

**MANAGEMENT OF THE STRAIGHT TRACK – WEEK B PROGRAM V5**  
[WITHOUT USE OF THE ‘START LINE PROCESS’]

The Program on the **Straight Track in Week B** comprises these events conducted in this order:

- Hurdle Races
- 70m races

The Age Groups scheduled to do these events are identified in the Program. Please note the **Tiny Tots have priority** over other Age Groups doing 70m.

The **Roles** required to manage the races are as follows:

<b>Starter</b>	- Starts Races [see: <a href="#">Race-Starters-Brief.pdf</a> ]
<b>Start Line Marshall</b>	- Organise groups arriving at the Start Line(s)
<b>Finish Line Marshalls</b>	- Organise runners at the Finish Line
<b>Recorder</b>	- Runs the computer at the Finish Line.
<b>Hurdle Helpers</b>	- Place and adjust hurdles on the track to suit each Age Group

This team should assemble at the Track by **5:50pm** for introductions and to confirm who is doing what role. Ideally, the starter’s gun should fire for the first race at **6pm**.

The duties of each role are set out below:

**Starter:**

- Work with the **Age Manager(s)** (and Start Line Marshall if present) to place the next set of kids on the Start Line. Please note the following in placing runners on the track:
  - o *Ideally* – use as many Lanes as practicable for each race. It’s OK to mix Age Groups (subject to the Hurdle rules)! All athletes in a race must be doing the same Event!
  - o Fill lanes starting from **Lane 1** (inside lane) and place **Visitors / Trialists** in the outer lanes only. **No gaps** between runners please and no visitors between STGLAC runners<sup>1</sup>. [This is to minimise the chance of recording errors at the Finish Line.]
- Start Races with: **On you marks.....Set.....Bang!**
- Be sure to allow sufficient **time prior to saying “Set”** for athletes to position themselves, particularly if starting blocks and/or crouch starts in use.

**Start Line Marshall (if required to assist the Starter):**

- Hurdle Races are generally conducted in a fixed order as set out on the program. This simplifies the adjustments to be made to the hurdles.
- There will be a **clip board** (at the Recorder’s table) for you to use to note down information as follows:
  - o **For Hurdles:** The Time at which each of the U11, U10, U9 and U8 Age Groups arrive.
  - o **For 70m Races:** the **order** in which each group arrives. Other than giving TTs priority, the groups should be queued to run in the order in which they arrive.
  - o **For all races,** cross off the groups that have run, on the Left-Hand side of the sheet, so you know who is yet to arrive.

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<sup>1</sup> This may not be fully achievable for Hurdle races if different hurdle events are being set up in different lanes.

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**Marshalls (Finish Line) – may require 2 helpers for the very young age groups:**

- This role is critically important. Your job is to ensure the athletes, upon finishing a race, **remain in the order of their lanes**. For the *youngest children*, it is wise to require them, as soon as they finish their race, to **sit down** in their lane and not move.
- The runners must then be escorted to the recorder’s table slowly, and strictly in **lane order** (single file): Lane 1, then Lane 2, Lane 3 and so on.
- It may help the recorder if you **clearly call out** the Bib numbers of the kids.

**Recorder (Finish Line):**

- Ensure the Race computer is in “Sprint” mode, with **8 Lanes** active, and the Start Line Process is disabled. [Untick ‘Enable Startline process’ in the Settings  under the Web tab]. Check the “**initial ignore period**” (on the General Tab) is set to something short eg. **5s**.
- If there is a false start, click “Re-run”.
- Record bib numbers in **lane order** upon completion of each race.

**Hurdle Helpers**

- As we work down the Age Groups, the races become shorter, and the hurdle heights a little lower and the positioning of the hurdles on the track changes.
- The following document [Hurdle Specs \(Straight Track - Brief\)](#) summarises which age groups do which Hurdle Event (distance) and at what Height. There is a tape running down the side of the Track that identifies the location of the Hurdles for each Event.

*Note: This document and other information about supervising all our Little Athletics Events will be found on the [Parent Helper Resources](#) page of the website.*

END.