

St George

Little Athletics Centre Inc.



50th Annual Report
2020 – 2021

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THANK YOU TO OUR SUPPORTERS



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STAYING IN TOUCH

You can connect with St George Little Athletics Centre through the following channels:

Website: www.stgeorgelac.org.au

Email: info@stgeorgelac.org.au

Team App: *Members:* Please install Team App by following the instructions at:
<http://www.stgeorgelac.org.au/how-to-join/>

Facebook: www.facebook.com/stgeorgelittleathletics

Instagram: www.instagram.com/stgeorgelac/

MEETING AGENDA – 50TH ANNUAL GENERAL MEETING

1. Opening of Meeting
2. Apologies
3. Confirm Minutes of 49th Annual General Meeting held on 20th July 2020
4. President's Opening Address
5. Presentation of the Annual Report / Adoption of the Financial Statements
6. Election of Officers for the 2021 / 2022 Season
7. President-Elect's Remarks
8. Closing of Meeting

MINUTES OF THE 49TH ANNUAL GENERAL MEETING

Held Monday 20th July 2020, Revesby Workers' Club, Revesby

IN ATTENDANCE

Life Members: None

Parents and Supporters: Theo Latanis, Samantha Latanis, Geoff Lindner, Anna Rizzi, Karen Tuqiri, Josaia Tuqiri, Cathy Hollamby, Lucy Doan.

1. OPENING OF MEETING

The President Theo Latanis took the chair & opened the meeting at 8:00pm welcoming everyone present and noting a quorum was present. He remarked that considering the COVID-19 pandemic, and the associated public health recommendations, the Agenda for the meeting was intentionally brief, confining itself to necessary business only.

2. APOLOGIES

Fred Scott LM, Bev Scott LM, Peter Williams LM, Ian Sheerin LM, Michelle Carati, Avinash Sharma, Andrew MacPherson, Philomena Leger.

3. MINUTES OF THE 48TH ANNUAL GENERAL MEETING

The Chairman asked if corrections were required to the Minutes. As none were proposed, he declared the Minutes of the 48th Annual General Meeting approved.

4. PRESENTATION OF 49TH ANNUAL REPORT AND FINANCIAL STATEMENTS

The Chairman noted that the Annual Report, including Financial Statements and Auditor's report, had been previously distributed to all members.

The meeting resolved to adopt the 2019/2020 Financial Statements and Auditor's Report.

Moved: Anna Rizzi

Seconded: Karen Tuqiri

Carried.

5. ELECTION OF OFFICERS FOR THE 2020/21 SEASON

The Chairman noted that one nomination had been received for each of 9 of the available 16 committee positions and consequently that each would stand elected subject to the approval of a majority of the voting members present.

The Secretary, Geoff Lindner, was invited to take the chair in order to conduct the election for the position of President, given the President himself was standing for this position. Subsequently, the chair was then returned to Theo Latanis to conduct the election for the remaining committee positions.

The following were elected:

Executive Committee

President	-	Theo Latanis
Vice President	-	Karen Tuqiri
Secretary	-	Geoffrey Lindner
Treasurer	-	Anna Rizzi
Registrar	-	Cathy Hollamby

General Committee

Competition & Records	-	VACANT
Officer for Championships	-	VACANT
Officer for Officials	-	Michelle Carati
Publicity	-	VACANT
Recorder	-	VACANT
Equipment / Ground Maintenance	-	Andrew MacPherson
Coaching Coordinator	-	Samantha Latanis
Uniforms	-	Anna Rizzi
Canteen	-	VACANT
General-1	-	VACANT
General-2	-	VACANT

The Chairman congratulated those who had been elected and thanked those members who had served on the Committee in the year just completed and were not standing for re-election, namely: Leanne Jones, Avinash Sharma and Philomena Leger. He also noted the intention to seek to fill vacancies by appointment at the earliest opportunity.

6. CLOSING OF MEETING

The Chairman thanked all members for their presence and invited them to avail themselves of the club's facilities. The Meeting closed at 8:11pm.

Signed:

Theo Latanis
Chairman

COMMITTEE REPORTS

PRESIDENT'S REPORT

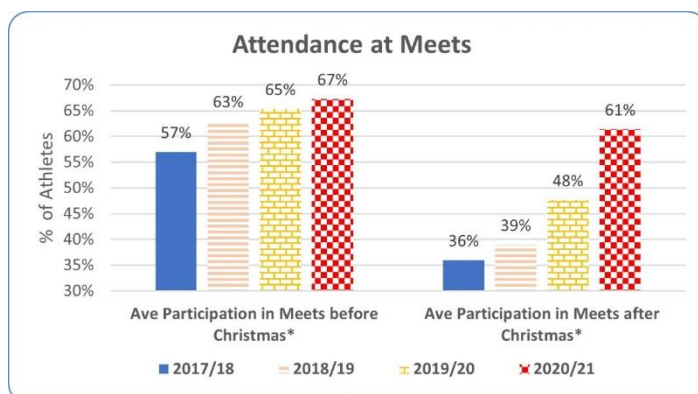


Season 2020/21 was the 50th season of Little Athletics delivered by our Centre since its formation in December 1971, and our 42nd at Olds Park.

The season commenced with our first Meet on Friday 9th October, nearly a month later than usual due to the disruptions to community sport caused by the COVID-19 pandemic. Under the leadership of Vice-President Karen Tuqiri, we successfully negotiated our way through COVID Safety plans and were cleared to operate.

All our newly constructed athletics facilities were fully available to us this year and together with a well-designed program and good support from a core of Age Managers and regular parent helpers, enabled us to run a very effective program. We were fortunate to get through the season with only 3 of 18 scheduled meets cancelled due to weather.

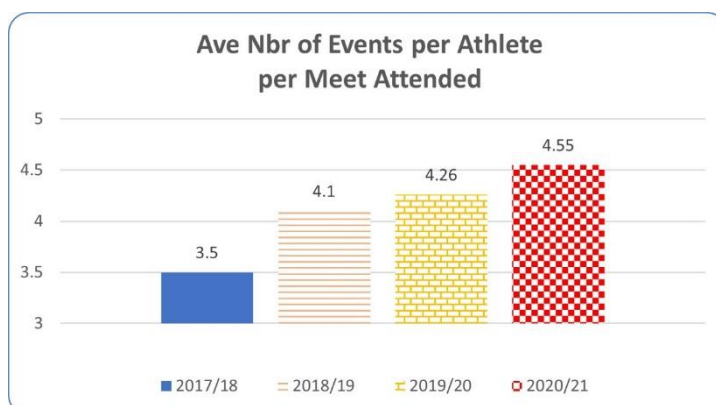
Our overall registered athlete numbers were roughly steady at 217, though this includes an intake of 21 Tiny Tots (turning 4 in 2020). This is the first year we have offered a Tiny Tots program since the 2017/18 season and it proved popular with parents and kids alike.



Overall participation in our weekly program continues to increase. Athletics is largely an individual endeavour, and consequently participation levels can be relatively low and variable when compared to team sports. All of our athlete participation measures have increased across the last 4 seasons. A larger proportion of the athletes showed up on a Friday Night and they participated in a larger number of events than in the prior seasons.

While it is difficult to directly connect initiatives to higher participation, I can identify the following factors as likely positive contributors:

- Our Friday Night program is well designed and well-executed. Avoidable scheduling difficulties have largely been overcome.
- There is a high standard of regular communication with parents and athletes through multiple communications platforms including our excellent Web Site, the Team App 'app', Email, and Facebook.
- We delivered a popular coaching program throughout the season, with almost all places taken up every week.
- This season, we introduced new awards which give every athlete in every age group an incentive to participate in all their events and to continuously improve.



- The support of our regular Age Managers and a core of regular, specialist parent helpers (especially on the track) has produced a better environment for the athletes.

REPRESENTATIVE PROGRAM

The usual Zone and Regional Championships, and the State Relay Championships, were cancelled this year in view of COVID-19. Instead, the U9-U12 athletes attended a “State Qualifying” meet to determine their eligibility to enter the State Championships, and older athletes gained entry to State based on meeting qualifying benchmarks and then being selected. In the end, 21 athletes (all U9-U12) attended a Region-like meet and 22 athletes (U9-U17) qualified to the State Championships.

We also had 10 athletes travel to Wollongong & compete in 2 days of competition in the LANSW State Combined Events Carnival. Next year, this carnival will be held in Maitland and we’d like to see a larger contingent from St George.

APPRECIATION

There are many people and organisations who have supported us during the season and deserve our thanks.

The first I’d like to mention is **Club Rivers**, whose financial support this season has funded the majority of our investment in athlete development through clinics, coaching and awards. **Coles** at Oatley supplied us with Bananas throughout the season which was greatly appreciated.

I’d like to thank all our volunteers, both parents and others who have assisted during the season, and to make special mention of David Kistle and Andrew Lindner for their consistent support at our Friday meets despite not having children at St George. Thanks also to coach Samantha Latanis who conducted our clinics and regular weekly coaching and to David Kistle and Georgie Latanis for their assistance every week with coaching.

I would like to thank and congratulate **Lili MacPherson** and **Solomon Tuqiri** for serving as our Club Captains this season. This is an important responsibility as the Club Captains serve as role models for our younger athletes.

Thank you to my fellow Committee members for the considerable time and effort they put in throughout the year.

And finally, I would like to thank my family for supporting me and allowing me the time to devote to the club.



LOOKING AHEAD

The desirability of increasing overall athlete numbers was identified as a goal for the present season and while we’ve maintained numbers, we’ve yet to produce growth. This remains an important goal – a larger athlete pool means a more enjoyable experience for the athletes, a higher standard of competition and a larger pool of parents to draw on to supervise events. And it ensures we have the cash flow to cover our running expenses and to encourage and promote athlete development and the growth of athletics as a sport.

We look forward to celebrating the completion of our 50th season and the dawn of our 2nd half-century in the months ahead.

Theo Latanis
President 2020/21

SECRETARY'S REPORT



The season just completed has been particularly challenging for the Committee for a number of reasons. Chief among these was the COVID-19 pandemic which delayed the season start, and then created extra work to define and implement measures to comply with public health orders. The second major challenge was the need to operate with several committee vacancies, necessitating double duties for a number of members. The Centre is managed by its members and we do need more members to step up to contribute to Committee roles.

COMMITTEE

Your Committee met formally on 10 occasions during the year including a half-day 'Season Planning' meeting in August. The latter meeting saw finalisation of the COVID safety plan, agreement on arrangements to cover vacant committee positions, finalisation of the season calendar, adoption of promotion strategies for the club, adoption of a new Friday Night competition program, and adoption of significant changes to the Awards program, including the introduction of new Awards "per Age Group".

NEW ATHLETICS FACILITIES

Last year we reported on the investments we have made in new athletics facilities using funds supplied by the Australian Government under the Community Development Grants Programme. These investments included new Athletics equipment, and new Shot Put, Discus and Long Jump facilities at Olds Park which were completed in late 2019.

The last major investment to be made is in new flood lighting at Olds Park. That work was to have been completed by commencement of the 2020/21 season, but unfortunately Georges River Council was not able to progress it in that timeframe. The good news is that work is now underway and should be completed by mid-2021.



FOOTINGS IN PLACE FOR 3 SOON TO BE INSTALLED LIGHTING TOWERS.

Three new light towers are being constructed as follows: Tower 1 (outside our athletics shed) will illuminate the Shot-Put area and Discus #1. Tower 2 (located at the southern end of Olds 2 adjacent to the picket fence) will illuminate the southern area of Olds 2. Tower 3 (located behind Discus Cage #3) will illuminate Discus sectors #2 and #3. The lighting design provides an average illuminance of better than 100 Lux in all our throwing sectors, which is a very substantial improvement on current light levels.

All the new Towers replace existing 'vintage' light poles, two of which carry speakers for our PA system. We intend to use the opportunity afforded by the erection of new towers (and removal of the old) to renew, and if possible, to extend the reach of our PA system.

Last, but not least, we are also the beneficiaries of work carried out over the last 18 months to upgrade Olds 2 – the field on which our throwing facilities are located. The new turf, irrigation and drainage works were funded by the NSW State Government and Georges River Council.

Geoff Lindner
Secretary 2020/21

TREASURER'S REPORT



I am pleased to present the Treasurer's Report and Financial Statements for the 2020/2021 year.

The centre closes the financial period with a small cash *deficit* of \$ 1,147, a bank balance of \$108,365 and an equity balance of \$ 125,084, though the latter figure does not include the value of the centre's equipment which, historically, has been expensed immediately. Included in the bank balance is some \$19,956 of unexpended government grant funds (received in 2019/20) which will ultimately come off the balance sheet as it is used.

A better estimate of our *underlying* net cash flow can be obtained by adjusting for various timing factors. This can be done by:

- Excluding from costs 'one-off' grant funded expenditures (~\$10,302)
- Adding in to costs Awards & other costs incurred but not invoiced in the current year (~\$3,850)

This suggests the Centre operated this year with a small underlying surplus of about \$5,000.

The Centre's Income is derived from four main sources: Registrations, Canteen, Uniforms and Grants/Sponsorship.

Registration income has increased over the prior period due largely to a rise in our basic registration fee from \$135.00 to \$145.00 per athlete. Athlete numbers are about steady, though this year we include 21 Tiny Tots (\$100 registration fee). Canteen income fell slightly though profitability (\$3,641) is up slightly on last year (\$3,028).

Uniform sales and purchases were both up on last year, in part due to the intake of Tiny Tots for the first time in several years, and in part due to a run down in stock levels necessitating increased purchases. Profit from uniforms is minimal as selling prices are held close to our buy price.

The largest operating cost for the centre is Line Marking at just over \$8,000 this season. The intensive maintenance of the main oval by Georges River Council reduces the lifetime of our lines to less than 1 week and is the main driver of this cost. Whilst we are fortunate to have access to a professionally managed, premium grass track, it comes at a cost, requiring regular, GPS-assisted line marking.

Coaching, Awards and Athlete Incentives are also significant costs but are covered to about 80% by a grant from our long-term sponsor, Club Rivers. We thank Club Rivers for their consistent support over many years.

Last year we reported receipt of \$372,000 in grant funds from the Australian Government. No further funds under that grant were received this year as the next major milestone, installation of new Flood Lighting at Olds Park is not due until mid-2021. As at 31 March 2021, project expenditure was \$352,080 and we expect to complete the \$500,000 project prior to commencement of the 2021/22 season.

In closing, I would like to thank all committee members, athletes and parent volunteers for their help and support this year and to wish the Centre continued success in the years ahead.

Anna Rizzi
Treasurer 2020/21

St George Little Athletics Centre Inc.
Statement of Income and Expenditure
For the Year Ended March 31, 2021

INCOME	2020/21	2019/20
	\$	\$
Registration	15,217	12,681
Canteen & BBQ	6,447	6,801
Shop, incl Uniforms	6,549	5,755
Sponsors, Donations, Grants	7,333	386,747
Interest	7	10
Community Engagement	-	524
Other (including competitions)	200	1,742
Stock (Uniform) Revaluation	-	-
Adjustment due to Rounding	- 1	1
	<u>35,752</u>	<u>414,261</u>
 EXPENDITURE		
Registration Fees and Resignations	541	1,178
Canteen & BBQ	2,806	3,773
Uniforms Purchases	3,650	1,594
Annual General Meeting	-	962
Bank Charges	164	225
Equipment	10,226	100,344
Park Fees	-	1,636
Ground Improvements	276	241,591
Line Marking	8,090	8,163
Athlete Assistance	-	1,500
Sundry Expenses, Printing, Postage, Conf	2,017	2,877
Community Engagement	-	778
Competitions	191	1,805
Awards incl End of Season Pres	1,552	7,666
Advertising (incl Web Site)	816	700
Coaching/Clinics	3,520	4,660
Stock Movement due to Trading	2,898	4,161
Write-off Petty Cash (2018/19)	150	
Stock Write-off		2,555
	<u>36,898</u>	<u>386,167</u>
 Nett	- 1,147	28,094
 Surplus / (Deficit) for the Year	- 1,147	28,094

St George Little Athletics Centre Inc.
Balance Sheet
For the Year Ended March 31, 2021

BALANCE SHEET	2020/21	2019/20
	\$	\$
Current Assets		
St George Bank General Account	108,365	107,501
Petty Cash	-	150
Float (Canteen)	-	
Inventory - Uniforms (estimate)	15,801	18,699
Paypal	-	-
Other Debtors	-	-
Total Current Assets	<u>124,165</u>	<u>126,350</u>
Total Assets	<u><u>124,165</u></u>	<u><u>126,350</u></u>
Current Liabilities		
GST owed	- 919	119
Total Current Liabilities	<u>- 919</u>	<u>119</u>
Equity (Assets - Liability)	<u><u>125,084</u></u>	<u><u>126,231</u></u>
Opening Balance	126,231	98,137
Surplus (Deficit)	- 1,147	28,094
Closing Balance	<u><u>125,084</u></u>	<u><u>126,231</u></u>

NOTES TO THE ACCOUNTS

1. Amounts shown in the Accounts are ex-GST and rounded to the nearest dollar.
2. The Centre Registered for GST effective 19 June 2019 as a consequence of increased turnover associated with a Grant from the Australian Government of \$500,000 (ex-GST).
3. The Accounts have been prepared on a cash basis.

INDEPENDENT REVIEW REPORT

I have examined the books and records of St George Little Athletics Centre Inc. and have found that they have been prepared in a competent manner to reflect the operations of the Centre.

Angelo Cazouris CPA

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Bankstown NSW 2200

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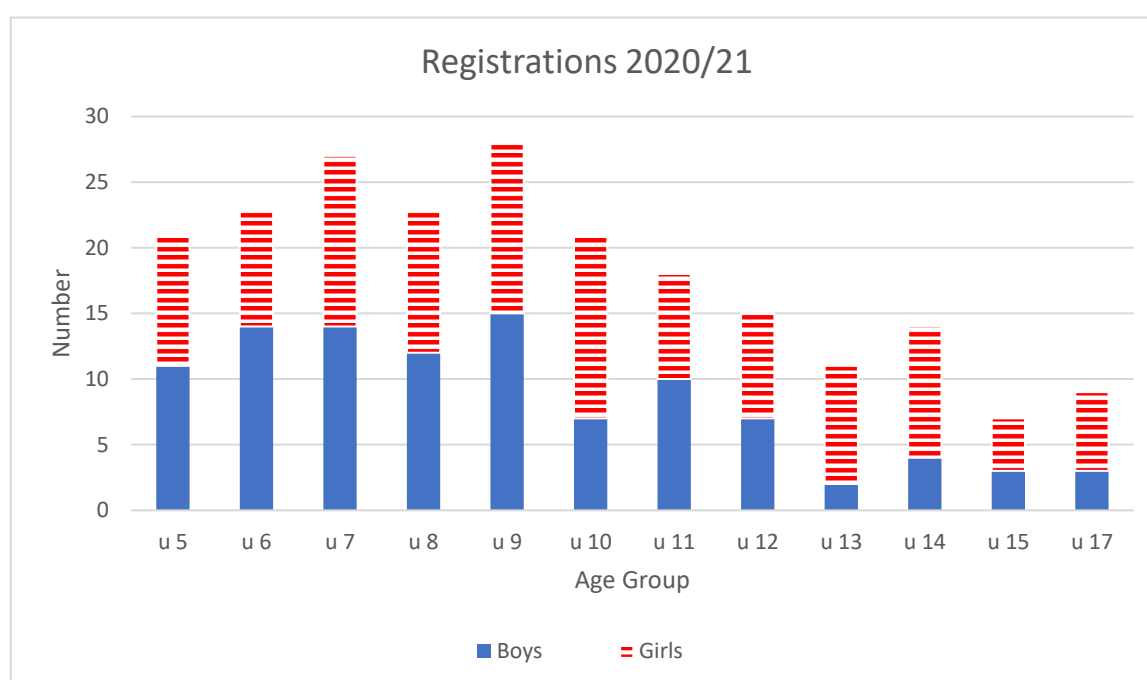
REGISTRAR'S REPORT



Our 2020/2021 season was a unique and challenging one we Club negotiated the requirements to run a "COVID-safe" season. Due to the COVID-19 health crisis our season was delayed slightly with online registrations opening on 15 August 2020 and our season commencing on Friday 9 October 2020 (approximately one month later than usual).

We had a strong number of initial registrations and ended the season with a total of 217 registered athletes. The graph below shows our athletes by age group and gender. This was a great achievement considering the impacts of COVID-19 and was only three registrations less than the 2019/2020 season. Most registrations occurred at the start of the season, but we did continue to take registrations throughout the season. Taking advantage of an offer from LANSW to offer 'half season' fees we discounted registrations from 1 January 2021 and did receive a small number of registrations during the latter part of the season.

During 2020/2021 we reintroduced our Tiny Tots program, accepting registrations from children turning 4 years of age during 2020. The Tiny Tots program proved to be popular, and we ended the season with 21 Tiny Tots (11 boys and 10 girls).



Our registration process has always been a two-part process - athletes must first register and pay online, and then they must attend in person to collect their athlete number (and provide proof of age for new athletes). For the 2020/2021 season athlete numbers were pre-allocated and registration packs prepared prior to the registration evenings which were held on Monday 5 October and Wednesday 7 October 2020. At these registration evenings families were able to collect their registration packs which included:

- Athlete number
- Age patch
- Coles patch
- Promotional material provided by Little Athletics NSW (LANSW)

- LANSW Code of Conduct
- LANSW Behavioural Guidelines

By pre-packing registration packs the time taken to complete this second stage of the registration process is significantly reduced. In addition, by pre-allocating athlete numbers I was able to enter these details into the SportsTG system well ahead of the season start. This process continued to work well throughout the season as any late registrations could be finalised and kept on file until the athlete attended to collect their registration pack.

Trialists were again encouraged during 2020/2021 and over the season we had 48 trialists (up from 22 during the previous season). Of these 48 trialists, 42 were eligible to register (meaning they had trialed early enough in the season) and 21 of these 42 did go on to register. We also had a number of visitors throughout the season from a range of Clubs.

After five seasons as Registrar for the Club I will be stepping down from this position as my daughter, Maddie, has come to the end of her Little A's career. I would like to thank my fellow Committee Members, both past and present, for their assistance and friendship over the years. My thanks also to the many athletes and families from not only St George but other Clubs within our Zone and Region who I have worked with and come to know. Lastly, I would like to thank the staff at LANSW for their advice and assistance during my time as Registrar.

To any parents out there who may be considering getting your children involved in Little Athletics I would encourage you to do so. It is a great way for children to build confidence, develop new skills and make great friends. But no Club can operate effectively without a number of dedicated volunteers. If your child enjoys Little Athletics get involved on the Committee. There is a position out there to suit everyone!

My best wishes to the incoming Committee and to St George Little Athletics for many more successful seasons of providing athletics to the children within our local community.

Cathy Hollamby
Registrar 2020/21

COMPETITION AND RECORDS OFFICER'S REPORT



This season we were able to fully utilise the expanded throwing capacity (3 x Discus and 3 x Shot Put) delivered through our recent investment in ground facilities.

To that end, we developed a new Friday Night Competition Program that leverages these expanded facilities.

We improved the operation of our Track program by introducing a "Start Line Process" for 200m & 400m races. In this process, a marshal at the start line uses their internet-connected smartphone to record the lane position of each athlete for the next few races. This eliminates the need to enter bib numbers at the finish line (for races run entirely in lanes) and facilitates increased throughput for those races.

The "cost" to achieve this is that the laptop at the finish line also needs to be connected to the internet. As our Track Laptops can accommodate a SIM card, this is readily achievable.

We were highly successful in resourcing the Track events with parent helpers – most of whom "reprised" their role week after week. This was extremely helpful as those officials developed a good understanding of their role and gained a high degree of proficiency. I am very grateful to our regular starters, marshals, and

computer operators / recorder – they contributed greatly to our success this year. We also had some excellent support from parent officials for the Field Events, though it remains a challenge to adequately resource those events.

Another new initiative this year has been the introduction of “Club Competition Age Group” Awards. These awards recognise the strongest performers, the most improved and the highest attendance in *each* Age Group.

At our 15 January Friday night competition, we ran a “multi-night” for the first time in many years, awarding medals to placegetters in each Age Group on the night. We utilised functionality in our athletics management software (ResultsHQ) to compute LANSW multi-points on a “just-in-time” basis as age groups finished their events. Many thanks to parent Donna Lane who took the computer ‘hot-seat’ and produced the results.

Congratulations to all athletes who have broken records during the season. Especially pleasing is the strides made by athletes in the younger age groups.

NEW GROUND RECORDS SET IN 2020/21

Age Group	Athlete	Event	Record ¹	Date Set
6G	Addisyn Thiara	300m	1:13.04 (ET)	19 Feb 2021
6G	Anthea Kalidis	Shot Put 500g	3.51m	19 Feb 2021
8G	Arianna Calavarias	700m	2:40.64 (ET)	12 Feb 2021
9G	Lindsy Jabonillo	200m	33.98 (ET)	12 Feb 2021
9G	Lindsy Jabonillo	800m	3:09.87 (ET)	19 Feb 2021
9B	Kagan Rayner	800m	2:51.43 (ET)	11 Dec 2020
11G	Lowami Carati	Discus 500g	35.30	22 Jan 2021
12G	Sienna Latanis	80m Hurdles	14.83	6 Nov 2020
12G	Sienna Latanis	1500m	5:43.91 (ET)	26 Feb 2021
12B	Hugo Macri	80m Hurdles	13.60	15 Jan 2021
12B	Hugo Macri	200m	29.2 (ET)	12 Feb 2021
13G	Zahra O'Shea	3000m	14:05.67 (ET)	19 Feb 2021
13B	Jamison Carre	400m	1:02.49 (ET)	19 Feb 2021
14G	Lani De Cean	400m	1:06.30 (ET)	26 Feb 2021
14G	Lani De Cean	3000m	13:28.42 (ET)	22 Jan 2021
14B	Bailey-Dean Latanis	3000m	11:26.37 (ET)	22 Jan 2021
14B	Bailey-Dean Latanis	200m Hurdles	32.27 (ET)	6 Nov 2020
14B	Marco Venturino	800m	2:19.93 (ET)	15 Jan 2021
17G	Lili MacPherson	Javelin 500g	39.20	18 Dec 2020
17G	Miloshka Sharma	400m	1:06.79 (ET)	19 Feb 2021
17G	Miloshka Sharma	300m Hurdles	54.46	6 Nov 2020
17B	Solomon Tuqiri	110m Hurdles	19.30	26 Feb 2021
17B	Solomon Tuqiri	400m	59.69	11 Dec 2020
17B	Solomon Tuqiri	800m	2:42.35 (ET)	15 Jan 2021
17B	Solomon Tuqiri	1500m	6:32.11 (ET)	18 Dec 2020

¹ All Track Results are Electronically Timed. Where a time in the Table is followed by “ET”, this indicates there is a superior, prior Hand-Timed Record.

NEW CENTRE RECORDS SET IN 2020/21

Age Group	Athlete	Event	Record	Date Set	Carnival
11G	Lowami Carati	Discus 500g	33.52	6 Feb 2021	Region ^a
12B	Hugo Macri	80m Hurdles	12.51	6 Feb 2021	Region ^b
12G	Sienna Latanis	80m Hurdles	14.22	21 Mar 2021	State
14B	Marco Venturino	800m	2:11.99 (ET)	28 Mar 2021	State
17B	Aiden Gambrell	110mH	14.51	28 Mar 2021	State

(a) Region 8 Record; (b) State Record

Geoff Lindner
Competition and Records Officer 2020/21

OFFICER FOR OFFICIAL'S REPORT



This season has needed us to adapt to change like no other with strict COVID guidelines in place to allow us to operate.

Whilst change can sometimes be challenging, it has allowed us to move forward and run a very successful Friday night program.

We adopted a complete electronic sign up for parent helpers this year using the SignUp app as well as rearranging our parent duties to have a permanent age manager and then designated duties at each event. This system will again be used next season to allow consistency and better development of skills for all athletes and to also allow

the program to run efficiently.

A massive thankyou to our parents who volunteered to be a permanent age manager and gave up their time each Friday night to assist the athletes and also to those who readily volunteered for duty, especially our parents who volunteered every Friday night.

Unfortunately, despite changes to our sign-up system, there is still some hesitation from parents to volunteer for duties despite this being a compulsory requirement for registration to Little Athletics. If anyone has any suggestions for how to improve parent participation, they would be welcomed as this continually proves to be a challenge not only at St George but at all Little Athletics clubs.

Whilst there are many people to thank, I would especially like to thank David Kistle and Andrew Lindner who volunteered their time each week despite having no obligation to do so. Without their support, our long jump pits wouldn't have been in pristine condition and race result recording would have been restricted.

I have thoroughly enjoyed watching the St George athletes participate every Friday and have enjoyed watching the improvement each week from everyone.

I look forward to seeing you all again in the 2021/22 season and watching the red and whites enjoy their athletics and continue to improve in all disciplines of the track and field.

Michelle Carati
Officer for Officials 2020/21

CHAMPIONSHIPS OFFICER'S REPORT



It was with great delight we were able to start our season for 2020/2021 after a number of sporting codes postponed or modified sport during the winter period of 2020 in response to COVID 19. After much planning we were able to confidently submit our COVID 19 Safe plan to Little Athletics NSW (LANSW) and introduce the required precautionary steps to maintain everyone's safety and ensure we could go ahead. With an endorsed plan it was all systems go as the season kicked off on Friday 9 October 2020.

In September 2020 unfortunately due to the Public Health Orders that were in place, LANSW cancelled Zone and Regional events however a modified representative pathway was released and enabled a pathway to State Championships for U9-U17 year olds during March 2021 with both events being held at Sydney Olympic Park, Homebush. This year saw the splitting of age groups with the creation of LANSW Littles State Champs (U9-U12's) and the LANSW Youth State Championships (U13-U17's).

LANSW LITTLES STATE CHAMPIONSHIPS (U9 – U12)

For these age groups it was a requirement for athletes to compete at a **State Qualifying Carnival** for our Region (Region 8). This carnival was held on 5th - 7th February 2021 at the Sylvania Waters Athletic Track. A total of 21 St George athletes were accepted to compete following an online nomination process. These 21 athletes competed in 54 events over the 3-day carnival.

All of our St George LAC athletes demonstrated great determination and sportsmanship, achieved many PBs and should be proud of their performances across all track and field events. With the first and second place in each event automatically qualifying for the Littles State Championships and then the next top 8 across all regions, we had a few nervous weeks to wait for all Regions to complete their qualifying events before our Littles State team was confirmed. It should be acknowledged that during competition Lowami Carati (u11) broke the Region 8 record for discus with a throw of 33.52m and Hugo Macri broke the state record for 80m Hurdles with a time of 12.51 secs. It was great to see the St George athletes cheering each other on over the weekend.

We were very pleased that 8 of our athletes qualified for the LANSW Littles State Championships. They were:

Under 9: Corbyn Fainga'a, Kagan Rayner, Lindsay Jabonillo, Elaina Cook

Under 11: Lowami Carati

Under 12: Hugo Macri, Joni Tuqiri, Sienna Latanis

With some of the worst weather Sydney had experienced in years, our athletes went to Sydney Olympic Park on 20th and 21st March 2021 to compete at the Littles State Championship. The torrential rain and bleak conditions were relentless, with jumping events postponed until Day 2, but our athletes persevered through these conditions. We had some fantastic results with 3 of our athletes achieving a top three position and were on the podium. Congratulations to Hugo Macri who nearly equalled his own State record in the U12 80m Hurdles with a time of 12.58 secs to take the Gold medal, and to Lowami Carati who won the bronze medal in the U11 Discus. The most impressive results came from one of our youngest athletes - Corbyn Fainga'a (U9) who came away with a Bronze medal in the 100m and in a show stopping race that saw the crowd roar, a Gold medal in the 70m. Well done, Hugo, Lowami and Corbyn!

Our full team results are below:

Age Group	Athlete	Events	Results
U9B	Corbyn Fainga'a	70m 100m	GOLD BRONZE
	Kagan Rayner	800m	18th
U9G	Lindsay Jabonillo	70m 100m 400m	5 th 10 th 18th
	Elaina Cook	High Jump	7th
U11G	Lowami Carati	Shot Put Discus	5th BRONZE
U12B	Hugo Macri	80m Hurdles 100m Triple Jump	GOLD 7 th 11 th
	Jone Tuqiri	Discus	16th
U12G	Sienna Latanis	Shot Put Discus 80m Hurdles 400m	8th 7th 12th 21st

RESULTS ACHIEVED AT LITTLES STATE CHAMPIONSHIPS



CORBYN TAKING GOLD



HUGO GOLD IN 80MH

LANSW YOUTH STATE CHAMPIONSHIPS (U13 – U17)

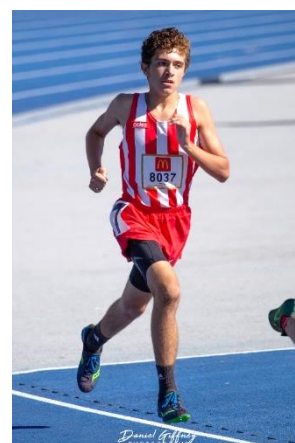
For these age groups, athletes submitted their best performances from the 2020/2021 season. We had 14 athletes qualify for the Youth State Championships across 26 events. Unfortunately, Amelia Kirby needed to withdraw due to injury, so we had 13 athletes head to Sydney Olympic Park Homebush on 27th and 28th March 2021. These athletes competed with determination and should be proud of their results.

A special mention to middle distance runner Marco Venturino who had a significant program of 800m, 1500m and 3000m in 2 days and achieved PBs in these events as well as a well-deserved 6th position in 800m. Well done, Marco.

Over the weekend we had one athlete take the podium, with Georgie Latanis (U15) winning the Bronze medal in the Discus. Congratulations Georgie.

Our full team results are below:

Age Group	Athlete	Event	Results
U13G	Neharika Chand	Javelin	15 th
U14B	Marco Venturino	800m 1500m 3000m	6 th 11 th 11 th
	Bailey-Dean Latanis	90m Hurdles 200m Hurdles Discus Shot Put	9 th 12 th 18 th 18 th



MARCO VENTURINO

Age Group	Athlete	Event	Results
U14G	Jasmine Franich	Shot Put Discus	5 th 7 th
	Mareta Carati	Discus Shot Put Javelin	10 th 14 th 21 st
	Lani De Cean	800m	17 th
	Alannah Roberts	1500m	15 th
U15G	Georgie Latanis	Discus Shot Put Javelin	BRONZE 14 th 16 th
U17B	Aiden Gambrell	Hurdles	4 th
	Solomon Tuqiri	Discus Shot Put	9 th 9 th
U17G	Lili MacPherson	Javelin	7 th
	Miloshka Sharma	400m 300m Hurdles	13 th
	Madeleine Chubb	Discus	9 th



GEORGIE LATANIS ON THE DAIS

RESULTS ACHIEVED AT YOUTH STATE CHAMPIONSHIPS

We would like to congratulate Solomon Tuqiri, Aiden Gambrell, Miloshka Sharma and Madeleine Chubb who have competed at the LANSW State Championships for the last time. We have enjoyed watching their journeys and thank them for their time representing St George Little Athletics Centre which has come to an end this season. We wish you all the best in your future athletics and are extremely proud of you all.



MEMBERS OF THE STATE CHAMPIONSHIPS TEAM WITH PRESIDENT THEO LATANIS AND VICE PRESIDENT KAREN TUQIRI

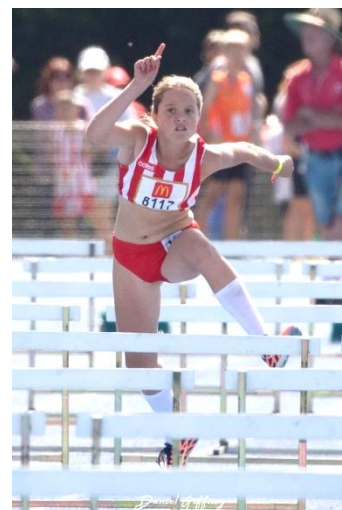
KUMON STATE COMBINED EVENTS CARNIVAL

Each year LANSW conducts an event where athletes participate in ALL of the events on offer for their age group and points are allocated for performances recorded in each event, based on the Little Athletics NSW Multi-Event Point score tables/system. The points across all events conducted for the relevant age group are added together to determine final results for each athlete.

This year the carnival was hosted by Wollongong Little Athletics and held at Beaton Park, Wollongong on 6 and 7 March 2021. We had 10 athletes travel to Wollongong and compete over the two days. A strong performance by Sienna Latanis saw her win the Bronze medal in her Age Group. Congratulations Sienna.

Our full team results are below:

Age Group	Athlete	Result
U7G	Akira Malik	20th
U8G	Ivy Lane	17th
U11G	Lowami Carati	18th
U12G	Sienna Latanis	BRONZE
U12B	Hugo Macri	4 th
	Jone Tuqiri	9 th
U14G	Mareta Carati	9 th
U14B	Marco Venturino	4 th
U17G	Lili MacPherson	6 th
U17B	Solomon Tuqiri	8 th



SIENNA LATANIS IN THE HURDLES



LOWAMI CARATI



JONE TUQIRI



MARCO VENTURINO

Whilst it has been a different representative pathway this season, all our athletes have performed so well and should be proud. We also had several athletes travel to club gala days and wear the red and white and we congratulate you all for your achievements at these events. Remember, athletics is all about doing your best, giving it a go and to keep on trying. Thank you to all parents and athletes for your patience and cooperation as we navigated the new pathways. I appreciate the support provided to me by the committee and wish you all the best for the next season.

Karen Tuqiri

Vice President / Championships Officer 2020/21

COACHING COORDINATOR'S REPORT



What a fantastic season 2020/21 has been for St George LAC! Thank you to the sponsors, athletes, committee members, Age Group Managers, and parent helpers. The work that goes into each week could not be done without the help of the committee. I have been involved with St George LAC for many years and in this time, I have been an athlete, assistant, parent helper, age manager, official and committee member.

This season has been extremely successful for our athletes from club level through to representative level. The results and improvements each Friday have been exciting to watch.

This year we provided an extensive coaching program for our members including two coaching clinics and regular Tuesday sessions that ran from October to February. I would like to take this opportunity to thank Georgie Latanis and Dave Kistle for assisting every Tuesday and volunteering their time to help our athletes improve their skills, technique, speed, and fitness. The athletes who attended the clinics and Tuesday training learnt skills in Sprints, Shot Put, Discus, Long Jump, Triple Jump, and fitness. I would like to acknowledge the contribution from Club Rivers to support our coaching programs.

I hope you have enjoyed the coaching program.

Samantha Latanis
Coaching Coordinator 2020/21



2020/21 AWARD WINNERS

SUMMARY

The club offers several awards to encourage participation and to recognise those who have demonstrated a high level of commitment and achievement in their sport.

Award winners for the 2020/21 season are set out below. The criteria for these awards are set out in the Club Handbook.



PERPETUAL AWARD	RECIPIENT
<i>Senior Champion Boy</i>	- <i>Hugo Macri</i>
<i>Senior Champion Girl</i>	- <i>Sienna Latanis</i>
<i>Senior Champion Boy – Runner Up</i>	- <i>Solomon Tuqiri</i>
<i>Senior Champion Girl – Runner Up</i>	- <i>Lili MacPherson & Mareta Carati</i>
<i>Middle Distance</i>	- <i>Marco Venturino</i>
<i>Sprinter / Hurdler</i>	- <i>Bailey-Dean Latanis</i>
<i>Field</i>	- <i>Georgie Latanis</i>
<i>Multi-Event Boy</i>	- <i>Marco Venturino</i>
<i>Multi-Event Girl</i>	- <i>Sienna Latanis</i>
<i>Junior Champion Boy</i>	- <i>Corbyn Fainga'a</i>
<i>Junior Champion Girl</i>	- <i>Lowami Carati</i>
<i>Junior Champion Boy – Runner Up</i>	- <i>Kagan Rayner</i>
<i>Junior Champion Girl – Runner Up</i>	- <i>Lindsay Jabonillo</i>
<i>Margaret Zerzvadse Sportsmanship</i>	- <i>Georgie Latanis</i>
<i>Rebecca Orr Encouragement – Boy</i>	- <i>Not Awarded</i>
<i>Rebecca Orr Encouragement – Girl</i>	- <i>Imogen Kirby</i>

5 AND 10-YEAR SERVICE AWARD	RECIPIENT
<i>5-Years</i>	- <i>Lowami Carati, Lani De Cean, Zoe De Cean, Aleisha Foundotos, Imogen Kirby, Sia Pizzardi, Kagan Rayner, Zachary Scullino, Ivy Sutton, Alexander Taouk, Isabel Venturino</i>
<i>10-Years</i>	- <i>Madeleine Chubb</i>

BANKS ² OUTSTANDING SPORTING ACHIEVEMENT AWARDS	
<i>First Time Qualification to State Championships</i>	<i>Elaina Cook, Lani De Cean, Corbyn Fainga'a, Lindsay Jabonillo, Kagan Rayner, Alannah Roberts, Marco Venturino</i>
<i>Qualified to the Athletics Australia Track & Field Championships</i>	<i>Jasmine Franich, Georgie Latanis, Lili MacPherson, Solomon Tuqiri, Marco Venturino</i>
<i>Exceptional Participation in the Friday Evening Competition Program (Participated in 100% of their scheduled events)</i>	<i>Ruby Lane, Addisyn Thiara, Jade Drury, Tahli Edwards, Anais Wilson, Amelia Petrovski, Hugo Richmond, Harrison Scozzafava, Dante Wilson, Mingwah Wong, Jarrod Jabonillo, Lachlan Trajkovski, Sienna Latanis, Lindsay Jabonillo</i>

² The **Banks Outstanding Sporting Achievement Awards** are an initiative of local Federal Member of Parliament, Mr David Coleman. The criteria established by the club are set out in the table.

CLUB COMPETITION AGE GROUP AWARDS

FRIDAY NIGHT AGE GROUP CHAMPION, RUNNER UP & MOST IMPROVED

The *Friday Night Age Group Champion & Runner Up* Awards were determined based on taking the best 3 performances in every event and calculating a point score using the LANSW Multi-Event point scheme (as implemented in the ResultsHQ athletics management system).

The *Most Improved Award* is computer-calculated (by ResultsHQ) using a PB Improvement scheme wherein points are earned according to the degree of improvement achieved in performances across all events.

The *Highest Participation* reflects the number of events performed.

AGE GROUP	CHAMPION	RUNNER UP	MOST IMPROVED	HIGHEST PARTICIPATION IN THE AGE GROUP
U5G				Dhairya Sreegauri Nimmagadda
U5B				Tom Edwards Ashton Petrovski
U6G	Addisyn Thiara	Anthea Kalidis	Anthea Kalidis	Addisyn Thiara Ruby Lane Jade Drury
U6B	Ezra Liu	Xavier Camilleri	Lachlan Harvey Christian Giannakis	Ryan Neems
U7G	Tahli Edwards	Akira Malik	Akira Malik	Anais Wilson Tahli Edwards
U7B	Jordan Photi	Wynston Lu	Wynston Lu	Prince Fakih Wynston Lu
U8G	Arianna Calavrias	Audrey Cis	Arianna Calavrias	Amelia Petrovski
U8B	Christian Schembri	Jayden Pradhan	Vittorio Vickkanov	Harrison Scozzafava Hugo Richmond
U9G	Lindsy Jabonillo	Imogen Kirby	Lindsy Jabonillo	Lindsy Jabonillo
U9B	Corbyn Fainga'a	Kagan Rayner	Mingwah Wong	Mingwah Wong Dante Wilson
U10G	Layla Pradhan	Emily Scullino	Layla Pradhan	Rita Liu
U10B	Anthony Kotevski	Antonio Stojkovski	Gikibi Njuguna	John Calavrias
U11G	Lowami Carata	Ivy Sutton	Zoe De Cean	Lowami Carati
U11B	Jarrold Jabonillo	Lachlan Trajkovski	Jarrold Jabonillo	Jarrold Jabonillo Lachlan Trajkovski
U12G	Sienna Latanis	Lily Croker	Lily Croker	Sienna Latanis
U12B	Jone Tuqiri	Hugo Macri	Dylan Lau	Jone Tuqiri
U13G	Neharika Chand	Leena Shrestha	Leena Shrestha	Neharika Chand
U13B				
U14G	Lani De Cean	Victoria Gao	Lani De Cean	Lani De Cean
U14B	Bailey-Dean Latanis	Marco Venturino	Marco Venturino	Bailey-Dean Latanis
U15G	Georgie Latanis	Katerina Stojkovski	Georgie Latanis	Georgie Latanis
U15B				
U17G	Lili MacPherson		Lili MacPherson	Lili MacPherson
U17B	Solomon Tuqiri		Solomon Tuqiri	Solomon Tuqiri

PERPETUAL AWARD WINNER HIGHLIGHTS

SENIOR CHAMPION BOY – HUGO MACRI (U12)

Hugo earned runner up Age Champion and topped his Age Group in the St George Multi Night and set Ground records in the 80m Hurdles and the 200m sprint. At his first outing at the State Combined Event carnival, he placed equal 4th in his Age Group. He qualified for the State Championships in 3 events: 100m, 80m Hurdles and Triple Jump. As these achievements make clear - he is a capable athlete – but it's in the 80m hurdle event where Hugo really shines. He holds both Ground and Centre Records for the 80m Hurdles, took the Gold in that Event at the State Qualifying carnival, took Gold at the State Championships and is the current NSW State Record Holder.



SENIOR CHAMPION GIRL – SIENNA LATANIS (U12)

STATE MULTI GIRL – SIENNA LATANIS



Over the last 7 years participating at St George Little Athletics, Sienna has demonstrated she is capable of just about anything. She has a perfect participation record in our club competition – performing every event – and was awarded Age Champion. She is capable across all events. She was the top St George performer at the State Combined Event carnival where she earned a Bronze medal – her 5th successive year medalling at this carnival. She won the St George Multi night in her Age Group & set Ground Records in the 80m Hurdles and 1500m events. She qualified for the State Championships in 4 Events – Shot Put, Discus, 80m Hurdles and 400m, finishing 7th and 8th in SP and Discus respectively, and a credible 12th in Hurdles and 21st in 400m. Just a fabulous season.

SENIOR CHAMPION BOY (RUNNER UP) – SOLOMON TUQIRI (U17)



Solomon earned Age Champion, Most Improved and Highest Participation Awards, and set Ground Records in the 110m Hurdles, 400m, 800m and 1500m events. He participated in the State Combined Event Carnival finishing in 8th place. He qualified for the State Championships in both Shot Put and Discus, narrowly missing the finals but placing a credible 9th place in both events, qualifying to the Athletics Australia Track & Field Championships. He has represented St George with pride and passion in this, his last season of Little Athletics.

SENIOR CHAMPION GIRL (RUNNER UP) – MARETA CARATI (U14) & LILI MACPHERSON (U17)



Mareta is a highly committed athlete who aims to give her all in every event, not just those where she excels. In our Multi-Night held on 15th January, she finished in 3rd place in her age group; she attended the State Combined Event finishing in 9th place, and she qualified for the State Championships in 3 Events – SP, Discus and Javelin where she placed 14th, 10th and 21st respectively.

Lili earned Age Champion, Most Improved and Highest Participation in her Age Group. She competed at the State Combined Event carnival earning 6th place, and qualified to the State Championships where she finished in 7th place in Javelin, earning entry to the Athletics Australia Track & Field Championships. She also set a new St George Ground record in Javelin.



JUNIOR CHAMPION BOY – CORBYN FAINGA'A (U9)

Corbyn has certainly impressed in his first year at St George.

At club level, he earned the Age Champion award.

At the State Qualification Carnival, he delighted everyone by taking 1st place in both 70m and 100m sprint events, gaining entry to the State Championships in both. And then at State, he secured the Bronze in the 100m & blitzed the field in the 70m taking Gold.



JUNIOR CHAMPION GIRL – LOWAMI CARATI (U11)



Lowami attended all our Friday Nights, earning the highest participation in her age group, attended the State Combined Event carnival in Wollongong where she topped the throwing events in her age group, & she scored 1st place in both SP and Discus at the 'State Qualifying' Carnival at Sylvania – and along the way, earned a St George Centre Record & a Region 8 record in Discus. She also set a new Ground Record in Discus.

In the State Championships, she won the Bronze medal in Discus and finished 5th in Shot Put.

JUNIOR CHAMPION BOY (RUNNER UP) – KAGAN RAYNER (U9)



Kagan signalled his intention for the season by setting a new Ground Record in the 800m event in December. He then took a large program to the 'State Qualifying' Meet entering 3 track events and one field event. His top result there was a 5th in 800m which gained him entry to the State Champs where he met some very stiff competition finishing 18th.

He finished the club season with the U9B Runner Up Age Champion Award.

JUNIOR CHAMPION GIRL (RUNNER UP) – LINDSY JABONILLO (U9)

Lindsay has had a big year. She gained entry to the State Qualifying Meet at Sylvania in 3 Track Events finishing 4th in 100m, 4th in 400m and 5th in 70m. She qualified in all 3 events for the State Championships, finishing an impressive 5th place in the 70m sprint.

At club level she set Ground Records in both the 200m and 800m events and received Age Group Awards for the Highest Participation level, the Most Improved athlete, and Age Champion.



FIELD AWARD – GEORGIE LATANIS (U15)

MARGARET ZERZVADSE SPORTSMANSHIP AWARD – GEORGIE LATANIS

Georgie topped her Age Group at the St George Multi night and was also awarded Age Champion and Most Improved. She qualified to the State Championships in all 3 throwing events, taking the Bronze Medal in Discus, and securing entry to the Athletics Australia Track & Field Championships.

Georgie has also been recognised for her sportsmanship and support for Centre Activities. Georgie attended every Friday night and participated in more than 90% of events, attended every Tuesday coaching session to assist younger athletes learn & develop new skills, supported the Tiny Tots group in the early part of the season, & volunteered as a Marshall at the State Qualification carnival. She was regularly seen encouraging fellow athletes to participate in their events.



MIDDLE DISTANCE AWARD – MARCO VENTURINO (U14)



Marco has had a stellar season this year, marked by a strong commitment to training, and continual improvement. He earned Runner Up Age Champion and Most Improved Awards in his Age Group & set a new 800m Ground Record. He gained selection to the State Championships this year – his first year of selection – in 4 Events: 400m, 800m, 1500m and 3000m. He placed 11th in the 3000m and 1500m events and his 6th place in the 800m event, earning him entry to the Athletics Australia Track & Field Championships, and with the best time set by any St George U14 athlete at any LANSW championship event in the last 19 years.

SPRINTER / HURDLER AWARD – BAILEY-DEAN LATANIS (U14)

Bailey-Dean secured Age Champion & Highest Participation and was winner of the St George Multi night in his Age Group, all while battling injuries for much of the season. Along the way, two St George Ground Records were set – in 200m Hurdles and in 3000m. He gained entry into the State Championships in a maximum permissible 4 Events, viz: 90m Hurdles, 200m Hurdles, Shot Put and Discus. He earned 9th and 12th place in the Hurdle events, respectively. He was also awarded the “Garth Robinson Perpetual Trophy” for his performances in the final Trans-Tasman cup held in New Zealand in January 2020.



REBECCA ORR ENCOURAGEMENT AWARD (GIRL) – IMOGEN KIRBY (U9)



Imogen earned the Runner Up Age Champion award in her age group. She gained entry to the “State Qualifier” event at Sylvania Waters in 60mH, Long Jump, Discus and Shot-Put finishing 7th, 7th, 9th and 12th respectively. She narrowly missed selection for the State Championships in 60mH.

10 YEAR SERVICE AWARD

MADELEINE CHUBB (U17)

Maddie started at St George Little Athletics in the Under 7's and has just finished her last season with the Club in the Under 17's. Maddie has represented St George in Discus at State Championships every year since the Under 9's, as well as representing St George in javelin at the State Championships in the Under 11's and 12's. Highlights for Maddie during her time at St George Little Athletics have included winning a Silver medal at State Championships in the Under 10's, being selected and competing in the NSW Team for the 2017 Trans-Tasman Championships and being elected as Club Captain for the 2019/2020 season.



LIFE MEMBERS

Year	Name	Year	Name	Year	Name
1975	Fred Scott	1976	Bev Scott	1976	Peter Williams
1979	Mabs Errington	1981	Gwen Taylor	1981	Ray Horton ⁺
1982	Bob Molloy ⁺	1984	Byron Griffiths	1986	Paul Reeves
1986	Joe Watchorn	1986	Bonnie West	1987	Bill L'Estrange
1987	Bill Cruickshank	1988	Ian Sheerin	1988	Margaret Zerzvadse ⁺
1990	Lou Bulian	1991	Carol Berel	1991	Alex Oh ⁺
1991	Lindsay Watson	1991	Barbara Lea	1992	Albert Ferraro
1992	Coral Ferraro	1996	Graham Hawkes	1999	Terry O'Neill ⁺
1999	Ben Tinker	2000	John Dodson	2001	Gil Baes
2001	Roger Malcolm	2001	Lynne Whatman	2002	Glenda McLoughin
2003	Peter Tuziak ⁺	2010	Kim Delaney	2011	Ray Parkinson
2013	Wendy Cook	2015	Christopher Robinson	2019	Lisa Rios
⁺ <i>Deceased</i>					