekend with many of our other athletes placing in the top eight with their performances. Thanks, also goes to our parents for assisting as required over the weekend as officials.

*Lisa Rios*

## ST GEORGE LAC STATE REPRESENTATIVES 2010 -2011



L-R – GRACE ROBINSON U12G, SEBASTIAN HERBERT U10B, JUSTIN DELA CRUZ U12B, TIA LACOSTE U9G, SIDNEY NOPPEN U10B



L-R – CAROLINA KOSTAS U15G, LUKE BYRNES U11B, DYONE BETTEGA U13G, BEN ALESSIO U13B,

JORDAN SAMRANI U9B, ELYSSE JONES U17G



L-R – MARCUS CHAN, TALIA FISHER, PHOBE LA COSTE, DANIELLE KATZOS, PITA TOAMOTU U12B



**LITTLE ATHLETICS NEW SOUTH WALES**  
**STATE TRACK & FIELD CHAMPIONSHIPS - 18/03/2011 to 20/03/2011**  
**Sydney Olympic Park Athletic Centre**

**Meet Summary - All Events**

	Seed	Prelims	Finals
<b>St George</b>			
<b>1 Benjamin Alessio - Male - Age: 13 - Comp#: 20</b>			
#44 Boys 13 200 Meter Run 26.78		26.44 (11)	*
<b>2 Dyone Bettega - Female - Age: 13 - Comp#: 355</b>			
#243 Girls 13 Javelin Throw (400 Gram) 23.85m			23.26m (9)
<b>3 Luke Byrnes - Male - Age: 11 - Comp#: 35</b>			
#230 Boys 11 Shot Put (2.0 Kg) 10.68m			10.01m (7)
<b>4 Marcus Chan - Male - Age: 15 - Comp#: 8</b>			
#218 Boys 15 Discus Throw (1.0 Kg) 35.79m			34.41m (11)
<b>5 Justin Dela Cruz - Male - Age: 12 - Comp#: 84</b>			
#42 Boys 12 200 Meter Run 28.08		27.65 (6)	27.26 (4) *
<b>6 Talia Fisher - Female - Age: 11 - Comp#: 22</b>			
#39 Girls 11 200 Meter Run 29.53		29.41 (11)	*
<b>7 Sebastian Herbert - Male - Age: 10 - Comp#: 364</b>			
#10 Boys 10 70 Meter Run 10.34		10.45 (7)	10.30 (7) *
#74 Boys 10 60 Meter Hurdles (60 cm) 10.86		12.08 (16)	
<b>8 Elysse Jones - Female - Age: 17 - Comp#: 1</b>			
#249 Girls 17 Javelin Throw (600 Gram) 29.78m			27.23m (10)
<b>9 Danielle Katzos - Female - Age: 9 - Comp#: 100</b>			
#7 Girls 9 70 Meter Run 10.97		11.15 (6)	11.00 (8)
<b>10 Phoebe La Coste - Female - Age: 11 - Comp#: 259</b>			
#229 Girls 11 Shot Put (2.0 Kg) 8.64m			7.41m (17)
<b>11 Tia La Coste - Female - Age: 9 - Comp#: 260</b>			
#71 Girls 9 60 Meter Hurdles (45 cm) 10.96		11.17 (5)	11.05 (5)
#225 Girls 9 Shot Put (2.0 Kg) 7.02m			6.85m (5)
<b>12 Sidney Noppen - Male - Age: 10 - Comp#: 105</b>			
#10 Boys 10 70 Meter Run 10.16		10.18 (3)	10.02 (1) *
#18 Boys 10 100 Meter Run 14.40		14.12 (3)	13.98 (2) *
#38 Boys 10 200 Meter Run 29.62		28.80 (3)	28.44 (2) *
#176 Boys 10 Long Jump 4.40m			4.35m (2)
<b>13 Grace Robinson - Female - Age: 12 - Comp#: 12</b>			
#211 Girls 12 Discus Throw (750 Gram) 39.13m			40.87m (1) *
#231 Girls 12 Shot Put (2.0 Kg) 15.31m			14.86m (1)
#241 Girls 12 Javelin Throw (400 Gram) 29.52m			29.15m (2)
<b>14 Jordan Samrani - Male - Age: 9 - Comp#: 74</b>			
#8 Boys 9 70 Meter Run 10.61		10.68 (7)	10.62 (6)
#16 Boys 9 100 Meter Run 15.04		14.71 (5)	14.82 (7) *
#36 Boys 9 200 Meter Run 31.24		30.76 (7)	30.60 (7) *
<b>15 Pita Toamotu - Male - Age: 12 - Comp#: 11</b>			
#212 Boys 12 Discus Throw (750 Gram) 37.53m			42.18m (1) *
#232 Boys 12 Shot Put (3.0 Kg) 12.71m			11.97m (1)
#242 Boys 12 Javelin Throw (400 Gm) 31.27m			33.70m (2) *

St George Total Individual Entries: 26 - Total Relays: 0

# NOTES

## ELECTION OF 2011 -2012 STGLAC COMMITTEE

President

Vice President

Secretary

Treasurer

Registrar

Recorder

Assistant Recorders

Officer for Championships

Officer for Officials

Publicity

Coaching

Canteen

BBQ

Equipment / Ground Maintenance

Uniforms

General Committee

# NOTES