

		FOR SEASON 2023-24:											ALL U13s FOLLOW U13G			ALL 14-17 FOLLOW SRNG											
Week A - v15	50m	70m	100m	400m	300m	500m	800m	SP-1	SP-2	SP-3	TT-SP-1	TT-SP-2	DISC-1	DISC-2	DISC-3	LJ-1	LJ-2	LJ-3	TJ-1	LJ-4	TJ-2	HJ-1	HJ-2	HJ-Scr-1	HJ-Scr-2	Javelin	
5:30pm													U8 B		U8 G	TT-G	TT-B										
					U6 G U6 B	U7 G U7 B									U8 B*												
6:00pm		U6 B U6 G U7 G U7 B		U8 B U8 G			SEN G SEN B	U11 G	U9 G				U12 G	U10 B		U9 B							U11 B		U10 G		U12 B
Event 1										U9 G*					U10 B*		U9 B*							U11 B*		U10 G*	
				U9 B U10 B				U11 B			U6 B	U6 G	U12 B					U8 B									U12 G
Event 2				U7 G U7 B U8 G U11 G	U10 G U9 G U13 G U13 B																U8 B*						
Event 3				U9 B U9 G U10 B U10 G U8 B U6 B U6 G	U11 B U11 G U12 B U12 G					U7 G U7 G*					U7 B	U8 G		U13 G U13 B					SEN B SEN G*	SEN G			
Event 4													U10 G	U9 B	U13 B U9 B*	U9 G					U11 G				U10 B		U13 G
5 U8+ ONLY								U9 B U9 G U10 B U10 G	SEN G	SEN B SEN G*			U13 G			U11 B		U12 B		U12 G			U11 G		U10 B		U13 B
6 U11+ ONLY								U11 B U11 G U12 B U12 G U13 B U13 G														SEN G					

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Week A - v15	SEN B	SEN G	U13 B	U13 G	U12 B	U12 G	U11 B	U11 G	U10 B	U10 G	U9 B	U9 G	U8 B	U8 G	U7 B	U7 G	U6 B	U6 G	TT-B	TT-G
5:30pm													DISC-1 DISC-2	DISC-3	500m	500m	300m	300m	LJ-2	LJ-1
6:00pm Event 1	800m	800m	100m	100m	Javelin	DISC-1	HJ-1 HJ-2	SP-1	DISC-2 DISC-3	HJ-Scr-1 HJ-Scr-2	LJ-1 LJ-2	SP-2 SP-3	400m	400m	70m	70m	70m	70m		
Event 2	100m	100m	400m	400m	DISC-1	Javelin	SP-1	100m	400m	400m	400m	400m	LJ-3 LJ-4	100m	100m	100m	TT-SP-1	TT-SP-2		
Event 3	HJ-1	HJ-2 HJ-1	LJ-3	LJ-3	400m	400m	400m	400m	100m	100m	100m	100m	100m	LJ-1	DISC-3	TT-SP-1 TT-SP-2	100m	100m		
Event 4	400m	400m	DISC-3	Javelin	100m	100m	100m	LJ-4	HJ-Scr-1 HJ-Scr-2	DISC-1	DISC-2 DISC-3	LJ-1 LJ-2								
5 U8+ ONLY	SP-2	SP-1 SP-2	Javelin	DISC-1	LJ-3	LJ-4	LJ-1	HJ-1 HJ-2	800m	800m	800m	800m								
6 U11+ ONLY	TJ-2	TJ-1 TJ-2	800m	800m	800m	800m	800m	800m												