

**REGION 8 CHAMPIONSHIPS****Sylvania Waters  
Final Program**

**Note: Times provided are "Not Before Times" and are a guide only. Events can be called up to half an hour before this time for athletes to go to the Call Room.**

Session: 1 Saturday Track Events

Day 1 - Saturday 1/02/2025 - Starts at 08:00 AM

**Not Before  
Time****Event****Round**

<b>Not Before Time</b>	<b>Event</b>	<b>Round</b>
8:00 AM	#1 Girls 400 Metre Hurdles (76cm) Under 20	Final
8:00 AM	#2 Girls 400 Metre Hurdles (76cm) 16's (U17)	Final
8:05 AM	#3 Boys 400 Metre Hurdles (76cm) 17's (U18)	Final
8:05 AM	#4 Boys 400 Metre Hurdles (76cm) 16's (U17)	Final
8:10 AM	#5 Girls 300 Metre Hurdles (76cm) 15's (U16)	Final
8:14 AM	#6 Boys 300 Metre Hurdles (76cm) 15's (U16)	Final
8:18 AM	#7 Boys 300 Metre Hurdles (76cm) 14's (U15)	Final
8:26 AM	#8 Girls 300 Metre Hurdles (76cm) 14's (U15)	Final
8:32 AM	#9 Girls 200 Metre Hurdles (76cm) 13's (U14)	Final
8:35 AM	#10 Boys 200 Metre Hurdles (76cm) 13's (U14)	Final
8:45 AM	#11 Girls 1500 Metre Run 11's	Final
8:55 AM	#12 Boys 1500 Metre Run 11's	Final
9:05 AM	#13 Girls 1500 Metre Run 12's	Final
9:15 AM	#14 Boys 1500 Metre Run 12's	Final
9:29 AM	#15 Girls 60 Metre Hurdles (45cm) 8's	Prelims
9:35 AM	#16 Boys 60 Metre Hurdles (45cm) 8's	Prelims
9:41 AM	#17 Girls 60 Metre Hurdles (45cm) 9's	Prelims
9:45 AM	#18 Boys 60 Metre Hurdles (45cm) 9's	Prelims
9:51 AM	#19 Girls 60 Metre Hurdles (60cm) 10's	Prelims
10:01 AM	#20 Boys 60 Metre Hurdles (60cm) 10's	Prelims
10:11 AM	#21 Girls 1500 Metre Run 13's (U14)	Final
10:21 AM	#22 Boys 1500 Metre Run 13's (U14)	Final
10:31 AM	#23 Girls 1500 Metre Run 14's (U15)	Final
10:41 AM	#24 Boys 1500 Metre Run 14's (U15)	Final
10:51 AM	#25 Boys 1500 Metre Run 15's (U16)	Final
10:51 AM	#26 Boys 1500 Metre Run 16's (U17)	Final
11:01 AM	#27 Girls 1500 Metre Run 15's (U16)	Final
11:01 AM	#28 Girls 1500 Metre Run 16's (U17)	Final
11:01 AM	#29 Girls 1500 Metre Run 17's (U18)	Final
11:01 AM	#30 Boys 1500 Metre Run 17's (U18)	Final
11:01 AM	#31 Girls 1500 Metre Run Under 20	Final
11:13 AM	#32 Girls 60 Metre Hurdles (45cm) 8's	Final
11:16 AM	#33 Boys 60 Metre Hurdles (45cm) 8's	Final
11:19 AM	#34 Girls 60 Metre Hurdles (45cm) 9's	Final
11:21 AM	#35 Boys 60 Metre Hurdles (45cm) 9's	Final
11:26 AM	#36 Girls 60 Metre Hurdles (60cm) 10's	Final
11:28 AM	#37 Boys 60 Metre Hurdles (60cm) 10's	Final
11:36 AM	#38 Girls 100 Metre Sprint 13's (U14)	Prelims
11:42 AM	#39 Boys 100 Metre Sprint 13's (U14)	Prelims
11:47 AM	#40 Girls 100 Metre Sprint 14's (U15)	Prelims
11:55 AM	#41 Boys 100 Metre Sprint 14's (U15)	Prelims
12:01 PM	#42 Boys 100 Metre Sprint 15's (U16)	Prelims
12:07 PM	#43 Girls 100 Metre Sprint 8's	Prelims

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<b>Not Before Time</b>	<b>Event</b>	<b>Round</b>	
12:13 PM	#44 Boys 100 Metre Sprint 8's	Prelims	
12:19 PM	#45 Girls 100 Metre Sprint 9's	Prelims	
12:23 PM	#46 Boys 100 Metre Sprint 9's	Prelims	
12:27 PM	#47 Girls 100 Metre Sprint 10's	Prelims	
12:31 PM	#48 Boys 100 Metre Sprint 10's	Prelims	
12:35 PM	#49 Girls 100 Metre Sprint 11's	Prelims	
12:41 PM	#50 Boys 100 Metre Sprint 11's	Prelims	
12:47 PM	#51 Girls 100 Metre Sprint 12's	Prelims	
12:53 PM	#52 Boys 100 Metre Sprint 12's	Prelims	
12:56 PM	#53 Girls 100 Metre Sprint Para 9's-10's	Final	
12:56 PM	#54 Girls 100 Metre Sprint Para 11's-12's	Final	
12:59 PM	#55 Boys 100 Metre Sprint Para 9's-10's	Final	
12:59 PM	#56 Boys 100 Metre Sprint Para 11's-12's	Final	
12:59 PM	#57 Boys 100 Metre Sprint Para 13's-14's (U15)	Final	
12:59 PM	#58 Boys 100 Metre Sprint Para 15's-16's (U17)	Final	
1:30 PM	#59 Girls 400 Metre Sprint 13's (U14)	Final	<b>Track Officials</b>
1:38 PM	#60 Boys 400 Metre Sprint 13's (U14)	Final	<b>Lunch Break</b>
1:46 PM	#61 Girls 400 Metre Sprint 14's (U15)	Final	
1:54 PM	#62 Boys 400 Metre Sprint 14's (U15)	Final	
2:02 PM	#63 Girls 400 Metre Sprint 15's (U16)	Final	
2:08 PM	#64 Boys 400 Metre Sprint 15's (U16)	Final	
2:16 PM	#65 Girls 400 Metre Run 16's (U17)	Final	
2:20 PM	#66 Boys 400 Metre Run 16's (U17)	Final	
2:24 PM	#67 Girls 400 Metre Sprint 17's (U18)	Final	
2:24 PM	#68 Girls 400 Metre Sprint Under 20	Final	
2:28 PM	#69 Boys 400 Metre Sprint 17's (U18)	Final	
2:28 PM	#70 Boys 400 Metre Sprint Under 20	Final	
2:32 PM	#71 Girls 400 Metre Run Para 9's-10's	Final	
2:32 PM	#72 Boys 400 Metre Run Para 11's-12's	Final	
2:32 PM	#73 Boys 400 Metre Run Para 13's-14's (U15)	Final	
2:32 PM	#74 Boys 400 Metre Run Para 15's-16's (U17)	Final	
2:37 PM	#75 Girls 400 Metre Run Pack Start 8's	Final	
2:40 PM	#76 Boys 400 Metre Run Pack Start 8's	Final	
2:43 PM	#77 Girls 400 Metre Sprint 9's	Final	
2:51 PM	#78 Boys 400 Metre Sprint 9's	Final	
2:59 PM	#79 Girls 400 Metre Sprint 10's	Final	
3:07 PM	#80 Boys 400 Metre Sprint 10's	Final	
3:15 PM	#81 Girls 400 Metre Sprint 11's	Final	
3:25 PM	#82 Boys 400 Metre Sprint 11's	Final	
3:35 PM	#83 Girls 400 Metre Sprint 12's	Final	
3:47 PM	#84 Boys 400 Metre Sprint 12's	Final	
4:00 PM	#85 Girls 100 Metre Sprint 13's (U14)	Final	
4:03 PM	#86 Boys 100 Metre Sprint 13's (U14)	Final	

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Session: 1 Saturday Track Events  
Day 1 - Saturday 1/02/2025 - Starts at 08:00 AM

<b>Not Before Time</b>	<b>Event</b>	<b>Round</b>
4:06 PM	#87 Girls 100 Metre Sprint 14's (U15)	Final
4:09 PM	#88 Boys 100 Metre Sprint 14's (U15)	Final
4:12 PM	#89 Girls 100 Metre Sprint 15's (U16)	Final
4:15 PM	#90 Boys 100 Metre Sprint 15's (U16)	Final
4:18 PM	#91 Girls 100 Metre Sprint 16's (U17)	Final
4:21 PM	#92 Boys 100 Metre Sprint 16's (U17)	Final
4:24 PM	#93 Boys 100 Metre Sprint 17's (U18)	Final
4:27 PM	#94 Girls 100 Metre Sprint 17's (U18)	Final
4:27 PM	#95 Girls 100 Metre Sprint Under 20	Final
4:27 PM	#96 Boys 100 Metre Sprint Under 20	Final
4:30 PM	#97 Girls 100 Metre Sprint 8's	Final
4:33 PM	#98 Boys 100 Metre Sprint 8's	Final
4:36 PM	#99 Girls 100 Metre Sprint 9's	Final
4:39 PM	#100 Boys 100 Metre Sprint 9's	Final
4:42 PM	#101 Girls 100 Metre Sprint 10's	Final
4:45 PM	#102 Boys 100 Metre Sprint 10's	Final
4:48 PM	#103 Girls 100 Metre Sprint 11's	Final
4:51 PM	#104 Boys 100 Metre Sprint 11's	Final
4:54 PM	#105 Girls 100 Metre Sprint 12's	Final
4:57 PM	#106 Boys 100 Metre Sprint 12's	Final

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Session: 2 Saturday Field Events  
Day 1 - Saturday 1/02/2025 - Starts at 08:00 AM

<b>Not Before Time</b>	<b>Event</b>	<b>Round</b>	<b>Event Area</b>
8:00 AM	#107 Girls High Jump (S/H 1.25m) 15's (U16)	Final	High Jump 2
8:00 AM	#108 Girls High Jump (S/H 0.85m) 9's	Final	High Jump 1
8:50 AM	#109 Girls High Jump (S/H 1.30m) 16's (U17)	Final	High Jump 2
8:50 AM	#110 Girls High Jump (S/H 1.30m) 17's (U18)	Final	High Jump 2
8:50 AM	#111 Girls High Jump (S/H 1.35m) Under 20	Final	High Jump 2
9:00 AM	#112 Boys High Jump (S/H 1.00m) 10's	Final	High Jump 1
9:35 AM	#113 Girls High Jump (S/H 1.20m) 13's (U14)	Final	High Jump 2
10:30 AM	#114 Girls High Jump (S/H 1.05m) 11's	Final	High Jump 1
11:35 AM	#115 Girls High Jump (S/H 1.15m) 12's	Final	High Jump 2
12:00 PM	#116 Boys High Jump (S/H 1.30m) 14's (U15)	Final	High Jump 1
8:00 AM	#117 Boys Long Jump 11's	Final	Long Jump 2
8:00 AM	#118 Boys Long Jump 15's (U16)	Final	Long Jump 1
8:50 AM	#119 Boys Long Jump 16's (U17)	Final	Long Jump 1
8:50 AM	#120 Boys Long Jump 17's (U18)	Final	Long Jump 1
8:50 AM	#121 Boys Long Jump Under 20	Final	Long Jump 1
9:25 AM	#122 Girls Long Jump 14's (U15)	Final	Long Jump 1
9:15 AM	#123 Girls Long Jump Para 9's-10's	Final	Long Jump 2
9:15 AM	#124 Boys Long Jump Para 11's-12's	Final	Long Jump 2
9:15 AM	#125 Girls Long Jump Para 13's-14's (U15)	Final	Long Jump 2
9:15 AM	#126 Boys Long Jump Para 13's-14's (U15)	Final	Long Jump 2
9:45 AM	#127 Boys Long Jump 9's	Final	Long Jump 2
11:10 AM	#128 Boys Long Jump 12's	Final	Long Jump 1
11:30 AM	#129 Girls Long Jump 8's	Final	Long Jump 2
12:25 PM	#130 Girls Long Jump 13's (U14)	Final	Long Jump 1
12:45 PM	#131 Girls Long Jump 10's	Final	Long Jump 2
8:00 AM	#132 Girls Triple Jump 16's (U17)	Final	Triple Jump
8:00 AM	#133 Girls Triple Jump 17's (U18)	Final	Triple Jump
8:00 AM	#134 Girls Triple Jump Under 20	Final	Triple Jump
8:30 AM	#135 Girls Triple Jump 12's	Final	Triple Jump
9:40 AM	#136 Boys Triple Jump 14's (U15)	Final	Triple Jump
10:55 AM	#137 Boys Triple Jump 13's (U14)	Final	Triple Jump
12:45 PM	#138 Girls Triple Jump 15's (U16)	Final	Triple Jump
1:30 PM	#139 Girls Triple Jump 11's	Final	Triple Jump
8:00 AM	#140 Boys Discus (500 Gram) 9's	Final	Discus 1
8:00 AM	#141 Boys Discus (1.0 Kg) 14's (U15)	Final	Discus 2
9:15 AM	#142 Boys Discus (750 Gram) 12's	Final	Discus 2
9:15 AM	#143 Girls Discus (500 Gram) 8's	Final	Discus 1
10:30 AM	#144 Girls Discus (1.0 Kg) 15's (U16)	Final	Discus 2
10:45 AM	#145 Girls Discus (500 Gram) 10's	Final	Discus 1
11:25 AM	#146 Girls Discus (1.0 Kg) 16's (U17)	Final	Discus 2
11:25 AM	#147 Girls Discus (1.0 Kg) 17's (U18)	Final	Discus 2
11:25 AM	#148 Girls Discus (1.0 Kg) Under 20	Final	Discus 2
11:55 AM	#149 Boys Discus (500 Gram) 11's	Final	Discus 1

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**Not Before**

<b>Time</b>	<b>Event</b>	<b>Round</b>	<b>Event Area</b>
12:45 PM	#150 Boys Discus (750 Gram) 13's (U14)	Final	Discus 2
8:00 AM	#151 Girls Shot Put (3.0 Kg) 13's (U14)	Final	Shot Put 1
8:00 AM	#152 Girls Shot Put (2.0 Kg) 11's	Final	Shot Put 2
9:00 AM	#153 Boys Shot Put (4.0 Kg) 15's (U16)	Final	Shot Put 2
9:00 AM	#154 Boys Shot Put (1.5 Kg) 8's	Final	Shot Put 1
9:30 AM	#155 Boys Shot Put (5.0 Kg) 16's (U17)	Final	Shot Put 2
9:30 AM	#156 Boys Shot Put (5.0 Kg) 17's (U18)	Final	Shot Put 2
9:30 AM	#157 Boys Shot Put (6.0 Kg) Under 20	Final	Shot Put 2
10:00 AM	#158 Girls Shot Put (2.0 Kg) 9's	Final	Shot Put 1
10:00 AM	#159 Girls Shot Put (2.0 Kg) 12's	Final	Shot Put 2
11:30 AM	#160 Boys Shot Put (2.0 Kg) 10's	Final	Shot Put 1
11:30 AM	#161 Girls Shot Put Para 9's-10's	Final	Shot Put 2
11:30 AM	#162 Boys Shot Put Para 9's-10's	Final	Shot Put 2
11:30 AM	#163 Girls Shot Put Para 13's-14's (U15)	Final	Shot Put 2
11:30 AM	#164 Boys Shot Put Para 13's-14's (U15)	Final	Shot Put 2
11:30 AM	#165 Boys Shot Put Para 15's-16's (U17)	Final	Shot Put 2
12:00 PM	#166 Girls Shot Put (3.0 Kg) 14's (U15)	Final	Shot Put 2
8:00 AM	#167 Girls Javelin (500 Gram) 14's (U15)	Final	Javelin
9:00 AM	#168 Boys Javelin (600 Gram) 13's (U14)	Final	Javelin
10:10 AM	#169 Boys Javelin (400 Gram) 11's	Final	Javelin
11:10 AM	#170 Boys Javelin (700 Gram) 16's (U17)	Final	Javelin
11:10 AM	#171 Boys Javelin (700 Gram) 17's (U18)	Final	Javelin
11:10 AM	#172 Boys Javelin (800 Gram) Under 20	Final	Javelin
11:45 AM	#173 Boys Javelin (700 Gram) 15's (U16)	Final	Javelin
1:00 PM	#174 Boys Javelin (400 Gram) 12's	Final	Javelin

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Session: 3 Sunday Track Events

Day 2 - Sunday 2/02/2025 - Starts at 07:30 AM

**Not Before**

<b>Time</b>	<b>Event</b>	<b>Round</b>
7:30 AM	#308 Girls 3000 Metre Run 13's (U14)	Final
7:30 AM	#309 Boys 3000 Metre Run 13's (U14)	Final
7:45 AM	#310 Girls 3000 Metre Run 14's (U15)	Final
7:45 AM	#311 Boys 3000 Metre Run 14's (U15)	Final
7:45 AM	#312 Girls 3000 Metre Run 16's (U17)	Final
8:00 AM	#313 Girls 3000 Metre Run 15's (U16)	Final
8:00 AM	#314 Boys 3000 Metre Run 15's (U16)	Final
8:00 AM	#315 Boys 3000 Metre Run 16's (U17)	Final
8:00 AM	#316 Girls 3000 Metre Run 17's (U18)	Final
8:00 AM	#317 Girls 3000 Metre Run Under 20	Final
8:15 AM	#318 Girls 80 Metre Hurdles (60cm) 11's	Prelims
8:21 AM	#319 Boys 80 Metre Hurdles (60cm) 11's	Prelims
8:31 AM	#320 Girls 80 Metre Hurdles (68cm) 12's	Prelims
8:37 AM	#321 Boys 80 Metre Hurdles (68cm) 12's	Prelims
8:47 AM	#322 Girls 80 Metre Hurdles (76cm) 13's (U14)	Prelims
8:56 AM	#323 Boys 90 Metre Hurdles (76cm) 13's (U14)	Prelims
9:02 AM	#324 Boys 100 Metre Hurdles (76cm) 14's (U15)	Prelims
9:09 AM	#325 Girls 1100 Metre Walk 11's	Final
9:09 AM	#326 Boys 1100 Metre Walk 11's	Final
9:21 AM	#327 Girls 1100 Metre Walk 10's	Final
9:21 AM	#328 Boys 1100 Metre Walk 10's	Final
9:33 AM	#329 Girls 700 Metre Walk 9's	Final
9:33 AM	#330 Boys 700 Metre Walk 9's	Final
9:42 AM	#331 Girls 700 Metre Run Pack Start 8's	Final
9:48 AM	#332 Boys 700 Metre Run Pack Start 8's	Final
10:04 AM	#333 Girls 1500 Metre Walk 12's	Final
10:04 AM	#334 Boys 1500 Metre Walk 12's	Final
10:16 AM	#335 Girls 1500 Metre Walk 13's (U14)	Final
10:16 AM	#336 Boys 1500 Metre Walk 13's (U14)	Final
10:16 AM	#337 Girls 1500 Metre Walk 14's (U15)	Final
10:16 AM	#338 Boys 1500 Metre Walk 14's (U15)	Final
10:16 AM	#339 Girls 1500 Metre Walk 16's (U17)	Final
10:16 AM	#340 Girls 1500 Metre Walk 17's (U18)	Final
10:34 AM	#341 Girls 80 Metre Hurdles (60cm) 11's	Final
10:37 AM	#342 Boys 80 Metre Hurdles (60cm) 11's	Final
10:42 AM	#343 Girls 80 Metre Hurdles (68cm) 12's	Final
10:45 AM	#344 Boys 80 Metre Hurdles (68cm) 12's	Final
10:50 AM	#345 Girls 80 Metre Hurdles (76cm) 13's (U14)	Final
10:55 AM	#346 Boys 90 Metre Hurdles (76cm) 13's (U14)	Final
10:58 AM	#347 Girls 90 Metre Hurdles (76cm) 14's (U15)	Final
11:01 AM	#348 Girls 90 Metre Hurdles (76cm) 15's (U16)	Final
11:06 AM	#349 Boys 100 Metre Hurdles (76cm) 14's (U15)	Final
11:09 AM	#350 Boys 100 Metre Hurdles (76cm) 15's (U16)	Final

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Session: 3 Sunday Track Events

Day 2 - Sunday 2/02/2025 - Starts at 07:30 AM

**Not Before**

<b>Time</b>	<b>Event</b>	<b>Round</b>	
11:12 AM	#351 Girls 100 Metre Hurdles (76cm) 16's (U17)	Final	
11:12 AM	#352 Girls 100 Metre Hurdles (76cm) 17's (U18)	Final	
11:12 AM	#353 Girls 100 Metre Hurdles (76cm) Under 20	Final	
11:17 AM	#354 Boys 110 Metre Hurdles (76cm) 16's (U17)	Final	
11:17 AM	#355 Boys 110 Metre Hurdles (76cm) 17's (U18)	Final	
11:29 AM	#356 Girls 70 Metre Sprint 10's	Prelims	
11:33 AM	#357 Boys 70 Metre Sprint 10's	Prelims	
11:37 AM	#358 Girls 70 Metre Sprint 9's	Prelims	
11:41 AM	#359 Boys 70 Metre Sprint 9's	Prelims	
11:45 AM	#360 Girls 70 Metre Sprint 8's	Prelims	
11:49 AM	#361 Boys 70 Metre Sprint 8's	Prelims	
12:25 PM	#362 Girls 4x100 Metre Relay (Jnr) Junior	Final	<b>Track Officials Lunch Break</b>
12:30 PM	#363 Boys 4x100 Metre Relay (Jnr) Junior	Final	
12:35 PM	#364 Girls 4x100 Metre Relay (Snr) Senior	Final	
12:40 PM	#365 Boys 4x100 Metre Relay (Snr) Senior	Final	
12:45 PM	#366 Girls 200 Metre Run Para 9's-10's	Final	
12:45 PM	#367 Girls 200 Metre Run Para 11's-12's	Final	
12:50 PM	#368 Boys 200 Metre Run Para 9's-10's	Final	
12:50 PM	#369 Boys 200 Metre Run Para 11's-12's	Final	
12:50 PM	#370 Boys 200 Metre Run Para 13's-14's (U15)	Final	
12:50 PM	#371 Boys 200 Metre Run Para 15's-16's (U17)	Final	
12:55 PM	#372 Girls 200 Metre Sprint 8's	Prelims	
1:01 PM	#373 Boys 200 Metre Sprint 8's	Prelims	
1:07 PM	#374 Girls 200 Metre Sprint 9's	Prelims	
1:11 PM	#375 Boys 200 Metre Sprint 9's	Prelims	
1:15 PM	#376 Girls 200 Metre Sprint 10's	Prelims	
1:19 PM	#377 Boys 200 Metre Sprint 10's	Prelims	
1:23 PM	#378 Girls 200 Metre Sprint 11's	Prelims	
1:32 PM	#379 Boys 200 Metre Sprint 11's	Prelims	
1:38 PM	#380 Girls 200 Metre Sprint 12's	Prelims	
1:47 PM	#381 Boys 200 Metre Sprint 12's	Prelims	
1:56 PM	#382 Girls 200 Metre Sprint 13's (U14)	Prelims	
2:05 PM	#383 Boys 200 Metre Sprint 13's (U14)	Prelims	
2:14 PM	#384 Girls 200 Metre Sprint 14's (U15)	Prelims	
2:23 PM	#385 Boys 200 Metre Sprint 14's (U15)	Prelims	
2:29 PM	#386 Girls 200 Metre Sprint 15's (U16)	Prelims	
2:35 PM	#387 Boys 200 Metre Sprint 15's (U16)	Prelims	
2:41 AM	#388 Girls 200 Metre Sprint 16's (U17)	Prelims	
2:47 AM	#389 Boys 200 Metre Sprint 17's (U18)	Prelims	
2:55 PM	#390 Girls 70 Metre Sprint 10's	Final	
2:57 PM	#391 Boys 70 Metre Sprint 10's	Final	
2:59 PM	#392 Girls 70 Metre Sprint 9's	Final	
3:01 PM	#393 Boys 70 Metre Sprint 9's	Final	

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Session: 3 Sunday Track Events

Day 2 - Sunday 2/02/2025 - Starts at 07:30 AM

**Not Before**

<b>Time</b>	<b>Event</b>	<b>Round</b>
3:03 PM	#394 Girls 70 Metre Sprint 8's	Final
3:05 PM	#395 Boys 70 Metre Sprint 8's	Final
3:13 PM	#396 Girls 800 Metre Run 11's	Final
3:19 PM	#397 Boys 800 Metre Run 11's	Final
3:25 PM	#398 Girls 800 Metre Run 12's	Final
3:29 PM	#399 Boys 800 Metre Run 12's	Final
3:33 PM	#400 Girls 800 Metre Run 13's (U14)	Final
3:37 PM	#401 Boys 800 Metre Run 13's (U14)	Final
3:41 PM	#402 Girls 800 Metre Run 14's (U15)	Final
3:45 PM	#403 Boys 800 Metre Run 14's (U15)	Final
3:49 PM	#404 Boys 800 Metre Run 15's (U16)	Final
3:53 PM	#405 Girls 800 Metre Run 15's (U16)	Final
3:53 PM	#406 Boys 800 Metre Run 16's (U17)	Final
3:57 PM	#407 Girls 800 Metre Run 16's (U17)	Final
3:57 PM	#408 Girls 800 Metre Run 17's (U18)	Final
3:57 PM	#409 Boys 800 Metre Run 17's (U18)	Final
3:57 PM	#410 Girls 800 Metre Run Under 20	Final
4:01 PM	#411 Girls 800 Metre Run 9's	Final
4:07 PM	#412 Boys 800 Metre Run 9's	Final
4:13 PM	#413 Girls 800 Metre Run 10's	Final
4:19 PM	#414 Boys 800 Metre Run 10's	Final
4:25 PM	#415 Girls 800 Metre Run Para 9's-10's	Final
4:25 PM	#416 Boys 800 Metre Run Para 11's-12's	Final
4:25 PM	#417 Girls 800 Metre Run Para 13's-14's (U15)	Final
4:25 PM	#418 Boys 800 Metre Run Para 13's-14's (U15)	Final
4:35 PM	#419 Girls 200 Metre Sprint Under 20	Final
4:35 PM	#420 Boys 200 Metre Sprint Under 20	Final
4:38 PM	#421 Girls 200 Metre Sprint 17's (U18)	Final
4:41 PM	#422 Boys 200 Metre Sprint 17's (U18)	Final
4:44 PM	#423 Girls 200 Metre Sprint 16's (U17)	Final
4:47 PM	#424 Boys 200 Metre Sprint 16's (U17)	Final
4:50 PM	#425 Girls 200 Metre Sprint 15's (U16)	Final
4:53 PM	#426 Boys 200 Metre Sprint 15's (U16)	Final
4:56 PM	#427 Girls 200 Metre Sprint 14's (U15)	Final
4:59 PM	#428 Boys 200 Metre Sprint 14's (U15)	Final
5:02 PM	#429 Girls 200 Metre Sprint 13's (U14)	Final
5:05 PM	#430 Boys 200 Metre Sprint 13's (U14)	Final
5:08 PM	#431 Girls 200 Metre Sprint 12's	Final
5:11 PM	#432 Boys 200 Metre Sprint 12's	Final
5:14 PM	#433 Girls 200 Metre Sprint 11's	Final
5:16 PM	#434 Boys 200 Metre Sprint 11's	Final
5:18 PM	#435 Girls 200 Metre Sprint 10's	Final
5:20 PM	#436 Boys 200 Metre Sprint 10's	Final



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Session: 3 Sunday Track Events

Day 2 - Sunday 2/02/2025 - Starts at 07:30 AM

**Not Before**

<b>Time</b>	<b>Event</b>	<b>Round</b>
5:22 PM	#437 Girls 200 Metre Sprint 9's	Final
5:24 PM	#438 Boys 200 Metre Sprint 9's	Final
5:26 PM	#439 Girls 200 Metre Sprint 8's	Final
5:28 PM	#440 Boys 200 Metre Sprint 8's	Final

**REGION 8 CHAMPIONSHIPS****Sylvania Waters  
Final Program**

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Session: 4 Sunday Field Events

Day 2 - Sunday 2/02/2025 - Starts at 07:30 AM

<b>Not Before Time</b>	<b>Event</b>	<b>Round</b>	<b>Event Area</b>
8:00 AM	#336 Boys High Jump (S/H 0.90m) 9's	Final	High Jump 1
8:00 AM	#337 Boys High Jump (S/H 1.30m) 15's (U16)	Final	High Jump 2
9:15 AM	#338 Boys High Jump (S/H 1.20m) 12's	Final	High Jump 2
9:30 AM	#339 Girls High Jump (S/H 0.95m) 10's	Final	High Jump 1
11:15 AM	#340 Boys High Jump (S/H 1.25m) 13's (U14)	Final	High Jump 2
11:30 AM	#341 Boys High Jump (S/H 1.10m) 11's	Final	High Jump 1
12:45 PM	#342 Boys High Jump (S/H 1.35m) 16's (U17)	Final	High Jump 2
12:45 PM	#343 Boys High Jump (S/H 1.35m) 17's (U18)	Final	High Jump 2
12:45 PM	#345 Girls High Jump (S/H 1.25m) 14's (U15)	Final	High Jump 1
8:00 AM	#346 Boys Long Jump 14's (U15)	Final	Long Jump 1
8:00 AM	#347 Girls Long Jump 11's	Final	Long Jump 2
9:15 AM	#348 Boys Long Jump 13's (U14)	Final	Long Jump 1
9:30 AM	#349 Boys Long Jump 10's	Final	Long Jump 2
10:35 AM	#350 Girls Long Jump 15's (U16)	Final	Long Jump 1
11:15 AM	#351 Girls Long Jump 9's	Final	Long Jump 2
12:05 PM	#352 Girls Long Jump 16's (U17)	Final	Long Jump 1
12:05 PM	#353 Girls Long Jump 17's (U18)	Final	Long Jump 1
12:05 PM	#354 Girls Long Jump Under 20	Final	Long Jump 1
12:35 PM	#356 Boys Long Jump 8's	Final	Long Jump 2
12:55 PM	#355 Girls Long Jump 12's	Final	Long Jump 1
8:00 AM	#357 Boys Triple Jump 11's	Final	Triple Jump
9:15 AM	#358 Boys Triple Jump 16's (U17)	Final	Triple Jump
9:15 AM	#359 Boys Triple Jump 17's (U18)	Final	Triple Jump
9:45 AM	#361 Girls Triple Jump 13's (U14)	Final	Triple Jump
10:55 AM	#362 Girls Triple Jump 14's (U15)	Final	Triple Jump
12:35 PM	#363 Boys Triple Jump 15's (U16)	Final	Triple Jump
1:35 PM	#364 Boys Triple Jump 12's	Final	Triple Jump
8:00 AM	#365 Girls Discus (500 Gram) 9's	Final	Discus 1
8:00 AM	#366 Girls Discus (750 Gram) 12's	Final	Discus 2
9:10 AM	#367 Girls Discus Para 9's-10's	Final	Discus 1
9:10 AM	#368 Boys Discus Para 9's-10's	Final	Discus 1
9:10 AM	#371 Girls Discus Para 13's-14's (U15)	Final	Discus 1
9:10 AM	#372 Boys Discus Para 13's-14's (U15)	Final	Discus 1
9:10 AM	#374 Boys Discus Para 15's-16's (U17)	Final	Discus 1
9:10 AM	#375 Girls Discus (1.0 Kg) 14's (U15)	Final	Discus 2
9:40 AM	#376 Boys Discus (500 Gram) 8's	Final	Discus 1
10:20 AM	#377 Boys Discus (1.0 Kg) 15's (U16)	Final	Discus 2
11:30 AM	#378 Boys Discus (500 Gram) 10's	Final	Discus 1
11:30 AM	#379 Boys Discus (1.5 Kg) 16's (U17)	Final	Discus 2
11:30 AM	#380 Boys Discus (1.5 Kg) 17's (U18)	Final	Discus 2
11:30 AM	#381 Boys Discus (1.75 Kg) Under 20	Final	Discus 2
12:10 PM	#382 Girls Discus (750 Gram) 13's (U14)	Final	Discus 2
1:20 PM	#383 Girls Discus (500 Gram) 11's	Final	Discus 2

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Session: 4 Sunday Field Events  
Day 2 - Sunday 2/02/2025 - Starts at 07:30 AM

**Not Before**

<b>Time</b>	<b>Event</b>	<b>Round</b>	<b>Event Area</b>
8:00 AM	#384 Girls Shot Put (2.0 Kg) 10's	Final	Shot Put 1
8:00 AM	#385 Boys Shot Put (3.0 Kg) 13's (U14)	Final	Shot Put 2
9:00 AM	#386 Girls Shot Put (3.0 Kg) 15's (U16)	Final	Shot Put 1
9:00 AM	#387 Girls Shot Put (1.5 Kg) 8's	Final	Shot Put 2
9:45 AM	#388 Boys Shot Put (2.0 Kg) 11's	Final	Shot Put 1
9:50 AM	#392 Boys Shot Put (4.0 Kg) 14's (U15)	Final	Shot Put 2
10:35 AM	#389 Girls Shot Put (3.0 Kg) 16's (U17)	Final	Shot Put 2
10:35 AM	#390 Girls Shot Put (3.0 Kg) 17's (U18)	Final	Shot Put 2
10:35 AM	#391 Girls Shot Put (4.0 Kg) Under 20	Final	Shot Put 2
11:15 AM	#393 Boys Shot Put (2.0 Kg) 9's	Final	Shot Put 1
11:50 AM	#394 Boys Shot Put (2.0 Kg) 12's	Final	Shot Put 2
8:00 AM	#395 Girls Javelin (400 Gram) 13's (U14)	Final	Javelin
9:10 AM	#396 Girls Javelin (500 Gram) 16's (U17)	Final	Javelin
9:10 AM	#397 Girls Javelin (500 Gram) 17's (U18)	Final	Javelin
9:10 AM	#398 Girls Javelin (600 Gram) Under 20	Final	Javelin
9:30 AM	#399 Girls Javelin (400 Gram) 12's	Final	Javelin
10:30 AM	#400 Girls Javelin (400 Gram) 11's	Final	Javelin
12:00 PM	#404 Boys Javelin Para 13's-14's (U15)	Final	Javelin
12:00 PM	#406 Boys Javelin Para 15's-16's (U17)	Final	Javelin
12:50 PM	#407 Girls Javelin (500 Gram) 15's (U16)	Final	Javelin
1:35 PM	#408 Boys Javelin (700 Gram) 14's (U15)	Final	Javelin